

OA/PI = Overall Placing  
 Cat/PI = Category Placing  
 Gen/PI = Overall Gender Placing

## 2013 Rock the House 10K, 5K

### Alpha Overall Results

#### 10K - 6.21 Miles

#### 310 Finishers

| OA/PI   | Name                 | Bib# | Time        | Pace/m | Category  | Cat/PI  | Gender | Gen/PI  | Chip Time   |
|---------|----------------------|------|-------------|--------|-----------|---------|--------|---------|-------------|
| 89/310  | ACKER, KALEIGH       | 102  | 00:56:57.75 | 05:41  | 10KFEMALE | 33/202  | F      | 33/202  | 00:56:47.85 |
| 147/310 | ACKERMAN, DARREN     | 103  | 01:00:59.15 | 06:05  | 10KMALE   | 75/108  | M      | 75/108  | 00:59:14.05 |
| 130/310 | ALLFORD, BRUCE       | 475  | 00:59:32.70 | 05:57  | 10KMALE   | 69/108  | M      | 69/108  | 00:58:42.15 |
| 114/310 | AN, HAIVY            | 108  | 00:58:14.35 | 05:49  | 10KFEMALE | 52/202  | F      | 52/202  | 00:58:03.35 |
| 164/310 | ANDERSON, BRENNAN    | 109  | 01:02:32.25 | 06:15  | 10KFEMALE | 83/202  | F      | 83/202  | 01:01:26.70 |
| 182/310 | ANDREWS, CHRISTOPHER | 110  | 01:04:30.45 | 06:27  | 10KMALE   | 86/108  | M      | 86/108  | 01:03:52.45 |
| 153/310 | ARCHAMBAULT, NICOLE  | 111  | 01:01:35.50 | 06:09  | 10KFEMALE | 75/202  | F      | 75/202  | 00:59:25.30 |
| 70/310  | ASHFORD, CAROL       | 113  | 00:55:00.60 | 05:30  | 10KFEMALE | 23/202  | F      | 23/202  | 00:54:44.40 |
| 9/310   | ASHTON, CHRISTOPHER  | 114  | 00:45:25.15 | 04:32  | 10KMALE   | 8/108   | M      | 8/108   | 00:45:14.50 |
| 169/310 | ASSIE, GREGORY       | 115  | 01:03:03.75 | 06:18  | 10KMALE   | 83/108  | M      | 83/108  | 01:00:46.15 |
| 237/310 | ATTWOOD, ALYSSA      | 116  | 01:09:15.90 | 06:55  | 10KFEMALE | 139/202 | F      | 139/202 | 01:09:12.95 |
| 240/310 | BAKER, KATHLEEN      | 117  | 01:09:24.15 | 06:56  | 10KFEMALE | 142/202 | F      | 142/202 | 01:08:13.45 |
| 116/310 | BARNESLEY, DOUG      | 118  | 00:58:23.70 | 05:50  | 10KMALE   | 63/108  | M      | 63/108  | 00:58:12.30 |
| 80/310  | BARTEL, AMY          | 120  | 00:56:09.10 | 05:36  | 10KFEMALE | 27/202  | F      | 27/202  | 00:55:43.85 |
| 291/310 | BEATON, BAMBI        | 121  | 01:17:21.25 | 07:44  | 10KFEMALE | 185/202 | F      | 185/202 | 01:15:18.05 |
| 206/310 | BECKER, BROOKE       | 122  | 01:06:04.35 | 06:36  | 10KFEMALE | 114/202 | F      | 114/202 | 01:04:55.30 |
| 106/310 | BECKING, LEANNE      | 486  | 00:57:52.50 | 05:47  | 10KFEMALE | 46/202  | F      | 46/202  | 00:57:07.20 |
| 185/310 | BEDFORD, BRANDY      | 124  | 01:04:37.90 | 06:27  | 10KFEMALE | 99/202  | F      | 99/202  | 01:04:24.70 |
| 57/310  | BEDFORD, CHRIS       | 125  | 00:53:06.00 | 05:18  | 10KMALE   | 41/108  | M      | 41/108  | 00:52:22.40 |
| 201/310 | BEDFORD, LIZ         | 126  | 01:05:56.65 | 06:35  | 10KFEMALE | 110/202 | F      | 110/202 | 01:05:15.30 |
| 252/310 | BEEBE, LINDA         | 127  | 01:10:10.30 | 07:01  | 10KFEMALE | 153/202 | F      | 153/202 | 01:09:50.05 |
| 97/310  | BEGALKE, TIM         | 479  | 00:57:25.30 | 05:44  | 10KMALE   | 59/108  | M      | 59/108  | 00:56:40.25 |
| 286/310 | BELBIN, JACQUELINE   | 128  | 01:15:41.10 | 07:34  | 10KFEMALE | 180/202 | F      | 180/202 | 01:15:07.30 |
| 251/310 | BERGER, MARGARET     | 130  | 01:09:58.05 | 06:59  | 10KFEMALE | 152/202 | F      | 152/202 | 01:07:58.75 |
| 204/310 | BEVERIDGE, KELLEY    | 489  | 01:06:02.35 | 06:36  | 10KFEMALE | 112/202 | F      | 112/202 | 01:05:51.35 |
| 293/310 | BHALLA, ACHALA       | 131  | 01:17:29.15 | 07:44  | 10KFEMALE | 187/202 | F      | 187/202 | 01:16:26.95 |
| 236/310 | BJALEK, LEANNE       | 132  | 01:09:07.20 | 06:54  | 10KFEMALE | 138/202 | F      | 138/202 | 01:07:31.55 |
