

2023 Lethbridge Police Half, 10K, 5K

Overall Gender Results

10K/6.21 Miles

141 Finishers

Female 89 Finishers

Gen/PI	Name	Bib#	Time	Pace/K	Category	O/A/PI	Cat/PI	Offset	Chip Time
1/89	PINDER, ERIN	1210	45:35.953	04:33	10K40-49F	7/141	1/17	+00:00:00	45:31.210
2/89	WILLIAMS, MARIN	1242	45:40.805	04:34	10K20-29F	8/141	1/20	+00:00:04	45:39.178
3/89	LANDRY, STEPHANIE	1183	46:20.203	04:38	10K30-39F	9/141	1/34	+00:00:44	46:19.417
4/89	BURGESS, NICOLE	1126	47:21.070	04:44	10K12-15F	11/141	1/2	+00:01:45	47:16.047
5/89	GALLAGHER, DIANE	1152	48:33.421	04:51	10K40-49F	13/141	2/17	+00:02:57	48:31.353
6/89	FRIESEN, HELENA	1257	50:00.796	05:00	10K30-39F	15/141	2/34	+00:04:24	49:59.935
7/89	QUINTON, BROOKLYN	1275	51:27.584	05:08	10K30-39F	22/141	3/34	+00:05:51	51:12.000
8/89	CATONIO, CIANA	1127	53:00.209	05:18	10K16-19F	27/141	1/2	+00:07:24	53:00.203
9/89	BEKEOVA, MARTA	1112	53:06.256	05:18	10K40-49F	28/141	3/17	+00:07:30	53:01.930
10/89	DYER, FIONA	1254	53:34.779	05:21	10K50-59F	29/141	1/11	+00:07:58	53:27.920
11/89	PETTY, SARAH	1208	53:53.458	05:23	10K30-39F	31/141	4/34	+00:08:17	53:52.212
12/89	MCGINNIS, SHAWNEY	1197	54:04.896	05:24	10K30-39F	32/141	5/34	+00:08:28	53:56.877
13/89	OGONOSKI, SHAWNA	1202	55:15.348	05:31	10K50-59F	35/141	2/11	+00:09:39	55:12.043
14/89	FEHR, CADENCE	1146	55:16.123	05:31	10K12-15F	37/141	2/2	+00:09:40	55:13.513
15/89	BRUGGER, CAITLYN	1124	55:16.356	05:31	10K30-39F	38/141	6/34	+00:09:40	55:05.238
16/89	CHRISTIANSEN, OSHANA	1130	55:22.262	05:32	10K30-39F	39/141	7/34	+00:09:46	55:16.321
17/89	PLAUSTEINER, LISA	1212	55:25.052	05:32	10K40-49F	40/141	4/17	+00:09:49	55:16.916
18/89	LEAF, ALYSSA	1188	55:39.325	05:33	10K20-29F	41/141	2/20	+00:10:03	55:34.280
19/89	KIRKBY, FIONA	1177	56:15.185	05:37	10K40-49F	43/141	5/17	+00:10:39	56:11.880
20/89	WALKER, ASHLEY	1268	56:27.207	05:38	10K30-39F	44/141	8/34	+00:10:51	56:15.852
21/89	HEGGIE, JENNA	1260	56:30.020	05:39	10K30-39F	45/141	9/34	+00:10:54	56:14.833
22/89	BARKER, LINDSAY	1111	56:33.420	05:39	10K30-39F	48/141	10/34	+00:10:57	56:28.096
23/89	HORON, EMMA	1189	56:33.559	05:39	10K30-39F	49/141	11/34	+00:10:57	56:28.078
24/89	KUBE, MARIE	1181	56:41.551	05:40	10K60-69F	50/141	1/2	+00:11:05	56:40.582
25/89	ENFIELD, KASSIE	1143	56:42.980	05:40	10K20-29F	51/141	3/20	+00:11:07	56:38.256
26/89	VANDEN DOOL, GRACE	1234	57:11.481	05:43	10K50-59F	53/141	3/11	+00:11:35	56:59.554
