

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

## Category Results

5K Run/Walk - 3.1 Miles  
68 Finishers

## 5K12&amp;UF - 12 Competitors

| Cat/PI | Name                  | Bib # | Time        | Pace/K | OA/PI | Gen/PI | Offset    | City          |
|--------|-----------------------|-------|-------------|--------|-------|--------|-----------|---------------|
| 1/12   | SUTHERLAND, NAHANNI   | 5213  | 35:31.567   | 07:06  | 9/68  | 3/38   | +00:00:00 | ELKFORD       |
| 2/12   | BOOTSMAN, ISLA        | 5161  | 39:57.241   | 07:59  | 30/68 | 11/38  | +00:04:25 | LETHBRIDGE    |
| 3/12   | MARCINKOWSKI, ADRIA   | 5192  | 40:39.870   | 08:07  | 32/68 | 13/38  | +00:05:08 | LETHBRIDGE    |
| 4/12   | BLOCH-KARKANIS, ANAÏS | 5158  | 44:03.378   | 08:48  | 39/68 | 19/38  | +00:08:31 | TORONTO       |
| 5/12   | HAMILTON, AMALYNN     | 5173  | 44:03.518   | 08:48  | 40/68 | 20/38  | +00:08:31 | BLAIRMORE     |
| 6/12   | MACDONALD, BRIDGET    | 5188  | 45:50.275   | 09:10  | 44/68 | 22/38  | +00:10:18 | BELLEVUE      |
| 7/12   | BOOTSMAN, HANNAH      | 5160  | 46:07.385   | 09:13  | 46/68 | 23/38  | +00:10:35 | LETHBRIDGE    |
| 8/12   | ZIEBERT, FLEURIE      | 5224  | 51:07.360   | 10:13  | 51/68 | 27/38  | +00:15:35 | PINCHER CREEK |
| 9/12   | MORRIS, MOLLY         | 5200  | 54:17.626   | 10:51  | 55/68 | 31/38  | +00:18:46 | BLAIRMORE     |
| 10/12  | SCHULZ, JOSIE         | 5206  | 54:37.711   | 10:55  | 57/68 | 33/38  | +00:19:06 | BLAIRMORE     |
| 11/12  | TABISH, SOFIA         | 5214  | 1:01:42.139 | 12:20  | 67/68 | 37/38  | +00:26:10 | LETHBRIDGE    |
| 12/12  | MCCORMACK, ELLIE-MAY  | 5193  | 1:01:43.147 | 12:20  | 68/68 | 38/38  | +00:26:11 | LETHBRIDGE    |

## 5K12&amp;UM - 14 Competitors

| Cat/PI | Name                 | Bib # | Time        | Pace/K | OA/PI | Gen/PI | Offset    | City          |
|--------|----------------------|-------|-------------|--------|-------|--------|-----------|---------------|
| 1/14   | WARD, DECLAN         | 5219  | 29:33.405   | 05:54  | 3/68  | 3/30   | +00:00:00 | LETHBRIDGE    |
| 2/14   | WELSCH, BRODY        | 5221  | 33:03.615   | 06:36  | 5/68  | 5/30   | +00:03:30 | PINCHER CREEK |
| 3/14   | MICHALSKY, COLTER    | 5196  | 35:37.223   | 07:07  | 11/68 | 8/30   | +00:06:03 | COLEMAN       |
| 4/14   | MICHALSKY, LEVI      | 5198  | 35:38.536   | 07:07  | 12/68 | 9/30   | +00:06:05 | COLEMAN       |
| 5/14   | FOLKARD, DAWSON      | 5168  | 36:37.200   | 07:19  | 14/68 | 10/30  | +00:07:03 | BLAIRMORE     |
| 6/14   | BLOCH-KARKANIS, GAËL | 5159  | 36:44.933   | 07:20  | 15/68 | 11/30  | +00:07:11 | TORONTO       |
| 7/14   | HAY, FINNLEY         | 5177  | 38:05.208   | 07:37  | 19/68 | 13/30  | +00:08:31 | BLAIRMORE     |
| 8/14   | WILSON, NOAH         | 5223  | 38:16.949   | 07:39  | 21/68 | 15/30  | +00:08:43 | BLAIRMORE     |
| 9/14   | MACDONALD, RORY      | 5190  | 39:11.231   | 07:50  | 23/68 | 16/30  | +00:09:37 | BELLEVUE      |
| 10/14  | ZIEBERT, WYATT       | 5227  | 39:11.301   | 07:50  | 24/68 | 17/30  | +00:09:37 | PINCHER CREEK |
| 11/14  | LAMONT, OWEN         | 5185  | 41:07.363   | 08:13  | 33/68 | 20/30  | +00:11:33 | PINCHER CREEK |
| 12/14  | TETACHUK, LANDON     | 5218  | 44:44.370   | 08:56  | 43/68 | 22/30  | +00:15:10 | PINCHER CREEK |
| 13/14  | SCHULZ, LOUIS        | 5207  | 59:04.756   | 11:48  | 61/68 | 26/30  | +00:29:31 | BLAIRMORE     |
| 14/14  | MCCORMACK, NIXON     | 5194  | 1:00:51.491 | 12:10  | 65/68 | 29/30  | +00:31:18 | LETHBRIDGE    |

