

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Gender win time hh:mm:ss

Overall Gender Results

5K Run - 3.1 Miles

146 Finishers

Female 79 Finishers

Gen/PI	Name	Bib#	Time	Pace/k	Pace/m	Category	O/A/PI	Cat/PI	Offset	Chip Time
1/79	REDEKOP, SARAH	5386	22:22.448	04:28	07:11	5K30-39F	4/146	1/20	+00:00:00	22:20.268
2/79	CHATTERTON, ANNA	5286	23:08.080	04:37	07:26	5K11&UF	6/146	1/12	+00:00:45	23:08.078
3/79	BEEKMAN, KAYLEN	5273	24:34.025	04:54	07:53	5K20-29F	15/146	1/15	+00:02:11	24:28.975
4/79	VONKEMAN, JEANETTE	5411	25:01.047	05:00	08:02	5K50-59F	19/146	1/8	+00:02:38	25:00.128
5/79	FYFE, INDIE	5310	25:49.305	05:09	08:18	5K30-39F	22/146	2/20	+00:03:26	25:46.880
6/79	SWIFT, LIVIA	5433	26:02.127	05:12	08:22	5K12-15F	23/146	1/2	+00:03:39	25:55.053
7/79	LOW, KAYLEE	5346	27:32.968	05:30	08:51	5K30-39F	32/146	3/20	+00:05:10	27:25.894
8/79	SWIFT, KATHERINE	5431	27:56.241	05:35	08:58	5K30-39F	34/146	4/20	+00:05:33	27:48.186
9/79	YAKE, KELLY	5422	27:57.179	05:35	08:59	5K30-39F	35/146	5/20	+00:05:34	27:54.160
10/79	MADDAFORD, KATELYNN	5356	28:06.320	05:37	09:02	5K16-19F	37/146	1/2	+00:05:43	27:56.972
11/79	REMFERT, CHRISTIE	5387	28:39.413	05:43	09:12	5K30-39F	42/146	6/20	+00:06:16	28:28.458
12/79	KRIZSAN, RHONDA	5338	28:40.679	05:44	09:13	5K50-59F	43/146	2/8	+00:06:18	28:24.798
13/79	LOW, HASYTEN	5345	29:00.835	05:48	09:19	5K11&UF	46/146	2/12	+00:06:38	28:53.144
14/79	EASTER, KARLY	5297	29:25.820	05:53	09:27	5K30-39F	49/146	7/20	+00:07:03	29:09.050
15/79	YAVITU, AMALIA	5430	29:41.545	05:56	09:32	5K11&UF	53/146	3/12	+00:07:19	29:26.791
16/79	KROSSE, MEREL	5339	29:43.631	05:56	09:33	5K20-29F	55/146	2/15	+00:07:21	29:35.323
17/79	ARIK, KATELYN	5265	29:58.819	05:59	09:38	5K20-29F	56/146	3/15	+00:07:36	29:42.466
18/79	BIDARIAN, BETH	5276	30:19.256	06:03	09:44	5K50-59F	57/146	3/8	+00:07:56	29:47.164
19/79	KREGEL, JOLENE	5336	30:27.201	06:05	09:47	5K20-29F	60/146	4/15	+00:08:04	30:05.132
20/79	MIKLOS, SARAH	5364	30:30.272	06:06	09:48	5K20-29F	61/146	5/15	+00:08:07	30:22.570
21/79	WILLIAMS, MELANIE	5416	30:39.903	06:07	09:51	5K50-59F	62/146	4/8	+00:08:17	30:28.199
22/79	BRAUN, CHRISTINE	5282	30:53.942	06:10	09:56	5K40-49F	64/146	1/17	+00:08:31	30:40.399
23/79	GROENENBOOM, RACHEL	5316	31:43.019	06:20	10:11	5K20-29F	65/146	6/15	+00:09:20	31:21.311
24/79	RUSSELL, ANGELA	5391	31:48.620	06:21	10:13	5K40-49F	67/146	2/17	+00:09:26	31:48.427
25/79	RUSSELL, MIKAH	5392	31:48.692	06:21	10:13	5K20-29F	68/146	7/15	+00:09:26	31:47.899
