

2022 Lethbridge Police Half, 10K, 5K

Alpha Overall Results

10K Run - 6.21 Miles

89 Finishers

O/A	Name	Bib#	Time	Pace/k	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
89/89	ANDERSON, PHILLIP	1201	1:46:26.036	10:38	17:08	10K60-69M	2/2	M	29/29	01:42:26.036
36/89	ATKINSON, LAUREN	1202	57:17.154	05:43	09:13	10K20-29F	7/15	F	20/60	00:57:15.734
85/89	BARE SHIN BONE, LURLENE	1203	1:29:58.812	08:59	14:29	10K40-49F	12/12	F	59/60	01:26:19.786
77/89	BAREHAM-WRIGHT, VALERIE	1204	1:17:51.902	07:47	12:32	10K60-69F	2/4	F	52/60	01:17:45.749
59/89	BARTEL, JENESSA	1205	1:06:02.850	06:36	10:38	10K30-39F	15/25	F	36/60	01:05:59.544
33/89	BARWEGEN, KIRSTEN	1206	55:31.427	05:33	08:56	10K20-29F	6/15	F	17/60	00:55:16.677
19/89	BARWEGEN, TAMRA	1207	52:23.412	05:14	08:26	10K20-29F	1/15	F	8/60	00:52:09.302
78/89	BIGGINS, MARIAN	1208	1:17:52.206	07:47	12:32	10K60-69F	3/4	F	53/60	01:17:45.478
34/89	BOURNE, MARY	1210	55:41.765	05:34	08:58	10K40-49F	4/12	F	18/60	00:55:37.808
52/89	BRACKEN, JILLIAN	1211	1:03:02.549	06:18	10:09	10K30-39F	13/25	F	30/60	01:02:57.112
71/89	BRIDGES, TESS	1212	1:14:34.862	07:27	12:00	10K30-39F	19/25	F	47/60	01:14:22.961
86/89	BROWN, JERRY	1213	1:41:52.592	10:11	16:24	10K70+M	1/1	M	27/29	01:41:39.214
42/89	BROWN, JORDAN	1214	1:00:14.503	06:01	09:42	10K30-39M	5/9	M	17/29	01:00:08.989
39/89	BURLEIGH, JAYNA	1215	59:18.231	05:55	09:32	10K30-39F	9/25	F	23/60	00:59:13.757
24/89	CHRAPKO, MACKENZIE	1218	53:50.881	05:23	08:40	10K20-29F	2/15	F	11/60	00:53:32.533
60/89	CHRONIK, JUSTIN	1219	1:06:37.093	06:39	10:43	10K30-39M	8/9	M	24/29	01:06:17.524
62/89	CHRONIK, KATHERINE	1220	1:07:15.296	06:43	10:49	10K30-39F	16/25	F	38/60	01:06:59.788
15/89	COFFEY, CHRIS	1221	49:49.032	04:58	08:01	10K30-39M	4/9	M	11/29	00:49:41.522
16/89	COFFEY, KYM	1222	49:49.077	04:58	08:01	10K30-39F	4/25	F	5/60	00:49:41.371
48/89	CROW CHIEF, PRESTON	1224	1:01:44.409	06:10	09:56	10K30-39M	6/9	M	20/29	01:01:24.098
64/89	DEMAERE, EMILY	1225	1:09:29.662	06:56	11:11	10K20-29F	13/15	F	40/60	01:09:19.219
76/89	DIAS, CAMILA	1226	1:16:42.644	07:40	12:21	10K30-39F	23/25	F	51/60	01:16:34.589
68/89	DJOKOTO-ASEM, EDNA	1227	1:10:56.614	07:05	11:25	10K50-59F	3/3	F	44/60	01:10:44.254
75/89	DRAPER, CANDACE	1228	1:16:33.902	07:39	12:19	10K30-39F	22/25	F	50/60	01:16:27.588
66/89	DYCK, HEATHER	1229	1:09:57.460	06:59	11:15	10K30-39F	17/25	F	42/60	01:09:46.139
65/89	DYCK, MIKAYLA	1230	1:09:57.412	06:59	11:15	10K11&UF	1/1	F	41/60	01:09:46.170
26/89	EKKEL, MYRANDA	1231	54:44.833	05:28	08:48	10K20-29F	3/15	F	12/60	00:54:38.424
50/89	EYRE, CHRISTINA	1232	1:02:05.856	06:12	09:59	10K30-39F	12/25	F	29/60	01:02:00.935
10/89	FEHR, EMMA	1233	47:01.361	04:42	07:34	10K30-39F	3/25	F	3/60	00:46:57.158
7/89	GALLAGHER, CHRIS	1235	45:16.197	04:31	07:17	10K50-59M	2/4	M	7/29	00:45:12.818
14/89	GALLAGHER, DIANE	1236	49:34.878	04:57	07:59	10K40-49F	1/12	F	4/60	00:49:31.756
