

Alpha Overall Results

10K - 6.21 Miles

346 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
129/346	ACKERMAN, LINDSEY	521	54:11.298	05:25	08:43	10K30-39F	17/42	F	42/165	CALGARY, AB
272/346	ADAMS, BRADLEY	522	1:09:13.022	06:55	11:08	10K40-49M	32/41	M	161/181	CALGARY, AB
288/346	ADIE, CAROLIN	523	1:11:25.583	07:08	11:30	10K50-59F	20/25	F	123/165	CALGARY, AB
159/346	ALTKUCKATZ, ELLEN	524	56:35.999	05:39	09:06	10K30-39F	20/42	F	54/165	CALGARY, AB
77/346	ANDERSEN, STEFAN	783	48:04.931	04:48	07:44	10K30-39M	22/50	M	61/181	CALGARY, AB
304/346	ANDERSON, KALISHA	525	1:14:13.488	07:25	11:57	10K20-29F	22/24	F	133/165	LACOMBE, AB
36/346	ANSTETT, TIM	526	44:32.450	04:27	07:10	10K60-69M	1/19	M	31/181	CALGARY, AB
69/346	APONTE, JOSE	527	47:31.908	04:45	07:39	10K30-39M	19/50	M	56/181	CALGARY, AB
196/346	ARMITAGE, WHALEY	528	1:00:03.913	06:00	09:40	10K30-39M	43/50	M	124/181	CALGARY, AB
279/346	BABALOLA, JUMMAI	819	1:09:40.210	06:58	11:13	10K40-49F	35/54	F	116/165	CALGARY, AB
155/346	BABALOLA, MIWA	820	56:28.360	05:38	09:05	10K20-29M	21/31	M	103/181	CALGARY, AB
48/346	BADER, SAMANTHA	529	45:33.223	04:33	07:20	10K30-39F	6/42	F	7/165	CALGARY, AB
290/346	BAILEY, NEIL	530	1:12:26.943	07:14	11:39	10K40-49M	35/41	M	167/181	CALGARY, AB
64/346	BAILEY, PATRICK	531	46:46.300	04:40	07:31	10K50-59M	8/30	M	52/181	CALGARY, AB
325/346	BAILEY-CANTELO, ALANA	532	1:20:38.771	08:03	12:59	10K30-39F	41/42	F	149/165	CALGARY, AB
185/346	BAKER, CRYSTAL	533	58:45.515	05:52	09:27	10K40-49F	21/54	F	65/165	CALGARY, AB
258/346	BANKS, PETER	534	1:06:51.040	06:41	10:45	10K40-49M	31/41	M	158/181	OKOTOKS, AB
313/346	BARG, ASHTON	535	1:16:03.456	07:36	12:14	10K30-39F	38/42	F	139/165	CALGARY, AB
101/346	BARHAM, FRED	536	50:54.404	05:05	08:11	10K60-69M	7/19	M	72/181	CALGARY, AB
303/346	BARKER, KIRSTEN	861	1:14:00.457	07:24	11:55	10K30-39F	35/42	F	132/165	STOWMARKET,ENG, EN
167/346	BARKER, ROBERT	862	57:23.670	05:44	09:14	10K30-39M	36/50	M	110/181	STOWMARKET,ENG, EN
33/346	BARRETT, ERIK	539	42:47.264	04:16	06:53	10K20-29M	6/31	M	28/181	MINNEDOSA, MB
72/346	BARRETTE, FANNY	540	47:35.986	04:45	07:39	10K40-49F	2/54	F	15/165	CALGARY, AB
140/346	BARTEL, JASMINE	541	55:32.063	05:33	08:56	10K20-29F	6/24	F	46/165	CALGARY, AB
141/346	BARTEL, SARA	542	55:32.064	05:33	08:56	10K30-39F	18/42	F	47/165	CALGARY, AB
144/346	BARTSCH, NATASHA	887	55:45.963	05:34	08:58	10K20-29F	7/24	F	49/165	CALGARY, AB
216/346	BECKER, OWEN	543	1:01:48.419	06:10	09:57	10K19&UM	3/4	M	138/181	CALGARY, AB
217/346	BECKER, TYLER	544	1:01:48.961	06:10	09:57	10K40-49M	26/41	M	139/181	CALGARY, AB
151/346	BEDIER, RICHELLE	545	56:12.445	05:37	09:03	10K40-49F	15/54	F	52/165	AIRDRIE, AB
232/346	BERES, ANDREA	863	1:02:53.971	06:17	10:07	10K50-59F	12/25	F	87/165	CALGARY, AB
109/346	BERES, SYDNEY	864	51:55.855	05:11	08:21	10K20-29F	4/24	F	33/165	CALGARY, AB
336/346	BETTERIDGE, BOB	547	1:29:24.701	08:56	14:23	10K50-59M	30/30	M	180/181	CALGARY, AB
79/346	BETTS, STEVE	548	48:13.039	04:49	07:45	10K50-59M	9/30	M	63/181	CALGARY, AB
324/346	BICHEL, JON	549	1:19:32.397	07:57	12:48	10K40-49M	40/41	M	176/181	CALGARY, AB
46/346	BICKLEY, ED	550	45:12.765	04:31	07:16	10K60-69M	4/19	M	40/181	CALGARY, AB
105/346	BOLIVAR, ALISON	551	51:28.738	05:08	08:17	10K19&UF	3/4	F	31/165	CALGARY, AB
18/346	BOLIVAR, PATRICK	552	40:03.040	04:00	06:26	10K20-29M	4/31	M	16/181	CALGARY, AB
115/346	BOULANGER, BRAYDON	554	52:29.135	05:14	08:27	10K30-39M	26/50	M	78/181	CALGARY, AB
55/346	BRASSARD, PAUL	851	46:20.097	04:38	07:27	10K40-49M	9/41	M	44/181	CALGARY, AB
265/346	BREAU, CYNTHIA	555	1:07:51.999	06:47	10:55	10K50-59F	16/25	F	105/165	CALGARY, AB
39/346	BROUGHTON, JOSHUA	556	44:42.763	04:28	07:12	10K20-29M	7/31	M	34/181	CALGARY, AB
270/346	BROWN, JOANNE	837	1:09:07.983	06:54	11:07	10K30-39F	28/42	F	110/165	AIRDRIE, AB
99/346	BROWN, LAUREN	557	50:32.749	05:03	08:08	10K20-29F	3/24	F	28/165	LONDON, AB
51/346	BROWN, SUSAN	558	45:56.403	04:35	07:23	10K30-39F	7/42	F	8/165	CALGARY, AB
332/346	BRYANT, LAUREEN	821	1:23:49.880	08:22	13:29	10K40-49F	48/54	F	154/165	CALGARY, AB
211/346	BUCHANAN, LIAM	784	1:01:17.927	06:07	09:52	10K20-29M	25/31	M	135/181	CALGARY, AB
158/346	BURGESS, NEAL	560	56:31.969	05:39	09:06	10K40-49M	19/41	M	105/181	CALGARY, AB
298/346	BURNS, KIMBERLY	785	1:13:36.433	07:21	11:51	10K30-39F	34/42	F	129/165	CALGARY, AB
337/346	CAIRO, DEBIE	865	1:29:56.460	08:59	14:28	10K20-29F	24/24	F	157/165	CALGARY, AB
11/346	CAISSIE, JONATHAN	561	38:58.166	03:53	06:16	10K30-39M	6/50	M	9/181	CALGARY, AB
76/346	CAREY, SAMUEL	852	48:00.384	04:48	07:43	10K20-29M	13/31	M	60/181	CALGARY, AB
231/346	CASSIDY, IVADELLE	838	1:02:47.244	06:16	10:06	10K70-79F	1/2	F	86/165	CALGARY, AB
291/346	CHAMBERS, GAIL	563	1:12:32.497	07:15	11:40	10K50-59F	21/25	F	124/165	COCHRANE, AB
306/346	CHAU, KYLE	786	1:14:51.620	07:29	12:03	10K20-29M	31/31	M	172/181	CALGARY, AB
15/346	CHONGTHAM, EDDIE	565	39:38.409	03:57	06:22	10K40-49M	3/41	M	13/181	CALGARY, AB
10/346	CLARK, MATTHEW	566	38:54.189	03:53	06:15	10K40-49M	1/41	M	8/181	CALGARY, AB
198/346	CLIFFORD, WES	568	1:00:11.062	06:01	09:41	10K60-69M	13/19	M	126/181	AIRDRIE, SK

