

## Alpha Overall Results

## 5K - 3.1 Miles

O/A	Name	Bib#	Time	Pace m/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
63/234	ABAD, CORLETTE	1464	00:29:44.95	09:35	5K20-29F	5/35	F	31/157	00:28:33.50
205/234	ALBERT, KENDRA	1465	00:45:15.35	14:35	5K20-29F	30/35	F	136/157	00:39:19.90
37/234	ANABO, MAX	1467	00:26:26.60	08:31	5K30-39M	11/25	M	21/77	00:25:33.10
145/234	ARCHIBALD, EVELYN	1697	00:36:53.40	11:53	5K60-69F	2/4	F	87/157	00:31:51.95
144/234	ARCHIBALD, SCOTT	1698	00:36:53.00	11:53	5K30-39M	21/25	M	58/77	00:31:50.80
186/234	ARNS, JODI	1468	00:42:07.80	13:35	5K40-49F	32/38	F	119/157	00:40:30.70
160/234	ARPIN, BERNADETTE	1469	00:38:06.45	12:17	5K50-59F	18/22	F	101/157	00:37:42.10
162/234	ARPIN, DENNIS	1470	00:38:07.70	12:18	5K50-59M	6/6	M	60/77	00:37:42.80
72/234	ASHRAF, FAZAL	1712	00:31:06.55	10:02	5K20-29M	4/15	M	36/77	00:29:54.20
75/234	AU, VAN	1471	00:31:14.90	10:04	5K30-39F	13/45	F	38/157	00:29:41.90
138/234	AZPIAZU, MARIA	1472	00:36:23.35	11:44	5K50-59F	11/22	F	83/157	00:35:55.60
158/234	BALDWIN, AMANDA	1473	00:37:46.70	12:11	5K20-29F	21/35	F	99/157	00:36:54.50
87/234	BALIC, SANDRA	1474	00:32:10.40	10:22	5K30-39F	15/45	F	47/157	00:30:31.70
60/234	BARROW, MELODY	2219	00:29:19.45	09:27	5K30-39F	11/45	F	28/157	00:29:08.25
130/234	BEEBE, JEAN	1475	00:35:42.75	11:31	5K30-39F	21/45	F	77/157	00:34:44.20
199/234	BEFUS, TANYA	1476	00:44:42.40	14:25	5K20-29F	27/35	F	131/157	00:44:42.40
177/234	BEGG, NATALIE	1477	00:40:26.65	13:02	5K30-39F	31/45	F	113/157	00:39:11.45
157/234	BELANGER, NICOLE	1478	00:37:40.70	12:09	5K20-29F	20/35	F	98/157	00:33:15.50
150/234	BERENBAUM, LESLIE	2227	00:37:26.05	12:04	5K50-59F	14/22	F	91/157	00:35:58.15
126/234	BLASETTI, DARREN	1479	00:35:21.25	11:24	5K40-49M	9/14	M	52/77	00:34:22.30
127/234	BLASETTI, ETHAN	1480	00:35:21.60	11:24	5K12&UM	7/10	M	53/77	00:34:23.25
40/234	BOULTER, DANIEL	1483	00:27:14.70	08:47	5K12&UM	1/10	M	23/77	00:26:20.80
62/234	BOULTER, LEAH	1718	00:29:39.90	09:34	5K40-49F	8/38	F	30/157	00:28:47.25
4/234	BOURGEAULT, PAUL	1484	00:18:50.70	06:04	5K40-49M	1/14	M	4/77	00:18:48.75
159/234	BOYLE, RITA	1485	00:38:03.85	12:16	5K50-59F	17/22	F	100/157	00:37:03.55
231/234	BRADLEY, KATE	1486	01:03:19.20	20:25	5K20-29F	35/35	F	155/157	01:02:38.50
84/234	BREEN, HEATHER	1487	00:31:39.95	10:12	5K20-29F	11/35	F	44/157	00:31:24.65
65/234	BROVKIN, MARK	1489	00:30:02.75	09:41	5K13-19M	1/1	M	33/77	00:28:53.55
152/234	BROWN, JOAN	1490	00:37:33.85	12:07	5K50-59F	15/22	F	93/157	00:36:18.15
