

Overall Gender Results

5K - 3.1 Miles

Female

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
1/220	CHATTERTON, ANNA	5045	23:15.674	04:39		5K11-15F	1/6	6/307	LETHBRIDGE, AB
2/220	JANZEN, JENNA	5127	24:34.893	04:54		5K20-29F	1/30	11/307	COALDALE, AB
3/220	VAN HIERDEN, ALEISHA	5256	25:23.895	05:04		5K20-29F	2/30	14/307	COALDALE, AB
4/220	MULHALL, KRISTINE	5183	26:39.068	05:19		5K30-39F	1/68	22/307	LETHBRIDGE, AB
5/220	GAUTHIER, HEATHER	5096	26:55.053	05:23		5K50-59F	1/30	24/307	LETHBRIDGE, AB
6/220	SUTTROP, VIVIEN	5307	27:41.782	05:32		5K50-59F	2/30	30/307	LETHBRIDGE, AB
7/220	SHAE, ALEX	5305	27:44.211	05:32		5K20-29F	3/30	32/307	LETHBRIDGE, AB
8/220	SENNEKER, LIZ	5230	28:24.567	05:40		5K20-29F	4/30	35/307	LETHBRIDGE, AB
9/220	MAINZER, PATRICIA	5164	28:26.574	05:41		5K60-69F	1/18	36/307	LETHBRIDGE, AB
10/220	PETTY, SARAH	5203	28:30.848	05:42		5K20-29F	5/30	37/307	LETHBRIDGE, AB
11/220	JAFFRAY, STEPHANIE	5125	28:30.999	05:42		5K40-49F	1/45	38/307	LETHBRIDGE, AB
12/220	MARTINEZ, JOCELYN	5165	28:32.002	05:42		5K20-29F	6/30	39/307	LETHBRIDGE, AB
13/220	HONESS, STEPHANIE	5121	28:36.118	05:43		5K30-39F	2/68	40/307	LETHBRIDGE, AB
14/220	TATEBE, FRAN	5247	28:51.280	05:46		5K60-69F	2/18	43/307	LETHBRIDGE, AB
15/220	LYNCH, BROOKLYN	5160	28:55.217	05:47		5K11-15F	2/6	45/307	LETHBRIDGE, AB
16/220	HARKER, MELISSA	5109	28:57.966	05:47		5K30-39F	3/68	47/307	COALDALE, AB
17/220	BURNDRED, KARMYN	5036	29:06.348	05:49		5K16-19F	1/2	49/307	LETHBRIDGE, AB
18/220	CHMILAR, SARAH	5049	29:23.448	05:52		5K20-29F	7/30	50/307	LETHBRIDGE, AB
19/220	TASKER, KELSEY	5246	29:24.434	05:52		5K30-39F	4/68	52/307	LETHBRIDGE, AB
20/220	DOIRON, KAITY	5244	29:37.025	05:55		5K20-29F	8/30	54/307	CALGARY, AB
21/220	BLACQUIERE, KAYLA	5323	29:37.342	05:55		5K20-29F	9/30	55/307	LETHBRIDGE, AB
22/220	WOOD, CAROLYN	5285	29:46.565	05:57		5K40-49F	2/45	57/307	LETHBRIDGE, AB
23/220	MCINTYRE, JESSICA	5174	29:50.639	05:58		5K30-39F	5/68	58/307	LETHBRIDGE, AB
24/220	HARDING, RYLEE	5108	30:52.256	06:10		5K10&UF	1/14	61/307	RAYMOND, AB
25/220	ANDERSON, BRITTANY	5311	31:02.657	06:12		5K30-39F	6/68	62/307	LETHBRIDGE, AB
26/220	STINSON, MELISSA	5242	31:08.411	06:13		5K30-39F	7/68	63/307	LETHBRIDGE, AB
27/220	KWASNY, TRACY	5151	31:09.867	06:13		5K40-49F	3/45	64/307	LETHBRIDGE, AB
28/220	DIBBEN, KELLY	5068	31:09.925	06:13		5K30-39F	8/68	65/307	LETHBRIDGE, AB
29/220	WARD, JANENE	5265	31:19.133	06:15		5K30-39F	9/68	66/307	LETHBRIDGE, AB
30/220	MACKINNON, BOBBIE	5162	31:29.265	06:17		5K50-59F	3/30	67/307	LETHBRIDGE, AB
31/220	ALDCORN, LESLIE	5001	31:38.927	06:19		5K50-59F	4/30	68/307	LETHBRIDGE, AB
32/220	BRAUN, ROSE	5030	31:42.990	06:20		5K30-39F	10/68	69/307	LETHBRIDGE, AB
33/220	WOLCOTT, RAQUEL	5284	32:25.699	06:29		5K40-49F	4/45	71/307	LETHBRIDGE, AB
34/220	ANDERSON, KARISSA	5338	32:30.413	06:30		5K30-39F	11/68	72/307	LETHBRIDGE, AB
35/220	THURSTON, KASHA	5249	32:36.409	06:31		5K30-39F	12/68	73/307	LETHBRIDGE, AB
36/220	LARSEN, HANNAH	5156	32:41.670	06:32		5K20-29F	10/30	75/307	LETHBRIDGE, AB
37/220	CONRAD, TANYA	5060	32:46.191	06:33		5K40-49F	5/45	76/307	COALDALE, AB
38/220	VAN HIERDEN, CHELSIA	5257	33:07.363	06:37		5K20-29F	11/30	77/307	COALDALE, AB
39/220	MACKINNON, JORDAN	5163	33:10.478	06:38		5K20-29F	12/30	78/307	LETHBRIDGE, AB
40/220	PARDIAC, KATRINA	5194	33:25.492	06:41		5K20-29F	13/30	81/307	LETHBRIDGE, AB
41/220	ZOETEMAN, JENN	5293	33:26.055	06:41		5K20-29F	14/30	82/307	FORT MACLEOD, AB
42/220	MCCONNELL, TAYLOR	5310	33:27.884	06:41		5K10&UF	2/14	83/307	LETHBRIDGE, AB
43/220	TAVERNINI, BRITTANY	5344	33:49.459	06:45		5K30-39F	13/68	86/307	LETHBRIDGE, AB
44/220	UGLEM, SEANNA	5252	34:14.479	06:50		5K20-29F	15/30	89/307	LETHBRIDGE, AB
45/220	OHENE, GERALDINE	5186	34:17.408	06:51		5K30-39F	14/68	91/307	LETHBRIDGE, AB
46/220	KNAPP, JODY	5143	34:26.802	06:53		5K50-59F	5/30	93/307	COALDALE, AB
47/220	BROWN, EMILY	5032	34:39.977	06:55		5K30-39F	15/68	94/307	LETHBRIDGE, AB
48/220	THAI-BAIRD, LYNDA	184	34:42.686	06:56		5K40-49F	6/45	95/307	LETHBRIDGE, AB
49/220	DUCHARME, LINDSEY	5076	34:44.175	06:56		5K20-29F	16/30	96/307	FORT MACLEOD, AB
50/220	DEGROOT, SUZANNE	5345	34:49.270	06:57		5K40-49F	7/45	97/307	LETHBRIDGE, AB
51/220	KOLLIAS, DONELL	5145	34:52.258	06:58		5K40-49F	8/45	98/307	LETHBRIDGE, AB
52/220	GONZALEZ RODRIGUES, MARIANA	5103	34:58.853	06:59		5K30-39F	16/68	99/307	LETHBRIDGE, AB
53/220	STRAUTS, KATHERINE	5243	35:04.820	07:00		5K30-39F	17/68	100/307	LETHBRIDGE, AB
54/220	HAASE, WILLOW	5312	35:08.365	07:01		5K11-15F	3/6	101/307	COALDALE, AB
55/220	DUNSMORE, MIKAYLA	5298	35:08.590	07:01		5K11-15F	4/6	102/307	COALDALE, AB

