

Alpha Overall Results

10K Run - 6.21 Miles

225 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
202/225	ABEL, ALISON	1001	01:15:08.86	07:30	10K30-39F	35/38	F	106/123	01:14:48.78
13/225	ALBORNOZ, ALFREDO	1320	00:41:51.88	04:11	10K40-49M	3/27	M	12/102	00:41:50.56
206/225	ALVAREZ, ROXANNE	1233	01:15:45.87	07:34	10K20-29F	21/23	F	109/123	01:15:29.96
117/225	BAGNALL, PATRICK	1005	01:00:00.24	06:00	10K60-69M	5/7	M	72/102	00:59:48.29
55/225	BARHAM, FRED	1006	00:53:05.23	05:18	10K50-59M	8/24	M	42/102	00:52:51.50
189/225	BARROW, LESLIE	1007	01:11:26.63	07:08	10K30-39F	32/38	F	94/123	01:11:14.10
87/225	BASSO, TONY	1008	00:57:16.50	05:43	10K50-59M	13/24	M	61/102	00:56:53.86
112/225	BAXTER, RYAN	1009	00:59:30.95	05:57	10K30-39M	17/24	M	70/102	00:59:18.22
216/225	BEACH, CARRIE	1010	01:24:58.04	08:29	10K30-39F	36/38	F	116/123	01:24:37.42
35/225	BEATTIE, JIM	1011	00:47:58.48	04:47	10K50-59M	4/24	M	28/102	00:47:55.97
14/225	BEATTIE, SEAN	1012	00:42:25.82	04:14	10K40-49M	4/27	M	13/102	00:42:23.90
115/225	BEAUCHAMP, ELIE	1013	00:59:48.36	05:58	10K20-29F	11/23	F	45/123	00:59:31.91
125/225	BEAULNE, JULIE	1014	01:01:03.32	06:06	10K20-29F	13/23	F	52/123	01:00:46.59
188/225	BEBLOW, ANDREA	1015	01:11:07.61	07:06	10K30-39F	31/38	F	93/123	01:04:50.63
143/225	BISSILLION, DARYL	1234	01:04:12.48	06:25	10K30-39M	21/24	M	83/102	01:04:03.47
130/225	BLOCK, RANDALL	1020	01:02:27.51	06:14	10K50-59M	17/24	M	74/102	01:01:44.91
190/225	BOLETTA, GEORGE	1021	01:11:35.73	07:09	10K40-49F	19/26	F	95/123	01:11:20.84
85/225	BOUCHMILA, RANDA	1333	00:56:52.60	05:41	10K30-39F	10/38	F	25/123	00:56:49.91
160/225	BOWERING, KATE	1235	01:06:56.82	06:41	10K30-39F	23/38	F	73/123	01:06:38.02
51/225	BREUER, TOBIAS	1236	00:51:26.06	05:08	10K30-39M	9/24	M	39/102	00:51:21.65
84/225	BROOKS, SUZANNE	1028	00:56:52.26	05:41	10K50-59F	4/24	F	24/123	00:56:48.05
195/225	CAPUTO, CONNIE	1323	01:12:48.86	07:16	10K50-59F	20/24	F	99/123	01:12:37.13
194/225	CAPUTO, EMMA	1324	01:12:48.07	07:16	10K20-29F	19/23	F	98/123	01:12:36.72
90/225	CHAN, JENNY	1332	00:57:31.59	05:45	10K50-59F	5/24	F	27/123	00:57:20.77
140/225	CHONG, JOSEPH	1237	01:03:58.33	06:23	10K40-49M	22/27	M	81/102	01:03:34.43
43/225	CHOQUETTE-LEVY, NICOLAS	1309	00:49:41.91	04:58	10K30-39M	6/24	M	34/102	00:49:27.96
169/225	CIMINO, DOMENIC	1036	01:08:08.71	06:48	10K50-59M	23/24	M	90/102	01:07:57.93
