

Alpha Overall Results

10K - 6.21 Miles

O/A	Name	Bib#	Time	Pace m/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
551/610	ABEL, ALISON	2203	01:14:57.85	12:04	10K30-39F	135/157	F	334/384	01:13:27.25
558/610	ABREY, AUTUMN	2204	01:15:30.40	12:09	10K20-29F	103/109	F	340/384	01:14:12.90
98/610	ACKERT, ALEX	2205	00:50:05.20	08:03	10K13-19M	5/8	M	73/226	00:48:56.55
121/610	ACKERT, HOLLY	2206	00:51:25.85	08:16	10K20-29F	15/109	F	34/384	00:50:17.75
180/610	ADAMS, KELLIE	2207	00:55:13.70	08:53	10K20-29F	27/109	F	70/384	00:54:59.65
260/610	AGATE, EMILY	2208	00:58:13.10	09:22	10K20-29F	43/109	F	124/384	00:57:56.30
237/610	AIELLO, ROBERT	2209	00:57:38.10	09:16	10K50-59M	19/42	M	127/226	00:56:08.55
35/610	ALINSANGAN, NANCY	2210	00:43:54.60	07:04	10K30-39F	4/157	F	5/384	00:43:48.10
481/610	ANDERSON, CHRISTINE	2212	01:07:43.95	10:54	10K30-39F	116/157	F	276/384	01:06:37.20
215/610	ARNESON, MEGAN	2893	00:56:40.00	09:07	10K20-29F	38/109	F	94/384	00:56:18.05
533/610	ARNOUX, DELANEY	2866	01:12:20.15	11:38	10K30-39F	129/157	F	322/384	01:12:02.85
139/610	ARPIN, CHERYL	2213	00:53:00.80	08:32	10K30-39F	17/157	F	45/384	00:52:47.35
231/610	ATTWELL, SARAH	2214	00:57:25.60	09:14	10K30-39F	47/157	F	107/384	00:57:06.15
304/610	AWDE, JEN	2215	01:00:03.75	09:40	10K30-39F	66/157	F	151/384	00:58:59.70
490/610	BAILEY, EVELYN	2216	01:09:02.85	11:07	10K40-49F	49/68	F	285/384	01:07:35.35
568/610	BARRON, LOU	2919	01:16:32.40	12:19	10K50-59F	26/32	F	349/384	01:15:23.75
82/610	BARROW, RICHARD	2220	00:48:53.95	07:52	10K30-39M	25/62	M	62/226	00:48:34.55
327/610	BATES-GROVER, LISA	2221	01:01:23.85	09:53	10K30-39F	72/157	F	165/384	01:00:47.45
380/610	BAUER, KATY	2222	01:03:09.20	10:10	10K30-39F	86/157	F	200/384	01:02:02.65
177/610	BEATON, GERARD	2223	00:55:08.45	08:52	10K20-29M	28/43	M	109/226	00:54:59.10
370/610	BEDARD, PASCALE	2224	01:02:44.90	10:06	10K20-29F	59/109	F	195/384	01:02:00.00
181/610	BENKE, AMANDA	2225	00:55:18.10	08:54	10K30-39F	32/157	F	71/384	00:55:03.90
42/610	BENZ, WAYNE	2226	00:44:37.90	07:11	10K50-59M	4/42	M	35/226	00:44:26.40
498/610	BERKEL, SARA	2228	01:09:28.10	11:11	10K20-29F	92/109	F	291/384	01:09:04.50
495/610	BERKENPAS, KAREN	2229	01:09:24.25	11:10	10K50-59F	18/32	F	289/384	01:08:59.85
439/610	BLAKE, KRISTY	2230	01:05:35.90	10:33	10K30-39F	101/157	F	238/384	01:05:01.95
293/610	BLOKLAND, EMILE	2231	00:59:09.05	09:31	10K50-59M	26/42	M	150/226	00:58:56.35
416/610	BOECHLER, CURT	2896	01:04:42.10	10:25	10K40-49M	46/56	M	194/226	01:03:23.10
529/610	BOIVIN, JULIE	2233	01:11:31.00	11:30	10K30-39F	128/157	F	319/384	01:10:41.90
376/610	BOJSZA, AMANDA	2234	01:03:01.35	10:08	10K20-29F	60/109	F	198/384	01:02:37.65
217/610	BOSCH, VONNIE	2235	00:56:41.50	09:07	10K40-49F	10/68	F	96/384	00:56:23.10
96/610	BOTT, RAYMOND	2236	00:50:00.90	08:03	10K40-49M	16/56	M	72/226	00:49:46.05
502/610	BOUDREAU, HAROLD	2237	01:09:30.45	11:11	10K30-39M	59/62	M	208/226	01:08:12.05
566/610	BOURASSA, KELLY	2239	01:16:10.50	12:16	10K30-39F	140/157	F	347/384	01:15:24.60
595/610	BOWMAN, BONNY	2241	01:24:30.05	13:36	10K30-39F	150/157	F	372/384	01:23:12.05
265/610	BOYD, GORDON	2242	00:58:22.70	09:24	10K50-59M	21/42	M	140/226	00:57:50.40
600/610	BOYES, PETER	2243	01:25:48.20	13:48	10K30-39M	61/62	M	224/226	01:25:20.85
301/610	BOYLE, KEVIN	2244	00:59:40.75	09:36	10K50-59M	27/42	M	153/226	00:58:39.05
86/610	BRACKETT, BEN	2246	00:49:06.45	07:54	10K20-29M	16/43	M	66/226	00:47:15.45
402/610	BRANTER, KEITH	2247	01:04:10.65	10:20	10K50-59M	35/42	M	188/226	01:02:45.75
458/610	BRAUNBERGER, DANA	2248	01:06:17.05	10:40	10K30-39F	108/157	F	255/384	01:05:49.80
592/610	BREMNER, HAYLEY	2249	01:22:27.80	13:16	10K13-19F	13/13	F	369/384	01:21:02.30
256/610	BROCK, MARSHA	2250	00:58:10.15	09:21	10K40-49F	16/68	F	121/384	00:57:10.25
51/610	BROCKETT, SIMON	2943	00:45:55.75	07:23	10K40-49M	7/56	M	41/226	00:45:55.75
518/610	BROST, MAUREEN	2251	01:10:41.60	11:23	10K40-49F	59/68	F	309/384	01:09:36.20
27/610	BROVKIN, ALEXANDER	2252	00:42:39.05	06:52	10K40-49M	5/56	M	24/226	00:42:31.50
279/610	BRUNI, AMANDA	2881	00:58:50.50	09:28	10K20-29F	47/109	F	135/384	00:58:08.60
315/610	BRYGIDYR, ALAN	2254	01:00:42.95	09:46	10K60-69M	5/9	M	158/226	00:59:58.85
176/610	BUFFAM, JENNY	2255	00:55:01.50	08:51	10K30-39F	31/157	F	68/384	00:54:27.60
80/610	BUNTING, AARON	2256	00:48:52.10	07:52	10K30-39M	24/62	M	60/226	00:48:30.10
154/610	BURGIS, MELISSA	2259	00:53:40.30	08:38	10K30-39F	23/157	F	54/384	00:52:30.80
414/610	BURNETT, KRISTA	2260	01:04:34.00	10:23	10K20-29F	69/109	F	222/384	01:03:18.20
242/610	BUSH, JAMES	2261	00:57:51.25	09:18	10K40-49M	29/56	M	129/226	00:56:10.65
261/610	BUTTS, VICKIE	2263	00:58:13.60	09:22	10K50-59F	6/32	F	125/384	00:57:50.55
509/610	CALDWELL, PAULA	2264	01:10:04.00	11:16	10K20-29F	93/109	F	301/384	01:09:22.70
278/610	CAMPBELL, AILENE	2265	00:58:50.50	09:28	10K20-29F	48/109	F	136/384	00:58:09.60
151/610	CARR, CHRIS	2270	00:53:39.20	08:38	10K30-39M	33/62	M	99/226	00:53:12.10

