

St. Pats Day Run Mar.13/2022 - 10K/5K

Alpha Overall Results

5K - 3.1 Miles

157 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
110/157	ADAMS, MELISSA	5301	00:40:11.462	08:02	12:55	5K30-39F	30/33	F	72/108	CALGARY, AB
11/157	ANDERSON, AMY	5302	00:21:47.546	04:21	07:00	5K60-69F	1/7	F	8/108	CALGARY, AB
115/157	ASHTARIEH, BAHAR	5303	00:40:38.111	08:07	13:03	5K30-39F	31/33	F	75/108	CANMORE, AB
29/157	BANDOLA, MARK	5304	00:26:48.315	05:21	08:37	5K50-59M	1/5	M	12/49	CALGARY, AB
54/157	BANDOLA, REAGAN	5305	00:32:02.138	06:24	10:18	5K19&UF	2/5	F	30/108	CALGARY, AB
101/157	BANDOLA, SUMMER	5306	00:39:50.180	07:58	12:48	5K19&UF	4/5	F	63/108	CALGARY, AB
7/157	BAYER, AGATHA	5399	00:20:41.595	04:08	06:39	5K30-39F	2/33	F	4/108	CALGARY, AB
55/157	BIAGIONI, ROBIN	5401	00:32:21.147	06:28	10:24	5K30-39F	16/33	F	31/108	CALGARY, AB
2/157	BRADFORD, KEITH	5482	00:17:29.480	03:29	05:37	5K40-49M	1/8	M	2/49	CALGARY, AB
36/157	BRYAN, PATRICK	5402	00:29:07.695	05:49	09:21	5K60-69M	1/4	M	17/49	CALGARY, AB
127/157	BUDD, T	5403	00:42:41.553	08:32	13:43	5K50-59M	5/5	M	46/49	CALGARY, AB
120/157	CALLAGHAN, DAVID	5405	00:41:08.205	08:13	13:13	5K70-79M	2/3	M	41/49	CALGARY, AB
24/157	CALLAGHAN, SCOTT	5406	00:25:06.897	05:01	08:04	5K30-39M	4/14	M	9/49	CALGARY, AB
122/157	CAMPBELL, CLAYTON	5307	00:41:42.704	08:20	13:24	5K40-49M	8/8	M	42/49	CALGARY, AB
71/157	CAVANAUGH, TYLER	5407	00:34:28.200	06:53	11:05	5K30-39M	11/14	M	33/49	CALGARY, AB
100/157	CEPEDA VEGA, NANCY	5408	00:38:59.415	07:47	12:32	5K30-39F	25/33	F	62/108	CALGARY, AB
18/157	CHABASSOL, SELENA	5308	00:23:45.195	04:45	07:38	5K30-39F	6/33	F	10/108	CALGARY, AB
113/157	CHAYKOWSKI, NICK	5492	00:40:36.681	08:07	13:03	5K20-29M	9/10	M	40/49	CALGARY, AB
58/157	CHOONGH, SIM	5404	00:32:57.075	06:35	10:35	5K20-29F	4/13	F	32/108	CALGARY, AB
112/157	CIPRICK, ASHLEY	5309	00:40:36.421	08:07	13:03	5K20-29F	10/13	F	73/108	CALGARY, AB
10/157	CLARK, RHONDA	5409	00:21:46.271	04:21	07:00	5K50-59F	1/16	F	7/108	CALGARY, AB
53/157	CRAWFORD, JANE	5311	00:31:51.850	06:22	10:14	5K50-59F	4/16	F	29/108	CALGARY, AB
151/157	CUMMINGS, MARIESA	5410	00:53:31.726	10:42	17:12	5K40-49F	29/33	F	103/108	CALGARY, AB
82/157	CYR, PHYLLIS	5312	00:35:43.635	07:08	11:29	5K60-69F	3/7	F	48/108	CALGARY, AB
75/157	D'EON, JEANELLE	5411	00:34:40.656	06:56	11:09	5K30-39F	21/33	F	42/108	CALGARY, AB
79/157	DAVIS, COLIN	5412	00:35:05.465	07:01	11:16	5K20-29M	8/10	M	34/49	CALGARY, AB
