

OA/PI = Overall Placing  
 Cat/PI = Category Placing  
 Gen/PI = Overall Gender Placing

## Category Top Results

## TOP 5 In Category

## 10K Run - 6.21 Miles

## 531 Finishers

**10K11&UM (Male) - 2 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/2	STANDING ALONE, DASIUS	604	00:56:16.30	05:37	+00:00:00	196/531	119/222	LETHBRIDGE
2/2	HILL, SKYLER	315	01:03:56.80	06:23	+00:07:40	336/531	176/222	EDMONTON

**10K12-15F (Female) - 6 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/6	TRINH, MERCY	655	00:47:04.32	04:42	+00:00:00	51/531	12/309	LETHBRIDGE
2/6	SMITH, HANNAH	595	00:52:17.91	05:13	+00:05:13	112/531	34/309	RAYMOND
3/6	JOHNSON, MIKYLA	344	00:55:22.98	05:32	+00:08:18	167/531	59/309	RAYMOND
4/6	WILLIAMS, HAYLEE	700	00:55:39.87	05:33	+00:08:35	175/531	64/309	PINCHER CREEK
5/6	HAGLEY, SOMMER	290	00:59:19.35	05:55	+00:12:15	263/531	118/309	COLEMAN

**10K12-15M (Male) - 14 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/14	JENSEN, BROCK	340	00:38:05.11	03:48	+00:00:00	4/531	4/222	LETHBRIDGE
2/14	GOMEZ, CORBIN	275	00:45:19.68	04:31	+00:07:14	27/531	22/222	LETHBRIDGE
3/14	LICHTER, ETHAN	418	00:46:46.30	04:40	+00:08:41	44/531	36/222	LETHBRIDGE
4/14	SCHUH, NOAH	568	00:49:11.95	04:55	+00:11:06	69/531	52/222	COLEMAN
5/14	HIRSCHE, OAKLEY	319	00:49:25.72	04:56	+00:11:20	72/531	55/222	RAYMOND

**10K16-19F (Female) - 13 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/13	PEDERSEN, ELLEN	516	00:48:53.99	04:53	+00:00:00	66/531	17/309	LETHBRIDGE
2/13	BENNETT, ISABELLE	527	00:49:32.37	04:57	+00:00:38	73/531	18/309	TABER
3/13	DIXON, TEAGAN	120	00:50:48.23	05:04	+00:01:54	93/531	28/309	LETHBRIDGE
4/13	WILLIAMS, SAM	701	00:55:40.11	05:34	+00:06:46	176/531	65/309	PINCHER CREEK
5/13	OUELLETTE, JULIANNA	500	00:58:18.28	05:49	+00:09:24	243/531	103/309	LETHBRIDGE

**10K16-19M (Male) - 10 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/10	UCHIKURA, TIM	662	00:47:20.94	04:44	+00:00:00	52/531	40/222	LETHBRIDGE
2/10	SPACKMAN, BRANDON	600	00:51:11.19	05:07	+00:03:50	100/531	70/222	MEDICINE HAT
3/10	SIMPSON, JOSHUA	583	00:52:19.63	05:13	+00:04:58	113/531	79/222	RAYMOND
4/10	MUSK, AIDAIN	475	00:52:54.72	05:17	+00:05:33	122/531	83/222	LETHBRIDGE
5/10	GOODSTRIKER, JADEN	279	00:55:48.31	05:34	+00:08:27	182/531	115/222	CARDSTON

**10K20-24F (Female) - 55 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/55	SPENCER, EMILY	601	00:42:33.91	04:15	+00:00:00	17/531	2/309	LETHBRIDGE
2/55	KWOK, VANESSA	391	00:45:27.08	04:32	+00:02:53	29/531	6/309	LETHBRIDGE
3/55	TEEPLE, JESSICA	635	00:50:24.93	05:02	+00:07:51	90/531	26/309	FERNIE
4/55	PASCAL, ELISABETH	505	00:53:22.84	05:20	+00:10:48	128/531	43/309	COALDALE
5/55	ESAU, CARISSA	229	00:54:28.64	05:26	+00:11:54	147/531	49/309	LETHBRIDGE

