St. Patricks Day Run Mar.17/2024 - 10K/5K

Alpha Overall Results

5K - 3.1 Miles

224 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/Pl	Gender	Gen/Pl	City
12/224	ADMUSSEN, RYAN	5630	21:14.812	04:14	06:49	5K40-49M	2/17	M	9/95	CALGARY, AB
201/224	AHMADKHANI, SANA	5413	45:29.391	09:05	14:37	5K20-29F	18/18	F	112/129	CALGARY, AB
123/224	ALLAN, JACKSON	5414	33:12.339	06:38	10:40	5K70-79M	2/3	M	69/95	CALGARY, AB
136/224	AMERO, MADISON	5631	34:04.651	06:48	10:57	5K19&UF	12/16	F	64/129	CALGARY, AB
160/224	ANDERSEN, KRISTINE	5415	35:56.093	07:11	11:33	5K50-59F	10/26	F	83/129	CALGARY, AB
128/224	ANDERSON-RODGERS, SUSAN	5416	33:32.119	06:42	10:46	5K60-69F	5/9	F	59/129	CALGARY, AB
208/224	ARNOLD, CRYSTAL	5605	47:50.461	09:34	15:22	5K40-49F	23/24	F	117/129	CALGARY, AB
169/224	BAGBY, HEATHER	5418	37:42.430	07:32	12:07	5K40-49F	16/24	F	88/129	AIRDRIE, AB
111/224	BAGNALL, PATRICK	5419	31:38.189	06:19	10:10	5K70-79M	1/3	M	64/95	CALGARY, AB
139/224	BAGWELL, PETER	5615	34:13.463	06:50	11:00	5K50-59M	10/13	M	73/95	CALGARY, AB
190/224	BALL, LILA	5420	42:09.028	08:25	13:33	5K20-29F	16/18	F	104/129	CALGARY, AB
8/224	BAYER, AGATHA	5632	20:01.549	04:00	06:26	5K30-39F	1/32	F	2/129	CALGARY, AB
95/224	BEAUDIN, LAURA	5421	30:12.483	06:02	09:42	5K40-49F	3/24	F	37/129	CALGARY, AB
205/224	BELL, KRISTEN	5601	47:07.172	09:25	15:09	5K30-39F	30/32	F	115/129	CALGARY, AB
43/224	BENJAMIN, DAVID	5423	26:13.005	05:14	08:25	5K20-29M	7/13	M	28/95	CALGARY, AB
178/224	BERGLUND, CAROLINE	5616	39:14.842	07:50	12:37	5K50-59F	14/26	F	95/129	CALGARY, AB
175/224	BISHOP, BUZZ	5642	38:47.304	07:45	12:28	5K50-59M	13/13	M	83/95	CALGARY, AB
159/224	BISOGNO, ANTONIA	5655	35:55.789	07:11	11:33	5K19&UF	13/16	F	82/129	ITALY,
61/224	BOEHM, HAILEY	5424	27:18.862	05:27	08:46	5K20-29F	5/18	F	22/129	CALGARY, AB
182/224	BOOTH, GRAHAME	5425	39:39.822	07:55	12:45	5K60-69M	7/8	M	84/95	CALGARY, AB
104/224	BOULANGER, ALICIA	5578	31:03.505	06:12	09:59	5K20-29F	9/18	F	43/129	CALGARY, AB
183/224	BRAGER, NANCY	5426	40:03.140	08:00	12:52	5K70-79F	1/3	F	99/129	CALGARY, AB
37/224	BURNS, JIM	5633	25:01.614	05:00	08:02	5K50-59M	4/13	M	24/95	MONCTON, NB
113/224	BUSH, JAMES	5620	31:48.506	06:21	10:13	5K60-69M	5/8	M	66/95	CALGARY, AB
60/224	CALLAGHAN, DAVID	5617	27:14.526	05:26	08:45	5K40-49M	9/17	M	39/95	CALGARY, AB
189/224	CANN, RAE	5428	41:59.629	08:23	13:30	5K50-59F	18/26	F	103/129	CALGARY, AB
85/224	CAPUTO, CONNIE	5634	29:12.321	05:50	09:23	5K50-59F	4/26	F	31/129	CALGARY, AB
