

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

## Category Results

5K Run/Walk - 3.1 Miles  
196 Finishers

## 5K12&amp;UF - 28 Competitors

| Cat/PI | Name              | Bib # | Time      | Pace/K | OA/PI   | Gen/PI  | Offset    | City           |
|--------|-------------------|-------|-----------|--------|---------|---------|-----------|----------------|
| 1/28   | BROWN, ALIZA      | 5172  | 23:21.298 | 04:40  | 22/196  | 6/103   | +00:00:00 | MAGRATH        |
| 2/28   | WILDE, KATE       | 5211  | 25:02.737 | 05:00  | 37/196  | 11/103  | +00:01:41 | WELLING        |
| 3/28   | PRATT, ELAINA     | 5088  | 27:12.626 | 05:26  | 48/196  | 15/103  | +00:03:51 | RAYMOND        |
| 4/28   | KING, ZOEY        | 5066  | 27:17.572 | 05:27  | 52/196  | 18/103  | +00:03:56 | RAYMOND        |
| 5/28   | LOWRY, SHANELLE   | 5070  | 28:16.471 | 05:39  | 61/196  | 24/103  | +00:04:55 | RAYMOND        |
| 6/28   | HARDING, RYLEE    | 5193  | 28:18.954 | 05:39  | 63/196  | 26/103  | +00:04:57 | COUNTY OF WARI |
| 7/28   | ROBERTS, REBEKAH  | 5137  | 29:31.985 | 05:54  | 75/196  | 34/103  | +00:06:10 | CARDSTON       |
| 8/28   | PRATT, GINGER     | 5089  | 30:01.727 | 06:00  | 80/196  | 36/103  | +00:06:40 | RAYMOND        |
| 9/28   | RALPH, EMMA       | 5091  | 30:03.533 | 06:00  | 81/196  | 37/103  | +00:06:42 | WELLING        |
| 10/28  | KING, RORY        | 5065  | 30:07.682 | 06:01  | 84/196  | 39/103  | +00:06:46 | RAYMOND        |
| 11/28  | ANECA, NATALIE    | 5007  | 30:19.305 | 06:03  | 86/196  | 40/103  | +00:06:58 | ELKFORD        |
| 12/28  | FEHR, KHLOE-ANN   | 5173  | 31:33.180 | 06:18  | 92/196  | 43/103  | +00:08:11 | STIRLING       |
| 13/28  | TILLEMANN, TALIA  | 5113  | 31:58.352 | 06:23  | 97/196  | 45/103  | +00:08:37 | CANMORE        |
| 14/28  | KEELER, LYDIA     | 5058  | 32:49.049 | 06:33  | 107/196 | 54/103  | +00:09:27 | OKOTOKS        |
| 15/28  | SHEEN, MAKLYN     | 5176  | 33:33.113 | 06:42  | 115/196 | 58/103  | +00:10:11 | RAYMOND        |
| 16/28  | SMITH, REBEKKAH   | 5104  | 33:36.350 | 06:43  | 116/196 | 59/103  | +00:10:15 | RAYMOND        |
| 17/28  | BULLOCK, TYCEE    | 5018  | 34:12.790 | 06:50  | 119/196 | 60/103  | +00:10:51 | BARNWELL       |
| 18/28  | CLELLAND, IVY     | 5139  | 34:41.103 | 06:56  | 125/196 | 65/103  | +00:11:19 | EDMONTON       |
| 19/28  | STEED, NORAH      | 5163  | 35:05.875 | 07:01  | 132/196 | 69/103  | +00:11:44 | RAYMOND        |
| 20/28  | TOLMAN, QUINCEY   | 5174  | 35:50.196 | 07:10  | 138/196 | 72/103  | +00:12:28 | RAYMOND        |
| 21/28  | SCHNIDER, ABYGAIL | 5169  | 37:45.108 | 07:33  | 149/196 | 78/103  | +00:14:23 | MAGRATH        |
| 22/28  | HARDY, EVA        | 5204  | 39:48.974 | 07:57  | 161/196 | 86/103  | +00:16:27 | RAYMOND        |
| 23/28  | PRATT, AURORA     | 5087  | 40:23.896 | 08:04  | 168/196 | 91/103  | +00:17:02 | RAYMOND        |
| 24/28  | CAMERON, ROWEN    | 5191  | 40:26.098 | 08:05  | 170/196 | 92/103  | +00:17:04 | CARSTAIRS      |
| 25/28  | EDWARDS, ALEXA    | 5125  | 40:52.794 | 08:10  | 172/196 | 93/103  | +00:17:31 | ARDROSSAN      |
| 26/28  | CLELLAND, ROWAN   | 5124  | 42:50.919 | 08:34  | 179/196 | 97/103  | +00:19:29 | EDMONTON       |
| 27/28  | FISHER, JAZLYN    | 5033  | 45:15.825 | 09:03  | 183/196 | 99/103  | +00:21:54 | MIDVALE        |
| 28/28  | OHLMANN, AUDRA    | 5081  | 49:13.886 | 09:50  | 191/196 | 101/103 | +00:25:52 | COALDALE       |