78/225	CIMINO, SALVATORE	1037	00:56:00.01	05:36	10K20-29M	12/16	M	57/102	00:55:48.78
3/225	CLACK, WILLIAM	1334	00:36:10.40	03:37	10K20-29M	3/16	M	3/102	00:36:09.36
191/225	CLARK, HILARY	1238	01:11:35.93	07:09	10K20-29F	18/23	F	96/123	01:11:21.12
129/225	COLE, AMANDA	1039	01:02:24.78	06:14	10K40-49F	10/26	F	56/123	01:02:01.28
221/225	COMSTOCK, CAITLIN	1041	01:30:39.23	09:03	10K20-29F	22/23	F	120/123	01:30:15.25
152/225	COOPER, BARBARA	1239	01:05:08.37	06:30	10K60-69F	5/9	F	65/123	01:04:56.64
149/225	COOPER, BRENDA	1240	01:04:55.47	06:29	10K40-49F	11/26	F	62/123	01:04:35.23
180/225	CORBIELL, MICHELE	1241	01:09:39.23	06:57	10K50-59F	18/24	F	88/123	01:09:17.69
183/225	CRAIG, DAWN	1242	01:09:49.13	06:58	10K50-59F	19/24	F	91/123	01:09:27.41
165/225	CROWCHILD, PEARL	5217	01:07:47.27	06:46	10K50-59F	15/24	F	76/123	01:07:35.44
69/225	CRUZ, OSCAR	1047	00:54:56.80	05:29	10K40-49M	16/27	M	52/102	00:54:53.15
168/225	CRUTIS, CHARLOTTE	1048	01:08:08.49	06:48	10K30-39F	24/38	F	79/123	01:07:46.95
19/225	CWYNAR, DAVE	1310	00:43:42.09	04:22	10K40-49M	7/27	M	17/102	00:43:39.95
107/225	DALY, LORNE	1304	00:59:08.40	05:54	10K50-59M	16/24	M	68/102	00:59:05.10
67/225	DASTMALCHI, MEHRAN	1050	00:54:44.97	05:28	10K20-29M	9/16	M	50/102	00:54:35.71
197/225	DAVIES, BETHAN	1243	01:13:52.89	07:23	10K30-39F	33/38	F	101/123	01:13:36.92
40/225	DAVIS, TODD	1051	00:49:03.74	04:54	10K40-49M	11/27	M	32/102	00:48:59.39
37/225	DAWSON, BOB	1244	00:48:06.23	04:48	10K50-59M	5/24	M	29/102	00:48:01.16
131/225	DE LAURENTIIS, AIMEE	1137	01:02:27.96	06:14	10K20-29F	14/23	F	57/123	01:02:21.59
164/225	DEMPSTER, ASHLEY	1052	01:07:30.65	06:45	10K20-29F	17/23	F	75/123	01:07:21.64
76/225	DITTRICH, ALEX	1321	00:55:55.79	05:35	10K20-29F	6/23	F	20/123	00:55:52.15
166/225	DOKTOR, WANDA	1053	01:07:50.61	06:47	10K40-49F	14/26	F	77/123	01:07:43.24
59/225	DOMBROVA, DUANE	1054	00:53:47.09	05:22	10K50-59M	10/24	M	46/102	00:53:40.16
135/225	DONOVAN, LAURA	1055	01:02:59.69	06:17	10K30-39F	17/38	F	58/123	01:02:35.61
4/225	DRAUDE, JODY	1056	00:36:31.01	03:39	10K40-49M	1/27	M	4/102	00:36:29.35
198/225	DUERKSEN, ERIN	1057	01:14:01.73	07:24	10K20-29F	20/23	F	102/123	01:13:36.20
200/225	DUERKSEN, JOCELYNE	1059	01:14:36.46	07:27	10K50-59F	21/24	F	104/123	01:14:11.73
89/225	DUERKSEN, JOHN	1060	00:57:24.98	05:44	10K50-59M	14/24	M	63/102	00:57:12.64
88/225	DUERKSEN, JOHN M.	1061	00:57:24.47	05:44	10K30-39M	15/24	M	62/102	00:57:13.20