53/224	CASEY, RONAN	5429	26:55.191	05:23	08:39	5K40-49M	8/17	M	35/95	CALGARY, AB
46/224	CHU, ALAN	5430	26:40.637	05:20	08:34	5K40-49M	7/17	M	30/95	CALGARY, AB
176/224	CHU, ELLA	5431	38:49.670	07:45	12:29	5K19&UF	15/16	F	93/129	CALGARY, AB
45/224	CHU, JASPER	5432	26:39.653	05:19	08:34	5K19&UM	2/14	M	29/95	CALGARY, AB
49/224	CLARKIN, ACTON	5434	26:48.722	05:21	08:37	5K30-39M	11/26	M	32/95	CALGARY, AB
212/224	CLEIREN, GHISLAINE	567	51:51.021	10:22	16:40	5K70-79F	3/3	F	121/129	CALGARY, AB
27/224	COOK, JUSTIN	5579	23:12.516	04:38	07:27	5K20-29M	5/13	M	19/95	ROCKY VIEW COUNTY,
4/224	CORMIER, RYAN	5435	18:31.106	03:42	05:57	5K30-39M	2/26	M	4/95	CALGARY, AB
79/224	CORRIN, ADI	5436	28:55.164	05:47	09:17	5K19&UF	6/16	F	28/129	CALGARY, AB
51/224	CORRIN, BENJAMIN	5437	26:51.394	05:22	08:38	5K19&UM	4/14	M	33/95	CALGARY, AB
68/224	CORRIN, SIMON	5438	27:57.371	05:35	08:59	5K50-59M	6/13	M	43/95	CALGARY, AB
151/224	CRAIG, CHELSEY	5439	34:56.611	06:59	11:14	5K30-39F	25/32	F	76/129	CALGARY, AB
99/224	CROWCHILD, PEARL	5635	30:36.975	06:07	09:50	5K60-69F	2/9	F	39/129	TSUUT'INA, AB
133/224	D'ANGELO, JESSICA	5644	33:54.808	06:46	10:54	5K30-39F	20/32	F	61/129	CALGARY, AB
56/224	DAHL, JORDAN	5440	27:09.488	05:25	08:43	5K30-39M	12/26	M	36/95	CALGARY, AB
147/224	DARES, FRANCES	5441	34:54.808	06:58	11:13	5K40-49F	12/24	F	73/129	CALGARY, AB
31/224	DAVIES, BRYN	5580	23:45.772	04:45	07:38	5K30-39F	6/32	F	11/129	CALGARY, AB
155/224	DAVIS, COLIN	5442	35:35.098	07:07	11:26	5K20-29M	13/13	M	76/95	CALGARY, AB
193/224	DAVIS, SONDRA-JOAN SO	5443	42:54.279	08:34	13:47	5K20-29F	17/18	F	107/129	CALGARY, AB
32/224	DEERING, CONNOR	5444	23:46.898	04:45	07:38	5K30-39M	7/26	M	21/95	CALGARY, AB
200/224	DELONG, LORRI	5445	44:42.212	08:56	14:22	5K50-59F	20/26	F	111/129	CALGARY, AB
217/224	DESY, ETHAN	5651	55:29.690	11:05	17:50	5K19&UM	14/14	M	94/95	CALGARY, AB
39/224	DESY, JANEVE	5652	25:16.473	05:03	08:07	5K30-39F	8/32	F	14/129	CALGARY, AB
150/224	DIXON, ADRIENNE	5447	34:56.050	06:59	11:13	5K30-39F	24/32	F	75/129	OKOTOKS, AB
149/224	DIXON, BRAD	5448	34:55.955	06:59	11:13	5K40-49M	14/17	M	75/95	OKOTOKS, AB
144/224	DOKMANOVIC, ALANA	5449	34:35.002	06:55	11:07	5K40-49F	9/24	F	70/129	CALGARY, AB
71/224	DONAHUE, JONATHAN	5450	28:06.469	05:37	09:02	5K40-49M	10/17	M	45/95	CALGARY, AB
196/224	DONISON, DANIELLE	5451	43:51.821	08:46	14:06	5K40-49F	20/24	F	109/129	CALGARY, AB
215/224	ECKER, DEBBIE	5636	53:45.699	10:45	17:17	5K50-59F	24/26	F	123/129	CALGARY, AB
