OA/Pl = Overall Placing
Cat/Pl = Category Placing
Gen/Pl = Overall Gender Placing

Roots and Ruts Run 10K/5K/3K Sept. 21/2018
Category Award Results
TOP 3 In Category

5K Run - 3.1 Miles
99 Finishers

5KR07&UM (Male) - 1 Competitors

Cat/Pl	Name	Bib #	Time	Pace	Offset	OA/Pl	Gen/Pl	City
1/1	CLARKSON, EMMETT	5019	00:47:21.54	09:28	+00:00:00	77/99	22/24	GRANDE PRAIRIE

5KR08-11F (Female) - 5 Competitors

Cat/Pl	Name	Bib #	Time	Pace	Offset	OA/Pl	Gen/Pl	City
1/5	SHORT, EMILY	5079	00:41:43.17	08:20	+00:00:00	46/99	29/75	GRANDE PRAIRIE
2/5	LUKEN, KATE	5133	00:41:59.81	08:23	+00:00:16	50/99	33/75	FAIRVIEW
3/5	NORDHAGEN, EMERSYN	5136	00:45:28.53	09:05	+00:03:45	71/99	50/75	HYTHE

5KR08-11M (Male) - 2 Competitors

Cat/Pl	Name	Bib #	Time	Pace	Offset	OA/Pl	Gen/Pl	City
1/2	CLARKSON, EVERETT	5020	00:31:50.18	06:22	+00:00:00	9/99	7/24	GRANDE PRAIRIE
2/2	LORENCZ, LUCAS	5049	00:38:39.01	07:43	+00:06:48	34/99	15/24	SEXSMITH

5KR12-15F (Female) - 4 Competitors

Cat/Pl	Name	Bib #	Time	Pace	Offset	OA/Pl	Gen/Pl	City
1/4	SHORT, NATALIE	5080	00:36:57.39	07:23	+00:00:00	22/99	9/75	GRANDE PRAIRIE
2/4	BACHMAN, HELENA	5094	00:39:36.33	07:55	+00:02:38	36/99	21/75	GRANDE PRAIRIE
3/4	TROWBRIDGE, TRINITY	5088	00:42:56.33	08:35	+00:05:58	56/99	37/75	BLUESKY

5KR12-15M (Male) - 3 Competitors

Cat/Pl	Name	Bib #	Time	Pace	Offset	OA/Pl	Gen/Pl	City
1/3	NOEL, KYRAN	5135	00:25:31.88	05:06	+00:00:00	2/99	2/24	COUNTY OF GP N
2/3	HAHN, OLIVER	5106	00:27:19.03	05:27	+00:01:47	3/99	3/24	COUNTY OF GP N
3/3	STANG, TYLAN	5083	00:29:04.61	05:48	+00:03:32	5/99	5/24	GRANDE PRAIRIE

5KR16-19F (Female) - 1 Competitors

Cat/Pl	Name	Bib #	Time	Pace	Offset	OA/Pl	Gen/Pl	City
1/1	COULOMBE, MARIE EVE	1025	01:13:02.38	14:36	+00:00:00	99/99	75/75	COUNTY OF GRAN

5KR16-19M (Male) - 1 Competitors

Cat/Pl	Name	Bib #	Time	Pace	Offset	OA/Pl	Gen/Pl	City
1/1	GOLDEN, DONALD	5035	00:27:48.59	05:33	+00:00:00	4/99	4/24	GRANDE PRAIRIE

5KR20-29F (Female) - 12 Competitors

Cat/Pl	Name	Bib #	Time	Pace	Offset	OA/Pl	Gen/Pl	City
1/12	HANNA, STACY	1047	00:32:50.65	06:34	+00:00:00	10/99	3/75	GRANDE PRAIRIE
2/12	CALLAHAN, MELISSA	5127	00:35:29.17	07:05	+00:02:38	15/99	6/75	GRANDE PRAIRIE
3/12	NIELSEN, KYLIE	5062	00:35:59.54	07:11	+00:03:08	18/99	7/75	GRANDE PRAIRIE

5KR20-29M (Male) - 3 Competitors

Cat/Pl	Name	Bib #	Time	Pace	Offset	OA/Pl	Gen/Pl	City
1/3	MOORE, GREGORY	5115	00:33:32.15	06:42	+00:00:00	11/99	8/24	SHERWOOD PARK
2/3	FINK, AUSTIN	5103	00:35:58.76	07:11	+00:02:26	17/99	11/24	SEXSMITH
3/3	BURKE, ADAM	5015	00:36:20.59	07:16	+00:02:48	19/99	12/24	GRANDE PRAIRIE

