

## 2017 Lethbridge Police Half, 10K, 5K

## Overall Gender Results

## 5K Run - 3.1 Miles

223 Finishers

Female 157 Finishers

Gen/PI	Name	Bib#	Time	Pace	Category	O/A/PI	Cat/PI	Offset	Chip Time
1/157	THERIAULT, MARISSA	5249	00:19:40.85	03:56	5K20-29F	3/223	1/31	+00:00:00	00:19:40.37
2/157	OLIVIERI, TIFFANY	5154	00:24:05.82	04:49	5K20-29F	10/223	2/31	+00:04:24	00:24:01.75
3/157	DEWACHT, AIMEE	5049	00:24:18.68	04:51	5K30-39F	11/223	1/63	+00:04:37	00:23:50.60
4/157	CLARK, SHANNON	5039	00:24:19.38	04:51	5K20-29F	12/223	3/31	+00:04:38	00:24:14.32
5/157	WARD, JANENE	5232	00:25:09.66	05:01	5K30-39F	17/223	2/63	+00:05:28	00:25:03.73
6/157	GARDEN, DANA	5077	00:25:24.10	05:04	5K50-59F	19/223	1/8	+00:05:43	00:25:20.11
7/157	DAVIS, ELIZABETH	5044	00:25:35.79	05:07	5K11&UF	21/223	1/9	+00:05:54	00:25:33.92
8/157	BAKER, SARAH	5011	00:25:40.28	05:08	5K30-39F	22/223	3/63	+00:05:59	00:25:36.66
9/157	UNWIN, CARLY	5258	00:25:44.42	05:08	5K30-39F	24/223	4/63	+00:06:03	00:25:36.52
10/157	LENAOUR, KELLEY	5126	00:26:16.82	05:15	5K30-39F	28/223	5/63	+00:06:35	00:26:08.46
11/157	MCINTYRE, JESSICA	5139	00:26:25.75	05:17	5K30-39F	29/223	6/63	+00:06:44	00:26:18.13
12/157	VAN'T LAND, SAMANTHA	5226	00:27:04.18	05:24	5K30-39F	32/223	7/63	+00:07:23	00:27:00.56
13/157	BORTHWICK, EMILY	5020	00:27:08.38	05:25	5K16-19F	34/223	1/4	+00:07:27	00:27:05.05
14/157	BURLEIGH, JAYNA	5029	00:27:42.56	05:32	5K30-39F	36/223	8/63	+00:08:01	00:27:29.56
15/157	JAK, DANI	5109	00:27:42.93	05:32	5K16-19F	37/223	2/4	+00:08:02	00:27:23.52
16/157	HARPER, ANDREA	5094	00:28:03.01	05:36	5K30-39F	38/223	9/63	+00:08:22	00:27:54.73
17/157	BILLYARD, KRISTY	5245	00:28:16.93	05:39	5K30-39F	40/223	10/63	+00:08:36	00:28:01.81
18/157	JOHNSTON, TRILLEEN	5177	00:28:22.09	05:40	5K30-39F	43/223	11/63	+00:08:41	00:28:05.15
19/157	JAK, JAIME	5111	00:29:05.03	05:49	5K12-15F	45/223	1/8	+00:09:24	00:28:45.20
20/157	WARD-SUTHERLAND, AMANDA	5240	00:29:06.53	05:49	5K20-29F	46/223	4/31	+00:09:25	00:28:54.45
21/157	VAN ROON, AMY	5224	00:29:06.59	05:49	5K12-15F	47/223	2/8	+00:09:25	00:29:04.35
22/157	LEAM, NAOMI	5124	00:29:10.11	05:50	5K20-29F	48/223	5/31	+00:09:29	00:29:04.87
23/157	DAVIS, WHITNEY	5253	00:29:29.96	05:53	5K30-39F	50/223	12/63	+00:09:49	00:29:22.66
24/157	FLETCHER, SHAUNA	5065	00:29:45.01	05:57	5K30-39F	51/223	13/63	+00:10:04	00:29:13.38
25/157	PERLICH, NANCY	5164	00:30:22.98	06:04	5K30-39F	55/223	14/63	+00:10:42	00:30:11.58
