

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Category Award Results

TOP 3 In Category

5K Run - 3.1 Miles

146 Finishers

5K11&UF (Female) - 12 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Cat Offset	OA/PI	Gen/PI	City
1/12	CHATTERTON, ANNA	5286	23:08.080	04:37	07:26	+00:00:00	6/146	2/79	LETHBRIDGE
2/12	LOW, HASYTEN	5345	29:00.835	05:48	09:19	+00:05:52	46/146	13/79	LETHBRIDGE
3/12	YAVITU, AMALIA	5430	29:41.545	05:56	09:32	+00:06:33	53/146	15/79	LETHBRIDGE

5K11&UM (Male) - 11 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Cat Offset	OA/PI	Gen/PI	City
1/11	ZWARTBOL, EVAN	5426	23:09.370	04:37	07:26	+00:00:00	8/146	6/67	COALHURST
2/11	SLINGERLAND, RILEY	5403	24:45.368	04:57	07:57	+00:01:35	17/146	14/67	LETHBRIDGE
3/11	LORENZ, ABBOTT	5343	26:50.176	05:22	08:37	+00:03:40	26/146	20/67	LETHBRIDGE

5K12-15F (Female) - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Cat Offset	OA/PI	Gen/PI	City
1/2	SWIFT, LIVIA	5433	26:02.127	05:12	08:22	+00:00:00	23/146	6/79	LETHBRIDGE
2/2	WELLS, OCEAN	5414	1:02:52.189	12:34	20:12	+00:36:50	145/146	78/79	CARDSTON

5K12-15M (Male) - 10 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Cat Offset	OA/PI	Gen/PI	City
1/10	HILLIER, ZACHARY	5327	19:02.972	03:48	06:07	+00:00:00	1/146	1/67	LETHBRIDGE
2/10	LIGHT, ZACH	5442	23:37.259	04:43	07:35	+00:04:34	9/146	7/67	LETHBRIDGE
3/10	BOURNE, BARON	5278	24:08.970	04:49	07:45	+00:05:05	13/146	11/67	MAGRATH

5K16-19F (Female) - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Cat Offset	OA/PI	Gen/PI	City
1/2	MADDAFORD, KATELYNN	5356	28:06.320	05:37	09:02	+00:00:00	37/146	10/79	LETHBRIDGE
2/2	WOOLF, SYDNEY	5420	33:22.182	06:40	10:43	+00:05:15	75/146	31/79	LETHBRIDGE

5K16-19M (Male) - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Cat Offset	OA/PI	Gen/PI	City
1/4	SWIFT, CONRAD	5432	21:59.902	04:23	07:04	+00:00:00	3/146	3/67	LETHBRIDGE
2/4	BIDARIAN, ARMAN	5275	22:44.831	04:32	07:18	+00:00:44	5/146	4/67	LETHBRIDGE
3/4	MILROY, KYE	5366	24:43.541	04:56	07:57	+00:02:43	16/146	13/67	LETHBRIDGE

5K20-29F (Female) - 15 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Cat Offset	OA/PI	Gen/PI	City
1/15	BEEKMAN, KAYLEN	5273	24:34.025	04:54	07:53	+00:00:00	15/146	3/79	DIAMOND CITY
2/15	KROSSE, MEREL	5339	29:43.631	05:56	09:33	+00:05:09	55/146	16/79	LETHBRIDGE
3/15	ARIK, KATELYN	5265	29:58.819	05:59	09:38	+00:05:24	56/146	17/79	MONARCH

5K20-29M (Male) - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Cat Offset	OA/PI	Gen/PI	City
1/5	MANN, BRADEN	5358	24:06.791	04:49	07:45	+00:00:00	11/146	9/67	MEDICINE HAT
2/5	GETZ, CONNOR	5313	24:08.548	04:49	07:45	+00:00:01	12/146	10/67	MEDICINE HAT
3/5	JUELL, DAVIS	5409	29:27.131	05:53	09:28	+00:05:20	50/146	36/67	COALHURST

5K30-39F (Female) - 20 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Cat Offset	OA/PI	Gen/PI	City
1/20	REDEKOP, SARAH	5386	22:22.448	04:28	07:11	+00:00:00	4/146	1/79	LETHBRIDGE
2/20	FYFE, INDIE	5310	25:49.305	05:09	08:18	+00:03:26	22/146	5/79	LETHBRIDGE
3/20	LOW, KAYLEE	5346	27:32.968	05:30	08:51	+00:05:10	32/146	7/79	LETHBRIDGE

