

Overall Gender Results

10K - 6.21 Miles

Female

Gender	Name	Bib#	Time	Pace	Div	Cat	O/A	Chip Time
1/214	MCLEOD, CANDICE	1229	00:40:36.25	06:32	10K30-39F	1/69	21/396	00:40:34.40
2/214	WASLEN, KATHRYN	1332	00:40:41.05	06:33	10K20-29F	1/72	23/396	00:40:39.10
3/214	BENZ, LISA	1031	00:41:23.60	06:39	10K20-29F	2/72	27/396	00:41:21.80
4/214	JOHNSTON, HILARY	1436	00:41:35.30	06:41	10K20-29F	3/72	28/396	00:41:33.80
5/214	HOLMAN, CARLY	1154	00:42:10.60	06:47	10K20-29F	4/72	30/396	00:42:06.85
6/214	ALINSANGAN, NANCY	1007	00:43:14.10	06:57	10K30-39F	2/69	35/396	00:43:08.55
7/214	BAIKIE, HILARY	1019	00:43:51.80	07:03	10K30-39F	3/69	37/396	00:43:48.80
8/214	WOOLHOUSE, CHERYL	1408	00:45:47.40	07:22	10K20-29F	5/72	48/396	00:45:40.25
9/214	SIM, MANDI	1440	00:45:47.50	07:22	10K30-39F	4/69	49/396	00:45:40.25
10/214	SOLOMCHUK, LISA	1354	00:46:14.70	07:26	10K30-39F	5/69	52/396	00:46:05.75
11/214	PYKE, BRIDGET	1270	00:46:28.45	07:28	10K19&UF	1/6	55/396	00:46:13.30
12/214	SEITZ, DESIRAE	1290	00:46:57.00	07:33	10K20-29F	6/72	63/396	00:46:53.35
13/214	MEALEY, JENEE	1444	00:46:58.10	07:33	10K40-49F	1/45	64/396	00:46:54.85
14/214	HASTINGS, ERIN	1141	00:48:09.90	07:45	10K20-29F	7/72	77/396	00:48:03.45
15/214	MARCHUK, ANDREA	1220	00:48:27.40	07:48	10K20-29F	8/72	79/396	00:48:16.85
16/214	HILKEWICH, LESLEE	1147	00:49:08.85	07:54	10K20-29F	9/72	88/396	00:48:54.65
17/214	GRAHAM, AMANDA	1449	00:49:33.85	07:58	10K20-29F	10/72	89/396	00:49:21.50
18/214	BENJAMIN, ASHILY	1029	00:49:35.60	07:59	10K20-29F	11/72	90/396	00:49:32.45
19/214	SARNA, MAGDALENA	1281	00:49:40.15	07:59	10K30-39F	6/69	91/396	00:49:34.95
20/214	BEETON, CHELSEA	1023	00:49:44.90	08:00	10K20-29F	12/72	92/396	00:49:26.95
21/214	BRESCIA, LAURA	1038	00:50:02.05	08:03	10K30-39F	7/69	95/396	00:49:53.40
22/214	JACKSHAW, KAREN	1166	00:50:29.20	08:07	10K40-49F	2/45	98/396	00:50:20.55
23/214	JAKOVAC, NANCY	1363	00:50:30.25	08:07	10K40-49F	3/45	99/396	00:50:23.50
24/214	SWERTZ, JENNIFER	1393	00:50:31.85	08:08	10K30-39F	8/69	100/396	00:49:42.30
25/214	CHARBONNEAU, HEATHER	1059	00:50:33.35	08:08	10K40-49F	4/45	101/396	00:49:55.20
26/214	POCZA, CHELSEA	1263	00:50:39.65	08:09	10K20-29F	13/72	104/396	00:50:33.05
27/214	MACEACHERN, CARLA	1211	00:50:44.60	08:10	10K40-49F	5/45	106/396	00:50:26.85
28/214	WARD, KIM	1330	00:50:44.75	08:10	10K30-39F	9/69	107/396	00:50:32.60
29/214	MEIER, JULIE	1231	00:50:54.05	08:11	10K30-39F	10/69	109/396	00:50:47.65
30/214	MAGNAN, MICHELLE	1217	00:51:05.05	08:13	10K30-39F	11/69	110/396	00:50:39.75
31/214	SALT, MICHELLE	1446	00:51:05.35	08:13	10K20-29F	14/72	111/396	00:51:03.55
32/214	HATHERLY, HOPE	1142	00:51:05.70	08:13	10K40-49F	6/45	112/396	00:50:49.80
33/214	WIGGINTON, STEPHANIE	1338	00:51:08.10	08:14	10K30-39F	12/69	114/396	00:50:30.30
34/214	CHAN, JENNY	1056	00:51:50.20	08:20	10K40-49F	7/45	123/396	00:51:50.20
35/214	KRZYWICKI, SHANNON	1188	00:52:44.05	08:29	10K30-39F	13/69	128/396	00:52:26.45
36/214	MUELLER, CHRISTIN	1239	00:52:54.50	08:31	10K20-29F	15/72	130/396	00:52:51.85
37/214	WALDERN, JENNIFER	1407	00:53:03.05	08:32	10K20-29F	16/72	135/396	00:52:35.05
38/214	KISS, ALLISON	1429	00:53:07.60	08:33	10K30-39F	14/69	136/396	00:50:04.85
39/214	MCTAGGART COWAN, PENNEY	1230	00:53:22.90	08:35	10K40-49F	8/45	139/396	00:53:00.80
40/214	PRAKASH, LORENA	1266	00:53:29.40	08:36	10K40-49F	9/45	141/396	00:53:15.50
41/214	THOMPSON, ROBIN	1310	00:53:31.30	08:37	10K40-49F	10/45	142/396	00:53:21.20
42/214	KINNIE, SUSAN	1404	00:53:32.30	08:37	10K40-49F	11/45	143/396	00:53:18.10
43/214	VAN TONDER, JANNA	1394	00:53:32.40	08:37	10K40-49F	12/45	144/396	00:53:26.90
44/214	WARD, KRISTY	1331	00:53:37.30	08:38	10K20-29F	17/72	145/396	00:53:24.80
45/214	WOO, AMY	1344	00:53:43.65	08:39	10K20-29F	18/72	147/396	00:53:22.60
46/214	ELLIOTT, JUDITH	1093	00:54:04.10	08:42	10K50-59F	1/20	148/396	00:53:39.50
47/214	RADOJA, LAUREN	1272	00:54:12.90	08:43	10K20-29F	19/72	151/396	00:54:11.45
48/214	OOSTERBAAN, JENNIFER	1254	00:54:17.50	08:44	10K30-39F	15/69	152/396	00:54:09.20
49/214	GARVEY, JENNIFER	1427	00:54:20.65	08:44	10K20-29F	20/72	154/396	00:54:06.60
50/214	MCBEAN, HEATHER	1225	00:54:24.55	08:45	10K40-49F	13/45	156/396	00:54:03.50
51/214	LEONG, TIA	1196	00:54:25.80	08:45	10K20-29F	21/72	159/396	00:53:49.15
52/214	GILLESPIE, MOLLY	1417	00:54:26.00	08:45	10K30-39F	16/69	160/396	00:54:05.15
53/214	AUFFRAY, ROSEMARIE	1015	00:54:27.75	08:46	10K50-59F	2/20	163/396	00:54:12.30
54/214	SHEPHERD, ALISON	1294	00:54:31.05	08:46	10K40-49F	14/45	164/396	00:54:04.65
55/214	HURDAL, LAURA	1162	00:54:32.40	08:46	10K50-59F	3/20	165/396	00:54:15.10