## 5K13-18F - 5 Competitors

| Cat/PI | Name              | Bib # | Time      | Pace/K | OA/PI | Gen/PI | Offset    | City            |
|--------|-------------------|-------|-----------|--------|-------|--------|-----------|-----------------|
| 1/5    | KNOPFF, RAINA     | 5182  | 33:08.772 | 06:37  | 6/68  | 1/38   | +00:00:00 | CALGARY         |
| 2/5    | HAY, CAMBRYN      | 5175  | 38:50.254 | 07:46  | 22/68 | 7/38   | +00:05:41 | BLAIRMORE       |
| 3/5    | TETACHUK, BRINLEY | 5216  | 39:51.168 | 07:58  | 27/68 | 9/38   | +00:06:42 | PINCHER CREEK   |
| 4/5    | WEEKS, ELLA       | 5220  | 39:51.239 | 07:58  | 28/68 | 10/38  | +00:06:42 | HILLCREST MINES |
| 5/5    | FISHER, CJ        | 5209  | 40:01.949 | 08:00  | 31/68 | 12/38  | +00:06:53 | HILLCREST MINES |

## 5K13-18M - 3 Competitors

| Cat/PI | Name               | Bib # | Time      | Pace/K | OA/PI | Gen/PI | Offset    | City       |
|--------|--------------------|-------|-----------|--------|-------|--------|-----------|------------|
| 1/3    | SUTHERLAND, DECLAN | 5211  | 27:39.429 | 05:31  | 1/68  | 1/30   | +00:00:00 | ELKFORD    |
| 2/3    | CHANG-KUE, CALVIN  | 5164  | 29:10.741 | 05:50  | 2/68  | 2/30   | +00:01:31 | WATERLOO   |
| 3/3    | PINDER, LUKE       | 5203  | 30:43.999 | 06:08  | 4/68  | 4/30   | +00:03:04 | LETHBRIDGE |

## 5K19-29M - 1 Competitors

| Cat/PI | Name          | Bib # | Time        | Pace/K | OA/PI | Gen/PI | Offset    | City    |
|--------|---------------|-------|-------------|--------|-------|--------|-----------|---------|
| 1/1    | BUCKLEY, HUGH | 5163  | 1:01:38.857 | 12:19  | 66/68 | 30/30  | +00:00:00 | CALGARY |

## 5K30-39F - 5 Competitors

| Cat/PI | Name               | Bib # | Time      | Pace/K | OA/PI | Gen/PI | Offset    | City          |
|--------|--------------------|-------|-----------|--------|-------|--------|-----------|---------------|
| 1/5    | MICHALSKY, LINDSEY | 5199  | 36:18.004 | 07:15  | 13/68 | 4/38   | +00:00:00 | COLEMAN       |
| 2/5    | OLIVIERI, SARINA   | 5201  | 37:09.309 | 07:25  | 17/68 | 6/38   | +00:00:51 | PINCHER CREEK |
| 3/5    | BOOTSMAN, MELISSA  | 5162  | 41:55.315 | 08:23  | 35/68 | 15/38  | +00:05:37 | LETHBRIDGE    |
| 4/5    | ZIEBERT, JENNIFER  | 5225  | 52:12.000 | 10:26  | 52/68 | 28/38  | +00:15:53 | PINCHER CREEK |
| 5/5    | SCHULZ, MICHELE    | 5208  | 54:37.847 | 10:55  | 58/68 | 34/38  | +00:18:19 | BLAIRMORE     |

## 5K30-39M - 4 Competitors

| Cat/PI | Name               | Bib # | Time      | Pace/K | OA/PI | Gen/PI | Offset    | City      |
|--------|--------------------|-------|-----------|--------|-------|--------|-----------|-----------|
| 1/4    | MICHALSKY, KEVIN   | 5197  | 35:37.107 | 07:07  | 10/68 | 7/30   | +00:00:00 | COLEMAN   |
| 2/4    | GEERAERT, MITCHELL | 5170  | 38:11.630 | 07:38  | 20/68 | 14/30  | +00:02:34 | TABER     |
| 3/4    | MACDONALD, COADY   | 5189  | 45:52.667 | 09:10  | 45/68 | 23/30  | +00:10:15 | BELLEVUE  |
| 4/4    | SCHULZ, CALEB      | 5205  | 59:05.083 | 11:49  | 62/68 | 27/30  | +00:23:27 | BLAIRMORE |

## 5K40-49F - 10 Competitors

| Cat/PI | Name         | Bib # | Time      | Pace/K | OA/PI | Gen/PI | Offset    | City       |
|--------|--------------|-------|-----------|--------|-------|--------|-----------|------------|
| 1/10   | PINDER, ERIN | 5202  | 36:48.989 | 07:21  | 16/68 | 5/38   | +00:00:00 | LETHBRIDGE |