26/79	TURNBULL, JENNY	5407	32:08.870	06:25	10:20	5K30-39F	70/146	8/20	+00:09:46	32:04.016
27/79	OUWERKERK, KAITLIN	5377	32:12.574	06:26	10:21	5K30-39F	71/146	9/20	+00:09:50	32:09.152
28/79	LAM, CANDICE	5341	32:43.651	06:32	10:31	5K40-49F	72/146	3/17	+00:10:21	32:34.822
29/79	VEDRES, FAYLA	5410	32:58.207	06:35	10:36	5K30-39F	73/146	10/20	+00:10:35	32:49.438
30/79	WYNDER, AVERY	5421	33:19.299	06:39	10:42	5K20-29F	74/146	8/15	+00:10:56	33:02.088
31/79	WOOLF, SYDNEY	5420	33:22.182	06:40	10:43	5K16-19F	75/146	2/2	+00:10:59	33:16.753
32/79	GEDRASIK, TERRI	5436	33:30.409	06:42	10:46	5K30-39F	77/146	11/20	+00:11:07	33:18.788
33/79	KIENZLE, NICOLE	5334	33:49.908	06:45	10:52	5K40-49F	78/146	4/17	+00:11:27	33:42.216
34/79	KAISER, CHANTELLE	5332	33:54.948	06:46	10:54	5K20-29F	79/146	9/15	+00:11:32	33:43.764
35/79	GEERAERT, ARLENE	5311	34:11.085	06:50	10:59	5K50-59F	81/146	5/8	+00:11:48	33:58.523
36/79	SLUSAR, HILLARY	5404	34:22.228	06:52	11:03	5K30-39F	82/146	12/20	+00:11:59	34:07.860
37/79	KOLLIAS, DONELL	5335	34:23.752	06:52	11:03	5K40-49F	84/146	5/17	+00:12:01	34:09.004
38/79	LOWEN, YVETTE	5351	34:32.893	06:54	11:06	5K30-39F	86/146	13/20	+00:12:10	34:24.123
39/79	MCKINNON, LORREE	5363	34:55.602	06:59	11:13	5K40-49F	87/146	6/17	+00:12:33	34:52.300
40/79	OSBERG, SHERI	5376	34:55.768	06:59	11:13	5K50-59F	88/146	6/8	+00:12:33	34:52.348
41/79	MADDAFORD, BREANNA	5355	35:09.196	07:01	11:18	5K11&UF	89/146	4/12	+00:12:46	35:00.366
42/79	BENNIS, MONICA	5274	35:09.242	07:01	11:18	5K40-49F	90/146	7/17	+00:12:46	34:57.023
43/79	FONTAINE, ABI	5303	36:14.866	07:14	11:39	5K20-29F	92/146	10/15	+00:13:52	36:01.480
44/79	MOORE, ADRIA	5369	36:52.717	07:22	11:51	5K11&UF	93/146	5/12	+00:14:30	36:44.524
45/79	MOORE, RALNA	5371	37:03.640	07:24	11:54	5K40-49F	95/146	8/17	+00:14:41	36:54.930
46/79	MILROY, MARY	5367	37:18.452	07:27	11:59	5K40-49F	97/146	9/17	+00:14:56	37:09.497
47/79	PHILLIPS, BARB	5378	37:35.913	07:31	12:05	5K70+F	98/146	1/1	+00:15:13	37:18.381
48/79	BRAICO, TEGAN	5281	37:37.906	07:31	12:06	5K11&UF	99/146	6/12	+00:15:15	37:12.216
49/79	BRAICO, SARAH	5280	37:39.639	07:31	12:06	5K30-39F	100/146	14/20	+00:15:17	37:15.246
50/79	KABANDIZE, DENISE	5331	39:05.560	07:49	12:34	5K40-49F	103/146	10/17	+00:16:43	38:53.781
51/79	HILDEBRAND, NIKKI	5326	39:26.562	07:53	12:40	5K20-29F	106/146	11/15	+00:17:04	39:07.307
52/79	HILDEBRAND, DEIDRE	5325	39:26.654	07:53	12:40	5K60-69F	107/146	1/2	+00:17:04	39:07.845
53/79	BATES, ZANDRIA-LYNN	5271	39:42.311	07:56	12:46	5K20-29F	109/146	12/15	+00:17:19	39:21.043