| 281/310 | BLACKWELL, ALANNA    | 133  | 01:15:23.05 | 07:32  | 10KFEMALE | 176/202 | F      | 176/202 | 01:14:22.75 |
| 283/310 | BLACKWELL, BILL      | 134  | 01:15:23.75 | 07:32  | 10KMALE   | 106/108 | M      | 106/108 | 01:14:02.85 |
| 282/310 | BLACKWELL, DEB       | 135  | 01:15:23.50 | 07:32  | 10KFEMALE | 177/202 | F      | 177/202 | 01:14:03.30 |
| 233/310 | BOOTH, PAULA         | 437  | 01:08:48.35 | 06:52  | 10KFEMALE | 135/202 | F      | 135/202 | 01:08:38.75 |
| 33/310  | BOOTH, SEAN          | 136  | 00:49:21.75 | 04:56  | 10KMALE   | 22/108  | M      | 22/108  | 00:48:56.25 |
| 37/310  | BORN, ALAN           | 137  | 00:49:55.45 | 04:59  | 10KMALE   | 25/108  | M      | 25/108  | 00:48:54.60 |
| 138/310 | BOTTING, ALLIE       | 139  | 01:00:06.35 | 06:00  | 10KFEMALE | 66/202  | F      | 66/202  | 00:57:52.35 |
| 76/310  | BOUKHOBZA, WALID     | 485  | 00:55:35.40 | 05:33  | 10KMALE   | 52/108  | M      | 52/108  | 00:55:02.10 |
| 150/310 | BOYLE, CARLA         | 141  | 01:01:13.50 | 06:07  | 10KMALE   | 77/108  | M      | 77/108  | 01:00:39.50 |
| 253/310 | BROWN, MIKE          | 145  | 01:10:26.05 | 07:02  | 10KMALE   | 100/108 | M      | 100/108 | 01:10:12.95 |
| 248/310 | BUSCH, LIONEL        | 146  | 01:09:47.80 | 06:58  | 10KMALE   | 99/108  | M      | 99/108  | 01:08:31.80 |
| 247/310 | BUSCH, NICOLE        | 147  | 01:09:47.60 | 06:58  | 10KFEMALE | 149/202 | F      | 149/202 | 01:08:31.60 |
| 54/310  | BUTLER, KATHY        | 148  | 00:52:51.60 | 05:17  | 10KFEMALE | 15/202  | F      | 15/202  | 00:52:42.55 |
| 142/310 | CANASA, LUVIMIN      | 149  | 01:00:24.80 | 06:02  | 10KFEMALE | 69/202  | F      | 69/202  | 00:59:27.60 |
| 232/310 | CANNON, JENNIFER     | 150  | 01:08:41.60 | 06:52  | 10KFEMALE | 134/202 | F      | 134/202 | 01:08:37.15 |
| 23/310  | CECCHINI, SARAH      | 151  | 00:48:24.45 | 04:50  | 10KFEMALE | 7/202   | F      | 7/202   | 00:47:55.20 |
| 110/310 | CHAN, JONATHAN       | 152  | 00:57:58.40 | 05:47  | 10KMALE   | 61/108  | M      | 61/108  | 00:56:08.60 |
| 260/310 | CHAU, JEFF           | 153  | 01:10:55.40 | 07:05  | 10KMALE   | 101/108 | M      | 101/108 | 01:09:43.40 |
| 75/310  | CHAULK, SCOTT        | 154  | 00:55:24.00 | 05:32  | 10KMALE   | 51/108  | M      | 51/108  | 00:55:16.20 |
| 223/310 | CHERIVI, CARLOS      | 155  | 01:07:22.10 | 06:44  | 10KMALE   | 96/108  | M      | 96/108  | 01:04:59.00 |
| 219/310 | CHOY, ANGELA         | 157  | 01:07:07.80 | 06:42  | 10KFEMALE | 124/202 | F      | 124/202 | 01:05:25.30 |
| 125/310 | CHUCKRY, CHRIS       | 158  | 00:59:22.40 | 05:56  | 10KMALE   | 67/108  | M      | 67/108  | 00:59:09.75 |
| 173/310 | CLARKE, REBECCA      | 159  | 01:03:32.40 | 06:21  | 10KFEMALE | 90/202  | F      | 90/202  | 01:03:03.20 |
| 72/310  | COOKE, MIKE          | 373  | 00:55:07.75 | 05:30  | 10KMALE   | 48/108  | M      | 48/108  | 00:53:35.00 |
| 4/310   | CORNFIELD, ADAM      | 162  | 00:43:34.65 | 04:21  | 10KMALE   | 4/108   | M      | 4/108   | 00:43:25.25 |
| 151/310 | CULLINGHAM, CAROL    | 164  | 01:01:26.90 | 06:08  | 10KFEMALE | 74/202  | F      | 74/202  | 01:00:12.40 |
| 21/310  | CULLINGHAM, MIKE     | 165  | 00:48:19.05 | 04:49  | 10KMALE   | 16/108  | M      | 16/108  | 00:47:50.50 |
| 305/310 | CUMMING, HEATHER     | 166  | 01:21:36.25 | 08:09  | 10KFEMALE | 197/202 | F      | 197/202 | 01:21:17.20 |
| 243/310 | DAGG, MELISSA        | 167  | 01:09:38.95 | 06:57  | 10KFEMALE | 145/202 | F      | 145/202 | 01:08:42.20 |
| 35/310  | DANTZER, SARAH       | 168  | 00:49:26.40 | 04:56  | 10KFEMALE | 12/202  | F      | 12/202  | 00:49:00.55 |