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Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
56/220	LADOUCEUR, KAYLA	5152	35:09.836	07:01		5K30-39F	18/68	103/307	LETHBRIDGE, AB
57/220	BURSAW, HEATHER	5296	35:17.053	07:03		5K40-49F	9/45	104/307	COALDALE, AB
58/220	PICKLES, JENNA	5205	35:17.081	07:03		5K20-29F	17/30	105/307	LETHBRIDGE, AB
59/220	BULLOCK, ALANNA	5034	35:20.899	07:04		5K30-39F	19/68	106/307	LETHBRIDGE, AB
60/220	CHAREST, SOPHIE	5324	35:31.944	07:06		5K11-15F	5/6	107/307	LETHBRIDGE, AB
61/220	JOHNSON, JESSICA	5133	35:46.040	07:09		5K30-39F	20/68	108/307	LETHBRIDGE, AB
62/220	MCDONALD, ASHLEIGH	5167	35:52.314	07:10		5K30-39F	21/68	110/307	LETHBRIDGE, AB
63/220	SKEITH, CHRISTINA	5238	35:54.822	07:10		5K40-49F	10/45	111/307	LETHBRIDGE, AB
64/220	VELDBOOM, OLIVIA	5260	35:59.801	07:11		5K20-29F	18/30	112/307	GRANUM, AB
65/220	FRY, KATLYN	5090	36:29.872	07:17		5K30-39F	22/68	114/307	LETHBRIDGE COUNTY, AB
66/220	ORSTEN, AMANDA	5317	36:41.497	07:20		5K30-39F	23/68	115/307	COALDALE, AB
67/220	ZUEHLKE, NATALIE	5295	36:44.767	07:20		5K20-29F	19/30	116/307	LETHBRIDGE, AB
68/220	HOLTHE, RACHEL	5119	36:51.435	07:22		5K30-39F	24/68	117/307	RAYMOND, AB
69/220	BLANKENSTYN, MATTY	5021	37:00.374	07:24		5K60-69F	3/18	118/307	LETHBRIDGE, AB
70/220	CONARD, SUSAN	5059	37:09.472	07:25		5K40-49F	11/45	120/307	LETHBRIDGE, AB
71/220	MURPHY, DEBRA	5184	37:28.641	07:29		5K60-69F	4/18	121/307	LETHBRIDGE, AB
72/220	DUERKSEN, HEATHER	5079	37:29.392	07:29		5K30-39F	25/68	122/307	LETHBRIDGE, AB
73/220	CHATTERS, ISLA	5043	37:29.649	07:29		5K11-15F	6/6	123/307	LETHBRIDGE, AB
74/220	DJOKOTO-ASEM, EDNA	5072	37:33.877	07:30		5K50-59F	6/30	124/307	LETHBRIDGE, AB
75/220	JENSEN, NATALIE	5130	37:44.514	07:32		5K30-39F	26/68	126/307	LETHBRIDGE, AB
76/220	GEERAERT, ARLENE	5097	37:50.618	07:34		5K50-59F	7/30	127/307	TABER, AB
77/220	BARANYAY, KIERA	5007	37:52.919	07:34		5K30-39F	27/68	128/307	LETHBRIDGE, AB
78/220	SCHROYEN, LAINE	5304	37:57.995	07:35		5K40-49F	12/45	129/307	LETHBRIDGE, AB
79/220	HENGEVELD, JENN	5302	37:58.133	07:35		5K40-49F	13/45	130/307	LETHBRIDGE, AB
80/220	WILLIAMSON, ERIN	5278	38:00.323	07:36		5K20-29F	20/30	131/307	LETHBRIDGE, AB
81/220	SEXTON, TAKEENA	5233	38:02.858	07:36		5K30-39F	28/68	132/307	STIRLING, AB
82/220	MCKINNON, TERRI	5041	38:14.561	07:38		5K40-49F	14/45	133/307	LETHBRIDGE, AB
83/220	JENSEN, CANDICE	5128	38:34.946	07:42		5K30-39F	29/68	134/307	LETHBRIDGE, AB
84/220	RED CROW, MIRANDA	5210	38:43.410	07:44		5K50-59F	8/30	135/307	STANDOFF, AB
85/220	ENTZ, TENNILLE	5081	38:46.675	07:45		5K40-49F	15/45	136/307	LETHBRIDGE, AB
86/220	ARNAUD, EMILIE	5003	38:50.316	07:46		5K40-49F	16/45	137/307	LETHBRIDGE, AB
87/220	COADY, DANIELLE	5055	38:56.854	07:47		5K30-39F	30/68	139/307	LETHBRIDGE, AB
88/220	VAN LEUKEN, DESIREE	5259	39:13.725	07:50		5K40-49F	17/45	141/307	LETHBRIDGE, AB
89/220	MCCONNELL, SHANDA	5309	39:14.372	07:50		5K30-39F	31/68	142/307	LETHBRIDGE, AB
90/220	HEIDINGER, LEAH	5116	39:56.042	07:59		5K40-49F	18/45	146/307	LETHBRIDGE, AB
91/220	FEYTER, MELISSA	5084	40:00.507	08:00		5K40-49F	19/45	147/307	MONARCH, AB
92/220	CHISHOLM, TRINIE	5048	40:01.447	08:00		5K30-39F	32/68	148/307	LETHBRIDGE, AB
93/220	BOOTH, DANI	5028	41:08.500	08:13		5K30-39F	33/68	150/307	LETHBRIDGE, AB
94/220	COX, ANDREA	5339	41:12.587	08:14		5K50-59F	9/30	151/307	LETHBRIDGE, AB
95/220	KUCEY, JACKIE	5335	41:12.711	08:14		5K20-29F	21/30	152/307	LETHBRIDGE, AB
96/220	WICKERSHAM, AVALYN	5274	41:21.260	08:16		5K10&UF	3/14	153/307	LETHBRIDGE, AB
97/220	WICKERSHAM, AIMEE	5273	41:30.536	08:18		5K30-39F	34/68	154/307	LETHBRIDGE, AB
98/220	LYSTER, ERIN	5161	41:31.279	08:18		5K30-39F	35/68	155/307	LETHBRIDGE, AB
99/220	CHEUNG, ANDREA	5046	41:42.866	08:20		5K40-49F	20/45	156/307	LETHBRIDGE, AB
100/220	BOND, SARA	5027	41:48.150	08:21		5K30-39F	36/68	158/307	LETHBRIDGE, AB
101/220	SMITH-MYLES, KAREN	5239	41:57.260	08:23		5K60-69F	5/18	160/307	LETHBRIDGE, AB
102/220	MILLER, GILLIAN	5179	42:02.892	08:24		5K20-29F	22/30	161/307	LETHBRIDGE, AB
103/220	MILLER, JACINTA	5180	42:03.557	08:24		5K50-59F	10/30	163/307	LETHBRIDGE COUNTY, AB
104/220	HUFFMAN, SUE	5123	42:04.186	08:24		5K60-69F	6/18	164/307	LETHBRIDGE, AB
105/220	CHONG, KATE	5050	42:04.461	08:24		5K30-39F	37/68	165/307	COQUITLAM, BC
106/220	CHEUNG, MEIKA	5047	42:21.239	08:28		5K10&UF	4/14	166/307	LETHBRIDGE, AB
107/220	OSMOND HOOVER, HEATHER	5341	42:30.678	08:30		5K40-49F	21/45	169/307	LETHBRIDGE, AB
108/220	WEIR, TEYAH	5268	42:38.440	08:31		5K20-29F	23/30	170/307	LETHBRIDGE, AB
109/220	FRIESEN, WAIYOLA	5300	42:49.691	08:33		5K30-39F	38/68	171/307	LETHBRIDGE, AB
110/220	BRAUN, JENNA	5029	42:49.825	08:33		5K30-39F	39/68	172/307	LETHBRIDGE, AB