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O/A	Name	Bib#	Time	Pace m/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
17/610	CARRICK, JON	2897	00:40:30.25	06:31	10K20-29M	6/43	M	16/226	00:40:29.10
494/610	CASSIDY, IVADELLE	2271	01:09:23.45	11:10	10K50-59F	17/32	F	288/384	01:08:40.65
515/610	CATES, SIAN	2272	01:10:30.10	11:21	10K20-29F	95/109	F	306/384	01:10:12.90
216/610	CHAN, JANICE	2274	00:56:40.75	09:07	10K30-39F	43/157	F	95/384	00:56:01.65
392/610	CHECK, CHLOE	2277	01:03:30.10	10:13	10K20-29F	66/109	F	209/384	01:02:15.40
501/610	CHELAK, KRISTEN	2278	01:09:29.95	11:11	10K30-39F	122/157	F	294/384	01:08:11.60
610/610	CHISHOLM, BRIAN	2883	02:04:53.60	20:06	10K30-39M	62/62	M	226/226	02:03:25.55
473/610	CHO, MICHELLE	2279	01:07:17.60	10:50	10K20-29F	84/109	F	269/384	01:06:22.35
361/610	CHOATE, DEIRDRE	2280	01:02:29.70	10:03	10K50-59F	11/32	F	186/384	01:01:23.10
517/610	CHOE, ELLIS	2282	01:10:39.25	11:22	10K40-49F	58/68	F	308/384	01:09:05.75
323/610	CHRISTENSEN, JANIS	2931	01:01:08.40	09:50	10K40-49F	24/68	F	163/384	01:00:30.55
539/610	CHRISTIANSEN, CAM	2945	01:13:13.75	11:47	10K40-49M	51/56	M	214/226	01:10:13.80
394/610	CHRISTOFFERSEN, MICHELLE	2284	01:03:36.70	10:14	10K40-49F	33/68	F	211/384	01:03:23.15
168/610	CHRUMKA, LYNNE	2285	00:54:28.90	08:46	10K40-49F	6/68	F	64/384	00:53:54.00
407/610	CLAMP, AIA	2286	01:04:19.00	10:21	10K30-39F	92/157	F	218/384	01:03:46.10
477/610	CLANCY, DAWN	2287	01:07:36.00	10:53	10K40-49F	44/68	F	273/384	01:06:15.60
591/610	CLARE, ROBERT	2288	01:22:12.20	13:14	10K60-69M	9/9	M	223/226	01:20:54.60
281/610	CLARK, JAMIE	2289	00:58:53.65	09:29	10K50-59M	23/42	M	145/226	00:58:34.85
221/610	CLARK, JON	2290	00:56:51.45	09:09	10K40-49M	28/56	M	122/226	00:55:56.75
524/610	CLARK, JOYCE	2291	01:11:14.30	11:28	10K50-59F	20/32	F	314/384	01:09:54.15
313/610	CLARKE, ROB	2292	01:00:35.95	09:45	10K40-49M	37/56	M	157/226	01:00:17.00
165/610	COCKER, ALLISON	2293	00:54:22.50	08:45	10K30-39F	28/157	F	61/384	00:53:47.15
404/610	COISH, MICHELLE	2294	01:04:11.60	10:20	10K30-39F	91/157	F	216/384	01:03:18.30
127/610	COLL, EOIN	2295	00:52:01.60	08:22	10K20-29M	23/43	M	91/226	00:50:23.90
26/610	COLL, NEASA	2296	00:42:33.60	06:51	10K20-29F	1/109	F	3/384	00:42:28.20
397/610	COLLIS, ADAM	2297	01:03:49.40	10:16	10K20-29M	35/43	M	185/226	01:03:02.85
162/610	COMPTON, KRIS	2941	00:54:16.90	08:44	10K30-39M	34/62	M	104/226	00:53:19.45
8/610	CONERITY, BRIAN	2898	00:38:22.45	06:10	10K40-49M	1/56	M	8/226	00:38:21.35
99/610	CONGDON, RICK	2298	00:50:05.45	08:03	10K50-59M	9/42	M	74/226	00:50:01.20
190/610	CONLIN, ALISON	2299	00:55:34.80	08:57	10K40-49F	8/68	F	76/384	00:55:05.95
546/610	CONLIN, RON	2300	01:14:03.00	11:55	10K50-59M	41/42	M	216/226	01:13:31.80
499/610	CONSTANT, JENNIFER	2301	01:09:28.40	11:11	10K30-39F	121/157	F	293/384	01:08:16.60
226/610	CONWAY, HALLI	2302	00:57:09.80	09:12	10K13-19F	3/13	F	103/384	00:57:03.15
110/610	CONWAY, KYLA	2303	00:50:38.20	08:09	10K20-29F	12/109	F	30/384	00:50:31.50
227/610	CONWAY, PATSY	2304	00:57:10.00	09:12	10K50-59F	4/32	F	104/384	00:57:02.50
111/610	CONWAY, SARA	2305	00:50:38.45	08:09	10K20-29F	13/109	F	31/384	00:50:31.50
309/610	COOPER, JENNIFER	2306	01:00:19.05	09:42	10K20-29F	51/109	F	155/384	00:59:33.05
41/610	CORRIN, SIMON	2925	00:44:37.05	07:11	10K30-39M	13/62	M	34/226	00:44:31.70
427/610	COULL, ADELE	2307	01:05:02.10	10:28	10K30-39F	97/157	F	230/384	01:04:09.10
470/610	COULTER, KATRINA	2308	01:07:08.20	10:48	10K30-39F	115/157	F	266/384	01:06:17.90
367/610	COWAN, LISA	2309	01:02:42.20	10:05	10K30-39F	83/157	F	192/384	01:01:45.30
399/610	COYES, CHAD	2310	01:03:57.35	10:17	10K30-39M	54/62	M	187/226	01:03:44.70
132/610	COYLE, ANJALI	2311	00:52:42.30	08:29	10K20-29F	18/109	F	39/384	00:51:56.40
576/610	CRAWFORD, SUSAN	2312	01:18:55.10	12:42	10K40-49F	66/68	F	356/384	01:17:11.60
330/610	CRUXTON, BOB	2313	01:01:30.30	09:54	10K50-59M	31/42	M	163/226	01:00:27.50
59/610	CULLINGHAM, MIKE	2315	00:46:32.30	07:29	10K30-39M	19/62	M	47/226	00:45:49.00
65/610	CURRIE, MELISSA	2316	00:47:06.70	07:35	10K20-29F	6/109	F	15/384	00:46:50.90
130/610	CUSANELLI, JULIE-ANN	2318	00:52:22.15	08:25	10K30-39F	15/157	F	37/384	00:52:13.30
460/610	CZUCZMAN, JEANNINE	2319	01:06:18.90	10:40	10K30-39F	110/157	F	257/384	01:05:42.20
194/610	DA COSTA GOMEZ, FELIX	2320	00:55:42.00	08:58	10K40-49M	27/56	M	116/226	00:55:29.10
586/610	DA SILVA, JACI	2321	01:20:40.95	12:59	10K50-59F	29/32	F	365/384	01:19:14.55
561/610	DANYLIW, BRENDA	2894	01:15:46.60	12:12	10K30-39F	138/157	F	343/384	01:14:50.50
542/610	DAVIS, DEBBIE	2322	01:13:31.60	11:50	10K50-59F	23/32	F	328/384	01:12:09.00
541/610	DAVIS, HEATHER	2323	01:13:31.10	11:50	10K20-29F	99/109	F	327/384	01:12:09.25
381/610	DE JONG, CHELSEA	2324	01:03:11.10	10:10	10K20-29F	62/109	F	201/384	01:02:50.80
331/610	DEARDEN, TANIA	2326	01:01:31.10	09:54	10K20-29F	53/109	F	168/384	01:01:15.75
247/610	DEERHAWKE, PHOENIX	2327	00:57:59.50	09:20	10K30-39F	53/157	F	117/384	00:57:48.55

2011 Stampede Roadrace 1/2, 10K, 5K - July 10/2011

Alpha Overall Results

10K - 6.21 Miles

O/A	Name	Bib#	Time	Pace m/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
134/610	DELALOYE, DANI	2328	00:52:47.30	08:29	10K20-29F	19/109	F	41/384	00:52:14.90
92/610	DEMERS, KRISTI	2882	00:49:47.50	08:01	10K30-39F	10/157	F	23/384	00:49:41.80
296/610	DEPALEZIEUX, ED	2944	00:59:15.70	09:32	10K40-49M	36/56	M	151/226	00:58:12.30
403/610	DERBECKER, SUZANNE	2329	01:04:11.50	10:20	10K50-59F	13/32	F	215/384	01:03:40.45
356/610	DERKSEN, GARY	2330	01:02:21.05	10:02	10K50-59M	32/42	M	173/226	01:02:04.95
235/610	DERRAUGH, TANIA	2331	00:57:34.65	09:16	10K30-39F	49/157	F	110/384	00:56:26.85
297/610	DESBARATS, LAURA	2332	00:59:17.80	09:32	10K20-29F	50/109	F	146/384	00:58:48.00
526/610	DESILETS, JENNIFER	2335	01:11:16.40	11:28	10K30-39F	127/157	F	316/384	01:10:24.90
6/610	DESROCHERS, DARREN	2333	00:37:50.85	06:05	10K30-39M	5/62	M	6/226	00:37:48.45
485/610	DESROSIERS, MELANIE	2334	01:08:30.75	11:01	10K20-29F	88/109	F	280/384	01:08:16.35
359/610	DICASTRI, JODY	2337	01:02:27.95	10:03	10K40-49F	29/68	F	185/384	01:00:52.40
391/610	DICKIE, MICHELLE	2338	01:03:28.65	10:13	10K30-39F	89/157	F	208/384	01:02:32.85
72/610	DICKINSON, CHERYL	2339	00:48:05.00	07:44	10K30-39F	8/157	F	19/384	00:47:51.50
243/610	DICKINSON, MICHELLE	2340	00:57:51.85	09:19	10K30-39F	51/157	F	114/384	00:57:37.55
230/610	DICKSON, LAURA	2341	00:57:25.40	09:14	10K40-49F	14/68	F	106/384	00:56:59.40
581/610	DOHERTY, SARA	2343	01:20:10.90	12:54	10K30-39F	147/157	F	360/384	01:19:22.30
316/610	DONALD, ANNA	2344	01:00:43.35	09:46	10K30-39F	70/157	F	158/384	01:00:25.45
567/610	DOORNBOS, DANIELLE	2345	01:16:31.75	12:19	10K20-29F	104/109	F	348/384	01:15:22.95
569/610	DOORNBOS, RONALD	2346	01:16:33.50	12:19	10K50-59M	42/42	M	220/226	01:15:24.25
4/610	DOWLING, SHAWN	2347	00:37:10.65	05:59	10K30-39M	3/62	M	4/226	00:37:08.25
186/610	DOYLE, KIMBERLIEGH	2348	00:55:25.60	08:55	10K30-39F	34/157	F	74/384	00:55:00.60
187/610	DOYLE, STEPHAN	2349	00:55:25.80	08:55	10K40-49M	26/56	M	113/226	00:55:00.30
275/610	DRIEDGER, KEVIN	2350	00:58:47.15	09:27	10K40-49M	32/56	M	142/226	00:57:03.35
307/610	DRIEDGER, VAL	2351	01:00:18.00	09:42	10K40-49F	21/68	F	154/384	00:58:33.50
532/610	DUNNE, AARON	2354	01:11:46.85	11:33	10K20-29M	42/43	M	211/226	01:10:20.15
491/610	DYKSTRA, RICK	2356	01:09:15.00	11:09	10K40-49M	49/56	M	206/226	01:09:13.05
471/610	EDDY, HEATHER	2357	01:07:10.05	10:48	10K40-49F	43/68	F	267/384	01:06:42.25
497/610	EDIGER, DIANA	2358	01:09:27.20	11:11	10K20-29F	91/109	F	290/384	01:07:58.90
161/610	ELGIE, KATIE	2359	00:54:14.50	08:44	10K30-39F	26/157	F	58/384	00:53:00.25
135/610	ELLIOTT, JUDITH	2360	00:52:50.50	08:30	10K50-59F	3/32	F	42/384	00:52:26.60
7/610	ELLUM, CAMERON	2361	00:38:22.35	06:10	10K30-39M	6/62	M	7/226	00:38:20.75
39/610	ENGLISH, JASON	2362	00:44:24.35	07:08	10K30-39M	12/62	M	33/226	00:44:18.80
365/610	ENTZ, CHARLENE	2363	01:02:39.90	10:05	10K50-59F	12/32	F	190/384	01:01:47.50
257/610	ENTZ, REBECCA	2364	00:58:12.00	09:22	10K20-29F	42/109	F	122/384	00:57:19.70
303/610	ETIENNE, MONIQUE	2365	01:00:00.00	09:39	10K30-39F	65/157	F	150/384	00:58:15.30
147/610	FERNANDO, JOSEPH	2367	00:53:19.05	08:35	10K20-29M	25/43	M	97/226	00:52:37.75
143/610	FERO, IAN	2368	00:53:04.85	08:32	10K40-49M	21/56	M	95/226	00:52:33.55
142/610	FERO, JENNIFER	2369	00:53:04.55	08:32	10K30-39F	19/157	F	48/384	00:52:34.65
183/610	FIELD, KYLE	2370	00:55:19.75	08:54	10K20-29M	29/43	M	111/226	00:54:17.35
57/610	FILLIP, TODD	2372	00:46:23.65	07:28	10K40-49M	9/56	M	45/226	00:46:04.50
467/610	FISHER, SARA	2375	01:06:38.00	10:43	10K30-39F	114/157	F	263/384	01:05:49.90
463/610	FLAIG, ANGELA	2376	01:06:29.60	10:42	10K30-39F	113/157	F	260/384	01:05:25.40
117/610	FONG, ALEX	2378	00:51:08.50	08:14	10K20-29M	21/43	M	85/226	00:50:57.70
122/610	FONG, JENNIFER	2379	00:51:36.10	08:18	10K20-29F	16/109	F	35/384	00:51:25.35
363/610	FORTOWSKY, LINDSAY	2926	01:02:35.40	10:04	10K30-39F	81/157	F	188/384	01:02:27.60
182/610	FOURNIER, SARAH	2380	00:55:18.90	08:54	10K20-29F	28/109	F	72/384	00:55:13.65
398/610	FOURNIER, SEBASTIEN	2381	01:03:54.30	10:17	10K30-39M	53/62	M	186/226	01:03:48.60
580/610	FOX, KATHLEEN	2884	01:19:39.10	12:49	10K50-59F	27/32	F	359/384	01:18:15.90
601/610	FREDERICKSON, SHANNON	2382	01:26:11.05	13:52	10K30-39F	155/157	F	377/384	01:25:15.40
234/610	FRERE SCHMIDT, RINKY	2383	00:57:33.00	09:16	10K40-49F	15/68	F	109/384	00:57:10.40
346/610	FROST, AMANDA	2384	01:01:56.70	09:58	10K30-39F	78/157	F	178/384	01:00:17.20
23/610	FRY, DAVID	2628	00:42:17.05	06:48	10K20-29M	9/43	M	21/226	00:41:56.95
375/610	FUHR, KRIS	2385	01:02:57.80	10:08	10K50-59M	34/42	M	178/226	01:02:40.60
131/610	FUHR, LORRAINE	2386	00:52:31.40	08:27	10K50-59F	1/32	F	38/384	00:52:28.90
149/610	FUNK, ADAM	2366	00:53:34.95	08:37	10K13-19M	6/8	M	98/226	00:52:51.85
155/610	FUNK, RICHARD	2389	00:53:48.00	08:39	10K40-49M	22/56	M	101/226	00:53:04.80
196/610	GAGNON, ERIC	2390	00:55:43.35	08:58	10K30-39M	39/62	M	117/226	00:55:31.35