145/225	DUNNE, JAMES	1245	01:04:21.42	06:26	10K70+M	1/2	M	84/102	01:04:15.69
70/225	DYCK, NICOLE	1062	00:55:08.53	05:30	10K40-49F	2/26	F	18/123	00:55:04.26
11/225	EDGAR, GREG	1064	00:40:39.73	04:03	10K30-39M	1/24	M	10/102	00:40:38.34
136/225	ELDERKIN-SAFRUK, PAM	1065	01:03:09.42	06:18	10K50-59F	12/24	F	59/123	01:02:48.02
134/225	ELLIOTT, ALBERT	1066	01:02:41.96	06:16	10K60-69M	6/7	M	77/102	01:02:26.29
96/225	ELLIOTT, JUDITH	1067	00:57:48.66	05:46	10K60-69F	1/9	F	32/123	00:57:43.11
79/225	EVANS, MEGAN	1311	00:56:22.86	05:38	10K30-39F	9/38	F	22/123	00:56:18.95
121/225	EVERTON, PASCAL	1068	01:00:19.52	06:01	10K30-39M	18/24	M	73/102	01:00:00.66
18/225	FALKE, GUNNAR	1069	00:43:40.18	04:22	10K30-39M	2/24	M	16/102	00:43:37.78
177/225	FARDY, SYLVIE	1070	01:09:31.43	06:57	10K50-59F	17/24	F	85/123	01:09:13.81

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O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
98/225	FARRIS, MEGAN	1072	00:57:49.68	05:46	10K20-29F	9/23	F	34/123	00:57:36.63
174/225	FAVERIN, KIRSTEN	1073	01:09:08.94	06:54	10K30-39F	27/38	F	83/123	01:08:54.56
92/225	FERGUSON, HANNAH	1074	00:57:34.12	05:45	10K20-29F	8/23	F	29/123	00:57:22.39
91/225	FERGUSON, SARAH-JAYNE	1075	00:57:33.86	05:45	10K20-29F	7/23	F	28/123	00:57:21.63
210/225	FETHERSTONHAUGH, MELISSA	1076	01:18:00.68	07:48	10K40-49F	23/26	F	113/123	01:17:43.83
157/225	FITZGERALD, CATHERINE	1247	01:05:55.54	06:35	10K30-39F	22/38	F	70/123	01:05:37.92
151/225	FITZGERALD, STEPHANIE	1077	01:05:00.91	06:30	10K30-39F	19/38	F	64/123	01:04:42.43
118/225	FOLTINEK, MELISSA	1078	01:00:13.90	06:01	10K30-39F	16/38	F	46/123	01:00:06.19
214/225	FOLTINEK, SUSAN	1079	01:23:27.24	08:20	10K60-69F	9/9	F	115/123	01:23:19.69
158/225	FONG, LAURA	1080	01:06:41.79	06:40	10K20-29F	15/23	F	71/123	01:06:22.35
122/225	FOX, ERIN	1081	01:00:30.99	06:03	10K20-29F	12/23	F	49/123	01:00:20.41
10/225	FRANTZ, JACKSON	1082	00:39:43.98	03:58	10K20-29M	7/16	M	9/102	00:39:41.08
196/225	FREIDAY, NANCY	1083	01:13:00.29	07:18	10K60-69F	6/9	F	100/123	01:12:38.89
217/225	GARSTAD, TINA	1084	01:27:21.75	08:44	10K40-49F	25/26	F	117/123	01:26:58.77
156/225	GAUTHIER, WHITNEY	1249	01:05:55.47	06:35	10K30-39F	21/38	F	69/123	01:05:37.59
162/225	GLASRUUD, ERIC	1086	01:07:30.45	06:45	10K40-49M	23/27	M	88/102	01:07:21.98
207/225	GLEAVE, LYNNE	1250	01:16:49.69	07:40	10K50-59F	22/24	F	110/123	01:16:27.97
