

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

5K Run/Walk - 3.1 Miles
204 Finishers

5K12&UF - 16 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | OA/PI | Gen/PI | Offset | City |
|--------|-----------------------|-------|-----------|--------|---------|--------|-----------|------------|
| 1/16 | ADAMS, JADE | 5443 | 25:53.238 | 05:10 | 40/204 | 10/107 | +00:00:00 | OKOTOKS |
| 2/16 | RALPH, EMMA | 5529 | 26:50.263 | 05:22 | 57/204 | 18/107 | +00:00:57 | WELLING |
| 3/16 | KING, RORY | 5634 | 27:17.190 | 05:27 | 63/204 | 20/107 | +00:01:23 | RAYMOND |
| 4/16 | EVANS, VINNIE | 5628 | 28:07.722 | 05:37 | 66/204 | 23/107 | +00:02:14 | RAYMOND |
| 5/16 | WERT, SARAH | 5665 | 28:24.222 | 05:40 | 68/204 | 25/107 | +00:02:30 | RAYMOND |
| 6/16 | TOLMAN, QUINCEY | 5577 | 28:52.488 | 05:46 | 75/204 | 29/107 | +00:02:59 | WILLISTON |
| 7/16 | MCCANDLESS, CHARLOTTE | 5655 | 29:18.291 | 05:51 | 79/204 | 31/107 | +00:03:25 | RAYMOND |
| 8/16 | HARDY, LIESEL | 5486 | 30:33.033 | 06:06 | 95/204 | 38/107 | +00:04:39 | RAYMOND |
| 9/16 | CLELLAND, ROWAN | 5462 | 32:13.861 | 06:26 | 120/204 | 52/107 | +00:06:20 | EDMONTON |
| 10/16 | SHEEN, MAKLYN | 5548 | 32:34.111 | 06:30 | 126/204 | 57/107 | +00:06:40 | HASLET |
| 11/16 | CLELLAND, IVY | 5461 | 33:52.227 | 06:46 | 143/204 | 65/107 | +00:07:58 | EDMONTON |
| 12/16 | OAKES, JULIA | 5521 | 34:32.188 | 06:54 | 147/204 | 67/107 | +00:08:38 | CLARESHOLM |
| 13/16 | GOURLIE, ELLA | 5642 | 35:15.969 | 07:03 | 155/204 | 73/107 | +00:09:22 | RAYMOND |
| 14/16 | ALLEN, ADELYN | 5447 | 39:30.217 | 07:54 | 171/204 | 86/107 | +00:13:36 | COALHURST |
| 15/16 | ALLEN, MEGAN | 5448 | 41:27.287 | 08:17 | 185/204 | 95/107 | +00:15:34 | LETHBRIDGE |
| 16/16 | DICK, CHLOE | 5471 | 41:33.005 | 08:18 | 186/204 | 96/107 | +00:15:39 | RAYMOND |

