

2025 Sole Survivor Trail Race - July 19/2025

Alpha Overall Results

10K Run - 6.21 Miles

49 Finishers

O/A	Name	Bib#	Time	Pace/K	Category	Cat/PI	Gender	Gen/PI	City
29/49	ALCALA, TONYA	1106	1:17:45.915	07:46	10K30-39F	6/10	F	12/25	TABER
48/49	ARIK, KATELYN	1107	1:43:07.186	10:18	10K19-29F	6/6	F	24/25	CALGARY
3/49	BOOTSMAN, MATT	1108	50:28.788	05:02	10K30-39M	1/5	M	3/24	LETHBRIDGE
21/49	BUEHNER, REBECCA	1155	1:09:44.510	06:58	10K19-29F	1/6	F	6/25	LUNDBRECK
9/49	BURLEIGH, ADAM	1109	57:48.732	05:46	10K40-49M	4/6	M	8/24	LETHBRIDGE
2/49	CASPER, ROB	1110	47:32.868	04:45	10K40-49M	1/6	M	2/24	COALDALE
16/49	CROWDER, NICOLE	1111	1:04:23.043	06:26	10K30-39F	2/10	F	2/25	LETHBRIDGE
35/49	DE LEEUW, BECKY	1112	1:23:25.193	08:20	10K19-29F	4/6	F	16/25	PICTURE BUTTE
15/49	FOLKARD, COHEN	1113	1:03:17.512	06:19	10K13-18M	2/3	M	14/24	BLAIRMORE
46/49	GEERAERT, ARLENE	1114	1:38:34.377	09:51	10K50-59F	5/6	F	22/25	TABER
31/49	GREENE, RUTH	1115	1:20:18.867	08:01	10K30-39F	7/10	F	13/25	LETHBRIDGE
30/49	HAMILTON, ELIJAH	1118	1:19:55.570	07:59	10K13-18M	3/3	M	18/24	BLAIRMORE
40/49	HAMILTON, JODA	1119	1:32:49.472	09:16	10K50-59M	3/4	M	23/24	BLAIRMORE
39/49	HAMILTON, MATTHIAS	1120	1:32:43.426	09:16	10K12&UM	2/2	M	22/24	BLAIRMORE
33/49	HAWTHORN, EVERETT	1150	1:21:13.687	08:07	10K12&UM	1/2	M	19/24	COWLEY
13/49	HAWTHORN, KIRK	1151	1:00:58.176	06:05	10K30-39M	4/5	M	12/24	COWLEY
37/49	HAWTHORN, SARA	1152	1:28:00.407	08:48	10K30-39F	8/10	F	17/25	COWLEY
10/49	KADIJK, MARK	1121	59:16.153	05:55	10K50-59M	1/4	M	9/24	LETHBRIDGE
4/49	KNOPFF, KYLE	1122	50:46.907	05:04	10K40-49M	2/6	M	4/24	CALGARY
32/49	LEE, MANDY	1124	1:20:40.898	08:04	10K40-49F	3/3	F	14/25	SPARWOOD
34/49	LYNCH-STAUTON, LAUREN	1125	1:23:09.632	08:18	10K50-59F	2/6	F	15/25	LUNDBRECK
26/49	LYNCH-STAUTON, SOPHIE	1126	1:14:43.198	07:28	10K19-29F	2/6	F	10/25	LUNDBRECK
8/49	MANGONE, MELISSA	1127	55:39.028	05:33	10K30-39F	1/10	F	1/25	BLAIRMORE
11/49	MARCINKOWSKI, GAVIN	1128	59:35.723	05:57	10K30-39M	3/5	M	10/24	LETHBRIDGE
44/49	MILFORD, DARSEY	1129	1:35:30.018	09:33	10K50-59F	3/6	F	20/25	BLAIRMORE
5/49	MILFORD, RICHARD	1130	54:14.328	05:25	10K60-69M	1/2	M	5/24	BLAIRMORE
36/49	MITCHELL, JIM	1156	1:25:20.060	08:32	10K60-69M	2/2	M	20/24	BLAIRMORE
38/49	NASH, GEOFF	1131	1:30:04.497	09:00	10K70+M	1/1	M	21/24	LETHBRIDGE
22/49	OLSEN, CIARAN	1132	1:09:45.892	06:58	10K30-39M	5/5	M	16/24	PINCHER CREEK
28/49	OOSTLANDER, DANAE	1133	1:17:00.774	07:42	10K19-29F	3/6	F	11/25	NOBLEFORD
25/49	PALARDY, NICOLE	1153	1:13:19.314	07:19	10K30-39F	5/10	F	9/25	CALGARY
47/49	PETERSON, KIMBERLY	1134	1:43:05.570	10:18	10K30-39F	10/10	F	23/25	CALGARY
24/49	PREST, EMILY	1135	1:11:39.519	07:09	10K30-39F	4/10	F	8/25	LETHBRIDGE
41/49	RODWELL, KIM	1136	1:32:53.902	09:17	10K30-39F	9/10	F	18/25	TABER
23/49	RUSSELL, KATHERINE	1137	1:09:51.119	06:59	10K40-49F	2/3	F	7/25	ELKFORD BC
7/49	SHIPMAN, GREG	1138	54:55.307	05:29	10K30-39M	2/5	M	7/24	SPARWOOD
19/49	SPATE, GENA	1139	1:06:19.761	06:37	10K50-59F	1/6	F	5/25	TABER
27/49	STOCKTON, WES	1140	1:16:35.297	07:39	10K50-59M	2/4	M	17/24	FORT MACLEOD
1/49	SUTHERLAND, COLTON	1141	44:14.590	04:25	10K13-18M	1/3	M	1/24	ELKFORD
12/49	SUTHERLAND, JEFF	1157	1:00:17.277	06:01	10K40-49M	5/6	M	11/24	ELKFORD
20/49	TELMER, JACK	1154	1:06:49.926	06:40	10K19-29M	1/1	M	15/24	LUNDBRECK
17/49	TETACHUK, DANIELLE	1142	1:04:53.253	06:29	10K30-39F	3/10	F	3/25	PINCHER CREEK
45/49	THORVALDSON, TRACY	1143	1:36:33.347	09:39	10K50-59F	4/6	F	21/25	EDMONTON
6/49	WARD, KIERAN	1144	54:42.475	05:28	10K40-49M	3/6	M	6/24	LETHBRIDGE
42/49	WIKENHEISER, DELANEY	1145	1:34:43.636	09:28	10K19-29F	5/6	F	19/25	LETHBRIDGE
43/49	WIKENHEISER, GREGORY	1146	1:34:45.258	09:28	10K50-59M	4/4	M	24/24	LETHBRIDGE
49/49	WIKENHEISER, KIMBERLEY	1147	1:51:35.098	11:09	10K50-59F	6/6	F	25/25	LETHBRIDGE
18/49	WILSON, CAROLINE	1148	1:05:18.308	06:31	10K40-49F	1/3	F	4/25	BLAIRMORE
14/49	WILSON, JOHN	1149	1:01:51.520	06:11	10K40-49M	6/6	M	13/24	BLAIRMORE