

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

5K Run - 3.1 Miles
224 Finishers

5K19&UF - 16 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/16	WEILER, NAJA	5573	18:49.059	03:45	06:03	5/224	1/129	+00:00:00	CALGARY
2/16	NOAD, ARIZONA	5523	24:42.161	04:56	07:56	34/224	12/129	+00:05:53	CALGARY AB
3/16	PANNU, SURAINA	5533	26:42.301	05:20	08:35	47/224	17/129	+00:07:53	CALGARY
4/16	OCHIENG, MONICA	5526	26:50.573	05:22	08:37	50/224	18/129	+00:08:01	REGINA
5/16	FLECK, PEYTON	5582	27:06.863	05:25	08:43	55/224	20/129	+00:08:17	CALGARY
6/16	CORRIN, ADI	5436	28:55.164	05:47	09:17	79/224	28/129	+00:10:06	CALGARY
7/16	L'HEUREUX, NICOLE	5590	29:40.422	05:56	09:32	92/224	35/129	+00:10:51	CALGARY
8/16	WANG, ZOE	5600	29:41.454	05:56	09:32	93/224	36/129	+00:10:52	CALGARY
9/16	WEILER, NELE	5574	31:11.240	06:14	10:01	108/224	46/129	+00:12:22	CALGARY
10/16	TOMEI, ADRIANA	5568	33:40.089	06:44	10:49	130/224	60/129	+00:14:51	CALGARY
11/16	SPENCE, HANNAH	5558	34:03.383	06:48	10:57	135/224	63/129	+00:15:14	TEULON
12/16	AMERO, MADISON	5631	34:04.651	06:48	10:57	136/224	64/129	+00:15:15	CALGARY
13/16	BISOGNO, ANTONIA	5655	35:55.789	07:11	11:33	159/224	82/129	+00:17:06	ITALY
14/16	HEFFERNAN, CLAIRE	5607	37:59.585	07:35	12:12	173/224	91/129	+00:19:10	CALGARY
15/16	CHU, ELLA	5431	38:49.670	07:45	12:29	176/224	93/129	+00:20:00	CALGARY
16/16	SPINATO, SIENA	5559	38:50.701	07:46	12:29	177/224	94/129	+00:20:01	CALGARY

5K19&UM - 14 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/14	YOUNG, JAMESON	5653	25:10.052	05:02	08:05	38/224	25/95	+00:00:00	CALGARY
2/14	CHU, JASPER	5432	26:39.653	05:19	08:34	45/224	29/95	+00:01:29	CALGARY
3/14	MARTIN, DOMINIC	5509	26:47.714	05:21	08:36	48/224	31/95	+00:01:37	CALGARY
4/14	CORRIN, BENJAMIN	5437	26:51.394	05:22	08:38	51/224	33/95	+00:01:41	CALGARY
5/14	MCDONALD, WARDE	5513	28:55.891	05:47	09:18	80/224	52/95	+00:03:45	CALGARY
6/14	GREEN, MASON	5479	29:06.296	05:49	09:21	84/224	54/95	+00:03:56	CALGARY
7/14	TOPHAM, SULLIVAN	5629	30:29.241	06:05	09:48	97/224	59/95	+00:05:19	CALGARY
8/14	GREEN, BRYSON	5478	31:07.703	06:13	10:00	106/224	62/95	+00:05:57	CALGARY
9/14	GIACCHETTA-KAZIMER, LUCA	5584	33:41.049	06:44	10:49	131/224	71/95	+00:08:30	CALGARY
10/14	KEAYS, EVAN	5589	35:39.125	07:07	11:27	156/224	77/95	+00:10:29	CALGARY
11/14	HEFFERNAN, JAMES	5608	36:30.571	07:18	11:44	164/224	80/95	+00:11:20	CALGARY
12/14	MINTY, FINN	5622	53:10.098	10:38	17:05	213/224	92/95	+00:28:00	CALGARY
13/14	MINTY, HARLAN	5623	54:14.926	10:50	17:26	216/224	93/95	+00:29:04	CALGARY
14/14	DESY, ETHAN	5651	55:29.690	11:05	17:50	217/224	94/95	+00:30:19	CALGARY