2022 Lethbridge Police Half, 10K, 5K

Overall Gender Results

5K Run - 3.1 Miles

146 Finishers

Female 79 Finishers

Gen/PI	Name	Bib#	Time	Pace/k	Pace/m	Category	O/A/PI	Cat/PI	Offset	Chip Time
54/79	SCHELLENBERG, SAYLOR	5395	39:56.490	07:59	12:50	5K11&UF	111/146	7/12	+00:17:34	39:36.376
55/79	GUDMUNDSON, REBECCA	5318	40:26.232	08:05	13:00	5K30-39F	113/146	15/20	+00:18:03	39:57.251
56/79	POLLARD, LESLIE	5381	40:27.755	08:05	13:00	5K40-49F	114/146	11/17	+00:18:05	40:00.125
57/79	HOFFMAN, JESSICA	5328	40:29.795	08:05	13:01	5K30-39F	115/146	16/20	+00:18:07	40:00.895
58/79	BINETRUY, TAYLOR	5437	40:35.185	08:07	13:03	5K20-29F	116/146	13/15	+00:18:12	40:16.296
59/79	SCOTT, BRENNNA	5396	41:08.348	08:13	13:13	5K20-29F	117/146	14/15	+00:18:45	41:03.237
60/79	MARTIN, BOBBI-JO	5359	42:10.153	08:26	13:33	5K50-59F	119/146	7/8	+00:19:47	41:48.884
61/79	BALANDJE, NICOLE	5267	42:37.457	08:31	13:42	5K40-49F	120/146	12/17	+00:20:15	42:25.557
62/79	GREEP, GEMMA	5440	42:54.333	08:34	13:47	5K11&UF	121/146	8/12	+00:20:31	42:41.553
63/79	LACUSTA, CHANTEL	5340	44:05.956	08:49	14:10	5K20-29F	123/146	15/15	+00:21:43	43:52.976
64/79	FIRST CHARGER, RAE MARIE	5302	44:06.074	08:49	14:10	5K11&UF	124/146	9/12	+00:21:43	43:52.700
65/79	FONTAINE, JAIME	5304	45:49.314	09:09	14:44	5K40-49F	125/146	13/17	+00:23:26	45:35.934
66/79	CHIEF MOON, KRISSY	5287	45:49.714	09:09	14:44	5K30-39F	126/146	17/20	+00:23:27	42:10.688
67/79	YASINSKI, CADEN	5423	45:49.971	09:09	14:44	5K11&UF	127/146	10/12	+00:23:27	45:32.741
68/79	WILLIAMS, NICOLE	5417	48:39.545	09:43	15:38	5K30-39F	131/146	18/20	+00:26:17	48:21.559
69/79	HENRY, HEATHER	5324	49:23.345	09:52	15:52	5K50-59F	132/146	8/8	+00:27:00	49:01.560
70/79	WELLS, GERMAIN	5413	49:52.500	09:58	16:02	5K40-49F	133/146	14/17	+00:27:30	49:33.247
71/79	SHOUTING, TAMARA	5398	50:33.702	10:06	16:15	5K40-49F	134/146	15/17	+00:28:11	50:13.074
72/79	LIGHT, LIZZIE	5443	52:58.545	10:35	17:02	5K11&UF	135/146	11/12	+00:30:36	52:50.750
73/79	LIGHT, CHRISTINE	5441	53:14.272	10:38	17:07	5K40-49F	136/146	16/17	+00:30:51	53:06.423
74/79	DEBOER, KARY	5294	53:32.342	10:42	17:12	5K30-39F	138/146	19/20	+00:31:09	53:08.355
75/79	ULRICH, JENNIFER	5408	57:57.020	11:35	18:38	5K40-49F	140/146	17/17	+00:35:34	57:46.080
76/79	FOREMAN, TAMMI	5308	1:02:06.228	12:25	19:58	5K30-39F	142/146	20/20	+00:39:43	1:01:27.621
77/79	FOREMAN, SUTTON	5307	1:02:08.549	12:25	19:58	5K11&UF	144/146	12/12	+00:39:46	1:01:30.119
78/79	WELLS, OCEAN	5414	1:02:52.189	12:34	20:12	5K12-15F	145/146	2/2	+00:40:29	1:02:52.189
79/79	OKA-WELLS, VERONICA	5375	1:02:56.363	12:35	20:14	5K60-69F	146/146	2/2	+00:40:33	1:02:32.309

