

Alpha Overall Results

5K - 3.1 Miles

121 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
39/121	AKINS, ALISON	5001	00:29:35.04	05:55	5K18+F	12/67	F	14/73	00:29:24.57
74/121	AKINS, JEREMY	5002	00:34:02.37	06:48	5K18+M	27/39	M	33/48	00:33:51.40
66/121	AMBROSI, WILMA	5003	00:33:03.71	06:36	5K18+F	34/67	F	37/73	00:32:57.20
18/121	ANDERSON, DIANE	5004	00:27:19.70	05:27	5K18+F	5/67	F	7/73	00:27:15.19
67/121	ANDREAS, JENA	5005	00:33:11.25	06:38	5K18+F	35/67	F	38/73	00:33:04.07
31/121	BANMAN, ALISON	5006	00:28:22.46	05:40	5K18+F	8/67	F	10/73	00:28:21.50
54/121	BERING, HEATHER	5007	00:31:25.33	06:17	5K18+F	25/67	F	27/73	00:31:12.90
35/121	BOGEN, ANDY	5008	00:28:47.00	05:45	5K18+M	19/39	M	24/48	00:28:43.21
79/121	BOHRN, BRIAN	5104	00:35:52.32	07:10	5K18+M	28/39	M	35/48	00:35:47.07
78/121	BOHRN, JAXON	5105	00:35:51.87	07:10	5K17&UM	7/9	M	34/48	00:35:46.72
58/121	BOUTKAN, BRADLEY	5009	00:31:57.48	06:23	5K18+M	23/39	M	28/48	00:31:48.69
36/121	BOUTKAN, CASEY	5010	00:29:19.19	05:51	5K18+M	20/39	M	25/48	00:29:11.30
43/121	BRADLEY-PAHL, PATRICIA	5011	00:30:08.50	06:01	5K18+F	16/67	F	18/73	00:30:00.23
71/121	BUITRAGO, NELLY	5012	00:33:24.65	06:40	5K18+F	37/67	F	40/73	00:33:02.46
28/121	COOMBES, JUDI	5013	00:28:17.49	05:39	5K18+F	7/67	F	9/73	00:28:06.69
73/121	COOPER, DAWN	5014	00:33:51.71	06:46	5K18+F	38/67	F	41/73	00:33:45.04
17/121	COWAN, ARI	5015	00:27:06.45	05:25	5K17&UM	3/9	M	11/48	00:27:05.56
57/121	COWAN, AVI	5016	00:31:55.74	06:23	5K17&UF	3/6	F	30/73	00:31:54.29
63/121	COWAN, JASE	5017	00:32:20.69	06:28	5K18+M	24/39	M	29/48	00:32:19.16
26/121	CUNNINGHAM, JUSTIN	5018	00:28:09.37	05:37	5K18+M	14/39	M	18/48	00:27:59.86
25/121	CUNNINGHAM, LIAM	5019	00:28:08.42	05:37	5K17&UM	4/9	M	17/48	00:27:59.09
52/121	DART, APRIL	5106	00:31:14.75	06:14	5K18+F	23/67	F	25/73	00:31:11.10
48/121	DEBOLT, MICHELLE	5020	00:30:43.00	06:08	5K18+F	21/67	F	23/73	00:30:19.17
113/121	DENNISON, ANNA	5107	00:56:50.00	11:22	5K17&UF	6/6	F	68/73	00:56:18.27
117/121	DENNISON, CATHERINE	5108	00:57:38.56	11:31	5K18+F	63/67	F	69/73	00:57:05.85
115/121	DENNISON, LIAM	5109	00:56:51.50	11:22	5K17&UM	9/9	M	47/48	00:56:18.53
114/121	DENNISON, NATHAN	5110	00:56:50.15	11:22	5K18+M	38/39	M	46/48	00:56:17.26
55/121	DONNER, CATHERINE	5021	00:31:38.75	06:19	5K18+F	26/67	F	28/73	00:31:34.10
22/121	DOYLE, AUSTIN	5022	00:27:51.41	05:34	5K18+M	11/39	M	14/48	00:27:35.46
93/121	DURBENIUK, ASHLEY	5111	00:38:53.99	07:46	5K18+F	51/67	F	56/73	00:38:39.76
