

OA/PI = Overall Placing

Cat/PI = Category Placing

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Offset = Diff from O/A win Time hh:mm:ss

2017 Rock the House Run 5K, 10K

Overall Results

Result Placings based on GUN TIME

5K Run - 3.1 Miles

OA/PI	Name	Bib#	Time	Pace	Category	Cat/PI	Gend	Gen/PI	Offset	Chiptime	Team
1/485	SWADLING, LUKE	5314	00:20:58.00	03:55	5K14&UM	1/89	M	1/217	+00:00:00	00:20:57.53	Cowboys Bantam Grey-5K
2/485	WALDMAN, SARI	5335	00:21:42.46	04:03	5K30-39F	1/89	F	1/268	+00:00:44	00:21:38.82	Cult-5K
3/485	MILNER, BRUCE	5474	00:22:02.13	04:07	5K40-49M	1/45	M	2/217	+00:01:04	00:21:59.77	
4/485	BRAUN, DEREK	5051	00:22:13.41	04:09	5K15-19M	1/5	M	3/217	+00:01:15	00:22:11.45	
5/485	OSMOND, GREGORY	5236	00:22:29.38	04:12	5K30-39M	1/34	M	4/217	+00:01:31	00:22:27.62	LOL-5K
6/485	MILNER, PATRICK	5473	00:22:42.65	04:14	5K15-19M	2/5	M	5/217	+00:01:44	00:22:39.63	
7/485	LEWIS, TARA	5180	00:22:59.76	04:17	5K20-29F	1/32	F	2/268	+00:02:01	00:22:56.23	
8/485	BRAUN, BRAD	5049	00:23:56.51	04:28	5K40-49M	2/45	M	6/217	+00:02:58	00:23:54.35	
9/485	BRAUN, CAMRYN	5050	00:24:28.60	04:34	5K15-19F	1/5	F	3/268	+00:03:30	00:24:26.04	
10/485	PLOUFFE, CHRIS	5503	00:24:39.82	04:36	5K14&UM	2/89	M	7/217	+00:03:41	00:24:26.67	
11/485	MOLESKY, DANIERL	5483	00:24:45.22	04:37	5K15-19M	3/5	M	8/217	+00:03:47	00:24:41.01	Cowboys Bantam Grey-5K
12/485	BEACH, WILLIAM	5384	00:24:49.06	04:38	5K14&UF	1/31	F	4/268	+00:03:51	00:24:37.11	Cowboys Bantam Grey-5K
13/485	YUE, JASON	5354	00:24:49.84	04:38	5K30-39M	2/34	M	9/217	+00:03:51	00:24:46.10	Canada Diagnostic Centre-5K
14/485	RUSSELL, ETHAN	5264	00:24:55.42	04:39	5K14&UM	3/89	M	10/217	+00:03:57	00:24:42.19	Cowboys Bantam Grey-5K
15/485	TURNER, TRAVIS	5326	00:25:32.26	04:46	5K20-29M	1/15	M	11/217	+00:04:34	00:25:20.98	Cowboys Bantam Grey-5K
16/485	HEALY, RILEY	5131	00:25:35.76	04:46	5K20-29M	2/15	M	12/217	+00:04:37	00:25:32.42	
17/485	BRAUN, LAUREL	5052	00:25:41.72	04:48	5K40-49F	1/68	F	5/268	+00:04:43	00:25:38.96	
18/485	FOX, KAIDEN	5369	00:25:48.25	04:49	5K14&UM	4/89	M	13/217	+00:04:50	00:25:47.87	Cowboys Bantam Grey-5K
19/485	SCHULTZ, SHELDON	5378	00:26:00.33	04:51	5K14&UM	5/89	M	14/217	+00:05:02	00:25:57.56	Cowboys Bantam Grey-5K
20/485	PLOUFFE, DAVID	5502	00:26:01.31	04:51	5K50-59M	1/13	M	15/217	+00:05:03	00:25:47.08	
21/485	DOYLE, NICHOLAS	5086	00:26:17.38	04:54	5K14&UM	6/89	M	16/217	+00:05:19	00:26:15.16	Cowboys Bantam Grey-5K
22/485	MATTERN, THOMAS	5212	00:26:17.50	04:54	5K14&UM	7/89	M	17/217	+00:05:19	00:26:05.78	Cowboys Bantam Grey-5K
23/485	LLOYD, GRAHAM	5186	00:26:30.41	04:57	5K14&UM	8/89	M	18/217	+00:05:32	00:26:27.99	
24/485	BUTLER, BRETT	5526	00:26:39.91	04:58	5K20-29M	3/15	M	19/217	+00:05:41	00:26:23.95	
25/485	BILLYARD, OLIVER	5040	00:26:51.31	05:01	5K14&UM	9/89	M	20/217	+00:05:53	00:26:49.55	
26/485	VANDENBERGHE, JAXON	5329	00:26:57.81	05:02	5K14&UM	10/89	M	21/217	+00:05:59	00:26:15.10	Cowboys Bantam Grey-5K
27/485	LLOYD, BRENT	5184	00:27:25.65	05:07	5K40-49M	3/45	M	22/217	+00:06:27	00:27:23.69	
28/485	PRIOR, WALKER	5408	00:27:28.29	05:08	5K14&UM	11/89	M	23/217	+00:06:30	00:27:22.36	Cowboys Bantam Grey-5K
29/485	OLSVIK ANDREWS, ENZO	5446	00:27:33.78	05:08	5K14&UM	12/89	M	24/217	+00:06:35	00:27:19.37	BANTAM NAVY-5K
30/485	SCHUSTER, CARSON	5289	00:27:39.89	05:10	5K15-19M	4/5	M	25/217	+00:06:41	00:27:27.13	BANTAM NAVY-5K
31/485	WALKER, ANDREW	5336	00:27:40.25	05:10	5K14&UM	13/89	M	26/217	+00:06:42	00:27:39.87	PEEWEE NAVY-5K
32/485	DE JONG, CLIFF	5455	00:27:42.16	05:10	5K40-49M	4/45	M	27/217	+00:06:44	00:27:38.64	
33/485	BRANT, MELANIE	5047	00:27:42.54	05:10	5K30-39F	2/89	F	6/268	+00:06:44	00:27:03.91	
34/485	DE JONG, JORDAN	5456	00:27:44.82	05:11	5K14&UM	14/89	M	28/217	+00:06:46	00:27:44.22	PEEWEE NAVY-5K
35/485	BRANT, MIKE	5048	00:27:45.02	05:11	5K40-49M	5/45	M	29/217	+00:06:47	00:27:04.02	

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2017 Rock the House Run 5K, 10K

Overall Results

Result Placings based on GUN TIME

5K Run - 3.1 Miles

OA/PI	Name	Bib#	Time	Pace	Category	Cat/PI	Gend	Gen/PI	Offset	Chiptime	Team
36/485	MCGOWAN, SHACKLETON	5217	00:27:45.94	05:11	5K14&UM	15/89	M	30/217	+00:06:47	00:27:42.03	Cowboys Bantam Grey-5K
37/485	PETROWITSH, BONNIE	5243	00:27:46.65	05:11	5K40-49F	2/68	F	7/268	+00:06:48	00:27:42.08	Coca-Cola Refreshments-5K
38/485	TKACHUK, MASON	5524	00:27:47.30	05:11	5K14&UM	16/89	M	31/217	+00:06:49	00:27:47.00	BANTAM NAVY-5K
39/485	HERRINGTON-XERRI, DOMINIC	5414	00:27:50.63	05:12	5K14&UM	17/89	M	32/217	+00:06:52	00:27:39.87	Cowboys Bantam Grey-5K
40/485	KOOPS, TRINA	1206	00:27:50.94	05:12	5K40-49F	3/68	F	8/268	+00:06:52	00:27:41.83	
41/485	KRAHN, RILEY	5164	00:27:51.20	05:12	5K14&UM	18/89	M	33/217	+00:06:53	00:27:50.43	BANTAM NAVY-5K
42/485	GALLOWAY, CRAIG	5111	00:27:55.48	05:13	5K30-39M	3/34	M	34/217	+00:06:57	00:26:09.66	Team VV-5K
43/485	KABAN, NOLAN	5148	00:28:14.45	05:16	5K14&UM	19/89	M	35/217	+00:07:16	00:28:02.70	BANTAM NAVY-5K
44/485	CODE, LUCAS	5358	00:28:22.70	05:18	5K14&UM	20/89	M	36/217	+00:07:24	00:28:11.42	Cowboys Bantam Grey-5K
45/485	LITTMANN, BYRON	5181	00:28:22.78	05:18	5K20-29M	4/15	M	37/217	+00:07:24	00:27:59.02	ITC Construction Group-5K
46/485	DAVIDSON, TROY	5073	00:28:26.12	05:18	5K40-49M	6/45	M	38/217	+00:07:28	00:28:06.01	
47/485	KOLLER, ROB	5441	00:28:56.85	05:24	5K40-49M	7/45	M	39/217	+00:07:58	00:28:43.62	PEEWEE NAVY-5K
48/485	KOLLER, SHEA	5442	00:28:57.36	05:24	5K14&UM	21/89	M	40/217	+00:07:59	00:28:44.21	PEEWEE NAVY-5K
49/485	GIRALDO, FELIPE	5119	00:29:00.34	05:25	5K30-39M	4/34	M	41/217	+00:08:02	00:28:26.21	
50/485	DAVIDSON, SADIE	5071	00:29:00.76	05:25	5K14&UF	2/31	F	9/268	+00:08:02	00:28:41.74	
51/485	ILSLEY, SUSAN	5142	00:29:00.88	05:25	5K30-39F	3/89	F	10/268	+00:08:02	00:28:26.66	
52/485	SPEAR, MIKE	5459	00:29:05.10	05:26	5K60-69M	1/12	M	42/217	+00:08:07	00:28:54.97	
53/485	MORIN, JOE	5401	00:29:09.18	05:26	5K60-69M	2/12	M	43/217	+00:08:11	00:28:58.38	
54/485	KIRKBY, BOB	5154	00:29:28.00	05:30	5K70+M	1/3	M	44/217	+00:08:30	00:29:20.38	
55/485	FLETCHER, ZANE	5099	00:29:30.88	05:30	5K14&UM	22/89	M	45/217	+00:08:32	00:29:26.39	
56/485	TALBOT, JACKIE	5316	00:29:33.52	05:31	5K40-49F	4/68	F	11/268	+00:08:35	00:29:08.32	
57/485	UNWALA, HUSSEIN	5527	00:29:40.36	05:32	5K30-39M	5/34	M	46/217	+00:08:42	00:29:24.69	
58/485	NICOL, ADAM	5376	00:29:43.94	05:33	5K30-39M	6/34	M	47/217	+00:08:45	00:29:37.18	Team Newalta-5K
59/485	GOVIER, MICHAEL	5122	00:29:46.67	05:33	5K14&UM	23/89	M	48/217	+00:08:48	00:29:45.82	PEEWEE NAVY-5K
60/485	SMITH, KEENAN	5307	00:29:46.67	05:33	5K14&UM	24/89	M	49/217	+00:08:48	00:29:46.37	PEEWEE NAVY-5K
61/485	SEBANC, KATIE	5379	00:29:50.00	05:34	5K30-39F	4/89	F	12/268	+00:08:52	00:29:43.44	Team Newalta-5K
62/485	TKACHUK, AIDAN	5525	00:29:52.32	05:34	5K14&UM	25/89	M	50/217	+00:08:54	00:29:34.14	PEEWEE NAVY-5K
63/485	MANOR, PATRICK	5444	00:29:53.18	05:35	5K40-49M	8/45	M	51/217	+00:08:55	00:29:39.05	BANTAM NAVY-5K
64/485	TURNER, CHLOE	1158	00:29:53.98	05:35	5K14&UF	3/31	F	13/268	+00:08:55	00:29:38.53	
66/485	PRITCHARD, JANICE	5487	00:29:57.84	05:35	5K60-69F	1/12	F	14/268	+00:08:59	00:29:45.50	
65/485	LAVERTY, TIERNAN	5530	00:29:57.84	05:35	5K14&UM	26/89	M	52/217	+00:08:59	00:29:38.53	PEEWEE NAVY-5K
67/485	STEPHENS, RONAN	5497	00:29:59.03	05:36	5K14&UM	27/89	M	53/217	+00:09:01	00:29:49.23	BANTAM NAVY-5K
68/485	MELTON, HAYDEN	5472	00:30:07.26	05:37	5K14&UM	28/89	M	54/217	+00:09:09	00:29:56.26	Cowboys Bantam Grey-5K
69/485	RUSSELL, CLAYTON	5262	00:30:12.03	05:38	5K40-49M	9/45	M	55/217	+00:09:14	00:29:54.39	Cowboys Bantam Grey-5K
70/485	GRIEKSPoor, RENE	5124	00:30:17.43	05:39	5K20-29F	2/32	F	15/268	+00:09:19	00:29:55.70	Rusch Projects - Custom-5K