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Gender win time hh:mm:ss

Overall Gender Results

5K Run - 3.1 Miles

146 Finishers

Male 67 Finishers

Gen/PI	Name	Bib#	Time	Pace/k	Pace/m	Category	O/A/PI	Cat/PI	Offset	Chip Time
1/67	HILLIER, ZACHARY	5327	19:02.972	03:48	06:07	5K12-15M	1/146	1/10	+00:00:00	19:02.297
2/67	MADDAFORD, TROY	5357	21:24.769	04:16	06:53	5K40-49M	2/146	1/14	+00:02:21	20:35.000
3/67	SWIFT, CONRAD	5432	21:59.902	04:23	07:04	5K16-19M	3/146	1/4	+00:02:56	21:52.773
4/67	BIDARIAN, ARMAN	5275	22:44.831	04:32	07:18	5K16-19M	5/146	2/4	+00:03:41	22:31.652
5/67	ZWARTBOL, STEVE	5427	23:09.276	04:37	07:26	5K30-39M	7/146	1/16	+00:04:06	23:07.374
6/67	ZWARTBOL, EVAN	5426	23:09.370	04:37	07:26	5K11&UM	8/146	1/11	+00:04:06	23:07.952
7/67	LIGHT, ZACH	5442	23:37.259	04:43	07:35	5K12-15M	9/146	2/10	+00:04:34	23:30.648
8/67	GOERTZ, BRADY	5314	23:44.807	04:44	07:38	5K30-39M	10/146	2/16	+00:04:41	23:42.063
9/67	MANN, BRADEN	5358	24:06.791	04:49	07:45	5K20-29M	11/146	1/5	+00:05:03	24:02.897
10/67	GETZ, CONNOR	5313	24:08.548	04:49	07:45	5K20-29M	12/146	2/5	+00:05:05	24:04.535
11/67	BOURNE, BARON	5278	24:08.970	04:49	07:45	5K12-15M	13/146	3/10	+00:05:05	24:05.351
12/67	BURLEIGH, ADAM	5283	24:19.517	04:51	07:49	5K30-39M	14/146	3/16	+00:05:16	24:13.966
13/67	MILROY, KYE	5366	24:43.541	04:56	07:57	5K16-19M	16/146	3/4	+00:05:40	24:33.809
14/67	SLINGERLAND, RILEY	5403	24:45.368	04:57	07:57	5K11&UM	17/146	2/11	+00:05:42	24:44.068
15/67	FEENSTRA, BANIER	5300	24:48.228	04:57	07:58	5K70+M	18/146	1/2	+00:05:45	24:46.927
16/67	LOW, TAIT	5349	25:23.570	05:04	08:09	5K12-15M	20/146	4/10	+00:06:20	25:16.437
17/67	GROTEN, JOSH	5317	25:39.790	05:07	08:15	5K50-59M	21/146	1/3	+00:06:36	25:25.420
18/67	DAVIS, PARKER	5291	26:31.189	05:18	08:31	5K12-15M	24/146	5/10	+00:07:28	26:16.535
19/67	WOOLF, AIDAN	5419	26:41.664	05:20	08:35	5K12-15M	25/146	6/10	+00:07:38	26:37.132
20/67	LORENZ, ABBOTT	5343	26:50.176	05:22	08:37	5K11&UM	26/146	3/11	+00:07:47	26:49.384
21/67	PIPER, DUANE	5380	26:50.266	05:22	08:37	5K30-39M	27/146	4/16	+00:07:47	26:44.633
22/67	LORENZ, BRENT	5344	26:50.336	05:22	08:37	5K40-49M	28/146	2/14	+00:07:47	26:49.233
23/67	REMPEL, SHAWN	5388	27:05.805	05:25	08:42	5K30-39M	29/146	5/16	+00:08:02	26:57.565
24/67	LOW, SOLON	5348	27:20.921	05:28	08:47	5K11&UM	30/146	4/11	+00:08:17	27:14.108
25/67	ELLIS, JASON	5298	27:28.210	05:29	08:49	5K40-49M	31/146	3/14	+00:08:25	27:15.310