30/224	EGGERS, ANNA	5452	23:31.147	04:42	07:33	5K30-39F	5/32	F	10/129	COCHRANE, AB

St. Patricks Day Run Mar.17/2024 - 10K/5K

Alpha Overall Results

5K - 3.1 Miles

224 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/Pl	Gender	Gen/Pl	City
167/224	ELLIOTT, ALBERT	5453	36:50.750	07:22	11:50	5K60-69M	6/8	M	81/95	CALGARY, AB
94/224	ENGLAND, ALEX	5454	29:43.868	05:56	09:33	5K60-69M	4/8	M	58/95	COCHRANE, AB
218/224	EVERETT, ROSE	5625	58:28.538	11:41	18:48	5K60-69F	8/9	F	124/129	BRAGG CREEK, AB
28/224	FAH, CATH	5645	23:13.498	04:38	07:28	5K50-59F	1/26	F	9/129	CALGARY, AB
184/224	FERNANDES, ARTHUR	5606	40:08.279	08:01	12:54	5K30-39M	23/26	M	85/95	CALGARY, AB
138/224	FESTEN, JOSE	5455	34:13.041	06:50	11:00	5K50-59F	9/26	F	66/129	CALGARY, AB
20/224	FILLIER, SARAH	5456	22:49.523	04:33	07:20	5K30-39F	4/32	F	6/129	CALGARY, AB
222/224	FINGLER, ERIN	5457	59:56.100	11:59	19:16	5K40-49F	24/24	F	127/129	CALGARY, AB
54/224	FLECK, JENNIFER	5581	27:06.606	05:25	08:43	5K50-59F	3/26	F	19/129	CALGARY, AB
55/224	FLECK, PEYTON	5582	27:06.863	05:25	08:43	5K19&UF	5/16	F	20/129	CALGARY, AB
112/224	FLORES-TORRES, ERNESTO	5458	31:44.056	06:20	10:12	5K30-39M	21/26	M	65/95	CALGARY, AB
2/224	FOLEY, BRADEN	5459	16:34.204	03:18	05:19	5K20-29M	1/13	M	2/95	CALGARY, AB
194/224	FOLTINEK, SUSAN	5460	43:34.852	08:42	14:00	5K70-79F	2/3	F	108/129	CALGARY, AB
174/224	FREIBURGER, FRAN	5461	38:19.249	07:39	12:19	5K60-69F	7/9	F	92/129	CALGARY, AB
88/224	FREIBURGER, RON	5462	29:37.680	05:55	09:31	5K60-69M	2/8	M	55/95	CALGARY, AB
17/224	FRIEL, CHAD	5463	22:12.259	04:26	07:08	5K30-39M	4/26	M	12/95	CALGARY, AB
81/224	FRY, JIM	5464	28:58.001	05:47	09:18	5K80+M	1/1	M	53/95	CALGARY, AB
73/224	FUCHS, FRANKIE	5626	28:25.236	05:41	09:08	5K40-49M	11/17	M	47/95	AIRDRIE, AB
221/224	GAIA, FILLIPE	5465	59:54.531	11:58	19:15	5K40-49M	17/17	M	95/95	CALGARY, AB
3/224	GAJARDO, MARTIN	5627	17:42.804	03:32	05:41	5K20-29M	2/13	M	3/95	CALGARY, AB
91/224	GAJARDO, PATRICIO	5466	29:40.140	05:56	09:32	5K60-69M	3/8	M	57/95	CALGARY, AB
19/224	GALAN, EARL	5467	22:29.578	04:29	07:13	5K40-49M	4/17	M	14/95	CALGARY, AB
185/224	GARSTAD, TINA	615	40:48.802	08:09	13:07	5K50-59F	17/26	F	100/129	CALGARY, AB
170/224	GAUTHIER, HEATHER	5471	37:56.257	07:35	12:11	5K50-59F	13/26	F	89/129	LETHBRIDGE, AB
10/224	GENTILE, LILY	5472	20:27.400	04:05	06:34	5K20-29F	1/18	F	3/129	CALGARY, AB
122/224	GERLACH, KARIN	5473	33:02.309	06:36	10:37	5K60-69F	4/9	F	54/129	CALGARY, AB