27/89	GRASMEYER, LAUREN	1160	57:12.372	05:43	10K20-29F	54/141	4/20	+00:11:36	57:08.808
28/89	HAMILTON, KRISTIN	1162	57:20.316	05:44	10K30-39F	56/141	12/34	+00:11:44	57:17.911
29/89	FYFE, INDIE	1150	57:21.394	05:44	10K30-39F	57/141	13/34	+00:11:45	57:16.486
30/89	VINK, NADIA	1236	57:23.622	05:44	10K20-29F	58/141	5/20	+00:11:47	57:19.555
31/89	GRASMEYER, MICAH	1161	57:23.715	05:44	10K20-29F	59/141	6/20	+00:11:47	57:19.810
32/89	SOUSTER, MADISON	1225	57:23.762	05:44	10K20-29F	60/141	7/20	+00:11:47	57:19.518
33/89	BIDARIAN, BETH	1116	58:17.645	05:49	10K50-59F	61/141	4/11	+00:12:41	57:30.952
34/89	MCINTYRE, JESSICA	1200	58:58.286	05:53	10K30-39F	63/141	14/34	+00:13:22	58:51.311
35/89	COLBURN-SWARTZ, KATHERINE	1133	1:00:16.589	06:01	10K20-29F	68/141	8/20	+00:14:40	1:00:12.265
36/89	HITCHCOCK, STEPHANIE	1168	1:00:17.034	06:01	10K30-39F	69/141	15/34	+00:14:41	1:00:02.986
37/89	GOGOWICH, MEGAN	1259	1:00:22.929	06:02	10K20-29F	70/141	9/20	+00:14:46	1:00:13.333
38/89	WILLIAMS, SARA	1244	1:00:41.526	06:04	10K30-39F	71/141	16/34	+00:15:05	1:00:36.000
39/89	ZUIDAM, ROMY	1250	1:02:11.339	06:13	10K30-39F	78/141	17/34	+00:16:35	1:02:00.304
40/89	OLDERSKOG, KAYLEE	1204	1:02:23.265	06:14	10K30-39F	79/141	18/34	+00:16:47	1:02:10.780
41/89	JERAJ, ALYA	1174	1:02:56.123	06:17	10K30-39F	80/141	19/34	+00:17:20	1:02:47.226
42/89	PRICE, MARION	1213	1:03:13.794	06:19	10K50-59F	81/141	5/11	+00:17:37	1:03:06.180
43/89	ARIK, KATELYN	1109	1:04:24.198	06:26	10K20-29F	84/141	10/20	+00:18:48	1:04:10.534
44/89	MPOFU, MEL	1265	1:04:30.222	06:27	10K40-49F	85/141	6/17	+00:18:54	1:04:18.743
45/89	KLASSEN, COLLEEN	1178	1:04:53.284	06:29	10K20-29F	86/141	11/20	+00:19:17	1:04:48.836
46/89	WEST, KATIE	1241	1:05:17.634	06:31	10K20-29F	87/141	12/20	+00:19:41	1:05:07.759
47/89	PRICE, RACHEL	1214	1:05:38.634	06:33	10K30-39F	88/141	20/34	+00:20:02	1:05:26.145
48/89	BOEHME, EMILY	1251	1:05:39.666	06:33	10K40-49F	89/141	7/17	+00:20:03	1:05:37.342
49/89	BOEHME, MADDI	1252	1:05:40.063	06:34	10K20-29F	90/141	13/20	+00:20:04	1:05:37.739
50/89	HILLIARD, KATY	1167	1:05:45.690	06:34	10K30-39F	92/141	21/34	+00:20:09	1:05:31.520
51/89	GINTER, KARLA	1156	1:05:53.447	06:35	10K40-49F	93/141	8/17	+00:20:17	1:05:42.468
52/89	LYONS, SHAYE	1190	1:05:58.555	06:35	10K20-29F	94/141	14/20	+00:20:22	1:05:58.150
53/89	MCDONALD, ASHLEIGH	1195	1:06:25.556	06:38	10K30-39F	95/141	22/34	+00:20:49	1:06:21.891