## 5K12&amp;UM - 24 Competitors

| Cat/PI | Name                | Bib # | Time      | Pace/K | OA/PI   | Gen/PI | Offset    | City       |
|--------|---------------------|-------|-----------|--------|---------|--------|-----------|------------|
| 1/24   | WARD, DECLAN        | 5115  | 23:21.345 | 04:40  | 23/196  | 17/93  | +00:00:00 | LETHBRIDGE |
| 2/24   | GIBB, FINN          | 5041  | 23:58.707 | 04:47  | 27/196  | 21/93  | +00:00:37 | EDMONTON   |
| 3/24   | NEILSON, RAFF       | 5077  | 24:03.440 | 04:48  | 28/196  | 22/93  | +00:00:42 | RAYMOND    |
| 4/24   | SCHNIDER, CHRISTIAN | 5170  | 27:12.675 | 05:26  | 49/196  | 34/93  | +00:03:51 | MAGRATH    |
| 5/24   | BARNES, GRANT       | 5013  | 27:53.714 | 05:34  | 58/196  | 37/93  | +00:04:32 | SALEM      |
| 6/24   | GIBB, JONAH         | 5043  | 29:12.603 | 05:50  | 70/196  | 40/93  | +00:05:51 | EDMONTON   |
| 7/24   | MILLER, JOSHUA      | 5072  | 29:27.838 | 05:53  | 73/196  | 41/93  | +00:06:06 | RAYMOND    |
| 8/24   | BAPTISTA, XAVIER S  | 5012  | 29:36.068 | 05:55  | 77/196  | 43/93  | +00:06:14 | LETHBRIDGE |
| 9/24   | SUNDELL, SETH       | 5111  | 30:59.830 | 06:11  | 88/196  | 47/93  | +00:07:38 | LAS VEGAS  |
| 10/24  | KEELER, TRUMAN      | 5062  | 31:00.064 | 06:12  | 89/196  | 48/93  | +00:07:38 | OKOTOKS    |
| 11/24  | HILL, HAYES         | 5216  | 31:55.516 | 06:23  | 95/196  | 52/93  | +00:08:34 | RAYMOND    |
| 12/24  | ROBERTS, MICAH      | 5142  | 32:49.259 | 06:33  | 108/196 | 54/93  | +00:09:27 | CARDSTON   |
| 13/24  | HARDY, ISAAC        | 5128  | 33:16.539 | 06:39  | 112/196 | 56/93  | +00:09:55 | RAYMOND    |
| 14/24  | CAMERON, CALLUM     | 5119  | 33:19.023 | 06:39  | 114/196 | 57/93  | +00:09:57 | CARSTAIRS  |
| 15/24  | EDWARDS, RHETT      | 5031  | 34:12.442 | 06:50  | 118/196 | 59/93  | +00:10:51 | RAYMOND    |
| 16/24  | HARDY, WILLIAM      | 5206  | 35:06.603 | 07:01  | 133/196 | 64/93  | +00:11:45 | RAYMOND    |
| 17/24  | SCHNIDER, JACE      | 5171  | 37:02.312 | 07:24  | 145/196 | 69/93  | +00:13:40 | MAGRATH    |
| 18/24  | STEED, OLIVER       | 5199  | 38:01.233 | 07:36  | 153/196 | 73/93  | +00:14:39 | RAYMOND    |
| 19/24  | AOKUSO, AMMON       | 5009  | 38:06.132 | 07:37  | 154/196 | 74/93  | +00:14:44 | RAYMOND    |
| 20/24  | SMITH, LUKE         | 5102  | 40:06.692 | 08:01  | 164/196 | 76/93  | +00:16:45 | RAYMOND    |
| 21/24  | WILDE, HENRY        | 5164  | 41:18.693 | 08:15  | 174/196 | 80/93  | +00:17:57 | LETHBRIDGE |
| 22/24  | OHLMANN, NEVAN      | 5082  | 42:03.180 | 08:24  | 176/196 | 81/93  | +00:18:41 | COALDALE   |
| 23/24  | SMITH, MILES        | 5103  | 47:45.997 | 09:33  | 188/196 | 88/93  | +00:24:24 | RAYMOND    |
| 24/24  | CARISSE, AUSTIN     | 5020  | 47:46.770 | 09:33  | 189/196 | 89/93  | +00:24:25 | COALDALE   |