5K12&UM - 21 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | OA/PI | Gen/PI | Offset | City |
|--------|---------------------|-------|-------------|--------|---------|--------|-----------|----------------|
| 1/21 | TOLMAN, JETER | 5575 | 21:41.552 | 04:20 | 11/204 | 11/97 | +00:00:00 | WILLISTON |
| 2/21 | YAVITU, MIKA | 5625 | 23:36.411 | 04:43 | 23/204 | 22/97 | +00:01:54 | LETHBRIDGE |
| 3/21 | YAVITU, ETHAN | 5624 | 23:56.402 | 04:47 | 26/204 | 24/97 | +00:02:14 | LETHBRIDGE |
| 4/21 | TOLMAN, PACER | 5576 | 24:35.894 | 04:55 | 32/204 | 26/97 | +00:02:54 | WILLISTON |
| 5/21 | WILDE, JESSE | 5645 | 24:59.402 | 04:59 | 35/204 | 29/97 | +00:03:17 | RAYMOND |
| 6/21 | SMITH, JACOB | 5556 | 25:26.543 | 05:05 | 38/204 | 30/97 | +00:03:44 | RAYMOND |
| 7/21 | NEILSON, RAFF | 5619 | 26:02.121 | 05:12 | 42/204 | 32/97 | +00:04:20 | RAYMOND |
| 8/21 | SHEEN, BRIGS | 5547 | 26:58.441 | 05:23 | 59/204 | 41/97 | +00:05:16 | HASLET |
| 9/21 | HARDY, ALDEN | 5483 | 30:32.915 | 06:06 | 94/204 | 57/97 | +00:08:51 | RAYMOND |
| 10/21 | HARTLEY, BENSON | 5492 | 32:06.712 | 06:25 | 116/204 | 68/97 | +00:10:25 | RAYMOND |
| 11/21 | ABREY-MCKEOWN, SEAN | 5607 | 32:22.255 | 06:28 | 124/204 | 69/97 | +00:10:40 | COALDALE |
| 12/21 | OAKES, ESMOND | 5519 | 32:40.697 | 06:32 | 129/204 | 72/97 | +00:10:59 | CLARESHOLM |
| 13/21 | OAKES, WESLEY | 5525 | 32:43.040 | 06:32 | 131/204 | 73/97 | +00:11:01 | CLARESHOLM |
| 14/21 | CARISSE, AUSTIN | 5455 | 38:36.405 | 07:43 | 168/204 | 84/97 | +00:16:54 | COALDALE |
| 15/21 | OAKES, FRANKLIN | 5520 | 40:20.514 | 08:04 | 179/204 | 88/97 | +00:18:38 | CLARESHOLM |
| 16/21 | OAKES, THOMAS | 5524 | 40:24.052 | 08:04 | 180/204 | 89/97 | +00:18:42 | CLARESHOLM |
| 17/21 | SMITH, OWEN | 5561 | 40:33.921 | 08:06 | 183/204 | 90/97 | +00:18:52 | RAYMOND |
| 18/21 | SMITH, MILES | 5560 | 42:21.455 | 08:28 | 188/204 | 91/97 | +00:20:39 | RAYMOND |
| 19/21 | STEED, LUKE | 5566 | 45:33.308 | 09:06 | 190/204 | 92/97 | +00:23:51 | PORT COQUITLAM |
| 20/21 | CARISSE, MICAH | 5458 | 49:29.466 | 09:53 | 199/204 | 96/97 | +00:27:47 | COALDALE |
| 21/21 | REDFERN-MOTZ, LUCAS | 5531 | 1:03:53.783 | 12:46 | 203/204 | 97/97 | +00:42:12 | RAYMOND |

5K13-15F - 15 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | OA/PI | Gen/PI | Offset | City |
|--------|-------------------|-------|-----------|--------|---------|--------|-----------|----------|
| 1/15 | CROWE, MAIA | 5609 | 23:56.543 | 04:47 | 27/204 | 3/107 | +00:00:00 | TAUPO |
| 2/15 | LOWRY, SHANELLE | 5647 | 25:15.902 | 05:03 | 37/204 | 8/107 | +00:01:19 | RAYMOND |
| 3/15 | STEPHENS, AVERY | 5567 | 26:07.702 | 05:13 | 44/204 | 11/107 | +00:02:11 | RAYMOND |
| 4/15 | WERT, MEGAN | 5664 | 27:02.238 | 05:24 | 60/204 | 19/107 | +00:03:05 | RAYMOND |
| 5/15 | KUTARNA, NAVY | 5508 | 28:32.026 | 05:42 | 70/204 | 26/107 | +00:04:35 | COCHRANE |
| 6/15 | NEILSON, ROWAN | 5620 | 29:36.854 | 05:55 | 86/204 | 34/107 | +00:05:40 | RAYMOND |
| 7/15 | KUTARNA, NATALIE | 5507 | 30:55.393 | 06:11 | 103/204 | 41/107 | +00:06:58 | COCHRANE |
| 8/15 | SMITH, REBEKKAH | 5563 | 31:01.502 | 06:12 | 104/204 | 42/107 | +00:07:04 | RAYMOND |
| 9/15 | TILLEMANN, HANNAH | 5652 | 32:13.626 | 06:26 | 119/204 | 51/107 | +00:08:17 | CANMORE |
| 10/15 | WILDE, AMELIA | 5586 | 32:41.001 | 06:32 | 130/204 | 58/107 | +00:08:44 | RAYMOND |
| 11/15 | TILLEMANN, TALIA | 5571 | 33:51.946 | 06:46 | 142/204 | 64/107 | +00:09:55 | CANMORE |
| 12/15 | WILDE, RUTH | 5590 | 34:30.734 | 06:54 | 146/204 | 66/107 | +00:10:34 | RAYMOND |
| 13/15 | HARDY, EVA | 5602 | 35:34.930 | 07:06 | 159/204 | 77/107 | +00:11:38 | RAYMOND |
| 14/15 | DEINES, KARSYN | 5468 | 35:49.531 | 07:09 | 160/204 | 78/107 | +00:11:52 | RAYMOND |
| 15/15 | GILBERT, KEZIA | 5611 | 40:14.118 | 08:02 | 177/204 | 90/107 | +00:16:17 | RAYMOND |

