

OA/PI = Overall Placing
 Cat/PI = Category Placing
 Gen/PI = Overall Gender Placing

Category Top Results
 TOP 5 In Category

10K Run - 6.21 Miles
 142 Finishers

10K11&UF (Female) - 1 Competitors

| Cat/PI | Name | Bib # | Time | Pace | Offset | OA/PI | Gen/PI | City |
|--------|------------|-------|-------------|-------|-----------|--------|--------|-----------|
| 1/1 | RAST, MARY | 439 | 01:04:26.00 | 06:26 | +00:00:00 | 97/142 | 60/85 | LUNDBRECK |

10K11&UM (Male) - 4 Competitors

| Cat/PI | Name | Bib # | Time | Pace | Offset | OA/PI | Gen/PI | City |
|--------|-------------------------|-------|-------------|-------|-----------|---------|--------|------------|
| 1/4 | SALMON, ORRIN | 468 | 00:59:24.00 | 05:56 | +00:00:00 | 72/142 | 28/57 | RAYMOND |
| 2/4 | ADAMS LAURENDEAU, QUINN | 101 | 01:14:00.00 | 07:24 | +00:14:36 | 120/142 | 46/57 | LETHBRIDGE |
| 3/4 | SEXTON, ALEX | 482 | 01:16:46.00 | 07:40 | +00:17:22 | 125/142 | 48/57 | LETHBRIDGE |
| 3/4 | SEXTON, CONNOR | 484 | 01:16:46.00 | 07:40 | +00:17:22 | 125/142 | 48/57 | LETHBRIDGE |

10K12-15F (Female) - 4 Competitors

| Cat/PI | Name | Bib # | Time | Pace | Offset | OA/PI | Gen/PI | City |
|--------|---------------|-------|-------------|-------|-----------|---------|--------|------------|
| 1/4 | SALMON, NYLA | 467 | 00:49:39.00 | 04:57 | +00:00:00 | 23/142 | 11/85 | RAYMOND |
| 2/4 | KOZUB, SARA | 325 | 00:51:47.00 | 05:10 | +00:02:08 | 28/142 | 15/85 | LETHBRIDGE |
| 3/4 | BOURNE, LAYLA | 140 | 00:57:53.00 | 05:47 | +00:08:14 | 60/142 | 34/85 | MAGRATH |
| 4/4 | RAST, PAIGE | 440 | 01:31:21.00 | 09:08 | +00:41:42 | 137/142 | 81/85 | LUNDBRECK |

10K12-15M (Male) - 5 Competitors

| Cat/PI | Name | Bib # | Time | Pace | Offset | OA/PI | Gen/PI | City |
|--------|---------------------------|-------|-------------|-------|-----------|---------|--------|--------------|
| 1/5 | BARNETT, BROCK | 118 | 00:38:44.00 | 03:52 | +00:00:00 | 3/142 | 3/57 | MAGRATH |
| 2/5 | SALMON, MCKAY | 466 | 00:46:21.00 | 04:38 | +00:07:37 | 13/142 | 9/57 | RAYMOND |
| 3/5 | LAVOIE-PIERZCHALA, ELIJAH | 338 | 00:48:12.00 | 04:49 | +00:09:28 | 20/142 | 12/57 | MEDICINE HAT |
| 4/5 | KRAMER, VANCE | 329 | 01:03:00.00 | 06:18 | +00:24:16 | 84/142 | 33/57 | TABER |
| 5/5 | RAST, BRADY | 436 | 01:10:25.00 | 07:02 | +00:31:41 | 115/142 | 44/57 | LUNDBRECK |

10K16-19F (Female) - 2 Competitors

| Cat/PI | Name | Bib # | Time | Pace | Offset | OA/PI | Gen/PI | City |
|--------|-----------------|-------|-------------|-------|-----------|---------|--------|------------|
| 1/2 | KLIMA, KAYLEIGH | 317 | 00:48:40.00 | 04:52 | +00:00:00 | 21/142 | 9/85 | COALDALE |
| 2/2 | JOHNSON, HOPE | 299 | 01:12:46.13 | 07:16 | +00:24:06 | 117/142 | 72/85 | LETHBRIDGE |

