

## Alpha Overall Results

## 10K Run - 6.21 Miles

## 127 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
61/127	AIT SADOUNE, AZIZ	1118	01:15:49.17	07:34	10K30-39M	12/12	M	31/40	01:15:40.41
18/127	ANDERSON, MICHAEL	1119	00:58:14.26	05:49	10K30-39M	4/12	M	9/40	00:58:06.59
87/127	ARSENIE, JENNIFER	1002	01:24:54.27	08:29	10K30-39F	24/34	F	51/87	01:24:44.23
94/127	BJORNSON, DEBBIE	1004	01:29:12.65	08:55	10K50-59F	8/17	F	56/87	01:29:01.80
14/127	BLUE, SHAYLA	1005	00:58:05.72	05:48	10K40-49F	2/23	F	8/87	00:58:03.57
98/127	BOGH, NATALIE	1006	01:29:37.93	08:57	10K40-49F	14/23	F	60/87	01:29:28.20
90/127	BOWEN, DEREK	1007	01:27:32.28	08:45	10K50-59M	8/9	M	37/40	01:27:21.68
75/127	BOWEN, JENNIFER	1008	01:20:39.01	08:03	10K30-39F	19/34	F	40/87	01:20:29.14
6/127	BROWN, DAVID	1011	00:56:14.79	05:37	10K20-29M	1/5	M	5/40	00:56:14.12
118/127	BROWN, HEATHER	1012	01:43:40.85	10:22	10K30-39F	33/34	F	79/87	01:43:28.10
76/127	BROWN, KAROLINA	1013	01:21:21.27	08:08	10K30-39F	20/34	F	41/87	01:21:13.79
20/127	BRUCE, BARRIE	1014	00:59:49.58	05:58	10K50-59M	2/9	M	11/40	00:59:48.03
47/127	BRUCKS, EDEN	1015	01:09:52.24	06:59	10K30-39F	7/34	F	20/87	01:09:48.10
54/127	BZOWY, ASHLY	1016	01:11:26.80	07:08	10K20-29F	6/11	F	26/87	01:11:18.62
86/127	CALLIHOO, TINA	1017	01:24:49.14	08:28	10K40-49F	11/23	F	50/87	01:24:41.24
110/127	CHAPMAN, JENNIFER	1020	01:33:47.02	09:22	10K30-39F	30/34	F	71/87	01:33:30.96
21/127	CHASE, ASHLEY	1150	01:00:34.94	06:03	10K20-29F	3/11	F	10/87	01:00:33.85
11/127	CHASE, RYAN	1151	00:56:57.97	05:41	10K20-29M	2/5	M	6/40	00:56:57.00
15/127	COATES, NEIL	1021	00:58:07.39	05:48	10K30-39M	2/12	M	7/40	00:58:01.47
67/127	COPPENS, PATRICK	1022	01:17:57.01	07:47	10K60-69M	2/3	M	33/40	01:17:45.50
101/127	COULOMBE, GERALDINE	1024	01:30:11.46	09:01	10K40-49F	15/23	F	63/87	01:30:05.53
46/127	CRAIG, TERRI-LEE	1026	01:09:25.03	06:56	10K30-39F	6/34	F	19/87	01:09:18.16
10/127	CRAIG, TONI	1121	00:56:57.59	05:41	10K40-49F	1/23	F	5/87	00:56:55.96
99/127	CRONK, JUNE	1027	01:29:38.07	08:57	10K50-59F	11/17	F	61/87	01:29:28.03
124/127	DUECK, JOANNE	1030	01:52:19.41	11:13	10K50-59F	17/17	F	84/87	01:52:15.27
1/127	DUNBAR, LANDON	1031	00:45:28.05	04:32	10K30-39M	1/12	M	1/40	00:45:28.03
49/127	DUNN, AMBER	1122	01:10:12.24	07:01	10K40-49F	8/23	F	22/87	01:10:10.55
48/127	EMES, LAVERNA	1032	01:10:06.22	07:00	10K50-59F	2/17	F	21/87	01:10:04.53
95/127	FOREST, TARA	1035	01:29:30.75	08:57	10K40-49F	13/23	F	57/87	01:29:24.14
36/127	FRIESEN, MARGARET	1036	01:06:07.00	06:36	10K50-59F	1/17	F	15/87	01:06:05.91
51/127	FULMEK, BRETT	1037	01:10:48.68	07:04	10K30-39F	9/34	F	24/87	01:10:45.22