213/234	BROWN, LINDSEY	1491	00:46:28.40	14:59	5K20-29F	31/35	F	143/157	00:38:31.75
2/234	BROWN, TRAVIS	1492	00:17:53.95	05:46	5K20-29M	1/15	M	2/77	00:17:53.55
13/234	BYNG, JOHN	1494	00:21:46.00	07:01	5K30-39M	6/25	M	10/77	00:21:33.90
41/234	CAMPBELL, STEVE	1495	00:27:17.30	08:48	5K30-39M	12/25	M	24/77	00:26:39.50
176/234	CARTER, HARRY	1496	00:40:19.55	13:00	5K12&UM	9/10	M	64/77	00:39:03.45
175/234	CARTER, JANINE	1497	00:40:19.40	13:00	5K40-49F	28/38	F	112/157	00:39:02.30
25/234	CHANG, ALBERT	1498	00:25:11.10	08:07	5K30-39M	9/25	M	17/77	00:24:53.25
116/234	CLARKSON, MATTHEW	1500	00:33:52.05	10:55	5K20-29M	9/15	M	47/77	00:32:50.75
133/234	COCKBAIN, TERRI-LYNN	1501	00:35:53.60	11:34	5K20-29F	17/35	F	80/157	00:34:42.15
135/234	CROSSMAN, LOIS	1503	00:36:00.10	11:36	5K50-59F	10/22	F	81/157	00:33:35.90
223/234	CRUXTON, DIANE	1731	00:49:11.45	15:51	5K50-59F	21/22	F	149/157	00:47:39.65
155/234	CUSSANS, LIZ	1504	00:37:34.75	12:07	5K40-49F	24/38	F	96/157	00:36:08.35
225/234	DABROWSKI, SUE	1505	00:49:23.30	15:55	5K40-49F	38/38	F	151/157	00:47:49.50
61/234	DANIS, GISELE	1506	00:29:32.80	09:31	5K40-49F	7/38	F	29/157	00:29:24.20
180/234	DAVIS, CINDY	1508	00:40:42.25	13:07	5K40-49F	30/38	F	115/157	00:39:29.05
217/234	DAWE, TAMMIE	1509	00:47:35.20	15:20	5K40-49F	36/38	F	146/157	00:44:48.10
56/234	DEKEYSER, BOB	1510	00:29:03.85	09:22	5K60-69M	1/5	M	30/77	00:28:54.65
69/234	DESBARATS, LEANNE	1738	00:30:51.75	09:57	5K20-29F	6/35	F	34/157	00:29:52.05
98/234	DESBARATS, SUSAN	1737	00:33:00.40	10:38	5K50-59F	5/22	F	55/157	00:32:01.05
190/234	DINGWALL, CALEIGH	1511	00:42:35.90	13:44	5K20-29F	24/35	F	123/157	00:41:21.40
156/234	DINGWALL, KAREN	1512	00:37:39.05	12:08	5K50-59F	16/22	F	97/157	00:36:24.35
77/234	DOHERTY, SHANE	1513	00:31:19.90	10:06	5K30-39M	17/25	M	38/77	00:30:32.45
161/234	DOIRON, FAITH	1521	00:38:06.55	12:17	5K30-39F	25/45	F	102/157	00:37:27.10
96/234	DRIEDIGER, DOUG	1515	00:32:56.40	10:37	5K50-59M	5/6	M	43/77	00:32:07.20
95/234	DRIEDIGER-MURPHY, LINDSAY	1516	00:32:56.00	10:37	5K20-29F	14/35	F	53/157	00:32:06.90
55/234	ENGMAN, SHAUNA	1519	00:28:52.95	09:19	5K30-39F	9/45	F	26/157	00:27:08.95
192/234	FABBRI, ROBERTA	1520	00:43:04.80	13:53	5K30-39F	36/45	F	125/157	00:33:36.30
12/234	FAJARDO, DAVE	1522	00:20:50.70	06:43	5K30-39M	5/25	M	9/77	00:20:46.70

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## 5K - 3.1 Miles

O/A	Name	Bib#	Time	Pace m/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