26/157	SCHNARR, JEAN	5184	00:30:27.41	06:05	5K50-59F	56/223	2/8	+00:10:46	00:30:11.46
27/157	BREThERICK, KATIE	5023	00:30:27.92	06:05	5K20-29F	57/223	6/31	+00:10:47	00:30:18.48
28/157	BOON, GERRILEE	5019	00:30:28.04	06:05	5K20-29F	58/223	7/31	+00:10:47	00:30:18.60
29/157	DAVIS, KIM	5045	00:30:44.93	06:08	5K30-39F	61/223	15/63	+00:11:04	00:30:41.88
30/157	FLAHERTY, AMANDA	5063	00:30:49.81	06:09	5K30-39F	62/223	16/63	+00:11:08	00:30:38.61
31/157	JAK, DARCEE	5110	00:30:52.57	06:10	5K40-49F	65/223	1/22	+00:11:11	00:30:31.28
32/157	YORK - GILLET, TRISH	5237	00:31:32.27	06:18	5K50-59F	66/223	3/8	+00:11:51	00:31:19.63
33/157	LANDRY, LOUISE	5121	00:31:34.13	06:18	5K50-59F	67/223	4/8	+00:11:53	00:31:21.55
34/157	HALL, MACEE	5085	00:31:34.73	06:18	5K11&UF	68/223	2/9	+00:11:53	00:31:32.89
35/157	HALL, LARA	5084	00:31:36.39	06:19	5K30-39F	69/223	17/63	+00:11:55	00:31:34.25
36/157	HOWARD, ERIN	5100	00:31:38.61	06:19	5K30-39F	71/223	18/63	+00:11:57	00:31:19.66
37/157	BOWES, JEN	5022	00:31:47.62	06:21	5K40-49F	75/223	2/22	+00:12:06	00:31:44.33
38/157	VANDEN DUNGEN, LANA	5227	00:31:59.59	06:23	5K30-39F	76/223	19/63	+00:12:18	00:31:39.57
39/157	HAMILTON, LINDA	5086	00:32:04.11	06:24	5K30-39F	77/223	20/63	+00:12:23	00:31:49.87
40/157	ELLERMAN, JENNIFER	5055	00:32:14.84	06:26	5K30-39F	78/223	21/63	+00:12:33	00:31:55.89
41/157	LANKHORST, MALORIE	5122	00:32:19.13	06:27	5K20-29F	79/223	8/31	+00:12:38	00:32:13.46
42/157	MARSHALL, ANNA	5256	00:32:42.61	06:32	5K40-49F	82/223	3/22	+00:13:01	00:32:20.52
43/157	WALDNER, AMANDA	5231	00:33:03.48	06:36	5K30-39F	85/223	22/63	+00:13:22	00:32:40.40
44/157	JACQUES, PENNY	5108	00:33:04.03	06:36	5K40-49F	86/223	4/22	+00:13:23	00:32:39.90
45/157	BROWN, AMBER	5025	00:33:14.50	06:38	5K30-39F	87/223	23/63	+00:13:33	00:32:59.90
46/157	BRINK, MICHELLE	5024	00:33:31.09	06:42	5K20-29F	89/223	9/31	+00:13:50	00:33:13.09
47/157	BORTHWICK, OLIVIA	5021	00:33:32.93	06:42	5K12-15F	91/223	3/8	+00:13:52	00:33:18.39
48/157	LAVERGNE, JOELLE	5243	00:33:38.45	06:43	5K20-29F	92/223	10/31	+00:13:57	00:33:15.51
49/157	RUTLEDGE, CORENE	5182	00:34:02.28	06:48	5K30-39F	93/223	24/63	+00:14:21	00:33:35.17
50/157	ENSGN, TINA	5057	00:34:25.72	06:53	5K40-49F	94/223	5/22	+00:14:44	00:34:02.46
51/157	VAN OENE, TANYA	5223	00:34:25.76	06:53	5K40-49F	95/223	6/22	+00:14:44	00:34:15.45
52/157	PAHULJE, MAJDA	5157	00:34:43.28	06:56	5K60+F	97/223	1/12	+00:15:02	00:34:30.42
53/157	LADOUCEUR, KAYLA	5119	00:34:48.14	06:57	5K20-29F	99/223	11/31	+00:15:07	00:34:37.61