Alpha Overall Results

10K - 6.21 Miles

O/A	Name	Bib#	Time	Pace m/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
465/610	GARDNER, PATRICIA	2391	01:06:34.70	10:43	10K40-49F	42/68	F	262/384	01:05:31.75
81/610	GARDNER, STUART	2392	00:48:53.50	07:52	10K13-19M	4/8	M	61/226	00:47:56.40
593/610	GARRIES, SHERRI	2393	01:22:30.95	13:17	10K40-49F	67/68	F	370/384	01:21:15.35
530/610	GARSTAD, TINA	2394	01:11:35.20	11:31	10K40-49F	61/68	F	320/384	01:10:32.15
53/610	GEORGE, KAYLA	2833	00:46:00.25	07:24	10K13-19F	1/13	F	11/384	00:45:57.40
352/610	GEORGE, NATASHA	2395	01:02:12.50	10:01	10K20-29F	57/109	F	182/384	01:01:18.10
522/610	GETZ, JENNIFER	2396	01:11:06.20	11:26	10K20-29F	97/109	F	312/384	01:10:49.50
523/610	GETZ, KAREN	2397	01:11:13.80	11:28	10K50-59F	19/32	F	313/384	01:10:58.10
453/610	GIBSON, COLLETTE	2438	01:06:08.20	10:38	10K30-39F	107/157	F	251/384	01:05:30.60
409/610	GIFFEN, AMANDA	2398	01:04:27.80	10:22	10K30-39F	93/157	F	220/384	01:02:57.75
120/610	GIFFEN, CHRIS	2399	00:51:24.80	08:16	10K30-39M	31/62	M	87/226	00:50:50.60
140/610	GIFFEN, REBECCA	2400	00:53:01.30	08:32	10K30-39F	18/157	F	46/384	00:52:24.40
25/610	GILES, GRANT	2401	00:42:22.50	06:49	10K50-59M	1/42	M	23/226	00:42:21.40
152/610	GILLESPIE, MOLLY	2402	00:53:39.30	08:38	10K30-39F	22/157	F	53/384	00:53:13.00
46/610	GILLIES, CLAY	2917	00:45:22.20	07:18	10K40-49M	6/56	M	37/226	00:45:03.85
319/610	GONZALEZ, CAROLINA	2406	01:00:51.00	09:47	10K30-39F	71/157	F	161/384	01:00:35.20
105/610	GOODREAU, JAIME	2407	00:50:20.35	08:06	10K20-29F	11/109	F	28/384	00:49:50.75
425/610	GOOLIAFF, SHAUNA	2408	01:05:00.85	10:28	10K40-49F	36/68	F	229/384	01:04:07.85
312/610	GOSAL, BALJIT	2409	01:00:34.45	09:45	10K60-69M	4/9	M	156/226	01:00:33.55
87/610	GRADY, MATT	2410	00:49:06.60	07:54	10K30-39M	26/62	M	67/226	00:49:06.60
289/610	GRAHAM, ANDREA	2411	00:59:05.50	09:31	10K30-39F	61/157	F	142/384	00:58:46.60
563/610	GRAHAM METCALF, JENNIFER	2412	01:16:02.60	12:14	10K30-39F	139/157	F	345/384	01:14:17.80
531/610	GRAY, SHARON	2413	01:11:41.30	11:32	10K50-59F	21/32	F	321/384	01:10:47.65
179/610	GREEN, JOANNE	2885	00:55:12.20	08:53	10K40-49F	7/68	F	69/384	00:55:07.70
118/610	GREEN, MICHAEL	2886	00:51:09.15	08:14	10K20-29M	22/43	M	86/226	00:51:03.60
172/610	GREENALL, GERI	2415	00:54:40.40	08:48	10K30-39F	30/157	F	66/384	00:54:16.60
574/610	GRENKOW, NICOLE	2416	01:17:59.45	12:33	10K30-39F	143/157	F	354/384	01:15:41.00
83/610	GRIECO, JOHN	2417	00:48:56.10	07:52	10K40-49M	14/56	M	63/226	00:48:22.85
34/610	GRIECO, RYAN	2418	00:43:25.00	06:59	10K13-19M	2/8	M	30/226	00:43:15.30
78/610	GROMACK, STEVE	2419	00:48:40.70	07:50	10K40-49M	13/56	M	59/226	00:48:02.40
74/610	GUNDERSON, DAVID	2421	00:48:15.75	07:46	10K20-29M	14/43	M	55/226	00:48:12.90
150/610	HALPRIN, DANYAEL	2423	00:53:38.45	08:38	10K30-39F	21/157	F	52/384	00:53:28.85
320/610	HALVORSEN, JEFF	2424	01:00:52.10	09:48	10K20-29M	31/43	M	159/226	00:59:48.25
544/610	HALWAS, COLLEEN	2425	01:13:49.45	11:53	10K40-49F	63/68	F	330/384	01:12:17.45
373/610	HALWAS, DARIAN	2426	01:02:53.75	10:07	10K13-19M	7/8	M	177/226	01:01:23.10
545/610	HALWAS, DAVID	2427	01:13:51.90	11:53	10K40-49M	52/56	M	215/226	01:12:08.05
311/610	HAMILTON, MYLES	2913	01:00:31.60	09:44	10K50-59M	29/42	M	155/226	01:00:02.20
129/610	HAMILTON, NICHOLAS	2428	00:52:11.60	08:24	10K20-29M	24/43	M	93/226	00:51:47.40
173/610	HAMMOND, SIMON	2429	00:54:46.55	08:49	10K30-39M	36/62	M	107/226	00:53:42.15
141/610	HANN, JESSICA	2899	00:53:02.90	08:32	10K20-29F	21/109	F	47/384	00:52:05.05
299/610	HANNA, PAULETTE	2430	00:59:29.55	09:34	10K50-59F	9/32	F	147/384	00:59:05.60
124/610	HARASYM, MICHAEL	2432	00:51:45.30	08:20	10K40-49M	19/56	M	89/226	00:51:13.00
61/610	HARDY, MARTIN	2924	00:46:33.25	07:29	10K40-49M	10/56	M	48/226	00:46:21.65
64/610	HARNETT, DAVID	2434	00:46:59.45	07:33	10K20-29M	12/43	M	50/226	00:46:53.05
274/610	HARRIMAN, CALEY	2435	00:58:42.15	09:27	10K13-19F	5/13	F	133/384	00:57:18.70
285/610	HARRIMAN, SHELLEY	2436	00:59:01.30	09:30	10K50-59F	7/32	F	140/384	00:57:38.00
206/610	HARRISON, TENNILLE	2437	00:56:14.45	09:03	10K20-29F	35/109	F	87/384	00:55:34.50
535/610	HART, GERRY	2439	01:12:51.70	11:44	10K50-59M	40/42	M	212/226	01:11:45.20
512/610	HARVIE, VIRGINIA	2440	01:10:19.15	11:19	10K40-49F	56/68	F	304/384	01:08:57.95
411/610	HAWTHORNE, BRIAN	2441	01:04:30.30	10:23	10K50-59M	36/42	M	190/226	01:04:15.15
67/610	HAYES, ANNIE	2442	00:47:18.45	07:37	10K20-29F	7/109	F	17/384	00:47:15.90
188/610	HEAD, KEVIN	2444	00:55:27.00	08:55	10K30-39M	38/62	M	114/226	00:54:28.65
480/610	HEFFERNAN, KATHERINE	2445	01:07:43.10	10:54	10K20-29F	87/109	F	275/384	01:06:51.50
308/610	HENDERSON, JIM	2447	01:00:18.90	09:42	10K50-59M	28/42	M	154/226	00:59:32.25
137/610	HENDERSON, MEREDITH	2906	00:52:56.95	08:31	10K20-29F	20/109	F	43/384	00:52:12.55
476/610	HENNIG, SHANNON	2448	01:07:31.50	10:52	10K20-29F	86/109	F	272/384	01:06:12.95
607/610	HENRY, DAWN	2449	01:44:56.65	16:54	10K50-59F	32/32	F	382/384	01:44:25.85

