

St. Pats Day Run Mar.12/2023 - 10K/5K

Alpha Overall Results

5K - 3.1 Miles

195 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
158/195	AGER, LYNETTE	5542	46:21.561	09:16	14:54	5K40-49F	27/36	F	101/128	CALGARY, AB
117/195	ANN, LEE	450	38:32.465	07:42	12:23	5K50-59F	12/27	F	67/128	CALGARY, AB
127/195	ARKLEY, JORDAN	5336	38:54.027	07:46	12:30	5K20-29F	12/17	F	75/128	CALGARY, AB
126/195	ARKLEY, LEAH	5337	38:53.886	07:46	12:30	5K50-59F	13/27	F	74/128	CALGARY, AB
33/195	ATTIA, ADAM	5550	29:29.448	05:53	09:28	5K30-39M	5/14	M	19/67	CALGARY, AB
75/195	BAGNALL, PATRICK	5339	33:16.553	06:39	10:41	5K60-69M	5/8	M	39/67	CALGARY, AB
180/195	BARICH, JESSICA	5340	54:57.177	10:59	17:40	5K40-49F	34/36	F	115/128	AIRDRIE, AB
73/195	BIAGIONI, ROBIN	5343	33:11.609	06:38	10:40	5K30-39F	7/26	F	35/128	CALGARY, AB
32/195	BLANKE, ELLA	5522	29:13.814	05:50	09:23	5K19&UF	3/10	F	14/128	CALGARY, AB
165/195	BOA, DARA	5344	48:55.567	09:47	15:43	5K40-49F	29/36	F	105/128	CALGARY, AB
166/195	BOA, WILLEM	5345	48:56.574	09:47	15:44	5K19&UM	15/17	M	61/67	CALGARY, AB
76/195	BOUCHER, CAYLIE	5346	33:16.622	06:39	10:42	5K30-39F	8/26	F	37/128	CALGARY, AB
114/195	BRIX, MARIA	5347	38:16.925	07:39	12:18	5K40-49F	15/36	F	64/128	CALGARY, AB
105/195	BRUCE, LINDA	5493	36:56.301	07:23	11:52	5K60-69F	4/10	F	56/128	AIRDRIE, AB
48/195	BRYAN, PATRICK	5348	30:58.476	06:11	09:57	5K60-69M	3/8	M	29/67	CALGARY, AB
182/195	BRYSON, JORDAN	5576	56:47.567	11:21	18:15	5K30-39F	22/26	F	117/128	CALGARY, AB
183/195	BRYSON, KIRSTEN	5575	56:49.958	11:21	18:16	5K30-39F	23/26	F	118/128	CALGARY, AB
171/195	BUDD, TOM	5349	50:01.635	10:00	16:05	5K50-59M	9/11	M	62/67	CALGARY, AB
31/195	CAMPBELL, JADYN	5524	29:13.744	05:50	09:23	5K40-49F	4/36	F	13/128	CALGARY, AB
24/195	CASSIDY, DAVID	5352	27:21.293	05:28	08:47	5K30-39M	4/14	M	15/67	CALGARY, AB
28/195	CHAN, JENNY	5572	28:12.011	05:38	09:04	5K50-59F	2/27	F	11/128	CALGARY, AB
128/195	CHAN, KRISTINE	5353	39:06.167	07:49	12:34	5K20-29F	13/17	F	76/128	CALGARY, AB
37/195	CHU, ALAN	5355	29:44.096	05:56	09:33	5K40-49M	7/10	M	21/67	CALGARY, AB
36/195	CHU, ELLA	5356	29:43.041	05:56	09:33	5K19&UF	4/10	F	16/128	CALGARY, AB
35/195	CHU, JASPER	5357	29:37.557	05:55	09:31	5K19&UM	2/17	M	20/67	CALGARY, AB
23/195	CIOCHON, ANGELICA	5358	27:03.786	05:24	08:42	5K30-39F	1/26	F	9/128	CALGARY, AB
49/195	CLEEK, ROBERT	5360	31:04.485	06:12	09:59	5K50-59M	3/11	M	30/67	ARVADA, CO
3/195	COLWELL, DECLAN	5569	18:47.787	03:45	06:02	5K20-29M	3/5	M	3/67	CALGARY, AB