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2017 Rock the House Run 5K, 10K

Overall Results

Result Placings based on GUN TIME

5K Run - 3.1 Miles

OA/PI	Name	Bib#	Time	Pace	Category	Cat/PI	Gend	Gen/PI	Offset	Chiptime	Team
71/485	SCHUSTER, JOSIAH	5292	00:30:18.15	05:39	5K14&UM	29/89	M	56/217	+00:09:20	00:30:15.91	BANTAM NAVY-5K
72/485	SEHGAL, SUNNY	5296	00:30:22.49	05:40	5K40-49M	10/45	M	57/217	+00:09:24	00:29:54.26	Cowboys Bantam Grey-5K
73/485	MARR, GREGORY	5210	00:30:24.12	05:40	5K14&UM	30/89	M	58/217	+00:09:26	00:30:20.69	
74/485	SINGH, GURDEEP	5303	00:30:26.96	05:41	5K30-39M	7/34	M	59/217	+00:09:28	00:30:04.60	
75/485	BILLYARD, ISIAHA	5037	00:30:30.78	05:42	5K14&UM	31/89	M	60/217	+00:09:32	00:30:03.14	
76/485	FURDAL, JOSHUA	5429	00:30:30.96	05:42	5K14&UM	32/89	M	61/217	+00:09:32	00:30:30.28	Cowboys Bantam Grey-5K
77/485	BILLYARD, CHAD	5036	00:30:31.22	05:42	5K40-49M	11/45	M	62/217	+00:09:33	00:30:03.79	
78/485	BRUNET, KATIE	1013	00:30:32.26	05:42	5K30-39F	5/89	F	16/268	+00:09:34	00:30:17.01	#onceayear-10K
79/485	DIXON, THOMAS	5363	00:30:34.20	05:42	5K14&UM	33/89	M	63/217	+00:09:36	00:30:07.91	dixon family-5K
80/485	DIXON, EVAN	5361	00:30:34.74	05:42	5K40-49M	12/45	M	64/217	+00:09:36	00:30:08.27	dixon family-5K
81/485	BUTLER, ASHTON	5056	00:30:43.72	05:44	5K20-29F	3/32	F	17/268	+00:09:45	00:30:24.68	BDP: Runners-at-Law-5K
82/485	WALKER, TAMMY	5337	00:30:46.21	05:45	5K40-49F	5/68	F	18/268	+00:09:48	00:30:43.84	PEEWEE NAVY-5K
83/485	SPEARING, TED	5478	00:30:48.56	05:45	5K60-69M	3/12	M	65/217	+00:09:50	00:30:35.41	
84/485	MACDONALD, BRENDA	5200	00:30:49.21	05:45	5K50-59F	1/30	F	19/268	+00:09:51	00:30:30.77	
85/485	DAVIDSON, TONYA	5072	00:31:05.56	05:48	5K40-49F	6/68	F	20/268	+00:10:07	00:30:46.04	
86/485	BELANGER, MATEO	5034	00:31:06.38	05:48	5K14&UM	34/89	M	66/217	+00:10:08	00:30:56.04	Cowboys Bantam Grey-5K
87/485	BELANGER, RICHARD	5466	00:31:06.90	05:48	5K40-49M	13/45	M	67/217	+00:10:08	00:30:56.48	
88/485	BOURGET, FRANCOIS	5389	00:31:15.76	05:50	5K30-39M	8/34	M	68/217	+00:10:17	00:30:29.65	
89/485	KRUZICK, DANI	5170	00:31:16.66	05:50	5K14&UF	4/31	F	21/268	+00:10:18	00:31:01.47	
90/485	HISCOX, CHRISTINA	5136	00:31:17.05	05:50	5K40-49F	7/68	F	22/268	+00:10:19	00:31:01.86	
91/485	ADDISON, NICOLA	5004	00:31:17.42	05:50	5K20-29F	4/32	F	23/268	+00:10:19	00:30:19.79	
92/485	ADDISON, DAVID	5003	00:31:17.50	05:50	5K50-59M	2/13	M	69/217	+00:10:19	00:30:18.63	
93/485	ANDREWS, GREG	5415	00:31:21.39	05:51	5K40-49M	14/45	M	70/217	+00:10:23	00:29:52.74	BANTAM NAVY-5K
94/485	ZWIERS, KYLE	5500	00:31:36.92	05:54	5K14&UM	35/89	M	71/217	+00:10:38	00:31:18.94	
95/485	ANDERSEN, KARTER	5015	00:31:37.52	05:54	5K14&UM	36/89	M	72/217	+00:10:39	00:31:35.96	Cowboys Bantam Grey-5K
96/485	ZWIERS, KERRY	5499	00:31:37.67	05:54	5K40-49M	15/45	M	73/217	+00:10:39	00:31:20.61	
97/485	VIELGUTH, MAGGIE	5381	00:31:41.41	05:55	5K20-29F	5/32	F	24/268	+00:10:43	00:31:07.19	ITC Construction Group-5K
98/485	ZWIERS, KAREN	5498	00:31:42.33	05:55	5K40-49F	8/68	F	25/268	+00:10:44	00:31:24.89	
99/485	TALPT, MADELYN	5317	00:31:52.41	05:57	5K15-19F	2/5	F	26/268	+00:10:54	00:31:19.25	
100/485	PERKINS, HADLEY	5242	00:32:00.08	05:58	5K15-19F	3/5	F	27/268	+00:11:02	00:31:46.55	
101/485	TORRIERO, MARC	5323	00:32:05.81	05:59	5K20-29M	5/15	M	74/217	+00:11:07	00:31:07.04	
102/485	ADDISON, SUSAN	5006	00:32:07.42	06:00	5K50-59F	2/30	F	28/268	+00:11:09	00:31:07.06	
103/485	WAECKERLIN, SONJA	5333	00:32:08.38	06:00	5K20-29F	6/32	F	29/268	+00:11:10	00:31:33.90	
104/485	PERKINS, MARK	5465	00:32:20.74	06:02	5K40-49M	16/45	M	75/217	+00:11:22	00:32:07.21	
105/485	MCCANN, PAUL	5215	00:32:30.74	06:04	5K20-29M	6/15	M	76/217	+00:11:32	00:32:07.05	ITC Construction Group-5K

