

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

## Category Results

10K Run - 6.21 Miles  
74 Finishers

## 10K12&amp;UF - 1 Competitors

| Cat/PI | Name            | Bib # | Time        | Pace  | OA/PI | Gen/PI | Offset    | City       |
|--------|-----------------|-------|-------------|-------|-------|--------|-----------|------------|
| 1/1    | HEGGIE, PRESLEY | 840   | 00:58:31.45 | 05:51 | 43/74 | 13/31  | +00:00:00 | LETHBRIDGE |

## 10K12&amp;UM - 5 Competitors

| Cat/PI | Name              | Bib # | Time        | Pace  | OA/PI | Gen/PI | Offset    | City    |
|--------|-------------------|-------|-------------|-------|-------|--------|-----------|---------|
| 1/5    | ELLINGSON, CARTER | 784   | 00:51:18.80 | 05:07 | 22/74 | 17/43  | +00:00:00 | RAYMOND |
| 2/5    | FISK, RHYS        | 846   | 00:51:38.95 | 05:09 | 23/74 | 18/43  | +00:00:20 | RAYMOND |
| 3/5    | HARDY, AMMON      | 789   | 00:54:48.10 | 05:28 | 27/74 | 21/43  | +00:03:29 | RAYMOND |
| 4/5    | WERT, DANIEL      | 845   | 00:57:34.05 | 05:45 | 40/74 | 28/43  | +00:06:15 | RAYMOND |
| 5/5    | HEGGIE, CHASE     | 790   | 01:08:10.35 | 06:49 | 67/74 | 41/43  | +00:16:51 | RAYMOND |

## 10K13-19F - 2 Competitors

| Cat/PI | Name           | Bib # | Time        | Pace  | OA/PI | Gen/PI | Offset    | City           |
|--------|----------------|-------|-------------|-------|-------|--------|-----------|----------------|
| 1/2    | SIMPSON, FAITH | 808   | 01:02:21.70 | 06:14 | 55/74 | 18/31  | +00:00:00 | RAYMOND        |
| 2/2    | PEART, MADISON | 828   | 01:02:22.40 | 06:14 | 57/74 | 20/31  | +00:00:00 | PAGOSA SPRINGS |

## 10K13-19M - 5 Competitors

| Cat/PI | Name            | Bib # | Time        | Pace  | OA/PI | Gen/PI | Offset    | City           |
|--------|-----------------|-------|-------------|-------|-------|--------|-----------|----------------|
| 1/5    | ELLINGSON, ANDY | 783   | 00:45:44.05 | 04:34 | 6/74  | 5/43   | +00:00:00 | WOODBURN       |
| 2/5    | NILSSON, AUSTIN | 836   | 00:45:49.50 | 04:34 | 8/74  | 7/43   | +00:00:05 | RAYMOND        |
| 3/5    | BROOKS, BRAD    | 778   | 00:45:52.70 | 04:35 | 9/74  | 8/43   | +00:00:08 | RAYMOND        |
| 4/5    | PEART, TANNER   | 829   | 00:54:27.75 | 05:26 | 25/74 | 20/43  | +00:08:43 | PAGOSA SPRINGS |
| 5/5    | WOOD, ISAAC     | 823   | 01:01:35.10 | 06:09 | 53/74 | 37/43  | +00:15:51 | RAYMOND        |

