

## 2019 Lethbridge Police Half, 10K, 5K

## Alpha Overall Results

## 5K Run - 3.1 Miles

## 222 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
109/222	ALLEN, AMANDA	5002	00:34:29.75	06:53	5K30-39F	23/57	F	67/150	00:34:22.48
1/222	AMELINCKX, ERIK	5003	00:18:08.27	03:37	5K12-15M	1/3	M	1/72	00:18:07.96
35/222	ATWOOD, MELISSA	5005	00:28:45.20	05:45	5K30-39F	3/57	F	15/150	00:28:32.79
14/222	AYE, THU	5006	00:25:43.91	05:08	5K30-39M	3/13	M	11/72	00:25:33.26
176/222	BALANDJE, NICOLE	5007	00:41:13.24	08:14	5K40-49F	15/20	F	117/150	00:40:04.36
186/222	BASTIAN, BRITTANY	5008	00:43:33.09	08:42	5K30-39F	46/57	F	123/150	00:43:10.51
69/222	BASTIAN, DAN	5009	00:31:21.71	06:16	5K30-39M	7/13	M	30/72	00:31:00.82
78/222	BIESHEUVEL, KIM	5011	00:31:49.02	06:21	5K50-59F	4/9	F	46/150	00:31:27.65
75/222	BIESHEUVEL, SAM	5012	00:31:46.88	06:21	5K20-29F	12/34	F	43/150	00:31:25.60
68/222	BILLINGTON, ANDREA	5013	00:31:08.61	06:13	5K40-49F	6/20	F	39/150	00:31:05.61
125/222	BLACKMER, JULIE	5233	00:35:40.88	07:08	5K40-49F	9/20	F	79/150	00:35:37.62
135/222	BLAND, CAYLEY	5222	00:36:54.38	07:22	5K20-29F	24/34	F	86/150	00:36:38.28
177/222	BLINDBACK, CRYSTAL	5015	00:41:21.61	08:16	5K30-39F	44/57	F	118/150	00:41:13.24
208/222	BLOCK, JENNY	5016	00:50:57.51	10:11	5K40-49F	17/20	F	138/150	00:50:33.22
111/222	BRICENO, DORIS	5017	00:34:35.91	06:55	5K40-49F	7/20	F	69/150	00:34:28.69
44/222	BROADBENT, GREGORY	5018	00:29:08.54	05:49	5K50-59M	3/6	M	22/72	00:29:06.70
170/222	BROWN, AIDEN	5019	00:40:46.14	08:09	5K11&UM	17/22	M	58/72	00:40:31.25
171/222	BROWN, DEXTER	5020	00:40:46.15	08:09	5K40-49M	11/11	M	59/72	00:40:31.60
203/222	BROWN, JERRY	5021	00:47:40.71	09:32	5K70+M	1/1	M	68/72	00:47:21.30
152/222	BROWN, MICHALLIE	5022	00:38:33.61	07:42	5K20-29F	31/34	F	101/150	00:38:30.78
166/222	BROWN, ZACHARY	5023	00:39:29.77	07:53	5K11&UM	14/22	M	55/72	00:39:15.64
169/222	BROWNIDGE, NICOLE	5223	00:40:44.18	08:08	5K40-49F	12/20	F	112/150	00:40:32.59
30/222	BURGESS, NICOLE	5245	00:28:17.29	05:39	5K11&UF	1/20	F	11/150	00:27:59.85
49/222	BURLEIGH, JAYNA	5024	00:29:32.31	05:54	5K30-39F	9/57	F	25/150	00:29:30.14
214/222	BUTTERWORTH, AMANDA	5025	00:54:22.09	10:52	5K30-39F	57/57	F	144/150	00:54:22.09
2/222	BYKOWSKI, JANELLE	5026	00:20:43.43	04:08	5K20-29F	1/34	F	1/150	00:20:42.53
220/222	CAMERON, KIM	5028	01:01:09.69	12:13	5K60-69F	3/5	F	148/150	01:00:57.48