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Gen/PI = Overall Gender Placing

## 2013 Rock the House 10K, 5K

## Alpha Overall Results

## 10K - 6.21 Miles

## 310 Finishers

| OA/PI   | Name                  | Bib# | Time        | Pace/m | Category  | Cat/PI  | Gender | Gen/PI  | Chip Time   |
|---------|-----------------------|------|-------------|--------|-----------|---------|--------|---------|-------------|
| 107/310 | DASGUPTA, TANU        | 478  | 00:57:53.00 | 05:47  | 10KFEMALE | 47/202  | F      | 47/202  | 00:57:06.95 |
| 136/310 | DAUNHAUER, GREG       | 169  | 00:59:56.10 | 05:59  | 10KMALE   | 71/108  | M      | 71/108  | 00:59:52.60 |
| 228/310 | DAVIDSON, TRACY       | 170  | 01:08:16.20 | 06:49  | 10KFEMALE | 131/202 | F      | 131/202 | 01:07:14.00 |
| 50/310  | DAVIS, GERALD         | 225  | 00:52:31.40 | 05:15  | 10KMALE   | 36/108  | M      | 36/108  | 00:51:58.45 |
| 12/310  | DAVISON, TREVOR       | 172  | 00:46:17.90 | 04:37  | 10KMALE   | 11/108  | M      | 11/108  | 00:46:14.85 |
| 188/310 | DAY, ADRIENNE         | 173  | 01:04:45.85 | 06:28  | 10KFEMALE | 101/202 | F      | 101/202 | 01:04:21.40 |
| 39/310  | DE GROOD, MATTHEW     | 174  | 00:50:04.35 | 05:00  | 10KMALE   | 27/108  | M      | 27/108  | 00:49:41.75 |
| 48/310  | DE JOURDAN, BLAKE     | 175  | 00:52:16.25 | 05:13  | 10KMALE   | 34/108  | M      | 34/108  | 00:52:07.75 |
| 193/310 | DECK, HEATHER         | 464  | 01:05:17.20 | 06:31  | 10KFEMALE | 104/202 | F      | 104/202 | 01:03:02.25 |
| 99/310  | DEGRAFF, TREVOR       | 483  | 00:57:31.35 | 05:45  | 10KMALE   | 60/108  | M      | 60/108  | 00:56:45.55 |
| 55/310  | DEROSENROLL, SARA     | 177  | 00:53:00.65 | 05:18  | 10KFEMALE | 16/202  | F      | 16/202  | 00:51:26.80 |
| 103/310 | DICKIE, JULIANA       | 481  | 00:57:40.65 | 05:46  | 10KFEMALE | 43/202  | F      | 43/202  | 00:57:08.80 |
| 87/310  | DIDUCH, DENNIS        | 179  | 00:56:37.60 | 05:39  | 10KMALE   | 55/108  | M      | 55/108  | 00:55:32.90 |
| 52/310  | DIXON, MATTHEW        | 180  | 00:52:39.35 | 05:15  | 10KMALE   | 38/108  | M      | 38/108  | 00:52:29.10 |
| 38/310  | DONAGHUE, CHRIS       | 472  | 00:49:57.30 | 04:59  | 10KMALE   | 26/108  | M      | 26/108  | 00:49:22.80 |
| 69/310  | DONAHUE, BRIANNE      | 471  | 00:54:59.60 | 05:29  | 10KFEMALE | 22/202  | F      | 22/202  | 00:54:24.10 |
| 227/310 | DONAHUE, STEPHEN      | 181  | 01:08:15.00 | 06:49  | 10KMALE   | 97/108  | M      | 97/108  | 01:07:12.20 |
| 137/310 | DOWNE, DANIEL         | 182  | 01:00:03.40 | 06:00  | 10KMALE   | 72/108  | M      | 72/108  | 00:58:57.05 |
| 145/310 | DOYLE, TAYLOR         | 185  | 01:00:30.95 | 06:03  | 10KMALE   | 74/108  | M      | 74/108  | 00:59:29.80 |
| 277/310 | ENGELHARDT, JEN       | 188  | 01:14:43.55 | 07:28  | 10KFEMALE | 173/202 | F      | 173/202 | 01:14:02.65 |
| 310/310 | FARID, NILOUFAR       | 191  | 01:27:17.70 | 08:43  | 10KFEMALE | 202/202 | F      | 202/202 | 01:26:26.15 |
| 241/310 | FARTHING, LAURA       | 192  | 01:09:32.90 | 06:57  | 10KFEMALE | 143/202 | F      | 143/202 | 01:07:33.00 |
| 96/310  | FEE, BRYDIE           | 193  | 00:57:24.30 | 05:44  | 10KFEMALE | 38/202  | F      | 38/202  | 00:55:37.85 |
| 156/310 | FITZGERALD, STEPHANIE | 194  | 01:01:52.35 | 06:11  | 10KFEMALE | 77/202  | F      | 77/202  | 01:00:35.95 |
| 13/310  | FITZPATRICK, CLAIRE   | 195  | 00:46:49.30 | 04:40  | 10KFEMALE | 2/202   | F      | 2/202   | 00:46:47.00 |
| 79/310  | FORSYTH, ALEXA        | 456  | 00:55:43.45 | 05:34  | 10KFEMALE | 26/202  | F      | 26/202  | 00:54:44.60 |
| 141/310 | FOWLIS, DAVID         | 196  | 01:00:17.05 | 06:01  | 10KMALE   | 73/108  | M      | 73/108  | 00:59:42.50 |