## 10K20-29F - 13 Competitors

| Cat/PI | Name              | Bib # | Time        | Pace  | OA/PI | Gen/PI | Offset    | City           |
|--------|-------------------|-------|-------------|-------|-------|--------|-----------|----------------|
| 1/13   | HASEGAWA, HANNAH  | 848   | 00:45:30.00 | 04:33 | 5/74  | 1/31   | +00:00:00 | RAYMOND        |
| 2/13   | KANYO, HATTIE     | 794   | 00:47:16.25 | 04:43 | 10/74 | 2/31   | +00:01:46 | RAYMOND        |
| 3/13   | CLELLAND, BROOKE  | 781   | 00:47:52.80 | 04:47 | 12/74 | 3/31   | +00:02:22 | EDMONTON       |
| 4/13   | SNOW, KIMBER      | 811   | 00:48:49.95 | 04:52 | 16/74 | 4/31   | +00:03:19 | RAYMOND        |
| 5/13   | STEED, JULIA      | 826   | 00:55:10.25 | 05:31 | 29/74 | 7/31   | +00:09:40 | LETHBRIDGE     |
| 6/13   | LEISHMAN, JESSICA | 798   | 00:56:15.90 | 05:37 | 36/74 | 12/31  | +00:10:45 | LETHBRIDGE     |
| 7/13   | ERB, SHELSEY      | 786   | 00:58:32.85 | 05:51 | 44/74 | 14/31  | +00:13:02 | SALT LAKE CITY |
| 8/13   | THOMSEN, J        | 816   | 00:59:13.10 | 05:55 | 48/74 | 16/31  | +00:13:43 | LETHBRIDGE     |
| 9/13   | SHEEN, KRISTEN    | 807   | 01:03:21.05 | 06:20 | 60/74 | 22/31  | +00:17:51 | RAYMOND        |
| 10/13  | DEPEW, ALYSSA     | 844   | 01:03:28.80 | 06:20 | 61/74 | 23/31  | +00:17:58 | RAYMOND        |
| 11/13  | WILDE, TINA       | 821   | 01:09:25.70 | 06:56 | 68/74 | 27/31  | +00:23:55 | RAYMOND        |
| 12/13  | RYAN, SHARI       | 850   | 01:11:08.90 | 07:06 | 70/74 | 28/31  | +00:25:38 | CALGARY        |
| 13/13  | SCHMALE, MANDI    | 806   | 01:11:10.30 | 07:07 | 71/74 | 29/31  | +00:25:40 | RAYMOND        |

## 10K20-29M - 11 Competitors

| Cat/PI | Name             | Bib # | Time        | Pace  | OA/PI | Gen/PI | Offset    | City       |
|--------|------------------|-------|-------------|-------|-------|--------|-----------|------------|
| 1/11   | SCHMALE, JORDAN  | 805   | 00:43:38.95 | 04:21 | 2/74  | 2/43   | +00:00:00 | RAYMOND    |
| 2/11   | MARKOTIC, JOA    | 795   | 00:43:54.00 | 04:23 | 3/74  | 3/43   | +00:00:15 | RAYMOND    |
| 3/11   | BALDRY, AUSTIN   | 774   | 00:47:39.25 | 04:45 | 11/74 | 9/43   | +00:04:00 | RAYMOND    |
| 4/11   | STEED, ADAM      | 825   | 00:48:11.10 | 04:49 | 13/74 | 10/43  | +00:04:32 | LETHBRIDGE |
| 5/11   | WRIGHT, TIMOTHY  | 835   | 00:50:56.45 | 05:05 | 19/74 | 15/43  | +00:07:17 | CALGARY    |
| 6/11   | LYBBERT, ROBIN   | 849   | 00:52:54.30 | 05:17 | 24/74 | 19/43  | +00:09:15 | RAYMOND    |
| 7/11   | MCMULLIN, JOHN   | 842   | 00:58:39.25 | 05:51 | 46/74 | 31/43  | +00:15:00 | RAYMOND    |
| 8/11   | STEED, JEFFREY   | 837   | 01:00:11.00 | 06:01 | 49/74 | 33/43  | +00:16:32 | RAYMOND    |
| 9/11   | ROMERIL, MATTHEW | 803   | 01:00:11.15 | 06:01 | 50/74 | 34/43  | +00:16:32 | RAYMOND    |
| 10/11  | LEISHMAN, ERIC   | 797   | 01:06:06.15 | 06:36 | 64/74 | 40/43  | +00:22:27 | LETHBRIDGE |
| 11/11  | WILDE, ALAN      | 820   | 01:09:27.15 | 06:56 | 69/74 | 42/43  | +00:25:48 | RAYMOND    |