131/234	FARREND, LORRAINE	1523	00:35:43.40	11:31	5K30-39F	22/45	F	78/157	00:34:44.05
196/234	FRANK, JAMEY	1524	00:43:44.90	14:06	5K30-39F	37/45	F	129/157	00:42:06.60
74/234	FROST, DAVID	1526	00:31:13.85	10:04	5K50-59M	4/6	M	37/77	00:29:32.35
70/234	FULLER, ELIZABETH	1527	00:30:55.50	09:58	5K20-29F	7/35	F	35/157	00:30:02.40
165/234	FURGASON, TAMMY	1528	00:38:20.10	12:21	5K30-39F	27/45	F	105/157	00:35:27.40
181/234	FYFE, TRACY	1529	00:41:23.80	13:21	5K40-49F	31/38	F	116/157	00:39:13.60
183/234	GAGNE, SYLVIE	1530	00:42:04.80	13:34	5K30-39F	32/45	F	117/157	00:37:10.50
16/234	GAGNON, BENOIT	1531	00:22:38.50	07:18	5K30-39M	7/25	M	13/77	00:20:21.00
59/234	GAMBLIN, ALANNAH	1532	00:29:18.95	09:27	5K30-39F	10/45	F	27/157	00:28:57.30
210/234	GARLAND, SHERRY	1533	00:46:06.95	14:52	5K40-49F	34/38	F	140/157	00:44:27.35
104/234	GARRETT, BRENDA	1534	00:33:11.30	10:42	5K40-49F	18/38	F	60/157	00:31:13.20
173/234	GILES, KAREN	1536	00:40:09.00	12:57	5K40-49F	27/38	F	111/157	00:38:38.70
195/234	GONZALEZ, VERONICA	1715	00:43:41.10	14:05	5K20-29F	25/35	F	128/157	00:38:44.00
179/234	GRAVES, TRACY	1538	00:40:41.95	13:07	5K40-49F	29/38	F	114/157	00:39:45.05
49/234	GRAY, CHRISTINE	1539	00:28:19.10	09:08	5K40-49F	6/38	F	23/157	00:27:11.60
83/234	GUNDERSON, AMY	2420	00:31:34.75	10:11	5K20-29F	10/35	F	43/157	00:30:52.65
10/234	GUREVITCH, JASON	1542	00:20:00.60	06:27	5K40-49M	2/14	M	8/77	00:19:59.30
80/234	HAMILTON, DAVID	1543	00:31:30.40	10:09	5K20-29M	6/15	M	40/77	00:31:30.40
121/234	HAMMOND, JOHN	1545	00:34:59.65	11:17	5K60-69M	2/5	M	50/77	00:33:53.25
91/234	HAMMOND, MANDY	1546	00:32:38.65	10:31	5K50-59F	4/22	F	50/157	00:31:33.30
189/234	HANSEN, JENNIFER	1547	00:42:23.85	13:40	5K20-29F	23/35	F	122/157	00:41:02.25
23/234	HARMS, JEAN	1549	00:24:54.05	08:01	5K40-49F	2/38	F	8/157	00:23:03.95
19/234	HELLARD, JACKIE	1709	00:23:19.95	07:31	5K40-49F	1/38	F	5/157	00:23:15.85
38/234	HELLARD, JAMIE LEE	1710	00:26:43.35	08:37	5K12&UF	1/3	F	17/157	00:26:40.00
154/234	HENRY, MARLENE	1551	00:37:34.70	12:07	5K30-39F	24/45	F	95/157	00:35:56.20
206/234	HENRY, RYAN	1552	00:45:15.60	14:36	5K20-29M	11/15	M	70/77	00:39:20.00
120/234	HICKIE, KEITH	1553	00:34:58.40	11:16	5K40-49M	8/14	M	49/77	00:33:22.35
232/234	HOFMANN, GERRY	1555	01:06:39.75	21:30	5K60-69M	5/5	M	77/77	01:04:15.35
233/234	HOFMANN, MARION	1556	01:06:40.15	21:30	5K60-69F	4/4	F	156/157	01:04:15.85
5/234	HOLLIDAY, JOHN	1557	00:18:56.50	06:06	5K50-59M	1/6	M	5/77	00:18:54.75