## 5K13-15F - 12 Competitors

| Cat/PI | Name            | Bib # | Time      | Pace/K | OA/PI  | Gen/PI | Offset    | City       |
|--------|-----------------|-------|-----------|--------|--------|--------|-----------|------------|
| 1/12   | SALMON, AUSTYN  | 5158  | 24:07.101 | 04:49  | 30/196 | 7/103  | +00:00:00 | RAYMOND    |
| 2/12   | SMITH, SARAH    | 5105  | 27:15.699 | 05:27  | 50/196 | 16/103 | +00:03:08 | RAYMOND    |
| 3/12   | BEATTIE, ASHLEY | 5148  | 29:18.135 | 05:51  | 72/196 | 32/103 | +00:05:11 | LETHBRIDGE |
| 4/12   | HAAS, CHARLOTTE | 5044  | 31:09.384 | 06:13  | 90/196 | 42/103 | +00:07:02 | RAYMOND    |

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

## Category Results

5K Run/Walk - 3.1 Miles  
196 Finishers

## 5K13-15F - 12 Competitors

| Cat/PI | Name              | Bib # | Time      | Pace/K | OA/PI   | Gen/PI | Offset    | City      |
|--------|-------------------|-------|-----------|--------|---------|--------|-----------|-----------|
| 5/12   | SUNDELL, MIA      | 5110  | 32:05.478 | 06:25  | 99/196  | 47/103 | +00:07:58 | LAS VEGAS |
| 6/12   | NEILSON, ROWAN    | 5078  | 32:22.048 | 06:28  | 101/196 | 49/103 | +00:08:14 | RAYMOND   |
| 7/12   | TILLEMANN, SADIE  | 5146  | 32:26.595 | 06:29  | 102/196 | 50/103 | +00:08:19 | CANMORE   |
| 8/12   | FRASER, GRACIE    | 5037  | 32:32.056 | 06:30  | 103/196 | 51/103 | +00:08:24 | RAYMOND   |
| 9/12   | SMITH, BRENNAN    | 5095  | 32:43.305 | 06:32  | 105/196 | 52/103 | +00:08:36 | RAYMOND   |
| 10/12  | OLSEN, MOLLY      | 5140  | 33:16.867 | 06:39  | 113/196 | 57/103 | +00:09:09 | WELLING   |
| 11/12  | TILLEMANN, HANNAH | 5112  | 34:37.234 | 06:55  | 122/196 | 62/103 | +00:10:30 | CANMORE   |
| 12/12  | GORNER, HAILEY    | 5153  | 36:33.383 | 07:18  | 143/196 | 75/103 | +00:12:26 | HINTON    |

## 5K13-15M - 19 Competitors

| Cat/PI | Name              | Bib # | Time      | Pace/K | OA/PI   | Gen/PI | Offset    | City     |
|--------|-------------------|-------|-----------|--------|---------|--------|-----------|----------|
| 1/19   | ADAMS, TRISTAN    | 5002  | 20:58.236 | 04:11  | 3/196   | 3/93   | +00:00:00 | OKOTOKS  |
| 2/19   | MOHAMED, ETHAN    | 5180  | 20:59.947 | 04:11  | 4/196   | 4/93   | +00:00:01 | DRAPER   |
| 3/19   | GARNER, NOLAN     | 5039  | 21:31.025 | 04:18  | 8/196   | 7/93   | +00:00:32 | RAYMOND  |
| 4/19   | BARNES, LANCE     | 5015  | 21:31.189 | 04:18  | 9/196   | 8/93   | +00:00:32 | SALEM    |
| 5/19   | GARNER, NIXON     | 5038  | 21:36.790 | 04:19  | 10/196  | 9/93   | +00:00:38 | RAYMOND  |
| 6/19   | NEILSON, KEETLEY  | 5076  | 22:17.455 | 04:27  | 12/196  | 10/93  | +00:01:19 | RAYMOND  |
| 7/19   | WILLIAMS, CONNOR  | 5121  | 22:17.572 | 04:27  | 13/196  | 11/93  | +00:01:19 | RAYMOND  |
| 8/19   | KEELER, BRIGHAM   | 5057  | 22:41.056 | 04:32  | 16/196  | 13/93  | +00:01:42 | OKOTOKS  |
| 9/19   | GIBB, HARVEY      | 5042  | 25:49.892 | 05:09  | 39/196  | 27/93  | +00:04:51 | EDMONTON |
| 10/19  | HEGGIE, KOLT      | 5050  | 26:50.198 | 05:22  | 45/196  | 31/93  | +00:05:51 | RAYMOND  |
| 11/19  | EDWARDS, ETHAN    | 5030  | 27:32.151 | 05:30  | 54/196  | 35/93  | +00:06:33 | RAYMOND  |
| 12/19  | GORNER, JAMES     | 5154  | 27:53.550 | 05:34  | 57/196  | 36/93  | +00:06:55 | HINTON   |
| 13/19  | CLELLAND, GAVIN   | 5123  | 28:58.612 | 05:47  | 68/196  | 39/93  | +00:08:00 | EDMONTON |
| 14/19  | SMITH, KYLE       | 5160  | 29:44.548 | 05:56  | 78/196  | 44/93  | +00:08:46 | AUBURN   |
| 15/19  | HARDY, DAVID      | 5126  | 33:15.789 | 06:39  | 111/196 | 55/93  | +00:12:17 | RAYMOND  |
| 16/19  | FRASER, EASTON    | 5036  | 34:01.329 | 06:48  | 117/196 | 58/93  | +00:13:03 | RAYMOND  |
| 17/19  | BEVANS, KARSEN    | 5150  | 34:57.391 | 06:59  | 129/196 | 61/93  | +00:13:59 | RAYMOND  |
| 18/19  | HARGREAVES, MILES | 5048  | 36:13.448 | 07:14  | 142/196 | 68/93  | +00:15:15 | SPANISH  |
| 19/19  | SMITH, DYLAN      | 5097  | 38:30.952 | 07:42  | 156/196 | 75/93  | +00:17:32 | RAYMOND  |