72/127	GALLENZA, BRUCE	1038	01:20:14.97	08:01	10K60-69M	3/3	M	34/40	01:20:08.36
9/127	GALLIVAN, SIOBHAN	1123	00:56:47.69	05:40	10K20-29F	2/11	F	4/87	00:56:40.47
111/127	GIBBS, ASHLEE	1040	01:36:01.51	09:36	10K30-39F	31/34	F	72/87	01:35:45.11
85/127	GILLIATT, DEREK	1124	01:24:04.16	08:24	10K40-49M	9/9	M	36/40	01:24:01.13
108/127	GOEBEL, DAYLENE	1041	01:32:38.76	09:15	10K40-49F	16/23	F	69/87	01:32:35.26
30/127	GOLDEN, ALEANA	1042	01:03:52.29	06:23	10K40-49F	5/23	F	12/87	01:03:45.99
4/127	GOLDEN, MAXWELL	1144	00:54:50.35	05:29	10K15&UM	1/1	M	4/40	00:54:44.82
38/127	GRIER, ERIN	1044	01:06:18.00	06:37	10K40-49F	6/23	F	16/87	01:06:15.99
17/127	GUMMESEN, JULIE	1045	00:58:11.74	05:49	10K40-49F	3/23	F	9/87	00:58:11.35
22/127	HALONEN, BRENDEN	1149	01:00:36.47	06:03	10K20-29M	3/5	M	12/40	01:00:23.73
104/127	HART, EMILY	1048	01:30:34.37	09:03	10K30-39F	27/34	F	66/87	01:30:26.09
77/127	HAYSEY, KRISTY	1049	01:21:31.65	08:09	10K20-29F	9/11	F	42/87	01:21:23.02
63/127	HESSLER, DANIELLE	1152	01:16:07.44	07:36	10K30-39F	14/34	F	31/87	01:16:00.30
65/127	HILDEBRANDT, JACKIE	1050	01:16:28.02	07:38	10K30-39F	16/34	F	33/87	01:16:25.49
71/127	HOGG, VICTORIA	1153	01:19:11.60	07:55	10K20-29F	8/11	F	38/87	01:19:09.02
126/127	HOUSWORTH, COREEN	1125	01:56:48.24	11:40	10K40-49F	23/23	F	86/87	01:56:44.66
102/127	HULL, PAT	5041	01:30:22.36	09:02	10K50-59F	13/17	F	64/87	01:30:12.09
74/127	HUNTER, CHRISTINA	1154	01:20:38.19	08:03	10K40-49F	9/23	F	39/87	01:20:28.95
100/127	JAMES, CATHERIN	1052	01:30:11.45	09:01	10K50-59F	12/17	F	62/87	01:30:04.91
59/127	JOHNSON, BILL	1126	01:15:16.77	07:31	10K50-59M	6/9	M	30/40	01:15:08.66
120/127	JONES, TESSA	1127	01:44:09.57	10:24	10K50-59F	16/17	F	81/87	01:43:59.13
82/127	JONKER, LEAH	1160	01:22:50.82	08:17	10K30-39F	23/34	F	47/87	01:22:36.86
8/127	KAEMPF, AMY	1054	00:56:30.91	05:39	10K30-39F	2/34	F	3/87	00:56:30.52
45/127	KESSLER, JASON	1155	01:09:10.96	06:55	10K40-49M	7/9	M	27/40	01:09:05.04
81/127	KING, NADINE	1055	01:22:50.22	08:17	10K30-39F	22/34	F	46/87	01:22:40.87
92/127	KINSHELLA, CARSON	1162	01:27:50.36	08:47	10K16-19M	1/1	M	38/40	01:27:44.41
93/127	KINSHELLA, KAREN	1163	01:27:50.44	08:47	10K50-59F	7/17	F	55/87	01:27:43.84
89/127	LAGRECA, CASSANDRA	1128	01:26:02.19	08:36	10K30-39F	25/34	F	53/87	01:25:54.01
50/127	LANDIS, LISA	1057	01:10:15.44	07:01	10K30-39F	8/34	F	23/87	01:10:10.50
40/127	LANGLOIS, CHARITY	1156	01:07:50.59	06:47	10K40-49F	7/23	F	18/87	01:07:48.65
28/127	LAUZON, LISA	1058	01:02:51.64	06:17	10K40-49F	4/23	F	11/87	01:02:49.29
68/127	LAZINCHUK, KRISTY	1059	01:18:22.13	07:50	10K30-39F	18/34	F	35/87	01:18:17.37
52/127	LAZINCHUK, MIKE	1060	01:10:58.42	07:05	10K30-39M	10/12	M	28/40	01:10:54.22