St. Patricks Day Run Mar.17/2024 - 10K/5K

Alpha Overall Results

10K - 6.21 Miles

346 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
119/346	COLBERT, PETER	569	52:56.394	05:17	08:31	10K30-39M	27/50	M	81/181	CALGARY, AB
175/346	COLE, AMANDA	570	57:48.724	05:46	09:18	10K40-49F	18/54	F	60/165	CALGARY, AB
267/346	COLEMAN, CASSANDRA	571	1:07:52.117	06:47	10:55	10K30-39F	27/42	F	107/165	CALGARY, AB
215/346	COLLIS, JENNIFER	866	1:01:42.043	06:10	09:56	10K40-49F	26/54	F	78/165	CALGARY, AB
329/346	COMEAU, CHERYL	572	1:22:07.800	08:12	13:13	10K50-59F	24/25	F	151/165	AIRDRIE, AB
317/346	CONNORS, JESSICA	839	1:18:23.350	07:50	12:37	10K30-39F	39/42	F	143/165	CALGARY, AB
331/346	CRABBE, SARAH	822	1:23:49.799	08:22	13:29	10K40-49F	47/54	F	153/165	CALGARY, AB
132/346	CROSWELL, JORDAN	573	54:21.470	05:26	08:45	10K30-39M	30/50	M	90/181	CALGARY, AB
6/346	CROTHERS, BENNETT	853	37:52.801	03:47	06:05	10K20-29M	2/31	M	5/181	EDMONTON, AB
224/346	CUNNING, JEFFERY	840	1:02:02.526	06:12	09:59	10K40-49M	27/41	M	142/181	LANGDON, AB
21/346	CURRIE, ANNA	574	40:44.853	04:04	06:33	10K30-39F	2/42	F	3/165	CALGARY, AB
282/346	DART, IRINA	575	1:10:50.616	07:05	11:24	10K50-59F	19/25	F	119/165	CALGARY, AB
83/346	DAVIDSON, DAVID	576	48:26.258	04:50	07:47	10K60-69M	6/19	M	66/181	CALGARY, AB
207/346	DEAR, DARRYL	577	1:00:49.685	06:04	09:47	10K40-49M	24/41	M	132/181	OLDS, AB
146/346	DEARBORN, DAVE	578	55:49.172	05:34	08:59	10K60-69M	10/19	M	97/181	CALGARY, AB
289/346	DEKKER, DAN	888	1:11:26.732	07:08	11:30	10K40-49M	34/41	M	166/181	EDMONTON, AB
179/346	DELONG, JASON	579	58:37.638	05:51	09:26	10K20-29M	22/31	M	118/181	CALGARY, AB
176/346	DIAS, ANNABEL	581	58:00.865	05:48	09:20	10K40-49F	19/54	F	61/165	CALGARY, AB
117/346	DIAS, MARK	582	52:46.644	05:16	08:29	10K50-59M	11/30	M	79/181	CALGARY, AB
84/346	DIETRICH, NICK	584	48:32.141	04:51	07:48	10K20-29M	15/31	M	67/181	TORONTO, ON
86/346	DIETRICH, STUART	585	48:38.634	04:51	07:49	10K20-29M	16/31	M	68/181	TORONTO, ON
229/346	DORIS, RICHARD	868	1:02:35.666	06:15	10:04	10K30-39M	46/50	M	145/181	CALGARY, AB
315/346	DOS SANTOS SOARES, JESSICA	587	1:16:45.126	07:40	12:21	10K20-29F	23/24	F	141/165	CALGARY, AB
261/346	DOUCET, JOHANNE	588	1:07:27.859	06:44	10:51	10K50-59F	15/25	F	102/165	CALGARY, AB
322/346	DOWELL, LOUISE	589	1:19:05.093	07:54	12:44	10K40-49F	46/54	F	148/165	OKOTOKS, AB
241/346	DRAPER, IAN	591	1:04:10.589	06:25	10:20	10K50-59M	23/30	M	150/181	CALGARY, AB
197/346	DRIEDGER, HENRY	593	1:00:07.638	06:00	09:40	10K70-79M	4/5	M	125/181	CALGARY, AB
156/346	DUBE, KIRA	594	56:31.289	05:39	09:06	10K20-29F	8/24	F	53/165	CALGARY, AB
209/346	DUBEY, VRIDHI	595	1:00:58.193	06:05	09:49	10K20-29F	13/24	F	76/165	CALGARY, AB
70/346	DUCEY, MARK	841	47:33.151	04:45	07:39	10K40-49M	12/41	M	57/181	CALGARY, AB
95/346	DUFFIELD, HILDA	893	50:23.191	05:02	08:06	10K60-69F	3/14	F	24/165	CALGARY, AB
30/346	DUGGAN, PETER	882	42:19.542	04:13	06:48	10K50-59M	2/30	M	26/181	CALGARY, AB
82/346	DUGGAN, SUSAN	883	48:26.001	04:50	07:47	10K50-59F	2/25	F	17/165	CALGARY, AB
195/346	DUNN, JESSICA	596	59:58.825	05:59	09:39	10K40-49F	24/54	F	72/165	CALGARY, AB
106/346	DUNNE, EOIN	869	51:30.636	05:09	08:17	10K40-49M	16/41	M	75/181	CALGARY, AB
7/346	DYCK, AVA	834	37:58.192	03:47	06:06	10K19&UF	1/4	F	2/165	CALGARY, AB
253/346	DYCK, NICOLE	787	1:05:53.880	06:35	10:36	10K20-29F	17/24	F	98/165	CALGARY, AB
58/346	DYMENT, GEOFF	597	46:38.777	04:39	07:30	10K40-49M	10/41	M	46/181	CALGARY, AB
230/346	ELLIOTT, JUDITH	598	1:02:46.728	06:16	10:06	10K60-69F	6/14	F	85/165	CALGARY, AB
20/346	EMMER, NIKOLAS	599	40:32.829	04:03	06:31	10K30-39M	9/50	M	18/181	CALGARY, AB
164/346	ERFLE, SHANNON	600	56:55.476	05:41	09:09	10K40-49F	16/54	F	57/165	CALGARY, AB
281/346	ESAU, STEPHANIE	601	1:10:43.349	07:04	11:23	10K30-39F	30/42	F	118/165	CALGARY, AB
147/346	ESCHE, VERENA	602	55:51.774	05:35	08:59	10K40-49F	13/54	F	50/165	CALGARY, AB
32/346	EVERETT, BREANNE	870	42:20.897	04:14	06:49	10K30-39F	4/42	F	5/165	CALGARY, AB
311/346	FAIRBOURN, LILLIAN	603	1:15:46.910	07:34	12:12	10K70-79F	2/2	F	138/165	CALGARY, AB
2/346	FAWCETT, MATTHIEU	604	35:28.573	03:32	05:42	10K20-29M	1/31	M	2/181	CALGARY, AB
263/346	FERGUSON, BARBARA	605	1:07:48.531	06:46	10:55	10K60-69F	9/14	F	104/165	CALGARY, AB
214/346	FERGUSON, ERIC	606	1:01:33.584	06:09	09:54	10K20-29M	27/31	M	137/181	CALGARY, AB
210/346	FESER, NOLAN	788	1:01:17.482	06:07	09:52	10K20-29M	24/31	M	134/181	CALGARY, AB
319/346	FITZOWICH, KATHY	607	1:18:37.369	07:51	12:39	10K60-69F	10/14	F	145/165	CALGARY, AB
284/346	FLEMING, JASON	608	1:10:50.757	07:05	11:24	10K40-49M	33/41	M	165/181	CALGARY, AB
244/346	FOLTINEK, MELISSA	610	1:04:40.587	06:28	10:24	10K40-49F	29/54	F	92/165	CALGARY, AB
255/346	FORSTER, KAREN	611	1:06:18.157	06:37	10:40	10K60-69F	8/14	F	99/165	CALGARY, AB
133/346	FRAIL, NEIL	612	54:21.633	05:26	08:45	10K30-39M	31/50	M	91/181	CALGARY, AB
137/346	FUCHS, LEAH	884	55:10.712	05:31	08:53	10K40-49F	12/54	F	44/165	AIRDRIE, AB
43/346	FUELLAS, EMMANUEL	789	45:05.169	04:30	07:15	10K30-39M	15/50	M	37/181	CALGARY, AB
193/346	GALLANT, JEFF	854	59:49.320	05:58	09:37	10K30-39M	42/50	M	123/181	CALGARY, AB