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## Overall Gender Results

## 5K Run - 3.1 Miles

223 Finishers

Female 157 Finishers

Gen/PI	Name	Bib#	Time	Pace	Category	O/A/PI	Cat/PI	Offset	Chip Time
54/157	CRABB, DIANDRA	5042	00:34:59.24	06:59	5K20-29F	100/223	12/31	+00:15:18	00:34:39.21
55/157	HUTTON, KRISTIE	5102	00:35:03.25	07:00	5K30-39F	101/223	25/63	+00:15:22	00:34:49.24
56/157	DUBAN, KATELYN	5054	00:35:07.12	07:01	5K20-29F	102/223	13/31	+00:15:26	00:34:49.20
57/157	HELMER, REBECCA	5097	00:35:11.52	07:02	5K30-39F	103/223	26/63	+00:15:30	00:34:52.25
58/157	INDZEOSKI, DIANNE	5105	00:35:27.68	07:05	5K60+F	105/223	2/12	+00:15:46	00:35:10.98
59/157	PEARCE, KIM	5161	00:35:28.08	07:05	5K60+F	106/223	3/12	+00:15:47	00:35:10.96
60/157	THURBER, ISOBEL	5212	00:35:40.14	07:08	5K12-15F	107/223	4/8	+00:15:59	00:35:29.83
61/157	WOJTOWICZ, CAMRYN	5236	00:35:40.39	07:08	5K12-15F	108/223	5/8	+00:15:59	00:35:23.76
62/157	VEDRES, HELENA	5230	00:35:43.22	07:08	5K50-59F	109/223	5/8	+00:16:02	00:35:35.03
63/157	VEDRES, FAYLA	5229	00:35:46.44	07:09	5K30-39F	110/223	27/63	+00:16:05	00:35:38.28
64/157	ELLIS-TODDINGTON, JESSIE-SHAW	5056	00:35:46.83	07:09	5K30-39F	111/223	28/63	+00:16:05	00:35:20.68
65/157	MOORE, RALNA	5148	00:35:46.95	07:09	5K30-39F	112/223	29/63	+00:16:06	00:35:20.63
66/157	ROWE, CAITLIN	5180	00:35:52.72	07:10	5K20-29F	113/223	14/31	+00:16:11	00:35:42.57
67/157	GREENLY, VERONICA	5080	00:35:53.74	07:10	5K20-29F	114/223	15/31	+00:16:12	00:35:43.59
68/157	GOUW, CARLA	5079	00:36:00.59	07:12	5K40-49F	115/223	7/22	+00:16:19	00:35:40.72
69/157	PETITE, STACEY	5166	00:36:09.68	07:13	5K20-29F	118/223	16/31	+00:16:28	00:35:45.30
70/157	SOURISSEAU, ERIN	5200	00:36:10.67	07:14	5K20-29F	120/223	17/31	+00:16:29	00:35:45.34
71/157	ARCAND, HAILEY	5257	00:36:26.54	07:17	5K16-19F	122/223	3/4	+00:16:45	00:36:06.14
72/157	SUTHERLAND, LORNA	5204	00:36:29.50	07:17	5K40-49F	123/223	8/22	+00:16:48	00:36:19.29
73/157	PIERSON, DIANE	5168	00:36:52.24	07:22	5K40-49F	124/223	9/22	+00:17:11	00:36:31.65
74/157	SEXTON, KATRINA	5188	00:37:03.28	07:24	5K40-49F	125/223	10/22	+00:17:22	00:36:52.40
75/157	PASKUSKI, AMANDA	5005	00:37:05.14	07:25	5K30-39F	127/223	30/63	+00:17:24	00:36:58.52
76/157	PIERSON, KAYLA	5169	00:37:09.13	07:25	5K16-19F	128/223	4/4	+00:17:28	00:36:48.79
77/157	TAVERNINI, BRITTANY	5250	00:37:30.24	07:30	5K20-29F	130/223	18/31	+00:17:49	00:37:08.32
78/157	VALIN, COLLEEN	5220	00:37:49.71	07:33	5K60+F	131/223	4/12	+00:18:08	00:37:44.92