Alpha Overall Results

10K - 6.21 Miles

O/A	Name	Bib#	Time	Pace m/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
246/610	HEREYGERS, LESLEY	2450	00:57:56.25	09:19	10K20-29F	41/109	F	116/384	00:57:03.75
429/610	HEWITT, KAREN	2451	01:05:10.55	10:29	10K50-59F	15/32	F	232/384	01:04:12.65
236/610	HEWITT, SEAN	2452	00:57:37.05	09:16	10K30-39M	44/62	M	126/226	00:56:49.90
488/610	HEYWOOD, MELANIE	2453	01:08:53.05	11:05	10K30-39F	119/157	F	283/384	01:08:12.20
225/610	HEYWOOD, SEAN	2454	00:57:05.55	09:11	10K30-39M	42/62	M	123/226	00:56:22.30
229/610	HILDEBRANDT, DALE	2455	00:57:19.95	09:13	10K50-59M	17/42	M	124/226	00:56:02.45
449/610	HILL, BARB	2456	01:05:58.40	10:37	10K50-59F	16/32	F	247/384	01:04:37.45
455/610	HILL, KELLY	2457	01:06:11.10	10:39	10K40-49F	40/68	F	252/384	01:05:33.20
448/610	HILL, KEVIN	2459	01:05:58.15	10:37	10K20-29M	39/43	M	202/226	01:04:36.10
106/610	HINTON, DAREN	2460	00:50:24.70	08:07	10K40-49M	17/56	M	78/226	00:49:57.60
40/610	HIRD, AYANO	2461	00:44:32.60	07:10	10K30-39F	6/157	F	7/384	00:44:21.65
50/610	HIRD, MIKE	2462	00:45:54.20	07:23	10K30-39M	17/62	M	40/226	00:45:16.95
353/610	HOBBS, CURTIS	2463	01:02:14.10	10:01	10K40-49M	41/56	M	171/226	01:01:08.35
388/610	HOBDAY, KATIE	2464	01:03:25.30	10:12	10K20-29F	65/109	F	206/384	01:02:38.40
136/610	HOGABOAM, KYLE	2465	00:52:54.60	08:31	10K30-39M	32/62	M	94/226	00:51:59.70
205/610	HOGAN, BRIGID	2466	00:56:14.25	09:03	10K30-39F	39/157	F	86/384	00:55:21.45
516/610	HOGG, SHELLEY	2467	01:10:34.85	11:21	10K40-49F	57/68	F	307/384	01:10:26.25
348/610	HOLLMAN, LANDON	2468	01:02:01.15	09:59	10K30-39M	51/62	M	169/226	01:01:00.30
211/610	HONG, JULIE	2470	00:56:23.40	09:04	10K30-39F	41/157	F	91/384	00:55:47.25
272/610	HOPKINS, ALLISON	2472	00:58:37.10	09:26	10K20-29F	46/109	F	131/384	00:58:22.30
89/610	HOPKINS, ERIC	2473	00:49:18.60	07:56	10K50-59M	8/42	M	69/226	00:49:02.35
185/610	HOWARD, SHARLA	2475	00:55:24.05	08:55	10K30-39F	33/157	F	73/384	00:54:43.55
584/610	HUG, ANNE-LAURE	2477	01:20:25.00	12:56	10K30-39F	148/157	F	363/384	01:19:08.80
434/610	HUGHSON, PATRICK	2478	01:05:25.85	10:32	10K20-29M	37/43	M	198/226	01:04:01.25
54/610	HURDLE, HEATHER	2479	00:46:06.10	07:25	10K20-29F	4/109	F	12/384	00:46:03.00
540/610	HUTCHINSON, ANGELA	2480	01:13:30.60	11:50	10K40-49F	62/68	F	326/384	01:12:07.40
251/610	HUYNH, HOA	2481	00:58:04.25	09:21	10K30-39F	54/157	F	118/384	00:57:13.35
101/610	HYMAN, TRICIA	2867	00:50:11.65	08:05	10K30-39F	13/157	F	26/384	00:50:02.55
203/610	INGLIS, JULIE	2900	00:56:02.75	09:01	10K30-39F	38/157	F	84/384	00:55:13.40
298/610	ITO, YOSHIKI	2485	00:59:27.20	09:34	10K70+M	1/3	M	152/226	00:58:37.95
290/610	IWANCHUK, DIANE	2486	00:59:07.15	09:31	10K50-59F	8/32	F	143/384	00:59:01.60
28/610	JACOBS, BRAD	2487	00:42:43.30	06:52	10K30-39M	9/62	M	25/226	00:42:41.25
486/610	JAGT, KATHRYN	2488	01:08:41.85	11:03	10K20-29F	89/109	F	281/384	01:08:29.45
597/610	JAMES, DEBRA	2490	01:24:48.00	13:39	10K30-39F	152/157	F	374/384	01:23:12.20
570/610	JAMIESON, KELTIE	2516	01:17:10.85	12:25	10K30-39F	141/157	F	350/384	01:15:36.25
18/610	JEFFERY, TYLER	2494	00:41:09.25	06:37	10K20-29M	7/43	M	17/226	00:41:04.75
44/610	JENKINS, KENT	2495	00:44:54.80	07:13	10K30-39M	14/62	M	36/226	00:44:34.20
1/610	JENSEN, SCOTT	2496	00:33:48.15	05:26	10K30-39M	1/62	M	1/226	00:33:48.15
609/610	JESSIMAN, MEGHAN	2887	01:50:01.50	17:43	10K40-49F	68/68	F	384/384	01:48:33.65
21/610	JEWETT, RHONDA	2497	00:41:45.95	06:43	10K30-39F	2/157	F	2/384	00:41:43.95
191/610	JO, CHRISTY	2499	00:55:36.35	08:57	10K30-39F	36/157	F	77/384	00:55:29.95
218/610	JOHAL, NICKI	2500	00:56:42.40	09:07	10K20-29F	39/109	F	97/384	00:56:34.60
468/610	JOHANSEN, HEATHER	2501	01:06:41.15	10:44	10K20-29F	81/109	F	264/384	01:06:05.55
548/610	JOHNSON, ANITA	2912	01:14:20.70	11:58	10K50-59F	24/32	F	332/384	01:13:02.75
29/610	JOHNSON, KEN	2502	00:42:44.85	06:53	10K50-59M	2/42	M	26/226	00:42:43.25
317/610	JOHNSTONE, SHYLA	2503	01:00:46.35	09:47	10K20-29F	52/109	F	159/384	01:00:20.85
572/610	JUNG, GABRIELLA	2506	01:17:48.35	12:31	10K13-19F	12/13	F	352/384	01:16:44.35
514/610	KANSKI, AUDRA	2508	01:10:24.00	11:20	10K30-39F	125/157	F	305/384	01:08:52.80
212/610	KAWAKAMI, JUN	2509	00:56:23.70	09:04	10K30-39M	41/62	M	121/226	00:55:46.90
163/610	KEATLEY, CATHERINE	2511	00:54:19.35	08:44	10K30-39F	27/157	F	59/384	00:53:35.15
233/610	KEATLEY, JOSH	2512	00:57:31.00	09:15	10K30-39M	43/62	M	125/226	00:56:46.30
153/610	KEELING, JAMES	2513	00:53:39.90	08:38	10K50-59M	14/42	M	100/226	00:52:11.50
438/610	KEIRSTEAD, ANDREW	2904	01:05:34.55	10:33	10K20-29M	38/43	M	201/226	01:05:00.50
598/610	KELLY, DAWN	2514	01:24:48.05	13:39	10K30-39F	153/157	F	375/384	01:23:12.55
552/610	KELLY, LAUREN	2515	01:15:22.55	12:08	10K20-29F	100/109	F	335/384	01:14:07.90
210/610	KENNEDY, JEAN	1568	00:56:22.40	09:04	10K40-49F	9/68	F	90/384	00:52:34.90
49/610	KERR, IAN	2518	00:45:32.70	07:20	10K30-39M	16/62	M	39/226	00:45:15.80