Alpha Overall Results

10K - 6.21 Miles

346 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
65/346	GAMBLE, MARGARET	614	46:54.035	04:41	07:33	10K60-69F	2/14	F	13/165	CALGARY, AB
277/346	GARDNER, AMY	842	1:09:30.764	06:57	11:11	10K20-29F	20/24	F	115/165	CALGARY, AB
190/346	GARTON, JEREMY	823	59:16.873	05:55	09:32	10K40-49M	23/41	M	122/181	CALGARY, AB
108/346	GAUDIO, RICK	617	51:51.027	05:11	08:20	10K50-59M	10/30	M	76/181	CALGARY, AB
3/346	GAULARD, ANTHONY	855	36:48.070	03:40	05:55	10K30-39M	2/50	M	3/181	CALGARY, AB
343/346	GILL, AMANDEEP	619	1:41:10.910	10:07	16:17	10K30-39F	42/42	F	162/165	CHESTERMERE, AB
126/346	GILLESPIE, RYAN	620	53:50.674	05:23	08:40	10K20-29M	18/31	M	85/181	CALGARY, AB
260/346	GILLI, DAVIDE	824	1:07:16.446	06:43	10:49	10K30-39M	48/50	M	159/181	CALGARY, AB
25/346	GOULD, CAITLYN	900	41:43.281	04:10	06:43	10K30-39F	3/42	F	4/165	CALGARY, AB
292/346	GRANT, EMILY	790	1:12:43.606	07:16	11:42	10K20-29F	21/24	F	125/165	CALGARY, AB
113/346	GRAY, DONNA	621	52:23.605	05:14	08:26	10K40-49F	8/54	F	36/165	CALGARY, AB
142/346	GRIFFITHS, MARK	622	55:36.517	05:33	08:57	10K50-59M	13/30	M	95/181	BRAGG CREEK, AB
41/346	HAIGH, JAMES	825	45:01.513	04:30	07:15	10K60-69M	3/19	M	35/181	CALGARY, AB
340/346	HANEY, KEVIN	623	1:34:48.369	09:28	15:16	10K40-49M	41/41	M	181/181	LETHBRIDGE, AB
145/346	HANSON, LEE	624	55:48.236	05:34	08:59	10K50-59M	14/30	M	96/181	CALGARY, AB
71/346	HAO, SYLVIA	625	47:35.635	04:45	07:39	10K30-39F	9/42	F	14/165	CALGARY, AB
334/346	HARRIS, MARGARET	626	1:25:45.240	08:34	13:48	10K60-69F	12/14	F	155/165	CALGARY, AB
107/346	HART, CHELSEY	627	51:45.097	05:10	08:20	10K30-39F	15/42	F	32/165	AIRDRIE, AB
157/346	HARVEY, AARON	628	56:31.664	05:39	09:06	10K50-59M	17/30	M	104/181	CALGARY, AB
80/346	HARVEY, ROBERT	629	48:17.845	04:49	07:46	10K20-29M	14/31	M	64/181	CALGARY, AB
118/346	HASSALL, BRYCE	630	52:49.315	05:16	08:30	10K20-29M	17/31	M	80/181	CALGARY, AB
271/346	HAUGHEY, ROISIN	631	1:09:12.999	06:55	11:08	10K40-49F	34/54	F	111/165	CALGARY, AB
274/346	HEFFERNAN, DENISE	632	1:09:15.647	06:55	11:09	10K30-39F	29/42	F	113/165	CALGARY, AB
302/346	HEFFERNAN, MATT	633	1:13:50.895	07:23	11:53	10K40-49M	38/41	M	171/181	CALGARY, AB
297/346	HEGION, SHELLEY	634	1:13:34.067	07:21	11:50	10K40-49F	39/54	F	128/165	CALGARY, AB
227/346	HENDRICKSON, SUSAN	791	1:02:22.681	06:14	10:02	10K50-59F	11/25	F	83/165	CALGARY, AB
44/346	HERLE, NEIL	635	45:05.451	04:30	07:15	10K50-59M	4/30	M	38/181	CALGARY, AB
188/346	HERNANDEZ, EZEQUIEL	792	58:58.053	05:53	09:29	10K30-39M	41/50	M	121/181	CALGARY, AB
98/346	HIGGINS, ESTHER	636	50:30.850	05:03	08:08	10K30-39F	13/42	F	27/165	CALGARY, AB
208/346	HILLIER, BRETT	637	1:00:50.154	06:05	09:47	10K40-49M	25/41	M	133/181	AIRDRIE, AB
184/346	HILLIER, MELANIE	638	58:44.037	05:52	09:27	10K40-49F	20/54	F	64/165	AIRDRIE, AB
61/346	HINKS, DARREN	639	46:44.801	04:40	07:31	10K40-49M	11/41	M	49/181	CALGARY, AB
37/346	HOGAN, MARK	873	44:34.817	04:27	07:10	10K40-49M	8/41	M	32/181	CALGARY, AB
63/346	HOGG, CHRIS	640	46:45.878	04:40	07:31	10K30-39M	18/50	M	51/181	CALGARY, AB
345/346	HOPKINS, DAWN	641	1:46:38.402	10:39	17:10	10K60-69F	14/14	F	164/165	CALGARY, AB
335/346	HOPWOOD-JONES, DEBBIE	642	1:26:51.705	08:41	13:59	10K60-69F	13/14	F	156/165	CALGARY, AB
165/346	HOWARD, GRAHAM	793	57:02.414	05:42	09:11	10K30-39M	35/50	M	108/181	CALGARY, AB
301/346	HUVENAARS, SUSAN	643	1:13:38.613	07:21	11:51	10K50-59F	22/25	F	131/165	CALGARY, AB
178/346	HYDE, TRISTAN	794	58:27.702	05:50	09:24	10K30-39M	40/50	M	117/181	CALGARY, AB
240/346	ILANGO VAN, AISHWARYA	898	1:04:07.282	06:24	10:19	10K20-29F	15/24	F	91/165	CALGARY, AB
346/346	JACKSON, BRANDY	644	1:46:39.833	10:39	17:10	10K40-49F	54/54	F	165/165	CALGARY, AB
206/346	JANZEN, MARK	645	1:00:45.584	06:04	09:47	10K50-59M	21/30	M	131/181	CALGARY, AB
249/346	JENSEN, BOB	646	1:05:44.539	06:34	10:35	10K60-69M	16/19	M	153/181	CALGARY, AB
181/346	JESSEY, MARY	647	58:40.029	05:52	09:26	10K50-59F	6/25	F	63/165	CALGARY, AB
182/346	JESSEY, RYAN	648	58:40.030	05:52	09:26	10K20-29M	23/31	M	119/181	CALGARY, AB
100/346	JOHANNSON, KERRI	874	50:49.669	05:04	08:11	10K40-49F	6/54	F	29/165	CALGARY, AB
264/346	JOHN, WESLEY	649	1:07:50.312	06:47	10:55	10K50-59M	27/30	M	160/181	CALGARY, AB
307/346	JOHNSON, STACY	650	1:15:01.253	07:30	12:04	10K40-49F	41/54	F	135/165	CALGARY, AB
312/346	JOHNSTON, ROB	651	1:15:49.886	07:34	12:12	10K30-39M	49/50	M	174/181	CALGARY, AB
60/346	JONES, KIM	652	46:44.098	04:40	07:31	10K50-59M	7/30	M	48/181	CALGARY, AB
191/346	JOYCE, SYDNEY	889	59:19.217	05:55	09:33	10K20-29F	11/24	F	69/165	DODSLAND, SK
309/346	KANSKI, AUDRA	795	1:15:27.410	07:32	12:09	10K40-49F	42/54	F	137/165	CALGARY, AB
42/346	KASSAM, IZMIR	653	45:04.677	04:30	07:15	10K19&UM	1/4	M	36/181	CALGARY, AB
49/346	KEAVENY, CONOR	796	45:47.309	04:34	07:22	10K20-29M	8/31	M	42/181	CALGARY, AB
88/346	KELLEWAY, SERENA	654	49:29.492	04:56	07:58	10K30-39F	11/42	F	20/165	OKOTOKS, AB
168/346	KIRBY, PATRICK	797	57:34.640	05:45	09:16	10K30-39M	37/50	M	111/181	DIAMOND VALLEY, AB
342/346	KIRSCH, JULIE	655	1:40:28.536	10:02	16:10	10K40-49F	52/54	F	161/165	CALGARY, AB