| 272/310 | FREEMAN, CATHERINE    | 197  | 01:14:01.15 | 07:24  | 10KFEMALE | 169/202 | F      | 169/202 | 01:12:51.05 |
| 93/310  | FRUITMAN, DEBORAH     | 198  | 00:57:08.95 | 05:42  | 10KFEMALE | 36/202  | F      | 36/202  | 00:56:32.20 |
| 189/310 | GAISER, CAITLIN       | 199  | 01:04:46.65 | 06:28  | 10KFEMALE | 102/202 | F      | 102/202 | 01:04:21.95 |
| 113/310 | GARCIA, GERARDO       | 473  | 00:58:12.80 | 05:49  | 10KMALE   | 62/108  | M      | 62/108  | 00:57:36.35 |
| 308/310 | GARNER, RICKI-LEE     | 201  | 01:25:37.80 | 08:33  | 10KFEMALE | 200/202 | F      | 200/202 | 01:24:45.30 |
| 131/310 | GAUTHIER, JULIE ANN   | 203  | 00:59:32.95 | 05:57  | 10KFEMALE | 62/202  | F      | 62/202  | 00:58:17.30 |
| 86/310  | GAVIN, LIBBY          | 449  | 00:56:35.60 | 05:39  | 10KFEMALE | 32/202  | F      | 32/202  | 00:56:03.55 |
| 124/310 | GAWLINSKI, STEPHANIE  | 204  | 00:59:20.80 | 05:56  | 10KFEMALE | 58/202  | F      | 58/202  | 00:59:04.45 |
| 302/310 | GEDDES, SHERYL        | 205  | 01:21:16.70 | 08:07  | 10KFEMALE | 195/202 | F      | 195/202 | 01:20:34.85 |
| 303/310 | GEDDES, WAYNE         | 206  | 01:21:16.80 | 08:07  | 10KMALE   | 108/108 | M      | 108/108 | 01:20:33.55 |
| 285/310 | GILLARD, MANDIE       | 210  | 01:15:41.00 | 07:34  | 10KFEMALE | 179/202 | F      | 179/202 | 01:15:08.30 |
| 262/310 | GILMOUR, NICOLE       | 450  | 01:11:46.45 | 07:10  | 10KFEMALE | 161/202 | F      | 161/202 | 01:09:43.40 |
| 154/310 | GLEESON, NIAL         | 211  | 01:01:35.90 | 06:09  | 10KMALE   | 79/108  | M      | 79/108  | 00:59:25.70 |
| 32/310  | GOERZEN, JACQUELYN    | 212  | 00:49:21.70 | 04:56  | 10KFEMALE | 11/202  | F      | 11/202  | 00:48:56.45 |
| 28/310  | GOODE, CHRISTINE      | 213  | 00:48:53.10 | 04:53  | 10KFEMALE | 9/202   | F      | 9/202   | 00:48:49.20 |
| 64/310  | GORDON, MIKE          | 438  | 00:53:59.90 | 05:23  | 10KMALE   | 44/108  | M      | 44/108  | 00:51:46.40 |
| 26/310  | GOULD, DON            | 214  | 00:48:40.40 | 04:52  | 10KMALE   | 18/108  | M      | 18/108  | 00:47:34.15 |
| 162/310 | GRAHAM, MARLENE       | 215  | 01:02:06.15 | 06:12  | 10KFEMALE | 81/202  | F      | 81/202  | 01:00:39.95 |
| 90/310  | GRAMLICH, RAY         | 216  | 00:57:06.75 | 05:42  | 10KMALE   | 57/108  | M      | 57/108  | 00:56:49.40 |
| 197/310 | GRANT, PATTY          | 217  | 01:05:27.90 | 06:32  | 10KFEMALE | 107/202 | F      | 107/202 | 01:03:57.95 |
| 306/310 | GREENING, LISA        | 218  | 01:22:25.45 | 08:14  | 10KFEMALE | 198/202 | F      | 198/202 | 01:22:20.60 |
| 115/310 | GREGG, HILARY         | 219  | 00:58:16.40 | 05:49  | 10KFEMALE | 53/202  | F      | 53/202  | 00:58:01.95 |
| 34/310  | HAMILTON, BEVIN       | 220  | 00:49:25.05 | 04:56  | 10KMALE   | 23/108  | M      | 23/108  | 00:49:16.00 |
| 226/310 | HANSEN, LORI          | 457  | 01:07:59.85 | 06:47  | 10KFEMALE | 130/202 | F      | 130/202 | 01:04:56.85 |
| 265/310 | HAYASHI, SHELLEY      | 221  | 01:12:00.35 | 07:12  | 10KFEMALE | 163/202 | F      | 163/202 | 01:10:11.90 |
| 19/310  | HEATHER, BRIAN        | 222  | 00:48:05.90 | 04:48  | 10KMALE   | 14/108  | M      | 14/108  | 00:48:03.35 |
| 207/310 | HENHEFFER, BRANDI     | 223  | 01:06:04.35 | 06:36  | 10KFEMALE | 115/202 | F      | 115/202 | 01:04:58.05 |
| 264/310 | HICKS, STACEY         | 224  | 01:11:56.10 | 07:11  | 10KFEMALE | 162/202 | F      | 162/202 | 01:10:31.30 |
| 132/310 | HILL-CHOW, KAREN      | 439  | 00:59:48.10 | 05:58  | 10KFEMALE | 63/202  | F      | 63/202  | 00:59:22.00 |
| 41/310  | HINTON, DAREN         | 458  | 00:50:40.10 | 05:04  | 10KMALE   | 29/108  | M      | 29/108  | 00:50:28.60 |

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## 2013 Rock the House 10K, 5K