82/225	GOTTSCHLING, MONICA	1088	00:56:36.06	05:39	10K40-49F	4/26	F	23/123	00:56:26.18
93/225	GRAHAM, DAVID	1089	00:57:36.66	05:45	10K40-49M	19/27	M	64/102	00:57:27.85
54/225	GRAHAM, PETER	1090	00:52:46.42	05:16	10K60-69M	3/7	M	41/102	00:52:42.74
94/225	GRAHAM, TERESA	1091	00:57:36.84	05:45	10K40-49F	6/26	F	30/123	00:57:27.53
77/225	GRAY, BELINDA	1092	00:55:59.50	05:35	10K40-49F	3/26	F	21/123	00:55:53.77
31/225	GRISDALE, NOEL	1093	00:46:52.60	04:41	10K40-49M	10/27	M	25/102	00:46:39.09
186/225	GUIRY, KATRINA	1094	01:10:32.05	07:03	10K30-39F	30/38	F	92/123	01:10:24.82
68/225	HAFICHUK, DOUG	1251	00:54:49.48	05:28	10K30-39M	13/24	M	51/102	00:54:36.61
25/225	HALL, SARA	1095	00:45:51.27	04:35	10K19&UF	1/2	F	5/123	00:45:50.25
209/225	HALPIN, BETH	1096	01:17:58.23	07:47	10K40-49F	22/26	F	112/123	01:17:42.12
142/225	HAMILTON, LESLIE	1097	01:04:12.47	06:25	10K30-39F	18/38	F	60/123	01:04:04.42
42/225	HANLON, PATRICK	1098	00:49:25.04	04:56	10K40-49M	12/27	M	33/102	00:49:17.43
167/225	HANSON, ALICE	1252	01:07:51.17	06:47	10K40-49F	15/26	F	78/123	01:07:34.72
154/225	HARASYM, PATRICIA	1100	01:05:34.91	06:33	10K50-59F	14/24	F	67/123	01:05:19.62
139/225	HARRISON, RYAN	1101	01:03:57.22	06:23	10K30-39M	20/24	M	80/102	01:03:36.48
86/225	HASEGAWA, KAT	1254	00:56:58.79	05:41	10K40-49F	5/26	F	26/123	00:56:48.01
48/225	HAWKINGS, JACK	1102	00:50:23.91	05:02	10K60-69M	2/7	M	38/102	00:50:18.18
30/225	HEGGE, CHAD	1255	00:46:43.76	04:40	10K40-49M	9/27	M	24/102	00:46:36.83
146/225	HNATIUK, ROGER	1105	01:04:33.32	06:27	10K50-59M	20/24	M	85/102	01:04:06.60
53/225	HNATYSHYN, MELANIE	1106	00:52:35.20	05:15	10K30-39F	6/38	F	13/123	00:52:29.55
150/225	HOCKING, JENNIFER	1107	01:05:00.52	06:30	10K50-59F	13/24	F	63/123	01:04:51.52
71/225	HOCKING, PHILIPPA	1108	00:55:17.99	05:31	10K50-59F	3/24	F	19/123	00:55:08.90
41/225	HOFFMAN, FRANCES	1109	00:49:11.12	04:55	10K20-29F	3/23	F	9/123	00:49:07.40
50/225	HOLLINGSHEAD, LINDSAY	1110	00:50:58.91	05:05	10K30-39F	5/38	F	12/123	00:50:47.72
26/225	HOUSTON, CHAD	1256	00:45:58.69	04:35	10K30-39M	4/24	M	21/102	00:45:45.82
28/225	HUNT, KATHERINE	1257	00:46:09.34	04:36	10K30-39F	2/38	F	6/123	00:46:07.02
208/225	HUTCHINSON, JANET	1113	01:17:51.48	07:47	10K50-59F	23/24	F	111/123	01:17:34.04
74/225	HYDE, TRISTAN	1258	00:55:49.63	05:34	10K20-29M	11/16	M	55/102	00:55:43.26