5K13-15M - 14 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | OA/PI | Gen/PI | Offset | City |
|--------|----------------|-------|-----------|--------|-------|--------|-----------|---------|
| 1/14 | ADAMS, TRISTAN | 5445 | 19:04.395 | 03:48 | 2/204 | 2/97 | +00:00:00 | OKOTOKS |
| 2/14 | BARNETT, BLAKE | 5648 | 20:39.482 | 04:07 | 6/204 | 6/97 | +00:01:35 | MAGRATH |

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

5K Run/Walk - 3.1 Miles
204 Finishers

5K13-15M - 14 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | OA/PI | Gen/PI | Offset | City |
|--------|---------------------|-------|-----------|--------|---------|--------|-----------|----------|
| 3/14 | CLELLAND, GAVIN | 5460 | 22:08.825 | 04:25 | 13/204 | 13/97 | +00:03:04 | EDMONTON |
| 4/14 | NELSON, SOREN | 5659 | 22:40.424 | 04:32 | 15/204 | 15/97 | +00:03:36 | RAYMOND |
| 5/14 | ABREY-MCKEOWN, FINN | 5606 | 22:55.396 | 04:35 | 18/204 | 18/97 | +00:03:51 | COALDALE |
| 6/14 | RALPH, AUSTIN | 5528 | 23:05.285 | 04:37 | 20/204 | 20/97 | +00:04:00 | WELLING |
| 7/14 | HARDY, TYSYN | 5633 | 23:51.528 | 04:46 | 25/204 | 23/97 | +00:04:47 | RAYMOND |
| 8/14 | SMITH, BRIGGS | 5552 | 24:47.027 | 04:57 | 34/204 | 28/97 | +00:05:42 | RAYMOND |
| 9/14 | MICHEL, LOGAN | 5514 | 26:05.589 | 05:13 | 43/204 | 33/97 | +00:07:01 | FLORENCE |
| 10/14 | HARDY, DAVID | 5601 | 26:56.519 | 05:23 | 58/204 | 40/97 | +00:07:52 | RAYMOND |
| 11/14 | RYAN, JACK | 5636 | 29:22.229 | 05:52 | 84/204 | 52/97 | +00:10:17 | RAYMOND |
| 12/14 | STEED, OLIVER | 5622 | 29:39.198 | 05:55 | 87/204 | 53/97 | +00:10:34 | RAYMOND |
| 13/14 | WALDIE, JACKSON | 5640 | 30:40.556 | 06:08 | 99/204 | 60/97 | +00:11:36 | RAYMOND |
| 14/14 | SMITH, LUKE | 5559 | 32:49.533 | 06:33 | 134/204 | 76/97 | +00:13:45 | RAYMOND |

5K16-19F - 13 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | OA/PI | Gen/PI | Offset | City |
|--------|-----------------|-------|-----------|--------|---------|--------|-----------|----------|
| 1/13 | SMITH, ELIZA | 5554 | 23:31.488 | 04:42 | 22/204 | 1/107 | +00:00:00 | RAYMOND |
| 2/13 | SALMON, AUSTYN | 5540 | 25:06.176 | 05:01 | 36/204 | 7/107 | +00:01:34 | RAYMOND |
| 3/13 | SMITH, SARAH | 5564 | 25:32.309 | 05:06 | 39/204 | 9/107 | +00:02:00 | RAYMOND |
| 4/13 | ZEMP, PAIGE | 5596 | 26:18.949 | 05:15 | 49/204 | 14/107 | +00:02:47 | RAYMOND |
| 5/13 | MICHEL, SOPHIE | 5516 | 30:22.791 | 06:04 | 93/204 | 37/107 | +00:06:51 | FLORENCE |
| 6/13 | HAAS, CHARLOTTE | 5481 | 31:19.393 | 06:15 | 106/204 | 43/107 | +00:07:47 | RAYMOND |
| 7/13 | BALDRY, ALLI | 5450 | 31:53.353 | 06:22 | 114/204 | 47/107 | +00:08:21 | RAYMOND |
| 8/13 | HARTLEY, ARIANA | 5491 | 32:06.806 | 06:25 | 117/204 | 49/107 | +00:08:35 | RAYMOND |
| 9/13 | SALA, KRISTEN | 5539 | 32:25.017 | 06:29 | 125/204 | 56/107 | +00:08:53 | RAYMOND |
| 10/13 | WILDE, IVORY | 5589 | 32:58.063 | 06:35 | 135/204 | 59/107 | +00:09:26 | RAYMOND |
| 11/13 | SMITH, BRENNAN | 5551 | 32:58.251 | 06:35 | 136/204 | 60/107 | +00:09:26 | RAYMOND |
| 12/13 | GORNER, HAILEY | 5480 | 35:03.688 | 07:00 | 153/204 | 71/107 | +00:11:32 | HINTON |
| 13/13 | MCILWAIN, ETHAN | 5616 | 35:09.055 | 07:01 | 154/204 | 72/107 | +00:11:37 | CALGARY |