79/157	ADDISON, LINDA	5002	00:37:59.78	07:35	5K50-59F	132/223	6/8	+00:18:18	00:37:35.65
80/157	MACK, LINDSAY	5131	00:38:10.94	07:38	5K30-39F	133/223	31/63	+00:18:30	00:37:52.18
81/157	MELVIN, HOLLY	5038	00:38:10.97	07:38	5K30-39F	134/223	32/63	+00:18:30	00:37:52.06
82/157	RASMUSSEN, SHELBY	5174	00:38:16.48	07:39	5K12-15F	135/223	6/8	+00:18:35	00:37:54.79
83/157	RASMUSSEN, JENN	5173	00:38:16.60	07:39	5K30-39F	136/223	33/63	+00:18:35	00:37:54.68
84/157	MUTEMARARO, NYARADZO	5151	00:38:38.14	07:43	5K20-29F	137/223	19/31	+00:18:57	00:38:24.76
85/157	MANLY, PETRA	5136	00:38:42.14	07:44	5K11&UF	138/223	3/9	+00:19:01	00:38:14.95
86/157	FORBES, KELLIE	5070	00:38:53.88	07:46	5K30-39F	140/223	34/63	+00:19:13	00:38:27.85
87/157	CAMERON, JAMIE	5030	00:38:57.02	07:47	5K30-39F	141/223	35/63	+00:19:16	00:38:42.64
88/157	BENNETT, JANNA	5014	00:38:58.92	07:47	5K30-39F	142/223	36/63	+00:19:18	00:38:49.94
89/157	LEUSINK, LINDSEY	5128	00:38:59.26	07:47	5K20-29F	143/223	20/31	+00:19:18	00:38:44.28
90/157	SCHALK, MELISSA	5183	00:38:59.32	07:47	5K20-29F	144/223	21/31	+00:19:18	00:38:44.89
91/157	SEDDON, KENDRA	5185	00:39:13.72	07:50	5K30-39F	145/223	37/63	+00:19:32	00:38:59.89
92/157	BOGAART, JANNA	5017	00:39:22.98	07:52	5K40-49F	146/223	11/22	+00:19:42	00:38:54.31
93/157	POWELL, LISA	5171	00:39:38.48	07:55	5K30-39F	147/223	38/63	+00:19:57	00:39:07.33
94/157	KILLE, NICOLE	5116	00:39:40.46	07:56	5K30-39F	148/223	39/63	+00:19:59	00:39:24.01
95/157	GARANT, TAUNYA	5076	00:39:40.56	07:56	5K40-49F	149/223	12/22	+00:19:59	00:39:24.25
96/157	BURGESS, KELSEY	5028	00:39:40.94	07:56	5K20-29F	150/223	22/31	+00:20:00	00:39:34.32
97/157	REYNOLDS, NICOLE	5178	00:39:50.42	07:58	5K20-29F	151/223	23/31	+00:20:09	00:39:43.12
98/157	ALLEN, OLIVIA	5004	00:40:08.64	08:01	5K20-29F	153/223	24/31	+00:20:27	00:40:04.73
99/157	VANWERKHOVEN, MELANIE	5228	00:40:08.76	08:01	5K20-29F	154/223	25/31	+00:20:27	00:40:05.47
100/157	SHURTZ, CONNIE	5191	00:40:19.50	08:03	5K40-49F	155/223	13/22	+00:20:38	00:40:11.53
101/157	DIBBEN, CHARLENE	5051	00:40:25.27	08:05	5K30-39F	156/223	40/63	+00:20:44	00:40:18.73
102/157	HARLING, ISABELLE	5090	00:41:00.30	08:12	5K12-15F	158/223	7/8	+00:21:19	00:40:51.04
103/157	HARLING, HEATHER	5089	00:41:01.48	08:12	5K30-39F	159/223	41/63	+00:21:20	00:40:52.22
104/157	MACKLIN, CHLOE	5133	00:41:07.85	08:13	5K11&UF	160/223	4/9	+00:21:27	00:41:05.50
105/157	MACKLIN, CRYSTAL	5134	00:41:08.22	08:13	5K40-49F	161/223	14/22	+00:21:27	00:41:05.16
106/157	POYNTON, LEAH	5172	00:41:19.50	08:15	5K30-39F	162/223	42/63	+00:21:38	00:41:05.13