121/157	DESJARDINS, BJ	5314	00:41:41.414	08:20	13:24	5K50-59F	9/16	F	80/108	CALGARY, AB
5/157	DESY, JANEVE	5484	00:19:33.133	03:54	06:17	5K30-39F	1/33	F	2/108	CALGARY, AB
90/157	DHANJAL, BALJEET	5413	00:37:13.853	07:26	11:58	5K30-39F	24/33	F	52/108	CALGARY, AB
149/157	DHANJAL, DALJIT	5414	00:52:39.225	10:31	16:55	5K20-29F	13/13	F	101/108	CALGARY, AB
73/157	DHANJAL, HARPREET	5415	00:34:33.615	06:54	11:06	5K30-39F	20/33	F	40/108	CALGARY, AB
99/157	DILLABOUGH, JESSICA	5316	00:38:55.571	07:47	12:30	5K40-49F	14/33	F	61/108	CALGARY, AB
148/157	DONAHUE, MARLENE	5317	00:52:23.152	10:28	16:50	5K70-79F	1/1	F	100/108	CALGARY, AB
146/157	DONAHUE, STEPHEN	5318	00:52:20.543	10:28	16:49	5K70-79M	3/3	M	48/49	CALGARY, AB
74/157	DUBORD, JANELLE	430	00:34:38.581	06:55	11:08	5K20-29F	7/13	F	41/108	CALGARY, AB
8/157	EVERETT, BREANNE	5416	00:21:29.499	04:17	06:54	5K30-39F	3/33	F	5/108	CALGARY, AB
136/157	EVERETT, ROSE	5417	00:48:56.923	09:47	15:44	5K60-69F	7/7	F	90/108	CALGARY, AB
131/157	FARNCOMBE, DOROTHY	5321	00:44:09.116	08:49	14:11	5K40-49F	23/33	F	85/108	AIRDRIE, AB
155/157	FINGLER, ERIN	5322	00:57:31.134	11:30	18:29	5K40-49F	33/33	F	107/108	CALGARY, AB
93/157	FLANIGAN, AMANDA	5419	00:38:00.191	07:36	12:13	5K20-29F	9/13	F	55/108	CALGARY, AB
32/157	FLEMING, JACKSON	5420	00:27:43.133	05:32	08:54	5K19&UM	1/3	M	14/49	CALGARY, AB
42/157	FLEMING, LISA	5421	00:30:09.451	06:01	09:41	5K30-39F	11/33	F	20/108	CALGARY, AB
117/157	FRANK, KATE	5324	00:40:57.375	08:11	13:10	5K60-69F	6/7	F	77/108	CALGARY, AB
33/157	FRY, JIM	5328	00:28:09.807	05:37	09:03	5K80+M	1/2	M	15/49	CALGARY, AB
59/157	GALEANO, JOHAN	5422	00:33:03.708	06:36	10:37	5K30-39M	7/14	M	27/49	CALGARY, AB
56/157	GALEANO, NATHAN	5423	00:32:33.710	06:30	10:28	5K19&UM	3/3	M	25/49	CALGARY, AB
134/157	GARSTAD, TINA	5424	00:45:41.412	09:08	14:41	5K50-59F	10/16	F	88/108	CALGARY, AB
111/157	GAULD, JEFF	5425	00:40:23.885	08:04	12:59	5K60-69M	4/4	M	39/49	CALGARY, AB
94/157	GAULD, KAYLA	5426	00:38:01.971	07:36	12:13	5K19&UF	3/5	F	56/108	CALGARY, AB
91/157	GERLACH, KARIN	5427	00:37:47.315	07:33	12:09	5K60-69F	5/7	F	53/108	CALGARY, AB
9/157	GILES, LISA	5330	00:21:42.671	04:20	06:58	5K30-39F	4/33	F	6/108	CALGARY, AB
123/157	GOODWIN, DORIAN	5332	00:41:44.112	08:20	13:25	5K30-39M	13/14	M	43/49	CALGARY, AB
130/157	GRAHAM ROSS, NADIA MAUREE	5333	00:44:09.091	08:49	14:11	5K40-49F	22/33	F	84/108	AIRDRIE, AB