Overall Gender Results

10K - 6.21 Miles

Female

Gender	Name	Bib#	Time	Pace	Div	Cat	O/A	Chip Time
56/214	WOODARD, ALYSON F	1346	00:54:34.80	08:47	10K30-39F	17/69	166/396	00:54:25.75
57/214	DEAKIN, EMMA	1073	00:54:37.20	08:47	10K19&UF	2/6	167/396	00:54:10.55
58/214	FUGLER, JOANNA	1112	00:54:39.75	08:48	10K20-29F	22/72	168/396	00:54:13.40
59/214	ATAYIU, MIRIAM	1236	00:54:54.30	08:50	10K20-29F	23/72	170/396	00:54:47.05
60/214	ALLEN, KRISTAL	1008	00:54:54.35	08:50	10K30-39F	18/69	171/396	00:54:37.05
61/214	FONG, JENNIFER	1104	00:54:57.50	08:50	10K20-29F	24/72	172/396	00:54:43.55
112/182	APONTE, ADA	1012	00:54:57.75	08:50	10K40-49F	34/48	173/396	00:54:45.50
62/214	PATERSON, AMY	1259	00:55:03.60	08:51	10K30-39F	19/69	175/396	00:54:42.75
63/214	BELL, SHEILA	1028	00:55:38.20	08:57	10K40-49F	15/45	179/396	00:54:56.55
64/214	MACDONALD, LEISA	1210	00:55:41.60	08:58	10K50-59F	4/20	181/396	00:55:22.20
65/214	RENNIE, JENNIFER	1406	00:55:50.70	08:59	10K30-39F	20/69	183/396	00:55:34.70
66/214	VAREY, JENNIFER	1320	00:55:52.45	08:59	10K40-49F	16/45	184/396	00:55:25.75
67/214	SHELDON, KIRSTY	1293	00:56:01.45	09:01	10K30-39F	21/69	185/396	00:55:41.95
68/214	EVANS, AMANDA	1096	00:56:07.80	09:02	10K20-29F	25/72	186/396	00:55:33.00
69/214	DIFRANCESCO, LISA	1079	00:56:08.80	09:02	10K40-49F	17/45	187/396	00:55:50.95
70/214	LUKINUK, ELIZABETH	1206	00:56:09.80	09:02	10K30-39F	22/69	188/396	00:55:49.05
71/214	EDIGER, MANDY	1090	00:56:34.45	09:06	10K20-29F	26/72	191/396	00:56:18.70
72/214	CAMERON, JULIE	1049	00:56:34.50	09:06	10K20-29F	27/72	192/396	00:56:10.20
73/214	LEPAGE, LISE	1197	00:56:34.60	09:06	10K50-59F	5/20	193/396	00:56:11.70
74/214	VERBONAC, MARIA	1322	00:56:54.85	09:09	10K40-49F	18/45	195/396	00:56:35.60
75/214	ATAYIU, JAMILLA	1014	00:56:56.50	09:10	10K30-39F	23/69	196/396	00:56:49.30
76/214	HANSMA, NICOLE	1139	00:57:08.90	09:12	10K30-39F	24/69	197/396	00:56:42.70
77/214	BIETOLA, KELLY	1374	00:57:12.70	09:12	10K20-29F	28/72	199/396	00:57:11.40
78/214	IRELAND, COLEENE	1411	00:57:15.70	09:13	10K50-59F	6/20	201/396	00:56:49.80
79/214	JAMES, JESSICA	1167	00:57:18.75	09:13	10K30-39F	25/69	202/396	00:56:21.40
80/214	CHANG, CYNTHIA	1058	00:57:23.60	09:14	10K30-39F	26/69	203/396	00:56:52.35
81/214	HOLUNGA, JULIE	1156	00:57:25.20	09:14	10K30-39F	27/69	204/396	00:56:59.30
82/214	BLACKWELL, TERRA	1034	00:57:29.65	09:15	10K30-39F	28/69	206/396	00:56:30.35
83/214	EPP, KIMIKO	1094	00:57:32.65	09:15	10K30-39F	29/69	208/396	00:57:11.55
84/214	SKROVE, TAMMIE	1300	00:57:51.80	09:18	10K30-39F	30/69	214/396	00:57:23.65
85/214	LALIBERTE, TRACI	1190	00:57:53.30	09:19	10K40-49F	19/45	215/396	00:57:30.05
86/214	BANDURA, CHRYSYAL	1021	00:57:58.90	09:20	10K30-39F	31/69	216/396	00:57:26.10
87/214	COWARD, SANDRA	1378	00:58:12.35	09:22	10K20-29F	29/72	218/396	00:57:52.95
88/214	VERMEULEN, LYNN	1323	00:58:21.40	09:23	10K20-29F	30/72	220/396	00:58:03.95
89/214	BABINEC, PATRICIA	1017	00:58:27.40	09:24	10K50-59F	7/20	221/396	00:58:15.80
90/214	LOW, CHANTAL	1202	00:58:29.35	09:25	10K30-39F	32/69	223/396	00:58:06.35
91/214	PREMDAS, MAUREEN	1267	00:58:35.75	09:26	10K40-49F	20/45	224/396	00:56:54.10
92/214	DESBARATS, LAURA	1076	00:58:36.55	09:26	10K20-29F	31/72	225/396	00:58:04.80
93/214	COULTER, KATRINA	1063	00:58:48.40	09:28	10K30-39F	33/69	227/396	00:54:30.90
94/214	MCCAFFREY, PAT	1226	00:58:56.00	09:29	10K50-59F	8/20	228/396	00:58:47.10
95/214	ASHTON, JENNIFER	1445	00:59:05.80	09:30	10K30-39F	34/69	230/396	00:58:24.65
96/214	DICK, LAURA	1077	00:59:10.20	09:31	10K20-29F	32/72	231/396	00:59:04.50
97/214	DE JONG, TINA	1072	00:59:13.70	09:32	10K20-29F	33/72	232/396	00:58:29.30
98/214	MACLEAN, MARTINA	1215	00:59:15.15	09:32	10K50-59F	9/20	233/396	00:58:50.75
99/214	HUMNYCKI, SELINA	1161	00:59:21.25	09:33	10K40-49F	21/45	235/396	00:59:13.10
100/214	OOI, JAN	1253	00:59:35.05	09:35	10K30-39F	35/69	238/396	00:59:01.95
101/214	BRUNTON, COLLEEN	1042	00:59:45.95	09:37	10K40-49F	22/45	239/396	00:59:14.15
102/214	DUERR, CARLY	1089	00:59:46.60	09:37	10K20-29F	34/72	240/396	00:59:21.95
103/214	MAKOWECKI, SERENA	1218	00:59:57.45	09:39	10K30-39F	36/69	242/396	00:59:22.55
104/214	CHALMERS, KIM	1413	01:00:05.30	09:40	10K40-49F	23/45	244/396	00:59:47.35
105/214	KERTH, KRISTA	1178	01:00:05.50	09:40	10K30-39F	37/69	245/396	00:59:56.75
106/214	VECHIRKO, LARISA	1321	01:00:17.65	09:42	10K20-29F	35/72	247/396	00:59:24.90
107/214	WILSON, SUZANNE	1341	01:00:23.90	09:43	10K40-49F	24/45	250/396	00:59:54.15
108/214	LAW, JODIE	1193	01:00:31.45	09:44	10K30-39F	38/69	251/396	01:00:03.00
109/214	ETIENNE, MONIQUE	1095	01:00:32.10	09:44	10K30-39F	39/69	252/396	00:59:48.95