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

## Category Results

5K Run/Walk - 3.1 Miles  
68 Finishers

## 5K40-49F - 10 Competitors

| Cat/PI | Name               | Bib # | Time      | Pace/K | OA/PI | Gen/PI | Offset    | City            |
|--------|--------------------|-------|-----------|--------|-------|--------|-----------|-----------------|
| 2/10   | MACDONALD, SYLVIA  | 5191  | 39:13.129 | 07:50  | 25/68 | 8/38   | +00:02:24 | BELLEVUE        |
| 3/10   | MCHARGUE, CRYSTAL  | 5195  | 41:16.713 | 08:15  | 34/68 | 14/38  | +00:04:27 | MEDICINE HAT    |
| 4/10   | KARKANIS, ATHENA   | 5180  | 43:16.175 | 08:39  | 36/68 | 16/38  | +00:06:27 | TORONTO         |
| 5/10   | SPEARNS, TARA      | 5167  | 43:24.777 | 08:40  | 38/68 | 18/38  | +00:06:35 | HILLCREST MINES |
| 6/10   | LOVLIN, TATHLINA   | 5187  | 47:25.689 | 09:29  | 48/68 | 25/38  | +00:10:36 | ELKFORD         |
| 7/10   | HAMILTON, JENNIFER | 5174  | 49:39.237 | 09:55  | 49/68 | 26/38  | +00:12:50 | BLAIRMORE       |
| 8/10   | STOCKTON, MARCI    | 5210  | 53:25.594 | 10:41  | 53/68 | 29/38  | +00:16:36 | FORT MACLEOD    |
| 9/10   | ELFORD, CASEY      | 5166  | 54:17.954 | 10:51  | 56/68 | 32/38  | +00:17:28 | COLEMAN         |
| 10/10  | GREENWOOD, SELENA  | 5172  | 59:59.224 | 11:59  | 63/68 | 36/38  | +00:23:10 | COLEMAN         |

## 5K40-49M - 5 Competitors

| Cat/PI | Name             | Bib # | Time      | Pace/K | OA/PI | Gen/PI | Offset    | City          |
|--------|------------------|-------|-----------|--------|-------|--------|-----------|---------------|
| 1/5    | HAY, CRAIG       | 5176  | 33:43.108 | 06:44  | 8/68  | 6/30   | +00:00:00 | BLAIRMORE     |
| 2/5    | ZIEBERT, MIKE    | 5226  | 39:15.450 | 07:51  | 26/68 | 18/30  | +00:05:32 | PINCHER CREEK |
| 3/5    | TETACHUK, DAVID  | 5217  | 39:56.863 | 07:59  | 29/68 | 19/30  | +00:06:13 | PINCHER CREEK |
| 4/5    | BLOCH, JOSH      | 5157  | 44:07.761 | 08:49  | 41/68 | 21/30  | +00:10:24 | TORONTO       |
| 5/5    | GREENWOOD, LAYNE | 5171  | 59:59.295 | 11:59  | 64/68 | 28/30  | +00:26:16 | COLEMAN       |

## 5K50-59F - 4 Competitors

| Cat/PI | Name            | Bib # | Time      | Pace/K | OA/PI | Gen/PI | Offset    | City       |
|--------|-----------------|-------|-----------|--------|-------|--------|-----------|------------|
| 1/4    | LABUN, KELLY    | 5228  | 33:31.036 | 06:42  | 7/68  | 2/38   | +00:00:00 | CALGARY    |
| 2/4    | KING, STEPHANIE | 5181  | 44:09.261 | 08:49  | 42/68 | 21/38  | +00:10:38 | BLAIRMORE  |
| 3/4    | KADIJK, SYLVIA  | 5179  | 47:06.177 | 09:25  | 47/68 | 24/38  | +00:13:35 | LETHBRIDGE |
| 4/4    | KUCEY, LEANNE   | 5183  | 55:17.203 | 11:03  | 59/68 | 35/38  | +00:21:46 | LETHBRIDGE |

## 5K50-59M - 3 Competitors

| Cat/PI | Name           | Bib # | Time      | Pace/K | OA/PI | Gen/PI | Offset    | City          |
|--------|----------------|-------|-----------|--------|-------|--------|-----------|---------------|
| 1/3    | MORAN, PHILIP  | 5229  | 37:28.410 | 07:29  | 18/68 | 12/30  | +00:00:00 | LUNDBRECK     |
| 2/3    | LAMONT, NEIL   | 5184  | 50:19.762 | 10:03  | 50/68 | 24/30  | +00:12:51 | PINCHER CREEK |
| 3/3    | FRENCH, TREVOR | 5169  | 55:17.249 | 11:03  | 60/68 | 25/30  | +00:17:48 | CLARESHOLM    |

## 5K60-69F - 2 Competitors

| Cat/PI | Name             | Bib # | Time      | Pace/K | OA/PI | Gen/PI | Offset    | City    |
|--------|------------------|-------|-----------|--------|-------|--------|-----------|---------|
| 1/2    | DUBE, MARIA      | 5165  | 43:21.542 | 08:40  | 37/68 | 17/38  | +00:00:00 | CALGARY |
| 2/2    | TESAROWSKI, DAWN | 5215  | 54:10.078 | 10:50  | 54/68 | 30/38  | +00:10:48 | OTTAWA  |