55/127	LOFSTROM, MELISSA	1061	01:12:04.24	07:12	10K30-39F	11/34	F	27/87	01:11:56.76
88/127	LONGTIN, CHRISTINE	1129	01:26:01.73	08:36	10K40-49F	12/23	F	52/87	01:25:54.13

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## 127 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
80/127	MACGILLIVRAY-PELLEY, JOANNA	1157	01:22:42.59	08:16	10K30-39F	21/34	F	45/87	01:22:40.24
23/127	MAGRUM, WARREN	1130	01:01:36.83	06:09	10K60-69M	1/3	M	13/40	01:01:31.35
83/127	MARTIN, DENISE	1063	01:23:47.21	08:22	10K50-59F	5/17	F	48/87	01:23:35.80
97/127	MAYNE, NATALIE	1065	01:29:33.87	08:57	10K50-59F	10/17	F	59/87	01:29:29.27
24/127	MEISE, DAVE	1067	01:01:53.12	06:11	10K40-49M	2/9	M	14/40	01:01:48.36
25/127	METITUK, DEVIN	1068	01:02:15.66	06:13	10K30-39M	6/12	M	15/40	01:02:12.29
60/127	MILLS, ADRIANE	1131	01:15:49.14	07:34	10K30-39F	13/34	F	30/87	01:15:39.88
39/127	MINNI, ASHLEY	1069	01:06:23.93	06:38	10K20-29F	5/11	F	17/87	01:06:23.72
56/127	MITTELSTAEDT, SHARON	1070	01:14:19.40	07:25	10K30-39F	12/34	F	28/87	01:14:10.34
57/127	MITTELSTAEDT, SHAUN	1071	01:14:19.46	07:25	10K30-39M	11/12	M	29/40	01:14:08.86
84/127	MOFFATT, LOIS	1072	01:23:51.59	08:23	10K50-59F	6/17	F	49/87	01:23:48.67
109/127	MOON, MARGARET	1073	01:32:38.80	09:15	10K60-69F	1/1	F	70/87	01:32:28.76
37/127	MOON, TERRY	1074	01:06:07.07	06:36	10K50-59M	3/9	M	22/40	01:06:05.53
41/127	MURRIN, CHRIS	1077	01:08:04.50	06:48	10K30-39M	8/12	M	23/40	01:07:55.74
62/127	MYER, ROB	1078	01:15:56.54	07:35	10K40-49M	8/9	M	32/40	01:15:51.94
19/127	NAYLOR, LONNIE	1133	00:58:24.17	05:50	10K30-39M	5/12	M	10/40	00:58:18.79
122/127	NOBBS, JORDAN	1079	01:51:41.06	11:10	10K20-29F	11/11	F	82/87	01:51:30.40
64/127	NORDHAGEN, CORRIE	1080	01:16:17.85	07:37	10K30-39F	15/34	F	32/87	01:16:13.29
2/127	OOSTRA, PAUL	1159	00:46:15.55	04:37	10K50-59M	1/9	M	2/40	00:46:15.03
42/127	PETRY, ADAM	1081	01:08:09.32	06:48	10K30-39M	9/12	M	24/40	01:08:01.46
13/127	PICARD, JESSICA	1134	00:57:45.08	05:46	10K30-39F	4/34	F	7/87	00:57:40.95
27/127	PROBST, RANDY	5070	01:02:23.09	06:14	10K40-49M	4/9	M	17/40	01:02:22.70
79/127	RATZLAFF, DEANNA	1161	01:21:55.47	08:11	10K40-49F	10/23	F	44/87	01:21:52.42
78/127	RATZLAFF, MARLEE	1158	01:21:53.19	08:11	10K20-29F	10/11	F	43/87	01:21:50.15
127/127	REDDEN, KRYSTAL	1083	01:59:29.58	11:56	10K30-39F	34/34	F	87/87	01:59:24.39
116/127	REDDING, ANGELA	1120	01:42:28.19	10:14	10K40-49F	19/23	F	77/87	01:42:15.78
117/127	REDDING, KAYDENCE	1136	01:42:28.39	10:14	10K16-19F	1/1	F	78/87	01:42:15.59
3/127	REDDING, PAX	1137	00:52:21.65	05:14	10K40-49M	1/9	M	3/40	00:52:20.60
