

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Category Award Results

TOP 3 In Category

5K/3.11 Miles

418 Finishers

5K14&UF (Female) - 21 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/21	RAMOS, ZOE VERONICA	5213	20:50.347	04:10	06:42	+00:00:00	18/418	4/248	CALGARY
2/21	JESSEE, ALEXA	5108	26:02.836	05:12	08:22	+00:05:12	70/418	26/248	CALGARY
3/21	TOMEI, ADRIANA	5379	26:51.799	05:22	08:38	+00:06:01	87/418	33/248	CALGARY

5K14&UM (Male) - 26 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/26	MORAN, JAMES	5180	21:37.409	04:19	06:57	+00:00:00	22/418	18/170	CALGARY
2/26	GREEN, MASON	5083	21:55.777	04:23	07:03	+00:00:18	24/418	20/170	COCHRANE
3/26	KAISS, WASSIM	5447	22:25.525	04:29	07:12	+00:00:48	29/418	24/170	CALGARY

5K15-19F (Female) - 13 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/13	YOUNG, KIERSTEN	5352	23:11.486	04:38	07:27	+00:00:00	37/418	9/248	CALGARY
2/13	ASTRIDGE, KYLIE	5013	24:58.244	04:59	08:01	+00:01:46	54/418	17/248	CALGARY
3/13	JUNEAU, MARIN	5119	26:56.790	05:23	08:39	+00:03:45	88/418	34/248	CHAZY

5K15-19M (Male) - 17 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/17	O'CONNOR, YALE	5468	17:04.713	03:24	05:29	+00:00:00	1/418	1/170	CALGARY
2/17	TYRRELL, GAVIN	5254	19:42.316	03:56	06:20	+00:02:37	12/418	10/170	CALGARY
3/17	JEPP, SIMON	5107	21:29.323	04:17	06:54	+00:04:24	19/418	15/170	BRAGG CREEK

5K20-29F (Female) - 55 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/55	ASTRIDGE, ROBYN	5014	18:38.135	03:43	05:59	+00:00:00	4/418	1/248	CALGARY
2/55	GAJARDO, LORETO	5077	21:56.230	04:23	07:03	+00:03:18	25/418	5/248	CALGARY
3/55	TRINH, MERCY	5253	23:10.408	04:38	07:27	+00:04:32	36/418	8/248	LETHBRIDGE

5K20-29M (Male) - 23 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/23	FEDOL, JOHN	5069	18:31.000	03:42	05:57	+00:00:00	3/418	3/170	CALGARY
2/23	JUBENVILL, JACOB	5115	18:44.440	03:44	06:01	+00:00:13	5/418	4/170	CALGARY
3/23	BRADLEY, BENJAMIN	5354	18:44.885	03:44	06:01	+00:00:13	6/418	5/170	INVERMERE

5K30-39F (Female) - 65 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/65	PYKE, SHANNON	5212	19:33.355	03:54	06:17	+00:00:00	11/418	2/248	CALGARY
2/65	KEMP, KATIE	5121	23:27.424	04:41	07:32	+00:03:54	41/418	11/248	CALGARY
3/65	MURRAY, CASSIE	5184	23:34.385	04:42	07:34	+00:04:01	42/418	12/248	CALGARY

5K30-39M (Male) - 26 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/26	LEES, LIAM	5439	17:07.061	03:25	05:30	+00:00:00	2/418	2/170	CALGARY
2/26	CAMPBELL, DUNCAN	5404	19:14.417	03:50	06:11	+00:02:07	9/418	8/170	CALGARY
3/26	ROSS, JAMES	5372	19:49.431	03:57	06:22	+00:02:42	13/418	11/170	CALGARY

5K40-49F (Female) - 52 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/52	IONESCU-MOCANU, SIMINA	5097	20:42.237	04:08	06:39	+00:00:00	17/418	3/248	CALGARY
2/52	ROBERTS, EILEEN	5313	23:05.088	04:37	07:25	+00:02:22	35/418	7/248	ROCKY VIEW COUNTY
3/52	GREEN, TANYA	5084	23:58.947	04:47	07:42	+00:03:16	46/418	14/248	CALGARY

5K40-49M (Male) - 40 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/40	REED, JASON	5216	20:30.823	04:06	06:35	+00:00:00	16/418	14/170	CALGARY
2/40	SHIN, MOOJIN	5232	21:36.939	04:19	06:57	+00:01:06	21/418	17/170	CALGARY
3/40	MANDIC, IVAN	5365	22:23.721	04:28	07:12	+00:01:52	28/418	23/170	CALGARY

5K50-59F (Female) - 20 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/20	GIFFEN, REBECCA	5286	27:53.250	05:34	08:58	+00:00:00	106/418	43/248	CALGARY
2/20	SERPICO, ROSE	5443	31:13.992	06:14	10:02	+00:03:20	158/418	73/248	CALGARY
3/20	MARTIN, KELLI	5157	33:22.334	06:40	10:43	+00:05:29	200/418	98/248	CALGARY

5K50-59M (Male) - 17 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/17	YOUNG, DAVID	5327	23:22.525	04:40	07:30	+00:00:00	39/418	29/170	AIRDRIE
2/17	KURIACHAN, VIKAS	5137	26:34.173	05:18	08:32	+00:03:11	79/418	48/170	CALGARY
3/17	RUTTER, MARK	5314	26:41.297	05:20	08:34	+00:03:18	82/418	51/170	CALGARY

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Category Award Results

TOP 3 In Category

5K/3.11 Miles

418 Finishers

5K60-69F (Female) - 18 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/18	MULLIGAN, ZITA	5183	22:55.314	04:35	07:22	+00:00:00	33/418	6/248	CALGARY
2/18	MERCIER, BARBARA	5302	23:21.659	04:40	07:30	+00:00:26	38/418	10/248	CALGARY
3/18	YAWORSKI, SANDRA	5326	25:19.314	05:03	08:08	+00:02:24	58/418	18/248	CALGARY

5K60-69M (Male) - 17 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/17	WYLLIE, ROGER	5325	21:45.611	04:21	06:59	+00:00:00	23/418	19/170	OTTAWA
2/17	LEE, MORLEY	5145	21:57.260	04:23	07:03	+00:00:11	26/418	21/170	CALGARY
3/17	CHARABIN, DARRYL	5044	24:47.626	04:57	07:58	+00:03:02	53/418	37/170	CALGARY

5K70-79F (Female) - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/3	KOHN, ELLEN	5128	30:42.868	06:08	09:52	+00:00:00	148/418	68/248	PALM HARBOR
2/3	HOPKINS, DAWN	5091	49:39.697	09:55	15:58	+00:18:56	398/418	236/248	CALGARY
3/3	MORETA, SYLVIA	5181	57:00.938	11:24	18:19	+00:26:18	414/418	245/248	CALGARY

5K70-79M (Male) - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/4	KOHN, ALLEN	5127	27:06.446	05:25	08:42	+00:00:00	91/418	57/170	PALM HARBOR
2/4	LEE, DON	5387	27:50.977	05:34	08:57	+00:00:44	102/418	63/170	CALGARY
3/4	MORIN, JOE	5182	31:25.477	06:17	10:06	+00:04:19	164/418	87/170	CALGARY

5K80+F (Female) - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/1	SAMUELSON, MARLENE	5225	1:05:13.044	13:02	20:58	+00:00:00	417/418	248/248	CALGARY

5K80+M (Male) - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/1	FRY, JIM	5074	31:24.421	06:16	10:05	+00:00:00	163/418	86/170	CALGARY