190/222	CARR, KAELLA	5029	00:43:40.99	08:44	5K30-39F	48/57	F	126/150	00:43:26.09
144/222	CHATTERTON, JOSEPH	5234	00:37:49.97	07:33	5K60-69M	6/6	M	50/72	00:37:25.85
52/222	CHATTERTON, MATTHEW	5030	00:29:53.76	05:58	5K20-29M	4/10	M	26/72	00:29:30.20
145/222	CHATTERTON, MICHAELA	5031	00:37:50.09	07:34	5K20-29F	28/34	F	95/150	00:37:50.09
51/222	CHUBB, RICH	5224	00:29:50.43	05:58	5K60-69M	2/6	M	25/72	00:29:43.11
42/222	CROWE, MAIA	5225	00:29:03.18	05:48	5K11&UF	2/20	F	21/150	00:28:38.89
167/222	CROWE, SETH	5226	00:40:31.13	08:06	5K11&UM	15/22	M	56/72	00:40:06.43
54/222	CURTIS, ALYCIA	5035	00:30:02.66	06:00	5K20-29F	10/34	F	28/150	00:30:00.69
80/222	DAVIES, TRAVIS	5036	00:32:01.72	06:24	5K30-39M	8/13	M	33/72	00:31:56.27
173/222	DAVIS, ERIN	5037	00:41:02.51	08:12	5K30-39F	42/57	F	114/150	00:40:43.66
155/222	DEBOER, KARY	5038	00:38:36.45	07:43	5K30-39F	37/57	F	102/150	00:38:09.10
154/222	DEBOER, MARK	5039	00:38:35.54	07:43	5K30-39M	10/13	M	53/72	00:38:08.01
153/222	DEBOER, RYLAN	5040	00:38:35.23	07:43	5K11&UM	13/22	M	52/72	00:38:07.18
59/222	DMYTRYSHYN, ANNA	5043	00:30:18.31	06:03	5K30-39F	11/57	F	33/150	00:30:11.04
189/222	DOTY, SONOMA	5044	00:43:40.73	08:44	5K11&UF	16/20	F	125/150	00:43:25.31
162/222	DRAPER, CANDACE	5046	00:39:11.75	07:50	5K30-39F	40/57	F	108/150	00:38:59.38
194/222	EASTON, RAEVIE	5047	00:44:48.12	08:57	5K11&UM	21/22	M	66/72	00:44:37.78
193/222	EASTON, RUSSELL	5048	00:44:47.55	08:57	5K30-39M	11/13	M	65/72	00:44:37.50
97/222	ELLERMAN, JENNIFER	5049	00:33:44.02	06:44	5K30-39F	20/57	F	58/150	00:33:19.52
23/222	ENKIRCH, HANNAH	5050	00:27:13.87	05:26	5K12-15F	1/4	F	8/150	00:27:09.10
16/222	ENSLIN, ALISHA	5051	00:26:11.45	05:14	5K20-29F	2/34	F	4/150	00:25:58.17
209/222	ENTZ, ANITA	5052	00:50:58.28	10:11	5K30-39F	55/57	F	139/150	00:50:32.83
84/222	EPP, KIMIKO	5053	00:32:28.63	06:29	5K30-39F	16/57	F	49/150	00:32:17.62
60/222	FLAHERTY, AMANDA	5056	00:30:20.26	06:04	5K30-39F	12/57	F	34/150	00:30:01.06
81/222	FLAHERTY, CHRIS	5057	00:32:07.37	06:25	5K30-39M	9/13	M	34/72	00:31:48.31
182/222	FOLK, DAWSON	5058	00:42:38.41	08:31	5K20-29M	8/10	M	61/72	00:42:16.88
17/222	FOLK, MADDY	5059	00:26:28.61	05:17	5K20-29F	3/34	F	5/150	00:26:07.74
71/222	FOLK, SHAWN	5060	00:31:28.65	06:17	5K50-59M	5/6	M	31/72	00:31:05.61
