

OA/PI = Overall Placing
 Cat/PI = Category Placing
 Gen/PI = Overall Gender Placing

Category Award Results

TOP 3 In Category

5K Run - 3.1 Miles

307 Finishers

5K10&UF (Female) - 14 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/14	HARDING, RYLEE	5108	30:52.256	06:10		+00:00:00	61/309	24/222	RAYMOND
2/14	MCCONNELL, TAYLOR	5310	33:27.884	06:41		+00:02:35	83/309	42/222	LETHBRIDGE
3/14	WICKERSHAM, AVALYN	5274	41:21.260	08:16		+00:10:29	153/309	96/222	LETHBRIDGE

5K10&UM (Male) - 10 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/10	WARD, DECLAN	5264	26:55.641	05:23		+00:00:00	25/309	20/87	LETHBRIDGE
2/10	DEGROOT, DAVIN	5349	33:12.285	06:38		+00:06:16	79/309	40/87	LETHBRIDGE
3/10	OHENE, JOSIAH	5334	34:17.185	06:51		+00:07:21	90/309	46/87	LETHBRIDGE

5K11-15F (Female) - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/6	CHATTERTON, ANNA	5045	23:15.674	04:39		+00:00:00	6/309	1/222	LETHBRIDGE
2/6	LYNCH, BROOKLYN	5160	28:55.217	05:47		+00:05:39	45/309	15/222	LETHBRIDGE
3/6	HAASE, WILLOW	5312	35:08.365	07:01		+00:11:52	101/309	54/222	COALDALE

5K11-15M (Male) - 14 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/14	ORSTEN, RYKER	5318	23:14.704	04:38		+00:00:00	5/309	5/87	COALDALE
2/14	MCINTYRE, CORIGAN	5172	24:57.325	04:59		+00:01:42	12/309	10/87	LETHBRIDGE
3/14	YELLOW WINGS, JACOB	5308	25:13.002	05:02		+00:01:58	13/309	11/87	FORT MACLEOD

5K16-19F (Female) - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/2	BURNEDRED, KARMYN	5036	29:06.348	05:49		+00:00:00	49/309	17/222	LETHBRIDGE
2/2	CHEUNG, MAGGIE	5297	59:40.278	11:56		+00:30:33	273/309	196/222	LETHBRIDGE

5K16-19M (Male) - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/5	WEST, SETH	5269	18:54.104	03:46		+00:00:00	2/309	2/87	WELLING
2/5	GALLANT, DYLAN	5094	26:07.429	05:13		+00:07:13	17/309	14/87	LETHBRIDGE
3/5	PEARSON, JARED	5199	26:22.540	05:16		+00:07:28	20/309	17/87	LETHBRIDGE

5K20-29F (Female) - 30 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/30	JANZEN, JENNA	5127	24:34.893	04:54		+00:00:00	11/309	2/222	COALDALE
2/30	VAN HIERDEN, ALEISHA	5256	25:23.895	05:04		+00:00:49	14/309	3/222	COALDALE
3/30	SHAE, ALEX	5305	27:44.211	05:32		+00:03:09	32/309	7/222	LETHBRIDGE

5K20-29M (Male) - 12 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/12	WATT, JENS	5267	27:42.478	05:32		+00:00:00	31/309	25/87	LETHBRIDGE
2/12	GRAUMANN, WESTON	5104	29:23.964	05:52		+00:01:41	51/309	33/87	LETHBRIDGE
3/12	MARTINEZ, JOSEPH	5166	29:39.904	05:55		+00:01:57	56/309	35/87	LETHBRIDGE

5K30-39F (Female) - 69 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/69	MULHALL, KRISTINE	5183	26:39.068	05:19		+00:00:00	22/309	4/222	LETHBRIDGE
2/69	HONESS, STEPHANIE	5121	28:36.118	05:43		+00:01:57	40/309	13/222	LETHBRIDGE
3/69	HARKER, MELISSA	5109	28:57.966	05:47		+00:02:18	47/309	16/222	COALDALE

5K30-39M (Male) - 15 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/15	WARREN, KOLIN	5266	24:04.447	04:48		+00:00:00	9/309	8/87	CALGARY
2/15	FEYTER, DWAYNE	5083	25:59.699	05:11		+00:01:55	16/309	13/87	MONARCH
3/15	DERRY, CONNOR	5067	26:37.516	05:19		+00:02:33	21/309	18/87	LETHBRIDGE

5K40-49F (Female) - 45 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/45	JAFFRAY, STEPHANIE	5125	28:30.999	05:42		+00:00:00	38/309	11/222	LETHBRIDGE
2/45	WOOD, CAROLYN	5285	29:46.565	05:57		+00:01:15	57/309	22/222	LETHBRIDGE
3/45	KWASNY, TRACY	5151	31:09.867	06:13		+00:02:38	64/309	27/222	LETHBRIDGE

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Category Award Results

TOP 3 In Category

5K Run - 3.1 Miles

307 Finishers

5K40-49M (Male) - 20 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/20	KANGOGO, KIP	5336	17:35.446	03:31		+00:00:00	1/309	1/87	LETHBRIDGE
2/20	FRIESEN, CHARLES	5089	20:17.593	04:03		+00:02:42	3/309	3/87	LETHBRIDGE
3/20	MALINOWSKI, MATT	5346	21:17.581	04:15		+00:03:42	4/309	4/87	LETHBRIDGE

5K50-59F (Female) - 30 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/30	GAUTHIER, HEATHER	5096	26:55.053	05:23		+00:00:00	24/309	5/222	LETHBRIDGE
2/30	SUTTROP, VIVIEN	5307	27:41.782	05:32		+00:00:46	30/309	6/222	LETHBRIDGE
3/30	MACKINNON, BOBBIE	5162	31:29.265	06:17		+00:04:34	67/309	30/222	LETHBRIDGE

5K50-59M (Male) - 10 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/10	WALKER, PETER	5319	23:42.494	04:44		+00:00:00	7/309	6/87	MEDICINE HAT
2/10	DUFRESNE, MARC	5181	25:48.427	05:09		+00:02:05	15/309	12/87	LETHBRIDGE
3/10	GALLANT, BRAD	5093	27:29.006	05:29		+00:03:46	27/309	22/87	LETHBRIDGE

5K60-69F (Female) - 19 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/19	MAINZER, PATRICIA	5164	28:26.574	05:41		+00:00:00	36/309	9/222	LETHBRIDGE
2/19	TATEBE, FRAN	5247	28:51.280	05:46		+00:00:24	43/309	14/222	LETHBRIDGE
3/19	BLANKENSTYN, MATTY	5021	37:00.374	07:24		+00:08:33	118/309	69/222	LETHBRIDGE

5K60-69M (Male) - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/1	ROCHELEAU, GERALD	5214	1:00:32.432	12:06		+00:00:00	276/309	78/87	LETHBRIDGE

5K70+F (Female) - 7 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/7	VAN DYK, JANNIE	5254	43:40.694	08:44		+00:00:00	176/309	114/222	LETHBRIDGE
2/7	TAYLOR, VALERIE	5248	45:39.669	09:07		+00:01:58	185/309	120/222	LETHBRIDGE
3/7	SANDHAM, SHARON	5222	49:14.831	09:50		+00:05:34	201/309	136/222	COALHURST