31/89	GRAYSTON, BROOKE	1238	55:04.121	05:30	08:52	10K30-39F	7/25	F	15/60	00:54:57.807
81/89	HANEY, KEVIN	1240	1:22:38.376	08:15	13:18	10K40-49M	6/6	M	26/29	01:22:26.356
37/89	HECK, CHERYL	1243	59:07.115	05:54	09:31	10K40-49F	5/12	F	21/60	00:58:47.865
35/89	HEROD, CHRISTINE	1244	56:11.505	05:37	09:02	10K30-39F	8/25	F	19/60	00:56:09.661
40/89	HORON, EMMA	1246	59:18.558	05:55	09:33	10K30-39F	10/25	F	24/60	00:59:14.549
55/89	JAFFRAY, STEPHANIE	1247	1:04:19.517	06:25	10:21	10K40-49F	7/12	F	33/60	01:04:07.158
27/89	JANZEN, JENNA	1248	54:47.762	05:28	08:49	10K20-29F	4/15	F	13/60	00:54:42.994
72/89	JOOSSE, TODD	1250	1:14:54.268	07:29	12:03	10K40-49M	5/6	M	25/29	01:14:48.557
43/89	KAWCHUK, MICHAEL	1251	1:00:14.644	06:01	09:42	10K20-29M	5/6	M	18/29	01:00:09.134
53/89	KEITH, ALLY	1252	1:04:05.136	06:24	10:19	10K20-29F	11/15	F	31/60	01:03:47.150
2/89	KLOHN, CHAD	1255	39:06.029	03:54	06:17	10K40-49M	1/6	M	2/29	00:39:04.050
1/89	LAROUCHE, RICHARD	1256	36:31.273	03:39	05:52	10K30-39M	1/9	M	1/29	00:36:30.762
21/89	LEGGAT, SCOTT	1257	53:08.154	05:18	08:33	10K40-49M	4/6	M	13/29	00:52:58.919
22/89	LEGGAT, TERRA	1258	53:42.724	05:22	08:38	10K40-49F	2/12	F	9/60	00:53:33.690
32/89	LUNDE, KELSEY	1259	55:08.857	05:30	08:52	10K20-29F	5/15	F	16/60	00:55:02.447
46/89	MALIN, SHELSEA	1260	1:01:27.085	06:08	09:53	10K40-49F	6/12	F	27/60	01:01:11.395
3/89	MALINOWSKI, MACIEJ (MATT)	1239	41:18.100	04:07	06:39	10K40-49M	2/6	M	3/29	00:41:15.838
73/89	MCCONNELL, SHANDA	1261	1:16:10.159	07:37	12:15	10K30-39F	20/25	F	48/60	01:15:59.750
12/89	MCINTYRE, GAVIN	1262	47:16.338	04:43	07:36	10K12-15M	1/1	M	9/29	00:47:07.383
11/89	MCKINNON, LINCOLN	1263	47:09.612	04:42	07:35	10K20-29M	2/6	M	8/29	00:47:07.631
84/89	MEEK, JULIE	1264	1:24:41.261	08:28	13:38	10K30-39F	24/25	F	58/60	01:24:16.098
67/89	MICHEL, DEE DEE	1266	1:10:09.904	07:00	11:17	10K60-69F	1/4	F	43/60	01:09:54.514
20/89	MICHEL, GRAYSON	1267	52:30.398	05:15	08:27	10K40-49M	3/6	M	12/29	00:52:23.323
5/89	NKAKAIRE, RICHARD	1268	44:04.996	04:24	07:05	10K20-29M	1/6	M	5/29	00:44:03.752
6/89	NORTON, MATT	1269	44:23.933	04:26	07:08	10K50-59M	1/4	M	6/29	00:44:22.170
56/89	OHLMANN, NIKKI	1270	1:05:13.140	06:31	10:30	10K30-39F	14/25	F	34/60	01:05:08.091
8/89	PADDICK, KESHIA	1271	46:33.728	04:39	07:29	10K30-39F	1/25	F	1/60	00:46:31.682
80/89	PATCHING, SHARALYN	1272	1:19:58.838	07:59	12:52	10K40-49F	11/12	F	55/60	01:19:47.600
82/89	PETERSEN, BETH	1273	1:23:27.807	08:20	13:26	10K60-69F	4/4	F	56/60	01:23:22.752
51/89	PETRUNIK, GORDON	1274	1:02:18.908	06:13	10:02	10K60-69M	1/2	M	22/29	01:02:07.286
41/89	PETTY, SARAH	1275	59:44.761	05:58	09:37	10K20-29F	9/15	F	25/60	00:59:40.029
88/89	PITCHER, KENT	1276	1:42:47.998	10:16	16:33	10K30-39M	9/9	M	28/29	01:42:17.857
87/89	PITCHER, LAUREL	1277	1:42:43.522	10:16	16:32	10K30-39F	25/25	F	60/60	01:42:13.697