206/222	FOREMAN, JOSHUA	5061	00:47:58.19	09:35	5K30-39M	13/13	M	70/72	00:47:28.98
205/222	FOREMAN, PARKER	5062	00:47:58.19	09:35	5K11&UM	22/22	M	69/72	00:47:28.35
204/222	FOREMAN, SUTTON	5063	00:47:58.19	09:35	5K11&UF	20/20	F	136/150	00:47:28.34
207/222	FOREMAN, TAMMI	5064	00:48:05.55	09:37	5K30-39F	54/57	F	137/150	00:47:36.56
40/222	FRASER, CHELSEY	5065	00:29:00.43	05:48	5K30-39F	5/57	F	19/150	00:28:53.94
110/222	GARCIA, SARA	5067	00:34:31.86	06:54	5K30-39F	24/57	F	68/150	00:34:18.58
21/222	GASKELL, BRAEDEN	5068	00:27:04.18	05:24	5K11&UM	2/22	M	14/72	00:26:57.67
161/222	GASKELL, JODIE	5069	00:38:58.06	07:47	5K30-39F	39/57	F	107/150	00:38:40.00
22/222	GASKELL, ROBIN	5070	00:27:05.36	05:25	5K30-39M	4/13	M	15/72	00:26:58.23
159/222	GASKELL, TEAGAN	5071	00:38:47.44	07:45	5K11&UF	14/20	F	106/150	00:38:29.18
124/222	GEDRASIK, ALEX	5240	00:35:35.35	07:07	5K11&UM	9/22	M	46/72	00:35:23.45

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O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
57/222	GEDRASIK, MADISON	5072	00:30:14.17	06:02	5K11&UF	4/20	F	31/150	00:30:01.90
62/222	GEDRASIK, TERRI	5073	00:30:23.14	06:04	5K30-39F	13/57	F	35/150	00:30:11.44
120/222	GEERAERT, ARLENE	5074	00:35:19.44	07:03	5K50-59F	5/9	F	77/150	00:34:55.41
94/222	GIBB, JD	5075	00:33:39.17	06:43	5K40-49M	7/11	M	38/72	00:33:21.81
117/222	GIBB, PEGGY	5076	00:35:10.79	07:02	5K30-39F	27/57	F	74/150	00:34:53.11
72/222	GIBB, SKYLAR	5077	00:31:36.81	06:19	5K12-15F	2/4	F	41/150	00:31:16.71
130/222	GILLETTE, KELSEY	5078	00:36:04.18	07:12	5K30-39F	31/57	F	84/150	00:35:55.11
188/222	GOLBECK, NAOMI	5079	00:43:37.08	08:43	5K30-39F	47/57	F	124/150	00:43:24.21
9/222	GONZALEZ, KYLE	5169	00:23:45.53	04:45	5K30-39M	1/13	M	7/72	00:23:25.12
118/222	GORNY, EVA	5235	00:35:14.33	07:02	5K20-29F	23/34	F	75/150	00:35:00.58
160/222	GRAVELAND, MATT	5080	00:38:48.94	07:45	5K20-29M	6/10	M	54/72	00:37:40.90
163/222	GRAYSTON, BROOKE	5081	00:39:11.84	07:50	5K20-29F	33/34	F	109/150	00:38:59.06
56/222	GROTEN, ELS	5084	00:30:09.76	06:01	5K50-59F	3/9	F	30/150	00:30:02.93
18/222	GROTEN, JOSH	5085	00:26:47.64	05:21	5K50-59M	2/6	M	13/72	00:26:41.33
43/222	GUDMUNDSON, REBECCA	5086	00:29:05.38	05:49	5K30-39F	7/57	F	22/150	00:28:57.31
4/222	HAGAR, PETER	5252	00:21:52.82	04:22	5K50-59M	1/6	M	3/72	00:21:29.95
115/222	HALL, BURKE	5089	00:35:07.44	07:01	5K11&UM	6/22	M	43/72	00:34:48.03