Overall Gender Results

5K - 3.1 Miles

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Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
111/220	BROWN, LINDSAY	5033	43:07.415	08:37		5K40-49F	22/45	173/307	LETHBRIDGE, AB
112/220	DARROCH, ANGIE	5063	43:39.975	08:43		5K40-49F	23/45	174/307	LETHBRIDGE, AB
113/220	CHRISTENSEN, SHERRY	5051	43:40.634	08:44		5K60-69F	7/18	175/307	COALHURST, AB
114/220	VAN DYK, JANNIE	5254	43:40.694	08:44		5K70+F	1/7	176/307	LETHBRIDGE, AB
115/220	OLIVIERI, DANIELLE	5187	44:21.258	08:52		5K40-49F	24/45	177/307	COALDALE, AB
116/220	GOLDHAWK, CINDY	5102	44:21.384	08:52		5K40-49F	25/45	178/307	LETHBRIDGE, AB
117/220	FITZPATRICK, ALLISON	5085	44:56.591	08:59		5K40-49F	26/45	181/307	BLACK DIAMOND, AB
118/220	DE GRAAF, BRYANNE	5064	45:05.741	09:01		5K30-39F	40/68	182/307	LETHBRIDGE COUNTY, AB
119/220	DOUVILLE, SUSANNE	5075	45:32.500	09:06		5K40-49F	27/45	184/307	LETHBRIDGE, AB
120/220	TAYLOR, VALERIE	5248	45:39.669	09:07		5K70+F	2/7	185/307	LETHBRIDGE, AB
121/220	GUKERT, KAREN	5105	45:41.679	09:08		5K60-69F	8/18	186/307	LETHBRIDGE, AB
122/220	YASINSKI, CHARIS	5288	46:30.449	09:18		5K30-39F	41/68	187/307	LETHBRIDGE, AB
123/220	YASINSKI, CADEN	5287	46:31.362	09:18		5K10&UF	5/14	188/307	LETHBRIDGE, AB
124/220	RANGER, TANESSA	5209	46:40.711	09:20		5K30-39F	42/68	189/307	LETHBRIDGE, AB
125/220	ZECK, DEB	5291	47:24.363	09:28		5K50-59F	11/30	190/307	LETHBRIDGE, AB
126/220	SHARP, ROSANNE	5235	47:28.768	09:29		5K30-39F	43/68	191/307	LETHBRIDGE, AB
127/220	SHARP, OLIVIA	5234	47:28.812	09:29		5K10&UF	6/14	192/307	LETHBRIDGE, AB
128/220	GOERZEN SINE, EMMA	5101	48:30.111	09:42		5K60-69F	9/18	193/307	LETHBRIDGE, AB
129/220	ROCHE, LEAH	5213	48:32.180	09:42		5K60-69F	10/18	194/307	LETHBRIDGE, AB
130/220	BEGOVIC-WEBBER, MADISON	5016	48:39.274	09:43		5K30-39F	44/68	195/307	LETHBRIDGE, AB
131/220	BOEHR, AUBREY	5022	48:40.525	09:44		5K30-39F	45/68	196/307	LETHBRIDGE, AB
132/220	WOYNAROWSKY, PAULA	5286	48:46.764	09:45		5K30-39F	46/68	197/307	LETHBRIDGE, AB
133/220	KANTRUD, MAISEY	5136	48:47.380	09:45		5K10&UF	7/14	198/307	LETHBRIDGE, AB
134/220	HEEBNER, SAWYER	5114	48:48.301	09:45		5K10&UF	8/14	199/307	LETHBRIDGE, AB
135/220	HEEBNER, JODY	5113	48:48.942	09:45		5K40-49F	28/45	200/307	LETHBRIDGE, AB
136/220	SANDHAM, SHARON	5222	49:14.831	09:50		5K70+F	3/7	201/307	COALHURST, AB
137/220	STREET, ERIKA	5330	49:27.540	09:53		5K70+F	4/7	202/307	COALDALE, AB
