

OA/PI = Overall Placing  
 Cat/PI = Category Placing  
 Gen/PI = Overall Gender Placing

## Category Award Results

## TOP 3 In Category

## 5K Run - 3.1 Miles

194 Finishers

**5K12&UF (Female) - 18 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/18	SMITH, ELIZA	312	00:23:56.90	04:47	+00:00:00	27/194	5/100	RAYMOND
2/18	SMITH, SARAH	317	00:27:43.47	05:32	+00:03:46	54/194	15/100	RAYMOND
3/18	BALDRY, ALLI	199	00:28:06.69	05:37	+00:04:09	61/194	18/100	RAYMOND

**5K12&UM (Male) - 34 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/34	NEILSON, KEETLEY	280	00:21:42.23	04:20	+00:00:00	11/194	10/94	RAYMOND
2/34	WEST, SETH	385	00:22:18.35	04:27	+00:00:36	14/194	12/94	WELLING
3/34	MICHEL, PETER	271	00:22:32.96	04:30	+00:00:50	15/194	13/94	RAYMOND

**5K13-19F (Female) - 9 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/9	WORSEY, KEIRA	337	00:20:11.58	04:02	+00:00:00	5/194	1/100	RAYMOND
2/9	SMITH, HANNAH	313	00:25:44.28	05:08	+00:05:32	39/194	9/100	RAYMOND
3/9	HASEGAWA, LIVVY	381	00:26:46.96	05:21	+00:06:35	45/194	11/100	RAYMOND

**5K13-19M (Male) - 13 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/13	STEWART, OWEN	324	00:18:31.73	03:42	+00:00:00	1/194	1/94	LETHBRIDGE
2/13	AMELINCKX, ERIK	191	00:19:57.73	03:59	+00:01:26	4/194	4/94	LETHBRIDGE
3/13	STEWART, DEAN	323	00:20:43.71	04:08	+00:02:11	7/194	6/94	LETHBRIDGE

**5K20-29F (Female) - 30 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/30	NORMAND, NOEL	359	00:23:03.94	04:36	+00:00:00	18/194	3/100	DEER LODGE
2/30	SCOTT, VANESSA	302	00:26:29.23	05:17	+00:03:25	43/194	10/100	RAYMOND
3/30	JARDINE, CHLOE	254	00:27:23.11	05:28	+00:04:19	50/194	12/100	RAYMOND

**5K20-29M (Male) - 17 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/17	BROADBENT, BENJAMIN	214	00:19:33.35	03:54	+00:00:00	2/194	2/94	LETHBRIDGE
2/17	RESTALL, BRENDON	293	00:19:51.15	03:58	+00:00:17	3/194	3/94	VICTORIA
3/17	SIEBEN, OWEN	346	00:20:36.48	04:07	+00:01:03	6/194	5/94	RAYMOND

**5K30-39F (Female) - 24 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/24	STEDFORD, ADRIENNE	386	00:22:03.32	04:24	+00:00:00	13/194	2/100	LETHBRIDGE
2/24	CURRIE, GAIL	363	00:23:29.16	04:41	+00:01:25	21/194	4/100	RAYMOND
3/24	JENSEN, WENDY	255	00:24:41.47	04:56	+00:02:38	33/194	6/100	FREMONT

**5K30-39M (Male) - 17 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/17	HOLT, BRETT	249	00:21:47.64	04:21	+00:00:00	12/194	11/94	RAYMOND
2/17	MICHEL, JORDAN	270	00:22:32.99	04:30	+00:00:45	16/194	14/94	RAYMOND
3/17	ADAMS, RILEY	151	00:23:42.33	04:44	+00:01:54	24/194	20/94	OKOTOKS

**5K40-49F (Female) - 14 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/14	TERRY, NICHOLE	328	00:25:43.34	05:08	+00:00:00	38/194	8/100	RAYMOND
2/14	HOLT, JENNIFER	340	00:31:00.78	06:12	+00:05:17	99/194	38/100	RED DEER
3/14	RODEBACK, ELODIE	296	00:33:57.52	06:47	+00:08:14	127/194	55/100	RAYMOND

**5K40-49M (Male) - 5 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/5	STEWART, BRUCE	322	00:21:15.70	04:15	+00:00:00	8/194	7/94	LETHBRIDGE
2/5	PIERSON, CHAD	292	00:23:43.79	04:44	+00:02:28	25/194	21/94	COALDALE
3/5	ROBERTSON, WILF	295	00:24:10.02	04:50	+00:02:54	31/194	26/94	COALDALE

**5K50-59F (Female) - 2 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/2	BAKER, DEBRA	352	00:41:47.61	08:21	+00:00:00	170/194	80/100	CALGARY
2/2	HAMILTON, BRENDA	237	00:57:26.46	11:29	+00:15:38	192/194	98/100	RAYMOND

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

## Category Award Results

## TOP 3 In Category

## 5K Run - 3.1 Miles

194 Finishers

**5K50-59M (Male) - 5 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/5	BROADBENT, GREGORY	215	00:29:39.47	05:55	+00:00:00	82/194	51/94	LETHBRIDGE
2/5	REGEHR, PRESTON	373	00:29:53.87	05:58	+00:00:14	84/194	53/94	SANDY
3/5	NELSON, MARK	343	00:33:21.81	06:40	+00:03:42	122/194	70/94	RAYMOND

**5K60+F (Female) - 3 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/3	BAKER, CAROLYN	198	00:45:58.78	09:11	+00:00:00	187/194	94/100	EDMONTON
2/3	HANCOCK, DEANNE	238	00:57:28.02	11:29	+00:11:29	193/194	99/100	RAYMOND
3/3	PICKETT, FLORENCE	354	01:06:31.05	13:18	+00:20:32	194/194	100/100	WELLING

**5K60+M (Male) - 3 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/3	SMITH, PAUL	387	00:24:05.27	04:49	+00:00:00	29/194	24/94	LETHBRIDGE
2/3	SWENSON, KEVIN	325	00:28:32.76	05:42	+00:04:27	69/194	47/94	SOUTH JORDAN
3/3	COSMAN, DOUGLAS	217	00:40:16.03	08:03	+00:16:10	161/194	87/94	RAYMOND