

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Category Award Results

TOP 3 In Category

5K Run - 3.1 Miles

155 Finishers

5K12&UF (Female) - 22 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/22	SMITH, ELIZA	867	00:24:21.97	04:52	+00:00:00	25/155	9/73	
2/22	SMITH, IZZY	870	00:24:26.47	04:53	+00:00:04	29/155	11/73	
3/22	LOW, ISABELLE	833	00:27:43.73	05:32	+00:03:21	54/155	17/73	

5K12&UM (Male) - 42 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/42	AMELINCK, ERIK	773	00:21:33.72	04:18	+00:00:00	8/155	7/82	
2/42	LOW, BERKLEY	831	00:23:01.88	04:36	+00:01:28	16/155	11/82	
3/42	PORTER, BRIGHAM	914	00:23:20.05	04:40	+00:01:46	19/155	14/82	

5K13-19F (Female) - 14 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/14	WORSEY, KIERA	868	00:21:58.73	04:23	+00:00:00	9/155	2/73	
2/14	SMITH, HANNAH	869	00:24:11.23	04:50	+00:02:12	24/155	8/73	
3/14	ARMENER, REES	776	00:25:55.46	05:11	+00:03:56	39/155	14/73	

5K13-19M (Male) - 13 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/13	STEWART, DEAN	928	00:20:40.97	04:08	+00:00:00	5/155	4/82	
2/13	DOMERESE, RYAN	932	00:21:22.34	04:16	+00:00:41	7/155	6/82	
3/13	QUINTON, RILEY	852	00:23:52.67	04:46	+00:03:11	21/155	15/82	

5K20-29F (Female) - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/9	GOMES, ADRIENNE	900	00:18:45.84	03:45	+00:00:00	1/155	1/73	
2/9	LODER, BILLIE	926	00:23:37.54	04:43	+00:04:51	20/155	6/73	
3/9	BEAZER, ALYSSA	784	00:24:11.11	04:50	+00:05:25	23/155	7/73	

5K20-29M (Male) - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/6	FORSYTH, LON	921	00:19:00.14	03:48	+00:00:00	2/155	1/82	
2/6	ZIMICH, ALEX	907	00:20:38.76	04:07	+00:01:38	4/155	3/82	CALGARY
3/6	ISNOR, COLIN	908	00:21:04.64	04:12	+00:02:04	6/155	5/82	CALEDONIA

5K30-39F (Female) - 16 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/16	HARDY, BRENNA	814	00:22:28.84	04:29	+00:00:00	11/155	3/73	
2/16	BALDRY, LINDSAY	780	00:22:56.93	04:35	+00:00:28	15/155	5/73	
3/16	POIRIER, MAREE	923	00:24:23.41	04:52	+00:01:54	26/155	10/73	

5K30-39M (Male) - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/5	LOW, MARK	835	00:20:01.60	04:00	+00:00:00	3/155	2/82	
2/5	ADAMS, RILEY	771	00:22:52.29	04:34	+00:02:50	14/155	10/82	
3/5	WILDE, BRANDON	904	00:29:33.38	05:54	+00:09:31	81/155	48/82	

5K40-49F (Female) - 7 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/7	JOHNSON, NADINE	823	00:25:55.84	05:11	+00:00:00	40/155	15/73	
2/7	SMITH, CHRISTINE	866	00:29:29.79	05:53	+00:03:33	78/155	31/73	
3/7	GRAVES, MICHELE	809	00:33:09.55	06:37	+00:07:13	117/155	50/73	

5K40-49M (Male) - 7 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/7	DAVIS, BRAD	790	00:22:33.21	04:30	+00:00:00	12/155	9/82	
2/7	GRAVES, KEVIN	808	00:23:03.23	04:36	+00:00:30	17/155	12/82	
3/7	ELLINGSON, DAVID	800	00:24:46.53	04:57	+00:02:13	32/155	21/82	

5K50-59F (Female) - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/3	DALPHOND, LOUISE	920	00:22:40.45	04:32	+00:00:00	13/155	4/73	
2/3	DEMEESTER, CHERYL	910	00:32:45.58	06:33	+00:10:05	113/155	48/73	
3/3	SMITH, LORI	872	00:57:17.16	11:27	+00:34:36	154/155	72/73	

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Category Award Results

TOP 3 In Category

5K Run - 3.1 Miles

155 Finishers

5K50-59M (Male) - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/2	STEED, DAREL	880	00:29:08.89	05:49	+00:00:00	75/155	47/82	
2/2	GREEP, DARCY	812	00:36:38.94	07:19	+00:07:30	129/155	75/82	

5K60+F (Female) - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/3	ZEMP, NORMA	925	00:31:16.65	06:15	+00:00:00	102/155	43/73	
2/3	YAMADA, CATHERINE	895	00:50:39.46	10:07	+00:19:22	152/155	71/73	
3/3	OULTON, JOCELYN	847	00:57:17.21	11:27	+00:26:00	155/155	73/73	

5K60+M (Male) - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/6	DEMEESTER, MARK	899	00:24:29.39	04:53	+00:00:00	31/155	20/82	
2/6	WOLSEY, SCOTT	894	00:26:30.59	05:18	+00:02:01	44/155	29/82	
3/6	LOW, RICHARD	836	00:27:52.25	05:34	+00:03:22	58/155	40/82	