Alpha Overall Results

10K - 6.21 Miles

O/A	Name	Bib#	Time	Pace m/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
119/610	KERR, JENNIFER	2519	00:51:24.50	08:16	10K20-29F	14/109	F	33/384	00:51:06.50
520/610	KERWIN, KEN	2520	01:10:58.35	11:25	10K50-59M	39/42	M	210/226	01:10:00.05
60/610	KERWIN, STEPHANIE	2521	00:46:32.50	07:29	10K30-39F	7/157	F	13/384	00:46:27.95
223/610	KESKIC, KRISTY	2522	00:56:59.65	09:10	10K30-39F	45/157	F	101/384	00:56:37.95
506/610	KILDARE, CAROLYN	2869	01:09:47.00	11:14	10K40-49F	53/68	F	298/384	01:08:54.20
115/610	KIM, RICHARD	2524	00:51:02.90	08:13	10K40-49M	18/56	M	84/226	00:49:29.85
107/610	KING, SARAH	2526	00:50:29.35	08:07	10K30-39F	14/157	F	29/384	00:50:21.60
73/610	KING, SHANE	2870	00:48:13.65	07:46	10K30-39M	22/62	M	54/226	00:48:05.45
13/610	KIRBY, ALEX	2921	00:39:38.40	06:22	10K13-19M	1/8	M	13/226	00:39:37.25
536/610	KIRKPATRICK, ELLEN	2527	01:12:58.90	11:45	10K30-39F	130/157	F	324/384	01:12:13.65
454/610	KLOIBER, PETER	2915	01:06:08.55	10:39	10K20-29M	40/43	M	203/226	01:05:36.65
503/610	KNUFF, COLLEEN	2531	01:09:38.70	11:12	10K30-39F	123/157	F	295/384	01:08:19.10
249/610	KOKOTT, RYAN	2532	00:58:02.75	09:20	10K30-39M	45/62	M	132/226	00:56:32.55
590/610	KOOPMANS, KAIA	2533	01:21:47.15	13:10	10K20-29F	108/109	F	368/384	01:20:15.05
442/610	KORO, LINDSAY	2871	01:05:39.00	10:34	10K20-29F	78/109	F	241/384	01:04:03.20
193/610	KORT, BRIAN	2534	00:55:41.25	08:58	10K60-69M	2/9	M	115/226	00:55:05.65
562/610	KORT, HEATHER	2535	01:15:59.25	12:14	10K60-69F	3/4	F	344/384	01:15:22.75
100/610	KRZYWICKI, JACEK	2537	00:50:05.65	08:04	10K30-39M	28/62	M	75/226	00:49:50.35
138/610	KRZYWICKI, SHANNON	2538	00:52:57.75	08:31	10K30-39F	16/157	F	44/384	00:52:43.70
171/610	KUBASEK, GLENDA	2539	00:54:38.60	08:48	10K30-39F	29/157	F	65/384	00:54:24.85
148/610	KUEHNER, MELISSA	2540	00:53:21.15	08:35	10K40-49F	4/68	F	51/384	00:52:52.95
421/610	KUHL, GREG	2541	01:04:50.90	10:26	10K50-59M	37/42	M	195/226	01:04:41.60
510/610	KWOK, OLIVE	2543	01:10:10.70	11:18	10K20-29F	94/109	F	302/384	01:09:33.70
337/610	KWONG, EDWARD	2544	01:01:41.50	09:56	10K20-29M	33/43	M	166/226	01:01:18.40
553/610	LAIRD, CHELSEA	2545	01:15:24.30	12:08	10K20-29F	101/109	F	336/384	01:14:08.60
284/610	LAJOIE, DANIELLE	2546	00:58:59.80	09:30	10K30-39F	59/157	F	139/384	00:58:30.75
369/610	LALACH, KRISTI	2547	01:02:42.50	10:05	10K30-39F	85/157	F	194/384	01:01:23.60
482/610	LAROCQUE, ANNE-MICHELE	2548	01:07:49.60	10:55	10K30-39F	117/157	F	277/384	01:07:33.80
347/610	LAUSCHER, REGAN	2549	01:02:00.35	09:59	10K30-39F	79/157	F	179/384	01:00:59.80
295/610	LAW, JODIE	2550	00:59:14.30	09:32	10K30-39F	63/157	F	145/384	00:58:41.35
228/610	LAYTON, KANDI	2551	00:57:11.60	09:12	10K40-49F	13/68	F	105/384	00:56:54.05
602/610	LEALAND, JENNIFER	2552	01:26:35.10	13:56	10K20-29F	109/109	F	378/384	01:26:14.10
174/610	LEDERHOS, GILBERT	2553	00:54:50.15	08:49	10K40-49M	24/56	M	108/226	00:54:03.95
582/610	LEE, ANITA	2554	01:20:16.30	12:55	10K20-29F	105/109	F	361/384	01:19:33.60
62/610	LEGACY, FRANK	2557	00:46:35.65	07:30	10K30-39M	20/62	M	49/226	00:46:21.80
475/610	LEIPNITZ, ANTJE	2558	01:07:23.50	10:51	10K20-29F	85/109	F	271/384	01:07:09.00
286/610	LEITENBERGER, HARVEY	2559	00:59:01.30	09:30	10K50-59M	24/42	M	146/226	00:58:57.40
164/610	LENNOX, MICHELLE	2560	00:54:20.60	08:45	10K20-29F	23/109	F	60/384	00:53:05.55
244/610	LEUNG, JANET	2561	00:57:53.80	09:19	10K30-39F	52/157	F	115/384	00:57:33.30
277/610	LEVEQUE, PETER	2562	00:58:49.80	09:28	10K40-49M	33/56	M	143/226	00:57:45.70
405/610	LEWIS, GREG	2563	01:04:14.45	10:20	10K60-69M	7/9	M	189/226	01:03:39.85
126/610	LIGHTLE, ROSALIND	2565	00:52:01.10	08:22	10K20-29F	17/109	F	36/384	00:51:57.40
10/610	LINDLAND, KEVIN	2566	00:38:47.10	06:14	10K40-49M	2/56	M	10/226	00:38:47.10
469/610	LIPINSKI, JOANNE	2567	01:07:06.50	10:48	10K20-29F	82/109	F	265/384	01:06:23.70
393/610	LLEWELLYN, LAURA	2568	01:03:35.00	10:14	10K20-29F	67/109	F	210/384	01:01:37.10
321/610	LOHMANN, MARILYN	2569	01:01:04.15	09:50	10K40-49F	23/68	F	162/384	00:59:55.90
33/610	LOHMANN, TARA	2895	00:43:17.80	06:58	10K30-39F	3/157	F	4/384	00:43:02.35
104/610	LONGWORTH, ANDREA	2570	00:50:18.45	08:05	10K20-29F	10/109	F	27/384	00:50:10.75
71/610	LOTTERMOSER, RYAN	2571	00:47:50.95	07:42	10K30-39M	21/62	M	53/226	00:46:51.75
585/610	LOUDON, EUNICE	2572	01:20:25.35	12:56	10K50-59F	28/32	F	364/384	01:19:08.35
513/610	LOUIE, WILLIAM	2573	01:10:21.30	11:19	10K70+M	3/3	M	209/226	01:08:51.50
430/610	LOVE, JENNIFER	2574	01:05:13.30	10:30	10K30-39F	99/157	F	233/384	01:03:37.80
360/610	LUFT, BRAD	2575	01:02:28.50	10:03	10K40-49M	44/56	M	175/226	01:00:51.60
420/610	LUI, ALICE	2576	01:04:49.90	10:26	10K20-29F	71/109	F	226/384	01:03:54.00
11/610	LUKINUK, BRENDT	2577	00:39:00.75	06:16	10K30-39M	7/62	M	11/226	00:38:58.40
329/610	LUKINUK, ELIZABETH	2578	01:01:28.05	09:53	10K30-39F	74/157	F	167/384	01:00:55.65
390/610	LUNDEEN, DAVID	2579	01:03:28.60	10:13	10K30-39M	52/62	M	183/226	01:02:28.40

Alpha Overall Results

10K - 6.21 Miles

O/A	Name	Bib#	Time	Pace m/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
224/610	LUPART, VANESSA	2580	00:57:05.10	09:11	10K30-39F	46/157	F	102/384	00:56:22.85
195/610	LUPUL, SHERI	2581	00:55:42.35	08:58	10K30-39F	37/157	F	79/384	00:55:00.85
452/610	LUSINA, BETH	2582	01:06:04.00	10:38	10K30-39F	106/157	F	250/384	01:05:26.10
43/610	LYCKMAN, MICHELLE	2583	00:44:50.70	07:13	10K20-29F	2/109	F	8/384	00:44:37.30
599/610	LYLE, CHRISTY	2584	01:25:48.20	13:48	10K30-39F	154/157	F	376/384	01:25:21.60
508/610	MACDONALD, JACQUELINE	2586	01:09:57.00	11:15	10K30-39F	124/157	F	300/384	01:08:54.85
594/610	MACDONALD, KELLY	2587	01:22:34.60	13:17	10K30-39F	149/157	F	371/384	01:22:34.60
608/610	MACDONALD, LARA	2888	01:50:00.50	17:42	10K30-39F	157/157	F	383/384	01:48:31.60
596/610	MACDONALD, SANDRA	2889	01:24:39.20	13:37	10K30-39F	151/157	F	373/384	01:23:15.75
103/610	MACEDO, RICHARD	2588	00:50:14.60	08:05	10K30-39M	30/62	M	77/226	00:50:07.45
222/610	MACK-GRANGER, CHRISTINE	2589	00:56:58.25	09:10	10K40-49F	12/68	F	100/384	00:55:35.35
116/610	MACKAY, BROOKE	2590	00:51:08.35	08:14	10K13-19F	2/13	F	32/384	00:50:57.55
97/610	MACKAY, SUSAN	2591	00:50:04.10	08:03	10K30-39F	12/157	F	25/384	00:49:51.20
291/610	MACNAB, ALEX	2594	00:59:07.75	09:31	10K30-39M	48/62	M	148/226	00:58:38.55
478/610	MACNAUGHTON, CATHY	2595	01:07:40.75	10:53	10K40-49F	45/68	F	274/384	01:05:58.90
479/610	MACNAUGHTON, WALLY	2596	01:07:41.30	10:53	10K40-49M	48/56	M	205/226	01:05:59.65
396/610	MADAMESILA, MICO JAMES	2597	01:03:47.30	10:16	10K20-29M	34/43	M	184/226	01:03:24.60
209/610	MAHAJAN, SAPNA	2599	00:56:15.75	09:03	10K20-29F	36/109	F	89/384	00:55:35.55
258/610	MAIDMENT, TANYA	2600	00:58:12.80	09:22	10K40-49F	17/68	F	123/384	00:57:55.55
550/610	MAINGAT, MICHELLE	2601	01:14:32.15	12:00	10K30-39F	134/157	F	333/384	01:14:07.15
432/610	MANZOCCO, CHRISTIANA	2872	01:05:19.80	10:31	10K20-29F	74/109	F	235/384	01:05:04.65
5/610	MARCOTTE, KYLE	2890	00:37:47.25	06:05	10K30-39M	4/62	M	5/226	00:37:46.80
47/610	MARINE, CHRYSYAL	2602	00:45:25.40	07:18	10K40-49F	1/68	F	10/384	00:45:06.90
578/610	MARQUEZ, JAIMEE	2443	01:19:16.95	12:46	10K30-39F	146/157	F	358/384	01:17:32.35
605/610	MATSUO, CAMERON	2902	01:38:46.50	15:54	10K40-49M	56/56	M	225/226	01:37:11.85
158/610	MAWHINNEY, SHARLA	2604	00:54:07.45	08:42	10K30-39F	24/157	F	56/384	00:53:58.45
77/610	MAZZOLANI, MARCO	2606	00:48:37.70	07:49	10K40-49M	12/56	M	58/226	00:48:16.90
527/610	MCCHARLES, MARINA	2609	01:11:19.75	11:29	10K20-29F	98/109	F	317/384	01:09:16.75
603/610	MCDONALD, CHERYL	2610	01:27:15.10	14:02	10K50-59F	30/32	F	379/384	01:27:08.20
201/610	MCDONALD, JOHN	2611	00:56:00.25	09:01	10K50-59M	16/42	M	119/226	00:55:28.65
489/610	MCEACHERN, TRACY	2612	01:09:02.55	11:07	10K40-49F	48/68	F	284/384	01:07:34.75
426/610	MCGEACHIE, FRANK	2910	01:05:01.00	10:28	10K50-59M	38/42	M	197/226	01:04:02.30
428/610	MCGOVERN, CARA	2613	01:05:07.00	10:29	10K30-39F	98/157	F	231/384	01:04:28.05
324/610	MCKEEN, DOUG	2932	01:01:08.55	09:50	10K40-49M	38/56	M	161/226	01:00:29.65
123/610	MCLEAN, DOUGLAS	2615	00:51:42.45	08:19	10K50-59M	12/42	M	88/226	00:51:24.15
63/610	MCLELLAN, CAITLYN	2616	00:46:36.80	07:30	10K20-29F	5/109	F	14/384	00:46:10.10
114/610	MCLEOD, RICK	2618	00:50:56.15	08:12	10K50-59M	11/42	M	83/226	00:50:51.05
36/610	MCLEOD, SEAN	2619	00:44:06.10	07:06	10K20-29M	11/43	M	31/226	00:44:02.10
91/610	MCNEIL, AARIN	2620	00:49:41.75	08:00	10K20-29F	9/109	F	22/384	00:49:37.55
267/610	MCNEILLY, ALLISON	2621	00:58:23.00	09:24	10K13-19F	4/13	F	127/384	00:57:54.75
302/610	MEDING, ELAINE	2623	00:59:51.05	09:38	10K50-59F	10/32	F	149/384	00:59:26.75
31/610	MEDWID, GREG	2624	00:43:08.50	06:56	10K30-39M	10/62	M	28/226	00:43:08.50
288/610	MELDRUM, DAN	2626	00:59:01.60	09:30	10K40-49M	35/56	M	147/226	00:57:49.00
192/610	MERCIER, ERIN	2627	00:55:38.35	08:57	10K20-29F	29/109	F	78/384	00:54:33.20
198/610	METCALFE, R	2629	00:55:49.10	08:59	10K20-29F	31/109	F	81/384	00:55:05.55
68/610	METHOT, ALEXANDRE	2630	00:47:41.30	07:40	10K20-29M	13/43	M	51/226	00:47:31.05
283/610	MIGNEAULT, NAAVA	2631	00:58:56.75	09:29	10K30-39F	58/157	F	138/384	00:58:03.75
472/610	MILLER, LEAH	2632	01:07:10.85	10:49	10K20-29F	83/109	F	268/384	01:06:32.70
435/610	MILLER, RODERICK	2633	01:05:25.85	10:32	10K40-49M	47/56	M	199/226	01:04:51.65
547/610	MOFFAT, ANGELA	2873	01:14:03.60	11:55	10K30-39F	133/157	F	331/384	01:12:49.80
387/610	MONT, SHELLY	2635	01:03:25.20	10:12	10K40-49F	32/68	F	205/384	01:02:15.30
446/610	MOORE, DONNA	2933	01:05:53.20	10:36	10K40-49F	38/68	F	245/384	01:05:12.65
200/610	MOORE, JOHN	2637	00:55:53.40	08:59	10K50-59M	15/42	M	118/226	00:55:43.20
383/610	MORGAN, JAMES	2638	01:03:15.45	10:11	10K40-49M	45/56	M	181/226	01:01:56.00
487/610	MORGAN, LINDA	2639	01:08:43.35	11:03	10K40-49F	47/68	F	282/384	01:07:24.00
255/610	MORIN, ROBERT	2640	00:58:08.30	09:21	10K40-49M	30/56	M	135/226	00:56:46.90
433/610	MOROZ, ALLISON	2641	01:05:25.65	10:32	10K20-29F	75/109	F	236/384	01:04:15.10