5K16-19M - 17 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | OA/PI | Gen/PI | Offset | City |
|--------|---------------------|-------|-----------|--------|---------|--------|-----------|---------------|
| 1/17 | HARDY, SPENCER | 5488 | 20:41.532 | 04:08 | 7/204 | 7/97 | +00:00:00 | RAYMOND |
| 2/17 | HARDY, EVAN | 5614 | 21:23.285 | 04:16 | 10/204 | 10/97 | +00:00:41 | RAYMOND |
| 3/17 | WILLIAMS, CONNOR | 5643 | 22:22.933 | 04:28 | 14/204 | 14/97 | +00:01:41 | CALGARY |
| 4/17 | EDWARDS, MARIK | 5474 | 22:53.917 | 04:34 | 16/204 | 16/97 | +00:02:12 | FRANKLIN |
| 5/17 | SHURTZ, JENSEN | 5550 | 22:54.222 | 04:34 | 17/204 | 17/97 | +00:02:12 | RAYMOND |
| 6/17 | HEGGIE, KOLT | 5493 | 22:58.469 | 04:35 | 19/204 | 19/97 | +00:02:16 | RAYMOND |
| 7/17 | HARGREAVES, JACKSON | 5489 | 24:34.722 | 04:54 | 31/204 | 25/97 | +00:03:53 | SPANISH |
| 8/17 | MCCANDLESS, RYDER | 5654 | 24:37.582 | 04:55 | 33/204 | 27/97 | +00:03:56 | RAYMOND |
| 9/17 | NEILSON, KEETLEY | 5618 | 26:18.901 | 05:15 | 48/204 | 35/97 | +00:05:37 | RAYMOND |
| 10/17 | RALPH, JASE | 5650 | 26:44.917 | 05:20 | 55/204 | 39/97 | +00:06:03 | WELLING |
| 11/17 | SMITH, DYLAN | 5553 | 29:21.460 | 05:52 | 83/204 | 51/97 | +00:08:39 | RAYMOND |
| 12/17 | GILBERT, ARI | 5478 | 30:01.160 | 06:00 | 90/204 | 55/97 | +00:09:19 | RAYMOND |
| 13/17 | RUNQUIST, JARED | 5534 | 31:04.979 | 06:12 | 105/204 | 63/97 | +00:10:23 | RAYMOND |
| 14/17 | DAHL, DAVID | 5466 | 31:52.628 | 06:22 | 112/204 | 66/97 | +00:11:11 | RAYMOND |
| 15/17 | OLER, CARTER | 5526 | 31:53.048 | 06:22 | 113/204 | 67/97 | +00:11:11 | SHERWOOD PARK |
| 16/17 | DICK, KAYDEN | 5472 | 32:38.143 | 06:31 | 128/204 | 71/97 | +00:11:56 | RAYMOND |
| 17/17 | LAWRENCE, BENJAMIN | 5510 | 33:49.743 | 06:45 | 141/204 | 78/97 | +00:13:08 | EDMONTON |

5K20-29F - 15 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | OA/PI | Gen/PI | Offset | City |
|--------|-------------------|-------|-----------|--------|---------|--------|-----------|------------|
| 1/15 | SMITH, HANNAH | 5555 | 23:57.223 | 04:47 | 28/204 | 4/107 | +00:00:00 | RAYMOND |
| 2/15 | WEST, GRAYSEE | 5583 | 26:15.550 | 05:15 | 46/204 | 12/107 | +00:02:18 | RAYMOND |
| 3/15 | WEST, JAXON | 5585 | 26:15.620 | 05:15 | 47/204 | 13/107 | +00:02:18 | RAYMOND |
| 4/15 | TURNER, LACEY | 5580 | 28:37.721 | 05:43 | 71/204 | 27/107 | +00:04:40 | RAYMOND |
| 5/15 | GRAVES, SYDNEY | 5613 | 29:19.862 | 05:51 | 81/204 | 32/107 | +00:05:22 | RAYMOND |
| 6/15 | RUNQUIST, JILLIAN | 5535 | 30:13.721 | 06:02 | 91/204 | 36/107 | +00:06:16 | RAYMOND |
| 7/15 | REED, KYLIE | 5615 | 31:24.127 | 06:16 | 107/204 | 44/107 | +00:07:26 | LETHBRIDGE |
| 8/15 | THOMSON, KENNEDY | 5637 | 33:20.727 | 06:40 | 137/204 | 61/107 | +00:09:23 | RAYMOND |
| 9/15 | THOMSON, PRESLEY | 5638 | 33:20.826 | 06:40 | 138/204 | 62/107 | +00:09:23 | RAYMOND |
| 10/15 | WILLIAMS, HANNAH | 5661 | 35:23.375 | 07:04 | 158/204 | 76/107 | +00:11:26 | CAMROSE |
| 11/15 | WRIGHT, MEGAN | 5593 | 37:01.250 | 07:24 | 165/204 | 82/107 | +00:13:04 | RAYMOND |
| 12/15 | ANDERSON, EMMA | 5449 | 39:02.374 | 07:48 | 169/204 | 85/107 | +00:15:05 | RAYMOND |