Overall Gender Results

10K - 6.21 Miles

Female

Gender	Name	Bib#	Time	Pace	Div	Cat	O/A	Chip Time
110/214	MACLEAN, ALICE	1214	01:00:35.10	09:45	10K50-59F	10/20	254/396	01:00:11.00
111/214	PATON, GILLIAN	1260	01:00:37.55	09:45	10K40-49F	25/45	255/396	01:00:11.35
112/214	TALDORF, SYLVIA	1369	01:00:39.75	09:46	10K40-49F	26/45	256/396	01:00:08.40
113/214	VAN DER MERWE, LAMINDA	1317	01:00:54.15	09:48	10K40-49F	27/45	259/396	01:00:42.00
114/214	HILL, KELLY	1148	01:01:05.20	09:50	10K40-49F	28/45	260/396	01:00:31.90
115/214	CHALMERS-NIXON, TARA	1435	01:01:08.10	09:50	10K30-39F	40/69	261/396	01:00:45.10
116/214	HUYNH, SANDIE	1433	01:01:31.40	09:54	10K20-29F	36/72	262/396	01:01:23.00
117/214	LAWRANCE, KAITLYN	1194	01:01:41.15	09:55	10K20-29F	37/72	265/396	01:01:21.75
118/214	GALLAGHER, KELLY	1380	01:01:42.85	09:56	10K30-39F	41/69	266/396	01:01:29.20
119/214	WALLACE, JAMIE	1325	01:01:45.20	09:56	10K20-29F	38/72	267/396	01:01:07.05
120/214	HOWELL, CHRISTYN	1159	01:01:45.45	09:56	10K30-39F	42/69	268/396	01:01:34.70
121/214	MOSSOR, JESSICA	1238	01:01:58.10	09:58	10K20-29F	39/72	269/396	01:01:44.85
122/214	BATTERSHILL, JAYME	1022	01:02:07.55	10:00	10K20-29F	40/72	270/396	01:01:48.05
123/214	OLSEN, LINDA	1388	01:02:12.55	10:00	10K40-49F	29/45	271/396	01:01:42.85
124/214	VON DER WEID, LILIANE	1371	01:02:13.90	10:01	10K40-49F	30/45	272/396	01:01:35.45
126/214	DRIEDGER, VALERIE	1360	01:02:14.00	10:01	10K40-49F	31/45	273/396	01:01:27.60
125/214	PACAUD, DANIELE	1256	01:02:14.00	10:01	10K40-49F	32/45	274/396	01:01:34.35
127/214	CATHCART, JANICE	1053	01:02:29.35	10:03	10K40-49F	33/45	276/396	01:01:42.95
128/214	RUSSELL, VICTORIA	1367	01:02:29.40	10:03	10K20-29F	41/72	277/396	01:02:29.40
129/214	HODGSON, KRISTIE	1153	01:02:31.20	10:04	10K30-39F	43/69	278/396	01:02:13.45
130/214	THORBURN, SAMANTHA	1312	01:02:43.35	10:05	10K20-29F	42/72	280/396	01:02:24.20
131/214	NEUMANN, JANET	1245	01:02:54.85	10:07	10K50-59F	11/20	283/396	01:02:16.80
132/214	BURGE, KYLA	1047	01:02:59.35	10:08	10K20-29F	43/72	284/396	01:02:43.75
133/214	ARBUTHNOT, LAURA	1013	01:03:13.55	10:10	10K20-29F	44/72	287/396	01:02:54.65
134/214	WEIERS, ANDREA	1335	01:03:15.00	10:11	10K20-29F	45/72	288/396	01:02:38.75
135/214	WEIERS, VIOLA	1336	01:03:15.20	10:11	10K50-59F	12/20	289/396	01:02:39.10
136/214	WALYUCHOW, STACEY	1327	01:03:21.55	10:12	10K30-39F	44/69	290/396	01:03:07.90
137/214	SCOTT, ALTA	1285	01:03:24.35	10:12	10K20-29F	46/72	291/396	01:03:03.20
138/214	HOBDAV, KATIE	1152	01:03:24.80	10:12	10K20-29F	47/72	292/396	01:03:03.80
139/214	ROWLAND, MEGHAN	1276	01:03:36.70	10:14	10K20-29F	48/72	293/396	01:03:00.65
140/214	PUSZTAY, VANESSA	1319	01:03:39.80	10:14	10K20-29F	49/72	295/396	01:03:30.80
141/214	LI, SHUIE	1199	01:03:54.75	10:17	10K20-29F	50/72	297/396	01:03:37.10
142/214	LAROCHELLE, KIRSTEN	1192	01:03:57.45	10:17	10K19&UF	3/6	298/396	01:03:45.25
143/214	MURPHY, KYLA	1240	01:04:20.45	10:21	10K20-29F	51/72	299/396	01:03:35.45
144/214	SHEFFIELD, KRISTA	1453	01:04:32.05	10:23	10K20-29F	52/72	301/396	01:04:17.65
145/214	GREEN, CATHY	1130	01:04:35.25	10:23	10K40-49F	34/45	302/396	01:02:14.85
146/214	GREWAL, KIMBERLY	1132	01:04:35.45	10:24	10K40-49F	35/45	303/396	01:02:14.75
147/214	MCCARTY, ERIN	1227	01:04:47.15	10:25	10K20-29F	53/72	305/396	01:04:36.45
148/214	WATSON, LAUREL	1333	01:04:52.65	10:26	10K50-59F	13/20	306/396	01:03:59.10
149/214	CULLINGHAM, CAROL	1069	01:05:08.40	10:29	10K30-39F	45/69	309/396	01:04:22.25
150/214	BROE, JENNIFER	1039	01:05:52.00	10:36	10K30-39F	46/69	314/396	01:05:13.75
151/214	TOREN, BELLANNE	1313	01:06:00.05	10:37	10K50-59F	14/20	317/396	01:05:40.60
152/214	DOUCETTE, JANICE	1084	01:06:14.00	10:39	10K20-29F	54/72	318/396	01:06:14.00
153/214	HALWAS, COLLEEN	1136	01:06:18.60	10:40	10K40-49F	36/45	320/396	01:05:37.40
154/214	BURCHNALL, DEANNA	1045	01:06:18.80	10:40	10K40-49F	37/45	321/396	01:05:31.80
155/214	ADAMS, FATIN	1400	01:06:19.10	10:40	10K40-49F	38/45	322/396	01:05:52.60
156/214	GANI, SARAH	1122	01:06:31.55	10:42	10K30-39F	47/69	326/396	01:05:56.80
157/214	LUI, ALICE	1203	01:06:53.25	10:46	10K20-29F	55/72	328/396	01:06:23.65
158/214	KRESOWATY, JENNIFER	1186	01:06:55.00	10:46	10K30-39F	48/69	329/396	01:06:25.45
159/214	FEDORCHUK, LISA	1237	01:07:05.35	10:48	10K19&UF	4/6	330/396	01:06:17.50
160/214	HAYNES, SYDNEY	1143	01:07:20.30	10:50	10K19&UF	5/6	332/396	01:06:52.40
161/214	SCOTT, ROXANNE	1287	01:07:57.80	10:56	10K20-29F	56/72	335/396	01:07:14.60
162/214	KOMAR, ANNE MARIE	1184	01:07:58.00	10:56	10K40-49F	39/45	336/396	01:07:14.65
163/214	FRY, KRISTEN	1110	01:07:58.80	10:56	10K20-29F	57/72	337/396	01:03:26.30
164/214	MURPHY, REBA	1241	01:08:02.00	10:57	10K20-29F	58/72	339/396	01:07:22.25