St. Patricks Day Run Mar.17/2024 - 10K/5K

Alpha Overall Results

10K - 6.21 Miles

346 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
1/346	KITTERIDGE, JESSE	875	34:07.948	03:24	05:29	10K30-39M	1/50	M	1/181	BANFF, AB
5/346	KLASSEN, LEANNE	894	37:39.443	03:45	06:03	10K30-39F	1/42	F	1/165	CALGARY, AB
192/346	KOSTER, AMBER	657	59:35.576	05:57	09:35	10K40-49F	23/54	F	70/165	CALGARY, AB
186/346	KOVTONIUK, SVITLANA	658	58:46.170	05:52	09:27	10K40-49F	22/54	F	66/165	CALGARY, AB
24/346	KROLL, DANNY	659	41:29.011	04:08	06:40	10K40-49M	5/41	M	21/181	CALGARY, AB
138/346	KUEHLER, ANDREW	660	55:15.821	05:31	08:53	10K30-39M	33/50	M	94/181	CALGARY, AB
234/346	KULCSAR, ED	661	1:03:03.744	06:18	10:09	10K60-69M	15/19	M	147/181	COCHRANE, AB
276/346	LABBY, ALEXANDRIA	835	1:09:30.038	06:57	11:11	10K20-29F	19/24	F	114/165	CALGARY, AB
202/346	LABBY, BRYAN	826	1:00:28.802	06:02	09:44	10K50-59M	19/30	M	127/181	CALGARY, AB
201/346	LABBY, SOPHIA	827	1:00:26.904	06:02	09:44	10K20-29F	12/24	F	75/165	CALGARY, AB
78/346	LAGACE, PHILIPPE	663	48:08.400	04:48	07:45	10K40-49M	13/41	M	62/181	CALGARY, AB
73/346	LAHRING, GRANT	798	47:49.156	04:46	07:42	10K30-39M	20/50	M	58/181	CALGARY, AB
123/346	LAJOIE, MIKE	664	53:35.253	05:21	08:37	10K50-59M	12/30	M	83/181	OKOTOKS, AB
127/346	LANGLOIS, PAUL	665	53:50.984	05:23	08:40	10K30-39M	28/50	M	86/181	CALGARY, AB
330/346	LARSON, BRENDA	666	1:22:18.802	08:13	13:15	10K50-59F	25/25	F	152/165	CALGARY, AB
283/346	LE, JOHN	667	1:10:50.732	07:05	11:24	10K60-69M	18/19	M	164/181	CALGARY, AB
121/346	LEE, ANNA	668	53:20.723	05:20	08:35	10K40-49F	10/54	F	39/165	CALGARY, AB
148/346	LEE, DON	828	55:52.056	05:35	08:59	10K70-79M	3/5	M	98/181	CALGARY, AB
228/346	LEIGH, KORI	669	1:02:27.768	06:14	10:03	10K40-49F	27/54	F	84/165	CALGARY, AB
286/346	LESTER, LARISSA	671	1:10:55.443	07:05	11:25	10K30-39F	31/42	F	121/165	CALGARY, AB
124/346	LIM, SU-CHONG	674	53:43.573	05:22	08:39	10K70-79M	2/5	M	84/181	CALGARY, AB
221/346	LINGRAN, LI	672	1:01:53.269	06:11	09:57	10K30-39F	23/42	F	82/165	CALGARY, AB
23/346	LJA, ROB	876	41:09.508	04:06	06:37	10K30-39M	11/50	M	20/181	COALDALE, AB
200/346	LOKANC, SABINA	676	1:00:26.154	06:02	09:43	10K50-59F	9/25	F	74/165	CALGARY, AB
275/346	LONG, RICHARD	677	1:09:24.601	06:56	11:10	10K60-69M	17/19	M	162/181	CALGARY, AB
257/346	LUCAS, PIP	678	1:06:35.267	06:39	10:43	10K30-39M	47/50	M	157/181	CALGARY, AB
268/346	LÓPEZ, GIOVANA	885	1:08:21.812	06:50	11:00	10K40-49F	33/54	F	108/165	CALGARY, AB
19/346	MACISAAC, DONALD	829	40:28.516	04:02	06:31	10K30-39M	8/50	M	17/181	CALGARY, AB
246/346	MACVICAR, MARGARET	680	1:05:21.345	06:32	10:31	10K60-69F	7/14	F	94/165	CALGARY, AB
213/346	MAINVILLE, MELANIE	681	1:01:22.591	06:08	09:53	10K40-49F	25/54	F	77/165	CHESTERMERE, AB
74/346	MANZANO ISLAS, RENE	799	47:49.860	04:46	07:42	10K30-39M	21/50	M	59/181	CALGARY, AB
153/346	MARDESIC, MIKE	683	56:22.101	05:38	09:04	10K50-59M	16/30	M	101/181	CALGARY, AB
262/346	MARTINEZ, MANU	684	1:07:27.931	06:44	10:51	10K20-29F	18/24	F	103/165	CALGARY, AB
13/346	MARTINSON, ADAM	685	39:11.314	03:55	06:18	10K30-39M	7/50	M	11/181	CALGARY, AB
235/346	MAXWELL, STEPHANIE	687	1:03:20.572	06:20	10:12	10K40-49F	28/54	F	88/165	CALGARY, AB
341/346	MBADUGHA, IFY	688	1:39:41.240	09:58	16:03	10K40-49F	51/54	F	160/165	CALGARY, AB
189/346	MCCOLL, KATRIONA	689	59:08.506	05:54	09:31	10K20-29F	10/24	F	68/165	CALGARY, AB
28/346	MCFADDEN, LIAM	690	42:15.344	04:13	06:48	10K40-49M	7/41	M	24/181	CALGARY, AB
171/346	MCINNIS, GERARD	691	57:42.138	05:46	09:17	10K60-69M	11/19	M	113/181	CALGARY, AB
285/346	MCKAIN, AMBER	692	1:10:52.279	07:05	11:24	10K40-49F	37/54	F	120/165	CALGARY, AB
150/346	MCKINNON, BONNIE	886	56:07.571	05:36	09:02	10K40-49F	14/54	F	51/165	CALGARY, AB
62/346	MCLEAN, TY	800	46:45.316	04:40	07:31	10K20-29M	10/31	M	50/181	CALGARY, AB
205/346	MCLELLAN, LOCHLIN	836	1:00:44.060	06:04	09:46	10K50-59M	20/30	M	130/181	CALGARY, AB
22/346	MCNAUGHT, PATRICK	897	40:47.780	04:04	06:34	10K30-39M	10/50	M	19/181	CALGARY, AB
256/346	MEGLIOLA, DENISE	693	1:06:27.531	06:38	10:42	10K50-59F	14/25	F	100/165	CALGARY, AB
169/346	MELLOR, CRISTI	694	57:38.906	05:45	09:16	10K40-49F	17/54	F	58/165	CALGARY, AB
56/346	MELTZER, REBECCA	696	46:20.121	04:38	07:27	10K30-39F	8/42	F	12/165	CALGARY, AB
278/346	MILLER, GERRY	903	1:09:31.796	06:57	11:11	10K80+M	1/1	M	163/181	CALGARY, AB
38/346	MOLITOR, RANDY	697	44:36.200	04:27	07:10	10K60-69M	2/19	M	33/181	AIRDRIE, AB
45/346	MOLONEY, ENDA	902	45:10.582	04:31	07:16	10K30-39M	16/50	M	39/181	CALGARY, AB
183/346	MOODY, KIM G C	698	58:40.245	05:52	09:26	10K50-59M	18/30	M	120/181	CALGARY, AB
174/346	MOORE, DONNA	699	57:47.435	05:46	09:18	10K60-69F	4/14	F	59/165	AIRDRIE, AB
204/346	MORIN, JOE	700	1:00:42.513	06:04	09:46	10K70-79M	5/5	M	129/181	CALGARY, AB
52/346	MULLIGAN, ZITA	701	45:59.403	04:35	07:24	10K60-69F	1/14	F	9/165	CALGARY, AB
266/346	MURPHY, AMANDA	702	1:07:52.093	06:47	10:55	10K40-49F	32/54	F	106/165	CALGARY, AB
16/346	MURPHY, KYLE	703	39:52.963	03:59	06:25	10K40-49M	4/41	M	14/181	CALGARY, AB
40/346	MURRAY, LOGAN	704	44:55.490	04:29	07:14	10K30-39F	5/42	F	6/165	CALGARY, AB

