

2023 Lethbridge Police Half, 10K, 5K

Overall Gender Award Results

Top 10 In Gender

10K/6.21 Miles

141 Finishers

Female 89 Finishers

Gen/PI	Name	Bib#	Time	Pace	Category	OA/PI	Cat/PI	Offset	City
1/89	PINDER, ERIN	1210	45:35.953	04:33	10K40-49F	7/141	1/17	+00:00:00	LETHBRIDGE
2/89	WILLIAMS, MARIN	1242	45:40.805	04:34	10K20-29F	8/141	1/20	+00:00:04	CARDSTON
3/89	LANDRY, STEPHANIE	1183	46:20.203	04:38	10K30-39F	9/141	1/34	+00:00:44	LETHBRIDGE
4/89	BURGESS, NICOLE	1126	47:21.070	04:44	10K12-15F	11/141	1/2	+00:01:45	LETHBRIDGE
5/89	GALLAGHER, DIANE	1152	48:33.421	04:51	10K40-49F	13/141	2/17	+00:02:57	COALDALE
6/89	FRIESEN, HELENA	1257	50:00.796	05:00	10K30-39F	15/141	2/34	+00:04:24	LETHBRIDGE
7/89	QUINTON, BROOKLYN	1275	51:27.584	05:08	10K30-39F	22/141	3/34	+00:05:51	CARDSTON
8/89	CATONIO, CIANA	1127	53:00.209	05:18	10K16-19F	27/141	1/2	+00:07:24	LETHBRIDGE
9/89	BEKEOVA, MARTA	1112	53:06.256	05:18	10K40-49F	28/141	3/17	+00:07:30	LETHBRIDGE
10/89	DYER, FIONA	1254	53:34.779	05:21	10K50-59F	29/141	1/11	+00:07:58	LETHBRIDGE

Male 52 Finishers

Gen/PI	Name	Bib#	Time	Pace	Category	OA/PI	Cat/PI	Offset	City
1/52	LAROCHE, RICHARD	1185	34:37.321	03:27	10K30-39M	1/141	1/15	+00:00:00	LETHBRIDGE
2/52	FRIESEN, CHARLES	1256	39:35.255	03:57	10K40-49M	2/141	1/14	+00:04:57	LETHBRIDGE
3/52	WARD, KIERAN	1269	42:16.856	04:13	10K40-49M	3/141	2/14	+00:07:39	LETHBRIDGE
4/52	MCINTYRE, GAVIN	1199	43:07.081	04:18	10K12-15M	4/141	1/2	+00:08:29	LETHBRIDGE
5/52	GALLAGHER, CHRIS	1151	43:49.105	04:22	10K50-59M	5/141	1/4	+00:09:11	COALDALE
6/52	ROOT, WESLEY	1217	44:49.899	04:28	10K20-29M	6/141	1/10	+00:10:12	COALDALE
7/52	FRIESEN, ZACHARY	1142	47:12.726	04:43	10K20-29M	10/141	2/10	+00:12:35	LECRETE
8/52	PIECHARKA, KENNY	1209	47:43.194	04:46	10K40-49M	12/141	3/14	+00:13:05	LETHBRIDGE
9/52	GOERTZ, BRADY	1157	48:34.709	04:51	10K30-39M	14/141	2/15	+00:13:57	COALDALE
10/52	STANLEY, SHELDON	1226	50:01.030	05:00	10K30-39M	16/141	3/15	+00:15:23	COALHURST