63/157	GREEN, STEPHANIE	5334	00:33:35.748	06:43	10:48	5K30-39F	18/33	F	36/108	CALGARY, AB
106/157	HAEBER, SARA	5335	00:40:02.439	08:00	12:52	5K40-49F	16/33	F	68/108	CALGARY, AB
108/157	HAUGHEY, ROISIN	5336	00:40:04.948	08:00	12:53	5K30-39F	28/33	F	70/108	CALGARY, AB
65/157	HEALEY, BRAD	5337	00:33:36.755	06:43	10:48	5K30-39M	8/14	M	28/49	CALGARY, AB

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Alpha Overall Results

5K - 3.1 Miles

157 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
47/157	HENDERSON, LAURA	5340	00:31:03.078	06:12	09:59	5K30-39F	14/33	F	24/108	CALGARY, AB
40/157	HILDEBRANDT, DALE	5341	00:29:47.750	05:57	09:34	5K60-69M	3/4	M	21/49	CALGARY, AB
78/157	HIROSE, AMANDA	5428	00:35:04.575	07:00	11:16	5K40-49F	9/33	F	45/108	CALGARY, AB
70/157	HIROSE, CLAUDIO	5429	00:34:17.067	06:51	11:01	5K20-29M	7/10	M	32/49	CALGARY, AB
89/157	HYDE, SHERRY	5430	00:36:56.838	07:23	11:52	5K40-49F	10/33	F	51/108	CALGARY, AB
37/157	IANNELLI, VINCE	5431	00:29:11.962	05:50	09:23	5K40-49M	4/8	M	18/49	CALGARY, AB
154/157	JACKSON, BRANDY	5342	00:56:05.397	11:13	18:02	5K40-49F	32/33	F	106/108	CALGARY, AB
26/157	JESSEY, MARY	460	00:26:19.557	05:15	08:27	5K40-49F	3/33	F	17/108	CALGARY, AB
39/157	JUNCK, ADAM	5433	00:29:42.921	05:56	09:33	5K20-29M	4/10	M	20/49	CALGARY, AB
45/157	KAMBEITZ, CHERENE	5343	00:30:51.122	06:10	09:55	5K50-59F	3/16	F	22/108	CALGARY, AB
98/157	KANKAM-URBINSKY, AMA	5434	00:38:48.517	07:45	12:28	5K40-49F	13/33	F	60/108	CONDOR, AB
66/157	KING, IAN	5435	00:33:37.668	06:43	10:48	5K30-39M	9/14	M	29/49	CALGARY, AB
143/157	KINLOCH, ALBERT	5346	00:51:46.425	10:21	16:38	5K80+M	2/2	M	47/49	OKOTOKS, AB
41/157	KLEINSASSER, MICHAEL	5436	00:30:01.648	06:00	09:39	5K20-29M	5/10	M	22/49	CHESTERMERE, AB
14/157	KNIH, DEJANA	5485	00:22:58.257	04:35	07:23	5K30-39F	5/33	F	9/108	CALGARY, AB
86/157	KOELLER, DEAN	5347	00:36:00.893	07:12	11:34	5K40-49M	6/8	M	37/49	CALGARY, AB
43/157	KOHLBERG, KIM	5437	00:30:32.634	06:06	09:49	5K30-39F	12/33	F	21/108	CALGARU, AB
31/157	KOZAR, JOELYN	5438	00:27:13.862	05:26	08:45	5K30-39F	9/33	F	18/108	CALGARY, AB
76/157	KRAMER, SHARON	5349	00:34:57.118	06:59	11:14	5K60-69F	2/7	F	43/108	CALGARY, AB
116/157	LANGVIN, PATRICIA	5350	00:40:50.369	08:10	13:07	5K50-59F	8/16	F	76/108	CALGARY, AB
17/157	LAZAR, BRENDAN	5439	00:23:29.000	04:41	07:33	5K20-29M	3/10	M	8/49	CALGARY, AB