94/121	DURBENIUK, RON	5112	00:38:54.24	07:46	5K18+M	31/39	M	38/48	00:38:40.25
70/121	DWYER, PATRICK	5023	00:33:24.45	06:40	5K18+M	26/39	M	31/48	00:33:01.86
69/121	DWYER, PATRICK JR	5024	00:33:24.45	06:40	5K18+M	25/39	M	30/48	00:33:01.78
118/121	ERB, TENNILLE	5025	00:57:38.93	11:31	5K18+F	64/67	F	70/73	00:57:06.74
32/121	FELESKY, ADAM	5027	00:28:24.05	05:40	5K18+M	18/39	M	22/48	00:28:12.36
62/121	FISHER, CATHY	5028	00:32:12.58	06:26	5K18+F	31/67	F	34/73	00:32:02.75
68/121	FISHER, CHRISTINE	5029	00:33:22.63	06:40	5K18+F	36/67	F	39/73	00:33:13.00
105/121	FROESE, DUSTIN	5113	00:44:25.96	08:53	5K18+M	35/39	M	42/48	00:41:21.96
106/121	FROESE, SHANDIE	5114	00:44:26.27	08:53	5K18+F	59/67	F	64/73	00:41:22.27
112/121	GAETAN, JD	5030	00:55:05.49	11:01	5K18+M	37/39	M	45/48	00:54:36.78
111/121	GAETAN, JILL	5031	00:55:05.04	11:01	5K18+F	62/67	F	67/73	00:54:36.63
53/121	GAETZ, ALEXIS	5032	00:31:25.29	06:17	5K18+F	24/67	F	26/73	00:31:12.62
27/121	GAUTREAU, FRED	5133	00:28:10.74	05:38	5K18+M	15/39	M	19/48	00:27:54.33
65/121	GAUTREAU, NANCY	5132	00:33:01.92	06:36	5K18+F	33/67	F	36/73	00:32:47.17
1/121	GECHTER, LOGAN	5129	00:18:34.22	03:42	5K18+M	1/39	M	1/48	00:18:33.93
99/121	GEDDES, TINA	5033	00:40:42.61	08:08	5K18+F	54/67	F	59/73	00:40:22.02
91/121	GIESBRECHT, DEIDRE	5034	00:38:30.75	07:42	5K18+F	49/67	F	54/73	00:38:14.70
14/121	GIESBRECHT, JUDAH	5035	00:26:24.44	05:16	5K17&UM	2/9	M	10/48	00:26:21.23
11/121	GILL, KEVIN	5036	00:25:58.67	05:11	5K18+M	8/39	M	9/48	00:25:45.28
12/121	GILL, RICHELLE	5037	00:26:04.20	05:12	5K18+F	3/67	F	3/73	00:25:51.15
29/121	GRAVES, ALLEN	5039	00:28:19.21	05:39	5K18+M	16/39	M	20/48	00:28:17.82
42/121	GRIMES, SELINA	5040	00:30:03.73	06:00	5K18+F	15/67	F	17/73	00:29:53.02
38/121	GYORKOS, TERESA	5041	00:29:30.40	05:54	5K18+F	11/67	F	13/73	00:29:12.62
21/121	HAUCK, TRAVIS	5042	00:27:42.83	05:32	5K18+M	10/39	M	13/48	00:27:40.76
56/121	HOGER, BRIDGITTE	5043	00:31:52.97	06:22	5K18+F	27/67	F	29/73	00:31:50.36
8/121	HOGER, RAY	5044	00:25:16.63	05:03	5K18+M	7/39	M	7/48	00:25:14.02
9/121	HOLLAND, TARA	5115	00:25:38.28	05:07	5K18+F	2/67	F	2/73	00:25:27.23
103/121	HOLLINGSHEAD, GARY	5045	00:43:08.42	08:37	5K18+M	34/39	M	41/48	00:42:59.75
50/121	HYAM, CODY	5046	00:31:03.96	06:12	5K18+M	21/39	M	26/48	00:29:47.10
90/121	HYAM, MORGAN	5047	00:38:14.06	07:38	5K18+F	48/67	F	53/73	00:36:59.13
100/121	INNES, ROBIN	5048	00:40:42.66	08:08	5K18+F	55/67	F	60/73	00:40:22.20