199/225	ING, DEB	1114	01:14:23.08	07:26	10K40-49F	21/26	F	103/123	01:14:04.40
34/225	IZARD, DIANA	1312	00:47:40.79	04:46	10K30-39F	3/38	F	7/123	00:47:38.75
108/225	JACOBS, CHER	1260	00:59:10.96	05:55	10K30-39F	14/38	F	40/123	00:58:58.17
137/225	JAKOBI, MATT	1313	01:03:36.24	06:21	10K30-39M	19/24	M	78/102	01:03:20.75
12/225	JANSEN, KEVIN	1261	00:41:48.18	04:10	10K20-29M	8/16	M	11/102	00:41:46.79
63/225	JANSEN, RICHARD	1314	00:54:23.27	05:26	10K40-49M	15/27	M	49/102	00:54:13.56
178/225	JESSEY, MARY	1116	01:09:31.47	06:57	10K40-49F	16/26	F	86/123	01:09:21.57
193/225	JOHNSON, STACY	1119	01:12:07.97	07:12	10K40-49F	20/26	F	97/123	01:11:44.59
58/225	JOHNSTON, ROB	1120	00:53:20.32	05:20	10K30-39M	12/24	M	45/102	00:53:00.36
2/225	JUSTINEN, ROMAN	1315	00:36:08.60	03:36	10K20-29M	2/16	M	2/102	00:36:07.74
148/225	KEEP, ALFRED	1122	01:04:54.07	06:29	10K50-59M	22/24	M	87/102	01:04:37.39
153/225	KILLAM, CAERI	1125	01:05:21.58	06:32	10K40-49F	12/26	F	66/123	01:00:55.60
161/225	KINZAGULOVA, RUSHANIA	1263	01:07:20.71	06:44	10K40-49F	13/26	F	74/123	01:07:17.00
219/225	KNUDSEN, BECKIE	1264	01:28:52.95	08:53	10K30-39F	37/38	F	118/123	01:28:33.77
7/225	KONDRO, MICHAEL	1128	00:38:17.69	03:49	10K20-29M	5/16	M	6/102	00:38:16.42
223/225	KOSIK, WILMA	1129	01:35:47.79	09:34	10K50-59F	24/24	F	122/123	01:34:44.43
57/225	KRAUSS, CLIFFORD	1131	00:53:18.09	05:19	10K30-39M	11/24	M	44/102	00:53:11.54
60/225	LAQUA, GORDON	1136	00:54:00.78	05:24	10K50-59M	11/24	M	47/102	00:53:49.05
109/225	LEWIS, REBECCA	1141	00:59:17.84	05:55	10K40-49F	7/26	F	41/123	00:59:02.65
222/225	LIDDELL, JENNIFER	1142	01:30:59.53	09:05	10K20-29F	23/23	F	121/123	01:30:34.48
33/225	LIM, SU-CHONG	1143	00:47:04.64	04:42	10K60-69M	1/7	M	27/102	00:47:02.04

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119/225	LOKANC, SABINA	1144	01:00:15.89	06:01	10K40-49F	9/26	F	47/123	00:59:58.66
20/225	LONDRY, EVAN	1145	00:43:50.50	04:23	10K30-39M	3/24	M	18/102	00:43:46.86
182/225	LONGMORE, HEATHER	1146	01:09:45.60	06:58	10K40-49F	18/26	F	90/123	01:09:30.91
225/225	LOUIE, WILLIAM	1266	01:39:53.09	09:59	10K70+M	2/2	M	102/102	01:39:26.58
171/225	LOWE, JEAN-PAUL	1147	01:08:09.44	06:48	10K30-39M	22/24	M	91/102	01:07:46.34
213/225	MA, ANDY	1149	01:21:36.68	08:09	10K20-29M	16/16	M	99/102	01:21:24.61
64/225	MACKAY, SANDRA	1151	00:54:28.42	05:26	10K50-59F	2/24	F	15/123	00:54:13.65
110/225	MACKAY, SCOTT	1152	00:59:18.02	05:55	10K20-29M	13/16	M	69/102	00:59:01.05
