

Overall Gender Results

10K - 6.21 Miles

Female

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
1/100	ZAMBRANO, MARIA	684	39:00.134	03:54	06:16	10K50-59F	1/24	5/241	CALGARY, AB
2/100	DYCK, AVA	734	41:34.444	04:09	06:41	10K19&UF	1/4	11/241	CALGARY, AB
3/100	WOOLSTENCROFT, GILLIAN	715	41:41.546	04:10	06:42	10K30-39F	1/28	13/241	CALGARY, AB
4/100	HOOPER, KIRSTEN	701	41:47.218	04:10	06:43	10K20-29F	1/7	14/241	CALGARY, AB
5/100	CURRIE, ANNA	484	43:13.561	04:19	06:57	10K20-29F	2/7	17/241	CALGARY, AB
6/100	KRIEGER, STEPHANIE	546	43:57.271	04:23	07:04	10K20-29F	3/7	19/241	CALGARY, AB
7/100	EVERETT, BREANNE	498	45:23.168	04:32	07:18	10K30-39F	2/28	23/241	CALGARY, AB
8/100	STEILING, LYDIA	739	47:16.459	04:43	07:36	10K30-39F	3/28	34/241	CALGARY, AB
9/100	BROWN, SUSAN	468	47:25.765	04:44	07:38	10K30-39F	4/28	35/241	CALGARY, AB
10/100	GAMBLE, MARGARET	507	48:45.358	04:52	07:51	10K50-59F	2/24	42/241	CALGARY, AB
11/100	MELTZER, REBECCA	781	49:12.121	04:55	07:55	10K30-39F	5/28	43/241	CALGARY, AB
12/100	GILES, LISA	510	49:28.270	04:56	07:57	10K30-39F	6/28	46/241	CALGARY, AB
13/100	KRYWCUN, DEIDRE	548	49:34.622	04:57	07:59	10K30-39F	7/28	48/241	LANGDON, AB
14/100	HALPRIN, DANYAEL	517	51:15.448	05:07	08:15	10K50-59F	3/24	56/241	CALGARY, AB
15/100	BERRIGAN, ELIZABETH	692	52:06.963	05:12	08:23	10K30-39F	8/28	62/241	CALGARY, AB
16/100	STEVENSON, CHELSEY	653	52:48.071	05:16	08:30	10K30-39F	9/28	68/241	RICHLEA, SK
17/100	MURTA, VIKTORIA	591	52:53.556	05:17	08:31	10K40-49F	1/30	69/241	CALGARY, AB
18/100	ASHFORD, AMBER	452	52:54.517	05:17	08:31	10K30-39F	10/28	70/241	CALGARY, AB
19/100	RUPPEL, ALYSSA MARIE	771	53:05.815	05:18	08:33	10K19&UF	2/4	72/241	CALGARY, AB
20/100	SORGE, DEVON	649	53:31.197	05:21	08:37	10K30-39F	11/28	74/241	CALGARY, AB
21/100	BOS, LARISSA	465	53:44.437	05:22	08:39	10K30-39F	12/28	75/241	CALGARY, AB
22/100	MATOVICH, ANDREA	571	54:37.007	05:27	08:47	10K40-49F	2/30	76/241	MILLARVILLE, AB
23/100	ROWBOTHAM, MELISSA	728	55:06.282	05:30	08:52	10K40-49F	3/30	79/241	CALGARY, AB
24/100	LUCAS, AMANDA	560	55:14.085	05:31	08:53	10K40-49F	4/30	81/241	CALGARY, AB
25/100	WIPFLI, SOPHIA	681	55:32.273	05:33	08:56	10K19&UF	3/4	84/241	CALGARY, AB
26/100	LABBY, SOPHIA	551	56:14.062	05:37	09:03	10K20-29F	4/7	90/241	CALGARY, AB
27/100	ESPIRITU-LOPEZ, FEDELIZA	718	56:21.913	05:38	09:04	10K50-59F	4/24	92/241	CALGARY, AB