146/234	HOLMES, KIM	1729	00:37:01.05	11:56	5K40-49F	22/38	F	88/157	00:35:42.30
139/234	HORN, DANA	1706	00:36:26.35	11:45	5K30-39F	23/45	F	84/157	00:36:07.30
124/234	HOUGH, AMBER	1558	00:35:16.35	11:22	5K40-49F	21/38	F	73/157	00:34:19.70
170/234	HOUH, NANCY	1559	00:39:21.80	12:41	5K40-49F	26/38	F	108/157	00:38:25.50
142/234	HUCK, LISA	1560	00:36:39.95	11:49	5K50-59F	12/22	F	86/157	00:35:44.00
20/234	HWANG, BRIAN	1561	00:23:37.30	07:37	5K20-29M	2/15	M	15/77	00:22:43.15
151/234	IRONSIDE, CHAR	1721	00:37:29.60	12:05	5K20-29F	19/35	F	92/157	00:36:03.90
226/234	JACOBSON, JENNIFER	1562	00:51:48.90	16:42	5K30-39F	44/45	F	152/157	00:50:13.20
114/234	JAKUBOWYCH, BEV	1563	00:33:43.65	10:52	5K50-59F	8/22	F	68/157	00:32:47.30
122/234	JAMES, WENSLEY	1564	00:35:01.25	11:17	5K30-39M	19/25	M	51/77	00:33:23.50
73/234	JOHNSON, ALISHA	1565	00:31:07.60	10:02	5K20-29F	8/35	F	37/157	00:30:22.75
197/234	JONES, ALISON	1726	00:44:18.15	14:17	5K20-29F	26/35	F	130/157	00:43:38.35
207/234	JONES, KELLY	1566	00:45:21.80	14:38	5K30-39F	40/45	F	137/157	00:45:16.90
22/234	KELAVA, KATHLEEN	1567	00:24:42.35	07:58	5K30-39F	2/45	F	7/157	00:24:37.55
48/234	KENNEDY, JOANNE	1569	00:28:05.95	09:03	5K30-39F	7/45	F	22/157	00:24:19.55
125/234	KIEJKO, LYNDA	1570	00:35:17.80	11:23	5K30-39F	18/45	F	74/157	00:33:36.85
182/234	KISLIK, ALEX	1571	00:41:39.70	13:26	5K40-49M	13/14	M	66/77	00:40:20.50
234/234	KOSIK, WILMA	1723	01:24:29.55	27:15	5K50-59F	22/22	F	157/157	01:23:12.90
18/234	KRESOWATY, JODI	1720	00:22:56.35	07:23	5K30-39F	1/45	F	4/157	00:22:53.60
67/234	KRYDIER, CORY	2536	00:30:23.75	09:48	5K30-39M	16/25	M	35/77	00:29:24.25
76/234	KURRANT, CHRISTINE	1572	00:31:18.55	10:06	5K40-49F	11/38	F	39/157	00:30:21.65
17/234	LAFORGE, PAUL	1573	00:22:49.80	07:21	5K30-39M	8/25	M	14/77	00:22:41.90
57/234	LAIR, AARON	1574	00:29:13.30	09:25	5K30-39M	13/25	M	31/77	00:27:18.20
171/234	LANGIS, ESTEE	1575	00:39:24.30	12:42	5K30-39F	29/45	F	109/157	00:35:05.80
118/234	LAPOINTE, RIO	1576	00:34:06.35	11:00	5K30-39F	16/45	F	71/157	00:33:22.70
143/234	LAW, GREG	1577	00:36:44.00	11:50	5K30-39M	20/25	M	57/77	00:32:50.55
36/234	LEE, DON	1707	00:26:15.45	08:28	5K50-59M	3/6	M	20/77	00:22:16.20

## Alpha Overall Results

## 5K - 3.1 Miles

O/A	Name	Bib#	Time	Pace m/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
221/234	LEE, EVA	1578	00:48:57.70	15:47	5K20-29F	33/35	F	148/157	00:46:23.05
82/234	LEE-GUICHETEAU, NIKKI	1579	00:31:34.50	10:11	5K20-29F	9/35	F	42/157	00:30:50.30