2023 Lethbridge Police Half, 10K, 5K

Overall Gender Results

10K/6.21 Miles

141 Finishers

Female 89 Finishers

Gen/PI	Name	Bib#	Time	Pace/K	Category	O/A/PI	Cat/PI	Offset	Chip Time
54/89	KOCSIS, BRIANNE	1262	1:06:36.877	06:39	10K20-29F	96/141	15/20	+00:21:00	1:06:33.892
55/89	DYCK, DIANE	1140	1:06:54.549	06:41	10K50-59F	98/141	6/11	+00:21:18	1:06:50.982
56/89	OHLMANN, NIKKI	1203	1:06:59.189	06:41	10K30-39F	99/141	23/34	+00:21:23	1:06:51.173
57/89	PLANGER, MELISSA	1211	1:07:15.220	06:43	10K40-49F	101/141	9/17	+00:21:39	1:07:02.730
58/89	IWAASA, HAILEY	1171	1:07:20.331	06:44	10K16-19F	102/141	2/2	+00:21:44	1:06:55.347
59/89	IWAASA, DAWN	1170	1:07:22.112	06:44	10K40-49F	103/141	10/17	+00:21:46	1:06:57.127
60/89	BLOCK, CHELSEA	1120	1:07:40.604	06:46	10K30-39F	104/141	24/34	+00:22:04	1:07:33.388
61/89	BOULTER, LEAH	1121	1:08:12.762	06:49	10K50-59F	105/141	7/11	+00:22:36	1:08:00.157
62/89	MCGALE, KAREN	1264	1:08:28.862	06:50	10K50-59F	106/141	8/11	+00:22:52	1:08:19.848
63/89	DIAS, CAMILA	1134	1:09:01.181	06:54	10K30-39F	107/141	25/34	+00:23:25	1:08:48.294
64/89	EASTER, KARLY	1141	1:09:08.026	06:54	10K30-39F	108/141	26/34	+00:23:32	1:08:53.452
65/89	VELDBOOM, OLIVIA	1235	1:09:38.025	06:57	10K20-29F	110/141	16/20	+00:24:02	1:09:24.960
66/89	DUURSMA, JACLYN	1139	1:10:11.047	07:01	10K20-29F	112/141	17/20	+00:24:35	1:10:05.443
67/89	BESTE, CHELSEY	1115	1:10:11.516	07:01	10K20-29F	113/141	18/20	+00:24:35	1:10:01.180
68/89	COLBURN-SWARTZ, CAROLINE	1132	1:10:12.383	07:01	10K20-29F	114/141	19/20	+00:24:36	1:10:08.058
69/89	TURNBULL, JENNY	1230	1:10:17.399	07:01	10K30-39F	115/141	27/34	+00:24:41	1:10:07.922
70/89	BENTLEY, ROBYN	1113	1:10:21.759	07:02	10K30-39F	116/141	28/34	+00:24:45	1:10:08.373
71/89	HATCH, SHAUNA	1164	1:10:51.735	07:05	10K40-49F	117/141	11/17	+00:25:15	1:10:04.580
72/89	LARSEN, HANNAH	1186	1:10:51.898	07:05	10K20-29F	118/141	20/20	+00:25:15	1:10:40.662
73/89	DJOKOTO-ASEM, EDNA	1135	1:11:15.700	07:07	10K50-59F	119/141	9/11	+00:25:39	1:11:10.977
74/89	GONZALEZ, CLAUDIA	1159	1:12:22.180	07:14	10K40-49F	121/141	12/17	+00:26:46	1:11:34.186
75/89	WALLER, ANKE	1237	1:13:33.429	07:21	10K30-39F	123/141	29/34	+00:27:57	1:13:22.654
76/89	KLASSEN, NAOMI	1180	1:15:15.850	07:31	10K40-49F	125/141	13/17	+00:29:39	1:15:02.726
77/89	KADIJK, SYLVIA	1176	1:17:27.919	07:44	10K40-49F	126/141	14/17	+00:31:51	1:17:22.512
78/89	MARTIN, DAWN	1194	1:17:33.848	07:45	10K60-69F	127/141	2/2	+00:31:57	1:17:23.907
79/89	WILLIAMS, NICOLE	1243	1:17:33.871	07:45	10K30-39F	128/141	30/34	+00:31:57	1:17:23.993
80/89	VAN GUNST, SARAH	1232	1:26:17.324	08:37	10K30-39F	130/141	31/34	+00:40:41	1:26:07.070
81/89	WEST, AMY	1240	1:26:17.511	08:37	10K30-39F	131/141	32/34	+00:40:41	1:26:06.856
82/89	BALANDJE, NICOLE	1153	1:26:57.940	08:41	10K40-49F	133/141	15/17	+00:41:21	1:26:45.057
83/89	PETERSEN, BETH	1207	1:27:03.002	08:42	10K70+F	134/141	1/1	+00:41:27	1:26:53.323
84/89	BARANYAY, KIERA	1110	1:31:05.225	09:06	10K30-39F	135/141	33/34	+00:45:29	1:30:52.338
85/89	LYSTER, ERIN	1191	1:31:05.340	09:06	10K30-39F	136/141	34/34	+00:45:29	1:30:52.276
86/89	VAN EGMOND, JULIE	1231	1:32:36.767	09:15	10K40-49F	137/141	16/17	+00:47:00	1:32:30.271
87/89	KUCEY, LEANNE	1182	1:32:36.932	09:15	10K40-49F	138/141	17/17	+00:47:00	1:32:30.357
88/89	BENTLEY, SUE	1114	1:42:06.253	10:12	10K50-59F	139/141	10/11	+00:56:30	1:41:32.984
89/89	CLARK, DONICA	1131	1:42:07.189	10:12	10K50-59F	140/141	11/11	+00:56:31	1:41:34.527