OA/PI = Overall Placing

Category Results

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

5K Run/Walk - 3.1 Miles
204 Finishers

5K20-29F - 15 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | OA/PI | Gen/PI | Offset | City |
|--------|-------------------|-------|-----------|--------|---------|---------|-----------|---------|
| 13/15 | TOBEY, HANNAH | 5572 | 42:05.470 | 08:25 | 187/204 | 97/107 | +00:18:08 | MAXWELL |
| 14/15 | KEELING, CALLI | 5501 | 46:25.460 | 09:17 | 192/204 | 100/107 | +00:22:28 | RAYMOND |
| 15/15 | WOODMAN, SAVANNAH | 5592 | 48:58.385 | 09:47 | 196/204 | 102/107 | +00:25:01 | RAYMOND |

5K20-29M - 12 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | OA/PI | Gen/PI | Offset | City |
|--------|-----------------|-------|-----------|--------|---------|--------|-----------|-------------------|
| 1/12 | WILIAMS, REGGIE | 5662 | 16:54.179 | 03:22 | 1/204 | 1/97 | +00:00:00 | CAMROSE |
| 2/12 | SMITH, JAROM | 5558 | 20:32.848 | 04:06 | 5/204 | 5/97 | +00:03:38 | RAYMOND |
| 3/12 | OVIATT, AIDAN | 5657 | 20:45.410 | 04:09 | 8/204 | 8/97 | +00:03:51 | STIRLOING |
| 4/12 | HARDY, DEVIN | 5632 | 22:00.246 | 04:24 | 12/204 | 12/97 | +00:05:06 | RAYMOND |
| 5/12 | RALPH, CARTER | 5649 | 26:11.918 | 05:14 | 45/204 | 34/97 | +00:09:17 | WELLING |
| 6/12 | WEST, HUNTER | 5584 | 26:24.948 | 05:16 | 50/204 | 36/97 | +00:09:30 | WELLING |
| 7/12 | TANNER, JAROM | 5605 | 29:09.151 | 05:49 | 78/204 | 48/97 | +00:12:14 | RAYMOND |
| 8/12 | GRAVES, PORTER | 5612 | 29:19.674 | 05:51 | 80/204 | 49/97 | +00:12:25 | RAYMOND |
| 9/12 | AJANA, BAKR | 5631 | 30:33.595 | 06:06 | 96/204 | 58/97 | +00:13:39 | TANGIER, MORROCCO |
| 10/12 | HALL, JD | 5599 | 31:40.345 | 06:20 | 109/204 | 64/97 | +00:14:46 | RAYMOND |
| 11/12 | ORREGO, BENSON | 5658 | 33:57.829 | 06:47 | 144/204 | 79/97 | +00:17:03 | LETHBRIDGE |
| 12/12 | COLLINS, TANNER | 5464 | 46:30.919 | 09:18 | 194/204 | 93/97 | +00:29:36 | RAYMOND |