28/100	LI, AMY	778	56:24.866	05:38	09:05	10K50-59F	5/24	93/241	CALGARY, AB
29/100	NEWITT, JODI	594	57:11.810	05:43	09:12	10K50-59F	6/24	98/241	CALGARY, AB
30/100	ROGERS, JANET	630	57:14.716	05:43	09:13	10K50-59F	7/24	99/241	CALGARY, AB
31/100	HIGGINS, ESTHER	721	57:21.350	05:44	09:14	10K30-39F	13/28	101/241	CALGARY, AB
32/100	LU, HAILEY	559	58:23.436	05:50	09:24	10K20-29F	5/7	109/241	CALGARY, AB
33/100	PAAUWE, KAILYN	604	58:39.021	05:51	09:26	10K19&UF	4/4	112/241	CALGARY, AB
34/100	COLE, AMANDA	477	58:44.271	05:52	09:27	10K40-49F	5/30	114/241	CALGARY, AB
35/100	WILTSE, KIM	774	59:14.247	05:55	09:32	10K40-49F	6/30	117/241	CALGARY, AB
36/100	SEWALL, TACE	760	59:31.333	05:57	09:35	10K40-49F	7/30	118/241	BROOKS, AB
37/100	OICKLE, NGAN	598	1:00:14.560	06:01	09:42	10K50-59F	8/24	122/241	CALGARY, AB
38/100	MOORE, DONNA	587	1:00:23.974	06:02	09:43	10K60-69F	1/7	123/241	AIRDRIE, AB
39/100	CAPUTO, CONNIE	470	1:00:28.241	06:02	09:44	10K50-59F	9/24	125/241	CALGARY, AB
40/100	ZHANG, TINA	686	1:00:41.225	06:04	09:46	10K40-49F	8/30	128/241	CALGARY, AB
41/100	MERRIMAN, MONICA	579	1:01:33.419	06:09	09:54	10K60-69F	2/7	134/241	CALGARY, AB
42/100	LOKANC, SABINA	558	1:01:35.340	06:09	09:55	10K50-59F	10/24	135/241	CALGARY, AB
43/100	SZOMBATHY, KAITLIN	661	1:01:35.364	06:09	09:55	10K30-39F	14/28	136/241	CALGARY, AB
44/100	WARNER, SANDY	712	1:01:46.590	06:10	09:56	10K40-49F	9/30	137/241	CALGARY, AB
45/100	STEWART, JAYNE	655	1:02:16.777	06:13	10:01	10K50-59F	11/24	138/241	COCHRANE, AB
46/100	BRILL, PHOENIX	764	1:02:37.027	06:15	10:04	10K40-49F	10/30	141/241	CALGARY, AB
47/100	COVERLY, LEE-ANN	694	1:02:50.410	06:17	10:07	10K40-49F	11/30	143/241	CALGARY, AB
48/100	ELLIOTT, JUDITH	497	1:02:52.169	06:17	10:07	10K60-69F	3/7	145/241	CALGARY, AB
49/100	MCILMOYLE, SHAUNA	577	1:03:03.818	06:18	10:09	10K40-49F	12/30	146/241	LYALTA, AB
50/100	SMILAR, SHERRY	646	1:03:20.996	06:20	10:12	10K50-59F	12/24	148/241	CALGARY, AB
51/100	DIBSKI, PAULA	491	1:03:24.910	06:20	10:12	10K50-59F	13/24	149/241	CALGARY, AB
52/100	FOLTINEK, MELISSA	504	1:04:09.792	06:24	10:19	10K40-49F	13/30	153/241	CALGARY, AB
53/100	FODOR, LUCIA	502	1:04:32.761	06:27	10:23	10K50-59F	14/24	155/241	CALGARY, AB
54/100	HERNANDEZ-SILVA, SARAH	525	1:04:37.026	06:27	10:24	10K40-49F	14/30	156/241	CALGARY, AB
55/100	ROCKER, KATHRYN	626	1:05:21.815	06:32	10:31	10K30-39F	15/28	160/241	CALGARY, AB