## 5K16-19F - 11 Competitors

| Cat/PI | Name              | Bib # | Time      | Pace/K | OA/PI   | Gen/PI | Offset    | City      |
|--------|-------------------|-------|-----------|--------|---------|--------|-----------|-----------|
| 1/11   | SMITH, ELIZA      | 5099  | 21:52.658 | 04:22  | 11/196  | 2/103  | +00:00:00 | RAYMOND   |
| 2/11   | SMITH, ELANIA     | 5098  | 22:54.369 | 04:34  | 19/196  | 5/103  | +00:01:01 | RAYMOND   |
| 3/11   | BALDRY, ALLI      | 5202  | 25:51.392 | 05:10  | 40/196  | 13/103 | +00:03:58 | RAYMOND   |
| 4/11   | MILLER, EMILY     | 5073  | 28:46.775 | 05:45  | 67/196  | 29/103 | +00:06:54 | RAYMOND   |
| 5/11   | MOHAMED, JADA     | 5181  | 29:00.978 | 05:48  | 69/196  | 30/103 | +00:07:08 | DRAPER    |
| 6/11   | HILL, ADDIE       | 5215  | 31:56.922 | 06:23  | 96/196  | 44/103 | +00:10:04 | RAYMOND   |
| 7/11   | JENSEN, KIZZIA    | 5055  | 34:37.961 | 06:55  | 123/196 | 63/103 | +00:12:45 | RAYMOND   |
| 8/11   | ZUMBACH, LAURIANE | 5118  | 34:38.008 | 06:55  | 124/196 | 64/103 | +00:12:45 | RAYMOND   |
| 9/11   | HARTLEY, ARIANA   | 5132  | 34:53.454 | 06:58  | 128/196 | 68/103 | +00:13:00 | RAYMOND   |
| 10/11  | SUNDELL, ELLYSE   | 5107  | 37:03.882 | 07:24  | 146/196 | 77/103 | +00:15:11 | LAS VEGAS |
| 11/11  | SUNDELL, LILY     | 5109  | 39:29.567 | 07:53  | 158/196 | 83/103 | +00:17:36 | LAS VEGAS |

## 5K16-19M - 12 Competitors

| Cat/PI | Name                | Bib # | Time        | Pace/K | OA/PI   | Gen/PI | Offset    | City        |
|--------|---------------------|-------|-------------|--------|---------|--------|-----------|-------------|
| 1/12   | SIMPSON, KURT       | 5177  | 20:53.151   | 04:10  | 2/196   | 2/93   | +00:00:00 | RAYMOND     |
| 2/12   | BARNES, HYRUM       | 5014  | 21:07.072   | 04:13  | 5/196   | 5/93   | +00:00:13 | SALEM       |
| 3/12   | CONDIT, TJ          | 5023  | 22:53.103   | 04:34  | 18/196  | 14/93  | +00:01:59 | SALEM       |
| 4/12   | SMITH, ZACHARY      | 5161  | 23:22.049   | 04:40  | 24/196  | 18/93  | +00:02:28 | AUBURN      |
| 5/12   | HARGREAVES, JACKSON | 5046  | 23:26.431   | 04:41  | 25/196  | 19/93  | +00:02:33 | SPANISH     |
| 6/12   | WILLIAMS, BLAISE    | 5147  | 23:45.444   | 04:45  | 26/196  | 20/93  | +00:02:52 | RAYMOND     |
| 7/12   | WYATT, HAYDEN       | 5214  | 24:34.120   | 04:54  | 35/196  | 26/93  | +00:03:40 | RAYMOND     |
| 8/12   | SMITH, BRODY        | 5096  | 30:06.181   | 06:01  | 83/196  | 45/93  | +00:09:13 | RAYMOND     |
| 9/12   | HEGGIE, JACK        | 5198  | 40:47.943   | 08:09  | 171/196 | 79/93  | +00:19:54 | FT MCMURRAY |
| 10/12  | COLLINS, TANNER     | 5194  | 45:59.639   | 09:11  | 185/196 | 86/93  | +00:25:06 | RAYMOND     |
| 11/12  | HOWARD, DANE        | 5051  | 1:00:29.353 | 12:05  | 195/196 | 92/93  | +00:39:36 | RAYMOND     |
| 12/12  | STRINGAM, COOPER    | 5106  | 1:00:29.491 | 12:05  | 196/196 | 93/93  | +00:39:36 | RAYMOND     |