St. Patricks Day Run Mar.17/2024 - 10K/5K

Alpha Overall Results

10K - 6.21 Miles

346 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
166/346	MYLES, TYLER	705	57:20.532	05:44	09:14	10K40-49M	21/41	M	109/181	CALGARY, AB
89/346	NAOUSSI, VANESSA	706	49:37.601	04:57	07:59	10K20-29F	1/24	F	21/165	CALGARY, AB
160/346	NEWITT, JODI	707	56:48.165	05:40	09:08	10K50-59F	5/25	F	55/165	CALGARY, AB
212/346	NICHOLSON, BRODIE	708	1:01:19.122	06:07	09:52	10K20-29M	26/31	M	136/181	CALGARY, AB
237/346	NICHOLSON, DEZMAN	709	1:03:30.417	06:21	10:13	10K20-29M	28/31	M	148/181	CALGARY, AB
242/346	NICHOLSON, JEFF	710	1:04:31.401	06:27	10:23	10K50-59M	24/30	M	151/181	CALGARY, AB
269/346	NICHOLSON, LAUREL	711	1:08:36.132	06:51	11:02	10K50-59F	17/25	F	109/165	CALGARY, AB
161/346	NIELSEN, BRAD	712	56:48.586	05:40	09:08	10K40-49M	20/41	M	106/181	CALGARY, AB
91/346	NOLASCO, JEFF	801	50:00.850	05:00	08:03	10K30-39M	25/50	M	70/181	CALGARY, AB
111/346	OLIVER, CHRIS	713	51:57.895	05:11	08:22	10K40-49M	17/41	M	77/181	AIRDRIE, AB
326/346	ORR, ROB	714	1:21:00.263	08:06	13:02	10K50-59M	29/30	M	177/181	CALGARY, AB
173/346	OVEREND, WILL	715	57:46.311	05:46	09:18	10K60-69M	12/19	M	115/181	CALGARY, AB
259/346	PACHECO E., NIZA	843	1:07:04.728	06:42	10:48	10K40-49F	31/54	F	101/165	CALGARY, AB
75/346	PAGEAU, ISABELLE	716	47:53.893	04:47	07:42	10K40-49F	3/54	F	16/165	CALGARY, AB
93/346	PANNU, GURSHER	717	50:11.468	05:01	08:04	10K40-49M	14/41	M	71/181	CALGARY, AB
238/346	PARSONS, JOHN	718	1:03:36.487	06:21	10:14	10K40-49M	30/41	M	149/181	CALGARY, AB
94/346	PAUL, AMANDA	719	50:21.874	05:02	08:06	10K20-29F	2/24	F	23/165	CALGARY, AB
222/346	PAVLOVIC, DARIO	844	1:01:54.441	06:11	09:58	10K30-39M	45/50	M	140/181	CALGARY, AB
273/346	PENNER, ROSEANNE	720	1:09:13.799	06:55	11:08	10K50-59F	18/25	F	112/165	CALGARY, AB
245/346	PETRUCCI, ASHLEE	721	1:04:41.782	06:28	10:25	10K40-49F	30/54	F	93/165	CALGARY, AB
54/346	PINDER, ERIN	722	46:16.746	04:37	07:27	10K40-49F	1/54	F	11/165	LETHBRIDGE, AB
29/346	PLETT, RYAN	723	42:19.422	04:13	06:48	10K20-29M	5/31	M	25/181	CALGARY, AB
170/346	POLLARD, ANDRE	856	57:41.060	05:46	09:17	10K30-39M	38/50	M	112/181	CALGARY, AB
163/346	POPE, DAVID	802	56:50.531	05:41	09:09	10K30-39M	34/50	M	107/181	CALGARY, AB
67/346	PORRAS, KEVIN	724	47:13.465	04:43	07:36	10K20-29M	11/31	M	54/181	CALGARY, AB
225/346	PORRAS, MARS	845	1:02:19.770	06:13	10:02	10K50-59M	22/30	M	143/181	CALGARY, AB
280/346	PURVES-SMITH, ADELE	725	1:10:29.943	07:02	11:21	10K40-49F	36/54	F	117/165	CALGARY, AB
66/346	RICHARDSON, JERRY	830	47:08.871	04:42	07:35	10K60-69M	5/19	M	53/181	CALGARY, AB