29/234	LEUNG, TAMMY	1580	00:25:19.85	08:10	5K30-39F	3/45	F	10/157	00:25:01.75
219/234	LIN, NING	1581	00:48:18.55	15:35	5K30-39F	43/45	F	147/157	00:45:43.45
188/234	LITTLE, JACKIE	1582	00:42:22.75	13:40	5K30-39F	35/45	F	121/157	00:41:00.90
166/234	LONG, KERY	1583	00:38:40.00	12:28	5K30-39F	28/45	F	106/157	00:36:59.05
222/234	LUI, MICHAEL	1584	00:48:58.00	15:47	5K20-29M	14/15	M	74/77	00:46:23.20
128/234	LUNDEEN, YVONNE	1585	00:35:36.25	11:29	5K30-39F	19/45	F	75/157	00:33:29.55
169/234	LUPART, MICHAEL	1586	00:39:17.90	12:40	5K60-69M	4/5	M	62/77	00:31:48.20
81/234	MACDONALD, STACEY	1587	00:31:30.55	10:09	5K40-49F	12/38	F	41/157	00:30:19.70
200/234	MACMILLAN, SONYA	1732	00:45:01.85	14:31	5K30-39F	38/45	F	132/157	00:43:22.50
47/234	MAHONEY, CAROLYN	1589	00:27:49.75	08:58	5K30-39F	6/45	F	21/157	00:26:38.95
215/234	MAINVILLE, WANESA	1590	00:46:28.80	14:59	5K20-29F	32/35	F	144/157	00:38:31.40
211/234	MALLETTE, DENISE	1591	00:46:17.90	14:56	5K40-49F	35/38	F	141/157	00:38:02.75
85/234	MARINE, PAIGE	1592	00:32:04.45	10:20	5K12&UF	2/3	F	45/157	00:31:37.10
172/234	MARRIE, MEREDITH	1593	00:39:53.90	12:52	5K30-39F	30/45	F	110/157	00:38:16.70
198/234	MARSH, ROBERT	1595	00:44:42.30	14:25	5K30-39M	24/25	M	68/77	00:44:42.30
21/234	MARSHALL, KIRSTEN	1596	00:24:01.40	07:44	5K20-29F	2/35	F	6/157	00:23:03.85
44/234	MARTIN, LYNSEY	1597	00:27:30.90	08:52	5K13-19F	4/9	F	19/157	00:21:53.40
102/234	MASTEL, TRACY	1728	00:33:08.20	10:41	5K40-49F	17/38	F	58/157	00:32:45.05
11/234	MCAVOY, SHANNON	1598	00:20:46.20	06:41	5K13-19F	2/9	F	3/157	00:20:42.55
103/234	MCCOLL, ALISON	1724	00:33:08.60	10:41	5K13-19F	6/9	F	59/157	00:32:45.25
45/234	MCDUFFIE, NICOLA	1599	00:27:31.50	08:52	5K40-49F	5/38	F	20/157	00:26:52.65
230/234	MCFARLANE, HEATHER	1600	00:59:35.15	19:13	5K30-39F	45/45	F	154/157	00:50:05.65
174/234	MCGOLDRICK, OWEN	1601	00:40:18.95	13:00	5K30-39M	22/25	M	63/77	00:38:46.75
106/234	MCINNES, JOHN	1602	00:33:23.05	10:46	5K40-49M	7/14	M	45/77	00:32:11.15
34/234	MCKINNEY, KELLY	1603	00:26:09.20	08:26	5K50-59F	1/22	F	15/157	00:26:07.40
15/234	MCKINNON, ROBERT	1708	00:22:06.70	07:08	5K50-59M	2/6	M	12/77	00:22:00.65
209/234	MCLEAN, KATIE	1604	00:45:36.70	14:42	5K13-19F	9/9	F	139/157	00:44:25.00
208/234	MCLEAN, LORRAINE	1605	00:45:36.30	14:42	5K40-49F	33/38	F	138/157	00:44:23.80
71/234	MCLEOD, KAREN	1606	00:30:58.55	09:59	5K30-39F	12/45	F	36/157	00:29:12.95
201/234	MCWHIRTER, JORDAN	1607	00:45:12.50	14:35	5K20-29M	10/15	M	69/77	00:37:50.65