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Female

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
56/100	MORGAN, NATALYA	588	1:05:30.581	06:33	10:32	10K20-29F	6/7	161/241	CALGARY, AB
57/100	INKSTER, SARAH	534	1:05:31.095	06:33	10:33	10K40-49F	15/30	162/241	CALGARY, AB
58/100	MILLER, KIMBERLY	582	1:05:50.126	06:35	10:36	10K30-39F	16/28	164/241	CALGARY, AB
59/100	NELSON, MICHELLE	593	1:05:53.830	06:35	10:36	10K50-59F	15/24	165/241	CALGARY, AB
60/100	WYSE, HEIDI	683	1:06:11.234	06:37	10:39	10K40-49F	16/30	168/241	CALGARY, AB
61/100	MAXWELL, STEPHANIE	573	1:06:11.500	06:37	10:39	10K40-49F	17/30	169/241	CALGARY, AB
62/100	RODGER, ANNE	627	1:06:57.109	06:41	10:46	10K60-69F	4/7	171/241	CALGARY, AB
63/100	THOME, DEANNA	666	1:07:12.062	06:43	10:49	10K30-39F	17/28	173/241	CALGARY, AB
64/100	COLLIS, JENNIFER	479	1:08:12.624	06:49	10:59	10K30-39F	18/28	179/241	CALGARY, AB
65/100	HOBDAV, KATIE	528	1:08:12.624	06:49	10:59	10K30-39F	19/28	180/241	CALGARY, AB
66/100	ROSS, KRYSTLE	769	1:08:46.796	06:52	11:04	10K30-39F	20/28	183/241	CALGARY, AB
67/100	ELDRED, KARIN	495	1:09:09.577	06:54	11:08	10K40-49F	18/30	186/241	CALGARY, AB
68/100	CHAMBERS, GAIL	472	1:09:39.013	06:57	11:12	10K50-59F	16/24	188/241	COCHRANE, AB
69/100	HUGHES, SARAH	750	1:09:39.247	06:57	11:12	10K40-49F	19/30	189/241	CALGARY, AB
70/100	SCHALY, APRIL	639	1:10:07.466	07:00	11:17	10K40-49F	20/30	191/241	CALGARY, AB
71/100	JOHNSON, STACY	540	1:10:26.221	07:02	11:20	10K40-49F	21/30	193/241	CALGARY, AB
72/100	KEHOE, ZOIE	544	1:11:03.082	07:06	11:26	10K20-29F	7/7	195/241	CALGARY, AB
73/100	HIDER, CHRIS	526	1:11:03.937	07:06	11:26	10K60-69F	5/7	196/241	OKOTOKS, AB
74/100	DASCHUK, TAMMY	486	1:11:17.144	07:07	11:28	10K50-59F	17/24	198/241	CALGARY, AB
75/100	SAMPSON, MONIQUE	709	1:11:18.386	07:07	11:28	10K30-39F	21/28	199/241	CALGARY, AB
76/100	FLEMING, JENNIFER	501	1:11:19.559	07:07	11:29	10K50-59F	18/24	200/241	CALGARY, AB
77/100	BLEHM, SHAUNA	743	1:11:59.638	07:11	11:35	10K50-59F	19/24	201/241	CALGARY, AB
78/100	BLACK, JENNIFER	742	1:12:10.721	07:13	11:37	10K40-49F	22/30	202/241	CALGARY, AB
79/100	KANSKI, AUDRA	751	1:14:39.853	07:27	12:01	10K40-49F	23/30	206/241	CALGARY, AB
80/100	LAINE, VANESSA	552	1:14:45.688	07:28	12:02	10K50-59F	20/24	207/241	CALGARY, AB
81/100	FOLEY, ANNE	503	1:14:51.384	07:29	12:03	10K50-59F	21/24	209/241	COCHRANE, AB
82/100	TRAN, LIEN	671	1:14:53.026	07:29	12:03	10K40-49F	24/30	210/241	CALGARY, AB
83/100	HAUGHEY, ROISIN	522	1:15:37.461	07:33	12:10	10K40-49F	25/30	213/241	CALGARY, AB
84/100	PARDELL, DOMINIQUE	608	1:17:29.491	07:44	12:28	10K30-39F	22/28	217/241	CALGARY, AB
85/100	OWENS, JENNIFER	602	1:17:34.063	07:45	12:29	10K60-69F	6/7	218/241	CALGARY, AB
86/100	SPENCER, TAMMY	650	1:17:42.454	07:46	12:30	10K40-49F	26/30	219/241	CHESTERMERE, AB
87/100	HOWARD, CELESTE	747	1:18:23.236	07:50	12:37	10K30-39F	23/28	220/241	CALGARY, AB
88/100	PHAM, CHI	614	1:19:40.529	07:58	12:49	10K40-49F	27/30	222/241	CALGARY, AB
89/100	NUGENT, CARLING	754	1:21:15.756	08:07	13:05	10K30-39F	24/28	224/241	CALGARY, AB
90/100	MEYER, JACKIE	580	1:24:35.721	08:27	13:37	10K40-49F	28/30	226/241	CROSSFIELD, AB
91/100	OYSTRECK, TERESA	603	1:26:29.556	08:38	13:55	10K50-59F	22/24	227/241	CALGARY, AB
92/100	PROPPE PILKINGTON, ALEX	707	1:27:13.291	08:43	14:02	10K30-39F	25/28	228/241	CALGARY, AB
93/100	MONTAGNESE, LORI	585	1:28:35.179	08:51	14:15	10K50-59F	23/24	230/241	CALGARY, AB
94/100	MODI, SIMA	584	1:30:43.592	09:04	14:36	10K40-49F	29/30	231/241	CALGARY, AB
95/100	WARD, ENZA	772	1:31:39.302	09:09	14:45	10K50-59F	24/24	232/241	CALGARY, AB
96/100	JALILI, SUSAN	539	1:34:51.113	09:29	15:16	10K30-39F	26/28	234/241	CALGARY, AB
97/100	SAN, CYNTHIA	710	1:38:41.877	09:52	15:53	10K30-39F	27/28	236/241	MIAMI SHORES, FL
98/100	MONTAGNESE, CATERINA	768	1:38:43.025	09:52	15:53	10K30-39F	28/28	237/241	CALGARY, AB
99/100	JACKSON, BRANDY	536	1:53:16.906	11:19	18:14	10K40-49F	30/30	239/241	CALGARY, AB
100/100	HOPKINS, DAWN	532	1:55:59.957	11:35	18:40	10K60-69F	7/7	240/241	CALGARY, AB