219/346	RICHARDSON, KAYLA	890	1:01:50.011	06:11	09:57	10K30-39F	22/42	F	80/165	CALGARY, AB
250/346	RIEDIGER, COLBY	803	1:05:47.337	06:34	10:35	10K20-29M	29/31	M	154/181	CALGARY, AB
223/346	RIEDIGER, DARRYL	726	1:01:55.602	06:11	09:58	10K60-69M	14/19	M	141/181	CALGARY, AB
180/346	RITCHIE, ELLA	727	58:39.656	05:51	09:26	10K20-29F	9/24	F	62/165	CALGARY, AB
328/346	ROBERTSON, OLIVER	846	1:21:37.716	08:09	13:08	10K19&UM	4/4	M	178/181	CALGARY, AB
96/346	ROBISON, CASEY	901	50:23.889	05:02	08:06	10K30-39F	12/42	F	25/165	CALGARY, AB
310/346	ROCHE, KEITH	729	1:15:40.512	07:34	12:11	10K40-49M	39/41	M	173/181	CALGARY, AB
199/346	RODGER, ANNE	730	1:00:14.153	06:01	09:41	10K60-69F	5/14	F	73/165	CALGARY, AB
136/346	RODRIGUE, MATTHEW	731	55:03.563	05:30	08:51	10K30-39M	32/50	M	93/181	CALGARY, AB
34/346	RODRIGUEZ, LUIS	732	44:06.459	04:24	07:06	10K30-39M	13/50	M	29/181	CALGARY, AB
154/346	ROLICK, ALEX	804	56:24.515	05:38	09:05	10K20-29M	20/31	M	102/181	CALGARY, AB
112/346	ROWLANDS, MARGARET	733	51:58.668	05:11	08:22	10K50-59F	3/25	F	35/165	CALGARY, AB
308/346	ROZITIS, ASYA	734	1:15:10.676	07:31	12:06	10K30-39F	37/42	F	136/165	CALGARY, AB
333/346	RULLER, KEN	735	1:24:41.722	08:28	13:38	10K60-69M	19/19	M	179/181	CALGARY, AB
134/346	RUPPEL, ALYSSA MARIE	877	54:25.735	05:26	08:45	10K19&UF	4/4	F	43/165	CALGARY, AB
239/346	RUSSELL, BRANDI-LEA	806	1:03:41.455	06:22	10:15	10K30-39F	24/42	F	90/165	CALGARY, AB
236/346	RUTLEDGE, CHRISTINE	878	1:03:23.290	06:20	10:12	10K50-59F	13/25	F	89/165	CALGARY, AB
90/346	SABELLA, VINCENZO	831	49:46.976	04:58	08:00	10K30-39M	24/50	M	69/181	CALGARY, AB
305/346	SALAZAR, PAOLA	895	1:14:39.419	07:27	12:01	10K30-39F	36/42	F	134/165	CALGARY, AB
120/346	SARETSKY, THOMAS	736	53:16.457	05:19	08:34	10K60-69M	8/19	M	82/181	CALGARY, AB
152/346	SARGIOUS, PETER	807	56:17.813	05:37	09:03	10K50-59M	15/30	M	100/181	CALGARY, AB
102/346	SAUKS, JENNIFER	847	51:11.535	05:07	08:14	10K30-39F	14/42	F	30/165	CALGARY, AB
26/346	SAUKS, WINSTON	848	41:46.655	04:10	06:43	10K30-39M	12/50	M	22/181	CALGARY, AB
17/346	SAUNDERS, STEVE	737	39:54.157	03:59	06:25	10K50-59M	1/30	M	15/181	CALGARY, AB
254/346	SCHNEIDER, DALE	738	1:06:03.954	06:36	10:38	10K50-59M	26/30	M	156/181	CALGARY, AB
252/346	SCHONEWILLE, EMILY	739	1:05:52.868	06:35	10:36	10K20-29F	16/24	F	97/165	LACOMBE, AB
251/346	SCHONEWILLE, OWEN	740	1:05:52.633	06:35	10:36	10K20-29M	30/31	M	155/181	LACOMBE, AB
203/346	SETTLER, MICHAEL	742	1:00:31.170	06:03	09:44	10K30-39M	44/50	M	128/181	CALGARY, AB
149/346	SHAN, JAMES	899	56:04.618	05:36	09:01	10K20-29M	19/31	M	99/181	CALGARY, AB