201/225	MAKAR, LAUREN	1154	01:15:02.53	07:30	10K30-39F	34/38	F	105/123	01:14:47.36
120/225	MANITOPYES, CARRIE	1268	01:00:15.93	06:01	10K50-59F	9/24	F	48/123	01:00:09.08
73/225	MARINUCCI, MAT	1269	00:55:26.26	05:32	10K20-29M	10/16	M	54/102	00:55:02.76
144/225	MARSON, LINA	1270	01:04:17.32	06:25	10K60-69F	4/9	F	61/123	01:04:04.67
101/225	MAXWELL, STEPHANIE	1316	00:58:18.05	05:49	10K30-39F	12/38	F	36/123	00:57:58.49
22/225	MC FADDEN, LIAM	1272	00:45:17.69	04:31	10K40-49M	8/27	M	19/102	00:45:16.03
46/225	MCDOUGALL, ERIN	1274	00:50:07.98	05:00	10K20-29F	4/23	F	10/123	00:50:03.63
113/225	MCKAY, KERRA	1276	00:59:37.52	05:57	10K19&UF	2/2	F	43/123	00:59:23.29
133/225	MCKAY, KEVIN	1277	01:02:36.36	06:15	10K40-49M	21/27	M	76/102	01:02:22.45
138/225	MCKENNA, DANIEL	1328	01:03:49.02	06:22	10K20-29M	15/16	M	79/102	01:03:40.77
83/225	MCLELLAN, LOCHLIN	1158	00:56:38.45	05:39	10K50-59M	12/24	M	60/102	00:56:33.44
24/225	MCNUTT, TODD	1278	00:45:31.56	04:33	10K50-59M	1/24	M	20/102	00:45:28.29
105/225	MEAGHER, TIM	1317	00:58:35.92	05:51	10K50-59M	15/24	M	67/102	00:58:23.51
172/225	MEAKIN, CARLA	1160	01:08:24.01	06:50	10K30-39F	25/38	F	81/123	01:08:10.28
179/225	MELNECHENKOPEDLAR, TRACY	1161	01:09:33.48	06:57	10K40-49F	17/26	F	87/123	01:09:30.97
56/225	MERRIMAN, JOHN	1162	00:53:12.75	05:19	10K50-59M	9/24	M	43/102	00:53:02.65
124/225	MERRIMAN, MONICA	1163	01:00:50.62	06:05	10K50-59F	10/24	F	51/123	01:00:39.74
163/225	MINCHIN, MICHAEL	1165	01:07:30.57	06:45	10K40-49M	24/27	M	89/102	01:07:22.32
192/225	MONTEITH, JAMES	1280	01:11:51.97	07:11	10K40-49M	26/27	M	96/102	01:11:35.20
100/225	MOORE, DONNA	1281	00:58:06.00	05:48	10K50-59F	7/24	F	35/123	00:57:55.74
111/225	MORITA, RIE	1167	00:59:18.02	05:55	10K30-39F	15/38	F	42/123	00:59:01.09
23/225	MULLIGAN, ZITA	1169	00:45:17.77	04:31	10K50-59F	1/24	F	4/123	00:45:15.62
47/225	MUMMERY, CHRIS	1170	00:50:12.69	05:01	10K40-49M	13/27	M	37/102	00:50:10.97
5/225	MURPHY, CIARAN	1171	00:37:44.74	03:46	10K20-29M	4/16	M	5/102	00:37:43.72
75/225	NAVIA, IVAN	1327	00:55:54.33	05:35	10K30-39M	14/24	M	56/102	00:55:46.72
176/225	NILSEN, WENDY	1173	01:09:23.28	06:56	10K30-39F	28/38	F	84/123	01:09:07.22
6/225	O'CONNELL, JESSICA	1283	00:37:45.46	03:46	10K20-29F	1/23	F	1/123	00:37:44.60
114/225	OICKLE, NGAN	1284	00:59:39.17	05:57	10K40-49F	8/26	F	44/123	00:59:18.29