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## Overall Gender Results

5K Run - 3.1 Miles  
223 Finishers

## Female 157 Finishers

Gen/PI	Name	Bib#	Time	Pace	Category	O/A/PI	Cat/PI	Offset	Chip Time
107/157	REGIER, RICHELLE	5175	00:41:23.94	08:16	5K40-49F	163/223	15/22	+00:21:43	00:41:03.48
108/157	CRABB, ASHLEY	5041	00:41:41.40	08:20	5K30-39F	164/223	43/63	+00:22:00	00:41:20.47
109/157	MANLY, ANGIE	5135	00:41:50.97	08:22	5K30-39F	166/223	44/63	+00:22:10	00:41:24.09
110/157	TAYLOR, SANDRA	5208	00:42:33.74	08:30	5K30-39F	167/223	45/63	+00:22:52	00:42:02.11
111/157	FAROUGH, HEATHER	5060	00:42:49.09	08:33	5K30-39F	168/223	46/63	+00:23:08	00:42:35.64
112/157	ADDISON, FELICITY	5001	00:42:55.25	08:35	5K30-39F	169/223	47/63	+00:23:14	00:42:30.10
113/157	DOELERHOYTOS, DANIELLE	5053	00:43:57.84	08:47	5K30-39F	171/223	48/63	+00:24:16	00:43:38.29
114/157	HARLING, SOPHIA	5092	00:44:02.83	08:48	5K12-15F	172/223	8/8	+00:24:21	00:43:54.63
115/157	PEDDIE, SHARRON	5162	00:44:34.49	08:54	5K40-49F	174/223	16/22	+00:24:53	00:44:09.75
116/157	ENSLEN, ALISHA	5058	00:44:47.63	08:57	5K20-29F	175/223	26/31	+00:25:06	00:44:27.80
117/157	ENSLEN, NICHOL	5059	00:44:48.56	08:57	5K40-49F	176/223	17/22	+00:25:07	00:44:28.73
118/157	CHARLES, MARIANNA	5037	00:45:01.21	09:00	5K60+F	178/223	5/12	+00:25:20	00:44:48.53
119/157	DOBEK, MARY	5052	00:45:30.22	09:06	5K20-29F	179/223	27/31	+00:25:49	00:45:14.87
120/157	BOLTON, NARISSA	5018	00:45:33.41	09:06	5K20-29F	180/223	28/31	+00:25:52	00:45:18.05
121/157	DAVENPORT, ALEXIS	5043	00:45:44.81	09:08	5K11&UF	181/223	5/9	+00:26:03	00:45:27.57
122/157	CLONEY, LISA	5040	00:45:55.88	09:11	5K30-39F	182/223	49/63	+00:26:15	00:45:38.64
123/157	MOGGE, MARLENE	5147	00:46:02.97	09:12	5K40-49F	183/223	18/22	+00:26:22	00:45:44.06
124/157	TUNALL, PEYTON	5216	00:46:41.85	09:20	5K11&UF	184/223	6/9	+00:27:01	00:46:16.04
125/157	TUNALL, MELANIE	5215	00:46:51.88	09:22	5K30-39F	185/223	50/63	+00:27:11	00:46:26.25
126/157	TIMMERMANS, CONNIE	5213	00:47:16.27	09:27	5K60+F	186/223	6/12	+00:27:35	00:46:45.11
127/157	SVIHURA, SONJA	5205	00:47:26.56	09:29	5K40-49F	189/223	19/22	+00:27:45	00:47:19.44
128/157	FRANZ, JANE	5072	00:47:38.87	09:31	5K60+F	190/223	7/12	+00:27:58	00:47:25.23
129/157	LOWINGS, CHRIS	5130	00:47:39.33	09:31	5K60+F	191/223	8/12	+00:27:58	00:47:25.59
130/157	SPEAKMAN, ASHLEY	5201	00:47:57.06	09:35	5K30-39F	192/223	51/63	+00:28:16	00:47:26.86
131/157	SUTHERLAND, ALYSSA	5203	00:47:57.25	09:35	5K20-29F	193/223	29/31	+00:28:16	00:47:27.34
132/157	AMUNDRUD, NICOLE	5007	00:48:25.92	09:41	5K20-29F	194/223	30/31	+00:28:45	00:48:03.39
133/157	DEACON-ROGERS, LESLEE	5032	00:48:54.91	09:46	5K30-39F	195/223	52/63	+00:29:14	00:48:42.33
134/157	ULRICH, JENNIFER	5217	00:48:55.09	09:47	5K40-49F	196/223	20/22	+00:29:14	00:48:43.39
135/157	THOM, AMANDA	5209	00:49:29.08	09:53	5K20-29F	197/223	31/31	+00:29:48	00:48:59.56
136/157	HUGHES, LYVIA	5101	00:50:14.73	10:02	5K30-39F	198/223	53/63	+00:30:33	00:49:45.01
137/157	LEMLEY, CINDY	5125	00:50:19.65	10:03	5K60+F	199/223	9/12	+00:30:38	00:49:59.25
138/157	SHIELDS, KATIE	5190	00:50:40.78	10:08	5K30-39F	200/223	54/63	+00:30:59	00:50:29.90
139/157	TRAN, ARYNNE	5214	00:53:06.87	10:37	5K30-39F	201/223	55/63	+00:33:26	00:52:32.71
140/157	CAMPBELL, EMILY	5031	00:53:12.40	10:38	5K40-49F	202/223	21/22	+00:33:31	00:52:54.99
141/157	VAN DYK, STACIE	5222	00:53:34.39	10:42	5K30-39F	203/223	56/63	+00:33:53	00:53:25.23
142/157	UNSER, LORI	5218	00:53:35.72	10:43	5K40-49F	204/223	22/22	+00:33:54	00:53:26.46
143/157	HARKNESS, PAIGE	5088	00:53:36.18	10:43	5K30-39F	205/223	57/63	+00:33:55	00:53:26.74
144/157	FYFE, SONYA	5073	00:53:49.53	10:45	5K30-39F	206/223	58/63	+00:34:08	00:53:17.23
145/157	FORSYTH, SHERY	5071	00:53:50.20	10:46	5K30-39F	207/223	59/63	+00:34:09	00:53:18.01
146/157	LAW-SLAWOSKY, STEPHANIE	5123	00:54:26.53	10:53	5K30-39F	208/223	60/63	+00:34:45	00:53:51.04
147/157	SLAWOSKY, VERONICA	5194	00:54:26.71	10:53	5K11&UF	209/223	7/9	+00:34:45	00:53:51.54
148/157	SLAWOSKY, AMELIA	5192	00:54:28.21	10:53	5K11&UF	211/223	8/9	+00:34:47	00:53:53.96
149/157	HAASE, WILLOW	5242	00:54:32.45	10:54	5K11&UF	212/223	9/9	+00:34:51	00:54:12.05
150/157	BURSAW, HEATHER	5241	00:54:34.55	10:54	5K30-39F	214/223	61/63	+00:34:53	00:54:15.38
151/157	VAN ANDEL, LEE	5221	00:58:11.59	11:38	5K50-59F	215/223	7/8	+00:38:30	00:58:05.54
152/157	GOLBECK, NAOMI	5078	01:00:01.93	12:00	5K30-39F	217/223	62/63	+00:40:21	00:59:31.58
153/157	LITCHFIELD, KELLIANE	5129	01:00:35.57	12:07	5K30-39F	219/223	63/63	+00:40:54	01:00:03.94
154/157	PAHULJE, DANI	5156	01:01:41.11	12:20	5K60+F	220/223	10/12	+00:42:00	01:01:21.95
155/157	PAHULJE, BERNADETTE	5155	01:01:45.13	12:21	5K50-59F	221/223	8/8	+00:42:04	01:01:25.89
156/157	POTTAGE, MARILYN	5170	01:02:17.23	12:27	5K60+F	222/223	11/12	+00:42:36	01:02:06.50
157/157	LAMMERS, LINDA	5120	01:02:22.68	12:28	5K60+F	223/223	12/12	+00:42:41	01:02:11.42