## 10K30-39F - 9 Competitors

| Cat/PI | Name             | Bib # | Time        | Pace  | OA/PI | Gen/PI | Offset    | City           |
|--------|------------------|-------|-------------|-------|-------|--------|-----------|----------------|
| 1/9    | KNIGHTON, JACQUI | 796   | 00:51:02.60 | 05:06 | 20/74 | 5/31   | +00:00:00 | ST. GEORGE     |
| 2/9    | ROY, AMY         | 841   | 00:54:39.20 | 05:27 | 26/74 | 6/31   | +00:03:36 | COALDALE       |
| 3/9    | ZEMP, KRISTINA   | 831   | 00:55:15.20 | 05:31 | 30/74 | 8/31   | +00:04:12 | LETHBRIDGE     |
| 4/9    | BEATTIE, CANDICE | 776   | 00:55:34.75 | 05:33 | 32/74 | 10/31  | +00:04:32 | LETHBRIDGE     |
| 5/9    | JENKINS, BETHANY | 843   | 00:58:39.20 | 05:51 | 45/74 | 15/31  | +00:07:36 | OREM           |
| 6/9    | PEART, JESSICA   | 827   | 01:02:22.20 | 06:14 | 56/74 | 19/31  | +00:11:19 | PAGOSA SPRINGS |
| 7/9    | TOLMAN, LYNDESEY | 819   | 01:03:20.95 | 06:20 | 59/74 | 21/31  | +00:12:18 | RAYMOND        |
| 8/9    | MCMULLIN, HEATER | 801   | 01:04:24.75 | 06:26 | 62/74 | 24/31  | +00:13:22 | EDMONTON       |
| 9/9    | GORNER, DIANE    | 787   | 01:07:03.60 | 06:42 | 66/74 | 26/31  | +00:16:01 | CHETWYND       |

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

## Category Results

10K Run - 6.21 Miles  
74 Finishers

## 10K30-39M - 10 Competitors

| Cat/PI | Name              | Bib # | Time        | Pace  | OA/PI | Gen/PI | Offset    | City          |
|--------|-------------------|-------|-------------|-------|-------|--------|-----------|---------------|
| 1/10   | BALDRY, DEREK     | 775   | 00:42:44.30 | 04:16 | 1/74  | 1/43   | +00:00:00 | RAYMOND       |
| 2/10   | ZOBELL, TODD      | 847   | 00:45:24.45 | 04:32 | 4/74  | 4/43   | +00:02:40 | RAYMOND       |
| 3/10   | DERRICOTT, MIKE   | 782   | 00:48:21.70 | 04:50 | 15/74 | 12/43  | +00:05:37 | PICTURE BUTTE |
| 4/10   | STEED, REGAN      | 815   | 00:49:35.05 | 04:57 | 17/74 | 13/43  | +00:06:50 | RAYMOND       |
| 5/10   | STEED, PETER      | 814   | 00:50:24.30 | 05:02 | 18/74 | 14/43  | +00:07:40 | VANCOUVER     |
| 6/10   | HAAS, BRIAN       | 788   | 00:51:12.20 | 05:07 | 21/74 | 16/43  | +00:08:27 | RAYMOND       |
| 7/10   | ELLINGSON, DARREN | 785   | 00:54:53.65 | 05:29 | 28/74 | 22/43  | +00:12:09 | RAYMOND       |
| 8/10   | BENNETT, JOEL     | 777   | 00:55:54.05 | 05:35 | 33/74 | 23/43  | +00:13:09 | LETHBRIDGE    |
| 9/10   | SALMON, JERRY     | 804   | 00:57:21.15 | 05:44 | 39/74 | 27/43  | +00:14:36 | OLDS          |
| 10/10  | TOLMAN, DUSTIN    | 818   | 00:58:07.65 | 05:48 | 42/74 | 30/43  | +00:15:23 | RAYMOND       |

## 10K40-49F - 2 Competitors

| Cat/PI | Name           | Bib # | Time        | Pace  | OA/PI | Gen/PI | Offset    | City          |
|--------|----------------|-------|-------------|-------|-------|--------|-----------|---------------|
| 1/2    | SIMPSON, LAURA | 809   | 00:56:01.90 | 05:36 | 34/74 | 11/31  | +00:00:00 | RAYMOND       |
| 2/2    | ATWOOD, RACHEL | 773   | 01:06:54.25 | 06:41 | 65/74 | 25/31  | +00:10:52 | SHERWOOD PARK |