138/220	LAPORTE, MARCY	5155	49:27.829	09:53		5K40-49F	29/45	203/307	LETHBRIDGE, AB
139/220	BIALOBZYSKI, ALEXIS	5019	49:35.185	09:55		5K40-49F	30/45	204/307	LETHBRIDGE, AB
140/220	SPACKMAN, KRISTA	5240	49:50.310	09:58		5K30-39F	47/68	205/307	LETHBRIDGE, AB
141/220	DUECK, ROBYN	5078	49:53.046	09:58		5K30-39F	48/68	206/307	LETHBRIDGE, AB
142/220	CLAMP, KIERA	5347	50:04.048	10:00		5K10&UF	9/14	207/307	LETHBRIDGE, AB
143/220	LEAVITT, KIM	5157	50:04.511	10:00		5K40-49F	31/45	208/307	LETHBRIDGE, AB
144/220	FRY, PAM	5091	50:12.211	10:02		5K60-69F	11/18	209/307	LETHBRIDGE COUNTY, AB
145/220	MOORE, DARLENE	5182	50:14.432	10:02		5K50-59F	12/30	210/307	LETHBRIDGE, AB
146/220	SATURLEY, KRISTEN	5224	50:24.137	10:04		5K40-49F	32/45	212/307	LETHBRIDGE, AB
147/220	MATIS-VADNAIS, JENNIFER	5337	50:30.922	10:06		5K50-59F	13/30	213/307	LETHBRIDGE, AB
148/220	CHUDOBIAK, APRIL	5052	51:00.890	10:12		5K40-49F	33/45	214/307	COALDALE, AB
149/220	KUCEY, LEANNE	5146	51:17.583	10:15		5K40-49F	34/45	215/307	LETHBRIDGE, AB
150/220	VAN EGMOND, JULIE	5255	51:18.791	10:15		5K40-49F	35/45	216/307	LETHBRIDGE, AB
151/220	BARNES, CHARLOTTE	5008	51:28.299	10:17		5K10&UF	10/14	217/307	PICTURE BUTTE, AB
152/220	BARNES, KRISTY	5009	51:28.683	10:17		5K40-49F	36/45	218/307	PICTURE BUTTE, AB
153/220	DE GROOT, KIM	5065	51:45.697	10:21		5K30-39F	49/68	219/307	LETHBRIDGE, AB
154/220	WHITE, STEPHANIE	5272	51:51.392	10:22		5K30-39F	50/68	220/307	LETHBRIDGE, AB
155/220	MEIER, TAMMY	5178	52:03.853	10:24		5K50-59F	14/30	222/307	LETHBRIDGE, AB
156/220	BELCASTRO, VALERIE	5017	52:04.652	10:24		5K50-59F	15/30	223/307	LETHBRIDGE, AB
157/220	IBRAHIM, HALA	5124	52:05.271	10:25		5K40-49F	37/45	224/307	LETHBRIDGE, AB
158/220	FERGUSON, BILLIE-JO	5325	52:28.666	10:29		5K40-49F	38/45	226/307	TABER, AB
159/220	PETEK, BRYNLEE	5328	52:29.481	10:29		5K10&UF	11/14	227/307	TABER, AB
160/220	CARBERT, KAYLA	5039	53:21.779	10:40		5K30-39F	51/68	229/307	LETHBRIDGE, AB
161/220	PAULS, SHAUNA	5198	53:23.004	10:40		5K50-59F	16/30	230/307	COALDALE, AB
162/220	LANDRY-DEBOER, JULIE	5154	53:23.408	10:40		5K50-59F	17/30	231/307	COALDALE, AB
163/220	BALDERSTON, NICOLE	5005	53:25.141	10:41		5K40-49F	39/45	232/307	LETHBRIDGE, AB
164/220	PASKAL, LEXI	5196	53:40.094	10:44		5K30-39F	52/68	233/307	IRON SPRINGS, AB
165/220	PAPWORTH, KARA	5193	53:43.022	10:44		5K30-39F	53/68	234/307	LETHBRIDGE, AB