73/222	HALL, KOBEE	5087	00:31:40.56	06:20	5K12-15F	3/4	F	42/150	00:31:20.27
26/222	HALOWSKI, MATT	5091	00:27:40.05	05:32	5K30-39M	5/13	M	17/72	00:27:32.06
11/222	HATCH, GRACE	5093	00:24:30.74	04:54	5K16-19F	1/1	F	3/150	00:24:26.84
24/222	HATCH, MATTHEW	5094	00:27:21.48	05:28	5K40-49M	3/11	M	16/72	00:27:17.18
58/222	HILLMER, REBECCA	5095	00:30:18.22	06:03	5K30-39F	10/57	F	32/150	00:30:10.65
8/222	HILLIER, ZACHARY	5096	00:23:32.57	04:42	5K11&UM	1/22	M	6/72	00:23:28.04
28/222	HORTON, SHANE	5227	00:27:59.97	05:35	5K30-39M	6/13	M	19/72	00:27:56.54
114/222	HOWARD, ANYA	5098	00:34:49.93	06:57	5K30-39F	26/57	F	72/150	00:34:44.78
41/222	HOWARD, ERIN	5099	00:29:01.51	05:48	5K30-39F	6/57	F	20/150	00:28:56.63
141/222	HOWG, NICOLE	5228	00:37:36.01	07:31	5K30-39F	34/57	F	92/150	00:36:45.50
89/222	HRYHORASH, MARYANA	5100	00:33:06.24	06:37	5K20-29F	14/34	F	53/150	00:33:00.01
93/222	HUTTON, KRISTIE	5101	00:33:25.34	06:41	5K30-39F	19/57	F	56/150	00:33:06.53
95/222	HYGGEN, BRAYLON	5102	00:33:39.31	06:43	5K40-49M	8/11	M	39/72	00:33:21.54
174/222	IRWIN, MELISSA	5104	00:41:03.45	08:12	5K30-39F	43/57	F	115/150	00:40:44.69
113/222	ISENOR, BRITTANY	5105	00:34:43.70	06:56	5K30-39F	25/57	F	71/150	00:34:21.65
212/222	ISFELD, ELIZABETH	5264	00:53:19.00	10:39	5K30-39F	56/57	F	142/150	00:53:07.69
45/222	JERVIS, NEIL	5258	00:29:09.36	05:49	5K50-59M	4/6	M	23/72	00:28:47.67
178/222	KANG, OLIVIA	5106	00:41:44.25	08:20	5K11&UF	15/20	F	119/150	00:41:30.32
195/222	KEENAN, TESSA	5107	00:45:01.33	09:00	5K30-39F	51/57	F	129/150	00:44:52.60
34/222	KELLER, CRAIG	5108	00:28:35.10	05:43	5K40-49M	4/11	M	20/72	00:28:24.66
116/222	KELLER, SUSAN	5109	00:35:10.74	07:02	5K40-49F	8/20	F	73/150	00:35:00.31
77/222	KLOHN, GRACE	5253	00:31:47.71	06:21	5K11&UF	5/20	F	45/150	00:31:34.62
76/222	KLOHN, JANINE	5254	00:31:47.35	06:21	5K30-39F	15/57	F	44/150	00:31:34.62
123/222	KLOHN, TYSON	5255	00:35:34.11	07:06	5K11&UM	8/22	M	45/72	00:35:21.39
148/222	KROGMAN, SARAH	5110	00:38:16.79	07:39	5K30-39F	36/57	F	98/150	00:38:12.27
218/222	KROSSE, JACQUELINE	5246	00:55:30.95	11:06	5K50-59F	8/9	F	146/150	00:55:13.60
105/222	KROSSE, MEREL	5111	00:34:22.41	06:52	5K20-29F	22/34	F	64/150	00:34:10.52
3/222	KYWERIGA, MICHAEL	5114	00:21:27.32	04:17	5K40-49M	1/11	M	2/72	00:21:27.31
32/222	LADOUCEUR, KAYLA	5115	00:28:22.49	05:40	5K30-39F	2/57	F	13/150	00:28:17.14