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O/A	Name	Bib#	Time	Pace/k	Pace/m	Category	Cat/Pl	Gender	Gen/Pl	Chip Time
58/89	PLANGER, MELISSA	1278	1:05:49.656	06:34	10:36	10K40-49F	8/12	F	35/60	01:05:40.423
54/89	PRICE, MARION	1279	1:04:15.650	06:25	10:20	10K50-59F	2/3	F	32/60	01:04:09.638
57/89	REDFORD, JEFF	1280	1:05:41.031	06:34	10:34	10K30-39M	7/9	M	23/29	01:05:37.141
23/89	RESSLER, JESSICA	1281	53:44.083	05:22	08:39	10K30-39F	6/25	F	10/60	00:53:37.271
47/89	RIEGER, JESSIE	1282	1:01:39.838	06:09	09:55	10K20-29F	10/15	F	28/60	01:01:36.539
49/89	ROYER, ANDRE	1283	1:01:47.784	06:10	09:57	10K50-59M	4/4	M	21/29	01:01:37.853
44/89	SANDUM, TREVOR	1284	1:00:20.808	06:02	09:43	10K20-29M	6/6	M	19/29	01:00:17.689
61/89	SATURLEY, KRISTEN	1307	1:06:51.765	06:41	10:46	10K40-49F	9/12	F	37/60	01:06:34.153
83/89	SCHAMBER, JENESSA	1285	1:24:40.956	08:28	13:38	10K20-29F	15/15	F	57/60	01:24:15.984
69/89	SCHOENING, ERIN	1286	1:11:41.286	07:10	11:32	10K40-49F	10/12	F	45/60	01:11:31.996
63/89	SHOUTING, ROCHELLE	1287	1:08:59.218	06:53	11:06	10K20-29F	12/15	F	39/60	01:08:49.926
29/89	SMITH, JOSHUA	1288	55:00.584	05:30	08:51	10K20-29M	4/6	M	16/29	00:54:36.725
17/89	SPATE, GENA	1289	49:58.594	04:59	08:02	10K50-59F	1/3	F	6/60	00:49:56.116
74/89	STARK, VICTORIA	1290	1:16:10.184	07:37	12:15	10K30-39F	21/25	F	49/60	01:15:59.285
9/89	STEED, KIMBERLY	1292	46:54.096	04:41	07:33	10K30-39F	2/25	F	2/60	00:46:51.456
70/89	VAN GUNST, SARAH	1296	1:14:06.153	07:24	11:55	10K30-39F	18/25	F	46/60	01:13:50.681
28/89	VAN HIENEN, DERRICK	1297	54:59.926	05:29	08:51	10K20-29M	3/6	M	15/29	00:54:35.412
45/89	WALKER, ASHLEY	1254	1:01:06.910	06:06	09:50	10K30-39F	11/25	F	26/60	01:00:55.671
4/89	WARD, KIERAN	1298	44:00.309	04:24	07:05	10K30-39M	2/9	M	4/29	00:43:57.568
18/89	WHIDDEN, ASHTON	1299	50:36.422	05:03	08:08	10K30-39F	5/25	F	7/60	00:50:33.797
38/89	WIENS, TRESSA	1300	59:12.770	05:55	09:32	10K20-29F	8/15	F	22/60	00:59:08.381
79/89	WILLIAMSON, ERIN	1301	1:18:28.933	07:50	12:38	10K20-29F	14/15	F	54/60	01:18:23.122
30/89	YAVITU, SARAH	1308	55:02.036	05:30	08:51	10K40-49F	3/12	F	14/60	00:54:46.444
13/89	YAVITU, SERUPEPELI	1309	49:07.384	04:54	07:54	10K30-39M	3/9	M	10/29	00:49:00.711
25/89	ZAPLACHINSKI, JIM	1306	54:04.474	05:24	08:42	10K50-59M	3/4	M	14/29	00:53:46.299