Overall Gender Results

10K - 6.21 Miles

Female

Gender	Name	Bib#	Time	Pace	Div	Cat	O/A	Chip Time
165/214	BOWEN, MEGAN	1424	01:08:03.75	10:57	10K20-29F	59/72	340/396	01:07:53.15
166/214	ROBINSON, PATTY	1391	01:08:09.05	10:58	10K20-29F	60/72	341/396	01:07:21.00
167/214	SAIGEON, AMANDA	1280	01:08:10.45	10:58	10K20-29F	61/72	342/396	01:07:54.60
168/214	CHAN, KATHRYN	1057	01:08:27.35	11:01	10K20-29F	62/72	344/396	01:08:15.10
169/214	WILSON, MARIA	1223	01:08:34.20	11:02	10K40-49F	40/45	345/396	01:07:54.95
170/214	GAGNON, ALLISON	1114	01:08:43.00	11:03	10K20-29F	63/72	346/396	01:08:01.90
171/214	CRUXTON, DIANE	1068	01:08:54.50	11:05	10K50-59F	15/20	347/396	01:08:21.65
172/214	BURDEN, LISA	1046	01:09:19.50	11:09	10K40-49F	41/45	348/396	01:08:29.80
173/214	POWELL, KAYLA	1265	01:09:46.40	11:14	10K20-29F	64/72	350/396	01:09:18.45
174/214	KEELER, MELANIE	1173	01:10:23.95	11:20	10K30-39F	49/69	351/396	01:10:10.00
175/214	DJAKOVIC, MELISSA	1080	01:10:31.75	11:21	10K20-29F	65/72	353/396	01:09:46.95
176/214	MOORE, HILARY	1443	01:10:38.35	11:22	10K30-39F	50/69	354/396	01:09:53.50
177/214	OSTER, CAREY	1425	01:10:43.75	11:23	10K20-29F	66/72	355/396	01:09:51.15
178/214	NICHOLLS, CORI	1248	01:11:12.65	11:27	10K30-39F	51/69	357/396	01:10:44.20
179/214	KEATING, MARILYN	1171	01:11:20.15	11:29	10K50-59F	16/20	358/396	01:10:37.25
180/214	SATO, CORINNE	1282	01:11:23.40	11:29	10K20-29F	67/72	360/396	01:10:57.00
181/214	TURCHET, CINZIA	1315	01:11:54.85	11:34	10K40-49F	42/45	361/396	01:11:28.35
182/214	SHEPPY, BOBBIE	1456	01:12:07.05	11:36	10K50-59F	17/20	362/396	01:11:40.95
183/214	ADAMS, KELLY	1003	01:12:09.35	11:37	10K40-49F	43/45	363/396	01:11:43.00
184/214	NAF, MELISSA	1243	01:12:24.85	11:39	10K30-39F	52/69	364/396	01:11:30.50
185/214	CRAWFORD, SUSAN	1064	01:12:25.05	11:39	10K40-49F	44/45	365/396	01:11:31.00
186/214	WILLIAMS, JANET	1339	01:12:27.50	11:40	10K50-59F	18/20	366/396	01:12:01.05
187/214	TALDORF, KRISTA	1368	01:12:39.10	11:41	10K30-39F	53/69	367/396	01:12:07.70
188/214	MACDONALD, JACQUELINE	1208	01:12:46.35	11:43	10K30-39F	54/69	368/396	01:12:04.65
189/214	SMITH, LINDA	1301	01:12:49.70	11:43	10K50-59F	19/20	369/396	01:12:03.15
190/214	EWART, CHRISTINE	1098	01:12:53.25	11:44	10K30-39F	55/69	370/396	01:12:21.95
191/214	STADNYK, THERESA	1304	01:12:59.05	11:45	10K30-39F	56/69	371/396	01:12:06.25
192/214	BELL, NAOMI	1027	01:14:20.90	11:58	10K20-29F	68/72	372/396	01:14:00.35
193/214	BRADLEY, MICHELLE	1036	01:15:03.20	12:05	10K50-59F	20/20	373/396	01:14:33.25
194/214	GOSSELIN, CHARLA	1127	01:15:03.65	12:05	10K30-39F	57/69	374/396	01:14:46.50
195/214	PROUDFOOT, CATE	1269	01:15:06.60	12:05	10K30-39F	58/69	375/396	01:14:17.05
196/214	HOOD, CHRISTY	1362	01:15:44.15	12:11	10K30-39F	59/69	376/396	01:14:56.10
197/214	WELDA, JANTIEN	1395	01:15:44.30	12:11	10K30-39F	60/69	377/396	01:14:56.40
198/214	PANKIW, AMANDA	1257	01:16:00.00	12:14	10K30-39F	61/69	378/396	01:15:26.60
199/214	OLLEN, COLLEEN	1252	01:16:01.00	12:14	10K30-39F	62/69	379/396	01:15:27.70
200/214	HARPER, DEBRA	1140	01:16:43.60	12:21	10K30-39F	63/69	380/396	01:16:13.55
201/214	WOOD, WENDY	1345	01:16:43.80	12:21	10K40-49F	45/45	381/396	01:16:14.40
202/214	GLATZ, ASTA	1125	01:17:00.40	12:23	10K20-29F	69/72	382/396	01:16:30.70
203/214	AASEN, KIRSTEN	1001	01:17:30.70	12:28	10K30-39F	64/69	383/396	01:17:08.30
204/214	JOHNSON, MEGHAN	1169	01:18:52.65	12:42	10K30-39F	65/69	385/396	01:12:14.50
205/214	GREEN, LISA	1131	01:19:17.95	12:46	10K20-29F	70/72	386/396	01:19:00.50
206/214	FURGASON, TAMMY	1113	01:19:54.95	12:51	10K30-39F	66/69	387/396	01:18:56.50
207/214	MACKINNON, KALENA	1457	01:20:51.25	13:01	10K19&UF	6/6	388/396	01:17:48.00
208/214	MACKINNON, CHARLENE	1213	01:20:56.75	13:01	10K30-39F	67/69	389/396	01:17:57.20
209/214	CORSI, ANDREA	1010	01:23:00.45	13:21	10K20-29F	71/72	390/396	01:22:16.10
210/214	WOLLMAN, JANNA	1343	01:23:55.90	13:30	10K60+F	1/2	391/396	01:23:09.95
211/214	HADDEN, KIMBERLY	1135	01:25:26.80	13:45	10K20-29F	72/72	392/396	01:24:45.55
212/214	TRUONG, HUONG	1314	01:25:31.50	13:46	10K30-39F	68/69	393/396	01:24:54.85
213/214	SCHATZ, ANGELA	1283	01:46:21.35	17:07	10K30-39F	69/69	394/396	01:45:24.30
214/214	KWOK, JOANNA	1189	02:29:00.80	23:59	10K60+F	2/2	395/396	02:28:24.50