10K20-24F (Female) - 6 Competitors

| Cat/PI | Name | Bib # | Time | Pace | Offset | OA/PI | Gen/PI | City |
|--------|-------------------|-------|-------------|-------|-----------|---------|--------|------------|
| 1/6 | HOY, GRAYSEE | 282 | 00:50:54.00 | 05:05 | +00:00:00 | 24/142 | 12/85 | MAGRATH |
| 2/6 | KLASSEN, RACHEL | 315 | 00:57:33.30 | 05:45 | +00:06:39 | 56/142 | 32/85 | COALDALE |
| 3/6 | ADAMSON, KALI | 102 | 01:07:00.00 | 06:42 | +00:16:06 | 106/142 | 65/85 | LETHBRIDGE |
| 4/6 | SCHREMPF, MEAGHAN | 475 | 01:09:42.00 | 06:58 | +00:18:48 | 111/142 | 69/85 | CALGARY |
| 5/6 | SIMONS, MARIAH | 489 | 01:15:23.21 | 07:32 | +00:24:29 | 122/142 | 76/85 | LETHBRIDGE |

10K20-24M (Male) - 1 Competitors

| Cat/PI | Name | Bib # | Time | Pace | Offset | OA/PI | Gen/PI | City |
|--------|-------------|-------|-------------|-------|-----------|---------|--------|------------|
| 1/1 | KING, COADY | 309 | 01:16:23.06 | 07:38 | +00:00:00 | 124/142 | 47/57 | LETHBRIDGE |

10K25-29F (Female) - 10 Competitors

| Cat/PI | Name | Bib # | Time | Pace | Offset | OA/PI | Gen/PI | City |
|--------|------------------|-------|-------------|-------|-----------|--------|--------|--------------|
| 1/10 | NELSON, KAILYN | 392 | 00:39:11.11 | 03:55 | +00:00:00 | 4/142 | 1/85 | LETHBRIDGE |
| 2/10 | DIRK, ARIANA | 201 | 00:43:57.48 | 04:23 | +00:04:46 | 9/142 | 3/85 | MEDICINE HAT |
| 3/10 | BOHNET, MARIA | 6160 | 00:51:19.80 | 05:07 | +00:12:08 | 26/142 | 13/85 | BOW ISLAND |
| 4/10 | MCMURTRY, KENDRA | 369 | 00:55:24.00 | 05:32 | +00:16:12 | 45/142 | 25/85 | CALGARY |
| 5/10 | TROTTER, DARLA | 538 | 00:58:35.00 | 05:51 | +00:19:23 | 64/142 | 38/85 | LETHBRIDGE |

10K25-29M (Male) - 4 Competitors

| Cat/PI | Name | Bib # | Time | Pace | Offset | OA/PI | Gen/PI | City |
|--------|------------------|-------|-------------|-------|-----------|---------|--------|------------|
| 1/4 | BOYD, SCOTT | 143 | 00:56:26.00 | 05:38 | +00:00:00 | 51/142 | 23/57 | LETHBRIDGE |
| 2/4 | MOORE, DEREK | 384 | 00:57:03.00 | 05:42 | +00:00:37 | 54/142 | 24/57 | LETHBRIDGE |
| 3/4 | KLASSEN, JASON | 313 | 00:57:33.30 | 05:45 | +00:01:07 | 56/142 | 25/57 | COALDALE |
| 4/4 | MCKENZIE, GRAHAM | 366 | 01:06:23.44 | 06:38 | +00:09:57 | 103/142 | 41/57 | LETHBRIDGE |

10K30-34F (Female) - 11 Competitors

| Cat/PI | Name | Bib # | Time | Pace | Offset | OA/PI | Gen/PI | City |
|--------|-----------------|-------|-------------|-------|-----------|--------|--------|--------------|
| 1/11 | FOISY, JENNIFER | 223 | 00:47:47.08 | 04:46 | +00:00:00 | 17/142 | 7/85 | MONARCH |
| 2/11 | DEIS, ALLYSON | 193 | 00:52:58.00 | 05:17 | +00:05:10 | 32/142 | 16/85 | MEDICINE HAT |
| 3/11 | KRUZER, KYRA | 330 | 00:55:15.00 | 05:31 | +00:07:27 | 44/142 | 24/85 | LETHBRIDGE |
| 4/11 | HAVINGA, NICOLE | 268 | 00:55:53.00 | 05:35 | +00:08:05 | 47/142 | 27/85 | LETHBRIDGE |
| 5/11 | REID, AMANDA | 442 | 00:56:38.00 | 05:39 | +00:08:50 | 53/142 | 30/85 | STRATHMORE |