8/195	CORMIER, RYAN	5361	21:18.746	04:15	06:51	5K30-39M	1/14	M	6/67	CALGARY, AB
51/195	COUTTS, SAMPSON	5495	31:11.187	06:14	10:01	5K30-39M	7/14	M	31/67	CALGARY, AB
52/195	CROWCHILD, PEARL	482	31:14.212	06:14	10:02	5K60-69F	2/10	F	21/128	TSUUT'INA, AB
190/195	D'EON, JEANELLE	5364	57:48.036	11:33	18:35	5K30-39F	26/26	F	123/128	CALGARY, AB
68/195	DEMERS, KRISTI	744	32:24.546	06:28	10:25	5K40-49F	7/36	F	30/128	CALGARY, AB
151/195	DESY, ETHAN	5566	44:47.788	08:57	14:24	5K19&UM	11/17	M	55/67	CALGARY, AB
163/195	DESY, LIAM	5568	47:35.434	09:31	15:18	5K19&UM	14/17	M	60/67	CALGARY, AB
161/195	DESY, LUKE	5567	46:52.615	09:22	15:04	5K15-19M	1/1	M	59/67	CALGARY, AB
59/195	DOBBIE, PATRICK	5365	31:59.866	06:23	10:17	5K30-39M	10/14	M	35/67	CALGARY, AB
87/195	DOMAN, MAYA	5565	34:20.115	06:52	11:02	5K19&UF	10/10	F	45/128	CALGARY, AB
155/195	DOPF, ALISEN	492	45:38.907	09:07	14:40	5K50-59F	19/27	F	99/128	OKOTOKS, AB
193/195	DUONG, HUONG	5366	1:00:17.238	12:03	19:23	5K40-49F	35/36	F	126/128	CALGARY, AB
103/195	ENGLAND, ALEX	5367	36:52.199	07:22	11:51	5K60-69M	8/8	M	49/67	COCHRANE, AB
160/195	EVERETT, ROSE	5368	46:52.474	09:22	15:04	5K60-69F	9/10	F	102/128	CALGARY, AB
19/195	FAH, CATHERINE	5369	26:01.866	05:12	08:22	5K50-59F	1/27	F	7/128	CALGARY, AB
86/195	FAN, JIAN	5370	34:11.911	06:50	10:59	5K50-59F	6/27	F	44/128	CALGARY, AB
149/195	FARRIS, MARG	5371	43:47.322	08:45	14:04	5K50-59F	17/27	F	95/128	CALGARY, AB
60/195	FARRIS, MEGAN	5372	32:04.953	06:24	10:18	5K30-39F	4/26	F	25/128	CALGARY, AB
61/195	FEIST, ALEXANDRA	745	32:07.390	06:25	10:19	5K19&UF	6/10	F	26/128	CALGARY, AB
84/195	FINCH, TARA	5375	34:09.755	06:49	10:59	5K40-49F	10/36	F	42/128	CALGARY, AB
194/195	FINGLER, ERIN	5376	1:00:56.708	12:11	19:35	5K40-49F	36/36	F	127/128	CALGARY, AB
4/195	FITZGERALD, MAKENNA	5377	19:07.452	03:49	06:08	5K20-29F	1/17	F	1/128	CALGARY, AB
2/195	FOLEY, BRADEN	5525	18:09.561	03:37	05:50	5K20-29M	2/5	M	2/67	CALGARY, AB
174/195	FOLTINEK, SUSAN	5378	50:20.736	10:04	16:11	5K60-69F	10/10	F	110/128	CALGARY, AB
186/195	FOLTINEK-WEIS, JESSICA	5496	57:02.661	11:24	18:20	5K30-39F	25/26	F	121/128	CALGARY, AB
133/195	FRANK, KATE	5380	39:26.819	07:53	12:41	5K60-69F	6/10	F	81/128	CALGARY, AB
139/195	FREIBURGER, FRAN	5383	41:18.728	08:15	13:17	5K60-69F	8/10	F	87/128	CALGARY, AB
56/195	FREIBURGER, RON	5384	31:39.453	06:19	10:10	5K60-69M	4/8	M	33/67	CALGARY, AB