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Overall Results

Result Placings based on GUN TIME

5K Run - 3.1 Miles

OA/PI	Name	Bib#	Time	Pace	Category	Cat/PI	Gend	Gen/PI	Offset	Chiptime	Team
106/485	MACDOUGALL, CHRISSY	5479	00:32:34.08	06:05	5K30-39F	6/89	F	30/268	+00:11:36	00:32:15.84	
107/485	KLARENBACH, APRIL	5155	00:32:36.00	06:05	5K14&UF	5/31	F	31/268	+00:11:38	00:32:33.63	
108/485	SALTER, RUSSELL	5280	00:32:42.16	06:06	5K14&UM	37/89	M	77/217	+00:11:44	00:32:31.22	Cowboys Bantam Grey-5K
109/485	MONTALVO, SUE	5224	00:32:47.58	06:07	5K20-29F	7/32	F	32/268	+00:11:49	00:31:58.04	Team Newalta-5K
110/485	VARELA, KATI	5330	00:32:49.00	06:08	5K30-39F	7/89	F	33/268	+00:11:51	00:32:38.40	Coca-Cola Refreshments-5K
111/485	DANIEL COOZ, JOSE	5359	00:32:51.26	06:08	5K30-39M	9/34	M	78/217	+00:11:53	00:32:41.08	Coca-Cola Refreshments-5K
112/485	SCHUSTER, DANIEL	5290	00:32:56.36	06:09	5K50-59M	3/13	M	79/217	+00:11:58	00:32:42.47	BANTAM NAVY-5K
113/485	SCHUSTER, JENNIFER	5291	00:32:56.36	06:09	5K40-49F	9/68	F	34/268	+00:11:58	00:32:43.13	BANTAM NAVY-5K
114/485	MIHALCHEON, MIMI	5221	00:33:02.28	06:10	5K40-49F	10/68	F	35/268	+00:12:04	00:32:42.25	
115/485	WONG, CAITLYN	5489	00:33:09.60	06:11	5K14&UF	6/31	F	36/268	+00:12:11	00:32:56.37	
116/485	LAForge, VANDEN	5174	00:33:10.24	06:11	5K14&UF	7/31	F	37/268	+00:12:12	00:32:42.23	Lafohnskenrolls-5K
117/485	KLINGER, CHERYL	5161	00:33:15.90	06:12	5K40-49F	11/68	F	38/268	+00:12:17	00:33:03.80	
118/485	HUSKA, CATHY	5140	00:33:16.76	06:13	5K40-49F	12/68	F	39/268	+00:12:18	00:33:04.66	
119/485	BELL, PAM	5421	00:33:26.74	06:14	5K50-59F	3/30	F	40/268	+00:12:28	00:33:05.53	
120/485	BOULTON, MARK	5511	00:33:40.84	06:17	5K40-49M	17/45	M	80/217	+00:12:42	00:32:52.07	Cowboys Bantam Grey-5K
121/485	BOULTON, REECE	5512	00:33:40.86	06:17	5K14&UM	38/89	M	81/217	+00:12:42	00:32:51.78	Cowboys Bantam Grey-5K
122/485	GLOWA, TAMARA	5120	00:33:43.49	06:18	5K30-39F	8/89	F	41/268	+00:12:45	00:33:13.48	Team Newalta-5K
123/485	WAKABAYASHI, NADINE	5334	00:33:45.30	06:18	5K30-39F	9/89	F	42/268	+00:12:47	00:33:14.78	Team Newalta-5K
124/485	ROGERS, SEAN	5260	00:33:47.10	06:18	5K40-49M	18/45	M	82/217	+00:12:49	00:33:36.42	
125/485	MCCANN, GERTRUDE	5214	00:33:55.86	06:20	5K50-59F	4/30	F	43/268	+00:12:57	00:33:31.94	ITC Construction Group-5K
126/485	POCKAR, RYAN	1182	00:34:00.54	06:21	5K14&UM	39/89	M	83/217	+00:13:02	00:33:46.92	Cowboys Bantam Grey-5K
127/485	ORR, PATRICK	5235	00:34:01.57	06:21	5K30-39M	10/34	M	84/217	+00:13:03	00:31:41.42	Cult-5K
128/485	RUSSELL, DRAKE	5263	00:34:30.65	06:26	5K14&UM	40/89	M	85/217	+00:13:32	00:34:29.17	Cowboys Bantam Grey-5K
129/485	HOLLAND, JENNIFER	5138	00:34:34.46	06:27	5K30-39F	10/89	F	44/268	+00:13:36	00:33:47.57	Jacob's Uber-5K
130/485	HOLLAND, ELLIOT	5137	00:34:34.75	06:27	5K30-39M	11/34	M	86/217	+00:13:36	00:33:48.35	Jacob's Uber-5K
131/485	LOBO, EDRIN	5373	00:34:37.38	06:28	5K30-39M	12/34	M	87/217	+00:13:39	00:34:32.33	
132/485	TURNER, JENN	1159	00:34:38.78	06:28	5K40-49F	13/68	F	45/268	+00:13:40	00:34:23.19	
133/485	TIWARI, SUMIT	5322	00:34:41.58	06:28	5K40-49M	19/45	M	88/217	+00:13:43	00:34:32.99	Team Newalta-5K
134/485	RICHER, JANELLE	5256	00:34:51.99	06:31	5K30-39F	11/89	F	46/268	+00:13:53	00:34:37.20	Mosaic Miracle Makers (Mosaic PO
135/485	HOLLOWAY, JEFF	5139	00:34:52.47	06:31	5K20-29M	7/15	M	89/217	+00:13:54	00:33:22.55	BDP: Runners-at-Law-5K
136/485	RICHER, DAN	5255	00:34:52.57	06:31	5K30-39M	13/34	M	90/217	+00:13:54	00:34:38.26	Mosaic Miracle Makers (Mosaic PO
137/485	JAYARAM, NAVIN	5372	00:34:52.67	06:31	5K30-39M	14/34	M	91/217	+00:13:54	00:34:47.46	
138/485	HOBSON, LAURA	5467	00:34:54.26	06:31	5K30-39F	12/89	F	47/268	+00:13:56	00:34:03.91	Renewed Balance Pacemakers-5K
139/485	POSCHMANN, BECKY	5245	00:34:56.00	06:31	5K30-39F	13/89	F	48/268	+00:13:58	00:34:14.07	
140/485	CODE, BLAIR	5423	00:34:57.75	06:31	5K50-59M	4/13	M	92/217	+00:13:59	00:34:46.27	Cowboys Bantam Grey-5K

OA/PI = Overall Placing

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2017 Rock the House Run 5K, 10K

Overall Results

Result Placings based on GUN TIME

5K Run - 3.1 Miles

OA/PI	Name	Bib#	Time	Pace	Category	Cat/PI	Gend	Gen/PI	Offset	Chiptime	Team
141/485	OLYNUK, HAYDEN	5464	00:35:00.33	06:32	5K14&UM	41/89	M	93/217	+00:14:02	00:35:00.05	PEEWEE NAVY-5K
142/485	ANDERSEN, BENNETT	5014	00:35:00.53	06:32	5K14&UM	42/89	M	94/217	+00:14:02	00:35:00.23	PEEWEE NAVY-5K
143/485	TURNER, LINDEN	1160	00:35:03.33	06:33	5K14&UM	43/89	M	95/217	+00:14:05	00:34:47.25	
144/485	THOMPSON, RACHEL	5521	00:35:06.71	06:33	5K30-39F	14/89	F	49/268	+00:14:08	00:34:46.99	Canada Diagnostic Centre-5K
145/485	DREHER, NATHANIEL	5087	00:35:17.00	06:35	5K14&UM	44/89	M	96/217	+00:14:19	00:35:02.69	Cowboys Bantam Grey-5K
146/485	DREHER, TREVOR	1039	00:35:20.86	06:36	5K40-49M	20/45	M	97/217	+00:14:22	00:35:06.33	Cowboys Bantam Grey-10K
147/485	EFTIMIE, NATALIA	5092	00:35:21.51	06:36	5K40-49F	14/68	F	50/268	+00:14:23	00:35:11.15	
148/485	GARAY, NINFA	5114	00:35:21.80	06:36	5K30-39F	15/89	F	51/268	+00:14:23	00:34:50.10	Peanut Butter Eaters-5K
149/485	PRIOR, GRANT	5458	00:35:27.26	06:37	5K40-49M	21/45	M	98/217	+00:14:29	00:35:21.19	Cowboys Bantam Grey-5K
150/485	SLUSARCHUK, PAUL	5305	00:35:28.44	06:37	5K30-39M	15/34	M	99/217	+00:14:30	00:34:29.15	
151/485	FLEMING, DEIRDRE	5097	00:35:31.50	06:38	5K20-29F	8/32	F	52/268	+00:14:33	00:35:12.19	BDP: Runners-at-Law-5K
152/485	ARABSKY, BODHE	5019	00:35:33.72	06:38	5K14&UM	45/89	M	100/217	+00:14:35	00:35:05.27	Lafohnskenrolls-5K
153/485	DEROSENROLL, SARA	5078	00:35:34.06	06:38	5K30-39F	16/89	F	53/268	+00:14:36	00:35:06.00	Lafohnskenrolls-5K
154/485	BORYSEWICZ, ASHLEY	5104	00:35:39.84	06:39	5K30-39F	17/89	F	54/268	+00:14:41	00:34:52.23	
155/485	WELSBY, LESLEY	5341	00:35:41.10	06:40	5K20-29F	9/32	F	55/268	+00:14:43	00:35:16.68	ITC Construction Group-5K
156/485	SEGUIN, CYNDI	5293	00:35:41.90	06:40	5K40-49F	15/68	F	56/268	+00:14:43	00:35:37.33	Canada Diagnostic Centre-5K
157/485	PRITCHARD, JAY	5488	00:35:42.20	06:40	5K70+M	2/3	M	101/217	+00:14:44	00:35:28.97	
158/485	DAVIS, JEANETTE	5074	00:35:50.80	06:41	5K40-49F	16/68	F	57/268	+00:14:52	00:35:30.47	
159/485	BECHTEL, DAVID	5388	00:35:52.64	06:42	5K50-59M	5/13	M	102/217	+00:14:54	00:35:29.30	
160/485	BECHTEL, DANIEL	5387	00:35:52.88	06:42	5K14&UM	46/89	M	103/217	+00:14:54	00:35:29.44	
161/485	LOZINSKI, VICTORIA	5197	00:35:53.88	06:42	5K30-39F	18/89	F	58/268	+00:14:55	00:35:29.16	
162/485	DOREY, SANDRA	5364	00:35:53.96	06:42	5K50-59F	5/30	F	59/268	+00:14:55	00:35:46.82	Cowboys Bantam Grey-5K
163/485	HUTTON, JACQUELINE	5141	00:36:01.26	06:43	5K30-39F	19/89	F	60/268	+00:15:03	00:35:31.83	Mosaic Miracle Makers (Mosaic PC
164/485	JACOB, EDWIN	5490	00:36:09.70	06:45	5K40-49M	22/45	M	104/217	+00:15:11	00:35:40.36	
165/485	JACOB, PAMELA	5491	00:36:09.88	06:45	5K40-49F	17/68	F	61/268	+00:15:11	00:35:41.05	
166/485	NEILSON, DANA	5230	00:36:13.65	06:46	5K50-59F	6/30	F	62/268	+00:15:15	00:36:13.65	
167/485	BILLYARD, JACK	5038	00:36:19.68	06:47	5K14&UM	47/89	M	105/217	+00:15:21	00:35:53.71	
168/485	BILLYARD, KRISTY	5039	00:36:19.82	06:47	5K30-39F	20/89	F	63/268	+00:15:21	00:35:54.44	
169/485	DEPOE, ERIN	5077	00:36:20.70	06:47	5K30-39F	21/89	F	64/268	+00:15:22	00:35:38.44	
170/485	LLOYD, LINDSAY	5188	00:36:21.43	06:47	5K14&UF	8/31	F	65/268	+00:15:23	00:35:56.23	
171/485	RHEAUME, JENNIFER	5254	00:36:21.67	06:47	5K40-49F	18/68	F	66/268	+00:15:23	00:36:03.81	
172/485	BOUCHARD, DEBORAH	5046	00:36:23.57	06:48	5K40-49F	19/68	F	67/268	+00:15:25	00:35:59.45	
173/485	NORRIS, TRACY	5234	00:36:24.64	06:48	5K50-59F	7/30	F	68/268	+00:15:26	00:33:59.67	WE THOUGHT YOU SAID RUM-5K
174/485	DEYHOLOS, MICHAEL	5079	00:36:25.53	06:48	5K20-29M	8/15	M	106/217	+00:15:27	00:34:56.20	BDP: Runners-at-Law-5K
175/485	MCDOUGALL, STEPHANIE	5375	00:36:32.95	06:49	5K40-49F	20/68	F	69/268	+00:15:34	00:36:11.10	Team McDougall-5K

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2017 Rock the House Run 5K, 10K