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10K - 6.21 Miles

Male

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
1/141	MITCHELL, ROBERT	704	35:39.254	03:33	05:44	10K20-29M	1/17	1/241	CALGARY, AB
2/141	PAAUWE, REINIER	605	37:48.321	03:46	06:05	10K40-49M	1/34	2/241	CALGARY, AB
3/141	NISHIKAWA, GRAHAM	753	37:55.354	03:47	06:06	10K30-39M	1/40	3/241	CANMORE, AB
4/141	FAWCETT, MATTHIEU	696	38:48.345	03:52	06:14	10K20-29M	2/17	4/241	CALGARY, AB
5/141	POLUKHIN, IVAN	622	39:22.119	03:56	06:20	10K20-29M	3/17	6/241	CALGARY, AB
6/141	HIGGINS, ANDREW	720	39:39.790	03:57	06:23	10K30-39M	2/40	7/241	CALGARY, AB
7/141	WRIGHTSON, IAN	682	40:55.820	04:05	06:35	10K30-39M	3/40	8/241	CALGARY, AB
8/141	FRANTZ, JACKSON	746	41:06.671	04:06	06:37	10K30-39M	4/40	9/241	CALGARY, AB
9/141	SAUNDERS, STEVE	638	41:10.468	04:07	06:37	10K50-59M	1/26	10/241	CALGARY, AB
10/141	CLARK, MATTHEW	780	41:38.006	04:09	06:42	10K40-49M	2/34	12/241	CALGARY, AB
11/141	BARRETT, ERIK	456	42:21.248	04:14	06:49	10K20-29M	4/17	15/241	CALGARY, AB
12/141	WIEDEMANN, JAYDE	677	43:08.825	04:18	06:56	10K30-39M	5/40	16/241	CALGARY, AB
13/141	KUHNEN, DYLAN	549	43:45.740	04:22	07:02	10K30-39M	6/40	18/241	CALGARY, AB
14/141	TORRANCE, BRIAN	731	44:45.011	04:28	07:12	10K40-49M	3/34	20/241	EDMONTON, AB
15/141	THOMAS, JOHN	665	45:06.236	04:30	07:15	10K30-39M	7/40	21/241	CALGARY, AB
16/141	SAUKS, WINSTON	637	45:21.504	04:32	07:18	10K30-39M	8/40	22/241	FORT MCMURRAY, AB
17/141	RODRIGUEZ, LUIS	629	45:24.432	04:32	07:18	10K30-39M	9/40	24/241	CALGARY, AB
18/141	IRVINE, DAVID	782	45:25.675	04:32	07:18	10K30-39M	10/40	25/241	CALGARY, AB
19/141	RUSSELL, PETER	729	45:30.654	04:33	07:19	10K30-39M	11/40	26/241	CALGARY, AB
20/141	LJA, ROB	723	45:38.193	04:33	07:20	10K30-39M	12/40	27/241	COALDALE, AB
21/141	REISINGER, MAXWELL	755	45:42.291	04:34	07:21	10K20-29M	5/17	28/241	CALGARY, AB
22/141	REID, CHAD	619	45:53.377	04:35	07:23	10K40-49M	4/34	29/241	CALGARY, AB
23/141	ZEEKANT, ERWIN	740	46:07.463	04:36	07:25	10K30-39M	13/40	30/241	CALGARY, AB
24/141	JONES, KIM	542	46:11.119	04:37	07:26	10K50-59M	2/26	31/241	CALGARY, AB
25/141	PLETT, RYAN	620	46:52.040	04:41	07:32	10K20-29M	6/17	32/241	CALGARY, AB
26/141	VERSCOOTE, PETER	777	47:01.954	04:42	07:34	10K30-39M	14/40	33/241	CALGARY,
27/141	KROLL, DANNY	547	47:46.430	04:46	07:41	10K40-49M	5/34	36/241	CALGARY, AB