5K30-39F - 18 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | OA/PI | Gen/PI | Offset | City |
|--------|-------------------|-------|-------------|--------|---------|---------|-----------|-------------------|
| 1/18 | KUTARNA, ALEX | 5505 | 24:09.247 | 04:49 | 29/204 | 5/107 | +00:00:00 | COCHRANE |
| 2/18 | SHURTZ, CANDACE | 5604 | 27:53.285 | 05:34 | 65/204 | 22/107 | +00:03:44 | RAYMOND |
| 3/18 | WAY, REBECCA | 5582 | 28:49.744 | 05:45 | 74/204 | 28/107 | +00:04:40 | EDMONTON |
| 4/18 | EASTHOPE, HEATHER | 5641 | 29:34.277 | 05:54 | 85/204 | 33/107 | +00:05:25 | SPRUCE GROVE |
| 5/18 | STORER, LAUREN | 5569 | 30:33.831 | 06:06 | 97/204 | 39/107 | +00:06:24 | COTTONWOOD HILL |
| 6/18 | STEED, AMY | 5621 | 30:49.065 | 06:09 | 102/204 | 40/107 | +00:06:39 | LETHBRIDGE |
| 7/18 | HALL, KIMPY | 5600 | 31:40.346 | 06:20 | 110/204 | 46/107 | +00:07:31 | RAYMOND |
| 8/18 | KOZAK, EMILY | 5644 | 32:11.542 | 06:26 | 118/204 | 50/107 | +00:08:02 | MAGRATH |
| 9/18 | SHURTZ, ASHLEY | 5549 | 34:37.653 | 06:55 | 149/204 | 69/107 | +00:10:28 | RAYMOND |
| 10/18 | JONES, VIKTORIA | 5500 | 34:59.867 | 06:59 | 151/204 | 70/107 | +00:10:50 | RAYMOND |
| 11/18 | COSMAN, SHELAGH | 5465 | 36:04.203 | 07:12 | 162/204 | 80/107 | +00:11:54 | RAYMOND |
| 12/18 | BULLOCK, CHELSIE | 5454 | 36:56.468 | 07:23 | 163/204 | 81/107 | +00:12:47 | BARNWELL |
| 13/18 | AJANA, MANAR | 5597 | 37:12.663 | 07:26 | 166/204 | 83/107 | +00:13:03 | TANGIER, MORROCCO |
| 14/18 | HARDY, HEATHER | 5485 | 39:41.354 | 07:56 | 174/204 | 88/107 | +00:15:32 | RAYMOND |
| 15/18 | OAKES, REBEKAH | 5522 | 40:32.891 | 08:06 | 182/204 | 93/107 | +00:16:23 | CLARESHOLM |
| 16/18 | VELARDE, REBECCA | 5581 | 43:03.028 | 08:36 | 189/204 | 98/107 | +00:18:53 | OKOTOKS |
| 17/18 | CARISSE, KENDALL | 5456 | 49:29.205 | 09:53 | 198/204 | 103/107 | +00:25:19 | COALDALE |
| 18/18 | LODER, TRACEY | 5513 | 1:03:53.104 | 12:46 | 202/204 | 106/107 | +00:39:43 | RAYMOND |

5K30-39M - 12 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | OA/PI | Gen/PI | Offset | City |
|--------|-----------------|-------|-----------|--------|---------|--------|-----------|-------------------|
| 1/12 | SCHMALE, JORDAN | 5546 | 19:27.880 | 03:53 | 3/204 | 3/97 | +00:00:00 | CALGARY |
| 2/12 | AJANA, NOUSSAIR | 5598 | 20:25.468 | 04:05 | 4/204 | 4/97 | +00:00:57 | TANGIER, MORROCCO |
| 3/12 | KUTARNA, JOE | 5506 | 20:56.426 | 04:11 | 9/204 | 9/97 | +00:01:28 | COCHRANE |
| 4/12 | HUDSON, SHANE | 5603 | 26:38.449 | 05:19 | 52/204 | 37/97 | +00:07:10 | COCHRANE |
| 5/12 | STORER, ANTHONY | 5568 | 29:06.901 | 05:49 | 77/204 | 47/97 | +00:09:39 | COTTONWOOD HILL |
| 6/12 | TOBEY, NICK | 5573 | 29:20.846 | 05:52 | 82/204 | 50/97 | +00:09:52 | MAXWELL |
| 7/12 | HARDY, DALLIN | 5484 | 30:37.650 | 06:07 | 98/204 | 59/97 | +00:11:09 | RAYMOND |
| 8/12 | TURNER, BLAKE | 5578 | 30:47.730 | 06:09 | 101/204 | 62/97 | +00:11:19 | RAYMOND |
| 9/12 | WOODMAN, CODY | 5591 | 34:38.798 | 06:55 | 150/204 | 81/97 | +00:15:10 | RAYMOND |
| 10/12 | JONES, ADRIAN | 5497 | 35:00.406 | 07:00 | 152/204 | 82/97 | +00:15:32 | RAYMOND |
| 11/12 | OAKES, STEVEN | 5523 | 39:55.763 | 07:59 | 175/204 | 87/97 | +00:20:27 | CLARESHOLM |
| 12/12 | CARISSE, KIKO | 5457 | 49:28.994 | 09:53 | 197/204 | 95/97 | +00:30:01 | COALDALE |