OA/PI = Overall Placing
 Cat/PI = Category Placing
 Gen/PI = Overall Gender Placing

Category Top Results
 TOP 5 In Category

10K Run - 6.21 Miles
 142 Finishers

10K30-34M (Male) - 5 Competitors

| Cat/PI | Name | Bib # | Time | Pace | Offset | OA/PI | Gen/PI | City |
|--------|----------------|-------|-------------|-------|-----------|---------|--------|------------|
| 1/5 | BECKING, AARON | 123 | 00:40:02.33 | 04:00 | +00:00:00 | 5/142 | 4/57 | LETHBRIDGE |
| 2/5 | ZANONI, JAMES | 588 | 00:56:12.26 | 05:37 | +00:16:09 | 50/142 | 22/57 | LETHBRIDGE |
| 3/5 | WALKER, MIKE | 561 | 01:03:57.00 | 06:23 | +00:23:54 | 95/142 | 36/57 | LETHBRIDGE |
| 4/5 | FRIESEN, BRYAN | 230 | 01:06:00.00 | 06:36 | +00:25:57 | 99/142 | 39/57 | LETHBRIDGE |
| 5/5 | NAPPER, CHAD | 390 | 01:11:57.00 | 07:11 | +00:31:54 | 116/142 | 45/57 | COALDALE |

10K35-39F (Female) - 17 Competitors

| Cat/PI | Name | Bib # | Time | Pace | Offset | OA/PI | Gen/PI | City |
|--------|-------------------------|-------|-------------|-------|-----------|--------|--------|--------------|
| 1/17 | BARNETT, CIANA | 119 | 00:41:36.00 | 04:09 | +00:00:00 | 8/142 | 2/85 | MAGRATH |
| 2/17 | LAMMERS-POTTAGE, ANDREA | 336 | 00:46:42.00 | 04:40 | +00:05:06 | 15/142 | 6/85 | LETHBRIDGE |
| 3/17 | TORSIUS, SARA | 536 | 00:51:42.00 | 05:10 | +00:10:06 | 27/142 | 14/85 | GRASSY LAKE |
| 4/17 | WANNOP, KATHY | 563 | 00:54:14.00 | 05:25 | +00:12:38 | 39/142 | 20/85 | COALDALE |
| 5/17 | OLIVE, CRYSTAL | 402 | 00:54:46.00 | 05:28 | +00:13:10 | 42/142 | 22/85 | FORT MACLEOD |

10K35-39M (Male) - 8 Competitors

| Cat/PI | Name | Bib # | Time | Pace | Offset | OA/PI | Gen/PI | City |
|--------|------------------|-------|-------------|-------|-----------|--------|--------|------------|
| 1/8 | GEDRASIK, ANDREW | 241 | 00:35:14.04 | 03:31 | +00:00:00 | 1/142 | 1/57 | LETHBRIDGE |
| 2/8 | KLOHN, CHAD | 319 | 00:37:56.00 | 03:47 | +00:02:41 | 2/142 | 2/57 | LETHBRIDGE |
| 3/8 | ROBDRUP, DANNY | 453 | 00:40:58.00 | 04:05 | +00:05:43 | 6/142 | 5/57 | ZEPHBRIDGE |
| 4/8 | FLEMING, MIKE | 594 | 00:47:50.00 | 04:47 | +00:12:35 | 18/142 | 11/57 | LETHBRIDGE |
| 5/8 | TATHAM, AARON | 522 | 00:53:17.00 | 05:19 | +00:18:02 | 33/142 | 17/57 | CALGARY |

