

2023 Ritas Run 5K/10K May 13/2023

Overall Gender Award Results

Top 10 In Gender

5K Run - 3.1 Miles
307 Finishers

Female 220 Finishers										
Gen/PI	Name	Bib#	Time	Pace/K	Pace/M	Category	OA/PI	Cat/PI	Offset	City
1/222	CHATTERTON, ANNA	5045	23:15.674	04:39		5K11-15F	6/309	1/6	+00:00:00	LETHBRIDGE
2/222	JANZEN, JENNA	5127	24:34.893	04:54		5K20-29F	11/309	1/30	+00:01:19	COALDALE
3/222	VAN HIERDEN, ALEISHA	5256	25:23.895	05:04		5K20-29F	14/309	2/30	+00:02:08	COALDALE
4/222	MULHALL, KRISTINE	5183	26:39.068	05:19		5K30-39F	22/309	1/69	+00:03:23	LETHBRIDGE
5/222	GAUTHIER, HEATHER	5096	26:55.053	05:23		5K50-59F	24/309	1/30	+00:03:39	LETHBRIDGE
6/222	SUTTROP, VIVIEN	5307	27:41.782	05:32		5K50-59F	30/309	2/30	+00:04:26	LETHBRIDGE
7/222	SHAE, ALEX	5305	27:44.211	05:32		5K20-29F	32/309	3/30	+00:04:28	LETHBRIDGE
8/222	SENNEKER, LIZ	5230	28:24.567	05:40		5K20-29F	35/309	4/30	+00:05:08	LETHBRIDGE
9/222	MAINZER, PATRICIA	5164	28:26.574	05:41		5K60-69F	36/309	1/19	+00:05:10	LETHBRIDGE
10/222	PETTY, SARAH	5203	28:30.848	05:42		5K20-29F	37/309	5/30	+00:05:15	LETHBRIDGE

Male 87 Finishers										
Gen/PI	Name	Bib#	Time	Pace/K	Pace/M	Category	OA/PI	Cat/PI	Offset	City
1/87	KANGOGO, KIP	5336	17:35.446	03:31		5K40-49M	1/309	1/20	+00:00:00	LETHBRIDGE
2/87	WEST, SETH	5269	18:54.104	03:46		5K16-19M	2/309	1/5	+00:01:18	WELLING
3/87	FRIESEN, CHARLES	5089	20:17.593	04:03		5K40-49M	3/309	2/20	+00:02:42	LETHBRIDGE
4/87	MALINOWSKI, MATT	5346	21:17.581	04:15		5K40-49M	4/309	3/20	+00:03:42	LETHBRIDGE
5/87	ORSTEN, RYKER	5318	23:14.704	04:38		5K11-15M	5/309	1/14	+00:05:39	COALDALE
6/87	WALKER, PETER	5319	23:42.494	04:44		5K50-59M	7/309	1/10	+00:06:07	MEDICINE HAT
7/87	FULWILER, LOGAN	5092	24:00.140	04:48		5K40-49M	8/309	4/20	+00:06:24	LETHBRIDGE
8/87	WARREN, KOLIN	5266	24:04.447	04:48		5K30-39M	9/309	1/15	+00:06:29	CALGARY
9/87	BULLOCK, BRYAN	5035	24:20.887	04:52		5K40-49M	10/309	5/20	+00:06:45	LETHBRIDGE
10/87	MCINTYRE, CORIGAN	5172	24:57.325	04:59		5K11-15M	12/309	2/14	+00:07:21	LETHBRIDGE