5K30-39M (Male) - 16 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Cat Offset	OA/PI	Gen/PI	City
1/16	ZWARTBOL, STEVE	5427	23:09.276	04:37	07:26	+00:00:00	7/146	5/67	COALHURST
2/16	GOERTZ, BRADY	5314	23:44.807	04:44	07:38	+00:00:35	10/146	8/67	COALDALE
3/16	BURLEIGH, ADAM	5283	24:19.517	04:51	07:49	+00:01:10	14/146	12/67	LETHBRIDGE

5K40-49F (Female) - 17 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Cat Offset	OA/PI	Gen/PI	City
1/17	BRAUN, CHRISTINE	5282	30:53.942	06:10	09:56	+00:00:00	64/146	22/79	CARMANGAY
2/17	RUSSELL, ANGELA	5391	31:48.620	06:21	10:13	+00:00:54	67/146	24/79	MAGRATH
3/17	LAM, CANDICE	5341	32:43.651	06:32	10:31	+00:01:49	72/146	28/79	LETHBRIDGE

5K40-49M (Male) - 14 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Cat Offset	OA/PI	Gen/PI	City
1/14	MADDAFORD, TROY	5357	21:24.769	04:16	06:53	+00:00:00	2/146	2/67	LETHBRIDGE
2/14	LORENZ, BRENT	5344	26:50.336	05:22	08:37	+00:05:25	28/146	22/67	LETHBRIDGE
3/14	ELLIS, JASON	5298	27:28.210	05:29	08:49	+00:06:03	31/146	25/67	CARMANGAY

OA/PI = Overall Placing

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Category Award Results

TOP 3 In Category

5K Run - 3.1 Miles

146 Finishers

5K50-59F (Female) - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Cat Offset	OA/PI	Gen/PI	City
1/8	VONKEMAN, JEANETTE	5411	25:01.047	05:00	08:02	+00:00:00	19/146	4/79	LETHBRIDGE
2/8	KRIZSAN, RHONDA	5338	28:40.679	05:44	09:13	+00:03:39	43/146	12/79	BARNWELL
3/8	BIDARIAN, BETH	5276	30:19.256	06:03	09:44	+00:05:18	57/146	18/79	LETHBRIDGE

5K50-59M (Male) - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Cat Offset	OA/PI	Gen/PI	City
1/3	GROTEN, JOSH	5317	25:39.790	05:07	08:15	+00:00:00	21/146	17/67	DIAMOND CITY
2/3	KRIZSAN, DERRICK	5337	33:24.503	06:40	10:44	+00:07:44	76/146	45/67	CLARESHOLM
3/3	ARNETT, MARTYN	5266	34:06.149	06:49	10:57	+00:08:26	80/146	46/67	LETHBRIDGE

5K60-69F (Female) - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Cat Offset	OA/PI	Gen/PI	City
1/2	HILDEBRAND, DEIDRE	5325	39:26.654	07:53	12:40	+00:00:00	107/146	52/79	COLEMAN
2/2	OKA-WELLS, VERONICA	5375	1:02:56.363	12:35	20:14	+00:23:29	146/146	79/79	CARDSTON

5K60-69M (Male) - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Cat Offset	OA/PI	Gen/PI	City
1/2	POTE, JIMMY	5383	28:23.921	05:40	09:07	+00:00:00	40/146	30/67	LETHBRIDGE
2/2	TIEFENBACH, RICH	5438	38:57.521	07:47	12:31	+00:10:33	102/146	53/67	LETH

5K70+F (Female) - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Cat Offset	OA/PI	Gen/PI	City
1/1	PHILLIPS, BARB	5378	37:35.913	07:31	12:05	+00:00:00	98/146	47/79	LETHBRIDGE

5K70+M (Male) - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Cat Offset	OA/PI	Gen/PI	City
1/2	FEENSTRA, BANIER	5300	24:48.228	04:57	07:58	+00:00:00	18/146	15/67	LETHBRIDGE
2/2	MACLEOD, ROY	5354	29:25.724	05:53	09:27	+00:04:37	48/146	35/67	LETHBRIDGE