10K40-44F (Female) - 11 Competitors

| Cat/PI | Name | Bib # | Time | Pace | Offset | OA/PI | Gen/PI | City |
|--------|--------------------|-------|-------------|-------|-----------|--------|--------|--------------|
| 1/11 | PETERSON, LINDSEY | 416 | 00:48:00.00 | 04:48 | +00:00:00 | 19/142 | 8/85 | GREAT FALLS |
| 2/11 | KLIMA, LORANNE | 318 | 00:53:31.00 | 05:21 | +00:05:31 | 35/142 | 17/85 | COALDALE |
| 3/11 | BOURNE, MARY | 141 | 00:53:42.00 | 05:22 | +00:05:42 | 36/142 | 18/85 | MAGRATH |
| 4/11 | ANDERSON, SHARLENE | 107 | 00:59:19.00 | 05:55 | +00:11:19 | 71/142 | 44/85 | MEDICINE HAT |
| 5/11 | TOLHURST, JANINE | 535 | 00:59:49.00 | 05:58 | +00:11:49 | 74/142 | 45/85 | DESERT BLUME |

10K40-44M (Male) - 8 Competitors

| Cat/PI | Name | Bib # | Time | Pace | Offset | OA/PI | Gen/PI | City |
|--------|-----------------|-------|-------------|-------|-----------|---------|--------|----------------|
| 1/8 | PERRETT, ADAM | 414 | 00:44:35.20 | 04:27 | +00:00:00 | 10/142 | 7/57 | LETHBRIDGE |
| 2/8 | FEGAN, CHRIS | 221 | 00:47:43.00 | 04:46 | +00:03:07 | 16/142 | 10/57 | LETHBRIDGE COL |
| 3/8 | FRIESEN, COREY | 231 | 00:57:40.20 | 05:46 | +00:13:05 | 59/142 | 26/57 | NANAIMO |
| 4/8 | DEVINE, AARON | 199 | 00:59:30.00 | 05:57 | +00:14:54 | 73/142 | 29/57 | BROCKET |
| 5/8 | WILLIAMSON, ROB | 579 | 01:06:05.00 | 06:36 | +00:21:29 | 101/142 | 40/57 | LETHBRIDGE |

10K45-49F (Female) - 8 Competitors

| Cat/PI | Name | Bib # | Time | Pace | Offset | OA/PI | Gen/PI | City |
|--------|------------------|-------|-------------|-------|-----------|--------|--------|--------------|
| 1/8 | TUCKOVA, HEATHER | 542 | 00:45:27.00 | 04:32 | +00:00:00 | 11/142 | 4/85 | LETHBRIDGE |
| 2/8 | LLOYD, FELICIA | 345 | 00:46:29.90 | 04:38 | +00:01:02 | 14/142 | 5/85 | LETHBRIDGE |
| 3/8 | EMERSON, SHERI | 216 | 00:48:51.02 | 04:53 | +00:03:24 | 22/142 | 10/85 | MEDICINE HAT |
| 4/8 | WHEELER, BARBARA | 565 | 00:56:36.00 | 05:39 | +00:11:09 | 52/142 | 29/85 | MEDICINE HAT |
| 5/8 | LOSEY, LEAHN | 346 | 00:57:24.00 | 05:44 | +00:11:57 | 55/142 | 31/85 | CHAMPION |

10K45-49M (Male) - 7 Competitors

| Cat/PI | Name | Bib # | Time | Pace | Offset | OA/PI | Gen/PI | City |
|--------|------------------|-------|-------------|-------|-----------|--------|--------|--------------|
| 1/7 | KOZUB, JON | 324 | 00:51:47.00 | 05:10 | +00:00:00 | 28/142 | 14/57 | LETHBRIDGE |
| 2/7 | BOGAART, WILLIAM | 138 | 00:53:48.00 | 05:22 | +00:02:01 | 37/142 | 19/57 | LETHBRIDGE |
| 3/7 | DAVIS, BRAD | 184 | 00:54:20.00 | 05:26 | +00:02:33 | 40/142 | 20/57 | RAYMOND |
| 4/7 | SPURGEON, DANIEL | 501 | 00:56:00.00 | 05:36 | +00:04:13 | 48/142 | 21/57 | MEDICINE HAT |
| 5/7 | STONE, JASON | 513 | 00:58:45.00 | 05:52 | +00:06:58 | 65/142 | 27/57 | LETHBRIDGE |