5K20-29F - 18 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/18	GENTILE, LILY	5472	20:27.400	04:05	06:34	10/224	3/129	+00:00:00	CALGARY
2/18	MCKINLEY, LARISSA	5592	23:02.037	04:36	07:24	24/224	7/129	+00:02:34	CALGARY
3/18	MACKAY, MEGAN	5506	23:07.592	04:37	07:26	25/224	8/129	+00:02:40	CALGARY
4/18	SUDLOW, TARA	5599	27:12.300	05:26	08:44	58/224	21/129	+00:06:44	CALGARY
5/18	BOEHM, HAILEY	5424	27:18.862	05:27	08:46	61/224	22/129	+00:06:51	CALGARY
6/18	VERRETT, JENNIFER	5613	27:36.465	05:31	08:52	63/224	23/129	+00:07:09	OLDS
7/18	WHITE, KATIE	5619	29:33.273	05:54	09:30	87/224	33/129	+00:09:05	CALGARY
8/18	PYNE, NICOLE	5595	29:39.507	05:55	09:32	90/224	34/129	+00:09:12	CALGARY
9/18	BOULANGER, ALICIA	5578	31:03.505	06:12	09:59	104/224	43/129	+00:10:36	CALGARY
10/18	LI, SIJIA	673	32:28.885	06:29	10:26	118/224	51/129	+00:12:01	CALGARY
11/18	SCHAAP, KIM	5547	33:24.085	06:40	10:44	125/224	56/129	+00:12:56	CALGARY
12/18	KARPIAK, ALEXIS	5493	35:00.877	07:00	11:15	152/224	77/129	+00:14:33	CALGARY
13/18	SMITH, NICOLE	5556	35:09.594	07:01	11:18	153/224	78/129	+00:14:42	CALGARY
14/18	MCMURRAY, NATALIE	5517	35:34.979	07:06	11:26	154/224	79/129	+00:15:07	CALGARY
15/18	PORTER, EMILY	5646	35:45.195	07:09	11:29	157/224	80/129	+00:15:17	CALGARY
16/18	BALL, LILA	5420	42:09.028	08:25	13:33	190/224	104/129	+00:21:41	CALGARY
17/18	DAVIS, SONDRRA-JOAN SO	5443	42:54.279	08:34	13:47	193/224	107/129	+00:22:26	CALGARY
18/18	AHMADKHANI, SANA	5413	45:29.391	09:05	14:37	201/224	112/129	+00:25:01	CALGARY

5K20-29M - 13 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/13	FOLEY, BRADEN	5459	16:34.204	03:18	05:19	2/224	2/95	+00:00:00	CALGARY
2/13	GAJARDO, MARTIN	5627	17:42.804	03:32	05:41	3/224	3/95	+00:01:08	CALGARY
3/13	PEDERSON, STEVEN	5612	20:34.596	04:06	06:36	11/224	8/95	+00:04:00	CALGARY
4/13	SHERWIN, LUCAS	5596	22:01.758	04:24	07:05	16/224	11/95	+00:05:27	CALGARY
5/13	COOK, JUSTIN	5579	23:12.516	04:38	07:27	27/224	19/95	+00:06:38	ROCKY VIEW COL
6/13	GOESON, COREY	5585	23:47.763	04:45	07:39	33/224	22/95	+00:07:13	COCHRANE
7/13	BENJAMIN, DAVID	5423	26:13.005	05:14	08:25	43/224	28/95	+00:09:38	CALGARY
8/13	MUZICHUK, DAVID	5522	26:52.707	05:22	08:38	52/224	34/95	+00:10:18	CALGARY
9/13	ROMANO, GABRIELE	5640	27:12.698	05:26	08:44	59/224	38/95	+00:10:38	CALGARY
10/13	HINDS, TANNER	5588	28:26.150	05:41	09:08	74/224	48/95	+00:11:51	CALGARY