Overall Gender Results

5K - 3.1 Miles

Female

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
166/220	LEAVITT, LAURA	5333	54:20.879	10:52		5K60-69F	12/18	235/307	LETHBRIDGE, AB
167/220	KAMSTRA, HAYLEE	5134	54:56.876	10:59		5K20-29F	24/30	237/307	LETHBRIDGE, AB
168/220	ROCHELEAU, WENDY	5215	55:49.714	11:09		5K60-69F	13/18	241/307	LETHBRIDGE, AB
169/220	EWASIW, DENISE	5082	55:59.098	11:11		5K40-49F	40/45	243/307	LETHBRIDGE, AB
170/220	HAYNES, JULIE	5111	56:17.207	11:15		5K30-39F	54/68	244/307	LETHBRIDGE, AB
171/220	KARL, NICOLE	5137	56:17.278	11:15		5K30-39F	55/68	245/307	COALDALE, AB
172/220	WILLMS, ABBEY	5280	56:43.697	11:20		5K10&UF	12/14	246/307	LETHBRIDGE, AB
173/220	WILLMS, MICHELLE	5281	56:44.987	11:20		5K30-39F	56/68	248/307	LETHBRIDGE, AB
174/220	OVERES, LEANNE	5191	57:00.242	11:24		5K30-39F	57/68	249/307	LETHBRIDGE, AB
175/220	COLLETT, ERIN	5056	57:07.009	11:25		5K20-29F	25/30	250/307	LETHBRIDGE, AB
176/220	LABRIE, CHLOE	5010	57:08.310	11:25		5K20-29F	26/30	251/307	LETHBRIDGE, AB
177/220	OVERES, KATHY	5190	57:12.661	11:26		5K50-59F	18/30	252/307	LETHBRIDGE, AB
178/220	MCDONALD, JENNA	5170	57:37.480	11:31		5K30-39F	58/68	253/307	LETHBRIDGE, AB
179/220	KENNY, KORYNN	5139	57:42.303	11:32		5K20-29F	27/30	255/307	COALHURST, AB
180/220	SPRINKLE, JAIMEE	5241	57:43.716	11:32		5K30-39F	59/68	256/307	LETHBRIDGE, AB
181/220	OSTEPCHUK, CATHERINE	5188	57:52.067	11:34		5K50-59F	19/30	257/307	LETHBRIDGE, AB
182/220	OSTEPCHUK, SELAH	5189	57:54.872	11:34		5K20-29F	28/30	258/307	LETHBRIDGE, AB
183/220	COOK, TRISH	5062	57:55.556	11:35		5K50-59F	20/30	259/307	LETHBRIDGE, AB
184/220	PAOLETTI, JODI	5192	58:03.471	11:36		5K50-59F	21/30	260/307	LETHBRIDGE, AB
185/220	EPP, COURTNEY	5299	58:03.650	11:36		5K40-49F	41/45	261/307	LETHBRIDGE, AB
186/220	HAYWARD, ANGELICA	5112	58:04.629	11:36		5K50-59F	22/30	262/307	LETHBRIDGE, AB
187/220	BEBEK, BRYNNE	5012	58:04.707	11:36		5K40-49F	42/45	263/307	LETHBRIDGE, AB
188/220	HEFFERNAN, CHANTAL	5115	58:10.874	11:38		5K40-49F	43/45	264/307	LETHBRIDGE, AB
189/220	JETTEN, KELLY	5132	58:11.191	11:38		5K50-59F	23/30	265/307	LETHBRIDGE, AB
190/220	DONAHUE, STASHA	5073	58:14.034	11:38		5K50-59F	24/30	266/307	FORT MACLEOD, AB
191/220	DUECK, MONA	5077	58:51.600	11:46		5K60-69F	14/18	268/307	LETHBRIDGE, AB
192/220	DIXON, VICKI	5071	58:52.147	11:46		5K50-59F	25/30	269/307	LETHBRIDGE, AB