10K50-54F (Female) - 4 Competitors

| Cat/PI | Name | Bib # | Time | Pace | Offset | OA/PI | Gen/PI | City |
|--------|--------------------|-------|-------------|-------|-----------|--------|--------|--------------|
| 1/4 | HARRIS, JODY | 265 | 00:53:57.00 | 05:23 | +00:00:00 | 38/142 | 19/85 | LETHBRIDGE |
| 2/4 | RIEHELMMANN, TANIS | 450 | 00:55:01.00 | 05:30 | +00:01:04 | 43/142 | 23/85 | MEDICINE HAT |
| 3/4 | RAST, KATHY | 437 | 01:02:01.00 | 06:12 | +00:08:04 | 80/142 | 50/85 | LUNDBRECK |
| 4/4 | MCGALE, KAREN | 364 | 01:03:00.47 | 06:18 | +00:09:03 | 88/142 | 54/85 | LETHBRIDGE |

10K50-54M (Male) - 3 Competitors

| Cat/PI | Name | Bib # | Time | Pace | Offset | OA/PI | Gen/PI | City |
|--------|-------------------------|-------|-------------|-------|-----------|--------|--------|--------------|
| 1/3 | VANDEN DOOL, GLENN | 555 | 00:41:20.00 | 04:08 | +00:00:00 | 7/142 | 6/57 | LETHBRIDGE |
| 2/3 | MISTAKEN CHIEF, CHARLES | 379 | 00:53:30.01 | 05:21 | +00:12:10 | 34/142 | 18/57 | STAND OFF |
| 3/3 | HOBLEY, RICHARD | 274 | 01:02:00.00 | 06:12 | +00:20:40 | 79/142 | 30/57 | MEDICINE HAT |

OA/PI = Overall Placing
 Cat/PI = Category Placing
 Gen/PI = Overall Gender Placing

Category Top Results
TOP 5 In Category

10K Run - 6.21 Miles
142 Finishers

10K55-59F (Female) - 5 Competitors

| Cat/PI | Name | Bib # | Time | Pace | Offset | OA/PI | Gen/PI | City |
|--------|------------------|-------|-------------|-------|-----------|---------|--------|--------------|
| 1/5 | ZOETEMAN, JANA | 591 | 00:54:32.81 | 05:27 | +00:00:00 | 41/142 | 21/85 | LETHBRIDGE |
| 2/5 | SCHELL, CHARLENE | 473 | 01:01:23.00 | 06:08 | +00:06:50 | 77/142 | 48/85 | MEDICINE HAT |
| 3/5 | KEARL, KIM | 306 | 01:03:10.00 | 06:19 | +00:08:37 | 90/142 | 55/85 | CALGARY |
| 4/5 | SCHREMPF, JUDY | 474 | 01:09:42.00 | 06:58 | +00:15:09 | 111/142 | 69/85 | LETHBRIDGE |
| 5/5 | MEADOWS, LESLEY | 372 | 01:13:13.00 | 07:19 | +00:18:40 | 118/142 | 73/85 | BLACKIE |

10K55-59M (Male) - 5 Competitors

| Cat/PI | Name | Bib # | Time | Pace | Offset | OA/PI | Gen/PI | City |
|--------|-------------------|-------|-------------|-------|-----------|---------|--------|--------------|
| 1/5 | HAYWARD, MARC | 270 | 00:46:06.22 | 04:36 | +00:00:00 | 12/142 | 8/57 | LETHBRIDGE |
| 2/5 | MARKS, CORWIN | 357 | 00:51:05.04 | 05:06 | +00:04:58 | 25/142 | 13/57 | BROOKS |
| 3/5 | JERVIS, NEIL | 592 | 01:04:19.00 | 06:25 | +00:18:12 | 96/142 | 37/57 | LETHBRIDGE |
| 4/5 | THORNHILL, ROBERT | 529 | 01:05:55.00 | 06:35 | +00:19:48 | 98/142 | 38/57 | MEDICINE HAT |
| 5/5 | MEADOWS, GARY | 371 | 01:10:11.00 | 07:01 | +00:24:04 | 113/142 | 43/57 | BLACKIE |