28/141	HINKS, DARREN	527	48:01.858	04:48	07:44	10K40-49M	6/34	37/241	CALGARY, AB
29/141	LINDLAND, KEVIN	557	48:02.072	04:48	07:44	10K50-59M	3/26	38/241	CALGARY, AB
30/141	POFFENROTH, DAYNE	621	48:14.491	04:49	07:46	10K30-39M	15/40	39/241	CALGARY, AB
31/141	FRIEL, CHAD	697	48:24.264	04:50	07:47	10K30-39M	16/40	40/241	CALGARY, AB
32/141	WILSON, PAUL	713	48:26.092	04:50	07:47	10K40-49M	7/34	41/241	CALGARY, AB
33/141	RODRIGUEZ, HECTOR CAMILO	628	49:13.223	04:55	07:55	10K30-39M	17/40	44/241	CALGARY, AB
34/141	SMIT, THEO	647	49:17.302	04:55	07:56	10K50-59M	4/26	45/241	CALGARY, AB
35/141	AMAN, IAN	688	49:32.747	04:57	07:58	10K40-49M	8/34	47/241	AIRDRIE, AB
36/141	BANKS, WESLEY	454	49:34.692	04:57	07:59	10K50-59M	5/26	49/241	CALGARY, AB
37/141	HERLE, NEIL	524	49:39.872	04:57	07:59	10K50-59M	6/26	50/241	CALGARY, AB
38/141	BETTS, STEVE	775	49:44.982	04:58	08:00	10K50-59M	7/26	51/241	CALGARY, AB
39/141	HANLON, PATRICK	520	50:04.362	05:00	08:03	10K50-59M	8/26	52/241	CALGARY, AB
40/141	BICKLEY, ED	463	50:48.565	05:04	08:10	10K60-69M	1/14	53/241	CALGARY, AB
41/141	PARTRIDGE, CHRISTOPHER	611	51:00.424	05:06	08:12	10K50-59M	9/26	54/241	CALGARY, AB
42/141	SHCHERBA, ILLYA	642	51:05.346	05:06	08:13	10K20-29M	7/17	55/241	CALGARY, AB
43/141	PORTER, KYLE	623	51:41.933	05:10	08:19	10K30-39M	18/40	57/241	CALGARY, AB
44/141	GORE, VICTOR	512	51:42.120	05:10	08:19	10K20-29M	8/17	58/241	CALGARY, AB
45/141	DAVIDSON, DAVID	487	51:42.634	05:10	08:19	10K50-59M	10/26	59/241	CALGARY, AB
46/141	NICHOLAS, STEVE	595	51:53.416	05:11	08:21	10K40-49M	9/34	60/241	CALGARY, AB
47/141	MASCARENHAS, SEAN	703	52:02.720	05:12	08:22	10K40-49M	10/34	61/241	CALGARY, AB
48/141	HUGHES, JACK	749	52:12.611	05:13	08:24	10K20-29M	9/17	63/241	CALGARY, AB
49/141	GORE, HENRY	511	52:16.760	05:13	08:25	10K20-29M	10/17	64/241	CALGARY, AB
50/141	OLIVER, CHRIS	599	52:30.423	05:15	08:27	10K40-49M	11/34	65/241	AIRDRIE, AB
51/141	GREEFF, LEON	514	52:36.939	05:15	08:28	10K40-49M	12/34	66/241	CALGARY, AB
52/141	CUYUGAN, JOHN MAVERICK	485	52:40.079	05:16	08:28	10K20-29M	11/17	67/241	COCHRANE, AB
53/141	HAJAS, MATTHEW	776	53:05.815	05:18	08:33	10K19&UM	1/7	71/241	CALGARY, AB
54/141	BARHAM, FRED	455	53:18.376	05:19	08:35	10K60-69M	2/14	73/241	CALGARY, AB
55/141	GONZALEZ, FELIPE	699	54:38.227	05:27	08:47	10K20-29M	12/17	77/241	CALGARY, AB