193/220	MCDONALD, HELEN	5168	58:52.681	11:46		5K70+F	5/7	270/307	LETHBRIDGE, AB
194/220	LOWE, TANYA	5159	59:22.731	11:52		5K40-49F	44/45	271/307	COALDALE, AB
195/220	PELLETIER, ROSE	5201	59:39.103	11:55		5K60-69F	15/18	272/307	, AB
196/220	CHEUNG, MAGGIE	5297	59:40.278	11:56		5K16-19F	2/2	273/307	LETHBRIDGE, AB
197/220	LAMB, DEE	5153	59:48.816	11:57		5K50-59F	26/30	274/307	LETHBRIDGE, AB
198/220	MCKEE, ALLISON	5175	59:49.448	11:57		5K40-49F	45/45	275/307	CLARESHOLM, AB
199/220	KIRKPATRICK, THEA	5327	1:00:43.026	12:08		5K10&UF	13/14	277/307	LETHBRIDGE, AB
200/220	KIRKPATRICK, KELLI	5140	1:00:48.792	12:09		5K30-39F	60/68	280/307	LETHBRIDGE, AB
201/220	YOSHIHARA, MEGAN	5289	1:01:58.662	12:23		5K30-39F	61/68	281/307	LETHBRIDGE, AB
202/220	SAKAMOTO HAKKARAINEN, LISA	5221	1:01:59.321	12:23		5K20-29F	29/30	282/307	LETHBRIDGE, AB
203/220	BYRTUS, JEANNETTE	5037	1:01:59.898	12:23		5K70+F	6/7	283/307	LETHBRIDGE, AB
204/220	BENNETT, MARIBETH	5018	1:02:02.436	12:24		5K70+F	7/7	284/307	LETHBRIDGE, AB
205/220	PLOMP, CHERYL	5206	1:02:47.406	12:33		5K50-59F	27/30	287/307	LETHBRIDGE, AB
206/220	DIVINS, HALEY	5069	1:02:48.696	12:33		5K30-39F	62/68	288/307	LETHBRIDGE, AB
207/220	RESSLER, JESSICA	5211	1:02:49.260	12:33		5K30-39F	63/68	289/307	LETHBRIDGE, AB
208/220	DIVINS, SHERRY	5070	1:03:44.236	12:44		5K60-69F	16/18	290/307	LETHBRIDGE, AB
209/220	PARISEAU, CAMMY	5195	1:03:46.626	12:45		5K50-59F	28/30	291/307	LETHBRIDGE, AB
210/220	WURZER, KAYLA	5321	1:04:50.665	12:58		5K30-39F	64/68	294/307	LETHBRIDGE, AB
211/220	WURZER FIX, ELLIEB	5322	1:04:54.778	12:58		5K10&UF	14/14	295/307	LETHBRIDGE, AB
212/220	WURZER, BRENDA	5320	1:04:55.417	12:59		5K60-69F	17/18	296/307	LETHBRIDGE, AB
213/220	LATHAM, JENNIFER	5313	1:04:58.268	12:59		5K50-59F	29/30	297/307	LETHBRIDGE, AB
214/220	SENNEKER, ALEXA	5228	1:07:56.842	13:35		5K20-29F	30/30	298/307	LETHBRIDGE, AB
215/220	GELLENY, KAREN	5099	1:09:05.106	13:49		5K60-69F	18/18	301/307	LETHBRIDGE, AB
216/220	JAKOBSSON, PASCALE	5126	1:10:06.472	14:01		5K50-59F	30/30	302/307	LETHBRIDGE, AB
217/220	BECK, JESSICA	5013	1:10:18.089	14:03		5K30-39F	65/68	303/307	LETHBRIDGE, AB
218/220	WIERL, STEPHANIE	5277	1:10:18.536	14:03		5K30-39F	66/68	304/307	LETHBRIDGE, AB
219/220	TAIT, DANIELLE	5245	1:10:18.944	14:03		5K30-39F	67/68	305/307	LETHBRIDGE, AB
220/220	TRADEWELL, XAVIERA	5251	1:15:20.069	15:04		5K30-39F	68/68	307/307	LETHBRIDGE, AB