100/195	FRIZORGUER, ANDREA	505	36:16.222	07:15	11:39	5K40-49F	11/36	F	53/128	CALGARY, AB

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195 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
41/195	FRY, JIM	5385	30:04.369	06:00	09:40	5K80+M	1/1	M	23/67	CALGARY, AB
40/195	FUNG, ABBY	5551	30:02.775	06:00	09:39	5K20-29F	4/17	F	18/128	CALGARY, AB
120/195	GERLACH, KARIN	5386	38:35.959	07:43	12:24	5K60-69F	5/10	F	69/128	CALGARY, AB
88/195	GILEWICZ, MADISON	5387	34:27.403	06:53	11:04	5K20-29F	6/17	F	46/128	CALGARY, AB
12/195	GILLIES, BROOKE	5563	24:04.869	04:48	07:44	5K40-49F	1/36	F	3/128	CALGARY, AB
80/195	GREEN, ISABELLA	5528	33:37.974	06:43	10:48	5K19&UF	8/10	F	39/128	DUNCAN, BC
135/195	GREENWOOD, JANICE	5389	40:20.838	08:04	12:58	5K40-49F	19/36	F	83/128	AIRDRIE, AB
6/195	GRIFFITHS, CAI	5390	20:17.061	04:03	06:31	5K20-29M	4/5	M	4/67	CALGARY, AB
173/195	GUARDIA, VICTOR	5543	50:01.778	10:00	16:05	5K50-59M	11/11	M	64/67	CALGARY, AB
125/195	GUTERMAN, EDEN	5391	38:50.862	07:46	12:29	5K20-29F	11/17	F	73/128	CALGARY, AB
177/195	HAEBER, SARA	5392	51:08.759	10:13	16:26	5K40-49F	33/36	F	113/128	CALGARY, AB
43/195	HILL CLEEK, JANICE	5393	30:15.243	06:03	09:43	5K50-59F	3/27	F	19/128	ARVADA, CO
134/195	HUTCHINSON, JANET	5395	39:40.245	07:56	12:45	5K60-69F	7/10	F	82/128	CALGARY, AB
159/195	IGUALDO, STEPHEN	5396	46:34.966	09:18	14:58	5K20-29M	5/5	M	58/67	CALGARY, AB
83/195	IOVINELLI, LORY	5397	34:04.341	06:48	10:57	5K80+F	1/1	F	41/128	CALGARY, AB
118/195	JACK, NAZAR	5560	38:34.920	07:42	12:24	5K30-39M	14/14	M	51/67	CALGARY, AB
98/195	JENSEN, BOB	5400	35:31.550	07:06	11:25	5K60-69M	7/8	M	47/67	CALGARY, AB
169/195	JONES, JUSTINE	5402	49:40.822	09:56	15:58	5K30-39F	21/26	F	108/128	CALGARY, AB
137/195	KARPIAK, ALEXIS	5403	41:01.600	08:12	13:11	5K20-29F	14/17	F	85/128	CALGARY, AB
138/195	KARPIAK, JODY	5404	41:05.346	08:13	13:12	5K50-59F	14/27	F	86/128	CALGARY, AB
81/195	KELLOUGH, ELLIOT	5564	33:38.038	06:43	10:48	5K19&UF	9/10	F	40/128	CALGARY,
136/195	KETO, LEANA	5405	40:29.978	08:05	13:01	5K40-49F	20/36	F	84/128	CALGARY, AB
50/195	KLOC, CLAUDIA	5502	31:11.187	06:14	10:01	5K30-39F	3/26	F	20/128	CALGARY, AB
34/195	KNAPP, KIM	5544	29:29.727	05:53	09:29	5K30-39F	2/26	F	15/128	COCHRANE, AB
97/195	KOHLNBERG, KIMBERLY	5530	35:26.068	07:05	11:23	5K30-39F	13/26	F	51/128	CALGARY, AB
15/195	KORT, CLARENCE	5531	25:12.765	05:02	08:06	5K60-69M	1/8	M	10/67	CALGARY, AB
13/195	KUTYN, KODIE	5532	24:18.064	04:51	07:48	5K20-29F	2/17	F	4/128	CALGARY, AB