## Alpha Overall Results

## 10K - 6.21 Miles

## 310 Finishers

| OA/PI   | Name                      | Bib# | Time        | Pace/m | Category  | Cat/PI  | Gender | Gen/PI  | Chip Time   |
|---------|---------------------------|------|-------------|--------|-----------|---------|--------|---------|-------------|
| 74/310  | HO, DAN                   | 227  | 00:55:19.65 | 05:31  | 10KMALE   | 50/108  | M      | 50/108  | 00:54:00.50 |
| 276/310 | HODGSON, KRISTIE          | 228  | 01:14:25.00 | 07:26  | 10KFEMALE | 172/202 | F      | 172/202 | 01:12:54.50 |
| 128/310 | HOFER, JESSE              | 230  | 00:59:31.60 | 05:57  | 10KMALE   | 68/108  | M      | 68/108  | 00:59:17.85 |
| 62/310  | HOLST, PATRICIA           | 231  | 00:53:35.65 | 05:21  | 10KFEMALE | 20/202  | F      | 20/202  | 00:53:10.95 |
| 143/310 | HURDAL, ALEXA             | 233  | 01:00:28.75 | 06:02  | 10KFEMALE | 70/202  | F      | 70/202  | 00:59:02.75 |
| 144/310 | HURDAL, LARA              | 277  | 01:00:28.85 | 06:02  | 10KFEMALE | 71/202  | F      | 71/202  | 00:59:02.75 |
| 255/310 | HURDAL, MORGAN            | 234  | 01:10:35.30 | 07:03  | 10KFEMALE | 155/202 | F      | 155/202 | 01:09:08.20 |
| 288/310 | IRELAND, SANDY            | 235  | 01:15:47.65 | 07:34  | 10KFEMALE | 182/202 | F      | 182/202 | 01:14:45.85 |
| 184/310 | JACKSON, DANIELLE         | 236  | 01:04:32.70 | 06:27  | 10KFEMALE | 98/202  | F      | 98/202  | 01:04:13.00 |
| 71/310  | JACKSON, SARAH            | 404  | 00:55:03.10 | 05:30  | 10KFEMALE | 24/202  | F      | 24/202  | 00:53:30.90 |
| 91/310  | JACYSZYN, RACHEL          | 237  | 00:57:06.85 | 05:42  | 10KFEMALE | 34/202  | F      | 34/202  | 00:56:54.05 |
| 40/310  | JAHJAFENDIC, MJ           | 238  | 00:50:06.70 | 05:00  | 10KMALE   | 28/108  | M      | 28/108  | 00:50:04.15 |
| 200/310 | JAMAL, FAISAL             | 239  | 01:05:54.50 | 06:35  | 10KMALE   | 91/108  | M      | 91/108  | 01:04:59.10 |
| 280/310 | JANSSEN, MELANIE          | 240  | 01:15:03.40 | 07:30  | 10KFEMALE | 175/202 | F      | 175/202 | 01:14:51.70 |
| 123/310 | JANSSEN, THORBEN          | 241  | 00:59:15.85 | 05:55  | 10KMALE   | 66/108  | M      | 66/108  | 00:59:03.55 |
| 178/310 | JENKINS, MORGAN           | 242  | 01:03:49.70 | 06:22  | 10KFEMALE | 95/202  | F      | 95/202  | 01:02:51.10 |
| 274/310 | JOHNSON, CHELSEA          | 244  | 01:14:02.35 | 07:24  | 10KFEMALE | 170/202 | F      | 170/202 | 01:12:29.40 |
| 47/310  | KAO, JON                  | 246  | 00:52:09.80 | 05:12  | 10KMALE   | 33/108  | M      | 33/108  | 00:51:14.10 |
| 102/310 | KELLY, CRYSTAL            | 247  | 00:57:34.30 | 05:45  | 10KFEMALE | 42/202  | F      | 42/202  | 00:57:21.45 |
| 118/310 | KERSTIENS, JAN            | 248  | 00:58:44.45 | 05:52  | 10KFEMALE | 54/202  | F      | 54/202  | 00:57:58.70 |
| 181/310 | KETURAKIS, DEREK          | 249  | 01:03:58.95 | 06:23  | 10KMALE   | 85/108  | M      | 85/108  | 01:02:32.95 |
| 179/310 | KETURAKIS, JENNIFER       | 250  | 01:03:57.40 | 06:23  | 10KFEMALE | 96/202  | F      | 96/202  | 01:02:31.70 |
| 17/310  | KILLAM, CAERI             | 440  | 00:47:35.85 | 04:45  | 10KFEMALE | 4/202   | F      | 4/202   | 00:47:15.35 |
| 94/310  | KING, JESSE               | 251  | 00:57:23.00 | 05:44  | 10KFEMALE | 37/202  | F      | 37/202  | 00:55:34.65 |
| 161/310 | KING, MICHAEL             | 253  | 01:02:04.10 | 06:12  | 10KMALE   | 81/108  | M      | 81/108  | 01:00:51.00 |
| 98/310  | KNIGHT, DONNA             | 482  | 00:57:25.65 | 05:44  | 10KFEMALE | 39/202  | F      | 39/202  | 00:57:03.85 |
| 11/310  | KONSCHUH, CHRIS           | 256  | 00:45:56.45 | 04:35  | 10KMALE   | 10/108  | M      | 10/108  | 00:45:49.55 |
| 8/310   | KONSCHUH, SARAH           | 258  | 00:45:10.50 | 04:31  | 10KFEMALE | 1/202   | F      | 1/202   | 00:45:03.35 |
| 196/310 | KONST, LAURA-ANN          | 259  | 01:05:26.30 | 06:32  | 10KFEMALE | 106/202 | F      | 106/202 | 01:05:12.05 |
| 29/310  | KORDULA, ASHLEY           | 260  | 00:49:00.15 | 04:54  | 10KFEMALE | 10/202  | F      | 10/202  | 00:48:50.45 |
| 174/310 | KORTE, LAUREN             | 261  | 01:03:38.65 | 06:21  | 10KFEMALE | 91/202  | F      | 91/202  | 01:02:50.05 |
| 175/310 | KORTE, LINDSAY            | 262  | 01:03:38.95 | 06:21  | 10KFEMALE | 92/202  | F      | 92/202  | 01:02:49.75 |
| 295/310 | KOZAN, SARAH              | 263  | 01:17:54.10 | 07:47  | 10KFEMALE | 189/202 | F      | 189/202 | 01:17:27.55 |
| 215/310 | KRALLE, SARAH             | 264  | 01:06:23.75 | 06:38  | 10KFEMALE | 121/202 | F      | 121/202 | 01:05:58.85 |
| 273/310 | KRUSE, TORSTEN            | 265  | 01:14:01.75 | 07:24  | 10KMALE   | 104/108 | M      | 104/108 | 01:12:51.15 |
| 15/310  | KUBE, PHIL                | 266  | 00:47:20.15 | 04:44  | 10KMALE   | 12/108  | M      | 12/108  | 00:47:13.50 |
| 284/310 | LANGERUD, MANDY           | 267  | 01:15:40.75 | 07:34  | 10KFEMALE | 178/202 | F      | 178/202 | 01:15:05.15 |
| 216/310 | LEE, NELSON               | 269  | 01:06:38.55 | 06:39  | 10KMALE   | 95/108  | M      | 95/108  | 01:04:51.55 |
| 167/310 | LEGUTKY, DANA             | 459  | 01:02:59.10 | 06:17  | 10KFEMALE | 85/202  | F      | 85/202  | 01:00:41.00 |
| 1/310   | LEISHMAN, ROB             | 309  | 00:38:06.00 | 03:48  | 10KMALE   | 1/108   | M      | 1/108   | 00:38:03.45 |
| 192/310 | LEMARO, BRITTANY          | 270  | 01:05:10.40 | 06:31  | 10KFEMALE | 103/202 | F      | 103/202 | 01:04:15.75 |
| 191/310 | LEMARO, RANDO             | 271  | 01:05:09.30 | 06:30  | 10KMALE   | 89/108  | M      | 89/108  | 01:04:13.90 |
| 88/310  | LEUNG, CLARENCE           | 272  | 00:56:42.95 | 05:40  | 10KMALE   | 56/108  | M      | 56/108  | 00:56:34.70 |
| 195/310 | LI, CANDICE               | 273  | 01:05:23.80 | 06:32  | 10KFEMALE | 105/202 | F      | 105/202 | 01:03:36.80 |
| 59/310  | LINDVED-JENSEN, CHRISTIAN | 274  | 00:53:21.15 | 05:20  | 10KMALE   | 42/108  | M      | 42/108  | 00:53:12.55 |
| 58/310  | LINDVED-JENSEN, KATHERINE | 275  | 00:53:20.55 | 05:20  | 10KFEMALE | 17/202  | F      | 17/202  | 00:53:11.95 |
| 256/310 | LUCAS, OLIVIA             | 278  | 01:10:35.30 | 07:03  | 10KFEMALE | 156/202 | F      | 156/202 | 01:09:09.20 |
| 296/310 | MACBRIDE, ANGELA          | 280  | 01:18:12.45 | 07:49  | 10KFEMALE | 190/202 | F      | 190/202 | 01:17:33.85 |
| 229/310 | MACEACHERN, SARAH         | 282  | 01:08:32.20 | 06:51  | 10KFEMALE | 132/202 | F      | 132/202 | 01:07:31.00 |
| 183/310 | MACHAN-LAING, MARY-LYNN   | 283  | 01:04:32.00 | 06:27  | 10KFEMALE | 97/202  | F      | 97/202  | 01:04:11.00 |
| 230/310 | MACKAY, EMILY             | 284  | 01:08:32.35 | 06:51  | 10KFEMALE | 133/202 | F      | 133/202 | 01:07:30.10 |
| 294/310 | MACNAUGHTON, SHANNON      | 286  | 01:17:36.85 | 07:45  | 10KFEMALE | 188/202 | F      | 188/202 | 01:17:16.50 |
| 119/310 | MAH, SEAN                 | 287  | 00:58:55.00 | 05:53  | 10KMALE   | 65/108  | M      | 65/108  | 00:57:52.45 |
| 16/310  | MANCENIDO, JOHN           | 487  | 00:47:27.20 | 04:44  | 10KMALE   | 13/108  | M      | 13/108  | 00:47:09.60 |
| 170/310 | MANZ, TAMMY               | 291  | 01:03:23.35 | 06:20  | 10KFEMALE | 87/202  | F      | 87/202  | 01:02:53.65 |
| 300/310 | MARTIN, ASHLEY            | 292  | 01:20:57.50 | 08:05  | 10KFEMALE | 193/202 | F      | 193/202 | 01:19:10.70 |
| 7/310   | MARTIN, MICHAEL           | 349  | 00:45:08.25 | 04:30  | 10KMALE   | 7/108   | M      | 7/108   | 00:45:00.30 |