132/224	GIACCHETTA, ROD	5583	33:41.519	06:44	10:50	5K50-59M	9/13	M	72/95	CALGARY, AB
131/224	GIACCHETTA-KAZIMER, LUCA	5584	33:41.049	06:44	10:49	5K19&UM	9/14	M	71/95	CALGARY, AB
198/224	GILLIS, ZACHARY	5474	44:15.025	08:51	14:13	5K30-39M	25/26	M	89/95	CALGARY, AB
33/224	GOESON, COREY	5585	23:47.763	04:45	07:39	5K20-29M	6/13	M	22/95	COCHRANE, AB
64/224	GOLDIE, JANIS	5475	27:37.079	05:31	08:52	5K40-49F	1/24	F	24/129	CALGARY, AB
41/224	GOUDIE, KYLE	5477	25:27.657	05:05	08:11	5K30-39M	10/26	M	27/95	CALGARY, AB
163/224	GRAY MEEK, KRISTINE	5586	36:19.672	07:15	11:40	5K40-49F	14/24	F	84/129	CALGARY, AB
106/224	GREEN, BRYSON	5478	31:07.703	06:13	10:00	5K19&UM	8/14	M	62/95	CALGARY, AB
84/224	GREEN, MASON	5479	29:06.296	05:49	09:21	5K19&UM	6/14	M	54/95	CALGARY, AB
105/224	GREEN, TANYA	5480	31:06.599	06:13	10:00	5K40-49F	4/24	F	44/129	CALGARY, AB
102/224	GRIFFIN, KELLY	5481	30:52.091	06:10	09:55	5K30-39F	14/32	F	41/129	CALGARY, AB
40/224	HART, TYLER	5647	25:24.934	05:04	08:10	5K30-39M	9/26	M	26/95	CALGARY, AB
67/224	HARTE, KELSIE	5483	27:55.402	05:35	08:58	5K30-39F	10/32	F	25/129	CALGARY, AB
103/224	HARTWICK, SARAH	5621	30:56.311	06:11	09:56	5K30-39F	15/32	F	42/129	CALGARY, AB
188/224	HASIJA, MANISH	5587	41:44.184	08:20	13:25	5K40-49M	15/17	M	86/95	CALGARY, AB
173/224	HEFFERNAN, CLAIRE	5607	37:59.585	07:35	12:12	5K19&UF	14/16	F	91/129	CALGARY, AB
164/224	HEFFERNAN, JAMES	5608	36:30.571	07:18	11:44	5K19&UM	11/14	M	80/95	CALGARY, AB
6/224	HERMANNS, MICHAEL	5484	19:19.949	03:51	06:12	5K30-39M	3/26	M	5/95	CALGARY, AB
74/224	HINDS, TANNER	5588	28:26.150	05:41	09:08	5K20-29M	10/13	M	48/95	CALGARY, AB
143/224	HOLLAND, CHLOE	5485	34:33.221	06:54	11:06	5K30-39F	23/32	F	69/129	CALGARY, AB
202/224	HYUN, DG	5486	46:16.101	09:15	14:52	5K40-49M	16/17	M	90/95	CALGARY, AB
168/224	IOVINELLI, LORY	5654	37:16.062	07:27	11:58	5K50-59F	12/26	F	87/129	CALGARY, AB
23/224	JAMES, AARON	5609	23:01.521	04:36	07:24	5K30-39M	5/26	M	17/95	CALGARY, AB
116/224	JANZEN, ADRIENNE	5488	32:21.972	06:28	10:24	5K50-59F	7/26	F	49/129	CALGARY, AB
101/224	JANZEN, SAMUEL	5489	30:47.521	06:09	09:54	5K30-39M	20/26	M	61/95	CALGARY, AB
78/224	JARDINE, EMILIO	5604	28:36.766	05:43	09:12	5K30-39M	18/26	M	51/95	CALGARY, AB
86/224	JAY, CANDICE	5490	29:29.617	05:53	09:29	5K30-39F	13/32	F	32/129	CALGARY, AB
187/224	JESSOP, JAIMIE	5491	41:15.192	08:15	13:15	5K40-49F	18/24	F	102/129	CALGARY, AB
158/224	KAFENZAKIS, EMILY	5492	35:54.665	07:10	11:32	5K30-39F	26/32	F	81/129	CALGARY, AB