35/234	MEEKING, MELANIE	1727	00:26:13.25	08:27	5K30-39F	5/45	F	16/157	00:25:46.95
90/234	METCALF, LYNN	1608	00:32:33.40	10:30	5K50-59F	3/22	F	49/157	00:31:48.90
105/234	MILLER, EILEEN	1701	00:33:22.80	10:46	5K40-49F	19/38	F	61/157	00:32:11.00
26/234	MITCHELL, MATTHEW	1610	00:25:11.70	08:07	5K30-39M	10/25	M	18/77	00:25:05.40
8/234	MITCHELMORE, PETER	1611	00:19:51.80	06:24	5K30-39M	4/25	M	7/77	00:19:48.15
14/234	MOORE, ADRIAN	1722	00:21:49.00	07:02	5K40-49M	3/14	M	11/77	00:21:43.90
129/234	MOORE, KRISTIE	1613	00:35:38.40	11:29	5K30-39F	20/45	F	76/157	00:34:54.60
204/234	MORRIS, CARLA	1614	00:45:14.45	14:35	5K30-39F	39/45	F	135/157	00:42:28.65
203/234	MORRIS, DONNELLY	1615	00:45:14.45	14:35	5K20-29F	29/35	F	134/157	00:42:27.95
134/234	MURPHY, CORMIC	1502	00:35:59.00	11:36	5K12&UM	8/10	M	54/77	00:34:49.00
136/234	MURPHY, KERRY	1616	00:36:00.35	11:36	5K40-49M	10/14	M	55/77	00:34:50.30
31/234	MYBURGH, LANA	2650	00:25:56.20	08:21	5K30-39F	4/45	F	12/157	00:25:50.30
111/234	NELSON, KELLY	1711	00:33:37.35	10:50	5K50-59F	7/22	F	65/157	00:32:29.50
132/234	NESTERENKO, LOUISE	1618	00:35:47.90	11:32	5K60-69F	1/4	F	79/157	00:35:30.65
30/234	NEUFELD, LINDSAY	1619	00:25:21.15	08:10	5K20-29F	3/35	F	11/157	00:25:15.85
108/234	NOLKE, CHERYL	1621	00:33:35.10	10:50	5K50-59F	6/22	F	63/157	00:32:45.30
66/234	OSADDEC, JEFF	1622	00:30:18.85	09:46	5K30-39M	15/25	M	34/77	00:29:15.35
112/234	PARISH, KAITY	1702	00:33:37.45	10:50	5K12&UF	3/3	F	66/157	00:32:30.60
89/234	PARISH, KARLEE	1703	00:32:26.20	10:27	5K13-19F	5/9	F	48/157	00:31:18.70
185/234	PATEY, CHRIS	1623	00:42:07.40	13:35	5K30-39M	23/25	M	67/77	00:40:30.40
54/234	PENNER, JULIA	2690	00:28:52.75	09:19	5K30-39F	8/45	F	25/157	01:01:59.25
214/234	PILLAI, ROSHAN	1626	00:46:28.70	14:59	5K20-29M	12/15	M	71/77	00:38:31.25
119/234	POCALAN, KARL	1719	00:34:44.65	11:12	5K12&UM	6/10	M	48/77	00:33:45.65
147/234	QUINN, DAVE	1725	00:37:23.00	12:03	5K40-49M	11/14	M	59/77	00:36:22.55
148/234	QUINN, MADELEINE	1628	00:37:23.20	12:03	5K13-19F	8/9	F	89/157	00:36:23.80

## Alpha Overall Results

## 5K - 3.1 Miles

O/A	Name	Bib#	Time	Pace m/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
100/234	RAJAN, KARIM	1629	00:33:04.20	10:40	5K20-29M	8/15	M	44/77	00:32:27.80
109/234	RAMSAY, ANNI	1630	00:33:35.85	10:50	5K13-19F	7/9	F	64/157	00:32:12.65
110/234	RAMSAY, ROBSON	1631	00:33:36.15	10:50	5K12&UM	5/10	M	46/77	00:32:12.70
167/234	REDEKOP, COLIN	1632	00:38:51.90	12:32	5K40-49M	12/14	M	61/77	00:34:48.40