5K40-49F - 21 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | OA/PI | Gen/PI | Offset | City |
|--------|-------------------|-------|-----------|--------|--------|--------|-----------|---------|
| 1/21 | BALDRY, LINDSAY | 5451 | 23:50.332 | 04:46 | 24/204 | 2/107 | +00:00:00 | RAYMOND |
| 2/21 | SALMON, STEPHANIE | 5541 | 24:12.646 | 04:50 | 30/204 | 6/107 | +00:00:22 | RAYMOND |
| 3/21 | SALA, CLAIRE | 5538 | 26:34.465 | 05:18 | 51/204 | 15/107 | +00:02:44 | RAYMOND |
| 4/21 | RALPH, AMY | 5527 | 26:50.262 | 05:22 | 56/204 | 17/107 | +00:02:59 | WELLING |
| 5/21 | CURRIE, GAIL | 5660 | 27:20.636 | 05:28 | 64/204 | 21/107 | +00:03:30 | RAYMOND |
| 6/21 | DAHL, JILLIAN | 5467 | 28:12.666 | 05:38 | 67/204 | 24/107 | +00:04:22 | RAYMOND |
| 7/21 | LOWRY, CARMEN | 5646 | 29:06.528 | 05:49 | 76/204 | 30/107 | +00:05:16 | RAYMOND |

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

5K Run/Walk - 3.1 Miles
204 Finishers

5K40-49F - 21 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | OA/PI | Gen/PI | Offset | City |
|--------|---------------------|-------|-------------|--------|---------|---------|-----------|----------------|
| 8/21 | SMITH, JANA | 5557 | 31:38.962 | 06:19 | 108/204 | 45/107 | +00:07:48 | RAYMOND |
| 9/21 | RUNQUIST, CATHY | 5533 | 32:02.611 | 06:24 | 115/204 | 48/107 | +00:08:12 | RAYMOND |
| 10/21 | TILLEMANN, SUSIE | 5651 | 32:14.493 | 06:26 | 121/204 | 53/107 | +00:08:24 | CANMORE |
| 11/21 | ZEMP, KRISTINA | 5594 | 32:19.040 | 06:27 | 123/204 | 55/107 | +00:08:28 | RAYMOND |
| 12/21 | EDWARDS, AMBER | 5473 | 34:37.502 | 06:55 | 148/204 | 68/107 | +00:10:47 | FRANKLIN |
| 13/21 | MCCANDLESS, LINSEY | 5653 | 35:17.938 | 07:03 | 156/204 | 74/107 | +00:11:27 | RAYMOND |
| 14/21 | HAAS, MELISSA | 5482 | 35:18.782 | 07:03 | 157/204 | 75/107 | +00:11:28 | RAYMOND |
| 15/21 | TOEWS, CARRIE | 5574 | 40:12.545 | 08:02 | 176/204 | 89/107 | +00:16:22 | CALGARY |
| 16/21 | BANACK, APRIL | 5627 | 40:52.412 | 08:10 | 184/204 | 94/107 | +00:17:02 | LETHBRIDGE |
| 17/21 | STEED, GABRIELLE | 5565 | 45:35.395 | 09:07 | 191/204 | 99/107 | +00:21:45 | PORT COQUITLAM |
| 18/21 | ORR, KRISTEN | 5630 | 46:25.504 | 09:17 | 193/204 | 101/107 | +00:22:35 | RAYMOND |
| 19/21 | STEED, RHONDA | 5623 | 53:07.619 | 10:37 | 200/204 | 104/107 | +00:29:17 | RAYMOND |
| 20/21 | BAKER, LESLIE | 5608 | 53:07.806 | 10:37 | 201/204 | 105/107 | +00:29:17 | RAYMOND |
| 21/21 | REDFERN-MOTZ, SUSAN | 5532 | 1:03:55.237 | 12:47 | 204/204 | 107/107 | +00:40:04 | RAYMOND |

5K40-49M - 8 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | OA/PI | Gen/PI | Offset | City |
|--------|--------------------|-------|-----------|--------|---------|--------|-----------|-------------|
| 1/8 | MCKEOWN, KEVIN | 5617 | 23:10.887 | 04:38 | 21/204 | 21/97 | +00:00:00 | COALDALE |
| 2/8 | ADAMS, RILEY | 5444 | 26:43.043 | 05:20 | 54/204 | 38/97 | +00:03:32 | OKOTOKS |
| 3/8 | YAVITU, SERUPEPELI | 5626 | 28:48.760 | 05:45 | 73/204 | 46/97 | +00:05:37 | LETHBRIDGE |
| 4/8 | HARGREAVES, MATT | 5490 | 31:45.666 | 06:21 | 111/204 | 65/97 | +00:08:34 | SPANISH |
| 5/8 | WILDE, BRANDON | 5587 | 32:34.276 | 06:30 | 127/204 | 70/97 | +00:09:23 | RAYMOND |
| 6/8 | CLELLAND, BRETT | 5459 | 32:44.564 | 06:32 | 133/204 | 75/97 | +00:09:33 | EDMONTON |
| 7/8 | DEMEESTER, NELSON | 5469 | 33:46.640 | 06:45 | 140/204 | 77/97 | +00:10:35 | SPRINGVILLE |
| 8/8 | SMITH, RANDY | 5562 | 34:07.062 | 06:49 | 145/204 | 80/97 | +00:10:56 | RAYMOND |