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10K - 6.21 Miles

Male

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
56/141	SECORD, TRAVIS	756	55:06.226	05:30	08:52	10K30-39M	19/40	78/241	CALGARY, AB
57/141	ROLLICK, ALEX	708	55:08.695	05:30	08:52	10K20-29M	13/17	80/241	CALGARY, AB
58/141	MCLACHLAN, BRAD	767	55:17.578	05:31	08:54	10K60-69M	3/14	82/241	CALGARY, AB
59/141	BORSOS, FRANK	464	55:25.616	05:32	08:55	10K50-59M	11/26	83/241	COCHRANE, AB
60/141	QUINN, JOHN	624	55:43.499	05:34	08:58	10K30-39M	20/40	85/241	CALGARY, AB
61/141	VARGA, LAJOS	732	55:44.788	05:34	08:58	10K40-49M	13/34	86/241	CALGARY, AB
62/141	LIM, SU-CHONG	556	55:46.475	05:34	08:58	10K70-79M	1/3	87/241	CALGARY, AB
63/141	HODGSON, SCOTT	529	55:55.288	05:35	09:00	10K60-69M	4/14	88/241	CALGARY, AB
64/141	WILDER, DAVE	773	55:56.459	05:35	09:00	10K40-49M	14/34	89/241	CALGARY, AB
65/141	LABBY, BRYAN	5406	56:14.787	05:37	09:03	10K50-59M	12/26	91/241	CALGARY, AB
66/141	BOULANGER, BRAYDON	466	56:49.663	05:40	09:09	10K30-39M	21/40	94/241	CALGARY, AB
67/141	HAINES, SCOTT	515	56:50.599	05:41	09:09	10K50-59M	13/26	95/241	STRATHMORE, AB
68/141	FRIZORGUER, ANDREI	779	56:51.843	05:41	09:09	10K40-49M	15/34	96/241	CALGARY, AB
69/141	MATTSON, JESSE	572	56:57.306	05:41	09:10	10K30-39M	22/40	97/241	AIRDRIE, AB
70/141	KOLYNCHUK, JEFF	545	57:16.522	05:43	09:13	10K40-49M	16/34	100/241	CALGARY, AB
71/141	GRAHAM, JENNA	513	57:40.427	05:46	09:17	10K30-39M	23/40	102/241	CALGARY, AB
72/141	HARRISON, ANDREW	521	57:51.677	05:47	09:19	10K40-49M	17/34	103/241	CALGARY, AB
73/141	WILHELM, MICHAEL	678	57:56.622	05:47	09:19	10K60-69M	5/14	104/241	CALGARY, AB
74/141	BLACKBURN, MARK	762	58:01.405	05:48	09:20	10K40-49M	18/34	105/241	CALGARY, AB
75/141	MILLER, GAVIN	581	58:04.802	05:48	09:21	10K30-39M	24/40	106/241	CALGARY, AB
76/141	MCCAFFREY, GRAHAM	574	58:09.212	05:48	09:21	10K60-69M	6/14	107/241	CALGARY, AB
77/141	MERRIMAN, JOHN	752	58:13.076	05:49	09:22	10K50-59M	14/26	108/241	CALGARY, AB
78/141	CRUICKSHANK, DOUG	483	58:25.872	05:50	09:24	10K60-69M	7/14	110/241	CALGARY, AB
79/141	LANGLOIS, PAUL	553	58:33.875	05:51	09:25	10K30-39M	25/40	111/241	CALGARY, AB
80/141	BENNING, DAVID	717	58:43.872	05:52	09:27	10K50-59M	15/26	113/241	CALGARY, AB
81/141	PIERCE, MICHAEL	617	58:51.139	05:53	09:28	10K30-39M	26/40	115/241	CALGARY, AB
82/141	COOPER, MATTHEW	480	59:11.224	05:55	09:31	10K40-49M	19/34	116/241	CALGARY, AB