10K60-64F (Female) - 3 Competitors

| Cat/PI | Name | Bib # | Time | Pace | Offset | OA/PI | Gen/PI | City |
|--------|-----------------|-------|-------------|-------|-----------|---------|--------|---------------|
| 1/3 | ORR, JULIE | 404 | 00:58:01.00 | 05:48 | +00:00:00 | 63/142 | 37/85 | LETHBRIDGE |
| 2/3 | HANDFORD, KIZZY | 261 | 00:59:02.70 | 05:54 | +00:01:01 | 70/142 | 43/85 | PINCHER CREEK |
| 3/3 | APPELT, SHARON | 110 | 01:06:50.00 | 06:41 | +00:08:49 | 105/142 | 64/85 | LETHBRIDGE |

10K60-64M (Male) - 4 Competitors

| Cat/PI | Name | Bib # | Time | Pace | Offset | OA/PI | Gen/PI | City |
|--------|----------------------|-------|-------------|-------|-----------|---------|--------|----------------|
| 1/4 | OLSON, MIKE | 403 | 00:52:14.00 | 05:13 | +00:00:00 | 30/142 | 15/57 | ROCKY MOUNTAIN |
| 2/4 | LETAILLEUR, PHILIPPE | 6892 | 00:52:34.50 | 05:15 | +00:00:20 | 31/142 | 16/57 | EDMONTON |
| 3/4 | SCOTT, TIM | 479 | 01:18:00.00 | 07:48 | +00:25:46 | 129/142 | 51/57 | LETHBRIDGE |
| 4/4 | KRAMER, GERRY | 327 | 01:21:21.00 | 08:08 | +00:29:07 | 132/142 | 52/57 | LETHBRIDGE |

10K65-69F (Female) - 2 Competitors

| Cat/PI | Name | Bib # | Time | Pace | Offset | OA/PI | Gen/PI | City |
|--------|----------------|-------|-------------|-------|-----------|---------|--------|------------|
| 1/2 | THIBERT, CAROL | 3 | 01:03:45.41 | 06:22 | +00:00:00 | 93/142 | 58/85 | LETHBRIDGE |
| 2/2 | MEGAW, CAROL | 373 | 01:06:21.10 | 06:38 | +00:02:35 | 102/142 | 62/85 | LETHBRIDGE |

10K65-69M (Male) - 1 Competitors

| Cat/PI | Name | Bib # | Time | Pace | Offset | OA/PI | Gen/PI | City |
|--------|----------------|-------|-------------|-------|-----------|---------|--------|------------|
| 1/1 | BOEHM, NORBERT | 136 | 01:07:10.44 | 06:43 | +00:00:00 | 107/142 | 42/57 | LETHBRIDGE |

10K70-74M (Male) - 1 Competitors

| Cat/PI | Name | Bib # | Time | Pace | Offset | OA/PI | Gen/PI | City |
|--------|--------------|-------|-------------|-------|-----------|---------|--------|------------|
| 1/1 | BROWN, JERRY | 1 | 01:29:37.00 | 08:57 | +00:00:00 | 136/142 | 56/57 | LETHBRIDGE |

10K75-79F (Female) - 1 Competitors

| Cat/PI | Name | Bib # | Time | Pace | Offset | OA/PI | Gen/PI | City |
|--------|--------------|-------|-------------|-------|-----------|---------|--------|------------|
| 1/1 | NORRIS, JOAN | 396 | 01:15:22.20 | 07:32 | +00:00:00 | 121/142 | 75/85 | LETHBRIDGE |

10K75-79M (Male) - 1 Competitors

| Cat/PI | Name | Bib # | Time | Pace | Offset | OA/PI | Gen/PI | City |
|--------|---------------|-------|-------------|-------|-----------|---------|--------|----------|
| 1/1 | BUTLER, PETER | 154 | 01:27:35.00 | 08:45 | +00:00:00 | 135/142 | 55/57 | ELKWATER |