30/195	LACKIE, CHARLES	5503	29:00.830	05:48	09:19	5K50-59M	2/11	M	18/67	CALGARY, AB
106/195	LACKIE, YOLANDA	5504	37:12.801	07:26	11:57	5K50-59F	10/27	F	57/128	CALGARY, AB
164/195	LANGFORD, CORINNE	5547	48:05.808	09:37	15:27	5K40-49F	28/36	F	104/128	CALGARY, AB
18/195	LEE, KOGAN	5408	25:58.326	05:11	08:21	5K30-39M	3/14	M	12/67	CALGARY, AB
172/195	LEVEQUE, PETER	5505	50:01.728	10:00	16:05	5K50-59M	10/11	M	63/67	CALGARY, AB
91/195	LEW, KAYLA	5570	34:50.582	06:58	11:12	5K50-59F	7/27	F	47/128	CALGARY, AB
45/195	MACDONALD, KELLY	5410	30:28.976	06:05	09:48	5K30-39M	6/14	M	26/67	COCHRANE, AB
17/195	MACKAY, MEGAN	5411	25:21.952	05:04	08:09	5K20-29F	3/17	F	6/128	CALGARY, AB
55/195	MACKAY, SANDRA	5412	31:30.055	06:18	10:07	5K60-69F	3/10	F	23/128	CALGARY, AB
69/195	MADRID, ALANA	5413	32:25.201	06:29	10:25	5K20-29F	5/17	F	31/128	CALGARY, AB
185/195	MAHON, CHLOE	5552	56:50.992	11:22	18:16	5K30-39F	24/26	F	120/128	CALGARY, AB
27/195	MAKOWECKI, BRAD	5533	28:10.535	05:38	09:03	5K40-49M	6/10	M	17/67	CALGARY, AB
162/195	MARABABOL, RAIZA	5414	47:11.036	09:26	15:10	5K20-29F	15/17	F	103/128	CALGARY, AB
82/195	MARSH, JAXON	5553	34:00.100	06:48	10:55	5K19&UM	8/17	M	42/67	CALGARY, AB
96/195	MATTHEWS, BURKE	5415	35:20.020	07:04	11:21	5K19&UM	9/17	M	46/67	CALGARY AB, AB
112/195	MATTHEWS, LORRY	5416	38:01.316	07:36	12:13	5K40-49F	14/36	F	62/128	CALGARY AB, AB
142/195	MAURETTE, CHRISTINE	5558	42:33.798	08:30	13:41	5K40-49F	21/36	F	89/128	CALGARY, AB
107/195	MAXSON, AMANDA	5417	37:14.206	07:26	11:58	5K40-49F	12/36	F	58/128	CALGARY, AB
9/195	MCCURDY, JAMES	5507	21:56.621	04:23	07:03	5K30-39M	2/14	M	7/67	CALGARY, AB
39/195	MCDERMOTT, JULIA	5554	30:02.166	06:00	09:39	5K19&UF	5/10	F	17/128	CALGARY, AB
78/195	MCGREGOR, DAVE	5574	33:21.522	06:40	10:43	5K60-69M	6/8	M	41/67	CALGARY, AB
148/195	MCGREGOR, JULIE	5418	43:19.805	08:39	13:55	5K50-59F	16/27	F	94/128	COCHRANE, AB
102/195	MCGUIGAN, SEAN	5419	36:31.292	07:18	11:44	5K30-39M	13/14	M	48/67	MEDICINE HAT, AB
38/195	MEREDITH, MIKE	5420	30:01.672	06:00	09:39	5K40-49M	8/10	M	22/67	CALGARY, AB
65/195	MESHEN, GAVIN	5421	32:19.484	06:27	10:23	5K19&UM	6/17	M	37/67	MEDICINE HAT, AB
122/195	MESHEN, MICHELLE	5422	38:36.214	07:43	12:24	5K40-49F	16/36	F	71/128	MEDICINE HAT, AB
11/195	MESHEN, ROBBIE	5423	22:27.184	04:29	07:13	5K40-49M	3/10	M	9/67	MEDICINE HAT, AB
176/195	METZLER, CHRISTIANE	5424	51:08.759	10:13	16:26	5K50-59F	22/27	F	112/128	CALGARY, AB