**10K20-24M (Male) - 19 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/19	GRIECO, JOEL	285	00:39:48.17	03:58	+00:00:00	12/531	12/222	LETHBRIDGE
2/19	PRAIRIE CHICKEN, SHAY	533	00:45:46.22	04:34	+00:05:58	31/531	24/222	BROCKET
3/19	MEIERHOFER, CHASE	457	00:46:56.92	04:41	+00:07:08	48/531	39/222	LETHBRIDGE
4/19	JOHNSON, PAYDEN	345	00:51:17.41	05:07	+00:11:29	101/531	71/222	CALGARY
5/19	DERKSEN, MARK	198	00:51:20.24	05:08	+00:11:32	102/531	72/222	LETHBRIDGE

**10K25-29F (Female) - 65 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/65	NELSON, KAILYN	482	00:43:03.80	04:18	+00:00:00	21/531	4/309	LETHBRIDGE
2/65	MCKEE, KYRAN	452	00:45:32.46	04:33	+00:02:28	30/531	7/309	LETHBRIDGE
3/65	THERIAULT, MARISSA	641	00:46:51.72	04:41	+00:03:47	47/531	9/309	LETHBRIDGE
4/65	SNOW, KIMBER	598	00:46:57.96	04:41	+00:03:54	49/531	10/309	RAYMOND
5/65	DOBIE, MEGHAN	204	00:50:28.20	05:02	+00:07:24	91/531	27/309	COLEMAN

**10K25-29M (Male) - 27 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/27	ALVARADO, CRISTOBAL	109	00:35:36.50	03:33	+00:00:00	2/531	2/222	LETHBRIDGE
2/27	NICOL, JEFFREY	484	00:40:40.46	04:04	+00:05:03	13/531	13/222	LETHBRIDGE
3/27	KANGOGO, ED	356	00:40:51.74	04:05	+00:05:15	15/531	15/222	LETHBRIDGE
4/27	VANDERAEGEN, ALEX	675	00:45:20.46	04:32	+00:09:43	28/531	23/222	LETHBRIDGE
5/27	MCCULLAGH, THOMAS	445	00:45:48.39	04:34	+00:10:11	32/531	25/222	LETHBRIDGE

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10K Run - 6.21 Miles  
 531 Finishers

**10K30-34F (Female) - 34 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/34	SNOWDEN, ADRIA	217	00:42:02.82	04:12	+00:00:00	16/531	1/309	LETHBRIDGE
2/34	DEKENS, KENDRA	193	00:44:01.27	04:24	+00:01:58	24/531	5/309	LETHBRIDGE
3/34	BOMHOF, TARA	147	00:46:05.48	04:36	+00:04:02	34/531	8/309	LETHBRIDGE
4/34	TORSIUS, SARA	653	00:51:47.65	05:10	+00:09:44	108/531	32/309	GRASSY LAKE
5/34	AGUILAR, ANA	104	00:52:58.61	05:17	+00:10:55	124/531	41/309	LETHBRIDGE

**10K30-34M (Male) - 32 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/32	VAN REEUWYK, DAVE	671	00:37:14.94	03:43	+00:00:00	3/531	3/222	THE PHARM
2/32	ROBRUP, DANNY	548	00:38:18.93	03:49	+00:01:03	5/531	5/222	LETHBRIDGE
3/32	BOMHOF, MARC	146	00:38:46.81	03:52	+00:01:31	7/531	7/222	LETHBRIDGE
4/32	HEINRICHS, RYAN	310	00:38:59.04	03:53	+00:01:44	8/531	8/222	LETHBRIDGE
5/32	GEDRASIK, ANDREW	260	00:39:04.60	03:54	+00:01:49	9/531	9/222	LETHBRIDGE

**10K35-39F (Female) - 43 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/43	AVISON, AMANDA	119	00:46:58.22	04:41	+00:00:00	50/531	11/309	LETHBRIDGE
2/43	HALOWSKI, JENI	291	00:48:12.62	04:49	+00:01:14	59/531	15/309	LETHBRIDGE
3/43	EARL, KIMBERLY	221	00:49:44.99	04:58	+00:02:46	76/531	19/309	LETHBRIDGE
4/43	VIOLA, ANGELA	680	00:49:55.47	04:59	+00:02:57	81/531	21/309	LETHBRIDGE
5/43	SLEIK, JOANNA	587	00:50:01.69	05:00	+00:03:03	82/531	22/309	KIMBERLEY