Overall Results

Result Placings based on GUN TIME

5K Run - 3.1 Miles

OA/PI	Name	Bib#	Time	Pace	Category	Cat/PI	Gend	Gen/PI	Offset	Chiptime	Team
176/485	MCDUGALL, CHRISTOPHER	5374	00:36:34.16	06:50	5K14&UM	48/89	M	107/217	+00:15:36	00:36:10.60	Team McDougall-5K
177/485	FERRIS, AMY	5094	00:36:38.87	06:50	5K30-39F	22/89	F	70/268	+00:15:40	00:36:07.47	Mosaic Miracle Makers (Mosaic PC
178/485	SRAJER, PETER	5309	00:36:39.91	06:51	5K50-59M	6/13	M	108/217	+00:15:41	00:36:27.97	
179/485	BECHTEL, ANDREW	5385	00:36:48.22	06:52	5K14&UM	49/89	M	109/217	+00:15:50	00:36:24.90	
180/485	BECHTEL, ANGELA	5386	00:36:50.72	06:53	5K40-49F	21/68	F	71/268	+00:15:52	00:36:27.48	
181/485	TEJANI, DESIREE	5451	00:36:52.09	06:53	5K40-49F	22/68	F	72/268	+00:15:54	00:35:10.70	
182/485	TEJANI, MAYA	5452	00:36:52.29	06:53	5K14&UF	9/31	F	73/268	+00:15:54	00:35:10.90	Tejani Family-5K
183/485	MCGEE, CATHY	5216	00:36:53.53	06:53	5K50-59F	8/30	F	74/268	+00:15:55	00:36:33.70	
184/485	LAMARSH, DANA	5176	00:36:53.92	06:53	5K40-49F	23/68	F	75/268	+00:15:55	00:36:40.85	Potter-5K
185/485	JOHNSON, CHELSEA	5143	00:37:05.04	06:55	5K40-49F	24/68	F	76/268	+00:16:07	00:36:37.03	Lafohnskenrolls-5K
186/485	GOVIER, ROBIN	5393	00:37:08.54	06:56	5K40-49F	25/68	F	77/268	+00:16:10	00:36:48.35	PEEWEE NAVY-5K
187/485	GOVIER, JEFF	5392	00:37:09.08	06:56	5K40-49M	23/45	M	110/217	+00:16:11	00:36:47.43	BANTAM NAVY-5K
188/485	DE CHASTELAIN, AMANDA	5096	00:37:16.36	06:57	5K40-49F	26/68	F	78/268	+00:16:18	00:36:19.15	
189/485	SIMPSON, WAYNE	5302	00:37:23.99	06:59	5K60-69M	4/12	M	111/217	+00:16:25	00:36:39.56	Mosaic Miracle Makers (Mosaic PC
190/485	FINLEY, CAITLIN	5095	00:37:30.22	07:00	5K20-29F	10/32	F	79/268	+00:16:32	00:37:14.44	Coca-Cola Refreshments-5K
191/485	WICKES, SANDRA	5505	00:37:44.20	07:03	5K50-59F	9/30	F	80/268	+00:16:46	00:37:09.98	Loose Laces-5K
192/485	ASHOORI, SAMILA	5023	00:37:51.96	07:04	5K30-39F	23/89	F	81/268	+00:16:53	00:34:54.17	Northmount Dental Care-5K
193/485	DOWNEY, SUZANNE	5084	00:37:52.49	07:04	5K40-49F	27/68	F	82/268	+00:16:54	00:37:20.21	Team Newalta-5K
194/485	GALLOWAY, KELLY	5112	00:37:55.64	07:05	5K30-39F	24/89	F	83/268	+00:16:57	00:36:08.25	Team VV-5K
195/485	CAMPBELL, PIA	5058	00:37:57.19	07:05	5K40-49F	28/68	F	84/268	+00:16:59	00:35:32.15	Northmount Dental Care-5K
196/485	MENHEM, KARIM	5413	00:38:26.43	07:11	5K14&UM	50/89	M	112/217	+00:17:28	00:38:25.23	Cowboys Bantam Grey-5K
197/485	PETROVA, PETIA	1120	00:38:30.39	07:11	5K30-39F	25/89	F	85/268	+00:17:32	00:38:15.14	#onceayear-5K
198/485	REED, CORY	5251	00:38:35.31	07:12	5K40-49M	24/45	M	113/217	+00:17:37	00:38:01.87	Cowboys Bantam Grey-5K
199/485	FLUKER, KATHY	5100	00:38:36.91	07:12	5K60-69F	2/12	F	86/268	+00:17:38	00:36:27.52	Team VV-5K
200/485	SLUSARCHUK, LOUANNE	5304	00:38:37.98	07:13	5K30-39F	26/89	F	87/268	+00:17:39	00:37:41.15	
201/485	MCPHAIL, KAREN	5486	00:38:39.58	07:13	5K50-59F	10/30	F	88/268	+00:17:41	00:37:18.57	
202/485	CAMPBELL, LYNN	5485	00:38:39.84	07:13	5K50-59F	11/30	F	89/268	+00:17:41	00:37:18.89	
204/485	TURNER, LETITIA	5324	00:39:01.95	07:17	5K30-39F	27/89	F	90/268	+00:18:03	00:38:21.94	
203/485	TURNER, DUSTIN	5325	00:39:01.95	07:17	5K30-39M	16/34	M	114/217	+00:18:03	00:38:19.47	
205/485	ARKLEY, JORDAN	5020	00:39:04.10	07:18	5K20-29F	11/32	F	91/268	+00:18:06	00:38:40.85	
206/485	POSCHMANN, SOREN	5246	00:39:13.16	07:19	5K30-39M	17/34	M	115/217	+00:18:15	00:38:31.23	
207/485	FERREIRA, NANCY	5093	00:39:13.50	07:19	5K40-49F	29/68	F	92/268	+00:18:15	00:38:52.52	
208/485	TAYLOR JOUDREY, CATHY	5320	00:39:39.01	07:24	5K50-59F	12/30	F	93/268	+00:18:41	00:39:16.47	
209/485	MACKENZIE, JACLYN	5202	00:39:39.87	07:24	5K30-39F	28/89	F	94/268	+00:18:41	00:39:15.65	
210/485	GAMMIE, SARAH	5113	00:39:41.15	07:25	5K30-39F	29/89	F	95/268	+00:18:43	00:38:56.70	

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2017 Rock the House Run 5K, 10K

Overall Results

Result Placings based on GUN TIME

5K Run - 3.1 Miles

OA/PI	Name	Bib#	Time	Pace	Category	Cat/PI	Gend	Gen/PI	Offset	Chiptime	Team
211/485	HEFFERNAN, JASON	5132	00:39:41.67	07:25	5K30-39M	18/34	M	116/217	+00:18:43	00:38:58.18	
212/485	PEARCE, PAULA	5405	00:39:45.33	07:25	5K40-49F	30/68	F	96/268	+00:18:47	00:39:03.22	
213/485	PERSAUD, MICHELLE	5406	00:39:45.59	07:25	5K30-39F	30/89	F	97/268	+00:18:47	00:39:03.10	
214/485	LIVINGSTONE, BILL	5182	00:39:49.98	07:26	5K60-69M	5/12	M	117/217	+00:18:51	00:38:30.97	LOL-5K
215/485	LIVINGSTONE, SARAH	5183	00:39:50.05	07:26	5K30-39F	31/89	F	98/268	+00:18:52	00:38:33.36	LOL-5K
216/485	NORRIS, CASSIDY	5232	00:40:01.27	07:28	5K20-29F	12/32	F	99/268	+00:19:03	00:39:25.22	Would Rather Chase an Ice Truck-5K
217/485	ORR, SHACARRA	5475	00:40:01.66	07:28	5K20-29F	13/32	F	100/268	+00:19:03	00:39:25.61	Would Rather Chase an Ice Truck-5K
218/485	BYMOEN, CAYLIN	5057	00:40:01.99	07:28	5K20-29F	14/32	F	101/268	+00:19:03	00:39:25.92	Would Rather Chase an Ice Truck-5K
219/485	DIXON, OLIVIA	5080	00:40:11.00	07:30	5K30-39F	32/89	F	102/268	+00:19:13	00:39:59.62	
220/485	SHWED, ERIC	5300	00:40:16.94	07:31	5K20-29M	9/15	M	118/217	+00:19:18	00:40:10.87	Cult-5K
221/485	L'HEUREUX, JESSE	5173	00:40:42.18	07:36	5K40-49M	25/45	M	119/217	+00:19:44	00:39:30.29	LOL-5K
222/485	L'HEUREUX, JENNIFER	5172	00:40:42.75	07:36	5K30-39F	33/89	F	103/268	+00:19:44	00:39:29.45	LOL-5K
223/485	MCNEIL, SAM	5400	00:40:50.71	07:37	5K14&UM	51/89	M	120/217	+00:19:52	00:40:20.53	
224/485	BROOKER, RUSSELL	5054	00:41:00.36	07:39	5K14&UM	52/89	M	121/217	+00:20:02	00:40:59.52	PEEWEE NAVY-5K
225/485	KUMARI, ARPANA	5171	00:41:01.00	07:40	5K30-39F	34/89	F	104/268	+00:20:03	00:40:51.30	Team Newalta-5K
226/485	DELAY, BRYCE	5424	00:41:01.42	07:40	5K14&UM	53/89	M	122/217	+00:20:03	00:41:01.41	PEEWEE NAVY-5K
227/485	RUTHERFORD, ALEX	5265	00:41:01.86	07:40	5K14&UM	54/89	M	123/217	+00:20:03	00:40:22.44	Ruthergies-5K
228/485	RUTHERFORD, ERIN	5269	00:41:01.86	07:40	5K40-49F	31/68	F	105/268	+00:20:03	00:40:22.47	Ruthergies-5K
229/485	RUTHERFORD, ERIC	5268	00:41:02.18	07:40	5K14&UM	55/89	M	124/217	+00:20:04	00:40:22.71	Ruthergies-5K
230/485	RUTHERFORD, VICTOR	5274	00:41:03.56	07:40	5K40-49M	26/45	M	125/217	+00:20:05	00:40:22.56	Ruthergies-5K
231/485	BROOKER, SHANNON	5055	00:41:05.56	07:40	5K40-49F	32/68	F	106/268	+00:20:07	00:40:44.25	PEEWEE NAVY-5K
232/485	BRENNAN, LYNDISAY	5053	00:41:05.83	07:40	5K30-39F	35/89	F	107/268	+00:20:07	00:39:58.15	
233/485	OWCHAR, JAYNE	5237	00:41:07.05	07:41	5K20-29F	15/32	F	108/268	+00:20:09	00:41:07.05	PR Girls-5K
234/485	MCINTYRE, ERIN	5218	00:41:08.21	07:41	5K20-29F	16/32	F	109/268	+00:20:10	00:40:23.32	PR Girls-5K
235/485	SCHULTZ, MADISON	5288	00:41:12.45	07:42	5K14&UF	10/31	F	110/268	+00:20:14	00:40:52.34	
236/485	SCHULTZ, DEBBIE	5287	00:41:12.57	07:42	5K40-49F	33/68	F	111/268	+00:20:14	00:40:52.46	
237/485	VARGA, JORDAN	1162	00:41:13.62	07:42	5K30-39M	19/34	M	126/217	+00:20:15	00:39:18.62	
238/485	FRIAS, ADAM	5107	00:41:14.25	07:42	5K30-39M	20/34	M	127/217	+00:20:16	00:39:24.70	
239/485	MILLER, MARLA	1218	00:41:15.68	07:42	5K40-49F	34/68	F	112/268	+00:20:17	00:40:46.48	
240/485	FOX, DEB	5105	00:41:18.60	07:43	5K60-69F	3/12	F	113/268	+00:20:20	00:40:54.26	
241/485	DYCK, KEIRAN	5091	00:41:32.59	07:45	5K14&UM	56/89	M	128/217	+00:20:34	00:41:00.31	Pink Royalty-5K
242/485	DYCK, ALLI (ALEXANDRIA)	5090	00:41:33.83	07:45	5K30-39F	36/89	F	114/268	+00:20:35	00:41:02.34	Pink Royalty-5K
243/485	BIRD, TRUDY	5042	00:41:49.98	07:49	5K40-49F	35/68	F	115/268	+00:20:51	00:41:33.32	
244/485	MAY, STEPHANIE	5213	00:41:50.02	07:49	5K40-49F	36/68	F	116/268	+00:20:52	00:41:33.54	
245/485	FLETCHER, AUBREY	5098	00:41:53.61	07:49	5K40-49F	37/68	F	117/268	+00:20:55	00:41:17.14	