## 5K20-29F - 7 Competitors

| Cat/PI | Name              | Bib # | Time      | Pace/K | OA/PI  | Gen/PI | Offset    | City     |
|--------|-------------------|-------|-----------|--------|--------|--------|-----------|----------|
| 1/7    | ANDERSON, KENDALL | 5004  | 26:37.024 | 05:19  | 44/196 | 14/103 | +00:00:00 | EDMONTON |
| 2/7    | MILLER, NOEL      | 5187  | 27:58.354 | 05:35  | 59/196 | 22/103 | +00:01:21 | GARRISON |

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

## Category Results

## 5K Run/Walk - 3.1 Miles

196 Finishers

## 5K20-29F - 7 Competitors

| Cat/PI | Name               | Bib # | Time      | Pace/K | OA/PI   | Gen/PI  | Offset    | City           |
|--------|--------------------|-------|-----------|--------|---------|---------|-----------|----------------|
| 3/7    | IVERSON, LIZZY     | 5053  | 28:24.275 | 05:40  | 64/196  | 27/103  | +00:01:47 | OGDEN          |
| 4/7    | BLACKMORE, BRIT    | 5210  | 32:53.173 | 06:34  | 109/196 | 55/103  | +00:06:16 | MAGRATH        |
| 5/7    | ZUMBACH, CLELIANNE | 5117  | 34:52.586 | 06:58  | 127/196 | 67/103  | +00:08:15 | RAYMOND        |
| 6/7    | WRIGHT, MEGAN      | 5116  | 44:13.817 | 08:50  | 181/196 | 98/103  | +00:17:36 | RAYMOND        |
| 7/7    | OLSEN, JENNIFER    | 5085  | 54:42.666 | 10:56  | 193/196 | 103/103 | +00:28:05 | GRANDE PRAIRIE |

## 5K20-29M - 6 Competitors

| Cat/PI | Name             | Bib # | Time      | Pace/K | OA/PI   | Gen/PI | Offset    | City       |
|--------|------------------|-------|-----------|--------|---------|--------|-----------|------------|
| 1/6    | OLIVER, CRAIG    | 5084  | 22:36.087 | 04:31  | 15/196  | 12/93  | +00:00:00 | EDMONTON   |
| 2/6    | WERT, DANIEL     | 5200  | 23:10.681 | 04:38  | 21/196  | 16/93  | +00:00:34 | RAYMOND    |
| 3/6    | MILLER, TENNYSON | 5188  | 26:00.485 | 05:12  | 41/196  | 28/93  | +00:03:24 | GARRISON   |
| 4/6    | HEGGIE, CHASE    | 5049  | 31:53.993 | 06:22  | 94/196  | 51/93  | +00:09:17 | RAYMOND    |
| 5/6    | SIMPSON, BRADY   | 5094  | 34:28.727 | 06:53  | 121/196 | 60/93  | +00:11:52 | LETHBRIDGE |
| 6/6    | RALPH, BRIGGS    | 5166  | 35:05.570 | 07:01  | 131/196 | 63/93  | +00:12:29 | RAYMOND    |