**10K35-39M (Male) - 27 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/27	KANGOGO, KIP	357	00:34:32.37	03:27	+00:00:00	1/531	1/222	LETHBRIDGE
2/27	KLOHN, CHAD	367	00:39:11.05	03:55	+00:04:38	10/531	10/222	LETHBRIDGE
3/27	PERRETT, ADAM	519	00:40:45.63	04:04	+00:06:13	14/531	14/222	LETHBRIDGE
4/27	HILL, BO	313	00:42:40.23	04:16	+00:08:07	18/531	16/222	MONARCH
5/27	HUGHES, JEFF	562	00:43:21.58	04:20	+00:08:49	23/531	19/222	LETHBRIDGE

**10K40-44F (Female) - 28 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/28	LOO, RHONDA	422	00:42:45.91	04:16	+00:00:00	19/531	3/309	LAKE NEWELL RE
2/28	TUCKOVA, HEATHER	659	00:47:32.36	04:45	+00:04:46	55/531	13/309	LETHBRIDGE
3/28	FERGUSON, BILLIE-JO	233	00:48:34.21	04:51	+00:05:48	62/531	16/309	TABER
4/28	SWIHART, KRISTIN	621	00:49:51.49	04:59	+00:07:05	79/531	20/309	LETHBRIDGE
5/28	ROEMMELE, TRACEY	552	00:51:06.10	05:06	+00:08:20	98/531	30/309	LETHBRIDGE

**10K40-44M (Male) - 26 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/26	FAIRHURST, ANDREW	230	00:38:46.16	03:52	+00:00:00	6/531	6/222	CROWSNEST PAS
2/26	PAWLENCHUK, TODD	513	00:43:16.31	04:19	+00:04:30	22/531	18/222	CARDSTON
3/26	SLEIK, RYAN	588	00:46:10.01	04:37	+00:07:23	35/531	27/222	KIMBERLEY
4/26	JENSEN, JAMES	341	00:46:14.19	04:37	+00:07:28	38/531	30/222	LETHBRIDGE
5/26	GAL, BRUCE	255	00:46:19.59	04:37	+00:07:33	39/531	31/222	LETHBRIDGE

**10K45-49F (Female) - 17 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/17	LLOYD, FELICIA	419	00:52:55.44	05:17	+00:00:00	123/531	40/309	LETHBRIDGE
2/17	VANDER HEYDEN, MANON	673	00:54:41.84	05:28	+00:01:46	152/531	53/309	LETHBRIDGE
3/17	HURT, CHRISTINE	331	00:55:28.46	05:32	+00:02:33	169/531	60/309	LETHBRIDGE
4/17	VAN MAANEN, DIANE	670	00:59:04.47	05:54	+00:06:09	258/531	114/309	COALDALE
5/17	DORREN, ALISON	208	01:01:40.66	06:10	+00:08:45	298/531	138/309	LETHBRIDGE

**10K45-49M (Male) - 17 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/17	VAN DEN DOOL, GLENN	666	00:46:40.80	04:40	+00:00:00	41/531	33/222	LETHBRIDGE
2/17	ALSTON, JONATHAN	107	00:47:29.41	04:44	+00:00:48	54/531	42/222	LETHBRIDGE
3/17	GAL, BRAD	254	00:51:01.01	05:06	+00:04:20	96/531	67/222	CALGARY
4/17	SHIGEHIRO, KELLY	579	00:55:11.43	05:31	+00:08:30	165/531	107/222	LETHBRIDGE
5/17	NEEDHAM, SHAWN	481	00:55:20.24	05:32	+00:08:39	166/531	108/222	KAMLOOPS

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10K Run - 6.21 Miles  
 531 Finishers

**10K50-54F (Female) - 18 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/18	HOSANEE, MONIQUE	329	00:47:45.12	04:46	+00:00:00	57/531	14/309	MEDICINE HAT
2/18	DECKER, PATSY	192	00:50:05.87	05:00	+00:02:20	84/531	23/309	SPARWOOD
3/18	KOENIG, KAREN	373	00:50:07.05	05:00	+00:02:21	85/531	24/309	LETHBRIDGE
4/18	HEINO, SHERRY	308	00:53:14.17	05:19	+00:05:29	126/531	42/309	LETHBRIDGE
5/18	CLAASSEN, MARJOLEIN	170	00:58:06.56	05:48	+00:10:21	239/531	102/309	VAUXHALL