152/195	MINTY, FINN	5534	44:51.749	08:58	14:25	5K19&UM	12/17	M	56/67	CALGARY, AB
140/195	MINTY, HARLAN	5535	42:05.626	08:25	13:32	5K19&UM	10/17	M	53/67	CALGARY, AB

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O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
66/195	MISMAS, DAVID	5425	32:21.711	06:28	10:24	5K50-59M	4/11	M	38/67	CALGARY, AB
157/195	MONTEIRO LIMA, ADRIANA	5536	46:03.468	09:12	14:48	5K50-59F	20/27	F	100/128	LETHBRIDGE, AB
170/195	MUNRO, TARA	5426	49:41.244	09:56	15:58	5K40-49F	32/36	F	109/128	CALGARY, AB
46/195	MURPHY, LINUS	5427	30:41.023	06:08	09:51	5K60-69M	2/8	M	27/67	CALGARY, AB
74/195	MURRAY, KERRI	5548	33:12.076	06:38	10:40	5K40-49F	9/36	F	36/128	CALGARY, AB
72/195	MURRAY, LUCY	5549	33:10.857	06:38	10:40	5K19&UF	7/10	F	34/128	CALGARY, AB
95/195	MYERS, SUSAN	592	35:11.282	07:02	11:18	5K50-59F	8/27	F	50/128	CALGARY, AB
116/195	NORRIS, ALEX	5430	38:21.331	07:40	12:19	5K30-39F	18/26	F	66/128	CALGARY, AB
10/195	NORRIS, MIKE	5431	22:10.004	04:26	07:07	5K40-49M	2/10	M	8/67	CALGARY, AB
29/195	OBRIGEWITSCH, HEATHER	5432	28:51.619	05:46	09:16	5K40-49F	3/36	F	12/128	CALGARY, AB
192/195	OCARANZA, BERNARDO	5433	1:00:10.300	12:02	19:20	5K50-59F	26/27	F	125/128	CALGARY, AB
77/195	OICKLE, HOLDEN	5434	33:18.780	06:39	10:42	5K19&UM	7/17	M	40/67	CALGARY, AB
42/195	OICKLE, NOLAN	5435	30:10.159	06:02	09:42	5K19&UM	3/17	M	24/67	CALGARY, AB
21/195	OLIVERA, OLIVER	5436	26:52.232	05:22	08:38	5K50-59M	1/11	M	13/67	CALGARY, AB
167/195	OMAN, TRACY	5437	49:04.379	09:48	15:46	5K40-49F	30/36	F	106/128	CALGARY, AB
132/195	OPELENA, MA THERESA PAZ	5438	39:26.067	07:53	12:40	5K30-39F	19/26	F	80/128	CALGARY, AB
92/195	PADILLA, PATRICIA	5562	35:00.028	07:00	11:15	5K30-39F	11/26	F	48/128	CALGARY, AB
145/195	PAULS, BEN	5439	42:57.073	08:35	13:48	5K40-49M	9/10	M	54/67	CALGARY, AB
144/195	PAULS, JODY	5440	42:56.815	08:35	13:48	5K40-49F	23/36	F	91/128	CALGARY, AB
143/195	PECSON, LIEZL	5559	42:49.852	08:33	13:46	5K40-49F	22/36	F	90/128	CALGARY, AB
147/195	PETERS, NICOLE	612	43:19.734	08:39	13:55	5K40-49F	24/36	F	93/128	CALGARY, AB
101/195	PIERCE, JANA	5445	36:31.200	07:18	11:44	5K30-39F	15/26	F	54/128	MEDICINE HAT, AB
181/195	PIGOTT-HASS, PENNY	618	54:57.952	10:59	17:40	5K50-59F	24/27	F	116/128	CALGARY, AB
168/195	POFFENROTH, HEATHER	5509	49:12.136	09:50	15:49	5K40-49F	31/36	F	107/128	CALGARY, AB
115/195	PORTER, KELSI	5447	38:20.746	07:40	12:19	5K30-39F	17/26	F	65/128	CALGARY, AB