## 5K30-39F - 27 Competitors

| Cat/PI | Name                | Bib # | Time      | Pace/K | OA/PI   | Gen/PI  | Offset    | City          |
|--------|---------------------|-------|-----------|--------|---------|---------|-----------|---------------|
| 1/27   | CLELLAND, BROOKE    | 5122  | 21:12.135 | 04:14  | 6/196   | 1/103   | +00:00:00 | EDMONTON      |
| 2/27   | DEMEESTER, ANGELA   | 5195  | 22:49.334 | 04:33  | 17/196  | 4/103   | +00:01:37 | WASHINGTON DC |
| 3/27   | VAN BRUGGEN, SARAH  | 5217  | 24:07.964 | 04:49  | 31/196  | 8/103   | +00:02:55 | ST ALBERT     |
| 4/27   | KUTARNA, ALEX       | 5067  | 24:32.010 | 04:54  | 34/196  | 9/103   | +00:03:19 | COCHRANE      |
| 5/27   | JEFFREY, AMANDA     | 5155  | 27:15.931 | 05:27  | 51/196  | 17/103  | +00:06:03 |               |
| 6/27   | DUNFORD, LAURA      | 5029  | 27:35.267 | 05:31  | 55/196  | 20/103  | +00:06:23 | CALGARY       |
| 7/27   | ANDERSON, STEPHANIE | 5208  | 27:44.830 | 05:32  | 56/196  | 21/103  | +00:06:32 | BARNWELL      |
| 8/27   | SOMMERFELDT, DENISE | 5201  | 29:12.664 | 05:50  | 71/196  | 31/103  | +00:08:00 | MAGRATH       |
| 9/27   | RALPH, AMY          | 5212  | 30:03.836 | 06:00  | 82/196  | 38/103  | +00:08:51 | RAYMOND       |
| 10/27  | ALLRED, CHRISTINA   | 5178  | 32:05.009 | 06:25  | 98/196  | 46/103  | +00:10:52 | RAYMOND       |
| 11/27  | NEILSON, JANELLE    | 5075  | 32:22.048 | 06:28  | 100/196 | 48/103  | +00:11:09 | RAYMOND       |
| 12/27  | OAKES, MELISSA      | 5079  | 32:45.603 | 06:33  | 106/196 | 53/103  | +00:11:33 | CLARESHOLM    |
| 13/27  | KEELER, MICHELLE    | 5060  | 33:01.070 | 06:36  | 110/196 | 56/103  | +00:11:48 | OKOTOKS       |
| 14/27  | ROBERTS, SYDNEE     | 5157  | 34:48.273 | 06:57  | 126/196 | 66/103  | +00:13:36 | RAYMOND       |
| 15/27  | HARDY, HEATHER      | 5205  | 35:08.851 | 07:01  | 134/196 | 70/103  | +00:13:56 | RAYMOND       |
| 16/27  | MCKENZIE, MORGAN    | 5071  | 35:14.384 | 07:02  | 136/196 | 71/103  | +00:14:02 | RAYMOND       |
| 17/27  | DEMEESTER, ERICA    | 5025  | 35:57.133 | 07:11  | 140/196 | 73/103  | +00:14:44 | SPRINGVILLE   |
| 18/27  | MOHAMED, JACQUELIN  | 5179  | 36:54.554 | 07:22  | 144/196 | 76/103  | +00:15:42 | DRAPER        |
| 19/27  | TURNER, KAITLYN     | 5114  | 37:52.468 | 07:34  | 151/196 | 79/103  | +00:16:40 | BOUNTIFUL     |
| 20/27  | SCHNIDER, CHARITY   | 5168  | 38:10.373 | 07:38  | 155/196 | 81/103  | +00:16:58 | MAGRATH       |
| 21/27  | GORNER, DIANE       | 5152  | 39:46.514 | 07:57  | 160/196 | 85/103  | +00:18:34 | HINTON        |
| 22/27  | BULLOCK, CHELSIE    | 5017  | 39:49.911 | 07:57  | 162/196 | 87/103  | +00:18:37 | BARNWELL      |
| 23/27  | FISHER, MEGAN       | 5035  | 40:02.767 | 08:00  | 163/196 | 88/103  | +00:18:50 | MIDVALE       |
| 24/27  | HARDY, HEATHER      | 5045  | 40:20.452 | 08:04  | 166/196 | 90/103  | +00:19:08 | RAYMOND       |
| 25/27  | OHLMANN, NIKKI      | 5083  | 42:03.083 | 08:24  | 175/196 | 95/103  | +00:20:50 | COALDALE      |
| 26/27  | OAKES, REBEKAH      | 5080  | 42:23.263 | 08:28  | 177/196 | 96/103  | +00:21:11 | CLARESHOLM    |
| 27/27  | CARISSE, KENDALL    | 5021  | 47:45.388 | 09:33  | 187/196 | 100/103 | +00:26:33 | COALDALE      |