Alpha Overall Results

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O/A	Name	Bib#	Time	Pace m/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
300/610	MOROZ, MARNIE	2642	00:59:32.50	09:35	10K30-39F	64/157	F	148/384	00:58:28.10
521/610	MOUNTFORD, NIKKI	2643	01:10:59.00	11:25	10K40-49F	60/68	F	311/384	01:09:53.55
493/610	MUCSI, ASHLEY	2644	01:09:20.15	11:09	10K20-29F	90/109	F	287/384	01:09:06.10
579/610	MULALIC, DAMIR	2891	01:19:38.90	12:49	10K20-29M	43/43	M	221/226	01:18:15.00
199/610	MULEKOVA, NATALIA	2645	00:55:50.10	08:59	10K20-29F	32/109	F	82/384	00:55:24.55
66/610	MULLIN INNES, CARRIE	2918	00:47:16.05	07:36	10K40-49F	2/68	F	16/384	00:46:54.40
248/610	MURPHY, DYLAN	2646	00:58:00.40	09:20	10K12&UM	1/3	M	131/226	00:57:47.80
263/610	MURPHY, LIAM	2648	00:58:16.85	09:23	10K12&UM	2/3	M	138/226	00:58:04.45
15/610	MURPHY, STEPHANIE	2649	00:40:23.30	06:30	10K30-39F	1/157	F	1/384	00:40:22.05
543/610	MYRONYK, ANDREA	2651	01:13:49.10	11:53	10K30-39F	132/157	F	329/384	01:12:17.80
496/610	NAIDEN, MATTHEW	2652	01:09:26.95	11:11	10K20-29M	41/43	M	207/226	01:07:58.25
500/610	NEMECEK, ANDREA	2655	01:09:28.40	11:11	10K30-39F	120/157	F	292/384	01:08:16.40
459/610	NEWMAN, CANDACE	2656	01:06:17.30	10:40	10K30-39F	109/157	F	256/384	01:05:49.30
350/610	NICKERSON, DUNCAN	2657	01:02:07.35	10:00	10K40-49M	40/56	M	170/226	01:00:56.75
354/610	NIELSEN, DOUG	2658	01:02:14.25	10:01	10K40-49M	42/56	M	172/226	01:01:07.95
575/610	NIELSEN, JANET	2659	01:18:25.55	12:37	10K30-39F	144/157	F	355/384	01:17:37.65
328/610	NIELSEN, SANDRA	2660	01:01:24.60	09:53	10K30-39F	73/157	F	166/384	01:00:43.30
440/610	NOLKE, JULIE	2661	01:05:37.55	10:34	10K20-29F	77/109	F	239/384	01:05:15.55
262/610	NORTON, NICK	2664	00:58:13.90	09:22	10K40-49M	31/56	M	137/226	00:58:06.90
366/610	O'BRIEN, ERIN	2665	01:02:41.90	10:05	10K30-39F	82/157	F	191/384	01:01:45.50
457/610	O'GRADY, KRISTY	2666	01:06:16.80	10:40	10K20-29F	80/109	F	254/384	01:04:48.85
423/610	O'GRADY, PAUL	2667	01:04:58.75	10:27	10K30-39M	57/62	M	196/226	01:03:29.30
377/610	O'NEILL, DAN	2668	01:03:02.80	10:09	10K70+M	2/3	M	179/226	01:01:31.65
484/610	OCAMPO, AMANDA	2669	01:08:19.75	11:00	10K30-39F	118/157	F	279/384	01:07:06.05
379/610	OGGY, DANIELLE	2670	01:03:05.75	10:09	10K20-29F	61/109	F	199/384	01:02:42.25
252/610	OHENE, JAMES	2671	00:58:05.60	09:21	10K20-29M	30/43	M	134/226	00:56:29.30
90/610	OHLSON, CHANEL	2672	00:49:19.20	07:56	10K30-39F	9/157	F	21/384	00:49:02.70
318/610	OLSEN, LINDA	2675	01:00:48.85	09:47	10K40-49F	22/68	F	160/384	01:00:39.80
456/610	OLSEN, MEGAN	2676	01:06:13.40	10:39	10K20-29F	79/109	F	253/384	01:05:27.10
88/610	OUMET, ROBERT	2677	00:49:06.85	07:54	10K40-49M	15/56	M	68/226	00:49:03.05
371/610	OWENS, CATHRYN	2678	01:02:45.50	10:06	10K40-49F	30/68	F	196/384	01:01:52.50
511/610	OWENS, JENNIFER	2679	01:10:11.00	11:18	10K40-49F	55/68	F	303/384	01:09:17.10
84/610	PARISH, ALAN	2930	00:48:57.00	07:52	10K20-29M	15/43	M	64/226	00:47:17.30
565/610	PARISH, RANDY	2874	01:16:07.30	12:15	10K40-49M	54/56	M	219/226	01:14:26.60
564/610	PARISH, SHARLYNN	2875	01:16:05.90	12:15	10K40-49F	65/68	F	346/384	01:14:26.00
384/610	PARKER, ALICIA	2901	01:03:18.00	10:11	10K20-29F	63/109	F	203/384	01:02:03.90
555/610	PARSONS, DAN	2682	01:15:27.05	12:08	10K40-49M	53/56	M	218/226	01:14:15.85
554/610	PARSONS, LISA	2683	01:15:26.05	12:08	10K40-49F	64/68	F	337/384	01:14:15.25
408/610	PATON, GILLIAN	2684	01:04:21.30	10:21	10K40-49F	35/68	F	219/384	01:03:56.35
362/610	PAUL, MEGAN	2685	01:02:31.00	10:04	10K13-19F	9/13	F	187/384	01:01:52.10
314/610	PAULSON, SHAUNA	2876	01:00:40.80	09:46	10K30-39F	69/157	F	157/384	01:00:05.95
270/610	PAWLUK, LARA	2686	00:58:32.40	09:25	10K40-49F	19/68	F	130/384	00:57:28.65
325/610	PEARSON, ROBERT	2688	01:01:11.45	09:51	10K50-59M	30/42	M	162/226	01:00:01.75
70/610	PENA, LUIS	2689	00:47:47.10	07:41	10K40-49M	11/56	M	52/226	00:47:35.10
93/610	PENNO, ERIN	2691	00:49:48.85	08:01	10K30-39F	11/157	F	24/384	00:49:37.80
372/610	PENNY, GEORGE	2692	01:02:50.00	10:07	10K50-59M	33/42	M	176/226	01:01:43.75
241/610	PERCIVAL, DONNA	2693	00:57:47.30	09:18	10K50-59F	5/32	F	113/384	00:57:35.00
606/610	PERRIER, BRENDA	2694	01:42:38.20	16:31	10K50-59F	31/32	F	381/384	01:41:03.75
406/610	PHILLIPS, GLORY	2695	01:04:17.65	10:21	10K50-59F	14/32	F	217/384	01:03:56.80
461/610	PIAMONTE, CECILIA	2696	01:06:19.00	10:40	10K30-39F	111/157	F	258/384	01:05:33.30
24/610	PIETERSMA, IAN	2697	00:42:17.70	06:48	10K40-49M	4/56	M	22/226	00:42:12.35
269/610	PILLMAN, JESSICA	2698	00:58:32.20	09:25	10K20-29F	45/109	F	129/384	00:57:48.95
344/610	PIRAUX, CHUCK	2699	01:01:55.35	09:58	10K40-49M	39/56	M	167/226	01:01:21.35
559/610	PIZARRO, GINA	2700	01:15:42.10	12:11	10K30-39F	136/157	F	341/384	01:06:46.65
374/610	PODRUZYNY, TRACY	2701	01:02:56.70	10:08	10K40-49F	31/68	F	197/384	01:02:40.00
166/610	PON, EMILY	2702	00:54:24.25	08:45	10K20-29F	24/109	F	62/384	00:53:19.30
202/610	POPE, GRACE	2703	00:56:01.35	09:01	10K20-29F	33/109	F	83/384	00:55:27.10