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

## 2013 Rock the House 10K, 5K

## Alpha Overall Results

## 10K - 6.21 Miles

## 310 Finishers

| OA/PI   | Name                 | Bib# | Time        | Pace/m | Category  | Cat/PI  | Gender | Gen/PI  | Chip Time   |
|---------|----------------------|------|-------------|--------|-----------|---------|--------|---------|-------------|
| 165/310 | MASCARIN, ROB        | 293  | 01:02:44.10 | 06:16  | 10KMALE   | 82/108  | M      | 82/108  | 01:00:56.75 |
| 24/310  | MATHEWS, JON         | 294  | 00:48:36.00 | 04:51  | 10KMALE   | 17/108  | M      | 17/108  | 00:48:18.65 |
| 212/310 | MATHIESON, CATHY     | 470  | 01:06:07.15 | 06:36  | 10KFEMALE | 119/202 | F      | 119/202 | 01:04:54.65 |
| 211/310 | MATHIESON, STEPHANIE | 295  | 01:06:07.05 | 06:36  | 10KFEMALE | 118/202 | F      | 118/202 | 01:04:54.35 |
| 171/310 | MATTSON, NANCY       | 492  | 01:03:31.40 | 06:21  | 10KFEMALE | 88/202  | F      | 88/202  | 01:02:54.60 |
| 10/310  | MAWHINNEY, TOM       | 296  | 00:45:33.15 | 04:33  | 10KMALE   | 9/108   | M      | 9/108   | 00:45:29.50 |
| 3/310   | MCDONALD, TY         | 298  | 00:43:27.25 | 04:20  | 10KMALE   | 3/108   | M      | 3/108   | 00:43:20.50 |
| 202/310 | MCGILVARY, AMY       | 301  | 01:06:02.00 | 06:36  | 10KFEMALE | 111/202 | F      | 111/202 | 01:03:53.40 |
| 203/310 | MCGILVARY, JAY       | 302  | 01:06:02.00 | 06:36  | 10KMALE   | 92/108  | M      | 92/108  | 01:03:53.50 |
| 307/310 | MCMILLAN, TAMARA     | 303  | 01:22:31.05 | 08:15  | 10KFEMALE | 199/202 | F      | 199/202 | 01:21:05.95 |
| 238/310 | MEIKLE, CHRISTINA    | 305  | 01:09:16.00 | 06:55  | 10KFEMALE | 140/202 | F      | 140/202 | 01:09:14.90 |
| 44/310  | MESTINSEK, MICHAEL   | 488  | 00:51:12.85 | 05:07  | 10KMALE   | 31/108  | M      | 31/108  | 00:51:07.50 |
| 152/310 | MIHAILA, CRISTOFOR   | 441  | 01:01:31.25 | 06:09  | 10KMALE   | 78/108  | M      | 78/108  | 01:00:11.55 |
| 46/310  | MILBURY, DAWSON      | 442  | 00:52:08.20 | 05:12  | 10KMALE   | 32/108  | M      | 32/108  | 00:51:49.45 |
| 287/310 | MITCHELL, DONDA      | 306  | 01:15:47.50 | 07:34  | 10KFEMALE | 181/202 | F      | 181/202 | 01:14:45.60 |
| 61/310  | MOORE, DONNA         | 307  | 00:53:22.05 | 05:20  | 10KFEMALE | 19/202  | F      | 19/202  | 00:53:13.00 |
| 146/310 | MOORE, STEPHANIE     | 308  | 01:00:44.35 | 06:04  | 10KFEMALE | 72/202  | F      | 72/202  | 01:00:17.45 |
| 129/310 | MORAN, MARY          | 476  | 00:59:32.45 | 05:57  | 10KFEMALE | 61/202  | F      | 61/202  | 00:58:42.50 |
| 218/310 | MORRISSETTE, LYSE    | 311  | 01:06:54.80 | 06:41  | 10KFEMALE | 123/202 | F      | 123/202 | 01:05:40.60 |
| 149/310 | MORROW, AVERY        | 312  | 01:01:10.90 | 06:07  | 10KMALE   | 76/108  | M      | 76/108  | 01:00:38.30 |
| 225/310 | MORROW, PAMELA       | 313  | 01:07:48.40 | 06:46  | 10KFEMALE | 129/202 | F      | 129/202 | 01:07:13.80 |
| 279/310 | MURPHY, BRENDAN      | 314  | 01:15:01.10 | 07:30  | 10KMALE   | 105/108 | M      | 105/108 | 01:14:01.10 |
| 42/310  | MURRAY, KRISTA       | 315  | 00:50:53.75 | 05:05  | 10KFEMALE | 13/202  | F      | 13/202  | 00:50:00.90 |
| 158/310 | MURRAY, KYLA         | 316  | 01:01:55.25 | 06:11  | 10KFEMALE | 79/202  | F      | 79/202  | 01:00:39.15 |
| 155/310 | NG, MO               | 319  | 01:01:38.10 | 06:09  | 10KFEMALE | 76/202  | F      | 76/202  | 01:01:27.60 |
| 270/310 | NGUYEN, JUDY         | 320  | 01:13:22.20 | 07:20  | 10KFEMALE | 167/202 | F      | 167/202 | 01:13:11.25 |
| 163/310 | NIXON, ANITA         | 322  | 01:02:14.00 | 06:13  | 10KFEMALE | 82/202  | F      | 82/202  | 01:01:58.90 |
| 127/310 | NIXON, TATUM         | 323  | 00:59:30.25 | 05:57  | 10KFEMALE | 60/202  | F      | 60/202  | 00:59:14.25 |
| 18/310  | NOGA, JACQUELINE     | 325  | 00:47:45.35 | 04:46  | 10KFEMALE | 5/202   | F      | 5/202   | 00:47:39.60 |
| 220/310 | OMAN, SANDY          | 327  | 01:07:09.95 | 06:43  | 10KFEMALE | 125/202 | F      | 125/202 | 01:06:21.45 |
| 261/310 | OTOO, TANYA          | 328  | 01:11:39.85 | 07:09  | 10KFEMALE | 160/202 | F      | 160/202 | 01:11:25.40 |
| 67/310  | OUIMET, ROBERT       | 329  | 00:54:15.35 | 05:25  | 10KMALE   | 46/108  | M      | 46/108  | 00:54:06.00 |
| 30/310  | OVENDEN, SHAWN       | 330  | 00:49:02.95 | 04:54  | 10KMALE   | 20/108  | M      | 20/108  | 00:48:56.75 |
| 27/310  | PADLEY, JON          | 331  | 00:48:46.10 | 04:52  | 10KMALE   | 19/108  | M      | 19/108  | 00:48:27.90 |
| 2/310   | PARKER, BRODIE       | 332  | 00:42:36.15 | 04:15  | 10KMALE   | 2/108   | M      | 2/108   | 00:42:13.60 |
| 176/310 | PARKKARI, MICHELLE   | 444  | 01:03:42.95 | 06:22  | 10KFEMALE | 93/202  | F      | 93/202  | 01:03:22.55 |
| 194/310 | PARLIAMENT, DANIEL   | 334  | 01:05:20.75 | 06:32  | 10KMALE   | 90/108  | M      | 90/108  | 01:04:21.35 |
| 126/310 | PARSONS, KARI        | 335  | 00:59:26.85 | 05:56  | 10KFEMALE | 59/202  | F      | 59/202  | 00:59:10.40 |
| 278/310 | PARTON, JENNIFER     | 336  | 01:14:44.10 | 07:28  | 10KFEMALE | 174/202 | F      | 174/202 | 01:14:02.75 |
| 209/310 | PEEKE, JUSTINE       | 461  | 01:06:04.40 | 06:36  | 10KFEMALE | 116/202 | F      | 116/202 | 01:04:56.15 |
| 177/310 | PICONE, ELLENA       | 338  | 01:03:43.75 | 06:22  | 10KFEMALE | 94/202  | F      | 94/202  | 01:03:30.10 |
| 49/310  | PINTO, RAFAEL        | 467  | 00:52:27.35 | 05:14  | 10KMALE   | 35/108  | M      | 35/108  | 00:51:47.00 |
| 242/310 | PIRIE, KATHARINE     | 339  | 01:09:33.95 | 06:57  | 10KFEMALE | 144/202 | F      | 144/202 | 01:09:29.50 |
| 122/310 | POFFENROTH, KIMBERLY | 341  | 00:59:14.10 | 05:55  | 10KFEMALE | 57/202  | F      | 57/202  | 00:59:03.20 |
| 301/310 | PON, JENNIFER        | 342  | 01:20:57.60 | 08:05  | 10KFEMALE | 194/202 | F      | 194/202 | 01:19:09.40 |
| 304/310 | PON, JENNIFER        | 343  | 01:21:26.40 | 08:08  | 10KFEMALE | 196/202 | F      | 196/202 | 01:19:38.60 |
| 298/310 | PON, SEWELL          | 344  | 01:20:39.00 | 08:03  | 10KMALE   | 107/108 | M      | 107/108 | 01:20:39.00 |
| 85/310  | POZZO, RENEE         | 345  | 00:56:32.90 | 05:39  | 10KFEMALE | 31/202  | F      | 31/202  | 00:54:45.75 |
| 217/310 | PRETE, KAREN         | 346  | 01:06:47.90 | 06:40  | 10KFEMALE | 122/202 | F      | 122/202 | 01:06:09.95 |
| 45/310  | PROFETA, AMY         | 445  | 00:51:28.25 | 05:08  | 10KFEMALE | 14/202  | F      | 14/202  | 00:51:00.30 |
| 148/310 | PRUECKEL, BARBARA    | 474  | 01:01:00.45 | 06:06  | 10KFEMALE | 73/202  | F      | 73/202  | 01:00:13.60 |
| 157/310 | RAGAN, ANDREA        | 347  | 01:01:52.60 | 06:11  | 10KFEMALE | 78/202  | F      | 78/202  | 01:00:36.20 |
| 205/310 | RAVEN, SHELLY        | 468  | 01:06:04.15 | 06:36  | 10KFEMALE | 113/202 | F      | 113/202 | 01:04:55.60 |
| 246/310 | REGAN, CEILEANN      | 354  | 01:09:44.55 | 06:58  | 10KFEMALE | 148/202 | F      | 148/202 | 01:03:36.45 |
| 63/310  | REMPEL, SCOTT        | 355  | 00:53:36.70 | 05:21  | 10KMALE   | 43/108  | M      | 43/108  | 00:52:23.90 |
| 108/310 | RENTZ, TELARA        | 356  | 00:57:53.10 | 05:47  | 10KFEMALE | 48/202  | F      | 48/202  | 00:57:07.60 |
| 160/310 | RICCI, DOM           | 357  | 01:02:03.95 | 06:12  | 10KMALE   | 80/108  | M      | 80/108  | 01:02:01.05 |