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

5K Run - 3.1 Miles
224 Finishers

5K20-29M - 13 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
11/13	LONDON, CONNOR	5505	29:38.665	05:55	09:31	89/224	56/95	+00:13:04	CALGARY
12/13	THANKI, JAY	5566	32:05.333	06:25	10:19	114/224	67/95	+00:15:31	CALGARY
13/13	DAVIS, COLIN	5442	35:35.098	07:07	11:26	155/224	76/95	+00:19:00	CALGARY

5K30-39F - 32 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/32	BAYER, AGATHA	5632	20:01.549	04:00	06:26	8/224	2/129	+00:00:00	CALGARY
2/32	STEVENSON, CHELSEY	5562	21:23.438	04:16	06:52	13/224	4/129	+00:01:21	ESTON
3/32	KUINDERSMA, SARAH	5500	21:25.148	04:17	06:53	14/224	5/129	+00:01:23	OKOTOKS
4/32	FILLIER, SARAH	5456	22:49.523	04:33	07:20	20/224	6/129	+00:02:47	CALGARY
5/32	EGGERS, ANNA	5452	23:31.147	04:42	07:33	30/224	10/129	+00:03:29	COCHRANE
6/32	DAVIES, BRYN	5580	23:45.772	04:45	07:38	31/224	11/129	+00:03:44	CALGARY
7/32	OGLESBY, LEIGH	5594	24:54.934	04:58	08:00	36/224	13/129	+00:04:53	CALGARY
8/32	DESY, JANEVE	5652	25:16.473	05:03	08:07	39/224	14/129	+00:05:14	CALGARY
9/32	MCMURRAY, OLIVIA	5518	25:31.309	05:06	08:12	42/224	15/129	+00:05:29	CALGARY
10/32	HARTE, KELSIE	5483	27:55.402	05:35	08:58	67/224	25/129	+00:07:53	CALGARY
11/32	KU, ARIEL	5499	28:02.858	05:36	09:01	69/224	26/129	+00:08:01	CALGARY
12/32	MACNEIL, SHEENA	5507	29:02.688	05:48	09:20	82/224	29/129	+00:09:01	CALGARY
13/32	JAY, CANDICE	5490	29:29.617	05:53	09:29	86/224	32/129	+00:09:28	CALGARY
14/32	GRIFFIN, KELLY	5481	30:52.091	06:10	09:55	102/224	41/129	+00:10:50	CALGARY
15/32	HARTWICK, SARAH	5621	30:56.311	06:11	09:56	103/224	42/129	+00:10:54	CALGARY
16/32	MACDONALD, CAITLYN	5656	31:09.576	06:13	10:01	107/224	45/129	+00:11:08	CALGARY
17/32	TADDIA, DOROTHY	5563	31:32.403	06:18	10:08	110/224	47/129	+00:11:30	OLDS
18/32	PIERCE, JANA	5537	32:23.757	06:28	10:25	117/224	50/129	+00:12:22	MEDICINE HAT
19/32	MCDONALD, MORGAN	5512	33:12.432	06:38	10:40	124/224	55/129	+00:13:10	CALGARY
20/32	D'ANGELO, JESSICA	5644	33:54.808	06:46	10:54	133/224	61/129	+00:13:53	CALGARY
21/32	SELVAM, PRIYANKA	5552	34:26.142	06:53	11:04	141/224	67/129	+00:14:24	CALGARY
22/32	TANNAHILL, AIMEE	5565	34:28.838	06:53	11:05	142/224	68/129	+00:14:27	CALGARY
23/32	HOLLAND, CHLOE	5485	34:33.221	06:54	11:06	143/224	69/129	+00:14:31	CALGARY
24/32	DIXON, ADRIENNE	5447	34:56.050	06:59	11:13	150/224	75/129	+00:14:54	OKOTOKS
25/32	CRAIG, CHELSEY	5439	34:56.611	06:59	11:14	151/224	76/129	+00:14:55	CALGARY
26/32	KAFENZAKIS, EMILY	5492	35:54.665	07:10	11:32	158/224	81/129	+00:15:53	CALGARY
27/32	SCOTT, ERIN	5550	37:57.523	07:35	12:12	171/224	90/129	+00:17:55	CALGARY
28/32	NEMETH, DANA	5638	39:36.990	07:55	12:44	180/224	97/129	+00:19:35	CALGARY
29/32	WORTHAM, BROOKE	5603	46:46.032	09:21	15:02	204/224	114/129	+00:26:44	CALGARY
30/32	BELL, KRISTEN	5601	47:07.172	09:25	15:09	205/224	115/129	+00:27:05	CALGARY
31/32	KURASH, KATHRYN	5610	47:50.543	09:34	15:23	209/224	118/129	+00:27:48	CALGARY
32/32	MOON, JIIN	5519	49:05.273	09:49	15:47	210/224	119/129	+00:29:03	CALGARY