Overall Gender Results

10K - 6.21 Miles

Male

Gender	Name	Bib#	Time	Pace	Div	Cat	O/A	Chip Time
1/182	KERSHAW, DEVON	1177	00:32:27.15	05:13	10K20-29M	1/35	1/396	00:32:25.90
2/182	POOTZ, SPENCER	1264	00:33:27.50	05:23	10K20-29M	2/35	2/396	00:33:25.90
3/182	COLLIE, MARC	1377	00:34:38.40	05:34	10K30-39M	1/55	3/396	00:34:37.45
4/182	HOPFNER, GEOFF	1355	00:35:30.90	05:43	10K20-29M	3/35	4/396	00:35:29.80
5/182	GREENWOOD, BRYCE	1382	00:36:06.40	05:48	10K30-39M	2/55	5/396	00:36:05.00
6/182	WASYLYNKA, ANDREW	1447	00:36:11.80	05:49	10K20-29M	4/35	6/396	00:36:10.20
7/182	PEARSON, TIM	1437	00:36:36.95	05:53	10K40-49M	1/48	7/396	00:36:34.15
8/182	CROMBIE, JAMIE	1379	00:36:56.85	05:56	10K40-49M	2/48	8/396	00:36:54.80
9/182	HUSSEN, BURHAN	1383	00:37:48.80	06:05	10K30-39M	3/55	9/396	00:37:48.45
10/182	BAINE, TREVOR	1373	00:38:21.60	06:10	10K30-39M	4/55	10/396	00:38:19.45
11/182	LINDLAND, KEVIN	1200	00:38:31.60	06:12	10K40-49M	3/48	11/396	00:38:29.70
12/182	INHABER, JOSH	1164	00:38:53.35	06:15	10K20-29M	5/35	12/396	00:38:49.85
13/182	PEARSON, DARYL	1398	00:39:10.60	06:18	10K30-39M	5/55	13/396	00:39:06.70
14/182	NEL, ANTON	1387	00:39:27.80	06:21	10K40-49M	4/48	14/396	00:39:24.40
15/182	THORKELSON, DONOVAN	1359	00:39:46.50	06:24	10K30-39M	6/55	15/396	00:39:42.55
16/182	LUINSTRA, DAVID	1204	00:39:50.90	06:24	10K30-39M	7/55	16/396	00:39:49.00
17/182	FEASBY, COLIN	1361	00:40:00.15	06:26	10K30-39M	8/55	17/396	00:39:58.10
18/182	PALASCHUK, ANDREW	1430	00:40:15.85	06:28	10K30-39M	9/55	18/396	00:40:13.00
19/182	GOBBI, DAVID	1403	00:40:19.35	06:29	10K30-39M	10/55	19/396	00:40:09.15
20/182	LUKINUK, BRENDT	1205	00:40:34.10	06:31	10K30-39M	11/55	20/396	00:40:30.85
21/182	NELSON, CHRIS	1244	00:40:37.10	06:32	10K50-59M	1/25	22/396	00:40:34.20
22/182	DODDS, SHAY	1082	00:40:49.75	06:34	10K20-29M	6/35	24/396	00:40:48.45
23/182	KELLY, STEVEN	1176	00:41:03.25	06:36	10K40-49M	5/48	25/396	00:41:00.05
24/182	BELL, CHRIS	1026	00:41:08.30	06:37	10K40-49M	6/48	26/396	00:41:06.30
25/182	MARTIN, JEAN-LUC	1224	00:42:06.55	06:46	10K30-39M	12/55	29/396	00:42:01.60
26/182	SMITH, COLIN	1419	00:42:12.35	06:47	10K30-39M	13/55	31/396	00:42:08.90
27/182	SUFFIELD, BEN	1431	00:42:20.80	06:49	10K20-29M	7/35	32/396	00:42:18.95
28/182	KAY, JEFF	1170	00:43:03.20	06:55	10K40-49M	7/48	33/396	00:42:59.45
29/182	ZAHARA, RYAN	1439	00:43:06.30	06:56	10K30-39M	14/55	34/396	00:43:02.65
30/182	FAJARDO, DAVE	1100	00:43:31.45	07:00	10K30-39M	15/55	36/396	00:43:26.65
31/182	SAVOIE, JOHN	1448	00:44:10.60	07:06	10K40-49M	8/48	38/396	00:44:06.80
32/182	DRAPER, SEAN	1086	00:44:29.50	07:09	10K30-39M	16/55	39/396	00:44:24.15
33/182	SKEA, KENNETH T.	1298	00:44:30.65	07:09	10K50-59M	2/25	40/396	00:44:25.40
34/182	ZORNIK, MIKE	1352	00:44:30.70	07:09	10K40-49M	9/48	41/396	00:44:25.50
35/182	BENZ, WAYNE	1032	00:44:30.75	07:09	10K50-59M	3/25	42/396	00:44:25.35
36/182	SAETRE, MARTY	1279	00:44:35.10	07:10	10K20-29M	8/35	43/396	00:44:22.75
37/182	ARGUILE, STUART	1428	00:44:52.35	07:13	10K60+M	1/12	44/396	00:44:49.10
38/182	MANNS, DEREK	1219	00:44:57.80	07:14	10K40-49M	10/48	45/396	00:44:45.65
39/182	THEROUX, MIKE	1370	00:45:18.15	07:17	10K40-49M	11/48	46/396	00:45:00.70
40/182	DEFORREST, SHAWN	1075	00:45:25.85	07:18	10K30-39M	17/55	47/396	00:45:23.00
41/182	LARMER, PAUL	1191	00:45:57.00	07:23	10K40-49M	12/48	50/396	00:45:48.10
42/182	BENNETT, SHAWN	1030	00:46:02.20	07:24	10K30-39M	18/55	51/396	00:45:51.80
43/182	ULLYOTT, BRETT	1452	00:46:22.30	07:27	10K20-29M	9/35	53/396	00:46:19.80
44/182	GALESKI, MATTHEW	1116	00:46:23.20	07:28	10K30-39M	19/55	54/396	00:46:05.75
45/182	BRANDER, JIM	1037	00:46:30.40	07:29	10K50-59M	4/25	56/396	00:46:23.35
46/182	CAUSTON, ASHLEY	1054	00:46:33.35	07:29	10K40-49M	13/48	57/396	00:46:28.10
47/182	PYKE, DAVID	1271	00:46:34.40	07:29	10K50-59M	5/25	58/396	00:46:18.80
48/182	SHEWFELT, KYLE	1295	00:46:45.95	07:31	10K20-29M	10/35	59/396	00:46:18.00
49/182	DOUCETTE, GREG	1083	00:46:47.55	07:32	10K30-39M	20/55	60/396	00:46:37.60
50/182	CONEYBEARE, STEVE	1061	00:46:50.20	07:32	10K50-59M	6/25	61/396	00:46:43.20
51/182	VETTER, MARTIN	1358	00:46:52.05	07:32	10K40-49M	14/48	62/396	00:46:46.85
52/182	GALLANT, NEIL	1117	00:47:00.00	07:34	10K20-29M	11/35	65/396	00:46:50.65
53/182	MCDONOUGH, STEWART	1228	00:47:05.85	07:34	10K30-39M	21/55	66/396	00:46:49.85
54/182	WIEBE, RANDY	1421	00:47:17.20	07:36	10K40-49M	15/48	67/396	00:47:12.25
55/182	BRUCE, MURRAY	1376	00:47:25.40	07:38	10K30-39M	22/55	68/396	00:47:06.20