26/67	DAVIS, PAUL	5292	27:46.702	05:33	08:55	5K40-49M	33/146	4/14	+00:08:43	27:32.957
27/67	FIRST CHARGER, HUSKY	5301	28:02.686	05:36	09:01	5K30-39M	36/146	6/16	+00:08:59	27:48.434
28/67	MCINTYRE, CORIGAN	5361	28:13.515	05:38	09:04	5K12-15M	38/146	7/10	+00:09:10	28:00.615
29/67	MCINTYRE, DAN	5362	28:20.757	05:40	09:06	5K40-49M	39/146	5/14	+00:09:17	28:07.853
30/67	POTE, JIMMY	5383	28:23.921	05:40	09:07	5K60-69M	40/146	1/2	+00:09:20	28:17.250
31/67	GALLANT, BRAD	5374	28:28.586	05:41	09:09	5K40-49M	41/146	6/14	+00:09:25	28:12.237
32/67	BARRUS, WYATT	5269	28:55.421	05:47	09:18	5K16-19M	44/146	4/4	+00:09:52	28:38.992
33/67	BARRUS, JARED	5268	29:00.319	05:48	09:19	5K40-49M	45/146	7/14	+00:09:57	28:43.765
34/67	LOW, MICHAEL	5347	29:02.006	05:48	09:20	5K30-39M	47/146	7/16	+00:09:59	28:54.996
35/67	MACLEOD, ROY	5354	29:25.724	05:53	09:27	5K70+M	48/146	2/2	+00:10:22	29:08.115
36/67	JUELL, DAVIS	5409	29:27.131	05:53	09:28	5K20-29M	50/146	3/5	+00:10:24	29:22.398
37/67	HYGGEN, BRAYLON	5330	29:31.085	05:54	09:29	5K40-49M	51/146	8/14	+00:10:28	29:30.208
38/67	RICE, KYLE	5390	29:37.349	05:55	09:31	5K30-39M	52/146	8/16	+00:10:34	29:24.646
39/67	YAVITU, MIKA	5428	29:41.966	05:56	09:32	5K11&UM	54/146	5/11	+00:10:38	29:27.136
40/67	SWIFT, ISAAC	5434	30:23.849	06:04	09:46	5K12-15M	58/146	8/10	+00:11:20	30:15.998
41/67	SWIFT, ANDREW	5435	30:24.832	06:04	09:46	5K40-49M	59/146	9/14	+00:11:21	30:17.362
42/67	CAMPBELL, TANNER	5285	30:49.840	06:09	09:54	5K20-29M	63/146	4/5	+00:11:46	30:44.490
43/67	SLINGERLAND, DARCY	5400	31:45.505	06:21	10:12	5K30-39M	66/146	9/16	+00:12:42	31:42.886
44/67	GEERAERT, MITCHELL	5312	31:59.003	06:23	10:17	5K20-29M	69/146	5/5	+00:12:56	31:46.024
45/67	KRIZSAN, DERRICK	5337	33:24.503	06:40	10:44	5K50-59M	76/146	2/3	+00:14:21	33:08.428
46/67	ARNETT, MARTYN	5266	34:06.149	06:49	10:57	5K50-59M	80/146	3/3	+00:15:03	33:56.416
47/67	SLUSAR, TAYLOR	5405	34:22.978	06:52	11:03	5K30-39M	83/146	10/16	+00:15:20	34:08.924
48/67	LOWEN, PETER	5350	34:32.190	06:54	11:06	5K11&UM	85/146	6/11	+00:15:29	34:23.241
49/67	MILLER, BRENT	5365	35:59.164	07:11	11:34	5K40-49M	91/146	10/14	+00:16:56	35:48.132
50/67	MOORE, JADEN	5370	36:53.584	07:22	11:51	5K12-15M	94/146	9/10	+00:17:50	36:51.325
51/67	POLLARD, RIVER	5382	37:13.202	07:26	11:58	5K11&UM	96/146	7/11	+00:18:10	36:45.513
52/67	BRAICO, DAN	5279	37:39.765	07:31	12:06	5K30-39M	101/146	11/16	+00:18:36	37:13.193
53/67	TIEFENBACH, RICH	5438	38:57.521	07:47	12:31	5K60-69M	102/146	2/2	+00:19:54	38:37.412