5K30-39M - 26 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/26	RUSSELL, RYAN	5624	15:52.322	03:10	05:06	1/224	1/95	+00:00:00	CALGARY
2/26	CORMIER, RYAN	5435	18:31.106	03:42	05:57	4/224	4/95	+00:02:38	CALGARY
3/26	HERMANN, MICHAEL	5484	19:19.949	03:51	06:12	6/224	5/95	+00:03:27	CALGARY
4/26	FRIEL, CHAD	5463	22:12.259	04:26	07:08	17/224	12/95	+00:06:19	CALGARY
5/26	JAMES, AARON	5609	23:01.521	04:36	07:24	23/224	17/95	+00:07:09	CALGARY
6/26	REUM, DALTON	5650	23:12.021	04:38	07:27	26/224	18/95	+00:07:19	CALGARY
7/26	DEERING, CONNOR	5444	23:46.898	04:45	07:38	32/224	21/95	+00:07:54	CALGARY
8/26	OLLIVIER, MIKE	5530	24:45.893	04:57	07:57	35/224	23/95	+00:08:53	CALGARY
9/26	HART, TYLER	5647	25:24.934	05:04	08:10	40/224	26/95	+00:09:32	CALGARY
10/26	GOUDIE, KYLE	5477	25:27.657	05:05	08:11	41/224	27/95	+00:09:35	CALGARY
11/26	CLARKIN, ACTON	5434	26:48.722	05:21	08:37	49/224	32/95	+00:10:56	CALGARY
12/26	DAHL, JORDAN	5440	27:09.488	05:25	08:43	56/224	36/95	+00:11:17	CALGARY
13/26	STEVENSON, CARSON	5561	27:09.911	05:25	08:44	57/224	37/95	+00:11:17	ESTON
14/26	KIRWAN, KALVIN	5498	27:32.012	05:30	08:51	62/224	40/95	+00:11:39	CALGARY
15/26	SMIDDY, MATT	5555	27:43.783	05:32	08:54	65/224	41/95	+00:11:51	CALGARY
16/26	STEVENSON, CAMERON	5598	28:33.561	05:42	09:10	75/224	49/95	+00:12:41	CALGARY
17/26	MEDEIROS, JERRY	5593	28:34.169	05:42	09:11	76/224	50/95	+00:12:41	CALGARY
18/26	JARDINE, EMILIO	5604	28:36.766	05:43	09:12	78/224	51/95	+00:12:44	CALGARY
19/26	KOSKI, COLLIN	5648	30:34.397	06:06	09:49	98/224	60/95	+00:14:42	FOOTHILLS
20/26	JANZEN, SAMUEL	5489	30:47.521	06:09	09:54	101/224	61/95	+00:14:55	CALGARY
21/26	FLORES-TORRES, ERNESTO	5458	31:44.056	06:20	10:12	112/224	65/95	+00:15:51	CALGARY
22/26	MARTINEZ, JORGE	5510	35:59.492	07:11	11:34	162/224	79/95	+00:20:07	CALGARY
23/26	FERNANDES, ARTHUR	5606	40:08.279	08:01	12:54	184/224	85/95	+00:24:15	CALGARY
24/26	MCLONG, ADAM	5516	43:51.750	08:46	14:06	195/224	87/95	+00:27:59	CALGARY
25/26	GILLIS, ZACHARY	5474	44:15.025	08:51	14:13	198/224	89/95	+00:28:22	CALGARY
26/26	SCHULENBORG, COLIN	5602	47:07.220	09:25	15:09	206/224	91/95	+00:31:14	CALGARY