1/234	REED, JASON	2716	00:17:50.55	05:45	5K30-39M	1/25	M	1/77	00:17:49.60
117/234	REEH, ELISE	1634	00:34:05.80	10:59	5K50-59F	9/22	F	70/157	00:33:21.20
92/234	REID, ANDREA	1736	00:32:45.10	10:33	5K40-49F	13/38	F	51/157	00:32:16.00
101/234	RETTIE, AGA	1635	00:33:07.65	10:41	5K40-49F	16/38	F	57/157	00:31:23.05
227/234	RICHARDSON, ANDREW	1636	00:54:37.65	17:37	5K40-49M	14/14	M	75/77	00:53:12.95
153/234	RICHARDSON, PAULA	1637	00:37:34.50	12:07	5K40-49F	23/38	F	94/157	00:36:08.05
193/234	ROBERTS, MARDY	1638	00:43:38.70	14:04	5K60-69F	3/4	F	126/157	00:42:28.00
53/234	ROSSITER, HENRY	1639	00:28:49.75	09:18	5K12&UM	4/10	M	29/77	00:28:07.85
68/234	ROSSITER, TARA	1640	00:30:50.75	09:57	5K40-49F	10/38	F	33/157	00:30:08.15
9/234	SAMYN, VICTORIA	1641	00:19:59.45	06:26	5K13-19F	1/9	F	2/157	00:19:57.95
168/234	SCHICKEDANZ, KRISTEN	1643	00:39:05.90	12:36	5K20-29F	22/35	F	107/157	00:32:40.90
218/234	SCHICKEDANZ, WILLIAM	1644	00:48:08.50	15:31	5K20-29M	13/15	M	72/77	00:41:42.55
93/234	SCOTT, ALTA	1466	00:32:51.10	10:35	5K20-29F	13/35	F	52/157	00:32:04.50
163/234	SHEPHERD, KIM	1647	00:38:16.60	12:20	5K40-49F	25/38	F	103/157	00:33:57.60
149/234	SHUM, ROSAURA	1649	00:37:24.70	12:04	5K50-59F	13/22	F	90/157	00:35:51.30
50/234	SLAPMAN, KIERAN	1650	00:28:30.85	09:11	5K12&UM	2/10	M	27/77	00:27:27.45
58/234	SLAPMAN, MICHAEL	1651	00:29:15.55	09:26	5K30-39M	14/25	M	32/77	00:28:13.20
52/234	SLAPMAN, RYLAN	1652	00:28:36.40	09:13	5K12&UM	3/10	M	28/77	00:27:33.60
202/234	SMITH, EMILY	1653	00:45:12.55	14:35	5K20-29F	28/35	F	133/157	00:37:50.90
229/234	SMITH, JENNIFER	1655	00:57:10.25	18:26	5K20-29F	34/35	F	153/157	00:49:47.55
194/234	SMITH, LINDA	1656	00:43:38.80	14:04	5K50-59F	20/22	F	127/157	00:36:15.00
88/234	SMITH, MARLON	1657	00:32:21.95	10:26	5K30-39M	18/25	M	41/77	00:31:00.05
228/234	SMITH, REGINALD H	1658	00:55:22.45	17:51	5K20-29M	15/15	M	76/77	00:47:58.80
6/234	STORCK, ARIC	1661	00:19:08.80	06:10	5K30-39M	3/25	M	6/77	00:19:06.75
123/234	TALDORF, KRISTA	1662	00:35:07.90	11:19	5K30-39F	17/45	F	72/157	00:34:10.90
99/234	TALDORF, SYLVIA	1663	00:33:02.20	10:39	5K40-49F	15/38	F	56/157	00:32:04.60
184/234	TENNERT, MICHELLE	1664	00:42:05.60	13:34	5K30-39F	33/45	F	118/157	00:40:27.40
78/234	THIESSEN, ANDREA	1665	00:31:22.30	10:07	5K30-39F	14/45	F	40/157	00:30:31.60
216/234	TING, BONNIE	1667	00:46:34.65	15:01	5K30-39F	42/45	F	145/157	00:37:04.75
115/234	TULK, SARAH	1669	00:33:52.05	10:55	5K20-29F	16/35	F	69/157	00:32:51.20