Overall Gender Results

5K - 3.1 Miles

Male

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
1/87	KANGOGO, KIP	5336	17:35.446	03:31		5K40-49M	1/20	1/307	LETHBRIDGE, AB
2/87	WEST, SETH	5269	18:54.104	03:46		5K16-19M	1/5	2/307	WELLING, AB
3/87	FRIESEN, CHARLES	5089	20:17.593	04:03		5K40-49M	2/20	3/307	LETHBRIDGE, AB
4/87	MALINOWSKI, MATT	5346	21:17.581	04:15		5K40-49M	3/20	4/307	LETHBRIDGE, AB
5/87	ORSTEN, RYKER	5318	23:14.704	04:38		5K11-15M	1/14	5/307	COALDALE, AB
6/87	WALKER, PETER	5319	23:42.494	04:44		5K50-59M	1/10	7/307	MEDICINE HAT, AB
7/87	FULWILER, LOGAN	5092	24:00.140	04:48		5K40-49M	4/20	8/307	LETHBRIDGE, AB
8/87	WARREN, KOLIN	5266	24:04.447	04:48		5K30-39M	1/15	9/307	CALGARY, AB
9/87	BULLOCK, BRYAN	5035	24:20.887	04:52		5K40-49M	5/20	10/307	LETHBRIDGE, AB
10/87	MCINTYRE, CORIGAN	5172	24:57.325	04:59		5K11-15M	2/14	12/307	LETHBRIDGE, AB
11/87	YELLOW WINGS, JACOB	5308	25:13.002	05:02		5K11-15M	3/14	13/307	FORT MACLEOD, AB
12/87	DUFRESNE, MARC	5181	25:48.427	05:09		5K50-59M	2/10	15/307	LETHBRIDGE, AB
13/87	FEYTER, DWAYNE	5083	25:59.699	05:11		5K30-39M	2/15	16/307	MONARCH, AB
14/87	GALLANT, DYLAN	5094	26:07.429	05:13		5K16-19M	2/5	17/307	LETHBRIDGE, AB
15/87	KWASNY, SIMON	5150	26:08.544	05:13		5K11-15M	4/14	18/307	LETHBRIDGE, AB
16/87	FITZPATRICK, JESSE	5086	26:21.611	05:16		5K40-49M	6/20	19/307	BLACK DIAMOND, AB
17/87	PEARSON, JARED	5199	26:22.540	05:16		5K16-19M	3/5	20/307	LETHBRIDGE, AB
18/87	DERRY, CONNOR	5067	26:37.516	05:19		5K30-39M	3/15	21/307	LETHBRIDGE, AB
19/87	CHATTERS, OLIVER	5044	26:46.533	05:21		5K11-15M	5/14	23/307	LETHBRIDGE, AB
20/87	WARD, DECLAN	5264	26:55.641	05:23		5K10&UM	1/10	25/307	LETHBRIDGE, AB
21/87	DONOVAN, ANDREW	5074	27:14.942	05:26		5K40-49M	7/20	26/307	LETHBRIDGE, AB
22/87	GALLANT, BRAD	5093	27:29.006	05:29		5K50-59M	3/10	27/307	LETHBRIDGE, AB
23/87	FLEMING, MIKE	5340	27:33.505	05:30		5K40-49M	8/20	28/307	LETHBRIDGE, AB
24/87	ROLLINGSON, JONAH	5216	27:38.238	05:31		5K11-15M	6/14	29/307	LETHBRIDGE, AB
25/87	WATT, JENS	5267	27:42.478	05:32		5K20-29M	1/12	31/307	LETHBRIDGE, AB
26/87	DEGROOT, KADEN	5348	27:45.374	05:33		5K11-15M	7/14	33/307	LETHBRIDGE, AB
27/87	CAMPBELL, RILEY	5038	28:09.619	05:37		5K16-19M	4/5	34/307	LETHBRIDGE, AB
28/87	MCDONALD, JASON	5169	28:36.446	05:43		5K30-39M	4/15	41/307	LETHBRIDGE, AB
29/87	KANTRUD, KRIS	5135	28:44.230	05:44		5K30-39M	5/15	42/307	LETHBRIDGE, AB
30/87	GALLANT, NOLAN	5095	28:52.326	05:46		5K11-15M	8/14	44/307	LETHBRIDGE, AB
31/87	MEGYES, KEVIN	5177	28:55.257	05:47		5K40-49M	9/20	46/307	LETHBRIDGE, AB
32/87	BECKING, AARON	5014	29:01.972	05:48		5K30-39M	6/15	48/307	LETHBRIDGE, AB
33/87	GRAUMANN, WESTON	5104	29:23.964	05:52		5K20-29M	2/12	51/307	LETHBRIDGE, AB
34/87	KOLLIAS, ARI	5144	29:27.588	05:53		5K11-15M	9/14	53/307	LETHBRIDGE, AB
35/87	MARTINEZ, JOSEPH	5166	29:39.904	05:55		5K20-29M	3/12	56/307	LETHBRIDGE, AB
36/87	MCINTYRE, DAN	5173	29:50.837	05:58		5K40-49M	10/20	59/307	LETHBRIDGE, AB
37/87	ULLY, BRETT	5253	30:24.072	06:04		5K20-29M	4/12	60/307	LETHBRIDGE, AB
38/87	BAULKARAN, VISHAAL	5011	32:24.534	06:28		5K40-49M	11/20	70/307	LETHBRIDGE, AB
39/87	GEERAERT, MITCHELL	5098	32:39.595	06:31		5K20-29M	5/12	74/307	TABER, AB
40/87	DEGROOT, DAVIN	5349	33:12.285	06:38		5K10&UM	2/10	79/307	LETHBRIDGE, AB
41/87	VAN HIERDEN, EDWARD	5258	33:16.842	06:39		5K50-59M	4/10	80/307	COALDALE, AB
42/87	BRODIE, MICHAEL	5031	33:28.629	06:41		5K50-59M	5/10	84/307	COALDALE, AB
43/87	YOUNG, CARSON	5290	33:43.653	06:44		5K11-15M	10/14	85/307	CLARESHOLM, AB
44/87	CHATTERS, BYRON	5042	34:03.769	06:48		5K40-49M	12/20	87/307	LETHBRIDGE, AB
45/87	SUDUWELI, SENURA	5306	34:08.393	06:49		5K30-39M	7/15	88/307	LETHBRIDGE, AB
46/87	OHENE, JOSIAH	5334	34:17.185	06:51		5K10&UM	3/10	90/307	LETHBRIDGE, AB
47/87	KNAPP, BARRY	5142	34:26.094	06:53		5K50-59M	6/10	92/307	COALDALE, AB
48/87	OBRIEN, OLIVIER	5185	35:50.339	07:10		5K30-39M	8/15	109/307	LETHBRIDGE, AB
49/87	HOLTHE, RYDER	5120	36:25.022	07:17		5K16-19M	5/5	113/307	RAYMOND, AB
50/87	CONARD, OLIVIER	5058	37:01.647	07:24		5K40-49M	13/20	119/307	LETHBRIDGE, AB
51/87	JENSEN, DAVID	5129	37:44.393	07:32		5K30-39M	9/15	125/307	LETHBRIDGE, AB
52/87	STADTMULLER, LEO	5329	38:51.411	07:46		5K10&UM	4/10	138/307	LETHBRIDGE, AB
53/87	LEWICKI, LYNKYN	5303	39:13.677	07:50		5K11-15M	11/14	140/307	LETHBRIDGE, AB
54/87	DENECKY, NICHOLAS	5066	39:16.180	07:51		5K11-15M	12/14	143/307	LETHBRIDGE, AB
55/87	BOND, MIKE	5026	39:35.511	07:55		5K40-49M	14/20	144/307	LETHBRIDGE, AB