**10K50-54M (Male) - 16 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/16	MILFORD, RICHARD	464	00:46:32.87	04:39	+00:00:00	40/531	32/222	BLAIRMORE
2/16	MARKS, CORWIN	432	00:50:03.85	05:00	+00:03:30	83/531	61/222	BROOKS
3/16	PUSHOR, KEITH	537	00:50:10.75	05:01	+00:03:37	86/531	62/222	LETHBRIDGE
4/16	HIGGINS, BOB	312	00:50:44.82	05:04	+00:04:11	92/531	65/222	LETHBRIDGE
5/16	ELDER, KEVIN	224	00:52:31.33	05:15	+00:05:58	115/531	80/222	LETHBRIDGE

**10K55-59F (Female) - 18 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/18	SPENCER, SUSAN	603	00:50:11.99	05:01	+00:00:00	87/531	25/309	CALGARY
2/18	PORTER, CINDY	530	00:57:18.98	05:43	+00:07:06	222/531	90/309	IRVINE
3/18	ZOETEMAN, JANA	718	00:58:40.70	05:52	+00:08:28	249/531	107/309	LETHBRIDGE
4/18	HEGGIE, DIXIE	306	01:00:33.63	06:03	+00:10:21	279/531	127/309	RAYMOND
5/18	FRASER, LYNN	246	01:03:08.56	06:18	+00:12:56	326/531	155/309	LETHBRIDGE

**10K55-59M (Male) - 17 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/17	SWITZER, JOHN	622	00:47:53.25	04:47	+00:00:00	58/531	44/222	LETHBRIDGE
2/17	CROOKS, IAN	180	00:48:42.99	04:52	+00:00:49	64/531	48/222	LETHBRIDGE
3/17	THIESSEN, ERNIE	643	00:51:04.49	05:06	+00:03:11	97/531	68/222	LETHBRIDGE
4/17	JANKUNIS, FRANK	339	00:52:36.38	05:15	+00:04:43	116/531	81/222	LETHBRIDGE
5/17	SAMOISSETTE, RICHARD	561	00:53:16.65	05:19	+00:05:23	127/531	85/222	LETHBRIDGE

**10K60-64F (Female) - 8 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/8	JOHNSTON, NICKI	349	00:57:44.47	05:46	+00:00:00	232/531	97/309	MEDICINE HAT
2/8	THIBERT, CAROL	4	01:00:08.50	06:00	+00:02:24	271/531	122/309	LETHBRIDGE
3/8	SMITH, BEV	592	01:01:13.18	06:07	+00:03:28	290/531	135/309	LEHBRIDGE
4/8	APPELT, SHARON	112	01:03:46.31	06:22	+00:06:01	334/531	159/309	LETHBRIDGE
5/8	BURGOYNE, MARLIES	160	01:04:14.75	06:25	+00:06:30	343/531	165/309	GRANUM

**10K60-64M (Male) - 12 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/12	GUENTHER, CHARLES	287	00:53:58.81	05:23	+00:00:00	138/531	90/222	LETHBRIDGE
2/12	LOWINGS, MALCOLM	424	00:55:43.74	05:34	+00:01:44	179/531	114/222	LETHBRIDGE
3/12	BOEHM, NORBERT	142	00:57:08.23	05:42	+00:03:09	216/531	129/222	LETHBRIDGE
4/12	ORR, LAURRY	497	01:01:16.04	06:07	+00:07:17	292/531	156/222	FORT MACLEOD
5/12	WASIAK, ED	690	01:02:18.62	06:13	+00:08:19	310/531	166/222	LETHBRIDGE

**10K65-69F (Female) - 2 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/2	OLFERT, DOREEN	489	00:57:41.54	05:46	+00:00:00	229/531	94/309	HAYS
2/2	MEGAW, CAROL	456	01:09:53.64	06:59	+00:12:12	425/531	227/309	LETHBRIDGE

**10K65-69M (Male) - 2 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/2	DAVIDSON, LARRY	186	01:13:38.54	07:21	+00:00:00	458/531	206/222	SUN RIVER
2/2	BROWN, JERRY	1	01:31:50.97	09:11	+00:18:12	528/531	222/222	LETHBRIDGE

**10K70-74F (Female) - 2 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/2	NORRIS, JOAN	486	01:10:00.01	07:00	+00:00:00	426/531	228/309	LETHBRIDGE
2/2	VAN DYK, JANINE	667	01:19:49.92	07:58	+00:09:49	504/531	290/309	LETHBRIDGE

**10K70-74M (Male) - 1 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/1	SCOTT, JIM	318	01:03:26.14	06:20	+00:00:00	331/531	173/222	LETHBRIDGE