1/157	LEBLANC, JOSHUA	5351	00:16:06.723	03:13	05:10	5K30-39M	1/14	M	1/49	LETHBRIDGE, AB
15/157	LEE, KOGAN	5440	00:23:06.060	04:37	07:25	5K30-39M	3/14	M	6/49	CALGARY, AB
104/157	LEGALLOU, SUNITA	5441	00:40:01.949	08:00	12:52	5K30-39F	27/33	F	66/108	CALGARY, AB
124/157	LEUNG, SAM	5442	00:41:55.362	08:23	13:28	5K30-39M	14/14	M	44/49	CALGARY, AB
126/157	LEVEQUE, PETER	5443	00:42:41.272	08:32	13:43	5K50-59M	4/5	M	45/49	CALGARY, AB
49/157	LONG, TANIA	5352	00:31:07.202	06:13	10:00	5K40-49F	4/33	F	26/108	CALGARY, AB
109/157	LUNDY, DANNI	5379	00:40:06.118	08:01	12:53	5K30-39F	29/33	F	71/108	CALGARY, AB
46/157	LYNSKEY, LUCY	5353	00:30:51.313	06:10	09:55	5K30-39F	13/33	F	23/108	COCHRANE, AB
20/157	MACSWEEN, MAUREEN	5354	00:23:54.810	04:46	07:41	5K40-49F	1/33	F	12/108	CALGARY, AB
87/157	MARSH, PATSY	5486	00:36:06.120	07:13	11:36	5K60-69F	4/7	F	50/108	CALGARY, AB
52/157	MAXSON, AMANDA	5444	00:31:45.909	06:21	10:12	5K40-49F	5/33	F	28/108	CALGARY, AB
105/157	MCGREGOR, JULIE	5356	00:40:02.394	08:00	12:52	5K40-49F	15/33	F	67/108	COCHRANE, AB
60/157	MCINTYRE, KRISTA	5358	00:33:06.427	06:37	10:38	5K30-39F	17/33	F	33/108	CALGARY, AB
28/157	MCINTYRE, PETER	5359	00:26:28.160	05:17	08:30	5K30-39M	5/14	M	11/49	CALGARY, AB
21/157	MCLAUGHLIN, LISA	490	00:24:32.308	04:54	07:53	5K40-49F	2/33	F	13/108	CALGARY, AB
80/157	MCMURRAY, NATALIE	5445	00:35:05.708	07:01	11:17	5K20-29F	8/13	F	46/108	ROCKYVIEW COUNTY, AB
23/157	MCMURRAY, OLIVIA	5446	00:24:44.098	04:56	07:57	5K20-29F	2/13	F	15/108	CALGARY, AB
44/157	MEREDITH, MIKE	5360	00:30:49.179	06:09	09:54	5K40-49M	5/8	M	23/49	CALGARY, AB
103/157	METZLER, CHRISTIANE	5361	00:40:01.081	08:00	12:52	5K50-59F	7/16	F	65/108	CALGARY, AB
128/157	MILLER, KAREN	5487	00:43:15.938	08:39	13:54	5K40-49F	21/33	F	82/108	CALGARY, AB
119/157	MILLER, NATASHA	5488	00:41:02.509	08:12	13:11	5K19&UF	5/5	F	79/108	CALGARY, AB
67/157	MILLER, RILEY	5447	00:33:41.043	06:44	10:49	5K30-39M	10/14	M	30/49	CALGARY, AB
142/157	MINTY, BRE	5449	00:51:33.555	10:18	16:34	5K40-49F	27/33	F	96/108	CALGARY, AB
140/157	MINTY, MEGAN	5450	00:51:26.266	10:17	16:32	5K30-39F	33/33	F	94/108	CALGARY, AB
96/157	MOORE, RITA	5363	00:38:45.097	07:45	12:27	5K50-59F	6/16	F	58/108	CALGARY, AB
68/157	MORIN, JOE	5364	00:33:41.396	06:44	10:49	5K70-79M	1/3	M	31/49	CALGARY, AB
38/157	MURPHY, LINUS	5451	00:29:39.829	05:55	09:32	5K60-69M	2/4	M	19/49	CALGARY, AB