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Gender win time hh:mm:ss

## 5K Run - 3.1 Miles

223 Finishers

Male 66 Finishers

Gen/PI	Name	Bib#	Time	Pace	Category	O/A/PI	Cat/PI	Offset	Chip Time
1/66	SCHMIDTKE, KIERAN	5255	00:18:56.20	03:47	5K12-15M	1/223	1/4	+00:00:00	00:18:55.25
2/66	REINDL, KYLE	5176	00:19:25.63	03:53	5K30-39M	2/223	1/18	+00:00:29	00:19:24.62
3/66	WARD, KIERAN	5233	00:19:56.77	03:59	5K30-39M	4/223	2/18	+00:01:00	00:19:54.09
4/66	KYWERIGA, MICHAEL	5118	00:20:35.27	04:07	5K30-39M	5/223	3/18	+00:01:39	00:20:35.26
5/66	AMELINCKX, ERIK	5006	00:22:57.28	04:35	5K12-15M	6/223	2/4	+00:04:01	00:22:41.50
6/66	HOOPER, TODD	5244	00:23:17.67	04:39	5K40-49M	7/223	1/11	+00:04:21	00:23:16.49
7/66	PARKER, RYAN	5159	00:23:22.59	04:40	5K40-49M	8/223	2/11	+00:04:26	00:23:22.19
8/66	ARN, ROB	5008	00:23:58.40	04:47	5K40-49M	9/223	3/11	+00:05:02	00:23:44.58
9/66	ROYER, ANDRE	5238	00:24:39.76	04:55	5K40-49M	13/223	4/11	+00:05:43	00:24:38.11
10/66	HYGGEN, COLE	5104	00:24:45.56	04:57	5K16-19M	14/223	1/4	+00:05:49	00:24:21.30
11/66	GALLANT, CARSON	5074	00:24:51.34	04:58	5K12-15M	15/223	3/4	+00:05:55	00:24:46.33
12/66	HYGGEN, BRAYLON	5103	00:24:54.30	04:58	5K40-49M	16/223	5/11	+00:05:58	00:24:30.03
13/66	PIERSON, CHAD	5167	00:25:22.16	05:04	5K40-49M	18/223	6/11	+00:06:25	00:25:08.34
14/66	PARKER, GAGE	5158	00:25:31.52	05:06	5K11&UM	20/223	1/13	+00:06:35	00:25:30.94
15/66	MCNABB, JARVIS	5140	00:25:44.10	05:08	5K30-39M	23/223	4/18	+00:06:47	00:25:38.76
16/66	BAKER, BRETT	5009	00:25:45.40	05:09	5K11&UM	25/223	2/13	+00:06:49	00:25:41.21
17/66	ROWE, TAYLOR	5181	00:26:10.92	05:14	5K20-29M	26/223	1/9	+00:07:14	00:26:00.77
18/66	DEWACHT, STEVE	5050	00:26:15.20	05:15	5K40-49M	27/223	7/11	+00:07:19	00:25:46.72
19/66	KANG, JIAN (KEVIN)	5114	00:26:29.21	05:17	5K30-39M	30/223	5/18	+00:07:33	00:26:13.85
20/66	PENROD, TYSON	5163	00:26:47.08	05:21	5K16-19M	31/223	2/4	+00:07:50	00:26:32.34
21/66	MICHEL, GRAYSON	5145	00:27:05.46	05:25	5K30-39M	33/223	6/18	+00:08:09	00:27:03.10
22/66	BILLYARD, OLIVER	5246	00:27:30.43	05:30	5K11&UM	35/223	3/13	+00:08:34	00:27:16.05
23/66	GALLANT, DYLAN	5075	00:28:10.65	05:38	5K11&UM	39/223	4/13	+00:09:14	00:28:05.86
24/66	RIENSTRA, JOHN	5179	00:28:20.08	05:40	5K20-29M	41/223	2/9	+00:09:23	00:28:01.96
25/66	THOM, ANDREW	5210	00:28:21.91	05:40	5K20-29M	42/223	3/9	+00:09:25	00:27:55.20