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

## 2013 Rock the House 10K, 5K

## Alpha Overall Results

## 10K - 6.21 Miles

## 310 Finishers

| OA/PI   | Name                 | Bib# | Time        | Pace/m | Category  | Cat/PI  | Gender | Gen/PI  | Chip Time   |
|---------|----------------------|------|-------------|--------|-----------|---------|--------|---------|-------------|
| 101/310 | RICHARDS, LISA       | 358  | 00:57:32.60 | 05:45  | 10KFEMALE | 41/202  | F      | 41/202  | 00:56:42.80 |
| 6/310   | RICHARDS, WADE       | 359  | 00:44:50.60 | 04:29  | 10KMALE   | 6/108   | M      | 6/108   | 00:44:01.00 |
| 100/310 | RIGOR, NANCY         | 360  | 00:57:32.05 | 05:45  | 10KFEMALE | 40/202  | F      | 40/202  | 00:56:02.15 |
| 222/310 | RINCON, GHICELD      | 361  | 01:07:22.05 | 06:44  | 10KFEMALE | 127/202 | F      | 127/202 | 01:04:59.45 |
| 309/310 | ROBINSON, ERIN       | 362  | 01:26:19.90 | 08:37  | 10KFEMALE | 201/202 | F      | 201/202 | 01:24:44.00 |
| 73/310  | ROBINSON, SCOTT      | 363  | 00:55:09.75 | 05:30  | 10KMALE   | 49/108  | M      | 49/108  | 00:53:36.95 |
| 112/310 | ROE, JEAN            | 477  | 00:58:08.90 | 05:48  | 10KFEMALE | 51/202  | F      | 51/202  | 00:57:18.65 |
| 259/310 | ROTHBAUER, WILMA     | 364  | 01:10:49.85 | 07:04  | 10KFEMALE | 159/202 | F      | 159/202 | 01:10:36.45 |
| 168/310 | SANDHU, SIMRAN       | 365  | 01:03:03.65 | 06:18  | 10KFEMALE | 86/202  | F      | 86/202  | 01:00:47.60 |
| 121/310 | SANDOVAL, IRMA       | 366  | 00:59:03.15 | 05:54  | 10KFEMALE | 56/202  | F      | 56/202  | 00:57:32.15 |
| 254/310 | SCHEERSCHMIDT, LAURY | 367  | 01:10:27.35 | 07:02  | 10KFEMALE | 154/202 | F      | 154/202 | 01:09:13.75 |
| 292/310 | SCHMIDT, JANICE      | 368  | 01:17:29.10 | 07:44  | 10KFEMALE | 186/202 | F      | 186/202 | 01:16:53.75 |
| 250/310 | SCHNURER, AIMEE      | 369  | 01:09:52.05 | 06:59  | 10KFEMALE | 151/202 | F      | 151/202 | 01:09:04.40 |
| 5/310   | SEGARRA, MARK        | 451  | 00:44:29.70 | 04:26  | 10KMALE   | 5/108   | M      | 5/108   | 00:44:26.65 |
| 210/310 | SEIB, TARA           | 370  | 01:06:04.50 | 06:36  | 10KFEMALE | 117/202 | F      | 117/202 | 01:04:57.35 |
| 208/310 | SENGAUS, DUSTIN      | 446  | 01:06:04.40 | 06:36  | 10KMALE   | 93/108  | M      | 93/108  | 01:04:52.90 |
| 68/310  | SHANDLEY, DAVID      | 371  | 00:54:26.80 | 05:26  | 10KMALE   | 47/108  | M      | 47/108  | 00:54:13.00 |
| 84/310  | SHANKS, ASHLEY       | 372  | 00:56:32.70 | 05:39  | 10KFEMALE | 30/202  | F      | 30/202  | 00:55:45.85 |
| 269/310 | SHRUBSALL, LEIGH     | 374  | 01:12:41.00 | 07:16  | 10KFEMALE | 166/202 | F      | 166/202 | 01:12:13.50 |
| 267/310 | SHUPE, JANA          | 375  | 01:12:06.15 | 07:12  | 10KFEMALE | 165/202 | F      | 165/202 | 01:11:07.10 |
| 199/310 | SICH, BREANNE        | 376  | 01:05:53.30 | 06:35  | 10KFEMALE | 109/202 | F      | 109/202 | 01:05:13.80 |
| 221/310 | SIMPSON, CINDY       | 377  | 01:07:10.05 | 06:43  | 10KFEMALE | 126/202 | F      | 126/202 | 01:06:22.30 |
| 14/310  | SIT, GRACE           | 429  | 00:47:10.60 | 04:43  | 10KFEMALE | 3/202   | F      | 3/202   | 00:47:04.70 |
| 268/310 | SLAYMAKER, PARKER    | 380  | 01:12:18.35 | 07:13  | 10KMALE   | 103/108 | M      | 103/108 | 01:10:12.55 |
| 271/310 | SMALL, YVONNE        | 381  | 01:13:53.95 | 07:23  | 10KFEMALE | 168/202 | F      | 168/202 | 01:12:19.35 |
| 289/310 | SMART, DAWN          | 452  | 01:16:58.90 | 07:41  | 10KFEMALE | 183/202 | F      | 183/202 | 01:16:56.40 |
| 290/310 | SMART, MARLEY        | 453  | 01:16:59.20 | 07:41  | 10KFEMALE | 184/202 | F      | 184/202 | 01:16:57.05 |
| 139/310 | SMITH, LINDSEY       | 382  | 01:00:13.90 | 06:01  | 10KFEMALE | 67/202  | F      | 67/202  | 00:59:27.55 |
| 249/310 | SMITH, MARGA         | 383  | 01:09:50.35 | 06:59  | 10KFEMALE | 150/202 | F      | 150/202 | 01:08:48.40 |
| 117/310 | SPEARING, TED        | 384  | 00:58:27.90 | 05:50  | 10KMALE   | 64/108  | M      | 64/108  | 00:58:11.10 |
| 111/310 | SPENCER, ALICIA      | 385  | 00:58:02.25 | 05:48  | 10KFEMALE | 50/202  | F      | 50/202  | 00:57:47.15 |
| 53/310  | STAMBENE, SAM        | 491  | 00:52:44.85 | 05:16  | 10KMALE   | 39/108  | M      | 39/108  | 00:52:27.85 |
| 60/310  | STANTE, ERIKA        | 490  | 00:53:21.50 | 05:20  | 10KFEMALE | 18/202  | F      | 18/202  | 00:52:06.00 |
| 81/310  | STEUDLER, LYNN       | 386  | 00:56:14.90 | 05:37  | 10KFEMALE | 28/202  | F      | 28/202  | 00:55:24.50 |
| 299/310 | STUSHNOFF, HEATHER   | 387  | 01:20:44.00 | 08:04  | 10KFEMALE | 192/202 | F      | 192/202 | 01:20:06.70 |
| 56/310  | SWENSON, DYLAN       | 447  | 00:53:01.40 | 05:18  | 10KMALE   | 40/108  | M      | 40/108  | 00:52:43.80 |
| 77/310  | SWENSON, STEVE       | 448  | 00:55:38.65 | 05:33  | 10KMALE   | 53/108  | M      | 53/108  | 00:55:21.60 |
| 133/310 | SYDORYK, KRISTEN     | 388  | 00:59:48.70 | 05:58  | 10KFEMALE | 64/202  | F      | 64/202  | 00:59:31.40 |
| 120/310 | SZE, VANIA           | 389  | 00:59:02.20 | 05:54  | 10KFEMALE | 55/202  | F      | 55/202  | 00:57:59.65 |
| 166/310 | TAMURA, MELANIE      | 390  | 01:02:55.60 | 06:17  | 10KFEMALE | 84/202  | F      | 84/202  | 01:01:07.35 |
| 245/310 | TAYLOR, CAROLINA     | 392  | 01:09:39.70 | 06:57  | 10KFEMALE | 147/202 | F      | 147/202 | 01:06:52.10 |
| 83/310  | TAYLOR, JEFF         | 454  | 00:56:23.60 | 05:38  | 10KMALE   | 54/108  | M      | 54/108  | 00:55:53.30 |
| 82/310  | TAYLOR, TAMARA       | 393  | 00:56:19.30 | 05:37  | 10KFEMALE | 29/202  | F      | 29/202  | 00:56:03.05 |
| 109/310 | TAYLOR, WENDY        | 394  | 00:57:56.40 | 05:47  | 10KFEMALE | 49/202  | F      | 49/202  | 00:57:34.80 |
| 231/310 | THOMPSON, BRIAN      | 395  | 01:08:34.20 | 06:51  | 10KMALE   | 98/108  | M      | 98/108  | 01:08:10.30 |
| 65/310  | THOMPSON, KIMBERLY   | 398  | 00:54:00.00 | 05:24  | 10KFEMALE | 21/202  | F      | 21/202  | 00:53:26.90 |
| 186/310 | THOMPSON, MATTHEW    | 400  | 01:04:40.50 | 06:28  | 10KMALE   | 87/108  | M      | 87/108  | 01:04:18.40 |
| 244/310 | THORSEN, ANITA       | 401  | 01:09:39.00 | 06:57  | 10KFEMALE | 146/202 | F      | 146/202 | 01:08:41.95 |
| 198/310 | TKACHUK, LISA        | 402  | 01:05:45.95 | 06:34  | 10KFEMALE | 108/202 | F      | 108/202 | 01:04:07.85 |
| 190/310 | TKACHUK, SCOTT       | 403  | 01:05:03.25 | 06:30  | 10KMALE   | 88/108  | M      | 88/108  | 01:03:24.85 |
| 172/310 | VALIN, KAYLEN        | 406  | 01:03:31.40 | 06:21  | 10KFEMALE | 89/202  | F      | 89/202  | 01:03:19.60 |
| 31/310  | VAN DER LAAN, HANS   | 407  | 00:49:06.10 | 04:54  | 10KMALE   | 21/108  | M      | 21/108  | 00:48:54.70 |
| 92/310  | VAREY, JENNIFER      | 408  | 00:57:07.10 | 05:42  | 10KFEMALE | 35/202  | F      | 35/202  | 00:56:40.00 |
| 66/310  | VAYALUMKAL, JOSEPH   | 409  | 00:54:04.05 | 05:24  | 10KMALE   | 45/108  | M      | 45/108  | 00:53:51.05 |
| 214/310 | VERA, VIRGINIA       | 410  | 01:06:20.00 | 06:38  | 10KFEMALE | 120/202 | F      | 120/202 | 01:05:06.50 |
| 140/310 | WALL, JESSE          | 412  | 01:00:16.90 | 06:01  | 10KFEMALE | 68/202  | F      | 68/202  | 00:59:43.10 |
| 43/310  | WALL, TRAVIS         | 413  | 00:51:11.95 | 05:07  | 10KMALE   | 30/108  | M      | 30/108  | 00:50:53.30 |