5K50-59F - 5 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | OA/PI | Gen/PI | Offset | City |
|--------|-------------------|-------|-----------|--------|---------|--------|-----------|------------|
| 1/5 | JONES, KATHY | 5498 | 29:42.338 | 05:56 | 89/204 | 35/107 | +00:00:00 | LETHBRIDGE |
| 2/5 | LAWRENCE, SHANNON | 5512 | 33:33.125 | 06:42 | 139/204 | 63/107 | +00:03:50 | EDMONTON |
| 3/5 | STEWART, KARRI | 5663 | 35:54.570 | 07:10 | 161/204 | 79/107 | +00:06:12 | LETHBRIDGE |
| 4/5 | RODEBACK, ELODIE | 5635 | 37:14.402 | 07:26 | 167/204 | 84/107 | +00:07:32 | RAYMOND |
| 5/5 | FAERBER, BETSY | 5475 | 39:41.257 | 07:56 | 173/204 | 87/107 | +00:09:58 | DULUTH |

5K50-59M - 9 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | OA/PI | Gen/PI | Offset | City |
|--------|--------------------|-------|-----------|--------|---------|--------|-----------|------------|
| 1/9 | RALPH, SCOTT | 5530 | 25:54.316 | 05:10 | 41/204 | 31/97 | +00:00:00 | WELLING |
| 2/9 | THOMSON, RON | 5639 | 27:12.552 | 05:26 | 61/204 | 42/97 | +00:01:18 | RAYMOND |
| 3/9 | KLASSEN, LES | 5504 | 28:27.364 | 05:41 | 69/204 | 44/97 | +00:02:33 | COALDALE |
| 4/9 | HOLDEN, GREG | 5494 | 28:44.330 | 05:44 | 72/204 | 45/97 | +00:02:50 | RAYMOND |
| 5/9 | LAWLOR, MIKE | 5656 | 29:42.245 | 05:56 | 88/204 | 54/97 | +00:03:47 | CALGARY |
| 6/9 | BROADBENT, GREGORY | 5453 | 30:42.268 | 06:08 | 100/204 | 61/97 | +00:04:47 | LETHBRIDGE |
| 7/9 | RUNQUIST, TYLER | 5537 | 32:43.720 | 06:32 | 132/204 | 74/97 | +00:06:49 | RAYMOND |
| 8/9 | LAWRENCE, SHANE | 5511 | 37:00.781 | 07:24 | 164/204 | 83/97 | +00:11:06 | EDMONTON |
| 9/9 | BOYD, DOUG | 5452 | 39:24.217 | 07:52 | 170/204 | 85/97 | +00:13:29 | RAYMOND |

5K60-69F - 4 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | OA/PI | Gen/PI | Offset | City |
|--------|-------------------|-------|-----------|--------|---------|--------|-----------|------------|
| 1/4 | GAUTHIER, HEATHER | 5477 | 26:39.761 | 05:19 | 53/204 | 16/107 | +00:00:00 | LETHBRIDGE |
| 2/4 | ZEMP, NORMA | 5595 | 32:18.993 | 06:27 | 122/204 | 54/107 | +00:05:39 | RAYMOND |
| 3/4 | JONES, LEONARDA | 5499 | 40:18.967 | 08:03 | 178/204 | 91/107 | +00:13:39 | RAYMOND |
| 4/4 | JENSEN, ANITA | 5496 | 40:32.865 | 08:06 | 181/204 | 92/107 | +00:13:53 | BARNWELL |

5K60-69M - 3 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | OA/PI | Gen/PI | Offset | City |
|--------|------------------|-------|-----------|--------|---------|--------|-----------|------------|
| 1/3 | DEMEESTER, MARK | 5610 | 27:13.467 | 05:26 | 62/204 | 43/97 | +00:00:00 | BOISE |
| 2/3 | SULZ, FRASER | 5570 | 30:18.784 | 06:03 | 92/204 | 56/97 | +00:03:05 | ST. ALBERT |
| 3/3 | FAERBER, MATTHEW | 5476 | 39:41.232 | 07:56 | 172/204 | 86/97 | +00:12:27 | DULUTH |

5K70+M - 1 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | OA/PI | Gen/PI | Offset | City |
|--------|---------------|-------|-----------|--------|---------|--------|-----------|---------|
| 1/1 | ADAMS, VERNON | 5446 | 47:04.502 | 09:24 | 195/204 | 94/97 | +00:00:00 | OKOTOKS |