## 5K30-39M - 17 Competitors

| Cat/PI | Name               | Bib # | Time      | Pace/K | OA/PI   | Gen/PI | Offset    | City          |
|--------|--------------------|-------|-----------|--------|---------|--------|-----------|---------------|
| 1/17   | SCHAEERZ, SIMON    | 5093  | 18:10.776 | 03:38  | 1/196   | 1/93   | +00:00:00 | LETHBRIDGE    |
| 2/17   | KUTARNA, JOE       | 5068  | 21:21.383 | 04:16  | 7/196   | 6/93   | +00:03:10 | COCHRANE      |
| 3/17   | ANECA, DAVID       | 5006  | 22:59.784 | 04:35  | 20/196  | 15/93  | +00:04:49 | ELKFORD       |
| 4/17   | ROBERTS, DARREN    | 5141  | 24:03.534 | 04:48  | 29/196  | 23/93  | +00:05:52 | CARDSTON      |
| 5/17   | ANECA, JASON       | 5192  | 24:16.517 | 04:51  | 32/196  | 24/93  | +00:06:05 | RAYMOND       |
| 6/17   | ADAMS, RILEY       | 5001  | 24:29.548 | 04:53  | 33/196  | 25/93  | +00:06:18 | OKOTOKS       |
| 7/17   | HUDSON, SHANE      | 5052  | 26:16.986 | 05:15  | 42/196  | 29/93  | +00:08:06 | RAYMOND       |
| 8/17   | WILDE, MATT        | 5165  | 26:25.400 | 05:17  | 43/196  | 30/93  | +00:08:14 | MAGRATH       |
| 9/17   | IVERSON, PRESTON   | 5054  | 26:54.743 | 05:22  | 46/196  | 32/93  | +00:08:43 | OGDEN         |
| 10/17  | KING, RANDY        | 5064  | 30:09.720 | 06:01  | 85/196  | 46/93  | +00:11:58 | RAYMOND       |
| 11/17  | KEELER, MATTHEW    | 5059  | 31:51.860 | 06:22  | 93/196  | 50/93  | +00:13:41 | OKOTOKS       |
| 12/17  | DEMEESTER, TALMAGE | 5182  | 35:13.047 | 07:02  | 135/196 | 65/93  | +00:17:02 | SAMMAMISH     |
| 13/17  | ATWOOD, RON        | 5011  | 35:51.906 | 07:10  | 139/196 | 67/93  | +00:17:41 | PINCHER CREEK |
| 14/17  | CHILD, JACOB       | 5022  | 37:49.842 | 07:33  | 150/196 | 72/93  | +00:19:39 | BOUNTIFUL     |
| 15/17  | AOKUSO, MOILA      | 5010  | 42:44.662 | 08:32  | 178/196 | 82/93  | +00:24:33 | RAYMOND       |
| 16/17  | FISHER, JEFFERSON  | 5034  | 45:16.091 | 09:03  | 184/196 | 85/93  | +00:27:05 | MIDVALE       |

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

## Category Results

## 5K Run/Walk - 3.1 Miles

196 Finishers

## 5K30-39M - 17 Competitors

| Cat/PI | Name              | Bib # | Time      | Pace/K | OA/PI   | Gen/PI | Offset    | City        |
|--------|-------------------|-------|-----------|--------|---------|--------|-----------|-------------|
| 17/17  | DEMEESTER, NELSON | 5026  | 48:55.231 | 09:47  | 190/196 | 90/93  | +00:30:44 | SPRINGVILLE |

## 5K40-49F - 12 Competitors

| Cat/PI | Name                | Bib # | Time      | Pace/K | OA/PI   | Gen/PI | Offset    | City         |
|--------|---------------------|-------|-----------|--------|---------|--------|-----------|--------------|
| 1/12   | PINDER, ERIN        | 5086  | 22:26.290 | 04:29  | 14/196  | 3/103  | +00:00:00 | LETHBRIDGE   |
| 2/12   | SALMON, STEPHANIE   | 5159  | 24:35.619 | 04:55  | 36/196  | 10/103 | +00:02:09 | RAYMOND      |
| 3/12   | FORSYTH, ALEXA      | 5183  | 27:24.487 | 05:28  | 53/196  | 19/103 | +00:04:58 | LETHBRIDGE   |
| 4/12   | SMITH, JANA         | 5100  | 28:13.025 | 05:38  | 60/196  | 23/103 | +00:05:46 | RAYMOND      |
| 5/12   | LOWRY, CARMEN       | 5186  | 28:17.034 | 05:39  | 62/196  | 25/103 | +00:05:50 | RAYMOND      |
| 6/12   | NAVRATIL, GENEVIEVE | 5074  | 29:30.252 | 05:54  | 74/196  | 33/103 | +00:07:03 | RAYMOND      |
| 7/12   | KNIGHTON, JACQUI    | 5136  | 29:47.314 | 05:57  | 79/196  | 35/103 | +00:07:21 | ST. GEORGE   |
| 8/12   | SMITH, JODI         | 5101  | 30:27.863 | 06:05  | 87/196  | 41/103 | +00:08:01 | RAYMOND      |
| 9/12   | SAMPLES, MICHELLE   | 5092  | 36:01.608 | 07:12  | 141/196 | 74/103 | +00:13:35 | FORT CAVAZOS |
| 10/12  | KIENZLE, NICOLE     | 5063  | 39:20.685 | 07:52  | 157/196 | 82/103 | +00:16:54 | RAYMOND      |
| 11/12  | SUNDELL, KRISTEN    | 5108  | 39:35.755 | 07:55  | 159/196 | 84/103 | +00:17:09 | LAS VEGAS    |
| 12/12  | EDWARDS, ROBYN      | 5207  | 40:57.014 | 08:11  | 173/196 | 94/103 | +00:18:30 | EDMONTON     |