Alpha Overall Results

10K - 6.21 Miles

O/A	Name	Bib#	Time	Pace m/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
557/610	POWELL, JOANNE	2704	01:15:30.30	12:09	10K50-59F	25/32	F	339/384	01:14:20.00
560/610	POWER, MELISSA	2705	01:15:46.60	12:12	10K30-39F	137/157	F	342/384	01:14:50.75
109/610	POWER, TIMOTHY	2706	00:50:36.20	08:08	10K20-29M	19/43	M	80/226	00:50:04.20
424/610	PUSZTAY, VANESSA	2707	01:04:59.45	10:27	10K20-29F	73/109	F	228/384	01:04:08.65
445/610	RACKEL, LORI	2935	01:05:53.15	10:36	10K40-49F	37/68	F	244/384	01:05:13.90
94/610	RAFTER, GREG	2708	00:49:57.60	08:02	10K20-29M	17/43	M	70/226	00:49:35.50
389/610	RAMDIN, SHANNON	2709	01:03:27.30	10:13	10K30-39F	88/157	F	207/384	01:02:27.30
415/610	RAMESSAR, RANDY	2710	01:04:42.10	10:25	10K30-39M	56/62	M	193/226	01:04:20.70
75/610	RAMSEY, JASON	2711	00:48:29.90	07:48	10K30-39M	23/62	M	56/226	00:48:20.20
451/610	RAWSON, KAREN	2712	01:06:02.80	10:38	10K40-49F	39/68	F	249/384	01:04:38.25
294/610	REGIER, CHASTITY	2433	00:59:13.45	09:32	10K30-39F	62/157	F	144/384	00:58:05.50
112/610	REID, DANIEL	2718	00:50:44.80	08:10	10K50-59M	10/42	M	81/226	00:49:39.95
113/610	REID, JOHNNY	2719	00:50:45.10	08:10	10K20-29M	20/43	M	82/226	00:49:40.80
144/610	REID-SPIRK, DEBBOAIRE	2721	00:53:09.30	08:33	10K30-39F	20/157	F	49/384	00:52:07.90
507/610	REIMER, NORMA	2722	01:09:56.90	11:15	10K40-49F	54/68	F	299/384	01:08:49.10
335/610	RESTAR, JAY	2723	01:01:38.35	09:55	10K30-39M	50/62	M	165/226	01:00:56.90
14/610	RIGBY, BEN	2724	00:40:03.80	06:27	10K20-29M	4/43	M	14/226	00:39:56.90
450/610	RINGDAHL, SARAH	2726	01:06:01.50	10:37	10K60-69F	2/4	F	248/384	01:05:25.35
37/610	ROBBINS, ROBIN	2728	00:44:07.75	07:06	10K30-39M	11/62	M	32/226	00:43:54.80
207/610	ROBERTS, PAUL	2729	00:56:15.10	09:03	10K30-39M	40/62	M	120/226	00:55:24.65
79/610	ROBINSON, DIANA	2877	00:48:48.95	07:51	10K20-29F	8/109	F	20/384	00:48:39.35
447/610	RODGER, KIMBERLY-ANNE	2730	01:05:53.40	10:36	10K30-39F	105/157	F	246/384	01:04:40.65
160/610	ROLLETT, JOHN	2937	00:54:13.50	08:43	10K20-29M	26/43	M	103/226	00:54:03.30
339/610	ROMITI, MARIA	2731	01:01:41.80	09:56	10K30-39F	76/157	F	173/384	01:00:53.05
537/610	ROQUE, CARLA	2732	01:13:12.70	11:47	10K30-39F	131/157	F	325/384	01:11:55.20
175/610	ROSENBAUM, CHERYL	2733	00:54:51.30	08:49	10K20-29F	26/109	F	67/384	00:54:08.10
528/610	ROSTON, SARAH	2734	01:11:25.30	11:30	10K13-19F	11/13	F	318/384	01:10:38.20
45/610	ROTH, BEKI	2735	00:45:05.60	07:15	10K20-29F	3/109	F	9/384	00:44:56.55
2/610	ROTH, JONATHAN	2736	00:35:43.10	05:45	10K20-29M	1/43	M	2/226	00:35:42.45
38/610	ROWE, JENNY	2868	00:44:18.80	07:08	10K30-39F	5/157	F	6/384	00:44:13.10
273/610	RYCKMAN, CHRISTINE	2738	00:58:38.00	09:26	10K30-39F	56/157	F	132/384	00:58:21.70
250/610	SABADO, JR	2739	00:58:04.15	09:21	10K30-39M	46/62	M	133/226	00:49:42.35
305/610	SACREY BUTLER, JOHNNA	2740	01:00:10.35	09:41	10K30-39F	67/157	F	152/384	01:00:02.85
238/610	SADLER, JONATHAN	2741	00:57:38.10	09:16	10K50-59M	18/42	M	128/226	00:56:27.80
30/610	SAETRE, MARTY	2743	00:42:57.50	06:55	10K20-29M	10/43	M	27/226	00:42:46.20
349/610	SAGAN, ASHLEY	2744	01:02:02.75	09:59	10K13-19F	8/13	F	180/384	01:01:39.40
204/610	SALBUVIK, SONJA	2920	00:56:14.00	09:03	10K20-29F	34/109	F	85/384	00:55:26.35
412/610	SALI, MATT	2745	01:04:33.25	10:23	10K30-39M	55/62	M	191/226	01:03:16.90
413/610	SALI, MICHAEL	2746	01:04:33.60	10:23	10K20-29M	36/43	M	192/226	01:03:17.25
156/610	SALINAS, VERONIKA	2908	00:53:54.65	08:40	10K40-49F	5/68	F	55/384	00:53:52.55
268/610	SAMPSON, CASSIE	2907	00:58:28.85	09:25	10K20-29F	44/109	F	128/384	00:57:54.15
382/610	SANCHEZ, CAROLINA	2747	01:03:13.85	10:10	10K30-39F	87/157	F	202/384	01:03:01.85
410/610	SANDERS, KERRI	2748	01:04:29.15	10:23	10K30-39F	94/157	F	221/384	01:03:56.65
589/610	SANDERSON, ERIN	2749	01:21:46.35	13:10	10K20-29F	107/109	F	367/384	01:20:13.65
208/610	SAPERGIA, SOPHIE	2750	00:56:15.20	09:03	10K30-39F	40/157	F	88/384	00:55:34.80
340/610	SAVAGE, SONYA	2751	01:01:44.15	09:56	10K40-49F	27/68	F	174/384	01:01:41.40
587/610	SCARLETT, PERRIE	2752	01:20:58.40	13:02	10K40-49M	55/56	M	222/226	01:19:35.25
418/610	SCHAFFER, JACKIE	2753	01:04:43.40	10:25	10K30-39F	95/157	F	223/384	01:03:38.40
232/610	SCHAFFER, KRIS	2939	00:57:30.15	09:15	10K30-39F	48/157	F	108/384	00:57:19.35
239/610	SCHALIN, ELYSE	2754	00:57:42.30	09:17	10K20-29F	40/109	F	111/384	00:56:20.15
245/610	SCHALIN, GERRY	2755	00:57:56.20	09:19	10K50-59M	20/42	M	130/226	00:56:31.30
538/610	SCHMIDT, RYAN	2946	01:13:13.20	11:47	10K40-49M	50/56	M	213/226	01:10:14.60
417/610	SCHMOLD, NIKKI	2756	01:04:43.40	10:25	10K20-29F	70/109	F	224/384	01:04:14.40
368/610	SCHULTZ, KRISTEENA	2757	01:02:42.25	10:05	10K30-39F	84/157	F	193/384	01:01:37.40
436/610	SEDA, KAREN	2759	01:05:26.05	10:32	10K20-29F	76/109	F	237/384	01:04:11.65
170/610	SEGARRA, MARK	2760	00:54:34.25	08:47	10K30-39M	35/62	M	106/226	00:54:04.25
3/610	SELLERS, CORY	2761	00:36:59.10	05:57	10K30-39M	2/62	M	3/226	00:36:56.05