172/222	LAYTON, KELLIANE	5116	00:41:01.10	08:12	5K40-49F	13/20	F	113/150	00:40:48.00
20/222	LECHELT, KARLY	5117	00:27:01.77	05:24	5K20-29F	5/34	F	7/150	00:26:54.75
213/222	LEMLEY, CINDY	5118	00:53:21.00	10:40	5K60-69F	2/5	F	143/150	00:53:19.16
102/222	LINK, KELLY	5119	00:34:20.43	06:52	5K20-29F	20/34	F	61/150	00:34:14.67
199/222	LOEWEN, MONICA	5247	00:45:50.95	09:10	5K40-49F	16/20	F	132/150	00:45:38.86
27/222	MACKLIN, CADEN	5120	00:27:43.82	05:32	5K12-15M	3/3	M	18/72	00:27:42.27
142/222	MACKLIN, CHLOE	5121	00:37:37.69	07:31	5K11&UF	11/20	F	93/150	00:37:32.82
143/222	MACKLIN, CRYSTAL	5122	00:37:38.51	07:31	5K40-49F	11/20	F	94/150	00:37:33.16
202/222	MARISCHUK, MOLLIE	5123	00:46:53.67	09:22	5K11&UF	19/20	F	135/150	00:46:32.77
201/222	MARISCHUK, SHALANE	5124	00:46:53.65	09:22	5K30-39F	53/57	F	134/150	00:46:33.46
200/222	MARISCHUK, STELLA	5125	00:46:53.27	09:22	5K11&UF	18/20	F	133/150	00:46:32.69
37/222	MARSH, ERIN	5126	00:28:47.73	05:45	5K20-29F	8/34	F	16/150	00:28:31.54
219/222	MARTENS, SHANNON	5127	00:57:42.41	11:32	5K50-59F	9/9	F	147/150	00:57:15.97
96/222	MAUTHE, LAUREN	5248	00:33:42.17	06:44	5K20-29F	17/34	F	57/150	00:33:29.76
138/222	MCCALLUM, HAILLY	5261	00:37:01.93	07:24	5K20-29F	26/34	F	89/150	00:36:51.49
47/222	MCDONALD, ADAM	5236	00:29:11.76	05:50	5K40-49M	5/11	M	24/72	00:28:55.96
46/222	MCDONALD, ALLISON	5237	00:29:11.19	05:50	5K11&UF	3/20	F	23/150	00:28:58.00
119/222	MCDONALD, LILY	5238	00:35:14.61	07:02	5K11&UF	9/20	F	76/150	00:35:00.86
131/222	MCINTYRE, CORIGAN	5128	00:36:22.60	07:16	5K11&UM	10/22	M	47/72	00:36:01.71
63/222	MCINTYRE, DAN	5129	00:30:26.21	06:05	5K40-49M	6/11	M	28/72	00:30:05.84

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O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
61/222	MCINTYRE, GAVIN	5130	00:30:20.33	06:04	5K11&UM	3/22	M	27/72	00:29:59.84
132/222	MCINTYRE, JESSICA	5131	00:36:22.74	07:16	5K30-39F	32/57	F	85/150	00:36:02.70
197/222	MCKECHNIE, MARK	5132	00:45:29.67	09:05	5K30-39M	12/13	M	67/72	00:45:22.84
198/222	MCKECHNIE, NORA	5133	00:45:29.69	09:05	5K11&UF	17/20	F	131/150	00:45:22.96
55/222	MCLAUGHLIN, DONNA	5229	00:30:09.15	06:01	5K50-59F	2/9	F	29/150	00:30:06.10
88/222	MCMILLAN, MEGAN	5134	00:32:59.40	06:35	5K30-39F	18/57	F	52/150	00:32:41.33
215/222	MECKELBORG, BRANDY	5135	00:54:22.47	10:52	5K40-49F	20/20	F	145/150	00:54:12.71