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2017 Rock the House Run 5K, 10K

Overall Results

Result Placings based on GUN TIME

5K Run - 3.1 Miles

OA/PI	Name	Bib#	Time	Pace	Category	Cat/PI	Gend	Gen/PI	Offset	Chiptime	Team
246/485	GILL, HARMEET	5460	00:41:57.17	07:50	5K40-49F	38/68	F	118/268	+00:20:59	00:41:50.15	BANTAM NAVY-5K
247/485	WOWCHUK, CHELSEY	5352	00:42:02.57	07:51	5K20-29F	17/32	F	119/268	+00:21:04	00:41:37.11	McKinnon-5K
248/485	VUK, SAIDA	5332	00:42:12.95	07:53	5K50-59F	13/30	F	120/268	+00:21:14	00:41:55.03	
249/485	AFOLAYAN, LEYE	5009	00:42:15.65	07:53	5K40-49M	27/45	M	129/217	+00:21:17	00:42:09.43	
250/485	DELAY, STEPHEN	5426	00:42:17.29	07:54	5K40-49M	28/45	M	130/217	+00:21:19	00:42:07.71	PEEWEE NAVY-5K
251/485	DELAY, LIAM	5425	00:42:17.49	07:54	5K14&UM	57/89	M	131/217	+00:21:19	00:42:17.11	PEEWEE NAVY-5K
252/485	GAJDOS, AMBER	5110	00:42:26.31	07:55	5K20-29F	18/32	F	121/268	+00:21:28	00:42:02.87	
253/485	FLUKER, MICHAEL	5101	00:42:29.62	07:56	5K30-39M	21/34	M	132/217	+00:21:31	00:39:26.66	Team VV-5K
254/485	GRANT, JENNIFER	5123	00:42:30.99	07:56	5K30-39F	37/89	F	122/268	+00:21:32	00:39:29.36	Team VV-5K
255/485	MCNEIL, RHONDA	5399	00:42:36.18	07:57	5K40-49F	39/68	F	123/268	+00:21:38	00:42:07.26	
256/485	DRAPER, REBECCA	5367	00:42:41.71	07:58	5K40-49F	40/68	F	124/268	+00:21:43	00:41:00.64	
257/485	TEJANI, ALEESHA	5450	00:42:41.79	07:58	5K14&UF	11/31	F	125/268	+00:21:43	00:40:57.76	Tejani Family-5K
258/485	DRAPER, EVANGELINE	5365	00:42:41.85	07:58	5K14&UF	12/31	F	126/268	+00:21:43	00:40:55.75	
259/485	CHENG, HILARY	5062	00:42:46.59	07:59	5K70+F	1/1	F	127/268	+00:21:48	00:42:06.51	
260/485	DIXON, ESTELLA	5360	00:42:54.09	08:01	5K14&UF	13/31	F	128/268	+00:21:56	00:42:21.42	dixon family-5K
261/485	DIXON, REMA	5362	00:42:55.24	08:01	5K30-39F	38/89	F	129/268	+00:21:57	00:42:22.49	dixon family-5K
262/485	TARNASKE, PAULINE	5380	00:42:59.72	08:02	5K40-49F	41/68	F	130/268	+00:22:01	00:40:36.32	Northmount Dental Care-5K
263/485	ROBINS, CHANTEL	5258	00:43:29.37	08:07	5K15-19F	4/5	F	131/268	+00:22:31	00:43:28.28	PEEWEE NAVY-5K
264/485	ROBINS, KELVIN	5259	00:43:34.33	08:08	5K14&UM	58/89	M	133/217	+00:22:36	00:43:33.43	PEEWEE NAVY-5K
265/485	RUTHERFORD, JAMES	5271	00:44:06.01	08:14	5K14&UM	59/89	M	134/217	+00:23:08	00:43:27.30	Ruthergies-5K
266/485	RUTHERFORD, NEIL	5273	00:44:06.07	08:14	5K60-69M	6/12	M	135/217	+00:23:08	00:43:27.16	Ruthergies-5K
267/485	JONES, SUSAN	5146	00:44:13.84	08:15	5K40-49F	42/68	F	132/268	+00:23:15	00:43:38.82	
268/485	JONES, RON	5144	00:44:16.00	08:16	5K70+M	3/3	M	136/217	+00:23:18	00:43:40.94	
269/485	LALLONE, SARAH	5175	00:44:20.55	08:17	5K30-39F	39/89	F	133/268	+00:23:22	00:42:48.66	
270/485	AFOLAYAN, DIEKO	5008	00:44:29.04	08:18	5K14&UF	14/31	F	134/268	+00:23:31	00:44:24.59	
271/485	AFOLAYAN, WUNMI	5010	00:44:37.65	08:20	5K30-39M	22/34	M	137/217	+00:23:39	00:44:33.00	
272/485	ADDISON, VAL	5007	00:44:51.54	08:23	5K60-69F	4/12	F	135/268	+00:23:53	00:44:00.53	
273/485	LOUIE, VICTOR	5480	00:44:56.25	08:23	5K30-39M	23/34	M	138/217	+00:23:58	00:44:10.55	
274/485	HAJAR, ZACHARY	5434	00:45:18.01	08:28	5K14&UM	60/89	M	139/217	+00:24:20	00:44:27.85	
275/485	PRICE, JOEL	5248	00:45:18.43	08:28	5K30-39M	24/34	M	140/217	+00:24:20	00:44:28.58	Little Feet, Big Hearts.-5K
276/485	HAJAR, OMAR	5433	00:45:20.03	08:28	5K40-49M	29/45	M	141/217	+00:24:22	00:44:29.80	
277/485	LOUIE, JUNE	5481	00:45:25.93	08:29	5K60-69F	5/12	F	136/268	+00:24:27	00:44:40.39	
278/485	WHEELER, MICHELE	5342	00:45:31.01	08:30	5K50-59F	14/30	F	137/268	+00:24:33	00:45:12.55	
279/485	WALLACE, SARAH	5338	00:45:31.07	08:30	5K20-29F	19/32	F	138/268	+00:24:33	00:44:58.78	Peanut Butter Eaters-5K
280/485	LIPPERT, FRANK	5494	00:46:01.05	08:36	5K40-49M	30/45	M	142/217	+00:25:03	00:45:30.86	

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2017 Rock the House Run 5K, 10K

Overall Results

Result Placings based on GUN TIME

5K Run - 3.1 Miles

OA/PI	Name	Bib#	Time	Pace	Category	Cat/PI	Gend	Gen/PI	Offset	Chiptime	Team
281/485	LIPPERT, EMMA	5493	00:46:01.15	08:36	5K14&UF	15/31	F	139/268	+00:25:03	00:45:30.76	
282/485	DRAPER, LEAH	5366	00:46:03.35	08:36	5K14&UF	16/31	F	140/268	+00:25:05	00:44:19.04	
283/485	DRAPER, SEAN	5368	00:46:04.07	08:36	5K40-49M	31/45	M	143/217	+00:25:06	00:44:25.22	
284/485	TEJANI, RAHIM	5453	00:46:04.33	08:36	5K40-49M	32/45	M	144/217	+00:25:06	00:44:22.16	Tejani Family-5K
285/485	MOUAWAD, PIERRE	5445	00:46:07.35	08:37	5K20-29M	10/15	M	145/217	+00:25:09	00:44:13.96	
286/485	BABKOV, ALEX	5417	00:46:07.52	08:37	5K30-39M	25/34	M	146/217	+00:25:09	00:44:13.84	
287/485	HESSE, ALEX	5133	00:46:13.41	08:38	5K14&UM	61/89	M	147/217	+00:25:15	00:45:42.46	
288/485	HESSE, ANNE-MARIE	5134	00:46:14.97	08:38	5K40-49F	43/68	F	141/268	+00:25:16	00:45:43.57	
289/485	BINNE, CAROLINE	5041	00:46:18.64	08:39	5K50-59F	15/30	F	142/268	+00:25:20	00:45:41.20	Rockin' McNuggets-5K
290/485	SWELUK, RUTH	5315	00:46:21.26	08:39	5K50-59F	16/30	F	143/268	+00:25:23	00:45:34.17	
291/485	KARDAL, MARKUS	5150	00:46:25.30	08:40	5K14&UM	62/89	M	148/217	+00:25:27	00:46:09.53	Cowboys Bantam Grey-5K
292/485	STAZ, ETHAN	1147	00:46:25.42	08:40	5K14&UM	63/89	M	149/217	+00:25:27	00:45:49.01	Cowboys Bantam Grey-5K
293/485	WARD, REBECCA	5339	00:46:27.60	08:40	5K30-39F	40/89	F	144/268	+00:25:29	00:45:47.89	
294/485	TEDD, TAMARA	5321	00:46:30.72	08:41	5K40-49F	44/68	F	145/268	+00:25:32	00:45:43.44	
295/485	GALINDO, BRYAN	1200	00:46:32.85	08:41	5K14&UM	64/89	M	150/217	+00:25:34	00:45:57.28	Cowboys Bantam Grey-5K
296/485	YOUNG, MITCHELL	5412	00:46:33.91	08:42	5K14&UM	65/89	M	151/217	+00:25:35	00:46:17.25	Cowboys Bantam Grey-5K
297/485	SHAW, HOLLY	5297	00:46:35.21	08:42	5K30-39F	41/89	F	146/268	+00:25:37	00:45:36.34	
298/485	MASON, CYNTHIA	5211	00:46:35.29	08:42	5K30-39F	42/89	F	147/268	+00:25:37	00:45:35.80	
299/485	HINSPIERGER, KEVIN	5438	00:46:43.49	08:43	5K14&UM	66/89	M	152/217	+00:25:45	00:46:26.14	Cowboys Bantam Grey-5K
300/485	GOVIER, ERIC	5121	00:46:49.96	08:45	5K14&UM	67/89	M	153/217	+00:25:51	00:46:37.68	BANTAM NAVY-5K
301/485	REED, DAWSON	5252	00:46:52.41	08:45	5K14&UM	68/89	M	154/217	+00:25:54	00:46:35.39	Cowboys Bantam Grey-5K
302/485	SCHAUS, CAMERON	5283	00:46:52.73	08:45	5K40-49M	33/45	M	155/217	+00:25:54	00:46:30.67	ZhongWaiHeZe-5K
303/485	SCHAUS, DANIKA	5284	00:46:52.93	08:45	5K14&UF	17/31	F	148/268	+00:25:54	00:46:29.81	ZhongWaiHeZe-5K
304/485	LAU, NICOLE	5179	00:46:53.25	08:45	5K30-39F	43/89	F	149/268	+00:25:55	00:46:47.11	Cult-5K
305/485	CHUMAK, CHRISTINA	5063	00:46:53.51	08:45	5K20-29F	20/32	F	150/268	+00:25:55	00:46:47.37	Cult-5K
306/485	TAYLOR, SARAH	5319	00:47:08.79	08:48	5K20-29F	21/32	F	151/268	+00:26:10	00:46:47.06	
307/485	MACLEOD, ADAM	5204	00:47:14.39	08:49	5K40-49M	34/45	M	156/217	+00:26:16	00:46:14.37	
308/485	COLTMAN, TAMARA	5065	00:47:15.22	08:49	5K30-39F	44/89	F	152/268	+00:26:17	00:46:24.43	
309/485	HANSON, JULIE	5129	00:47:15.42	08:49	5K30-39F	45/89	F	153/268	+00:26:17	00:46:24.99	
310/485	DAVIDSON, EMMA	5070	00:47:16.38	08:50	5K15-19F	5/5	F	154/268	+00:26:18	00:46:31.94	
311/485	BEAL, JEFF	5027	00:47:17.10	08:50	5K30-39M	26/34	M	157/217	+00:26:19	00:46:23.94	Awesome Possums-5K
312/485	BEAL, RACHEL	5029	00:47:17.16	08:50	5K14&UF	18/31	F	155/268	+00:26:19	00:46:22.69	Awesome Possums-5K
313/485	LLOYD, MALCOLM	5189	00:47:20.63	08:50	5K14&UM	69/89	M	158/217	+00:26:22	00:46:54.83	
314/485	LLOYD, FELICIA	5185	00:47:20.69	08:50	5K40-49F	45/68	F	156/268	+00:26:22	00:46:56.46	
315/485	SMITH, HILLARY	1142	00:47:35.10	08:53	5K30-39F	46/89	F	157/268	+00:26:37	00:47:28.46	