Alpha Overall Results

10K - 6.21 Miles

O/A	Name	Bib#	Time	Pace m/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
364/610	SELSING, JUSTINE	2762	01:02:37.05	10:04	10K20-29F	58/109	F	189/384	01:02:13.45
466/610	SHALALA, MARK	2764	01:06:37.45	10:43	10K30-39M	58/62	M	204/226	01:05:49.15
128/610	SHANDLEY, DAVID	2765	00:52:11.15	08:24	10K60-69M	1/9	M	92/226	00:51:40.35
167/610	SHANNON, LAURIE	2766	00:54:27.80	08:46	10K20-29F	25/109	F	63/384	00:54:12.80
306/610	SHLAH, DENA	2768	01:00:12.90	09:41	10K40-49F	20/68	F	153/384	00:59:56.20
342/610	SHUKSTER, MORGAN	2769	01:01:49.60	09:57	10K13-19F	6/13	F	176/384	01:01:28.20
441/610	SIGOUIN, ISABELLE	2880	01:05:37.75	10:34	10K30-39F	102/157	F	240/384	01:04:15.45
253/610	SILVESTRI, JOSEPHINE	2770	00:58:05.60	09:21	10K30-39F	55/157	F	119/384	00:57:14.10
326/610	SKRIVANOS, KRISTIN	2771	01:01:22.45	09:52	10K40-49F	25/68	F	164/384	01:00:06.75
358/610	SKROVE, TAMMIE	2772	01:02:23.65	10:02	10K30-39F	80/157	F	184/384	01:01:22.00
145/610	SMITH, KEVIN	2878	00:53:09.95	08:33	10K50-59M	13/42	M	96/226	00:52:04.85
169/610	SMITH, ROB	2916	00:54:33.50	08:47	10K20-29M	27/43	M	105/226	00:54:01.00
577/610	SNEDDON KENDRICK, ASTRID	2774	01:18:57.00	12:42	10K30-39F	145/157	F	357/384	01:18:00.70
444/610	SNELL, DIANA	2775	01:05:51.30	10:36	10K30-39F	104/157	F	243/384	01:04:51.50
437/610	SNELL, FRED	2776	01:05:32.80	10:33	10K60-69M	8/9	M	200/226	01:04:32.80
125/610	SOMMERFELD, MICHAEL	2777	00:51:54.10	08:21	10K40-49M	20/56	M	90/226	00:51:17.40
276/610	SPANKE, KELLY	2778	00:58:49.65	09:28	10K30-39F	57/157	F	134/384	00:57:58.55
58/610	ST.CROIX, CORY	2779	00:46:28.05	07:28	10K30-39M	18/62	M	46/226	00:46:00.95
483/610	STARR, JOY	2780	01:07:55.60	10:56	10K40-49F	46/68	F	278/384	01:06:32.40
9/610	STUJDLER, CARL	2781	00:38:26.45	06:11	10K20-29M	2/43	M	9/226	00:38:25.20
573/610	STEWART, KORI	2782	01:17:59.25	12:33	10K30-39F	142/157	F	353/384	01:15:40.55
338/610	STOCK, KELLY	2783	01:01:41.65	09:56	10K30-39F	75/157	F	172/384	01:00:51.95
378/610	STREET, JOHN	2903	01:03:04.50	10:09	10K12&UM	3/3	M	180/226	01:02:01.55
464/610	STREET, JUDY	2785	01:06:32.95	10:42	10K40-49F	41/68	F	261/384	01:05:30.05
341/610	STUART, SAMANTHA	838	01:01:46.55	09:56	10K30-39F	77/157	F	175/384	01:00:58.90
556/610	SUDASINGHEGE, JANANI	2929	01:15:27.60	12:09	10K20-29F	102/109	F	338/384	01:14:13.50
504/610	SULLIVAN, ANN	2786	01:09:39.05	11:12	10K40-49F	51/68	F	296/384	01:08:19.10
271/610	SURTEES, JEFF	2787	00:58:35.20	09:26	10K50-59M	22/42	M	141/226	00:57:46.75
146/610	TAN, YANYI	2788	00:53:18.80	08:35	10K20-29F	22/109	F	50/384	00:52:37.70
386/610	TARNASKY, NEIL	2789	01:03:19.05	10:11	10K13-19M	8/8	M	182/226	01:02:41.35
385/610	TARNASKY, SAMANTHA	2790	01:03:18.40	10:11	10K20-29F	64/109	F	204/384	01:02:41.10
357/610	TAYLOR, DAVE	2791	01:02:23.25	10:02	10K40-49M	43/56	M	174/226	01:00:59.00
264/610	TAYLOR, MALCOLM	2792	00:58:22.05	09:23	10K60-69M	3/9	M	139/226	00:57:50.00
443/610	TEDD, TAMARA	2794	01:05:40.80	10:34	10K30-39F	103/157	F	242/384	01:04:55.05
336/610	TEMPEL, CINDY	2795	01:01:39.20	09:55	10K40-49F	26/68	F	171/384	01:00:54.00
549/610	THIELSEN, IAN	2796	01:14:30.00	11:59	10K30-39M	60/62	M	217/226	01:14:17.80
85/610	THOBANE, MOTIANE	2797	00:49:05.95	07:54	10K50-59M	7/42	M	65/226	00:49:05.00
604/610	THOMAS, JILL	2798	01:37:47.60	15:44	10K30-39F	156/157	F	380/384	01:37:07.90
395/610	THOMAS, NEDINE	2653	01:03:42.40	10:15	10K30-39F	90/157	F	212/384	01:02:43.90
254/610	TIMOFFEE, HELEN	2802	00:58:06.60	09:21	10K60-69F	1/4	F	120/384	00:57:33.90
345/610	TIMOFFEE, JERRY	2803	01:01:56.40	09:58	10K60-69M	6/9	M	168/226	01:01:24.00
95/610	TIMOFFEE, RYAN	2804	00:49:59.00	08:02	10K30-39M	27/62	M	71/226	00:49:25.30
351/610	TKACH, JESSLYN	2879	01:02:11.90	10:00	10K20-29F	56/109	F	181/384	01:00:44.10
422/610	TOMEI, RACHEL	2806	01:04:51.30	10:26	10K20-29F	72/109	F	227/384	01:03:24.10
355/610	TOUGH, KRISTINE	2807	01:02:15.70	10:01	10K40-49F	28/68	F	183/384	01:01:38.80
56/610	TRIMBLE, DEAN	2808	00:46:19.65	07:27	10K40-49M	8/56	M	44/226	00:46:00.85
333/610	TRUDEL, SAMANTHA	2809	01:01:36.80	09:55	10K20-29F	54/109	F	169/384	01:00:33.80
334/610	TSE, ANGELA	2810	01:01:37.80	09:55	10K20-29F	55/109	F	170/384	01:00:11.60
534/610	TURNQUIST, PATRICIA	2811	01:12:51.55	11:44	10K50-59F	22/32	F	323/384	01:11:44.95
419/610	TWA, KERRIA	2813	01:04:43.55	10:25	10K30-39F	96/157	F	225/384	01:03:07.35
19/610	ULLYOTT, BRETT	2936	00:41:17.85	06:39	10K20-29M	8/43	M	18/226	00:41:08.25
240/610	VAN, NINA	2814	00:57:42.90	09:17	10K30-39F	50/157	F	112/384	00:56:24.85
525/610	VAN ZWAAIJ, SONJA	2816	01:11:15.95	11:28	10K30-39F	126/157	F	315/384	01:10:24.80
401/610	VANDEN DOOL, GRACE	2817	01:04:07.50	10:19	10K40-49F	34/68	F	214/384	01:03:58.40
220/610	VAREY, JENNIFER	2818	00:56:45.50	09:08	10K40-49F	11/68	F	99/384	00:55:33.00
157/610	VASQUEZ, ALVARO	2892	00:54:02.00	08:42	10K40-49M	23/56	M	102/226	00:53:58.10
219/610	VERHELST, TWYLA	2819	00:56:43.70	09:08	10K30-39F	44/157	F	98/384	00:56:14.50

Alpha Overall Results

10K - 6.21 Miles

O/A	Name	Bib#	Time	Pace m/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
280/610	VICKERS, GARY	2820	00:58:53.15	09:28	10K40-49M	34/56	M	144/226	00:58:17.05
474/610	VOGEL, LAUREN	2821	01:07:22.75	10:51	10K13-19F	10/13	F	270/384	01:06:37.25
343/610	VOGEL, NATHALIE	2822	01:01:50.65	09:57	10K13-19F	7/13	F	177/384	01:01:03.85
184/610	VOGEL, PAUL	2823	00:55:23.00	08:55	10K40-49M	25/56	M	112/226	00:54:38.50
462/610	VOREL, NICHOLE	2824	01:06:20.00	10:40	10K30-39F	112/157	F	259/384	01:05:41.60
519/610	WALDEN, ASHLYN	2825	01:10:57.50	11:25	10K20-29F	96/109	F	310/384	01:10:28.50
20/610	WANG, NICOLAS	2826	00:41:19.05	06:39	10K30-39M	8/62	M	19/226	00:41:15.70
102/610	WARD, ANDREW	2827	00:50:13.45	08:05	10K30-39M	29/62	M	76/226	00:49:51.95
571/610	WARD, KAREN	2828	01:17:34.70	12:29	10K60-69F	4/4	F	351/384	01:15:46.70
266/610	WATTIE, LORRAINE	2830	00:58:22.85	09:24	10K40-49F	18/68	F	126/384	00:58:11.25
178/610	WEARE, KENT	2831	00:55:11.60	08:53	10K30-39M	37/62	M	110/226	00:54:49.95
133/610	WEBBER, BARB	2832	00:52:43.40	08:29	10K50-59F	2/32	F	40/384	00:52:39.30
292/610	WEGENER, DON	2834	00:59:08.50	09:31	10K50-59M	25/42	M	149/226	00:58:55.25
400/610	WHEELER, KATHRYN	2837	01:04:06.60	10:19	10K20-29F	68/109	F	213/384	01:03:12.30
310/610	WHITE, CHRISTA	2283	01:00:27.75	09:44	10K30-39F	68/157	F	156/384	00:59:42.35
588/610	WHITE, ROY	2839	01:21:24.80	13:06	10K70+F	1/1	F	366/384	01:20:03.85
197/610	WIENS, MAGEN	2840	00:55:47.15	08:58	10K20-29F	30/109	F	80/384	00:54:58.15
287/610	WILSON, ELLA	2841	00:59:01.40	09:30	10K30-39F	60/157	F	141/384	00:58:01.95
431/610	WILSON, KRISTY	2842	01:05:17.50	10:30	10K30-39F	100/157	F	234/384	01:04:26.55
159/610	WINGERAK, DALLAS	2928	00:54:11.10	08:43	10K30-39F	25/157	F	57/384	00:54:00.35
332/610	WINKLER, KAI	2844	01:01:34.70	09:55	10K20-29M	32/43	M	164/226	01:01:01.20
108/610	WONG, KEN	2845	00:50:33.75	08:08	10K20-29M	18/43	M	79/226	00:49:39.45
52/610	WONG, TED	2846	00:45:58.30	07:24	10K50-59M	5/42	M	42/226	00:45:28.00
505/610	WONG, WENDY	2847	01:09:42.00	11:13	10K40-49F	52/68	F	297/384	01:08:51.60
214/610	WOOLF, AMY	2849	00:56:33.50	09:06	10K20-29F	37/109	F	93/384	00:56:05.10
16/610	WRIGHTSON, JOHN	2851	00:40:28.70	06:31	10K20-29M	5/43	M	15/226	00:40:25.00
282/610	WURZ, AMANDA	2853	00:58:56.45	09:29	10K20-29F	49/109	F	137/384	00:58:04.40
32/610	WYLLIE, DOUG	2854	00:43:10.00	06:57	10K50-59M	3/42	M	29/226	00:43:04.65
76/610	WYLLIE, JEREMIE	2855	00:48:36.05	07:49	10K13-19M	3/8	M	57/226	00:48:18.25
583/610	YANG, BO	2856	01:20:18.55	12:55	10K20-29F	106/109	F	362/384	01:19:36.95
22/610	YOUNG, BRAD	2614	00:41:54.15	06:44	10K40-49M	3/56	M	20/226	00:41:52.55
213/610	YOUNG, JENNIFER	2857	00:56:32.80	09:06	10K30-39F	42/157	F	92/384	00:56:04.20
259/610	YOUNG, KEVIN	2858	00:58:13.10	09:22	10K30-39M	47/62	M	136/226	00:58:04.90
492/610	YOUNG, LISA	2859	01:09:15.60	11:09	10K40-49F	50/68	F	286/384	01:08:43.85
48/610	ZAHARA, RYAN	2860	00:45:30.60	07:19	10K30-39M	15/62	M	38/226	00:45:21.45
189/610	ZAMBORY, JENNIFER	2862	00:55:34.70	08:57	10K30-39F	35/157	F	75/384	00:55:16.80
322/610	ZELLER, NEIL	2942	01:01:08.10	09:50	10K30-39M	49/62	M	160/226	01:00:40.45
69/610	ZIA, KATE	2863	00:47:44.35	07:41	10K40-49F	3/68	F	18/384	00:47:39.45
12/610	ZIMMER, EARL	2864	00:39:25.85	06:20	10K20-29M	3/43	M	12/226	00:39:17.25
55/610	ZORNIAC, MIKE	2865	00:46:14.90	07:26	10K50-59M	6/42	M	43/226	00:46:03.70