

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Category Award Results

TOP 3 In Category

10K/6.21 Miles

550 Finishers

10K14&UF (Female) - 10 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/10	SCOTT, ELLA	1735	50:35.292	05:03	08:08	+00:00:00	93/550	20/288	AIRDRIE
2/10	PANONKO, NATALIA	1416	56:43.657	05:40	09:08	+00:06:08	193/550	60/288	CALGARY
3/10	ALIX, MADISON	1127	57:07.445	05:42	09:11	+00:06:32	205/550	68/288	CALGARY

10K14&UM (Male) - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/8	KITTRIDGE, NOAH	1321	44:33.912	04:27	07:10	+00:00:00	43/550	38/262	CALGARY
2/8	SABOURIN, ALEX	1671	54:55.306	05:29	08:50	+00:10:21	163/550	114/262	CALGARY
3/8	SABOURIN, COLE	1672	55:28.517	05:32	08:55	+00:10:54	174/550	122/262	CALGARY

10K15-19F (Female) - 16 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/16	CORNELSEN, KYLAR	1651	47:10.098	04:43	07:35	+00:00:00	62/550	12/288	STETTLER
2/16	XIA, WENDY	1546	52:13.401	05:13	08:24	+00:05:03	118/550	31/288	CALGARY
3/16	HILSEN-ASHFORD, BROOK	1278	52:30.580	05:15	08:27	+00:05:20	120/550	33/288	CALGARY

10K15-19M (Male) - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/5	ROBERTSON, GRAEME	1443	43:53.857	04:23	07:04	+00:00:00	39/550	34/262	CANMORE
2/5	FRENETTE, GRANT	1238	48:35.550	04:51	07:49	+00:04:41	75/550	60/262	CALGARY
3/5	ONAYEMI, MARTIN	1752	48:47.784	04:52	07:51	+00:04:53	76/550	61/262	CALGARY

10K20-29F (Female) - 69 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/69	SEMIENIUK, KATYA	1675	41:57.280	04:11	06:45	+00:00:00	29/550	4/288	CANMORE
2/69	LI, ANGIE	1691	46:08.318	04:36	07:25	+00:04:11	54/550	9/288	CALGARY
3/69	DOREE, LUCIE	1204	47:35.153	04:45	07:39	+00:05:37	67/550	15/288	CALGARY

10K20-29M (Male) - 51 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/51	WEINKAUF, ANDREW	1529	31:19.734	03:07	05:02	+00:00:00	1/550	1/262	EDMONTON
2/51	GAJARDO LIZAMA, MARTIN	1242	34:27.748	03:26	05:32	+00:03:08	5/550	5/262	CALGARY
3/51	KORNIENKO, GLEB	1694	37:19.428	03:43	06:00	+00:05:59	10/550	9/262	CALGARY

10K30-39F (Female) - 75 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/75	BALLE BECH, CAMILLA	1138	39:22.945	03:56	06:20	+00:00:00	17/550	3/288	BAGSVÆRD
2/75	BURKE, JESSICA	1649	44:35.154	04:27	07:10	+00:05:12	44/550	6/288	CALGARY
3/75	ATKINSON, MARIAH	1134	45:07.146	04:30	07:15	+00:05:44	47/550	7/288	CALGARY

10K30-39M (Male) - 76 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/76	KROGH RASMUSSEN, ESBEN	1329	33:40.851	03:22	05:25	+00:00:00	2/550	2/262	BAGSVÆRD
2/76	HATHEWAY, OLIVER	1582	34:17.296	03:25	05:31	+00:00:36	4/550	4/262	CALGARY
3/76	CLARRY, CHARLIE	1180	35:17.343	03:31	05:40	+00:01:36	6/550	6/262	CANMORE

10K40-49F (Female) - 53 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/53	JAMES, EMILY	1297	35:56.859	03:35	05:47	+00:00:00	8/550	1/288	CALGARY
2/53	WILLIAMS, NICOLE	1536	42:11.974	04:13	06:47	+00:06:15	32/550	5/288	EDMONTON
3/53	YELLOWEGA, MONIQUE	1721	46:59.598	04:41	07:34	+00:11:02	61/550	11/288	AIRDRIE

10K40-49M (Male) - 59 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/59	WOOLSTENCROFT, FRANK	1620	34:02.062	03:24	05:28	+00:00:00	3/550	3/262	CALGARY
2/59	REID, BLAIR	1711	40:33.491	04:03	06:31	+00:06:31	21/550	18/262	CALGARY
3/59	MAJOR, JAMES	1631	41:41.531	04:10	06:42	+00:07:39	27/550	24/262	CALGARY

10K50-59F (Female) - 46 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/46	ZAMBRANO, MARIA	1702	37:34.077	03:45	06:02	+00:00:00	11/550	2/288	CALGARY
2/46	FLECK, JENNIFER	1230	47:28.988	04:44	07:38	+00:09:54	66/550	14/288	CALGARY
3/46	MEADES, TRACI	1379	50:53.106	05:05	08:11	+00:13:19	95/550	21/288	CALGARY

10K50-59M (Male) - 35 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/35	HANKINS, CHRISTOPHER	1731	41:20.413	04:08	06:39	+00:00:00	24/550	21/262	CALGARY
2/35	GRAY, NEIL	1255	46:18.676	04:37	07:27	+00:04:58	55/550	46/262	CALGARY
3/35	FOX, SHAUN	1235	47:26.364	04:44	07:38	+00:06:05	65/550	52/262	REDDEER

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Category Award Results

TOP 3 In Category

10K/6.21 Miles

550 Finishers

10K60-69F (Female) - 16 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/16	MURPHY, KELLY	1400	54:11.829	05:25	08:43	+00:00:00	153/550	45/288	CALGARY
2/16	MOORE, DONNA	1392	57:17.220	05:43	09:13	+00:03:05	210/550	69/288	AIRDRIE
3/16	WAITE, ERIN	1518	59:51.953	05:59	09:38	+00:05:40	257/550	85/288	CALGARY

10K60-69M (Male) - 21 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/21	BICKLEY, ED	1146	47:19.472	04:43	07:37	+00:00:00	64/550	51/262	CALGARY
2/21	OTSUKA, HIROSHI	1411	50:24.535	05:02	08:07	+00:03:05	91/550	72/262	CALGARY
3/21	CLARKSON, ROBERT	1566	52:31.939	05:15	08:27	+00:05:12	121/550	88/262	CALGARY

10K70-79F (Female) - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/5	BENSON, LORRAINE	1144	54:14.688	05:25	08:44	+00:00:00	155/550	46/288	CALGARY
2/5	VIGAR, BARBARA	1701	1:08:15.129	06:49	10:59	+00:14:00	383/550	173/288	CALGARY
3/5	GERLACH, KARIN	1247	1:09:49.721	06:58	11:14	+00:15:35	397/550	183/288	CALGARY

10K70-79M (Male) - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/6	VANGILST, JAMES	1509	52:46.049	05:16	08:29	+00:00:00	124/550	90/262	FOOTHILLS
2/6	HAYES, SEAN	1271	54:54.791	05:29	08:50	+00:02:08	161/550	112/262	CALGARY
3/6	DRIEDGER, HENRY	1210	59:18.718	05:55	09:33	+00:06:32	245/550	164/262	HERITAGE POINTE

10K80+M (Male) - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/1	MURRAY, BRIAN	1695	1:42:26.138	10:14	16:29	+00:00:00	541/550	261/262	CALGARY