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OA/PI	Name	Bib#	Time	Pace	Category	Cat/PI	Gend	Gen/PI	Offset	Chiptime	Team
316/485	GEE, GILLIAN	5115	00:47:58.28	08:57	5K30-39F	47/89	F	158/268	+00:27:00	00:47:38.67	Canada Diagnostic Centre-5K
317/485	MALKINSON, BRAYDON	5397	00:48:38.75	09:05	5K20-29M	11/15	M	159/217	+00:27:40	00:44:15.94	
318/485	MANJAK-GILL, JENNIFER	5398	00:48:39.11	09:05	5K30-39F	48/89	F	159/268	+00:27:41	00:44:22.96	
319/485	DE KLERK, ANN	5075	00:48:50.62	09:07	5K60-69F	6/12	F	160/268	+00:27:52	00:47:48.18	
320/485	SHELLBORN, SHEILA	5395	00:48:51.41	09:07	5K30-39F	49/89	F	161/268	+00:27:53	00:47:49.00	
321/485	WILLS, JAMIE	5529	00:49:27.74	09:14	5K40-49M	35/45	M	160/217	+00:28:29	00:49:10.30	
322/485	ERICKSON, MELISSA	5528	00:49:28.30	09:14	5K30-39F	50/89	F	162/268	+00:28:30	00:49:10.51	
323/485	SAINI, DEEPAK	5276	00:49:53.31	09:19	5K40-49M	36/45	M	161/217	+00:28:55	00:48:53.16	
324/485	MAROIS, MELISSA	5209	00:50:08.90	09:22	5K20-29F	22/32	F	163/268	+00:29:10	00:49:01.81	Team Eden-5K
325/485	TANGJERD, BROOKE	5318	00:50:09.34	09:22	5K20-29F	23/32	F	164/268	+00:29:11	00:49:02.42	Team Eden-5K
326/485	PALBOM, JILL	5238	00:50:15.13	09:23	5K30-39F	51/89	F	165/268	+00:29:17	00:49:12.80	Canada Diagnostic Centre-5K
327/485	PALBOM, ROB	5239	00:50:15.64	09:23	5K30-39F	52/89	F	166/268	+00:29:17	00:49:09.96	Canada Diagnostic Centre-5K
328/485	LY, ANNIE	5199	00:50:26.03	09:25	5K20-29F	24/32	F	167/268	+00:29:28	00:49:45.08	Got the Runs!-5K
329/485	CHAULK, MANCHESTER	5060	00:50:27.50	09:25	5K14&UM	70/89	M	162/217	+00:29:29	00:50:05.20	
330/485	CHAULK, NIAMH	5061	00:50:27.70	09:25	5K14&UF	19/31	F	168/268	+00:29:29	00:50:03.36	
331/485	LUI, THOMAS	5198	00:50:34.05	09:27	5K30-39M	27/34	M	163/217	+00:29:36	00:49:53.10	Got the Runs!-5K
332/485	DE SOUZA, DANICA	5076	00:50:45.22	09:29	5K30-39F	53/89	F	169/268	+00:29:47	00:50:04.06	Got the Runs!-5K
333/485	DOLL, EMERSON	5081	00:51:14.26	09:34	5K14&UM	71/89	M	164/217	+00:30:16	00:50:25.29	Mosaic Miracle Makers (Mosaic PO
334/485	DOLL, MEGAN	5082	00:51:14.90	09:34	5K30-39F	54/89	F	170/268	+00:30:16	00:50:26.01	Mosaic Miracle Makers (Mosaic PO
335/485	JOSHUA-MORGAN, TRACY	5147	00:51:15.55	09:34	5K30-39F	55/89	F	171/268	+00:30:17	00:50:36.94	Loose Laces-5K
336/485	MORGAN, CAELYN	5225	00:51:15.63	09:34	5K14&UF	20/31	F	172/268	+00:30:17	00:50:37.31	Loose Laces-5K
337/485	OLYNUK, JERRY	5517	00:51:57.14	09:42	5K50-59M	7/13	M	165/217	+00:30:59	00:50:00.05	PEEWEE NAVY-5K
338/485	OLYNUK, DEBBIE	5516	00:51:57.34	09:42	5K40-49F	46/68	F	173/268	+00:30:59	00:49:59.59	PEEWEE NAVY-5K
339/485	DENG, IVY	5427	00:52:19.57	09:46	5K30-39F	56/89	F	174/268	+00:31:21	00:50:45.15	Cascades-5K
340/485	EGERTON, MATTHEW	5428	00:52:20.35	09:46	5K30-39M	28/34	M	166/217	+00:31:22	00:50:46.21	Cascades-5K
341/485	GIES, JENNIFER	5116	00:52:27.81	09:48	5K40-49F	47/68	F	175/268	+00:31:29	00:51:47.52	Ruthergies-5K
342/485	GIES, JULIA	5117	00:52:30.38	09:48	5K14&UF	21/31	F	176/268	+00:31:32	00:51:49.33	Ruthergies-5K
343/485	URSULAK, ABBY	5327	00:52:57.42	09:53	5K14&UF	22/31	F	177/268	+00:31:59	00:52:32.22	Mosaic Miracle Makers (Mosaic PO
344/485	URSULAK, TANIS	5328	00:52:59.97	09:54	5K40-49F	48/68	F	178/268	+00:32:01	00:52:35.54	Mosaic Miracle Makers (Mosaic PO
345/485	ZELINSKY, NATASHA	5355	00:53:29.60	09:59	5K40-49F	49/68	F	179/268	+00:32:31	00:53:07.42	
346/485	ZELINSKY, TONY	5522	00:53:30.17	10:00	5K40-49F	50/68	F	180/268	+00:32:32	00:53:07.29	
347/485	HOUSSE, JACK	5370	00:53:46.07	10:02	5K14&UM	72/89	M	167/217	+00:32:48	00:53:32.84	BANTAM NAVY-5K
348/485	MANOR, ETHAN	5443	00:53:48.44	10:03	5K14&UM	73/89	M	168/217	+00:32:50	00:53:35.74	BANTAM NAVY-5K
349/485	FEE, LIAM	5391	00:54:20.20	10:09	5K14&UM	74/89	M	169/217	+00:33:22	00:53:39.51	
350/485	FEE, BRYDIE	5390	00:54:20.42	10:09	5K30-39F	57/89	F	181/268	+00:33:22	00:53:40.42	