## 5K40-49M - 7 Competitors

| Cat/PI | Name             | Bib # | Time      | Pace/K | OA/PI   | Gen/PI | Offset    | City        |
|--------|------------------|-------|-----------|--------|---------|--------|-----------|-------------|
| 1/7    | DEMEESTER, MCKAY | 5185  | 27:05.034 | 05:25  | 47/196  | 33/93  | +00:00:00 | RENTON      |
| 2/7    | HARGREAVES, MATT | 5047  | 29:36.040 | 05:55  | 76/196  | 42/93  | +00:02:31 | SPANISH     |
| 3/7    | LAWLOR, MIKE     | 5184  | 32:35.735 | 06:31  | 104/196 | 53/93  | +00:05:30 | CALGARY     |
| 4/7    | BEVANS, DARREN   | 5149  | 34:57.485 | 06:59  | 130/196 | 62/93  | +00:07:52 | RAYMOND     |
| 5/7    | HEGGIE, TIM      | 5197  | 37:09.342 | 07:25  | 147/196 | 70/93  | +00:10:04 | FT MCMURRAY |
| 6/7    | TOLMAN, DUSTIN   | 5175  | 37:41.147 | 07:32  | 148/196 | 71/93  | +00:10:36 | RAYMOND     |
| 7/7    | PRATT, KURTIS    | 5090  | 40:24.177 | 08:04  | 169/196 | 78/93  | +00:13:19 | RAYMOND     |

## 5K50-59F - 4 Competitors

| Cat/PI | Name              | Bib # | Time      | Pace/K | OA/PI   | Gen/PI | Offset    | City       |
|--------|-------------------|-------|-----------|--------|---------|--------|-----------|------------|
| 1/4    | GAUTHIER, HEATHER | 5040  | 25:37.517 | 05:07  | 38/196  | 12/103 | +00:00:00 | LETHBRIDGE |
| 2/4    | BURTON, NATALIE   | 5019  | 28:31.845 | 05:42  | 66/196  | 28/103 | +00:02:54 | RAYMOND    |
| 3/4    | SIMPSON, LAURA    | 5167  | 34:18.508 | 06:51  | 120/196 | 61/103 | +00:08:40 | RAYMOND    |
| 4/4    | FAERBER, BETSY    | 5190  | 40:20.405 | 08:04  | 165/196 | 89/103 | +00:14:42 | DULUTH     |

## 5K50-59M - 1 Competitors

| Cat/PI | Name       | Bib # | Time      | Pace/K | OA/PI   | Gen/PI | Offset    | City    |
|--------|------------|-------|-----------|--------|---------|--------|-----------|---------|
| 1/1    | BOYD, DOUG | 5016  | 44:14.310 | 08:50  | 182/196 | 84/93  | +00:00:00 | RAYMOND |

## 5K60-69F - 2 Competitors

| Cat/PI | Name              | Bib # | Time      | Pace/K | OA/PI   | Gen/PI  | Offset    | City      |
|--------|-------------------|-------|-----------|--------|---------|---------|-----------|-----------|
| 1/2    | DEMEESTER, DONEEN | 5024  | 37:52.562 | 07:34  | 152/196 | 80/103  | +00:00:00 | SAMMAMISH |
| 2/2    | HONDL, CARALINE   | 5209  | 53:09.666 | 10:37  | 192/196 | 102/103 | +00:15:17 | RAYMOND   |

## 5K60-69M - 6 Competitors

| Cat/PI | Name             | Bib # | Time      | Pace/K | OA/PI   | Gen/PI | Offset    | City       |
|--------|------------------|-------|-----------|--------|---------|--------|-----------|------------|
| 1/6    | DEMEESTER, MARK  | 5151  | 28:27.274 | 05:41  | 65/196  | 38/93  | +00:00:00 | BOISE      |
| 2/6    | MCLEAN, PATRICK  | 5156  | 31:28.586 | 06:17  | 91/196  | 49/93  | +00:03:01 | COALDALE   |
| 3/6    | SHAW, DECON      | 5145  | 35:40.281 | 07:08  | 137/196 | 66/93  | +00:07:13 | RAYMOND    |
| 4/6    | FAERBER, MATTHEW | 5189  | 40:20.597 | 08:04  | 167/196 | 77/93  | +00:11:53 | DULUTH     |
| 5/6    | ADAMS, VERNON    | 5003  | 46:51.083 | 09:22  | 186/196 | 87/93  | +00:18:23 | OKOTOKS    |
| 6/6    | DREW, DAVID      | 5028  | 54:43.111 | 10:56  | 194/196 | 91/93  | +00:26:15 | LETHBRIDGE |

## 5K70+M - 1 Competitors

| Cat/PI | Name             | Bib # | Time      | Pace/K | OA/PI   | Gen/PI | Offset    | City      |
|--------|------------------|-------|-----------|--------|---------|--------|-----------|-----------|
| 1/1    | DEMEESTER, WAYNE | 5027  | 43:30.862 | 08:42  | 180/196 | 83/93  | +00:00:00 | SAMMAMISH |