Overall Gender Results

10K - 6.21 Miles

Male

Gender	Name	Bib#	Time	Pace	Div	Cat	O/A	Chip Time
56/182	MOLAND, PATRICK	1261	00:47:37.85	07:40	10K40-49M	16/48	69/396	00:47:34.35
57/182	KINNIE, NICHOLAS	1181	00:47:39.30	07:40	10K19&UM	1/7	70/396	00:47:33.75
58/182	LADOUCEUR, MIKE	1405	00:47:54.60	07:42	10K30-39M	23/55	71/396	00:47:47.35
59/182	GRIENER, TOM	1133	00:47:59.50	07:43	10K20-29M	12/35	72/396	00:47:43.90
60/182	KRZYWICKI, JACEK	1187	00:47:59.65	07:43	10K30-39M	24/55	73/396	00:47:41.90
61/182	HILL, KEN	1438	00:48:00.55	07:43	10K60+M	2/12	74/396	00:47:43.50
62/182	CLAEYS, CORY	1060	00:48:00.80	07:43	10K30-39M	25/55	75/396	00:47:28.30
63/182	CARLSON, MARK	1051	00:48:05.30	07:44	10K40-49M	17/48	76/396	00:48:00.25
64/182	MACLEOD, SHANE	1385	00:48:21.80	07:47	10K40-49M	18/48	78/396	00:48:07.45
65/182	FILLIP, TODD	1432	00:48:33.65	07:49	10K40-49M	19/48	80/396	00:47:59.05
66/182	BOWEN, VAUGHAN	1375	00:48:35.20	07:49	10K60+M	3/12	81/396	00:48:28.15
67/182	RENNIE, SCOTT	1390	00:48:48.55	07:51	10K30-39M	26/55	82/396	00:48:31.40
68/182	SUCHAN, BRETT	1308	00:48:53.20	07:52	10K20-29M	13/35	83/396	00:48:36.05
69/182	HINTON, DAREN	1150	00:48:53.35	07:52	10K40-49M	20/48	84/396	00:48:29.20
70/182	BAGNALL, KEVIN	1018	00:48:57.70	07:52	10K20-29M	14/35	85/396	00:48:31.05
71/182	WYLLIE, JEREMIE	1349	00:48:57.95	07:52	10K19&UM	2/7	86/396	00:48:47.50
72/182	WYLLIE, DOUG	1348	00:48:58.00	07:53	10K50-59M	7/25	87/396	00:48:47.35
73/182	NORTON, NICK	1249	00:49:51.20	08:01	10K40-49M	21/48	93/396	00:49:40.55
74/182	ANDERSON, DARYL	1009	00:50:00.90	08:03	10K40-49M	22/48	94/396	00:49:45.25
75/182	HERON, IAN	1146	00:50:20.65	08:06	10K30-39M	27/55	96/396	00:50:01.15
76/182	GRANT, MATT	1129	00:50:21.10	08:06	10K20-29M	15/35	97/396	00:50:12.35
77/182	EWASIUK, CHRISTOPHER	1099	00:50:33.80	08:08	10K40-49M	23/48	102/396	00:50:14.70
78/182	GEE, TIM	1381	00:50:35.20	08:08	10K30-39M	28/55	103/396	00:49:58.65
79/182	FRYER, SEAN	1111	00:50:39.85	08:09	10K20-29M	16/35	105/396	00:50:33.70
80/182	WARD, GLENN	1329	00:50:45.00	08:10	10K30-39M	29/55	108/396	00:50:33.15
81/182	COULTER, SIMON	1296	00:51:06.30	08:13	10K30-39M	30/55	113/396	00:46:48.05
82/182	ANDERSON, BRENT	1372	00:51:18.60	08:15	10K30-39M	31/55	115/396	00:51:05.15
83/182	KINNAIRD, DANA	1180	00:51:18.65	08:15	10K20-29M	17/35	116/396	00:50:59.20
84/182	CEVRAINI, BRUCE	1055	00:51:27.35	08:17	10K40-49M	24/48	117/396	00:51:16.05
85/182	STEWART, JEFF	1307	00:51:29.95	08:17	10K30-39M	32/55	118/396	00:51:05.70
86/182	SINCLAIR, PAUL	1297	00:51:39.85	08:19	10K50-59M	8/25	119/396	00:51:24.15
87/182	SCOTT, JIM	1286	00:51:45.85	08:20	10K50-59M	9/25	120/396	00:51:21.25
88/182	BABINEC, MATT	1016	00:51:48.90	08:20	10K20-29M	18/35	121/396	00:51:38.15
89/182	BERKLEY, TROY	1033	00:51:49.25	08:20	10K30-39M	33/55	122/396	00:51:37.40
90/182	MACGOWAN, DAN	1415	00:51:50.55	08:20	10K30-39M	34/55	124/396	00:51:21.30
91/182	WEARE, KENT	1384	00:52:12.35	08:24	10K30-39M	35/55	125/396	00:51:58.60
92/182	ROLLETT, JOHN	1451	00:52:16.85	08:25	10K20-29M	19/35	126/396	00:52:08.25
93/182	PANNETT, STEPHEN	1258	00:52:43.45	08:29	10K40-49M	25/48	127/396	00:51:40.20
94/182	O'DONOVAN, KEVIN	1251	00:52:44.95	08:29	10K40-49M	26/48	129/396	00:52:20.30
95/182	WILLS, ROBERT	1340	00:52:54.70	08:31	10K40-49M	27/48	131/396	00:52:31.75
96/182	SADLER, JONATHAN	1278	00:52:55.95	08:31	10K50-59M	10/25	132/396	00:52:37.05
97/182	KRAMER, PATRICK	1185	00:52:58.00	08:31	10K50-59M	11/25	133/396	00:52:35.65
98/182	KEELING, JAMES	1174	00:53:01.20	08:32	10K50-59M	12/25	134/396	00:52:10.30
99/182	NIXON, TROY	1434	00:53:09.05	08:33	10K40-49M	28/48	137/396	00:52:46.65
100/182	FRIESEN, JUSTIN	1109	00:53:17.00	08:34	10K30-39M	36/55	138/396	00:52:52.35
101/182	SCOTT, STEPHEN	1288	00:53:25.05	08:36	10K40-49M	29/48	140/396	00:52:40.20
102/182	MACHOWSKI, STEPHEN	1306	00:53:39.00	08:38	10K20-29M	20/35	146/396	00:53:29.05
103/182	KLINGBEIL, NORBERT	1182	00:54:08.35	08:43	10K40-49M	30/48	149/396	00:53:17.50
104/182	WIGGINTON, KEVIN	1337	00:54:12.15	08:43	10K30-39M	37/55	150/396	00:53:35.55
105/182	REMMERT, TREVOR	1275	00:54:19.65	08:44	10K30-39M	38/55	153/396	00:53:38.00
106/182	GROMACK, STEVE	1134	00:54:22.20	08:45	10K40-49M	31/48	155/396	00:53:53.70
107/182	KOKOTT, RYAN	1183	00:54:24.65	08:45	10K30-39M	39/55	157/396	00:53:33.75
108/182	COOK, KEN	1062	00:54:24.70	08:45	10K40-49M	32/48	158/396	00:53:46.55
109/182	CARR, CHRIS	1052	00:54:26.05	08:45	10K30-39M	40/55	161/396	00:54:05.30
110/182	REDHEAD, DONALD	1399	00:54:27.30	08:46	10K40-49M	33/48	162/396	00:54:04.15