83/141	OICKLE, LOGAN	597	59:43.614	05:58	09:37	10K19&UM	2/7	119/241	CALGARY, AB
84/141	MARDESIC, MIKE	570	59:46.779	05:58	09:37	10K50-59M	16/26	120/241	CALGARY, AB
85/141	HOPFNER, JEFF	531	1:00:12.045	06:01	09:41	10K30-39M	27/40	121/241	CALGARY, AB
86/141	BENNETT, JEFF	761	1:00:25.099	06:02	09:43	10K20-29M	14/17	124/241	CALGARY, AB
87/141	SOMERVILLE, ALEXANDER	757	1:00:33.186	06:03	09:45	10K30-39M	28/40	126/241	CALGARY, AB
88/141	RIEDIGER, DARRYL	727	1:00:38.036	06:03	09:45	10K60-69M	8/14	127/241	CALGARY, AB
89/141	BALINT, JONATHAN	453	1:00:46.498	06:04	09:47	10K40-49M	20/34	129/241	CALGARY, AB
90/141	DECOSTE, JON	489	1:00:50.762	06:05	09:47	10K30-39M	29/40	130/241	AIRDRIE, AB
91/141	HOWARD, GRAHAM	748	1:01:00.817	06:06	09:49	10K30-39M	30/40	131/241	CALGARY, AB
92/141	BERCHA, ROBERT	459	1:01:07.006	06:06	09:50	10K50-59M	17/26	132/241	CALGARY, AB
93/141	JAMIESON, MIKE	765	1:01:07.168	06:06	09:50	10K40-49M	21/34	133/241	CALGARY, AB
94/141	WILLIAMSON, RYAN	680	1:02:27.769	06:14	10:03	10K40-49M	22/34	139/241	CALGARY, AB
95/141	FITTON, RICH	500	1:02:31.098	06:15	10:04	10K40-49M	23/34	140/241	CALGARY, AB
96/141	RIEDIGER, COLBY	726	1:02:41.340	06:16	10:05	10K20-29M	15/17	142/241	CALGARY, AB
97/141	BERMUDEZ, JORGE	461	1:02:50.692	06:17	10:07	10K50-59M	18/26	144/241	CALGARY, AB
98/141	CHAMBERS, ADRIAN	471	1:03:12.019	06:19	10:10	10K50-59M	19/26	147/241	COCHRANE, AB
99/141	STRAUSS, ZACH	659	1:03:40.615	06:22	10:15	10K30-39M	31/40	150/241	HIGH RIVER, AB
100/141	PARSONS, JOHN	610	1:03:45.043	06:22	10:15	10K40-49M	24/34	151/241	CALGARY, AB
101/141	MONTAGNESE, MATTEO	725	1:04:04.213	06:24	10:19	10K19&UM	3/7	152/241	CALGARY, AB
102/141	JOHNSTON, KEN	722	1:04:13.870	06:25	10:20	10K50-59M	20/26	154/241	CALGARY, AB
103/141	BEAL, JEFF	733	1:04:39.932	06:27	10:24	10K40-49M	25/34	157/241	CALGARY, AB
104/141	SHUTT, STEPHEN	645	1:04:45.393	06:28	10:25	10K70-79M	2/3	158/241	CALGARY, AB
105/141	BUSQUE, ANDRE	469	1:04:49.237	06:28	10:26	10K20-29M	16/17	159/241	CALGARY, AB
106/141	THORNBOROUGH, DOUG	667	1:05:32.361	06:33	10:33	10K40-49M	26/34	163/241	CALGARY, AB
107/141	BROWN, MARK	467	1:05:53.830	06:35	10:36	10K40-49M	27/34	166/241	CALGARY, AB
108/141	KULCSAR, ED	550	1:06:10.446	06:37	10:39	10K60-69M	9/14	167/241	COCHRANE, AB
109/141	TAN, NEIL IVAN	663	1:06:50.199	06:41	10:45	10K30-39M	32/40	170/241	CALGARY, AB
110/141	SHAND, TRAVIS	641	1:07:00.555	06:42	10:47	10K40-49M	28/34	172/241	CALGARY, AB