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

5K Run - 3.1 Miles
224 Finishers

5K40-49F - 24 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/24	GOLDIE, JANIS	5475	27:37.079	05:31	08:52	64/224	24/129	+00:00:00	CALGARY
2/24	MURTA, VIKTORIA	5618	29:02.711	05:48	09:20	83/224	30/129	+00:01:25	CALGARY
3/24	BEAUDIN, LAURA	5421	30:12.483	06:02	09:42	95/224	37/129	+00:02:35	CALGARY
4/24	GREEN, TANYA	5480	31:06.599	06:13	10:00	105/224	44/129	+00:03:29	CALGARY
5/24	PRINCE, VICTORIA	5540	32:44.401	06:32	10:31	119/224	52/129	+00:05:07	CALGARY
6/24	OLSON, SUSAN	5611	32:44.542	06:32	10:31	120/224	53/129	+00:05:07	CALGARY
7/24	THERRIEN, MOLLY	5567	33:31.277	06:42	10:46	127/224	58/129	+00:05:54	CALGARY
8/24	PANNU, HARSHEEN	5532	34:09.315	06:49	10:58	137/224	65/129	+00:06:32	CALGARY
9/24	DOKMANOVIC, ALANA	5449	34:35.002	06:55	11:07	144/224	70/129	+00:06:57	CALGARY
10/24	WALKER-LYONS, NICOLE	5649	34:35.241	06:55	11:07	145/224	71/129	+00:06:58	CALGARY
11/24	MAXSON, AMANDA	5591	34:40.042	06:56	11:08	146/224	72/129	+00:07:02	CALGARY
12/24	DARES, FRANCES	5441	34:54.808	06:58	11:13	147/224	73/129	+00:07:17	CALGARY
13/24	SANKEY, KITTY	5546	34:55.158	06:59	11:13	148/224	74/129	+00:07:18	CALGARY
14/24	GRAY MEEK, KRISTINE	5586	36:19.672	07:15	11:40	163/224	84/129	+00:08:42	CALGARY
15/24	SORENSEN, NAOMI	5557	36:38.117	07:19	11:46	165/224	85/129	+00:09:01	CALGARY
16/24	BAGBY, HEATHER	5418	37:42.430	07:32	12:07	169/224	88/129	+00:10:05	AIRDRIE
17/24	RENTZ, KRISTINA	5543	40:51.848	08:10	13:08	186/224	101/129	+00:13:14	AIRDRIE
18/24	JESSOP, JAIMIE	5491	41:15.192	08:15	13:15	187/224	102/129	+00:13:38	CALGARY
19/24	SCHAFF, LESLIE	5548	42:33.285	08:30	13:40	191/224	105/129	+00:14:56	AIRDRIE
20/24	DONISON, DANIELLE	5451	43:51.821	08:46	14:06	196/224	109/129	+00:16:14	CALGARY
21/24	KEAYS, SARA	5495	44:15.375	08:51	14:13	199/224	110/129	+00:16:38	CALGARY
22/24	OMAN, TRACY	5531	47:18.023	09:27	15:12	207/224	116/129	+00:19:40	CALGARY
23/24	ARNOLD, CRYSTAL	5605	47:50.461	09:34	15:22	208/224	117/129	+00:20:13	CALGARY
24/24	FINGLER, ERIN	5457	59:56.100	11:59	19:16	222/224	127/129	+00:32:19	CALGARY