Overall Gender Results

10K - 6.21 Miles

Male

Gender	Name	Bib#	Time	Pace	Div	Cat	O/A	Chip Time
111/182	FOURNIER, CHAD	1107	00:54:52.60	08:50	10K30-39M	41/55	169/396	00:54:21.30
113/182	REDDEKOPP, JAY	1274	00:54:58.95	08:51	10K50-59M	13/25	174/396	00:54:34.60
114/182	AIELLO, ROBERT	1005	00:55:21.25	08:54	10K50-59M	14/25	176/396	00:54:31.55
115/182	KELLER, ERIC	1175	00:55:22.35	08:54	10K30-39M	42/55	177/396	00:54:47.55
116/182	FORD, TOM	1106	00:55:25.90	08:55	10K50-59M	15/25	178/396	00:55:15.45
117/182	ELLIOTT, ALBERT	1092	00:55:41.25	08:58	10K50-59M	16/25	180/396	00:55:15.35
118/182	HILL, LUCAS	1149	00:55:45.60	08:58	10K19&UM	3/7	182/396	00:55:14.60
119/182	DE JONG, BLAIR	1071	00:56:31.40	09:06	10K20-29M	21/35	189/396	00:55:58.00
120/182	CAMPBELL, BRUCE	1050	00:56:33.00	09:06	10K50-59M	17/25	190/396	00:56:08.35
121/182	HARASYM, MICHAEL	1414	00:56:41.20	09:07	10K40-49M	35/48	194/396	00:56:28.60
122/182	MACGOWAN, PAUL	1416	00:57:10.70	09:12	10K60+M	4/12	198/396	00:56:42.50
123/182	SUTHERLAND, ANDREW	1309	00:57:13.55	09:12	10K20-29M	22/35	200/396	00:56:33.75
124/182	HOLUNGA, SHANE	1157	00:57:25.40	09:14	10K30-39M	43/55	205/396	00:57:00.70
125/182	GEE, AARON	1401	00:57:30.60	09:15	10K19&UM	4/7	207/396	00:56:52.35
126/182	HOWG, KYLE	1160	00:57:34.20	09:16	10K30-39M	44/55	209/396	00:57:02.70
127/182	CRUXTON, BOB	1067	00:57:42.55	09:17	10K50-59M	18/25	210/396	00:57:09.65
128/182	GAGNON, ERIC	1115	00:57:48.60	09:18	10K30-39M	45/55	211/396	00:57:01.35
129/182	JACKSON, CHRIS	1165	00:57:50.20	09:18	10K20-29M	23/35	212/396	00:57:27.65
130/182	HENDERSON, JIM	1145	00:57:51.45	09:18	10K50-59M	19/25	213/396	00:57:32.50
131/182	MELENKA, GERRY	1232	00:58:11.85	09:22	10K40-49M	36/48	217/396	00:57:57.95
132/182	KEATLEY, JOSH	1172	00:58:16.95	09:22	10K30-39M	46/55	219/396	00:57:43.95
133/182	MILBURY, DAWSON	1235	00:58:29.00	09:25	10K50-59M	20/25	222/396	00:57:54.65
134/182	LEE, PAUL	1195	00:58:45.35	09:27	10K20-29M	24/35	226/396	00:58:20.90
135/182	KEELER, JEREMY	1168	00:59:04.25	09:30	10K30-39M	47/55	229/396	00:58:49.95
136/182	HUMNYCKI, MICHAEL	1233	00:59:21.25	09:33	10K19&UM	5/7	234/396	00:59:13.10
137/182	SCHMAL, BOB	1284	00:59:24.60	09:33	10K60+M	5/12	236/396	00:58:48.35
138/182	RAMESSAR, RANDY	1273	00:59:34.05	09:35	10K30-39M	48/55	237/396	00:59:31.10
139/182	MAGGISANO, NICHOLAS	1216	00:59:50.75	09:38	10K20-29M	25/35	241/396	00:59:35.00
140/182	FALLS, KENTON	1357	00:59:59.05	09:39	10K20-29M	26/35	243/396	00:59:30.60
141/182	RICKARD, STEVE	1353	01:00:10.35	09:41	10K60+M	6/12	246/396	01:00:10.35
142/182	LEVEQUE, PETER	1198	01:00:19.10	09:42	10K40-49M	37/48	248/396	00:59:41.55
143/182	BULLOCK, RYAN	1044	01:00:22.45	09:43	10K20-29M	27/35	249/396	00:56:46.45
144/182	HERZOG, KARL	1356	01:00:33.20	09:45	10K50-59M	21/25	253/396	00:59:43.80
145/182	YOUNGER, BRIAN	1350	01:00:42.65	09:46	10K40-49M	38/48	257/396	00:59:51.80
146/182	BRYGIDYR, CRAIG	1043	01:00:44.55	09:46	10K60+M	7/12	258/396	01:00:23.05