Overall Gender Results

5K - 3.1 Miles

Male

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
56/87	BOND, ADAM	5023	39:37.768	07:55		5K10&UM	5/10	145/307	LETHBRIDGE, AB
57/87	HANEY, KEVIN	5106	40:43.458	08:08		5K40-49M	15/20	149/307	LETHBRIDGE, AB
58/87	BOND, LUKE	5025	41:44.536	08:20		5K10&UM	6/10	157/307	LETHBRIDGE, AB
59/87	BOND, JAKE	5024	41:50.800	08:22		5K11-15M	13/14	159/307	LETHBRIDGE, AB
60/87	PONICH, MITCHELL	5207	42:03.347	08:24		5K50-59M	7/10	162/307	LETHBRIDGE, AB
61/87	ZUEHLKE, LANDON	5294	42:22.051	08:28		5K30-39M	10/15	167/307	LETHBRIDGE, AB
62/87	HOOVER, REXTON	5342	42:28.293	08:29		5K10&UM	7/10	168/307	LETHBRIDGE, AB
63/87	YOUNGER, FINLAY	5331	44:47.174	08:57		5K10&UM	8/10	179/307	LETHBRIDGE, AB
64/87	YOUNGER, JOHN	5332	44:47.670	08:57		5K40-49M	16/20	180/307	LETHBRIDGE, AB
65/87	ZECK, JAMES	5292	45:05.878	09:01		5K20-29M	6/12	183/307	LETHBRIDGE, AB
66/87	SATURLEY, ADAM	5223	50:23.538	10:04		5K50-59M	8/10	211/307	LETHBRIDGE, AB
67/87	WHITE, MATT	5271	51:51.434	10:22		5K30-39M	11/15	221/307	LETHBRIDGE, AB
68/87	PERIN, MATT	5202	52:17.967	10:27		5K20-29M	7/12	225/307	LETHBRIDGE, AB
69/87	HAKKARAINEN, JESSY	5343	53:11.707	10:38		5K30-39M	12/15	228/307	LETHBRIDGE, AB
70/87	LEAVITT, ZEALAND	5158	54:20.978	10:52		5K50-59M	9/10	236/307	LETHBRIDGE, AB
71/87	ANDERSON, AUSTIN	5002	54:57.020	10:59		5K20-29M	8/12	238/307	LETHBRIDGE, AB
72/87	KWASNY, LIAM	5149	55:10.463	11:02		5K11-15M	14/14	239/307	LETHBRIDGE, AB
73/87	KWASNY, JASON	5148	55:15.012	11:03		5K40-49M	17/20	240/307	LETHBRIDGE, AB
74/87	SELSKI, CRAIG	5226	55:57.828	11:11		5K40-49M	18/20	242/307	LETHBRIDGE, AB
75/87	WILLMS, MIKE	5282	56:44.414	11:20		5K40-49M	19/20	247/307	LETHBRIDGE, AB
76/87	MCDONALD, TYLER	5171	57:38.883	11:31		5K30-39M	13/15	254/307	LETHBRIDGE, AB
77/87	AUTHIER, BEN	5004	58:30.368	11:42		5K40-49M	20/20	267/307	LETHBRIDGE, AB
78/87	ROCHELEAU, GERALD	5214	1:00:32.432	12:06		5K60-69M	1/1	276/307	LETHBRIDGE, AB
79/87	KIRKPATRICK, LELAND	5326	1:00:44.378	12:08		5K10&UM	9/10	278/307	LETHBRIDGE, AB
80/87	KIRKPATRICK, STEPHEN	5141	1:00:44.931	12:08		5K30-39M	14/15	279/307	LETHBRIDGE, AB
81/87	SENNEKER, ALEX	5227	1:02:12.187	12:26		5K30-39M	15/15	285/307	LETHBRIDGE, AB
82/87	SENNEKER, KASSIAN	5229	1:02:16.167	12:27		5K10&UM	10/10	286/307	LETHBRIDGE, AB
83/87	LATHAM, KINLEY	5314	1:04:31.716	12:54		5K20-29M	9/12	292/307	LETHBRIDGE, AB
84/87	LATHAM, RICK	5315	1:04:33.689	12:54		5K50-59M	10/10	293/307	LETHBRIDGE, AB
85/87	SENNEKER, RYAN	5232	1:07:59.346	13:35		5K20-29M	10/12	299/307	LETHBRIDGE, AB
86/87	BEERS, CARSON	5015	1:09:02.997	13:48		5K20-29M	11/12	300/307	LETHBRIDGE, AB
87/87	TRADEWELL, BRENT	5250	1:15:19.359	15:03		5K20-29M	12/12	306/307	LETHBRIDGE, AB