35/127	ROWLAND, BEKKI	1084	01:06:01.81	06:36	10K20-29F	4/11	F	14/87	01:05:54.29
69/127	RUDE, KATLIN	1085	01:18:27.43	07:50	10K20-29F	7/11	F	36/87	01:18:21.69
121/127	RUSSELL, LAWSON	1086	01:51:40.88	11:10	10K20-29M	5/5	M	40/40	01:51:29.30
33/127	SARAFIN, JUSTIN	1087	01:05:24.03	06:32	10K20-29M	4/5	M	20/40	01:05:15.40
43/127	SAWERS, BYRON	1138	01:08:36.52	06:51	10K50-59M	4/9	M	25/40	01:08:33.65
7/127	SAXON, KATHLEEN	1088	00:56:17.57	05:37	10K20-29F	1/11	F	2/87	00:56:15.94
70/127	SEABROOK, DENISE	1090	01:18:39.70	07:51	10K50-59F	4/17	F	37/87	01:18:36.96
5/127	SEITZ, ANNETTE	1091	00:55:08.65	05:30	10K30-39F	1/34	F	1/87	00:55:07.11
34/127	SMITH, JASON	1093	01:05:54.75	06:35	10K30-39M	7/12	M	21/40	01:05:54.05
103/127	SMITH, MARLENE	1094	01:30:22.63	09:02	10K50-59F	14/17	F	65/87	01:30:11.77
12/127	SMITH, NAOMI	1095	00:57:00.57	05:42	10K30-39F	3/34	F	6/87	00:56:59.52
29/127	SORGEN, DERRY	1097	01:03:39.25	06:21	10K40-49M	5/9	M	18/40	01:03:36.50
113/127	STANG, STACY	1098	01:40:29.67	10:02	10K40-49F	17/23	F	74/87	01:40:18.83
119/127	STEVENSON, TANYA	1099	01:43:41.22	10:22	10K40-49F	20/23	F	80/87	01:43:28.04
32/127	STOCKLEY, GUY	1100	01:04:37.37	06:27	10K40-49M	6/9	M	19/40	01:04:29.58
115/127	SULLIVAN, SHARLA	1102	01:42:17.11	10:13	10K40-49F	18/23	F	76/87	01:42:07.18
26/127	TANSEM, KRIS	1104	01:02:18.75	06:13	10K40-49M	3/9	M	16/40	01:02:16.82
91/127	TAPPEN, DANIELLE	1146	01:27:48.30	08:46	10K30-39F	26/34	F	54/87	01:27:42.65
105/127	TAYLOR, TONY	1147	01:31:01.66	09:06	10K50-59M	9/9	M	39/40	01:30:55.52
31/127	TEASDALE, CHRISTY	1139	01:04:36.34	06:27	10K30-39F	5/34	F	13/87	01:04:36.01
112/127	THIESSEN, LORI	1106	01:38:42.73	09:52	10K50-59F	15/17	F	73/87	01:38:56.92
106/127	TOEWS, BETH	1107	01:31:13.29	09:07	10K30-39F	28/34	F	67/87	01:31:04.34
58/127	TOEWS, OLIVE	1108	01:15:16.66	07:31	10K50-59F	3/17	F	29/87	01:15:11.32
125/127	TVERDOCHLIB, RICKI	1140	01:56:46.43	11:40	10K40-49F	22/23	F	85/87	01:56:42.59
66/127	URION, LISA	1110	01:16:55.17	07:41	10K30-39F	17/34	F	34/87	01:16:50.90
114/127	VIG, WENDY	1111	01:40:30.51	10:03	10K30-39F	32/34	F	75/87	01:40:18.75
123/127	VINCE, KARRILYN	1112	01:52:18.89	11:13	10K40-49F	21/23	F	83/87	01:52:12.59
44/127	WARNER, TOM	1141	01:09:01.92	06:54	10K50-59M	5/9	M	26/40	01:08:49.95
96/127	WESTAD, DAWN MARIE	1114	01:29:33.87	08:57	10K50-59F	9/17	F	58/87	01:29:29.07
73/127	WESTAD, MIKE	1115	01:20:16.31	08:01	10K50-59M	7/9	M	35/40	01:20:11.43
16/127	WINIA, NELSON	1116	00:58:09.98	05:49	10K30-39M	3/12	M	8/40	00:58:04.79
53/127	WOLFE, ANDREA	1117	01:11:12.84	07:07	10K30-39F	10/34	F	25/87	01:11:05.63
107/127	ZACHARIAS, LISA	1143	01:31:33.35	09:09	10K30-39F	29/34	F	68/87	01:31:20.78