St. Patricks Day Run Mar.17/2024 - 10K/5K

Alpha Overall Results

10K - 6.21 Miles

346 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
226/346	SHAND, TRAVIS	743	1:02:19.776	06:13	10:02	10K40-49M	28/41	M	144/181	CALGARY, AB
321/346	SHAW, SUSANA	744	1:18:48.898	07:52	12:41	10K50-59F	23/25	F	147/165	CALGARY, AB
344/346	SIDHU, BABLEY	745	1:41:11.262	10:07	16:17	10K40-49F	53/54	F	163/165	CALGARY, AB
31/346	SINEX, BRAD	746	42:20.381	04:14	06:49	10K50-59M	3/30	M	27/181	CALGARY, AB
247/346	SIRANGELO, FABIANA	747	1:05:39.400	06:33	10:34	10K30-39F	25/42	F	95/165	CALGARY, AB
187/346	SMILAR, SHERRY	748	58:52.710	05:53	09:28	10K50-59F	7/25	F	67/165	CALGARY, AB
50/346	SMIT, THEO	749	45:48.012	04:34	07:22	10K50-59M	5/30	M	43/181	CALGARY, AB
143/346	SMITH, NICOLE	808	55:40.383	05:34	08:57	10K30-39F	19/42	F	48/165	CALGARY, AB
14/346	SOBEY, BRAD	750	39:29.173	03:56	06:21	10K40-49M	2/41	M	12/181	CALGARY, AB
135/346	ST-LOUIS, J-C	751	54:49.852	05:28	08:49	10K60-69M	9/19	M	92/181	ROCKY VIEW COUNTY, AB
293/346	STAN, AMANDA	752	1:12:52.584	07:17	11:44	10K30-39F	33/42	F	126/165	CALGARY, AB
294/346	STAN, MIHAI	753	1:12:53.310	07:17	11:44	10K40-49M	36/41	M	168/181	CALGARY, AB
131/346	STANG, RYAN	879	54:20.931	05:26	08:45	10K40-49M	18/41	M	89/181	CALGARY, AB
12/346	STEEL, ADAM	809	39:00.698	03:54	06:16	10K20-29M	3/31	M	10/181	CALGARY, AB
318/346	STEVENS, EMMA	810	1:18:26.585	07:50	12:37	10K30-39F	40/42	F	144/165	CALGARY, AB
139/346	STEWART, JAYNE	754	55:31.431	05:33	08:56	10K50-59F	4/25	F	45/165	COCHRANE, AB
97/346	STONES, CATHY	755	50:30.710	05:03	08:08	10K40-49F	5/54	F	26/165	CALGARY, AB
57/346	SUDLOW, KIERAN	857	46:35.733	04:39	07:30	10K20-29M	9/31	M	45/181	CALGARY, AB
116/346	SUDLOW, TANIS	811	52:37.766	05:15	08:28	10K20-29F	5/24	F	38/165	CALGARY, AB
162/346	SUTTER, OLIVIA	812	56:50.419	05:41	09:09	10K30-39F	21/42	F	56/165	CALGARY, AB
287/346	SYKES, MICHELLE	756	1:11:08.169	07:06	11:27	10K30-39F	32/42	F	122/165	CHESTERMERE, AB
9/346	TARDIO CANITO, ADRIAN	757	38:52.729	03:53	06:15	10K30-39M	5/50	M	7/181	CALGARY, AB
172/346	TAYLOR, BEN	880	57:45.342	05:46	09:18	10K30-39M	39/50	M	114/181	CALGARY, AB
128/346	TEBBS, HAYDEN	858	54:09.565	05:24	08:43	10K19&UM	2/4	M	87/181	CALGARY, AB
316/346	THOMPSON, JEN	896	1:18:23.117	07:50	12:37	10K40-49F	44/54	F	142/165	CALGARY, AB
233/346	THORNBOROUGH, DOUG	759	1:02:54.087	06:17	10:07	10K40-49M	29/41	M	146/181	CALGARY, AB
295/346	TIEDEMANN, ANDREAS	760	1:12:55.021	07:17	11:44	10K40-49M	37/41	M	169/181	CALGARY, AB
320/346	TONON, PAULA	761	1:18:48.148	07:52	12:41	10K40-49F	45/54	F	146/165	CALGARY, AB
35/346	TREMBLAY, MATHIEU	813	44:08.474	04:24	07:06	10K30-39M	14/50	M	30/181	CALGARY, AB
122/346	TSOI, TATIANA	814	53:34.855	05:21	08:37	10K30-39F	16/42	F	40/165	CALGARY, AB