92/157	NICKERSON, MANDY	5452	00:37:59.917	07:35	12:13	5K40-49F	11/33	F	54/108	OKOTOKS, AB
132/157	NIJER, EKROOP	5453	00:44:50.132	08:58	14:24	5K20-29F	11/13	F	86/108	CALGARY, AB
35/157	NOTT, TRYSTAN	5454	00:29:02.819	05:48	09:20	5K19&UM	2/3	M	16/49	CALGARY, AB
85/157	OLDFIELD, BEN	5366	00:35:56.161	07:11	11:33	5K30-39M	12/14	M	36/49	CALGARY, AB
83/157	OLDFIELD, SARAH	5367	00:35:55.573	07:11	11:33	5K30-39F	23/33	F	49/108	CALGARY, AB
135/157	OMAN, TRACY	5368	00:48:39.907	09:43	15:38	5K40-49F	25/33	F	89/108	CALGARY, AB
102/157	ORR, KARA	5455	00:39:56.766	07:59	12:50	5K30-39F	26/33	F	64/108	CALGARY, AB
3/157	PAAUWE, REINIER	5369	00:17:38.314	03:31	05:40	5K40-49M	2/8	M	3/49	CALGARY, AB
129/157	PACHECO, DANIELA	5456	00:43:43.478	08:44	14:03	5K30-39F	32/33	F	83/108	CALGARY, AB

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Alpha Overall Results

5K - 3.1 Miles

157 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
51/157	PELAT, IAN	5457	00:31:24.309	06:16	10:05	5K20-29M	6/10	M	24/49	CALGARY, AB
107/157	PETERS, NICOLE	5370	00:40:02.862	08:00	12:52	5K40-49F	17/33	F	69/108	CALGARY, AB
48/157	POPESCU, CATRINEL	512	00:31:03.451	06:12	09:59	5K30-39F	15/33	F	25/108	CALGARY, AB
147/157	PREVOST, TEENA	5372	00:52:21.929	10:28	16:50	5K50-59F	14/16	F	99/108	CALGARY, AB
69/157	PRIMAVERA, KATARINA	5458	00:33:41.654	06:44	10:50	5K20-29F	5/13	F	38/108	CALGARY, AB
22/157	RAMSEY, KATE	5489	00:24:42.857	04:56	07:56	5K50-59F	2/16	F	14/108	CALGARY, AB
145/157	RAZAVI, NAZLI	5459	00:52:10.821	10:26	16:46	5K40-49F	28/33	F	98/108	CALGARY, AB
133/157	REABURN, TARA	5375	00:45:40.849	09:08	14:41	5K40-49F	24/33	F	87/108	CALGARY, AB
57/157	REDEKOP, COLIN	5376	00:32:54.661	06:34	10:34	5K50-59M	2/5	M	26/49	CALGARY, AB
118/157	RUZYCKI, SUSAN	5490	00:40:59.180	08:11	13:10	5K40-49F	19/33	F	78/108	CALGARY, AB
34/157	SCHALY, APRIL	5380	00:28:20.002	05:40	09:06	5K30-39F	10/33	F	19/108	CALGARY, AB
50/157	SCHIMPF, KARLIE	5460	00:31:23.455	06:16	10:05	5K20-29F	3/13	F	27/108	CALGARY, AB
12/157	SCHOMMER, CLARK	5461	00:22:25.983	04:29	07:12	5K30-39M	2/14	M	4/49	CALGARY, AB
152/157	SEIFRIED, HELEN	5462	00:53:32.174	10:42	17:12	5K40-49F	30/33	F	104/108	CALGARY, AB
156/157	SHADE, LOUISE	5381	00:57:32.250	11:30	18:30	5K50-59F	16/16	F	108/108	CALGARY, AB
114/157	SHAH, ANUPA	5382	00:40:37.172	08:07	13:03	5K40-49F	18/33	F	74/108	CALGARY, AB
144/157	SHARPE, NINA	5463	00:52:10.773	10:26	16:46	5K50-59F	13/16	F	97/108	CALGARY, AB