113/234	TURNER, SHEILA	1670	00:33:43.65	10:52	5K40-49F	20/38	F	67/157	00:32:48.00
24/234	VAN SANT, BEN	1671	00:24:58.25	08:03	5K40-49M	4/14	M	16/77	00:24:09.70
43/234	VAN SANT, JANE	1733	00:27:26.90	08:51	5K40-49F	4/38	F	18/157	00:27:22.15
33/234	VAN SANT, LEAH	1734	00:26:08.75	08:26	5K20-29F	4/35	F	14/157	00:26:04.35
164/234	VEALE, ANGEL	1672	00:38:17.40	12:20	5K30-39F	26/45	F	104/157	00:33:58.80
191/234	VISSER, SANDY	1674	00:42:56.10	13:50	5K50-59F	19/22	F	124/157	00:41:58.90
51/234	WAITE, SANDY	1676	00:28:32.10	09:12	5K50-59F	2/22	F	24/157	00:28:28.95
42/234	WAKEHAM, NICK	1677	00:27:18.05	08:48	5K40-49M	5/14	M	25/77	00:26:56.95
32/234	WALC, AZALEA	1704	00:25:59.50	08:23	5K13-19F	3/9	F	13/157	00:25:50.85
46/234	WALC, LES	1705	00:27:46.70	08:57	5K40-49M	6/14	M	26/77	00:27:44.20
178/234	WARDROPE, ADAM	1740	00:40:35.20	13:05	5K12&UM	10/10	M	65/77	00:36:49.40
97/234	WARREN, FRANCINE	1679	00:32:59.30	10:38	5K40-49F	14/38	F	54/157	00:32:01.55
79/234	WARREN, MATT	1680	00:31:23.95	10:07	5K20-29M	5/15	M	39/77	00:31:09.25
187/234	WHITAKER, CINDY	1681	00:42:18.85	13:39	5K30-39F	34/45	F	120/157	00:40:45.35
140/234	WHITE, LARRY	1682	00:36:28.90	11:46	5K60-69M	3/5	M	56/77	00:36:01.50
141/234	WHITE, MARY MADELIN	1683	00:36:29.05	11:46	5K70+F	1/1	F	85/157	00:36:02.15
137/234	WIGHTON, CHRISTINA	1684	00:36:03.90	11:38	5K20-29F	18/35	F	82/157	00:35:23.00
28/234	WILKINSON, VICTORIA	1686	00:25:19.70	08:10	5K40-49F	3/38	F	9/157	00:25:16.55
86/234	WILLIAMS, KATRINA	1687	00:32:04.95	10:20	5K20-29F	12/35	F	46/157	00:32:04.95
7/234	WILLIAMS, MADELEINE	1688	00:19:48.25	06:23	5K20-29F	1/35	F	1/157	00:19:46.55
224/234	WILSON, SUZANNE	1730	00:49:11.60	15:52	5K40-49F	37/38	F	150/157	00:47:39.30
3/234	WILSON, TODD	1689	00:18:20.50	05:55	5K30-39M	2/25	M	3/77	00:18:18.90
212/234	WOODS, SARA	1691	00:46:26.90	14:59	5K30-39F	41/45	F	142/157	00:44:47.60

## Alpha Overall Results

## 5K - 3.1 Miles

O/A	Name	Bib#	Time	Pace m/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
94/234	WRIGHT, CORY	1692	00:32:51.25	10:35	5K20-29M	7/15	M	42/77	00:31:29.55
107/234	YAREMKO, KELSEY	1693	00:33:24.40	10:46	5K20-29F	15/35	F	62/157	00:33:00.85
27/234	YOU, DANIEL	1694	00:25:15.80	08:09	5K20-29M	3/15	M	19/77	00:24:18.35
220/234	YU, BIN	1695	00:48:18.90	15:35	5K30-39M	25/25	M	73/77	00:45:43.90
39/234	ZADAN, NICK	1696	00:26:47.75	08:38	5K70+M	1/1	M	22/77	00:26:46.25
64/234	ZIMARO, AIMEE	2940	00:29:53.50	09:38	5K40-49F	9/38	F	32/157	00:29:41.70