85/346	TUCKOVA, HEATHER	762	48:36.359	04:51	07:49	10K40-49F	4/54	F	18/165	LETHBRIDGE, AB
110/346	TYMRICK-PURVIS, DARCIE	763	51:56.723	05:11	08:21	10K40-49F	7/54	F	34/165	CALGARY, AB
338/346	UGWUEGBULA, REACHEL	815	1:31:10.380	09:07	14:40	10K40-49F	49/54	F	158/165	CALGARY, AB
47/346	ULLYOTT, BRETT	859	45:29.872	04:32	07:19	10K30-39M	17/50	M	41/181	CALGARY, AB
114/346	URBANI, LINDSEY	765	52:25.997	05:14	08:26	10K40-49F	9/54	F	37/165	OKOTOKS, AB
104/346	VANGILST, JAMES	766	51:21.004	05:08	08:16	10K70-79M	1/5	M	74/181	FOOTHILLS, AB
218/346	VINJE, TONYA	891	1:01:49.755	06:10	09:57	10K50-59F	10/25	F	79/165	ROCKY VIEW COUNTY, AB
59/346	VOLKOV, SERGEY	767	46:42.644	04:40	07:31	10K50-59M	6/30	M	47/181	CALGARY, AB
194/346	WARNER, SANDY	832	59:58.756	05:59	09:39	10K50-59F	8/25	F	71/165	CALGARY, AB
339/346	WEBSTER, CHELSEA	768	1:31:10.553	09:07	14:40	10K40-49F	50/54	F	159/165	CALGARY, AB
220/346	WENAAS, HAYLEY	816	1:01:50.460	06:11	09:57	10K20-29F	14/24	F	81/165	AIRDRIE, AB
327/346	WHITING, CAROL	769	1:21:31.247	08:09	13:07	10K60-69F	11/14	F	150/165	CALGARY, AB
4/346	WILLIAMS, ANDREW	849	37:32.551	03:45	06:02	10K30-39M	3/50	M	4/181	CALGARY, AB
248/346	WILLIAMS, SHUNA	860	1:05:40.989	06:34	10:34	10K30-39F	26/42	F	96/165	CALGARY, AB
103/346	WILSON, PAUL	770	51:16.974	05:07	08:15	10K40-49M	15/41	M	73/181	CALGARY, AB
323/346	WILTON, TREVOR	771	1:19:16.437	07:55	12:45	10K30-39M	50/50	M	175/181	LACOMBE, AB
92/346	WIPFLI, SOPHIA	772	50:08.586	05:00	08:04	10K19&UF	2/4	F	22/165	CALGARY, AB
177/346	WOLCOTT, JASON	773	58:11.677	05:49	09:22	10K40-49M	22/41	M	116/181	CALGARY, AB
300/346	WONG, ALLAN	774	1:13:36.785	07:21	11:51	10K50-59M	28/30	M	170/181	AIRDRIE, AB
296/346	WONG, LEANNE	775	1:13:20.660	07:20	11:48	10K40-49F	38/54	F	127/165	CALGARY, AB
299/346	WONG, LISA	776	1:13:36.740	07:21	11:51	10K40-49F	40/54	F	130/165	AIRDRIE, AB
81/346	WOOD, CURTIS	850	48:24.665	04:50	07:47	10K30-39M	23/50	M	65/181	CALGARY, AB
68/346	WOOD, HARRISON	833	47:21.878	04:44	07:37	10K20-29M	12/31	M	55/181	CALGARY, AB
27/346	WRIGHTSON, IAN	817	41:47.737	04:10	06:43	10K40-49M	6/41	M	23/181	CALGARY, AB
125/346	WYATT, GEMMA	778	53:45.214	05:22	08:39	10K40-49F	11/54	F	41/165	CALGARY, AB
87/346	XU, XIAO MO MICHEL	779	49:17.539	04:55	07:56	10K30-39F	10/42	F	19/165	CALGARY, AB
53/346	ZAMBRANO, MARIA	780	45:59.521	04:35	07:24	10K50-59F	1/25	F	10/165	CALGARY, AB

Alpha Overall Results

10K - 6.21 Miles

346 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
243/346	ZDRILL, RON	818	1:04:35.526	06:27	10:24	10K50-59M	25/30	M	152/181	CALGARY, AB
8/346	ZEEKANT, ERWIN	892	38:51.759	03:53	06:15	10K30-39M	4/50	M	6/181	CALGARY, AB
130/346	ZHENG, ALAN	881	54:18.469	05:25	08:44	10K30-39M	29/50	M	88/181	CALGARY, AB
314/346	ZYDEK, KATIE	782	1:16:21.390	07:38	12:17	10K40-49F	43/54	F	140/165	CALGARY, AB