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Overall Results

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5K Run - 3.1 Miles

OA/PI	Name	Bib#	Time	Pace	Category	Cat/PI	Gend	Gen/PI	Offset	Chiptime	Team
351/485	MCMAHON, LIAM	5220	00:54:24.97	10:10	5K14&UM	75/89	M	170/217	+00:33:26	00:54:24.51	PEEWEE NAVY-5K
352/485	MCLAUGHLIN, RIKI	5219	00:54:25.87	10:10	5K15-19M	5/5	M	171/217	+00:33:27	00:54:09.51	Cowboys Bantam Grey-5K
353/485	RIVERA, RUBEN	5470	00:54:26.26	10:10	5K14&UM	76/89	M	172/217	+00:33:28	00:54:11.66	Cowboys Bantam Grey-5K
354/485	WIEHLER, DYLAN	5344	00:54:27.40	10:10	5K14&UM	77/89	M	173/217	+00:33:29	00:54:12.81	BANTAM NAVY-5K
355/485	YOUCK, LETA	5353	00:54:42.42	10:13	5K40-49F	51/68	F	182/268	+00:33:44	00:53:09.06	Cowboys Bantam Grey-5K
356/485	ADDISON, RYAN	5005	00:55:16.41	10:19	5K30-39M	29/34	M	174/217	+00:34:18	00:54:20.98	
357/485	MAH, DENISE	5205	00:55:18.82	10:20	5K30-39F	58/89	F	183/268	+00:34:20	00:54:26.14	
358/485	DOWNEY, BRENDAN	5083	00:56:29.21	10:33	5K20-29M	12/15	M	175/217	+00:35:31	00:54:57.70	BDP: Runners-at-Law-5K
359/485	FRANK, SHAWN	5106	00:56:31.84	10:33	5K20-29M	13/15	M	176/217	+00:35:33	00:55:00.33	BDP: Runners-at-Law-5K
360/485	SMITH, ANGIE	5306	00:57:30.55	10:44	5K40-49F	52/68	F	184/268	+00:36:32	00:56:55.06	
361/485	ROWAN, SOPHIA	5261	00:57:39.93	10:46	5K14&UF	23/31	F	185/268	+00:36:41	00:56:32.35	
362/485	STURM, JANICE	5313	00:57:40.50	10:46	5K60-69F	7/12	F	186/268	+00:36:42	00:56:32.56	
363/485	WILSON, LAURA	5346	00:57:41.46	10:46	5K30-39F	59/89	F	187/268	+00:36:43	00:56:21.91	Coca-Cola Refreshments-5K
364/485	WILSON, SPENCER	5347	00:57:44.12	10:47	5K30-39M	30/34	M	177/217	+00:36:46	00:56:25.71	Coca-Cola Refreshments-5K
365/485	HENHEFFER, BRANDI	5435	00:57:44.72	10:47	5K30-39F	60/89	F	188/268	+00:36:46	00:56:41.93	Jakey's Joggers-5K
366/485	HENHEFFER, REID	5436	00:57:44.92	10:47	5K14&UM	78/89	M	178/217	+00:36:46	00:56:42.14	Jakey's Joggers-5K
367/485	HENHEFFER, SARAH	5437	00:57:45.40	10:47	5K14&UF	24/31	F	189/268	+00:36:47	00:56:42.37	Jakey's Joggers-5K
368/485	GRIFFIN, AMY	5125	00:58:40.49	10:57	5K30-39F	61/89	F	190/268	+00:37:42	00:58:40.49	
369/485	BELAIR, JESSICA	5033	00:58:44.50	10:58	5K30-39F	62/89	F	191/268	+00:37:46	00:57:28.27	Coca-Cola Refreshments-5K
370/485	JONES, SAMANTHA	5145	00:58:44.75	10:58	5K30-39F	63/89	F	192/268	+00:37:46	00:57:27.68	Coca-Cola Refreshments-5K
371/485	DOYLE, BEVERLY	5085	00:58:46.41	10:59	5K40-49F	53/68	F	193/268	+00:37:48	00:57:52.74	Cowboys Bantam Grey-5K
372/485	YOUNG, ARIANE	5411	00:58:48.13	10:59	5K50-59F	17/30	F	194/268	+00:37:50	00:57:51.11	Cowboys Bantam Grey-5K
373/485	MCRAE, KAREN	5482	00:58:49.05	10:59	5K50-59F	18/30	F	195/268	+00:37:51	00:57:51.73	Cowboys Bantam Grey-5K
375/485	REED, TRACIE	5253	00:58:49.13	10:59	5K40-49F	54/68	F	196/268	+00:37:51	00:57:54.87	Cowboys Bantam Grey-5K
374/485	DOYLE, JOHN	5508	00:58:49.13	10:59	5K50-59M	8/13	M	179/217	+00:37:51	00:57:50.82	Cowboys Bantam Grey-5K
376/485	CAMPBELL, JOSHUA	5357	00:58:49.97	10:59	5K14&UM	79/89	M	180/217	+00:37:51	00:58:43.92	BANTAM NAVY-5K
377/485	LOUPELLE, TREY	5195	00:58:51.54	11:00	5K14&UM	80/89	M	181/217	+00:37:53	00:58:45.99	Cowboys Bantam Grey-5K
378/485	SEHGAL, ROHIN	5295	00:58:54.96	11:00	5K14&UM	81/89	M	182/217	+00:37:56	00:58:50.31	Cowboys Bantam Grey-5K
379/485	GRIFFIN, MYRNA	5126	00:59:20.98	11:05	5K60-69F	8/12	F	197/268	+00:38:22	00:58:59.65	
380/485	KRAHN, PHIL	5163	00:59:39.11	11:08	5K40-49M	37/45	M	183/217	+00:38:41	00:59:02.49	PEEWEE NAVY-5K
381/485	KRAHN, AIDAN	5162	00:59:39.40	11:08	5K14&UM	82/89	M	184/217	+00:38:41	00:59:02.46	PEEWEE NAVY-5K
382/485	KROEKER, BRENDEN	5166	00:59:46.80	11:10	5K40-49M	38/45	M	185/217	+00:38:48	00:58:28.22	Team Kroeker!-5K
383/485	KROEKER, NYKOL	5167	00:59:47.72	11:10	5K30-39F	64/89	F	198/268	+00:38:49	00:59:47.72	Team Kroeker!-5K
384/485	PAANANEN, LYNDA	5495	01:00:22.87	11:17	5K40-49F	55/68	F	199/268	+00:39:24	00:59:53.28	
385/485	LIPPERT, ANNA	5492	01:00:22.87	11:17	5K14&UF	25/31	F	200/268	+00:39:24	00:59:53.53	

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2017 Rock the House Run 5K, 10K

Overall Results

Result Placings based on GUN TIME

5K Run - 3.1 Miles

OA/PI	Name	Bib#	Time	Pace	Category	Cat/PI	Gend	Gen/PI	Offset	Chiptime	Team
386/485	LLOYD, JEANNETTE	5187	01:00:26.77	11:17	5K30-39F	65/89	F	201/268	+00:39:28	00:59:48.85	
387/485	DUVETTE, CODY	5089	01:00:28.59	11:18	5K14&UM	83/89	M	186/217	+00:39:30	00:59:50.38	
388/485	WIEHLER, ANDREA	5343	01:00:31.22	11:18	5K40-49F	56/68	F	202/268	+00:39:33	00:59:38.23	BANTAM NAVY-5K
389/485	HARRIS, HEATHER	5394	01:00:36.32	11:19	5K20-29F	25/32	F	203/268	+00:39:38	00:59:07.83	
390/485	OTOOLE, KASIA	5404	01:00:37.17	11:19	5K40-49F	57/68	F	204/268	+00:39:39	00:59:09.88	
391/485	ANTON, KARLEE	5383	01:00:37.29	11:19	5K20-29F	26/32	F	205/268	+00:39:39	00:59:09.72	
392/485	WIST, ALEX	5349	01:00:49.49	11:22	5K14&UF	26/31	F	206/268	+00:39:51	00:59:30.80	
393/485	DUCHSCHER, LINDSEY	5088	01:00:49.64	11:22	5K30-39F	66/89	F	207/268	+00:39:51	00:59:31.63	
394/485	WIST, AMY	5350	01:00:49.90	11:22	5K40-49F	58/68	F	208/268	+00:39:51	00:59:31.73	
395/485	MULLEN, BRENDA	5226	01:00:59.42	11:23	5K40-49F	59/68	F	209/268	+00:40:01	01:00:14.22	PEEWEE NAVY-5K
396/485	FOLLIS, MIKE	5102	01:01:00.09	11:24	5K50-59M	9/13	M	187/217	+00:40:02	01:00:13.68	PEEWEE NAVY-5K
397/485	MULLEN, DERMOT	5228	01:01:02.46	11:24	5K50-59M	10/13	M	188/217	+00:40:04	01:00:16.46	PEEWEE NAVY-5K
398/485	MILLER, PAIGE	5222	01:01:02.87	11:24	5K20-29F	27/32	F	210/268	+00:40:04	01:00:07.22	Awesome Possums-5K
399/485	BEAL, KARMAN	5028	01:01:03.32	11:24	5K30-39F	67/89	F	211/268	+00:40:05	01:00:07.57	Awesome Possums-5K
400/485	MULLEN, DECLAN	5227	01:01:03.57	11:24	5K14&UM	84/89	M	189/217	+00:40:05	01:00:17.87	PEEWEE NAVY-5K
401/485	COOPER, AL	5066	01:01:20.53	11:27	5K60-69M	7/12	M	190/217	+00:40:22	01:00:12.85	Cowboys Bantam Grey-5K
402/485	NADEAU, LAUNA MAI	5403	01:01:21.73	11:28	5K14&UF	27/31	F	212/268	+00:40:23	01:00:12.28	BANTAM NAVY-5K
403/485	NADEAU, JEAN	5402	01:01:22.45	11:28	5K40-49M	39/45	M	191/217	+00:40:24	01:00:14.50	BANTAM NAVY-5K
404/485	AMANTE, ASHLEY	5011	01:01:31.09	11:29	5K30-39F	68/89	F	213/268	+00:40:33	01:00:39.39	Mosaic Miracle Makers (Mosaic PC
405/485	POLITSKY, LUREE	5407	01:01:35.16	11:30	5K50-59F	19/30	F	214/268	+00:40:37	01:00:49.36	
406/485	POLITSKY, MEGAN	5244	01:01:39.24	11:31	5K20-29F	28/32	F	215/268	+00:40:41	01:00:54.79	
407/485	KRAMER, HEIDE	5165	01:01:53.05	11:34	5K50-59F	20/30	F	216/268	+00:40:55	01:00:27.66	Full Circle-5K
408/485	RANKIN, CHRISTINA	5250	01:01:53.39	11:34	5K30-39F	69/89	F	217/268	+00:40:55	01:00:28.08	Full Circle-5K
409/485	CLARK, JOYCE	5064	01:01:54.12	11:34	5K50-59F	21/30	F	218/268	+00:40:56	01:00:29.17	Full Circle-5K
410/485	KENNEDY, BRADLEY	5151	01:01:54.84	11:34	5K40-49M	40/45	M	192/217	+00:40:56	01:00:29.63	Full Circle-5K
411/485	HILL, ANGIE	5135	01:01:55.71	11:34	5K50-59F	22/30	F	219/268	+00:40:57	01:00:26.38	Full Circle-5K
412/485	ANTICKNAP, SHARI	5018	01:01:58.03	11:34	5K50-59F	23/30	F	220/268	+00:41:00	01:00:31.80	Full Circle-5K
413/485	HILL, RANDY	5507	01:01:58.53	11:34	5K60-69M	8/12	M	193/217	+00:41:00	01:00:32.24	
414/485	PARUNGO, KATELYN	5447	01:02:00.84	11:35	5K14&UF	28/31	F	221/268	+00:41:02	01:00:24.52	Cascades-5K
415/485	KENNEDY, ANDREA	5396	01:02:01.35	11:35	5K50-59F	24/30	F	222/268	+00:41:03	01:00:34.46	Full Circle-5K
416/485	WEI, SOPHIE	5340	01:02:40.43	11:42	5K40-49F	60/68	F	223/268	+00:41:42	01:02:16.67	ZhongWaiHeZe-5K
417/485	CUNNINGHAM, DARREN	5069	01:03:03.93	11:47	5K40-49M	41/45	M	194/217	+00:42:05	01:01:24.69	
418/485	SHEARER, LISA	5299	01:03:04.23	11:47	5K30-39F	70/89	F	224/268	+00:42:06	01:01:24.87	
419/485	GIES, LOGAN	5118	01:03:40.87	11:54	5K14&UM	85/89	M	195/217	+00:42:42	01:02:54.47	Ruthergies-5K
420/485	RUTHERFORD, DANA	5267	01:03:44.52	11:54	5K14&UF	29/31	F	225/268	+00:42:46	01:02:58.45	Ruthergies-5K

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2017 Rock the House Run 5K, 10K