146/195	PORTZ, TAMARA	5448	42:58.877	08:35	13:49	5K30-39F	20/26	F	92/128	CALGARY, AB
187/195	PREVOST, TEENA	5451	57:02.883	11:24	18:20	5K50-59F	25/27	F	122/128	CALGARY, AB
26/195	PROCTER, DANNY	5452	27:58.581	05:35	08:59	5K40-49M	5/10	M	16/67	CALGARY, AB
63/195	REABURN, TARA	5454	32:15.594	06:27	10:22	5K50-59F	4/27	F	27/128	CALGARY, AB
104/195	REID, ERIN	5537	36:53.394	07:22	11:51	5K50-59F	9/27	F	55/128	LETHBRIDGE, AB
156/195	REID, HENRY	5538	46:02.248	09:12	14:48	5K19&UM	13/17	M	57/67	LETHBRIDGE, AB
113/195	RODRIGUEZ, BLANCA	5545	38:03.472	07:36	12:14	5K30-39F	16/26	F	63/128	CALGARY, AB
119/195	RODRIGUEZ, ISaura	5561	38:35.511	07:43	12:24	5K20-29F	8/17	F	68/128	CALGARY, AB
109/195	ROMANO, ALBERTO	5455	37:25.621	07:29	12:02	5K50-59M	7/11	M	50/67	CALGARY, AB
58/195	RUSSELL, JANE	635	31:48.219	06:21	10:13	5K40-49F	6/36	F	24/128	CALGARY, AB
141/195	RUZYCKI, SUSAN	5457	42:16.150	08:27	13:35	5K50-59F	15/27	F	88/128	CALGARY, AB
53/195	SAM, ANDREA	5458	31:21.102	06:16	10:04	5K40-49F	5/36	F	22/128	CALGARY, AB
150/195	SANDERSON, AMANDA	5539	44:09.961	08:49	14:12	5K40-49F	25/36	F	96/128	CALGARY, AB
20/195	SAVARD, GABRIELLE	5540	26:31.607	05:18	08:31	5K60-69F	1/10	F	8/128	CALGARY, AB
110/195	SAVISKOFF, CHRISTINA	5510	37:37.574	07:31	12:05	5K40-49F	13/36	F	60/128	CALGARY, AB
1/195	SCACE, MATTHEW	5511	16:30.775	03:18	05:18	5K20-29M	1/5	M	1/67	CALGARY, AB
153/195	SCHAFF, LESLIE	5571	45:11.109	09:02	14:31	5K40-49F	26/36	F	97/128	CALGARY, AB
71/195	SCHARF, MAUREEN	5512	33:04.202	06:36	10:38	5K40-49F	8/36	F	33/128	CALGARY, AB
90/195	SCHARHEAL, ALAN	640	34:41.301	06:56	11:09	5K50-59M	6/11	M	44/67	CALGARY, AB
184/195	SCHATZ, KATELYN	5573	56:50.825	11:22	18:16	5K20-29F	16/17	F	119/128	CALGARY, AB
62/195	SCHIJNS, JOSH	5513	32:12.430	06:26	10:21	5K30-39M	11/14	M	36/67	AIRDRIE, AB
22/195	SCHNITZLER, RYAN	5459	27:03.223	05:24	08:41	5K40-49M	4/10	M	14/67	CALGARY, AB
64/195	SCOTT, ALISON	5460	32:17.820	06:27	10:23	5K30-39F	5/26	F	28/128	CALGARY, AB
195/195	SHADE, LOUISE	5461	1:00:56.895	12:11	19:35	5K50-59F	27/27	F	128/128	CALGARY, AB
79/195	SHERRINGTON, CASSIDY	644	33:29.279	06:41	10:46	5K30-39F	9/26	F	38/128	OKOTOKS, AB
121/195	SILBERNAGEL, KAYLA	5463	38:36.191	07:43	12:24	5K20-29F	9/17	F	70/128	CALGARY, AB
93/195	SINGH, BALGURINDER	5464	35:00.590	07:00	11:15	5K30-39M	12/14	M	45/67	CALGARY, AB
44/195	SISON, EVAN	5546	30:23.705	06:04	09:46	5K19&UM	4/17	M	25/67	CALGARY, AB
16/195	SMITH, GRAYSON	5514	25:17.312	05:03	08:07	5K19&UM	1/17	M	11/67	CALGARY, AB