92/121	JALBERT, KAITLYN	5116	00:38:52.70	07:46	5K18+F	50/67	F	55/73	00:38:39.31
82/121	JAMES, JILL	5103	00:36:27.04	07:17	5K18+F	43/67	F	47/73	00:36:15.84
116/121	JANZER, BRAD	5049	00:56:53.20	11:22	5K18+M	39/39	M	48/48	00:56:19.02
19/121	JOHNSTON, NORMAN	5128	00:27:26.62	05:29	5K18+M	9/39	M	12/48	00:27:04.66
15/121	KALLENBERGER, KYLIE	5050	00:26:48.80	05:21	5K17&UF	1/6	F	5/73	00:26:46.83

Alpha Overall Results

5K - 3.1 Miles

121 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
104/121	KINGSTON, SHELAGH	5051	00:43:52.09	08:46	5K18+F	58/67	F	63/73	00:43:36.38
107/121	KUNTZ, BARBARA	5052	00:44:34.94	08:54	5K18+F	60/67	F	65/73	00:44:12.81
81/121	LACELLE-WINTER, PAIGE	5053	00:36:26.72	07:17	5K18+F	42/67	F	46/73	00:36:16.15
10/121	LAVOIE-PIERZCHALA, ELI	5117	00:25:41.98	05:08	5K17&UM	1/9	M	8/48	00:25:30.79
40/121	LEARNED, ALEXANDRA	5054	00:29:35.65	05:55	5K18+F	13/67	F	15/73	00:29:12.04
2/121	LIEVERSE, CAMERON	5056	00:23:55.08	04:47	5K18+M	2/39	M	2/48	00:23:51.21
84/121	LUNDSTROM, JUSTIN	5124	00:36:36.41	07:19	5K18+M	29/39	M	36/48	00:36:09.68
51/121	MCCAW, DEVON	5125	00:31:14.70	06:14	5K18+M	22/39	M	27/48	00:30:54.91
49/121	MCDOWELL, KARA	5058	00:30:57.32	06:11	5K18+F	22/67	F	24/73	00:30:55.58
59/121	MCHARGUE, CRYSTAL	5059	00:31:58.31	06:23	5K18+F	28/67	F	31/73	00:31:44.32
61/121	MCMULLAN, TERESA	5060	00:32:12.18	06:26	5K18+F	30/67	F	33/73	00:32:06.47
44/121	MCNALL, ERIN	5061	00:30:11.50	06:02	5K18+F	17/67	F	19/73	00:30:07.85
77/121	MCPHERSON, SHERI	5062	00:35:11.46	07:02	5K18+F	41/67	F	44/73	00:34:52.25
88/121	MEYER, OLIVIA	5063	00:38:07.23	07:37	5K18+F	47/67	F	51/73	00:37:53.23
109/121	MILLER, JON	5064	00:48:55.47	09:47	5K17&UM	8/9	M	43/48	00:48:46.52
110/121	MILLER, KORRIE	5065	00:48:55.76	09:47	5K18+M	36/39	M	44/48	00:48:46.19
72/121	MILLER, WILL	5066	00:33:46.60	06:45	5K17&UM	6/9	M	32/48	00:33:41.63
16/121	MILLER-SHACKLETON, ZAIRA	5119	00:26:51.29	05:22	5K17&UF	2/6	F	6/73	00:26:49.62
37/121	NIEMAN, KRISTA	5131	00:29:21.64	05:52	5K18+F	10/67	F	12/73	00:29:08.30
45/121	NUGENT, NICOLE	5069	00:30:13.73	06:02	5K18+F	18/67	F	20/73	00:29:59.96
46/121	PERREE, JENNIFER	5070	00:30:17.47	06:03	5K18+F	19/67	F	21/73	00:30:09.85
5/121	PERREE, NATHAN	5071	00:24:32.24	04:54	5K18+M	4/39	M	4/48	00:24:24.94
64/121	PETERSON, JOANNE	5072	00:32:35.60	06:31	5K18+F	32/67	F	35/73	00:32:15.45
24/121	PIERZCHALA, MARK	5120	00:28:02.82	05:36	5K18+M	13/39	M	16/48	00:27:51.51