## 10K40-49M - 3 Competitors

| Cat/PI | Name          | Bib # | Time        | Pace  | OA/PI | Gen/PI | Offset    | City          |
|--------|---------------|-------|-------------|-------|-------|--------|-----------|---------------|
| 1/3    | ALSTON, JON   | 839   | 00:45:48.75 | 04:34 | 7/74  | 6/43   | +00:00:00 | LETHBRIDGE    |
| 2/3    | ATWOOD, LLOYD | 772   | 00:57:11.85 | 05:43 | 38/74 | 26/43  | +00:11:23 | SHERWOOD PARK |
| 3/3    | NICKLE, CHAD  | 802   | 01:00:18.05 | 06:01 | 51/74 | 35/43  | +00:14:29 | RAYMOND       |

## 10K50-59F - 2 Competitors

| Cat/PI | Name          | Bib # | Time        | Pace  | OA/PI | Gen/PI | Offset    | City    |
|--------|---------------|-------|-------------|-------|-------|--------|-----------|---------|
| 1/2    | ZEMP, NORMA   | 832   | 00:55:15.40 | 05:31 | 31/74 | 9/31   | +00:00:00 | RAYMOND |
| 2/2    | HEGGIE, DIXIE | 791   | 01:02:06.45 | 06:12 | 54/74 | 17/31  | +00:06:51 | RAYMOND |

## 10K50-59M - 4 Competitors

| Cat/PI | Name             | Bib # | Time        | Pace  | OA/PI | Gen/PI | Offset    | City     |
|--------|------------------|-------|-------------|-------|-------|--------|-----------|----------|
| 1/4    | MCALLISTER, DALE | 834   | 00:48:15.65 | 04:49 | 14/74 | 11/43  | +00:00:00 | DEWINTON |
| 2/4    | SPROULL, JIM     | 812   | 01:01:26.65 | 06:08 | 52/74 | 36/43  | +00:13:11 | RAYMOND  |
| 3/4    | LYONS, MIKE      | 799   | 01:05:02.75 | 06:30 | 63/74 | 39/43  | +00:16:47 | RAYMOND  |
| 4/4    | HEGGIE, STEPHAN  | 792   | 01:18:29.40 | 07:50 | 74/74 | 43/43  | +00:30:13 | RAYMOND  |

## 10K60+F - 2 Competitors

| Cat/PI | Name              | Bib # | Time        | Pace  | OA/PI | Gen/PI | Offset    | City       |
|--------|-------------------|-------|-------------|-------|-------|--------|-----------|------------|
| 1/2    | PHILLIPS, BARB    | 824   | 01:12:11.10 | 07:13 | 72/74 | 30/31  | +00:00:00 | LETHBRIDGE |
| 2/2    | MCLAUGHLIN, PEGGY | 800   | 01:13:58.80 | 07:23 | 73/74 | 31/31  | +00:01:47 | LETHBRIDGE |

## 10K60+M - 5 Competitors

| Cat/PI | Name          | Bib # | Time        | Pace  | OA/PI | Gen/PI | Offset    | City       |
|--------|---------------|-------|-------------|-------|-------|--------|-----------|------------|
| 1/5    | SALMON, MAX   | 830   | 00:56:11.70 | 05:37 | 35/74 | 24/43  | +00:00:00 | LETHBRIDGE |
| 2/5    | SCOTT, JIM    | 838   | 00:56:44.95 | 05:40 | 37/74 | 25/43  | +00:00:33 | RAYMOND    |
| 3/5    | WOLSEY, SCOTT | 822   | 00:57:43.25 | 05:46 | 41/74 | 29/43  | +00:01:31 | MAGRATH    |
| 4/5    | BROWN, JERRY  | 779   | 00:59:04.95 | 05:54 | 47/74 | 32/43  | +00:02:53 | LETHBRIDGE |
| 5/5    | STEED, CLAYNE | 813   | 01:02:49.30 | 06:16 | 58/74 | 38/43  | +00:06:37 | RAYMOND    |