152/224	KARPIAK, ALEXIS	5493	35:00.877	07:00	11:15	5K20-29F	12/18	F	77/129	CALGARY, AB
166/224	KARPIAK, JODY	5494	36:39.360	07:19	11:47	5K50-59F	11/26	F	86/129	CALGARY, AB

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Alpha Overall Results

5K - 3.1 Miles

224 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/Pl	Gender	Gen/Pl	City
156/224	KEAYS, EVAN	5589	35:39.125	07:07	11:27	5K19&UM	10/14	M	77/95	CALGARY, AB
199/224	KEAYS, SARA	5495	44:15.375	08:51	14:13	5K40-49F	21/24	F	110/129	CALGARY, AB
62/224	KIRWAN, KALVIN	5498	27:32.012	05:30	08:51	5K30-39M	14/26	M	40/95	CALGARY, AB
98/224	KOSKI, COLLIN	5648	30:34.397	06:06	09:49	5K30-39M	19/26	M	60/95	FOOTHILLS, AB
69/224	KU, ARIEL	5499	28:02.858	05:36	09:01	5K30-39F	11/32	F	26/129	CALGARY, AB
14/224	KUINDERSMA, SARAH	5500	21:25.148	04:17	06:53	5K30-39F	3/32	F	5/129	OKOTOKS, AB
209/224	KURASH, KATHRYN	5610	47:50.543	09:34	15:23	5K30-39F	31/32	F	118/129	CALGARY, AB
100/224	LETAIN, JOCELYNE	5501	30:40.561	06:08	09:51	5K50-59F	6/26	F	40/129	CALGARY, AB
118/224	LI, SIJIA	673	32:28.885	06:29	10:26	5K20-29F	10/18	F	51/129	CALGARY, AB
172/224	LIFSCHITZ, JOEL	5503	37:58.788	07:35	12:12	5K70-79M	3/3	M	82/95	CALGARY, AB
9/224	LINDLAND, KEVIN	5504	20:02.392	04:00	06:26	5K50-59M	1/13	M	7/95	CALGARY, AB
89/224	LONDON, CONNOR	5505	29:38.665	05:55	09:31	5K20-29M	11/13	M	56/95	CALGARY, AB
203/224	LYON, LAURIE	5637	46:36.257	09:19	14:59	5K50-59F	21/26	F	113/129	CALGARY, AB
92/224	L'HEUREUX, NICOLE	5590	29:40.422	05:56	09:32	5K19&UF	7/16	F	35/129	CALGARY, AB
107/224	MACDONALD, CAITLYN	5656	31:09.576	06:13	10:01	5K30-39F	16/32	F	45/129	CALGARY,
25/224	MACKAY, MEGAN	5506	23:07.592	04:37	07:26	5K20-29F	3/18	F	8/129	CALGARY, AB
82/224	MACNEIL, SHEENA	5507	29:02.688	05:48	09:20	5K30-39F	12/32	F	29/129	CALGARY, AB
115/224	MAKISHI, DAWN	5508	32:19.277	06:27	10:23	5K60-69F	3/9	F	48/129	CALGARY, AB
48/224	MARTIN, DOMINIC	5509	26:47.714	05:21	08:36	5K19&UM	3/14	M	31/95	CALGARY, AB
162/224	MARTINEZ, JORGE	5510	35:59.492	07:11	11:34	5K30-39M	22/26	M	79/95	CALGARY, AB
146/224	MAXSON, AMANDA	5591	34:40.042	06:56	11:08	5K40-49F	11/24	F	72/129	CALGARY, AB
124/224	MCDONALD, MORGAN	5512	33:12.432	06:38	10:40	5K30-39F	19/32	F	55/129	CALGARY, AB
80/224	MCDONALD, WARDE	5513	28:55.891	05:47	09:18	5K19&UM	5/14	M	52/95	CALGARY, AB
134/224	MCDOUGALL, MELODY	5514	34:00.784	06:48	10:56	5K60-69F	6/9	F	62/129	COCHRANE, AB
24/224	MCKINLEY, LARISSA	5592	23:02.037	04:36	07:24	5K20-29F	2/18	F	7/129	CALGARY, AB