111/195	SMITH, SANDRA-LYNN	5515	37:50.698	07:34	12:10	5K50-59F	11/27	F	61/128	CALGARY, AB
130/195	STEWART, ROSEMARY	656	39:17.934	07:51	12:38	5K40-49F	18/36	F	78/128	CALGARY, AB
70/195	STOICHEFF, ALIXANDRA	5465	32:46.951	06:33	10:32	5K30-39F	6/26	F	32/128	CALGARY, AB

St. Pats Day Run Mar.12/2023 - 10K/5K

Alpha Overall Results

5K - 3.1 Miles

195 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
129/195	SWAGAR, JENN	5399	39:07.808	07:49	12:34	5K40-49F	17/36	F	77/128	CALGARY, AB
47/195	SWAGAR, RUYTER	5466	30:48.618	06:09	09:54	5K19&UM	5/17	M	28/67	CALGARY, AB
154/195	TAIT, DEBORAH	662	45:38.768	09:07	14:40	5K50-59F	18/27	F	98/128	OKOTOKS, AB
99/195	TANNAHILL, AIMEE	5467	36:01.410	07:12	11:34	5K30-39F	14/26	F	52/128	CALGARY, AB
25/195	THOMSON, NICOLE	5541	27:43.909	05:32	08:55	5K40-49F	2/36	F	10/128	CALGARY, AB
57/195	TODD, ADRIAN	5468	31:42.875	06:20	10:11	5K30-39M	9/14	M	34/67	CALGARY, AB
124/195	TREMAINE, DEAN	5470	38:40.083	07:44	12:26	5K50-59M	8/11	M	52/67	CALGARY, AB
123/195	TREMAINE, MEGAN	5471	38:39.403	07:43	12:25	5K20-29F	10/17	F	72/128	CALGARY, AB
54/195	VAN ACKER, BART	5472	31:25.789	06:17	10:06	5K30-39M	8/14	M	32/67	CALGARY, AB
7/195	WEILER, MARTIN	5555	20:51.678	04:10	06:42	5K40-49M	1/10	M	5/67	CALGARY, AB
5/195	WEILER, NAJA	5556	19:52.216	03:58	06:23	5K19&UF	1/10	F	2/128	CALGARY, AB
14/195	WEILER, NELE	5557	24:44.899	04:56	07:57	5K19&UF	2/10	F	5/128	CALGARY, AB
188/195	WEIS, CHRISTIAN	5516	57:05.380	11:25	18:21	5K19&UM	16/17	M	66/67	CALGARY, AB
189/195	WEIS, MATTHEW	5517	57:05.708	11:25	18:21	5K19&UM	17/17	M	67/67	CALGARY, AB
85/195	WEISS, TANNIS	5481	34:10.270	06:50	10:59	5K30-39F	10/26	F	43/128	CALGARY, AB
108/195	WELLER, CLARA	5577	37:19.785	07:27	12:00	5K20-29F	7/17	F	59/128	CALGARY, AB
89/195	WHITE, DOUG	5518	34:35.466	06:55	11:07	5K50-59M	5/11	M	43/67	COLEVILLE, SK
175/195	WHITE, PETRA	5484	50:34.282	10:06	16:15	5K50-59F	21/27	F	111/128	CALGARY, AB
131/195	WILHELM, BEATRICE	5485	39:21.917	07:52	12:39	5K70-79F	1/1	F	79/128	CALGARY, AB
67/195	WILSON, NICOLE	5487	32:21.875	06:28	10:24	5K50-59F	5/27	F	29/128	CALGARY, AB
178/195	WRUK, DAVID	5519	51:30.274	10:18	16:33	5K40-49M	10/10	M	65/67	CALGARY, AB
179/195	WRUK, JODY	5488	51:33.836	10:18	16:34	5K50-59F	23/27	F	114/128	CALGARY, AB
191/195	WYTSMA, REBECCA	5489	57:48.319	11:33	18:35	5K20-29F	17/17	F	124/128	CALGARY, AB
94/195	ZAK, LAUREN	5520	35:07.598	07:01	11:17	5K30-39F	12/26	F	49/128	CALGARY, AB