2023 Lethbridge Police Half, 10K, 5K

Overall Gender Results

10K/6.21 Miles

141 Finishers

Male 52 Finishers

Gen/PI	Name	Bib#	Time	Pace/K	Category	O/A/PI	Cat/PI	Offset	Chip Time
1/52	LAROUCHE, RICHARD	1185	34:37.321	03:27	10K30-39M	1/141	1/15	+00:00:00	34:37.313
2/52	FRIESEN, CHARLES	1256	39:35.255	03:57	10K40-49M	2/141	1/14	+00:04:57	39:32.429
3/52	WARD, KIERAN	1269	42:16.856	04:13	10K40-49M	3/141	2/14	+00:07:39	42:15.130
4/52	MCINTYRE, GAVIN	1199	43:07.081	04:18	10K12-15M	4/141	1/2	+00:08:29	43:06.051
5/52	GALLAGHER, CHRIS	1151	43:49.105	04:22	10K50-59M	5/141	1/4	+00:09:11	43:47.379
6/52	ROOT, WESLEY	1217	44:49.899	04:28	10K20-29M	6/141	1/10	+00:10:12	44:48.175
7/52	FRIESEN, ZACHARY	1142	47:12.726	04:43	10K20-29M	10/141	2/10	+00:12:35	47:11.822
8/52	PIECHARKA, KENNY	1209	47:43.194	04:46	10K40-49M	12/141	3/14	+00:13:05	47:41.569
9/52	GOERTZ, BRADY	1157	48:34.709	04:51	10K30-39M	14/141	2/15	+00:13:57	48:34.022
10/52	STANLEY, SHELDON	1226	50:01.030	05:00	10K30-39M	16/141	3/15	+00:15:23	49:57.045
11/52	ARGYLE, GRAHAM	1108	50:04.147	05:00	10K60-69M	17/141	1/2	+00:15:26	49:56.134
12/52	ZENTNER, BRAYDEN	1249	50:20.014	05:02	10K30-39M	18/141	4/15	+00:15:42	50:15.570
13/52	FITZGERALD, JONATHAN	1255	51:01.101	05:06	10K20-29M	19/141	3/10	+00:16:23	50:59.852
14/52	BRUINING, MICHAEL	1125	51:17.202	05:07	10K30-39M	20/141	5/15	+00:16:39	51:13.217
15/52	MCINTYRE, CORIGAN	1198	51:24.233	05:08	10K12-15M	21/141	2/2	+00:16:46	51:23.448
16/52	GOMEZ, LUIS	1158	51:27.632	05:08	10K40-49M	23/141	4/14	+00:16:50	51:25.025
17/52	HOOGERDYK, JETHRO	1261	51:48.538	05:10	10K20-29M	24/141	4/10	+00:17:11	51:47.571
18/52	FROESE, ARNALDO	1149	52:48.819	05:16	10K20-29M	25/141	5/10	+00:18:11	52:47.958
19/52	RIBAR, HAROLD	1216	52:57.068	05:17	10K70+M	26/141	1/4	+00:18:19	52:54.282
20/52	SOMMERVILLE, ANDREW	1224	53:50.576	05:23	10K40-49M	30/141	5/14	+00:19:13	53:38.999
21/52	DEVINE, AARON	1253	54:07.849	05:24	10K40-49M	33/141	6/14	+00:19:30	53:53.273
22/52	DYCK, GREG	1271	54:34.939	05:27	10K50-59M	34/141	2/4	+00:19:57	54:26.523
23/52	CHAPMAN, WES	1274	55:16.099	05:31	10K30-39M	36/141	6/15	+00:20:38	55:12.351
24/52	MCDONALD, JASON	1196	55:50.459	05:35	10K30-39M	42/141	7/15	+00:21:13	55:46.674
25/52	JURGENS, CODY	1175	56:30.352	05:39	10K30-39M	46/141	8/15	+00:21:53	56:25.309