147/182	COLLIVER, RAY	1410	01:01:33.35	09:54	10K60+M	8/12	263/396	01:01:23.10
148/182	SMITH, MARK	1302	01:01:34.70	09:54	10K20-29M	28/35	264/396	01:01:08.30
149/182	HORNE, DREW	1441	01:02:23.60	10:02	10K30-39M	49/55	275/396	01:02:11.10
150/182	ROBINSON, JORDAN	1418	01:02:43.10	10:05	10K40-49M	39/48	279/396	01:02:24.25
151/182	THORBURN, GRAEME	1311	01:02:43.60	10:05	10K20-29M	29/35	281/396	01:02:24.95
152/182	WINTON, IAN	1342	01:02:52.80	10:07	10K20-29M	30/35	282/396	01:02:30.10
153/182	BURGE, SCOTT	1048	01:03:00.75	10:08	10K40-49M	40/48	285/396	01:02:45.00
154/182	SMITH, RICHARD	1303	01:03:11.90	10:10	10K40-49M	41/48	286/396	01:02:48.85
155/182	GODZIUK, JUSTIN	1126	01:03:38.90	10:14	10K20-29M	31/35	294/396	01:03:30.00
156/182	WOODMAN, CHRIS	1347	01:03:48.90	10:16	10K30-39M	50/55	296/396	01:03:31.85
157/182	BRADLEY, JAY	1035	01:04:30.70	10:23	10K60+M	9/12	300/396	01:04:00.85
158/182	MARCIL, DEAN	1221	01:04:46.30	10:25	10K40-49M	42/48	304/396	01:04:25.30
159/182	GAULD, DAN	1118	01:04:54.35	10:27	10K30-39M	51/55	307/396	01:04:39.10
160/182	MARCIL, LORENZO	1222	01:05:02.20	10:28	10K19&UM	6/7	308/396	01:04:42.10
161/182	DOBSON, STEVE	1455	01:05:13.05	10:30	10K40-49M	43/48	310/396	01:04:33.35
162/182	DEAKIN, JOHN	1074	01:05:37.75	10:33	10K50-59M	22/25	311/396	01:05:10.15
163/182	GEE, STEVEN	1121	01:05:47.55	10:35	10K30-39M	52/55	312/396	01:05:10.05
164/182	BROE, RICHARD	1040	01:05:51.95	10:36	10K30-39M	53/55	313/396	01:05:15.40
165/182	KUHL, GREG	153	01:05:56.65	10:37	10K50-59M	23/25	315/396	01:05:46.10
166/182	HALWAS, DARIAN	1137	01:05:59.95	10:37	10K19&UM	7/7	316/396	01:05:18.70

Overall Gender Results

10K - 6.21 Miles

Male

Gender	Name	Bib#	Time	Pace	Div	Cat	O/A	Chip Time
167/182	MACDONALD, JAMES	1209	01:06:15.45	10:40	10K40-49M	44/48	319/396	01:05:45.45
168/182	HALWAS, DAVID	1138	01:06:20.50	10:40	10K40-49M	45/48	323/396	01:05:37.15
169/182	GEE, DARREN	1402	01:06:25.05	10:41	10K20-29M	32/35	324/396	01:05:47.05
170/182	LAROCHELLE, YVES	1364	01:06:26.50	10:41	10K40-49M	46/48	325/396	01:06:15.75
171/182	BAKER, HUGH	1020	01:06:43.90	10:44	10K30-39M	54/55	327/396	01:05:48.50
172/182	ELLACOTT, JAMIE	1091	01:07:15.30	10:49	10K20-29M	33/35	331/396	01:01:22.65
173/182	MCMILLIAN, DUNCAN BROWN	1442	01:07:35.40	10:52	10K60+M	10/12	333/396	01:06:39.30
174/182	STANLEIGH, LARRY	1305	01:07:54.75	10:56	10K50-59M	24/25	334/396	01:07:06.70
175/182	MURPHY, WAYNE	1242	01:08:01.75	10:57	10K50-59M	25/25	338/396	01:07:21.90
176/182	BOUDREAU, JAMES	1423	01:08:21.40	11:00	10K60+M	11/12	343/396	01:07:40.45
177/182	SEQUEIRA, VANDELL	1291	01:09:43.00	11:13	10K20-29M	34/35	349/396	01:06:05.60
178/182	DJAKOVIC, MIKE	1081	01:10:31.60	11:21	10K30-39M	55/55	352/396	01:09:45.95
179/182	BENCSIK, NICK	1426	01:10:44.40	11:23	10K20-29M	35/35	356/396	01:09:51.75
180/182	HOWARD, MICHAEL	1158	01:11:21.60	11:29	10K40-49M	47/48	359/396	01:10:38.55
181/182	GEE, GARRY	1119	01:17:42.15	12:30	10K40-49M	48/48	384/396	01:17:02.45
182/182	GEE, SAM	1120	02:29:06.95	24:00	10K60+M	12/12	396/396	02:28:29.20