Overall Results

Result Placings based on GUN TIME

5K Run - 3.1 Miles

OA/PI	Name	Bib#	Time	Pace	Category	Cat/PI	Gend	Gen/PI	Offset	Chiptime	Team
421/485	RUTHERFORD, GAYLE	5270	01:03:44.73	11:54	5K60-69F	9/12	F	226/268	+00:42:46	01:03:00.33	Ruthergies-5K
422/485	SAINI, ANDREA	5275	01:04:00.91	11:57	5K30-39F	71/89	F	227/268	+00:43:02	01:02:53.81	
423/485	ADAMS, DARREN	5002	01:04:12.06	12:00	5K20-29M	14/15	M	196/217	+00:43:14	01:02:16.62	Anything for Ashlyn-5K
424/485	ADAMS, BARB	5001	01:04:18.20	12:01	5K50-59F	25/30	F	228/268	+00:43:20	01:02:23.96	Anything for Ashlyn-5K
425/485	FRIESZ, JACKIE	5109	01:04:30.53	12:03	5K30-39F	72/89	F	229/268	+00:43:32	01:02:35.27	Anything for Ashlyn-5K
426/485	KLASSEN, RYLEE	5159	01:04:30.71	12:03	5K14&UF	30/31	F	230/268	+00:43:32	01:02:43.84	ITC Construction Group-5K
427/485	KLASSEN, JESS	5157	01:04:42.09	12:05	5K30-39F	73/89	F	231/268	+00:43:44	01:02:55.86	ITC Construction Group-5K
428/485	KLASSEN, CALLIE	5156	01:04:43.93	12:05	5K14&UF	31/31	F	232/268	+00:43:45	01:02:57.24	ITC Construction Group-5K
429/485	KLASSEN, MARK	5158	01:04:44.07	12:05	5K30-39M	31/34	M	197/217	+00:43:46	01:02:57.20	ITC Construction Group-5K
430/485	SAINI, DINESH	5277	01:04:53.65	12:07	5K60-69M	9/12	M	198/217	+00:43:55	01:03:57.24	
431/485	JANMOHAMED, NASHILA	5506	01:05:21.42	12:12	5K40-49F	61/68	F	233/268	+00:44:23	01:02:19.40	Northmount Dental Care-5K
432/485	SENGAUS, DUSTIN	5510	01:05:53.90	12:18	5K30-39M	32/34	M	199/217	+00:44:55	01:04:12.64	
433/485	HUFFMAN, RHONDA	5439	01:05:55.96	12:19	5K40-49F	62/68	F	234/268	+00:44:57	01:05:46.46	Cascades-5K
434/485	SENGAUS, ANDREA	5509	01:05:56.11	12:19	5K30-39F	74/89	F	235/268	+00:44:58	01:04:15.29	
435/485	CAMPBELL, HILARY	5515	01:05:58.45	12:19	5K20-29F	29/32	F	236/268	+00:45:00	01:05:25.22	Team e-5K
436/485	TETZLOFF, DENNIS	5454	01:06:00.38	12:20	5K60-69M	10/12	M	200/217	+00:45:02	01:05:50.87	Cascades-5K
437/485	RUTHERFORD, KEVIN	5272	01:06:14.16	12:22	5K50-59M	11/13	M	201/217	+00:45:16	01:06:09.77	
438/485	RUTHERFORD, BEVERLY	5266	01:06:14.84	12:22	5K40-49F	63/68	F	237/268	+00:45:16	01:06:09.01	
439/485	ANDERSEN, MIKKEL	5016	01:07:00.67	12:31	5K14&UM	86/89	M	202/217	+00:46:02	01:06:11.31	Friends are for Fun-5K
440/485	ANDERSEN, TANNIS	5017	01:07:01.91	12:31	5K40-49F	64/68	F	238/268	+00:46:03	01:06:13.55	Friends are for Fun-5K
441/485	COWIE, HEATHER	5067	01:07:27.52	12:36	5K30-39F	75/89	F	239/268	+00:46:29	01:06:41.81	
442/485	RAVEN, SHELLY	5496	01:07:52.63	12:41	5K20-29F	30/32	F	240/268	+00:46:54	01:06:18.43	Jakey's Joggers-5K
443/485	BECKER, BROOKE	5519	01:07:58.55	12:42	5K20-29F	31/32	F	241/268	+00:47:00	01:06:29.02	
444/485	KRUKOWSKI, LINCOLN	5169	01:07:58.61	12:42	5KM	1/1	M	203/217	+00:47:00	01:06:31.40	Jakey's Joggers-5K
445/485	KRUKOWSKI, BARB	5168	01:08:00.13	12:42	5K30-39F	76/89	F	242/268	+00:47:02	01:06:32.00	Jakey's Joggers-5K
446/485	BECKER, TINA	5520	01:08:00.17	12:42	5K60-69F	10/12	F	243/268	+00:47:02	01:06:25.75	
447/485	NORRIS, DEAN	5233	01:08:15.93	12:45	5K50-59M	12/13	M	204/217	+00:47:17	01:08:15.93	Team VV-5K
448/485	MCAHON, PATRICK	5457	01:08:16.91	12:45	5K14&UM	87/89	M	205/217	+00:47:18	01:07:52.79	PEEWEE NAVY-5K
449/485	LOATES, AMANDA	5191	01:08:17.16	12:45	5K30-39F	77/89	F	244/268	+00:47:19	01:07:51.88	PEEWEE NAVY-5K
450/485	WINTER, JENNIFER	5382	01:08:18.60	12:45	5K30-39F	78/89	F	245/268	+00:47:20	01:05:24.92	Team VV-5K
451/485	BATEMAN, SCOTT	5420	01:08:20.60	12:46	5K30-39M	33/34	M	206/217	+00:47:22	01:06:50.17	ITC Construction Group-5K
452/485	POCKAR, ROBIN	5377	01:08:20.94	12:46	5K50-59F	26/30	F	246/268	+00:47:22	01:07:25.61	Cowboys Bantam Grey-5K
453/485	RIVERA, JOHN	5469	01:08:21.64	12:46	5K40-49M	42/45	M	207/217	+00:47:23	01:07:23.50	Cowboys Bantam Grey-5K
454/485	RIVERA, HOLLIE	5468	01:08:23.21	12:46	5K40-49F	65/68	F	247/268	+00:47:25	01:06:50.41	Cowboys Bantam Grey-5K
455/485	BATEMAN, AMBER	5419	01:08:23.83	12:46	5K30-39F	79/89	F	248/268	+00:47:25	01:06:53.40	ITC Construction Group-5K

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2017 Rock the House Run 5K, 10K

Overall Results

Result Placings based on GUN TIME

5K Run - 3.1 Miles

OA/PI	Name	Bib#	Time	Pace	Category	Cat/PI	Gend	Gen/PI	Offset	Chiptime	Team
456/485	WOOD, CURTIS	5351	01:08:24.07	12:47	5K20-29M	15/15	M	208/217	+00:47:26	01:06:58.04	ITC Construction Group-5K
457/485	BEC, LINDSAY	5356	01:08:24.59	12:47	5K20-29F	32/32	F	249/268	+00:47:26	01:06:57.60	ITC Construction Group-5K
458/485	KARDAL, HEATHER	5523	01:08:25.37	12:47	5K40-49F	66/68	F	250/268	+00:47:27	01:07:30.21	Cowboys Bantam Grey-5K
459/485	ARSENEAULT, ERIN	5021	01:08:32.13	12:48	5K30-39F	80/89	F	251/268	+00:47:34	01:07:19.84	Bringing Up The Rear-5K
460/485	PARUNGO, LOGAN	5448	01:08:37.10	12:49	5K14&UM	88/89	M	209/217	+00:47:39	01:06:58.96	Cascades-5K
461/485	SAINI, MARIANNE	5278	01:08:40.51	12:50	5K60-69F	11/12	F	252/268	+00:47:42	01:07:43.18	
462/485	SARMIENTO PARUNGO, AILEEN	5449	01:08:40.98	12:50	5K40-49F	67/68	F	253/268	+00:47:42	01:07:03.32	Cascades-5K
463/485	ASHLEY, JENNIFER	5416	01:08:41.79	12:50	5K40-49F	68/68	F	254/268	+00:47:43	01:07:05.47	Cascades-5K
464/485	HAJAR, ISAAC	5432	01:08:49.13	12:51	5K14&UM	89/89	M	210/217	+00:47:51	01:07:37.72	
465/485	HAJAR, CINDY	5431	01:08:49.20	12:51	5K30-39F	81/89	F	255/268	+00:47:51	01:07:34.44	
466/485	PRICE, AMANDA	5247	01:08:54.73	12:52	5K30-39F	82/89	F	256/268	+00:47:56	01:07:41.74	Little Feet, Big Hearts.-5K
467/485	ARSENEAULT, KELLY	5022	01:08:56.73	12:53	5K40-49M	43/45	M	211/217	+00:47:58	01:07:43.06	Bringing Up The Rear-5K
468/485	MALLEN, JANE	5206	01:09:27.30	12:58	5K50-59F	27/30	F	257/268	+00:48:29	01:08:50.75	
469/485	WILLIAMS, JONATHAN	5471	01:11:27.64	13:21	5K60-69M	11/12	M	212/217	+00:50:29	01:10:07.09	Olive you from my head to my toes
470/485	MACKETT, RICH	5203	01:11:29.46	13:21	5K40-49M	44/45	M	213/217	+00:50:31	01:10:07.20	Olive you from my head to my toes
471/485	KARASCH, HEATHER	5149	01:11:30.18	13:21	5K30-39F	83/89	F	258/268	+00:50:32	01:10:06.12	Olive you from my head to my toes
472/485	LANE, ALEX	5177	01:11:30.77	13:21	5K30-39M	34/34	M	214/217	+00:50:32	01:10:07.98	Olive you from my head to my toes
473/485	LANE, KAREN	5178	01:11:32.17	13:22	5K30-39F	84/89	F	259/268	+00:50:34	01:10:09.11	Olive you from my head to my toes
474/485	PLAYA, KEITH	5484	01:11:47.30	13:25	5K60-69M	12/12	M	215/217	+00:50:49	01:10:26.75	
475/485	PLAYA, ANN	5504	01:12:03.97	13:28	5K60-69F	12/12	F	260/268	+00:51:05	01:10:41.18	
476/485	BABKOV, VALERIE	5418	01:12:51.57	13:37	5K30-39F	85/89	F	261/268	+00:51:53	01:10:57.73	
477/485	GEDDES, TRISTA	5430	01:12:51.71	13:37	5K30-39F	86/89	F	262/268	+00:51:53	01:10:59.12	
478/485	FRIAS, KENDRA	5108	01:12:51.90	13:37	5K30-39F	87/89	F	263/268	+00:51:53	01:10:56.06	
479/485	RICHERS, DANIEL	5257	01:13:18.56	13:42	5K50-59M	13/13	M	216/217	+00:52:20	01:11:49.91	ITC Construction Group-5K
480/485	PATTERSON, DEANNA	5240	01:14:30.34	13:55	5K50-59F	28/30	F	264/268	+00:53:32	01:12:47.07	Potter-5K
481/485	AMOS, SANDRA	5013	01:14:32.10	13:55	5K50-59F	29/30	F	265/268	+00:53:34	01:12:50.01	Potter-5K
482/485	RAJAN, MINAAZ	5513	01:18:11.19	14:36	5K50-59F	30/30	F	266/268	+00:57:13	01:15:46.72	Northmount Dental Care-5K
483/485	LO PINTO, SELINA	5190	01:18:12.33	14:37	5K30-39F	88/89	F	267/268	+00:57:14	01:15:48.08	Northmount Dental Care-5K
484/485	VERMA, SONYA	5514	01:18:12.44	14:37	5K30-39F	89/89	F	268/268	+00:57:14	01:15:48.83	Northmount Dental Care-5K
485/485	BAWA, RANJIT	5026	01:22:17.55	15:22	5K40-49M	45/45	M	217/217	+01:01:19	01:21:26.30	Renewed Balance Pacemakers-5K