119/121	PODMOROFF, JOANNE	5073	01:00:06.09	12:01	5K18+F	65/67	F	71/73	00:59:46.48
121/121	PODMOROFF, MARLO	5074	01:00:07.22	12:01	5K18+F	67/67	F	73/73	00:59:48.16
120/121	PODMOROFF, TERRI	5075	01:00:06.81	12:01	5K18+F	66/67	F	72/73	00:59:47.38
76/121	RALPH, STARR	5076	00:35:11.37	07:02	5K18+F	40/67	F	43/73	00:34:52.21
102/121	REYNOLDS, MICHELLE	5123	00:42:20.85	08:28	5K18+F	57/67	F	62/73	00:42:11.70
20/121	RIDDELL, LISA	5079	00:27:42.18	05:32	5K18+F	6/67	F	8/73	00:27:32.85
6/121	RISLING, JARED	5081	00:25:09.40	05:01	5K18+M	5/39	M	5/48	00:25:06.91
97/121	ROSE, TRACY	5082	00:39:54.04	07:58	5K18+F	53/67	F	58/73	00:39:30.59
95/121	RUTLEDGE, DAVE	5083	00:39:34.65	07:54	5K18+M	32/39	M	39/48	00:39:17.04
96/121	RUTLEDGE, KENDRA	5084	00:39:34.71	07:54	5K18+F	52/67	F	57/73	00:39:16.94
83/121	SANTER, JASMIN	5126	00:36:36.09	07:19	5K18+F	44/67	F	48/73	00:36:09.62
101/121	SAWATZKY, CHRISTA	5085	00:41:33.52	08:18	5K18+F	56/67	F	61/73	00:41:17.73
7/121	SHACKLETON, BLAINE	5121	00:25:10.36	05:02	5K18+M	6/39	M	6/48	00:25:08.11
87/121	SHIPLEY, FARRAH	5086	00:38:04.36	07:36	5K18+F	46/67	F	50/73	00:37:47.75
108/121	STATHAM, BEV	5087	00:44:38.78	08:55	5K18+F	61/67	F	66/73	00:44:18.19
47/121	STATHAM, DEANNE	5089	00:30:40.91	06:08	5K18+F	20/67	F	22/73	00:30:19.92
33/121	SUNDE, BRENDA	5090	00:28:24.98	05:40	5K18+F	9/67	F	11/73	00:28:16.41
30/121	SUNDE, MELVIN	5091	00:28:22.40	05:40	5K18+M	17/39	M	21/48	00:28:14.51
85/121	SYLYSKI, HEATHER	5092	00:36:54.08	07:22	5K18+F	45/67	F	49/73	00:36:38.63
34/121	SYLYSKI, RONIN	5093	00:28:36.17	05:43	5K17&UM	5/9	M	23/48	00:28:21.42
13/121	THOMPSON, JULIA	5122	00:26:16.44	05:15	5K18+F	4/67	F	4/73	00:26:13.17
23/121	THOMSON, DWAYNE	5094	00:28:01.38	05:36	5K18+M	12/39	M	15/48	00:27:54.02
86/121	THORNHILL, ROBERT	5095	00:37:21.92	07:28	5K18+M	30/39	M	37/48	00:36:30.64
98/121	TRUDEAU, MARC	5096	00:40:11.54	08:02	5K18+M	33/39	M	40/48	00:39:56.78
4/121	TSCHRITTER, PHILLIP	5130	00:24:26.24	04:53	5K18+M	3/39	M	3/48	00:24:22.07
41/121	VAN LEIJENHORST, KIMBERLEY	5098	00:30:01.78	06:00	5K18+F	14/67	F	16/73	00:29:40.59
60/121	VIEN, LAUREN	5099	00:32:11.35	06:26	5K18+F	29/67	F	32/73	00:32:05.69
75/121	WHITE, CHRISTA	5100	00:34:51.33	06:58	5K18+F	39/67	F	42/73	00:34:41.44
89/121	WHITE, JESSICA	5101	00:38:11.94	07:38	5K17&UF	5/6	F	52/73	00:38:02.18
80/121	WINTER, ERICA	5102	00:36:26.38	07:17	5K17&UF	4/6	F	45/73	00:36:15.79
3/121	WIST, DANA	5127	00:24:23.38	04:52	5K18+F	1/67	F	1/73	00:24:18.05