185/225	ORR, ROB	1285	01:10:27.25	07:02	10K40-49M	25/27	M	94/102	01:10:07.75
181/225	PAUL, ALLISON	1176	01:09:45.07	06:58	10K30-39F	29/38	F	89/123	01:09:30.69
127/225	PETCH, SUSAN	1178	01:01:26.46	06:08	10K60-69F	3/9	F	54/123	01:01:09.73
44/225	PIERCE, GREG	1179	00:50:01.43	05:00	10K30-39M	7/24	M	35/102	00:49:52.42
36/225	PINDER, ERIN	1287	00:48:00.28	04:48	10K30-39F	4/38	F	8/123	00:47:55.53
170/225	PONECH, LEANNE	1288	01:08:08.83	06:48	10K50-59F	16/24	F	80/123	01:08:00.52
66/225	PRENDERGAST, ALEXIS	1180	00:54:38.14	05:27	10K30-39F	8/38	F	17/123	00:54:33.39
80/225	PRICE, MATHEW	1290	00:56:23.26	05:38	10K40-49M	18/27	M	58/102	00:56:19.43
215/225	PRITCHARD, DAVID	1181	01:24:31.96	08:27	10K50-59M	24/24	M	100/102	01:24:12.78
72/225	QUINNEY, SCOTT	1182	00:55:24.47	05:32	10K40-49M	17/27	M	53/102	00:55:20.48
45/225	RAMSAY, CRAIG	1335	00:50:05.07	05:00	10K30-39M	8/24	M	36/102	00:49:57.02
62/225	RAMSEY, JASON	1183	00:54:16.80	05:25	10K40-49M	14/27	M	48/102	00:54:08.25
17/225	RICHARD, RICK	1185	00:43:15.55	04:19	10K40-49M	6/27	M	15/102	00:43:13.40
123/225	RODGER, ANNE	1186	01:00:34.33	06:03	10K60-69F	2/9	F	50/123	01:00:29.76
212/225	RULLER, KEN	1189	01:18:39.98	07:52	10K60-69M	7/7	M	98/102	01:17:36.93
155/225	SCHINKEL, KARYN	1191	01:05:46.70	06:34	10K30-39F	20/38	F	68/123	01:05:31.59
173/225	SEMENZIN, JENNIFER	1291	01:08:48.30	06:52	10K30-39F	26/38	F	82/123	01:08:28.86
211/225	SHARPE, LISA	1192	01:18:39.90	07:51	10K40-49F	24/26	F	114/123	01:18:21.58
159/225	SHERWICK, SHELBY	1292	01:06:55.65	06:41	10K20-29F	16/23	F	72/123	01:06:45.94
126/225	SKOV, BONNIE	1194	01:01:13.64	06:07	10K70+F	1/1	F	53/123	01:01:06.67
102/225	SMILAR, SHERRY	1195	00:58:26.40	05:50	10K50-59F	8/24	F	37/123	00:58:16.30
29/225	SMIT, THEO	1196	00:46:20.04	04:38	10K50-59M	2/24	M	23/102	00:46:18.52
184/225	SMITH, ALEXANDER	1197	01:10:04.39	07:00	10K19&UM	1/2	M	93/102	01:09:42.67
205/225	SMITH, GABRIEL	1198	01:15:12.38	07:31	10K19&UM	2/2	M	97/102	01:14:49.74
128/225	SMITH, KIM	1331	01:01:29.97	06:08	10K50-59F	11/24	F	55/123	01:01:06.41
204/225	SMITH, LINDA	1199	01:15:12.19	07:31	10K60-69F	8/9	F	108/123	01:14:53.97
175/225	SMITH, LINDSEY	1200	01:09:09.06	06:54	10K30-39M	23/24	M	92/102	01:08:55.15
65/225	SMITH, MEREDITH	1326	00:54:38.14	05:27	10K30-39F	7/38	F	16/123	00:54:23.17
218/225	SMITH, NATHAN	1201	01:28:36.14	08:51	10K40-49M	27/27	M	101/102	01:28:14.80