195/224	MCLONG, ADAM	5516	43:51.750	08:46	14:06	5K30-39M	24/26	M	87/95	CALGARY, AB
154/224	MCMURRAY, NATALIE	5517	35:34.979	07:06	11:26	5K20-29F	14/18	F	79/129	CALGARY, AB
42/224	MCMURRAY, OLIVIA	5518	25:31.309	05:06	08:12	5K30-39F	9/32	F	15/129	CALGARY, AB
76/224	MEDEIROS, JERRY	5593	28:34.169	05:42	09:11	5K30-39M	17/26	M	50/95	CALGARY, AB
213/224	MINTY, FINN	5622	53:10.098	10:38	17:05	5K19&UM	12/14	M	92/95	CALGARY, AB
216/224	MINTY, HARLAN	5623	54:14.926	10:50	17:26	5K19&UM	13/14	M	93/95	CALGARY, AB
210/224	MOON, JIIN	5519	49:05.273	09:49	15:47	5K30-39F	32/32	F	119/129	CALGARY, AB
44/224	MURPHY, ALMA	5521	26:39.301	05:19	08:34	5K50-59F	2/26	F	16/129	CALGARY, AB
83/224	MURTA, VIKTORIA	5618	29:02.711	05:48	09:20	5K40-49F	2/24	F	30/129	CALGARY, AB
52/224	MUZICHUK, DAVID	5522	26:52.707	05:22	08:38	5K20-29M	8/13	M	34/95	CALGARY, AB
180/224	NEMETH, DANA	5638	39:36.990	07:55	12:44	5K30-39F	28/32	F	97/129	CALGARY, AB
34/224	NOAD, ARIZONA	5523	24:42.161	04:56	07:56	5K19&UF	2/16	F	12/129	CALGARY AB, AB
77/224	NOWORYTA-FRIDMAN, KASIA	5524	28:34.751	05:42	09:11	5K60-69F	1/9	F	27/129	CALGARY, AB
50/224	OCHIENG, MONICA	5526	26:50.573	05:22	08:37	5K19&UF	4/16	F	18/129	REGINA, SK
36/224	OGLESBY, LEIGH	5594	24:54.934	04:58	08:00	5K30-39F	7/32	F	13/129	CALGARY, AB
197/224	OISHI, MAURICE	5527	43:59.719	08:47	14:08	5K60-69M	8/8	M	88/95	CALGARY, AB
220/224	OLIVEIRA, FATIMA	5528	59:53.991	11:58	19:15	5K60-69F	9/9	F	126/129	CALGARY, AB
18/224	OLIVERA, OLIVIER	5529	22:28.030	04:29	07:13	5K50-59M	2/13	M	13/95	CALGARY, AB
35/224	OLLIVIER, MIKE	5530	24:45.893	04:57	07:57	5K30-39M	8/26	M	23/95	CALGARY, AB
120/224	OLSON, SUSAN	5611	32:44.542	06:32	10:31	5K40-49F	6/24	F	53/129	CALGARY, AB
207/224	OMAN, TRACY	5531	47:18.023	09:27	15:12	5K40-49F	22/24	F	116/129	CALGARY, AB
137/224	PANNU, HARSHEEN	5532	34:09.315	06:49	10:58	5K40-49F	8/24	F	65/129	CALGARY, AB
47/224	PANNU, SURAINA	5533	26:42.301	05:20	08:35	5K19&UF	3/16	F	17/129	CALGARY, AB
192/224	PARKER, KELLY	5534	42:33.801	08:30	13:41	5K50-59F	19/26	F	106/129	AIRDRIE, AB
11/224	PEDERSON, STEVEN	5612	20:34.596	04:06	06:36	5K20-29M	3/13	M	8/95	CALGARY, AB
21/224	PENGUE, MARCO	5535	22:56.740	04:35	07:22	5K50-59M	3/13	M	15/95	CALGARY, AB
29/224	PICHE, DALLAS	5536	23:15.185	04:39	07:28	5K40-49M	6/17	M	20/95	COCHRANE, AB
117/224	PIERCE, JANA	5537	32:23.757	06:28	10:25	5K30-39F	18/32	F	50/129	MEDICINE HAT, AB
157/224	PORTER, EMILY	5646	35:45.195	07:09	11:29	5K20-29F	15/18	F	80/129	CALGARY, AB