175/222	MILLER, CORINNA	5136	00:41:11.65	08:14	5K40-49F	14/20	F	116/150	00:41:03.28
150/222	MOORE, AARON	5137	00:38:28.20	07:41	5K40-49M	10/11	M	51/72	00:38:07.44
151/222	MOORE, ADRIA	5138	00:38:28.22	07:41	5K11&UF	12/20	F	100/150	00:38:06.53
83/222	MOORE, JADEN	5260	00:32:25.60	06:29	5K11&UM	5/22	M	35/72	00:32:06.94
36/222	MOTZ, LEIGHTON	5140	00:28:47.03	05:45	5K20-29M	3/10	M	21/72	00:28:27.24
38/222	NASEWICH, AMY	5141	00:28:55.30	05:47	5K20-29F	9/34	F	17/150	00:28:35.56
185/222	NEITHERCUT, LONDON	5142	00:43:33.02	08:42	5K11&UM	19/22	M	63/72	00:43:18.12
7/222	NORTON, MYLES	5143	00:22:14.03	04:26	5K12-15M	2/3	M	5/72	00:22:13.88
179/222	OISHI, SHEILA	5144	00:41:57.07	08:23	5K50-59F	6/9	F	120/150	00:41:32.46
181/222	OLIVER, JAMES	5145	00:42:23.02	08:28	5K20-29M	7/10	M	60/72	00:42:13.86
25/222	OLSEN, ERIN	5146	00:27:28.96	05:29	5K40-49F	1/20	F	9/150	00:27:25.64
127/222	ORMSTON, CALLIE	5147	00:35:58.93	07:11	5K11&UF	10/20	F	81/150	00:35:54.56
164/222	ORMSTON, KARYN	5148	00:39:12.57	07:50	5K30-39F	41/57	F	110/150	00:39:08.68
112/222	ORMSTON, PEYTON	5149	00:34:38.16	06:55	5K11&UF	8/20	F	70/150	00:34:33.38
104/222	ORMSTON, SIERRA	5150	00:34:21.08	06:52	5K12-15F	4/4	F	63/150	00:34:15.63
53/222	ORR, KIM	5151	00:29:55.07	05:59	5K40-49F	3/20	F	27/150	00:29:47.30
156/222	PAHL, REEGAN	5152	00:38:40.64	07:44	5K11&UF	13/20	F	103/150	00:38:13.29
221/222	PAHULJE, BERNADETTE	5153	01:02:00.13	12:24	5K60-69F	4/5	F	149/150	01:01:55.36
222/222	PAHULJE, DANI	5154	01:02:00.50	12:24	5K60-69F	5/5	F	150/150	01:01:55.93
126/222	PAHULJE, MAJDA	5155	00:35:50.58	07:10	5K60-69F	1/5	F	80/150	00:35:47.75
33/222	PAULANCE, TORY	5157	00:28:25.96	05:41	5K20-29F	7/34	F	14/150	00:28:07.31
165/222	PAYDLI, MORGAN	5158	00:39:20.46	07:52	5K20-29F	34/34	F	111/150	00:38:58.99
196/222	PELUCCO, OLIVIA	5159	00:45:04.87	09:00	5K30-39F	52/57	F	130/150	00:44:56.14
13/222	PERLOW, RICHARD	5160	00:24:38.41	04:55	5K60-69M	1/6	M	10/72	00:24:34.87
108/222	POLLARD, LESLIE	5161	00:34:29.59	06:53	5K30-39F	22/57	F	66/150	00:34:23.04
74/222	POTE, JIMMY	5162	00:31:44.63	06:20	5K60-69M	3/6	M	32/72	00:31:31.68
158/222	PRENEVOST, LEAH	5164	00:38:45.03	07:45	5K30-39F	38/57	F	105/150	00:38:26.38
87/222	REDPATH, LON	5165	00:32:59.09	06:35	5K60-69M	4/6	M	36/72	00:32:59.09