Overall Gender Results

10K - 6.21 Miles

Male

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
111/141	PALMIERE, GIOVANNI	706	1:07:28.906	06:44	10:51	10K19&UM	4/7	174/241	CALGARY, AB
112/141	BEINGESSNER, BEN	758	1:07:41.009	06:46	10:53	10K20-29M	17/17	175/241	CALGARY, AB
113/141	ST-LOUIS, J-C	711	1:07:57.297	06:47	10:56	10K60-69M	10/14	176/241	ROCKY VIEW COUNTY, AB
114/141	BECKER, OWEN	690	1:08:02.125	06:48	10:57	10K19&UM	5/7	177/241	CALGARY, AB
115/141	BECKER, TYLER	691	1:08:02.383	06:48	10:57	10K40-49M	29/34	178/241	CALGARY, AB
116/141	MONTAGNESE, CARLO	705	1:08:25.046	06:50	11:01	10K30-39M	33/40	181/241	MIAMI SHORES, FL
117/141	ZDRILL, RON	685	1:08:27.741	06:50	11:01	10K50-59M	21/26	182/241	CALGARY, AB
118/141	ROSS, MARK	770	1:08:47.358	06:52	11:04	10K40-49M	30/34	184/241	CALGARY, AB
119/141	ELLIOT, COLE	695	1:08:55.537	06:53	11:05	10K30-39M	34/40	185/241	CALGARY, AB
120/141	SWANSON, MICHAEL	660	1:09:09.741	06:54	11:08	10K40-49M	31/34	187/241	EDMONTON, AB
121/141	BRILL, ETHAN	763	1:09:53.310	06:59	11:15	10K19&UM	6/7	190/241	CALGARY, AB
122/141	MORIN, JOE	737	1:10:20.193	07:02	11:19	10K70-79M	3/3	192/241	CALGARY, AB
123/141	BEINGESSNER, SAMUEL	741	1:10:47.636	07:04	11:23	10K19&UM	7/7	194/241	CALGARY, AB
124/141	WILKINSON, GLENN	679	1:11:17.051	07:07	11:28	10K50-59M	22/26	197/241	CALGARY, AB
125/141	BEINGESSNER, NICK	759	1:13:05.143	07:18	11:46	10K50-59M	23/26	203/241	CALGARY, AB
126/141	PAGE, DAVID	606	1:13:40.533	07:22	11:51	10K60-69M	11/14	204/241	CALGARY, AB
127/141	JOHNSTON, ROB	541	1:14:23.915	07:26	11:58	10K30-39M	35/40	205/241	CALGARY, AB
128/141	BEN-AMARA, JASON	458	1:14:46.438	07:28	12:02	10K30-39M	36/40	208/241	CALGARY, AB
129/141	HNATIUK, ROGER	700	1:15:08.469	07:30	12:06	10K50-59M	24/26	211/241	COCHRANE, AB
130/141	JARDINE, EMILIO	736	1:15:33.197	07:33	12:09	10K30-39M	37/40	212/241	CALGARY, AB
131/141	PARDELL, BRETT	607	1:16:29.749	07:38	12:19	10K30-39M	38/40	214/241	CALGARY, AB
132/141	MULLANEY, DALLAS	590	1:16:45.968	07:40	12:21	10K40-49M	32/34	215/241	LANGDON, AB
133/141	PARDELL, REECE	609	1:17:29.304	07:44	12:28	10K30-39M	39/40	216/241	CALGARY, AB
134/141	CHAN, WAI YAU	473	1:18:53.188	07:53	12:42	10K60-69M	12/14	221/241	CALGARY, AB
135/141	ELLIOTT, ALBERT	496	1:20:13.037	08:01	12:55	10K60-69M	13/14	223/241	CALGARY, AB
136/141	HANEY, KEVIN	519	1:22:31.598	08:15	13:17	10K40-49M	33/34	225/241	LETHBRIDGE, AB
137/141	MONTAGNESE, TONY	586	1:28:31.030	08:51	14:15	10K50-59M	25/26	229/241	CALGARY, AB
138/141	GARCIA, JEREMY	698	1:33:23.130	09:20	15:02	10K40-49M	34/34	233/241	CALGARY, AB
139/141	RULLER, KEN	633	1:35:47.197	09:34	15:25	10K60-69M	14/14	235/241	CALGARY, AB
140/141	JALILI, SHAYA	538	1:42:47.521	10:16	16:33	10K30-39M	40/40	238/241	CALGARY, AB
141/141	MORTIMER, ERIC	589	2:02:15.092	12:13	19:41	10K50-59M	26/26	241/241	CALGARY, AB