219/224	PREVOST, TEENA	5539	59:41.897	11:56	19:11	5K50-59F	25/26	F	125/129	CALGARY, AB
119/224	PRINCE, VICTORIA	5540	32:44.401	06:32	10:31	5K40-49F	5/24	F	52/129	CALGARY, AB
90/224	PYNE, NICOLE	5595	29:39.507	05:55	09:32	5K20-29F	8/18	F	34/129	CALGARY, AB

St. Patricks Day Run Mar.17/2024 - 10K/5K

Alpha Overall Results

5K - 3.1 Miles

224 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/Pl	Gender	Gen/Pl	City
126/224	REABURN, TARA	5541	33:26.002	06:41	10:45	5K50-59F	8/26	F	57/129	CALGARY, AB
121/224	REDEKOP, COLIN	5542	32:52.019	06:34	10:34	5K50-59M	8/13	M	68/95	CALGARY, AB
186/224	RENTZ, KRISTINA	5543	40:51.848	08:10	13:08	5K40-49F	17/24	F	101/129	AIRDRIE, AB
26/224	REUM, DALTON	5650	23:12.021	04:38	07:27	5K30-39M	6/26	M	18/95	CALGARY, AB
96/224	RISERBATO, ANTONINA	5628	30:15.437	06:03	09:43	5K50-59F	5/26	F	38/129	CALGARY, AB
72/224	RODGERS, DAVE	5544	28:24.393	05:40	09:08	5K60-69M	1/8	M	46/95	CALGARY, AB
66/224	ROMANO, ALBERTO	5639	27:48.252	05:33	08:56	5K50-59M	5/13	M	42/95	CALGARY, AB
59/224	ROMANO, GABRIELE	5640	27:12.698	05:26	08:44	5K20-29M	9/13	M	38/95	CALGARY, AB
1/224	RUSSELL, RYAN	5624	15:52.322	03:10	05:06	5K30-39M	1/26	M	1/95	CALGARY, AB
224/224	SAMUELSON, MARLENE	5545	1:01:48.809	12:21	19:52	5K80+F	1/1	F	129/129	CALGARY, AB
148/224	SANKEY, KITTY	5546	34:55.158	06:59	11:13	5K40-49F	13/24	F	74/129	CALGARY, AB
125/224	SCHAAP, KIM	5547	33:24.085	06:40	10:44	5K20-29F	11/18	F	56/129	CALGARY, AB
191/224	SCHAFF, LESLIE	5548	42:33.285	08:30	13:40	5K40-49F	19/24	F	105/129	AIRDRIE, AB
22/224	SCHNITZLER, RYAN	5549	22:57.772	04:35	07:23	5K40-49M	5/17	M	16/95	CALGARY, AB
206/224	SCHULENBORG, COLIN	5602	47:07.220	09:25	15:09	5K30-39M	26/26	M	91/95	CALGARY, AB
171/224	SCOTT, ERIN	5550	37:57.523	07:35	12:12	5K30-39F	27/32	F	90/129	CALGARY, AB
141/224	SELVAM, PRIYANKA	5552	34:26.142	06:53	11:04	5K30-39F	21/32	F	67/129	CALGARY, AB
223/224	SHADE, LOUISE	5553	59:56.780	11:59	19:16	5K50-59F	26/26	F	128/129	CALGARY, AB
16/224	SHERWIN, LUCAS	5596	22:01.758	04:24	07:05	5K20-29M	4/13	M	11/95	CALGARY, AB
70/224	SMEREKA, DARCY	5554	28:04.260	05:36	09:01	5K50-59M	7/13	M	44/95	CALGARY, AB
65/224	SMIDDY, MATT	5555	27:43.783	05:32	08:54	5K30-39M	15/26	M	41/95	CALGARY, AB
153/224	SMITH, NICOLE	5556	35:09.594	07:01	11:18	5K20-29F	13/18	F	78/129	CALGARY, AB
214/224	SMITH, SUSANNE	5641	53:45.513	10:45	17:17	5K50-59F	23/26	F	122/129	CALGARY, AB
165/224	SORENSEN, NAOMI	5557	36:38.117	07:19	11:46	5K40-49F	15/24	F	85/129	CALGARY, AB