26/52	SGRAZZUTTI, GRAEME	1273	56:32.317	05:39	10K20-29M	47/141	6/10	+00:21:54	56:16.178
27/52	ZAPLACHINSKI, JIM	1248	57:04.543	05:42	10K50-59M	52/141	3/4	+00:22:27	56:48.697
28/52	SEMENUIK, RICK	1220	57:20.247	05:44	10K40-49M	55/141	7/14	+00:22:42	57:18.122
29/52	SMITH, CORWIN	1223	58:18.161	05:49	10K30-39M	62/141	9/15	+00:23:40	58:06.984
30/52	FAIRS, TIM	1144	59:24.982	05:56	10K30-39M	64/141	10/15	+00:24:47	59:10.260
31/52	PAHULJE, STEFAN	1206	59:27.582	05:56	10K30-39M	65/141	11/15	+00:24:50	59:16.344
32/52	SCHLOSSER, RILEY	1219	59:31.284	05:57	10K30-39M	66/141	12/15	+00:24:53	59:16.561
33/52	HICKS, TROY	1165	59:43.612	05:58	10K40-49M	67/141	8/14	+00:25:06	59:42.068
34/52	LAYTON, ADAM	1187	1:00:58.543	06:05	10K20-29M	72/141	7/10	+00:26:21	1:00:50.689
35/52	LARSEN, COLLIN	1263	1:01:10.424	06:07	10K20-29M	73/141	8/10	+00:26:33	1:00:59.885
36/52	WILLIAMSON, ROB	1246	1:01:16.260	06:07	10K40-49M	74/141	9/14	+00:26:38	1:01:06.985
37/52	KLASSEN, LES	1179	1:01:32.010	06:09	10K40-49M	75/141	10/14	+00:26:54	1:01:24.155
38/52	POETTCKER, STEPHEN	1267	1:01:49.118	06:10	10K40-49M	76/141	11/14	+00:27:11	1:01:41.424
39/52	MAATJE, JOHAN	1192	1:01:53.946	06:11	10K50-59M	77/141	4/4	+00:27:16	1:01:46.326
40/52	REDFORD, JEFF	1215	1:03:59.941	06:23	10K30-39M	82/141	13/15	+00:29:22	1:03:53.266
41/52	CHRISTIANSEN, JORGE	1129	1:04:14.707	06:25	10K40-49M	83/141	12/14	+00:29:37	1:04:08.703
42/52	HILLIARD, JEFF	1166	1:05:45.503	06:34	10K30-39M	91/141	14/15	+00:31:08	1:05:30.317
43/52	GIBSON, ANTHONY	1258	1:06:37.205	06:39	10K30-39M	97/141	15/15	+00:31:59	1:06:34.298
44/52	LANE, JALEN	1184	1:07:05.119	06:42	10K20-29M	100/141	9/10	+00:32:27	1:07:03.492
45/52	MACLEOD, ROY	1193	1:09:08.259	06:54	10K70+M	109/141	2/4	+00:34:30	1:08:53.659
46/52	FRANZ, DAVID	1147	1:09:42.009	06:58	10K40-49M	111/141	13/14	+00:35:04	1:09:31.754
47/52	ISAAK, ART	1169	1:11:45.476	07:10	10K70+M	120/141	3/4	+00:37:08	1:11:38.617
48/52	WALTON, EVAN	1239	1:12:22.296	07:14	10K16-19M	122/141	1/1	+00:37:44	1:11:31.809
49/52	SIMPSON, BRADY	1222	1:14:26.609	07:26	10K20-29M	124/141	10/10	+00:39:49	1:14:21.702
50/52	HANEY, KEVIN	1163	1:23:08.536	08:18	10K40-49M	129/141	14/14	+00:48:31	1:22:57.623
51/52	POYTRESS, ALAN	1272	1:26:30.075	08:39	10K60-69M	132/141	2/2	+00:51:52	1:25:55.247
52/52	BROWN, JERRY	1123	1:48:41.289	10:52	10K70+M	141/141	4/4	+01:14:03	1:48:07.361