2022 Lethbridge Police Half, 10K, 5K

Overall Gender Results

5K Run - 3.1 Miles

146 Finishers

Male 67 Finishers

Gen/PI	Name	Bib#	Time	Pace/k	Pace/m	Category	O/A/PI	Cat/PI	Offset	Chip Time
54/67	SLINGERLAND, JAIMIE	5402	39:13.552	07:50	12:36	5K30-39M	104/146	12/16	+00:20:10	39:11.649
55/67	SLINGERLAND, DENVER	5401	39:15.289	07:51	12:37	5K11&UM	105/146	8/11	+00:20:12	39:13.029
56/67	MOORE, AARON	5368	39:33.334	07:54	12:43	5K40-49M	108/146	11/14	+00:20:30	39:24.261
57/67	BATES, MICHAEL	5270	39:42.614	07:56	12:46	5K40-49M	110/146	12/14	+00:20:39	39:21.486
58/67	SHELLENBERG, JORDAN	5394	39:56.514	07:59	12:50	5K30-39M	112/146	13/16	+00:20:53	39:36.461
59/67	YAVITU, ETHAN	5429	41:48.404	08:21	13:26	5K11&UM	118/146	9/11	+00:22:45	41:33.135
60/67	GREEP, JUSTIN	5439	42:54.730	08:34	13:47	5K30-39M	122/146	14/16	+00:23:51	42:42.568
61/67	YASINSKI, WES	5424	45:54.728	09:10	14:45	5K40-49M	128/146	13/14	+00:26:51	45:37.656
62/67	DE KREEK, KEVIN	5293	46:51.892	09:22	15:04	5K40-49M	129/146	14/14	+00:27:48	46:32.443
63/67	WILLIAMS, COLBY	5415	48:38.932	09:43	15:38	5K11&UM	130/146	10/11	+00:29:35	48:19.344
64/67	DEBOER, MARK	5295	53:32.248	10:42	17:12	5K30-39M	137/146	15/16	+00:34:29	53:08.718
65/67	SHOUTING, EDWARD	5397	56:54.654	11:22	18:17	5K12-15M	139/146	10/10	+00:37:51	56:31.391
66/67	FOREMAN, PARKER	5306	1:02:06.136	12:25	19:58	5K11&UM	141/146	11/11	+00:43:03	1:01:25.910
67/67	FOREMAN, JOSHUA	5305	1:02:07.729	12:25	19:58	5K30-39M	143/146	16/16	+00:43:04	1:01:27.359