135/224	SPENCE, HANNAH	5558	34:03.383	06:48	10:57	5K19&UF	11/16	F	63/129	TEULON, MB
177/224	SPINATO, SIENA	5559	38:50.701	07:46	12:29	5K19&UF	16/16	F	94/129	CALGARY, AB
140/224	STEVENS, CHRIS	5597	34:23.776	06:52	11:03	5K50-59M	11/13	M	74/95	CALGARY, AB
75/224	STEVENSON, CAMERON	5598	28:33.561	05:42	09:10	5K30-39M	16/26	M	49/95	CALGARY, AB
57/224	STEVENSON, CARSON	5561	27:09.911	05:25	08:44	5K30-39M	13/26	M	37/95	ESTON, SK
13/224	STEVENSON, CHELSEY	5562	21:23.438	04:16	06:52	5K30-39F	2/32	F	4/129	ESTON, SK
58/224	SUDLOW, TARA	5599	27:12.300	05:26	08:44	5K20-29F	4/18	F	21/129	CALGARY, AB
110/224	TADDIA, DOROTHY	5563	31:32.403	06:18	10:08	5K30-39F	17/32	F	47/129	OLDS, AB
109/224	TADDIA, DREW	5564	31:32.122	06:18	10:08	5K40-49M	12/17	M	63/95	OLDS, AB
142/224	TANNAHILL, AIMEE	5565	34:28.838	06:53	11:05	5K30-39F	22/32	F	68/129	CALGARY, AB
114/224	THANKI, JAY	5566	32:05.333	06:25	10:19	5K20-29M	12/13	M	67/95	CALGARY, AB
127/224	THERRIEN, MOLLY	5567	33:31.277	06:42	10:46	5K40-49F	7/24	F	58/129	CALGARY, AB
130/224	TOMEI, ADRIANA	5568	33:40.089	06:44	10:49	5K19&UF	10/16	F	60/129	CALGARY, AB
129/224	TOMEI, LUCAS	5569	33:40.069	06:44	10:49	5K40-49M	13/17	M	70/95	CALGARY, AB
97/224	TOPHAM, SULLIVAN	5629	30:29.241	06:05	09:48	5K19&UM	7/14	M	59/95	CALGARY, AB
211/224	VAN LUIPEN, MICHELLE	5570	50:18.725	10:03	16:10	5K50-59F	22/26	F	120/129	CALGARY, AB
63/224	VERRETT, JENNIFER	5613	27:36.465	05:31	08:52	5K20-29F	6/18	F	23/129	OLDS, AB
161/224	VILLEGAS, PATRICK	5571	35:57.523	07:11	11:33	5K50-59M	12/13	M	78/95	CALGARY, AB
15/224	VOLSTEEDT, CHARL	5614	21:25.318	04:17	06:53	5K40-49M	3/17	M	10/95	OKOTOKS, AB
145/224	WALKER-LYONS, NICOLE	5649	34:35.241	06:55	11:07	5K40-49F	10/24	F	71/129	CALGARY, AB
93/224	WANG, ZOE	5600	29:41.454	05:56	09:32	5K19&UF	8/16	F	36/129	CALGARY, AB
7/224	WEILER, MARTIN	5572	19:32.487	03:54	06:17	5K40-49M	1/17	M	6/95	CALGARY, AB
5/224	WEILER, NAJA	5573	18:49.059	03:45	06:03	5K19&UF	1/16	F	1/129	CALGARY, AB
108/224	WEILER, NELE	5574	31:11.240	06:14	10:01	5K19&UF	9/16	F	46/129	CALGARY, AB
87/224	WHITE, KATIE	5619	29:33.273	05:54	09:30	5K20-29F	7/18	F	33/129	CALGARY, AB
204/224	WORTHAM, BROOKE	5603	46:46.032	09:21	15:02	5K30-39F	29/32	F	114/129	CALGARY, AB
38/224	YOUNG, JAMESON	5653	25:10.052	05:02	08:05	5K19&UM	1/14	M	25/95	CALGARY, AB
179/224	YUEN, FRANCES	5576	39:21.967	07:52	12:39	5K50-59F	15/26	F	96/129	CALGARY, AB
181/224	ZELEZ, DEBBIE	5577	39:39.733	07:55	12:45	5K50-59F	16/26	F	98/129	OKOTOKS, AB