30/157	SHELLEY, ADAM	5464	00:27:00.784	05:24	08:41	5K30-39M	6/14	M	13/49	CALGARY, AB
4/157	SINKE, CHARLOTTE	5465	00:19:02.265	03:48	06:07	5K19&UF	1/5	F	1/108	CALGARY, AB
88/157	SKJOLDE, KEN	5383	00:36:43.198	07:20	11:48	5K40-49M	7/8	M	38/49	CALGARY, AB
6/157	SKOCDPOLE, ALANA	5384	00:19:35.642	03:55	06:18	5K20-29F	1/13	F	3/108	CALGARY, AB
97/157	SPENCER, DANIELLE	5466	00:38:48.187	07:45	12:28	5K40-49F	12/33	F	59/108	ROCKY MOUNTAIN HOUSE, AB
27/157	STARK, CHRIS	5386	00:26:22.393	05:16	08:28	5K40-49M	3/8	M	10/49	CALGARY, AB
157/157	SUAREZ, CAMILO	5467	01:24:01.942	16:48	27:01	5K20-29M	10/10	M	49/49	CALGARY, AB
81/157	SZCZOTKA, MAGDALENA	5491	00:35:30.051	07:06	11:24	5K30-39F	22/33	F	47/108	EDMONTON, AB
64/157	TANNIS, TILA	5468	00:33:36.310	06:43	10:48	5K30-39F	19/33	F	37/108	CALGARY, AB
61/157	TEGART, MELANIE	5388	00:33:11.676	06:38	10:40	5K40-49F	6/33	F	34/108	COCHRANE, AB
62/157	TEMPLETON-BANDOLA, KATHLEEN	5389	00:33:20.236	06:40	10:43	5K40-49F	7/33	F	35/108	CALGARY, AB
25/157	THOMSON, NICOLE	5469	00:25:12.926	05:02	08:06	5K30-39F	8/33	F	16/108	CALGARY, AB
13/157	THOOM, BHARGAV	5470	00:22:45.961	04:33	07:19	5K20-29M	1/10	M	5/49	CALGARY, AB
16/157	TRABADELLO, RYAN	5473	00:23:16.677	04:39	07:29	5K20-29M	2/10	M	7/49	CALGARY, AB
125/157	TSAI, KRISTY	5474	00:41:57.468	08:23	13:29	5K40-49F	20/33	F	81/108	CALGARY, AB
137/157	VAN IDERSTINE, BROOKLYN	5475	00:49:23.302	09:52	15:52	5K20-29F	12/13	F	91/108	COCHRANE, AB
138/157	VAN IDERSTINE, DANNA	5476	00:49:23.900	09:52	15:53	5K50-59F	11/16	F	92/108	COCHRANE, AB
84/157	VAN IDERSTINE, DREW	5477	00:35:56.112	07:11	11:33	5K50-59M	3/5	M	35/49	COCHRANE, AB
95/157	VASILOPOULOS, KOULA	5391	00:38:41.440	07:44	12:26	5K50-59F	5/16	F	57/108	CALGARY, AB
150/157	VIRANI, AZMINA	5478	00:52:41.545	10:32	16:56	5K50-59F	15/16	F	102/108	CALGARY, AB
153/157	WASHBURN, STEPHANIE	5392	00:56:03.878	11:12	18:01	5K40-49F	31/33	F	105/108	CALGARY, AB
141/157	WEISBECK, SHARILYN	5479	00:51:28.538	10:17	16:33	5K40-49F	26/33	F	95/108	CALGARY, AB
19/157	WITCZAK, LAURA	5395	00:23:49.817	04:45	07:39	5K30-39F	7/33	F	11/108	CALGARY, AB
77/157	WOODWARD, SHANNON	5396	00:35:00.590	07:00	11:15	5K40-49F	8/33	F	44/108	CALGARY, AB
72/157	WYTSMA, REBECCA	5480	00:34:31.873	06:54	11:06	5K20-29F	6/13	F	39/108	CALGARY, AB
139/157	ZIPCHIAN, VIVIAN	5397	00:50:28.657	10:05	16:13	5K50-59F	12/16	F	93/108	SHERWOOD PARK, AB