5KR30-39F (Female) - 23 Competitors

Cat/Pl	Name	Bib #	Time	Pace	Offset	OA/Pl	Gen/Pl	City
1/23	TASKER, CAITLIN	5123	00:31:48.96	06:21	+00:00:00	8/99	2/75	GRANDE PRAIRIE
2/23	BRATLAND, LISA	5012	00:34:26.41	06:53	+00:02:37	13/99	4/75	HYTHE
3/23	JOHNSTON, JENNIFER	5043	00:37:29.79	07:29	+00:05:40	25/99	12/75	GRANDE PRAIRIE

5KR30-39M (Male) - 7 Competitors

Cat/Pl	Name	Bib #	Time	Pace	Offset	OA/Pl	Gen/Pl	City
1/7	YOUNG, DAVIN	5142	00:31:14.55	06:14	+00:00:00	6/99	6/24	GRANDE PRAIRIE
2/7	UBELL, WILLIAM	5141	00:35:35.73	07:07	+00:04:21	16/99	10/24	BEAVER LODGE
3/7	MOORE, MATTHEW	5116	00:36:25.45	07:17	+00:05:10	20/99	13/24	GRANDE PRAIRIE

5KR40-49F (Female) - 14 Competitors

Cat/Pl	Name	Bib #	Time	Pace	Offset	OA/Pl	Gen/Pl	City
1/14	BENNETT, TARA	5010	00:31:33.07	06:18	+00:00:00	7/99	1/75	GRANDE PRAIRIE
2/14	VISSER, CASSIE	5090	00:34:44.69	06:56	+00:03:11	14/99	5/75	BEAVERLODGE
3/14	POLARD, BRENDA	5068	00:38:04.35	07:36	+00:06:31	28/99	14/75	SUNSET HOUSE

5KR40-49M (Male) - 3 Competitors

Cat/Pl	Name	Bib #	Time	Pace	Offset	OA/Pl	Gen/Pl	City
1/3	GOOSNEY, SCOTT	5128	00:21:47.13	04:21	+00:00:00	1/99	1/24	GRANDE PRAIRIE
2/3	MORRIS, RALPH	5060	00:40:30.15	08:06	+00:18:43	40/99	17/24	GRANDE PRAIRIE
3/3	LUSH, ROY	5050	00:45:14.20	09:02	+00:23:27	69/99	21/24	GRANDE PRAIRIE

Roots and Ruts Run 10K/5K/3K Sept. 21/2018
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99 Finishers

5KR50-59F (Female) - 14 Competitors

Cat/Pl	Name	Bib #	Time	Pace	Offset	OA/Pl	Gen/Pl	City
1/14	FORBES SHEPHERD, GLORIA	5146	00:36:51.91	07:22	+00:00:00	21/99	8/75	GRANDE PRAIRIE
2/14	REID, GWYNNE	5120	00:37:27.89	07:29	+00:00:35	24/99	11/75	GRANDE PRAIRIE
3/14	SODERQUIST, CINDY	1096	00:41:15.39	08:15	+00:04:23	43/99	26/75	VALLEYVIEW

5KR50-59M (Male) - 2 Competitors

Cat/Pl	Name	Bib #	Time	Pace	Offset	OA/Pl	Gen/Pl	City
1/2	MCMULLAN, BILL	5114	00:40:27.29	08:05	+00:00:00	39/99	16/24	GRANDE PRAIRIE
2/2	JONES, ROBERT	5045	00:44:32.48	08:54	+00:04:05	63/99	20/24	DAWSON CREEK

5KR60-69F (Female) - 2 Competitors

Cat/Pl	Name	Bib #	Time	Pace	Offset	OA/Pl	Gen/Pl	City
1/2	BARBER, BONNIE	5125	00:43:31.19	08:42	+00:00:00	58/99	39/75	GRANDE PRAIRIE
2/2	CURTIS, BRENDA	5022	00:46:19.15	09:15	+00:02:47	75/99	54/75	GRANDE PRAIRIE

5KR60-69M (Male) - 1 Competitors

Cat/Pl	Name	Bib #	Time	Pace	Offset	OA/Pl	Gen/Pl	City
1/1	BROWN, TIMOTHY	5014	00:34:25.11	06:53	+00:00:00	12/99	9/24	GRANDE PRAIRIE

5KR70+M (Male) - 1 Competitors

Cat/Pl	Name	Bib #	Time	Pace	Offset	OA/Pl	Gen/Pl	City
1/1	GIRVAN, DAVID	5034	00:50:22.66	10:04	+00:00:00	90/99	24/24	GRANDE PRAIRIE