180/222	REGER, KIRSTEN	5166	00:42:06.92	08:25	5K50-59F	7/9	F	121/150	00:42:04.04
12/222	REIZVIKH, DMITRI	5231	00:24:31.56	04:54	5K30-39M	2/13	M	9/72	00:24:28.49
157/222	ROBBINS, TASHIAH	5167	00:38:44.49	07:44	5K20-29F	32/34	F	104/150	00:38:38.26
15/222	ROSS, KEILLEN	5170	00:25:47.73	05:09	5K20-29M	2/10	M	12/72	00:25:47.73
129/222	SAKAMOTO, JESSICA	5171	00:36:03.38	07:12	5K30-39F	30/57	F	83/150	00:35:57.15
5/222	SALIKEN, NATASHA	5232	00:22:04.99	04:25	5K30-39F	1/57	F	2/150	00:22:04.19
64/222	SAWA HURT, KELLY	5241	00:30:29.49	06:05	5K40-49F	4/20	F	36/150	00:30:27.03
86/222	SCHAFFER, KRISTEN	5173	00:32:30.01	06:30	5K30-39F	17/57	F	51/150	00:32:18.23
98/222	SCHMIDT, BRITNEY	5174	00:33:47.84	06:45	5K20-29F	18/34	F	59/150	00:33:40.62
147/222	SCHMIDT, JESSE	5175	00:38:11.00	07:38	5K20-29F	29/34	F	97/150	00:38:11.00
99/222	SCHWAB, ED	5256	00:34:14.94	06:50	5K40-49M	9/11	M	40/72	00:34:03.93
133/222	SCHWAB, OLIVER	5176	00:36:42.57	07:20	5K11&UM	11/22	M	48/72	00:36:31.17
149/222	SCOTT, BRENNAN	5177	00:38:21.87	07:40	5K20-29F	30/34	F	99/150	00:38:17.30
139/222	SENNEKER, ALEXA	5178	00:37:15.38	07:27	5K20-29F	27/34	F	90/150	00:36:55.01
217/222	SEPPOLA, DENNIS	5249	00:55:28.40	11:05	5K20-29M	10/10	M	72/72	00:55:11.74
29/222	SILBERER, MELISSA	5179	00:28:06.67	05:37	5K20-29F	6/34	F	10/150	00:28:01.32
91/222	SLUSAR, HILLARY	5180	00:33:20.23	06:40	5K20-29F	16/34	F	55/150	00:33:07.85
92/222	SLUSAR, TAYLOR	5181	00:33:20.28	06:40	5K20-29M	5/10	M	37/72	00:33:05.52
121/222	SMILJANEC, GAVIN	5182	00:35:29.33	07:05	5K11&UM	7/22	M	44/72	00:35:13.31
122/222	SMILJANEC, MICHELE	5183	00:35:29.56	07:05	5K30-39F	28/57	F	78/150	00:35:14.07
10/222	SMITH, BRENT	5184	00:24:05.06	04:49	5K40-49M	2/11	M	8/72	00:24:04.26
146/222	SMITH, JULIE	5185	00:38:09.68	07:37	5K30-39F	35/57	F	96/150	00:38:05.79
103/222	STE MARIE, CHEYANNE	5186	00:34:20.94	06:52	5K20-29F	21/34	F	62/150	00:34:15.59
39/222	STEACY, BRITTANY	5242	00:29:00.04	05:48	5K30-39F	4/57	F	18/150	00:28:56.73
137/222	SUTHERLAND, LORNA	5189	00:36:55.90	07:23	5K40-49F	10/20	F	88/150	00:36:34.71
31/222	SUTTROP, VIVIEN	5250	00:28:20.05	05:40	5K50-59F	1/9	F	12/150	00:28:02.44
65/222	TATA, ILARIO	5190	00:30:51.57	06:10	5K11&UM	4/22	M	29/72	00:30:26.66
66/222	TATA, MARTINA	5191	00:30:55.30	06:11	5K40-49F	5/20	F	37/150	00:30:30.60
107/222	TAVERNINI, BRITTANY	5262	00:34:24.01	06:52	5K30-39F	21/57	F	65/150	00:34:11.64