26/66	TAMS, CONNOR	5206	00:28:50.76	05:46	5K12-15M	44/223	4/4	+00:09:54	00:28:35.64
27/66	MERRIMAN, BRENT	5141	00:29:25.67	05:53	5K50-59M	49/223	1/4	+00:10:29	00:29:17.77
28/66	MATHESON, MARK	5138	00:29:46.17	05:57	5K40-49M	52/223	8/11	+00:10:49	00:29:33.04
29/66	BASIL, MICHAEL	5013	00:30:07.51	06:01	5K50-59M	53/223	2/4	+00:11:11	00:30:02.66
30/66	SHIELDS, BRANDON	5189	00:30:16.43	06:03	5K20-29M	54/223	4/9	+00:11:20	00:30:05.55
31/66	BENNETT, JOEL	5015	00:30:37.70	06:07	5K30-39M	59/223	7/18	+00:11:41	00:30:26.12
32/66	DAVIS, PARKER	5047	00:30:44.49	06:08	5K11&UM	60/223	5/13	+00:11:48	00:30:41.43
33/66	FLAHERTY, CHRIS	5064	00:30:50.03	06:10	5K30-39M	63/223	8/18	+00:11:53	00:30:38.63
34/66	JAK, NICK	5112	00:30:52.46	06:10	5K40-49M	64/223	9/11	+00:11:56	00:30:30.89
35/66	WANG, GEORGE	5239	00:31:37.97	06:19	5K20-29M	70/223	5/9	+00:12:41	00:31:23.06
36/66	BARNES, RYAN	5012	00:31:38.98	06:19	5K30-39M	72/223	9/18	+00:12:42	00:31:20.48
37/66	DEMAS, COLLIN	5048	00:31:39.03	06:19	5K30-39M	73/223	10/18	+00:12:42	00:31:24.65
38/66	MPOFU, ARNIE	5150	00:31:42.12	06:20	5K11&UM	74/223	6/13	+00:12:45	00:31:37.53
39/66	FONTAINE, RENE	5068	00:32:20.22	06:28	5K50-59M	80/223	3/4	+00:13:24	00:31:52.92
40/66	MELVIN, SCOTT	5087	00:32:30.61	06:30	5K40-49M	81/223	10/11	+00:13:34	00:32:12.33
41/66	FONTAINE, DAVID	5067	00:32:49.92	06:33	5K20-29M	83/223	6/9	+00:13:53	00:32:22.62
42/66	JACQUES, KIM	5107	00:33:03.07	06:36	5K40-49M	84/223	11/11	+00:14:06	00:32:39.43
43/66	GRUNINGER, ROB	5252	00:33:16.47	06:39	5K30-39M	88/223	11/18	+00:14:20	00:33:01.67
44/66	WOJTOWICZ, BROCK	5235	00:33:31.23	06:42	5K16-19M	90/223	3/4	+00:14:35	00:33:15.95
45/66	UNWIN, JASON	5219	00:34:37.02	06:55	5K30-39M	96/223	12/18	+00:15:40	00:34:28.16
46/66	INNES, MIKE	5106	00:34:46.47	06:57	5K30-39M	98/223	13/18	+00:15:50	00:34:31.11
47/66	HELMER, DAVID	5096	00:35:11.58	07:02	5K30-39M	104/223	14/18	+00:16:15	00:34:53.00
48/66	MACKLIN, CADEN	5132	00:36:07.82	07:13	5K11&UM	116/223	7/13	+00:17:11	00:36:04.60
49/66	PETITE, BRANDON	5165	00:36:08.94	07:13	5K20-29M	117/223	7/9	+00:17:12	00:35:43.61
50/66	SOURISSEAU, DUNCAN	5199	00:36:10.54	07:14	5K20-29M	119/223	8/9	+00:17:14	00:35:45.47
51/66	SEXTON, ALEX	5186	00:36:13.44	07:14	5K11&UM	121/223	8/13	+00:17:17	00:36:01.44
52/66	SEXTON, CONNOR	5187	00:37:03.34	07:24	5K11&UM	126/223	9/13	+00:18:07	00:36:52.73
53/66	DAVIS, NICK	5046	00:37:19.78	07:27	5K16-19M	129/223	4/4	+00:18:23	00:37:07.21

