

OA/PI = Overall Placing
 Cat/PI = Category Placing
 Gen/PI = Overall Gender Placing

Category Award Results
 TOP 3 In Category

10K Run - 6.21 Miles
 85 Finishers

10K19&UF (Female) - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/3	BURGESS, NICOLE	195	52:48.739	05:16		+00:00:00	15/86	7/59	LETHBRIDGE
2/3	TOWNLEY, JULIA	186	56:54.719	05:41		+00:04:05	35/86	19/59	LETHBRIDGE
3/3	RYU, SIYEON	178	1:06:38.818	06:39		+00:13:50	59/86	36/59	LETHBRIDGE

10K19&UM (Male) - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/1	CHAREST, TRISTAN	200	44:27.151	04:26		+00:00:00	5/86	4/27	LETHBRIDGE

10K20-29F (Female) - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/4	CHRAPKO, MACKENZIE	111	51:46.410	05:10		+00:00:00	11/86	4/59	LETHBRIDGE
2/4	CASTRO, LINA	196	53:48.790	05:22		+00:02:02	17/86	8/59	LETHBRIDGE
3/4	HYGGEN, JAYDEN	134	54:55.867	05:29		+00:03:09	23/86	11/59	LETHBRIDGE

10K20-29M (Male) - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/2	KELLY, DILLAN	141	54:51.222	05:29		+00:00:00	21/86	12/27	LETHBRIDGE
2/2	NEARING, THOMAS	163	57:39.094	05:45		+00:02:47	38/86	17/27	LETHBRIDGE

10K30-39F (Female) - 27 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/27	LANDRY, STEPHANIE	145	48:39.986	04:51		+00:00:00	7/86	2/59	LETHBRIDGE
2/27	FRIESEN, HELENA	201	52:03.292	05:12		+00:03:23	12/86	5/59	LETHBRIDGE
3/27	BRUGGER, CAITLYN	108	52:16.440	05:13		+00:03:36	14/86	6/59	TABER

10K30-39M (Male) - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/6	LAROCHE, RICHARD	147	37:25.263	03:44		+00:00:00	1/86	1/27	LETHBRIDGE
2/6	LJA, ROB	159	43:11.613	04:19		+00:05:46	3/86	3/27	COALDALE
3/6	ZANONI, JAMES	194	48:26.316	04:50		+00:11:01	6/86	5/27	LETHBRIDGE

10K40-49F (Female) - 18 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/18	HALOWSKI, JENI	131	43:37.499	04:21		+00:00:00	4/86	1/59	LETHBRIDGE
2/18	MRAK, LAURA	162	51:03.500	05:06		+00:07:26	10/86	3/59	COALDALE
3/18	JONES-HUSCH, KATHY	139	54:57.343	05:29		+00:11:19	24/86	12/59	LETHBRIDGE

10K40-49M (Male) - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/8	DIBBEN, MITCHEL	117	42:42.439	04:16		+00:00:00	2/86	2/27	LETHBRIDGE
2/8	HAGEL, RYAN	129	49:58.037	04:59		+00:07:15	8/86	6/27	LETHBRIDGE
3/8	DAVY, DAN	115	52:58.964	05:17		+00:10:16	16/86	9/27	LETHBRIDGE

10K50-59F (Female) - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/3	VAN MAANEN, DIANE	202	1:07:27.142	06:44		+00:00:00	61/86	38/59	COALDALE
2/3	KAPPEL, JOANNA	140	1:08:34.063	06:51		+00:01:06	64/86	40/59	LETHBRIDGE
3/3	PRICE, MARION	173	1:08:55.246	06:53		+00:01:28	65/86	41/59	LETHBRIDGE

10K50-59M (Male) - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/6	JOHNSON, DEAN	136	52:10.394	05:13		+00:00:00	13/86	8/27	LETHBRIDGE
2/6	MACKINNON, BRUCE	152	55:37.426	05:33		+00:03:27	26/86	13/27	LETHBRIDGE
3/6	JONES, PAUL	138	1:02:20.636	06:14		+00:10:10	52/86	20/27	NOBLEFORD

10K60-69F (Female) - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/3	MORRIS, NANCY	160	1:09:20.031	06:56		+00:00:00	67/86	43/59	LETHBRIDGE
2/3	BAREHAM-WRIGHT, VAL	169	1:18:09.404	07:48		+00:08:49	75/86	51/59	LETHBRIDGE
3/3	BIGGINS, MARIAN	104	1:18:10.296	07:49		+00:08:50	76/86	52/59	LETHBRIDGE

OA/PI = Overall Placing
 Cat/PI = Category Placing
 Gen/PI = Overall Gender Placing

Category Award Results
TOP 3 In Category

10K Run - 6.21 Miles
85 Finishers

10K60-69M (Male) - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/3	GUPPY, BRENT	128	58:59.837	05:53		+00:00:00	43/86	19/27	LETHBRIDGE
2/3	PAXMAN, ELBERT	167	1:02:29.459	06:14		+00:03:29	54/86	22/27	GLENWOOD
3/3	SMITH, HAROLD	181	1:22:44.386	08:16		+00:23:44	82/86	26/27	LETHBRIDGE

10K70+F (Female) - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/1	GAMMON, BARBARA	122	1:18:48.765	07:52		+00:00:00	77/86	53/59	LETHBRIDGE

10K70+M (Male) - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/1	RIBAR, HAROLD	175	57:50.929	05:47		+00:00:00	39/86	18/27	LETHBRIDGE