106/222	TIEFENBACH, RICH	5194	00:34:22.67	06:52	5K50-59M	6/6	M	42/72	00:34:15.10
70/222	TRAN, ARYNNE	5195	00:31:28.56	06:17	5K30-39F	14/57	F	40/150	00:31:06.45

## 2019 Lethbridge Police Half, 10K, 5K

## Alpha Overall Results

## 5K Run - 3.1 Miles

## 222 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
128/222	TROCKSTAD, HILDE	5196	00:36:02.87	07:12	5K30-39F	29/57	F	82/150	00:35:54.05
6/222	TURNBULL, DOUGLAS	5197	00:22:12.11	04:26	5K20-29M	1/10	M	4/72	00:22:10.54
101/222	TURNBULL, MYRANDHA	5198	00:34:19.58	06:51	5K20-29F	19/34	F	60/150	00:34:13.81
90/222	TYRRELL, SARAH	5199	00:33:08.70	06:37	5K20-29F	15/34	F	54/150	00:32:54.84
210/222	ULRICH, JENNIFER	5200	00:50:58.50	10:11	5K40-49F	18/20	F	140/150	00:50:33.51
184/222	VAN DYK, JACQUIE	5202	00:42:55.85	08:35	5K30-39F	45/57	F	122/150	00:42:39.83
183/222	VAN DYK, MALAKAI	5203	00:42:55.31	08:35	5K11&UM	18/22	M	62/72	00:42:37.50
211/222	VAN DYK, STACIE	5204	00:52:56.85	10:35	5K40-49F	19/20	F	141/150	00:52:39.78
136/222	VAN DYKE, EMILY	5205	00:36:54.52	07:22	5K20-29F	25/34	F	87/150	00:36:38.90
19/222	VAN ROOTSELAAR, NICOLE	5206	00:26:56.24	05:23	5K20-29F	4/34	F	6/150	00:26:47.37
216/222	VANROOTSELAAR, KEITH	5251	00:55:00.72	11:00	5K20-29M	9/10	M	71/72	00:54:44.07
192/222	WALLACE, JENNIFER	5207	00:44:15.35	08:51	5K30-39F	50/57	F	128/150	00:43:52.32
48/222	WARNOCK, ALISON	5208	00:29:32.28	05:54	5K30-39F	8/57	F	24/150	00:29:30.11
67/222	WESTWOOD, ALEX	5209	00:31:03.85	06:12	5K20-29F	11/34	F	38/150	00:30:42.99
134/222	WIGAND, EVAN	5210	00:36:43.32	07:20	5K11&UM	12/22	M	49/72	00:36:32.30
79/222	WIGAND, RYLEE	5211	00:31:55.02	06:23	5K11&UF	6/20	F	47/150	00:31:51.89
140/222	WILLERTON, APRIL	5212	00:37:23.93	07:28	5K30-39F	33/57	F	91/150	00:37:10.56
50/222	WILLIAMSON, KERI	5243	00:29:37.04	05:55	5K40-49F	2/20	F	26/150	00:29:33.91
191/222	WILSON, RIANNA	5216	00:43:43.41	08:44	5K30-39F	49/57	F	127/150	00:43:35.90
100/222	WOLSEY, THOMAS	5217	00:34:19.23	06:51	5K60-69M	5/6	M	41/72	00:34:00.71
82/222	WRIGHT, ABIGAIL	5244	00:32:23.19	06:28	5K20-29F	13/34	F	48/150	00:32:15.92
85/222	YAVITU, AMALIA	5218	00:32:29.80	06:29	5K11&UF	7/20	F	50/150	00:32:05.65
187/222	YAVITU, ETHAN	5219	00:43:36.91	08:43	5K11&UM	20/22	M	64/72	00:43:10.44
168/222	YAVITU, MIKA	5220	00:40:35.16	08:07	5K11&UM	16/22	M	57/72	00:40:09.96