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Gender win time hh:mm:ss

## 5K Run - 3.1 Miles

223 Finishers

## Male 66 Finishers

Gen/PI	Name	Bib#	Time	Pace	Category	O/A/PI	Cat/PI	Offset	Chip Time
54/66	BLACKWOOD, QUINCY	5016	00:38:43.68	07:44	5K11&UM	139/223	10/13	+00:19:47	00:38:16.97
55/66	MICHEL, WALTER	5146	00:40:05.72	08:01	5K60+M	152/223	1/2	+00:21:09	00:40:01.81
56/66	THOM, JOSEPH	5211	00:40:31.63	08:06	5K50-59M	157/223	4/4	+00:21:35	00:40:02.23
57/66	FERGUSON, JEREMY	5061	00:41:50.85	08:22	5K20-29M	165/223	9/9	+00:22:54	00:41:23.66
58/66	MCCULLOCH, ALEXANDER	5259	00:43:45.61	08:45	5KATHLETE-M70/223		1/1	+00:24:49	00:43:40.94
59/66	HARLING, SCOTT	5091	00:44:02.91	08:48	5K30-39M	173/223	15/18	+00:25:06	00:43:53.93
60/66	CHARLES, GLENN	5036	00:45:01.15	09:00	5K60+M	177/223	2/2	+00:26:04	00:44:48.28
61/66	HAGEN, JAKE	5082	00:47:17.46	09:27	5K11&UM	187/223	11/13	+00:28:21	00:47:00.52
62/66	HAGEN, ALTON	5081	00:47:19.19	09:27	5K30-39M	188/223	16/18	+00:28:22	00:47:02.42
63/66	SLAWOSKY, RANDY	5193	00:54:27.59	10:53	5K30-39M	210/223	17/18	+00:35:31	00:53:52.78
64/66	HAASE, ROBERT	5254	00:54:32.87	10:54	5K30-39M	213/223	18/18	+00:35:36	00:54:13.70
65/66	LITCHFIELD, MADDOX	5247	01:00:01.85	12:00	5K11&UM	216/223	12/13	+00:41:05	00:59:30.22
66/66	LITCHFIELD, GREYSON	5248	01:00:34.41	12:06	5K11&UM	218/223	13/13	+00:41:38	01:00:03.04