203/225	SMITH, STEVE	1202	01:15:11.11	07:31	10K60-69F	7/9	F	107/123	01:14:52.63

Alpha Overall Results

10K Run - 6.21 Miles

225 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
49/225	SORGE, DEVON	1203	00:50:50.62	05:05	10K20-29F	5/23	F	11/123	00:50:45.26
15/225	SPANOS, GEORGE	1308	00:42:32.00	04:15	10K40-49M	5/27	M	14/102	00:42:25.55
147/225	SPICE, RON	1205	01:04:44.81	06:28	10K50-59M	21/24	M	86/102	01:04:32.58
52/225	STANG, RYAN	1206	00:51:43.99	05:10	10K30-39M	10/24	M	40/102	00:51:36.44
95/225	STEMPFLE, SARAH	1319	00:57:37.50	05:45	10K30-39F	11/38	F	31/123	00:57:19.80
187/225	STEWART, CHRIS	1209	01:10:48.85	07:04	10K30-39M	24/24	M	95/102	01:10:35.64
16/225	THERIAULT, MARISSA	1294	00:42:33.40	04:15	10K20-29F	2/23	F	2/123	00:42:31.08
9/225	THORKELSON, DONOVAN	1295	00:39:38.49	03:57	10K40-49M	2/27	M	8/102	00:39:36.97
1/225	TRAVAGLINI, MATTHEW	1329	00:34:22.68	03:26	10K20-29M	1/16	M	1/102	00:34:21.29
103/225	TURNER, CHRIS	1296	00:58:32.46	05:51	10K30-39M	16/24	M	66/102	00:58:20.73
61/225	VAN DER BYL, CONNIE	1217	00:54:15.87	05:25	10K40-49F	1/26	F	14/123	00:54:12.23
99/225	VASQUEZ, ALVARO	1218	00:57:50.43	05:47	10K40-49M	20/27	M	65/102	00:57:46.75
116/225	VERTZ, JOHN	1297	00:59:51.84	05:59	10K20-29M	14/16	M	71/102	00:59:09.87
132/225	VERTZ, RON	1219	01:02:28.94	06:14	10K50-59M	18/24	M	75/102	01:01:43.38
220/225	VICCARS, LAURA	1298	01:28:54.65	08:53	10K30-39F	38/38	F	119/123	01:28:35.79
27/225	WAGNER, JUSTIN	1299	00:46:02.76	04:36	10K30-39M	5/24	M	22/102	00:45:45.26
104/225	WAIAND, OLGA	1300	00:58:35.68	05:51	10K20-29F	10/23	F	38/123	00:58:23.23
81/225	WAKOLUK, JOHN	1220	00:56:32.72	05:39	10K60-69M	4/7	M	59/102	00:56:28.89
97/225	WALL, JOANNE	3037	00:57:48.98	05:46	10K50-59F	6/24	F	33/123	00:57:35.07
39/225	WEBER, STEVE	1223	00:48:43.12	04:52	10K50-59M	7/24	M	31/102	00:48:40.10
106/225	WEISS, KERRI	1224	00:58:38.51	05:51	10K30-39F	13/38	F	39/123	00:58:23.40
32/225	WESOLOWSKI, MICHAEL	1225	00:47:00.69	04:42	10K50-59M	3/24	M	26/102	00:46:55.56
21/225	WILD, ADRIANA	1227	00:44:18.93	04:25	10K30-39F	1/38	F	3/123	00:44:16.79
38/225	WILHELM, MICHAEL	1301	00:48:42.09	04:52	10K50-59M	6/24	M	30/102	00:48:40.09
8/225	WITTIG, LUC	1322	00:38:36.99	03:51	10K20-29M	6/16	M	7/102	00:38:36.93
141/225	ZDRILL, RON	1330	01:04:01.95	06:24	10K50-59M	19/24	M	82/102	01:03:12.80
224/225	ZIPCHIAN, VIVIAN	1232	01:35:49.32	09:34	10K40-49F	26/26	F	123/123	01:35:28.44