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

## 2013 Rock the House 10K, 5K

## Alpha Overall Results

## 10K - 6.21 Miles

## 310 Finishers

| OA/PI   | Name                 | Bib# | Time        | Pace/m | Category  | Cat/PI  | Gender | Gen/PI  | Chip Time   |
|---------|----------------------|------|-------------|--------|-----------|---------|--------|---------|-------------|
| 51/310  | WALLACE, JAY         | 415  | 00:52:37.90 | 05:15  | 10KMALE   | 37/108  | M      | 37/108  | 00:51:10.80 |
| 275/310 | WALLACE, JOANNE      | 416  | 01:14:21.90 | 07:26  | 10KFEMALE | 171/202 | F      | 171/202 | 01:12:54.55 |
| 187/310 | WARSYLEWICZ, ROBYN   | 417  | 01:04:40.90 | 06:28  | 10KFEMALE | 100/202 | F      | 100/202 | 01:03:52.55 |
| 297/310 | WATSON, RECCA        | 462  | 01:20:36.85 | 08:03  | 10KFEMALE | 191/202 | F      | 191/202 | 01:18:47.70 |
| 263/310 | WATSON, ROSS         | 463  | 01:11:52.55 | 07:11  | 10KMALE   | 102/108 | M      | 102/108 | 01:09:51.05 |
| 36/310  | WATTERS, ADRIAN      | 418  | 00:49:31.60 | 04:57  | 10KMALE   | 24/108  | M      | 24/108  | 00:49:13.45 |
| 266/310 | WEBER, MARGO         | 419  | 01:12:05.65 | 07:12  | 10KFEMALE | 164/202 | F      | 164/202 | 01:10:28.55 |
| 20/310  | WELLSPRING, IAN      | 420  | 00:48:18.55 | 04:49  | 10KMALE   | 15/108  | M      | 15/108  | 00:48:08.55 |
| 234/310 | WELSH-MOSES, SHANNON | 421  | 01:08:48.55 | 06:52  | 10KFEMALE | 136/202 | F      | 136/202 | 01:08:39.30 |
| 104/310 | WESA, BRENDA         | 422  | 00:57:43.40 | 05:46  | 10KFEMALE | 44/202  | F      | 44/202  | 00:56:32.15 |
| 95/310  | WESA, KEVIN          | 423  | 00:57:23.00 | 05:44  | 10KMALE   | 58/108  | M      | 58/108  | 00:56:10.20 |
| 135/310 | WIEBE, KRISTINA      | 424  | 00:59:52.60 | 05:59  | 10KFEMALE | 65/202  | F      | 65/202  | 00:59:41.20 |
| 105/310 | WILLIAMS, AMY        | 425  | 00:57:51.65 | 05:47  | 10KFEMALE | 45/202  | F      | 45/202  | 00:57:42.95 |
| 159/310 | WILSON, MARIA        | 455  | 01:02:00.55 | 06:12  | 10KFEMALE | 80/202  | F      | 80/202  | 01:01:29.30 |
| 235/310 | WISHART, VICKI       | 144  | 01:09:00.60 | 06:54  | 10KFEMALE | 137/202 | F      | 137/202 | 01:08:47.95 |
| 180/310 | WITZKE, RHYS         | 426  | 01:03:57.90 | 06:23  | 10KMALE   | 84/108  | M      | 84/108  | 01:03:09.45 |
| 22/310  | WOELFLE, ALEXANDRA   | 427  | 00:48:21.60 | 04:50  | 10KFEMALE | 6/202   | F      | 6/202   | 00:47:53.65 |
| 78/310  | WOELFLE, JESSICA     | 428  | 00:55:41.60 | 05:34  | 10KFEMALE | 25/202  | F      | 25/202  | 00:55:14.70 |
| 134/310 | WOLTZ, SPENCER       | 143  | 00:59:49.20 | 05:58  | 10KMALE   | 70/108  | M      | 70/108  | 00:59:27.80 |
| 257/310 | WONG, KATHERINE      | 430  | 01:10:47.05 | 07:04  | 10KFEMALE | 157/202 | F      | 157/202 | 01:09:51.35 |
| 258/310 | WOO, CLAUDIA         | 431  | 01:10:47.05 | 07:04  | 10KFEMALE | 158/202 | F      | 158/202 | 01:09:52.05 |
| 213/310 | WOO, DALE            | 432  | 01:06:11.30 | 06:37  | 10KMALE   | 94/108  | M      | 94/108  | 01:06:01.35 |
| 239/310 | WRIGHT, RICHELLE     | 433  | 01:09:24.05 | 06:56  | 10KFEMALE | 141/202 | F      | 141/202 | 01:08:13.00 |
| 224/310 | YU, BERTA            | 434  | 01:07:41.50 | 06:46  | 10KFEMALE | 128/202 | F      | 128/202 | 01:07:37.00 |
| 25/310  | YU, CHRISTINE        | 435  | 00:48:39.40 | 04:51  | 10KFEMALE | 8/202   | F      | 8/202   | 00:45:25.30 |