

OA/PI = Overall Placing

Overall Gender Award Results

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Top 10 In Gender

Offset = Diff from Gender WinTime hh:mm:ss

10K Run - 6.21 Miles

85 Finishers

Female											59 Finishers
Gen/PI	Name	Bib#	Time	Pace/K	Pace/M	Category	OA/PI	Cat/PI	Offset	City	
1/59	HALOWSKI, JENI	131	43:37.499	04:21		10K40-49F	4/86	1/18	+00:00:00	LETHBRIDGE	
2/59	LANDRY, STEPHANIE	145	48:39.986	04:51		10K30-39F	7/86	1/27	+00:05:02	LETHBRIDGE	
3/59	MRAK, LAURA	162	51:03.500	05:06		10K40-49F	10/86	2/18	+00:07:26	COALDALE	
4/59	CHRAPKO, MACKENZIE	111	51:46.410	05:10		10K20-29F	11/86	1/4	+00:08:08	LETHBRIDGE	
5/59	FRIESEN, HELENA	201	52:03.292	05:12		10K30-39F	12/86	2/27	+00:08:25	LETHBRIDGE	
6/59	BRUGGER, CAITLYN	108	52:16.440	05:13		10K30-39F	14/86	3/27	+00:08:38	TABER	
7/59	BURGESS, NICOLE	195	52:48.739	05:16		10K19&UF	15/86	1/3	+00:09:11	LETHBRIDGE	
8/59	CASTRO, LINA	196	53:48.790	05:22		10K20-29F	17/86	2/4	+00:10:11	LETHBRIDGE	
9/59	STIRLING, ELIZABETH	182	54:49.734	05:28		10K30-39F	20/86	4/27	+00:11:12	LETHBRIDGE	
10/59	MALMBERG, NICOLE	154	54:54.801	05:29		10K30-39F	22/86	5/27	+00:11:17	LETHBRIDGE	

Male											26 Finishers
Gen/PI	Name	Bib#	Time	Pace/K	Pace/M	Category	OA/PI	Cat/PI	Offset	City	
1/27	LAROUCHE, RICHARD	147	37:25.263	03:44		10K30-39M	1/86	1/6	+00:00:00	LETHBRIDGE	
2/27	DIBBEN, MITCHEL	117	42:42.439	04:16		10K40-49M	2/86	1/8	+00:05:17	LETHBRIDGE	
3/27	LJA, ROB	159	43:11.613	04:19		10K30-39M	3/86	2/6	+00:05:46	COALDALE	
4/27	CHAREST, TRISTAN	200	44:27.151	04:26		10K19&UM	5/86	1/1	+00:07:01	LETHBRIDGE	
5/27	ZANONI, JAMES	194	48:26.316	04:50		10K30-39M	6/86	3/6	+00:11:01	LETHBRIDGE	
6/27	HAGEL, RYAN	129	49:58.037	04:59		10K40-49M	8/86	2/8	+00:12:32	LETHBRIDGE	
7/27	LENAOUR, TAYLOR	149	50:23.118	05:02		10K30-39M	9/86	4/6	+00:12:57	LETHBRIDGE	
8/27	JOHNSON, DEAN	136	52:10.394	05:13		10K50-59M	13/86	1/6	+00:14:45	LETHBRIDGE	
9/27	DAVY, DAN	115	52:58.964	05:17		10K40-49M	16/86	3/8	+00:15:33	LETHBRIDGE	
10/27	MRAK, JOE	161	54:17.675	05:25		10K40-49M	18/86	4/8	+00:16:52	COALDALE	