5K40-49M - 17 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/17	WEILER, MARTIN	5572	19:32.487	03:54	06:17	7/224	6/95	+00:00:00	CALGARY
2/17	ADMUSSEN, RYAN	5630	21:14.812	04:14	06:49	12/224	9/95	+00:01:42	CALGARY
3/17	VOLSTEEDT, CHARL	5614	21:25.318	04:17	06:53	15/224	10/95	+00:01:52	OKOTOKS
4/17	GALAN, EARL	5467	22:29.578	04:29	07:13	19/224	14/95	+00:02:57	CALGARY
5/17	SCHNITZLER, RYAN	5549	22:57.772	04:35	07:23	22/224	16/95	+00:03:25	CALGARY
6/17	PICHE, DALLAS	5536	23:15.185	04:39	07:28	29/224	20/95	+00:03:42	COCHRANE
7/17	CHU, ALAN	5430	26:40.637	05:20	08:34	46/224	30/95	+00:07:08	CALGARY
8/17	CASEY, RONAN	5429	26:55.191	05:23	08:39	53/224	35/95	+00:07:22	CALGARY
9/17	CALLAGHAN, DAVID	5617	27:14.526	05:26	08:45	60/224	39/95	+00:07:42	CALGARY
10/17	DONAHUE, JONATHAN	5450	28:06.469	05:37	09:02	71/224	45/95	+00:08:33	CALGARY
11/17	FUCHS, FRANKIE	5626	28:25.236	05:41	09:08	73/224	47/95	+00:08:52	AIRDRIE
12/17	TADDIA, DREW	5564	31:32.122	06:18	10:08	109/224	63/95	+00:11:59	OLDS
13/17	TOMEI, LUCAS	5569	33:40.069	06:44	10:49	129/224	70/95	+00:14:07	CALGARY
14/17	DIXON, BRAD	5448	34:55.955	06:59	11:13	149/224	75/95	+00:15:23	OKOTOKS
15/17	HASIJA, MANISH	5587	41:44.184	08:20	13:25	188/224	86/95	+00:22:11	CALGARY
16/17	HYUN, DG	5486	46:16.101	09:15	14:52	202/224	90/95	+00:26:43	CALGARY
17/17	GAIA, FILIPE	5465	59:54.531	11:58	19:15	221/224	95/95	+00:40:22	CALGARY

5K50-59F - 26 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/26	FAH, CATH	5645	23:13.498	04:38	07:28	28/224	9/129	+00:00:00	CALGARY
2/26	MURPHY, ALMA	5521	26:39.301	05:19	08:34	44/224	16/129	+00:03:25	CALGARY
3/26	FLECK, JENNIFER	5581	27:06.606	05:25	08:43	54/224	19/129	+00:03:53	CALGARY
4/26	CAPUTO, CONNIE	5634	29:12.321	05:50	09:23	85/224	31/129	+00:05:58	CALGARY
5/26	RISERBATO, ANTONINA	5628	30:15.437	06:03	09:43	96/224	38/129	+00:07:01	CALGARY
6/26	LETAI, JOCELYNE	5501	30:40.561	06:08	09:51	100/224	40/129	+00:07:27	CALGARY
7/26	JANZEN, ADRIENNE	5488	32:21.972	06:28	10:24	116/224	49/129	+00:09:08	CALGARY
8/26	REABURN, TARA	5541	33:26.002	06:41	10:45	126/224	57/129	+00:10:12	CALGARY
9/26	FESTEN, JOSE	5455	34:13.041	06:50	11:00	138/224	66/129	+00:10:59	CALGARY
10/26	ANDERSEN, KRISTINE	5415	35:56.093	07:11	11:33	160/224	83/129	+00:12:42	CALGARY
11/26	KARPIAK, JODY	5494	36:39.360	07:19	11:47	166/224	86/129	+00:13:25	CALGARY
12/26	IOVINELLI, LORY	5654	37:16.062	07:27	11:58	168/224	87/129	+00:14:02	CALGARY
13/26	GAUTHIER, HEATHER	5471	37:56.257	07:35	12:11	170/224	89/129	+00:14:42	LETHBRIDGE
14/26	BERGLUND, CAROLINE	5616	39:14.842	07:50	12:37	178/224	95/129	+00:16:01	CALGARY
15/26	YUEN, FRANCES	5576	39:21.967	07:52	12:39	179/224	96/129	+00:16:08	CALGARY
16/26	ZELEZ, DEBBIE	5577	39:39.733	07:55	12:45	181/224	98/129	+00:16:26	OKOTOKS
17/26	GARSTAD, TINA	615	40:48.802	08:09	13:07	185/224	100/129	+00:17:35	CALGARY
18/26	CANN, RAE	5428	41:59.629	08:23	13:30	189/224	103/129	+00:18:46	CALGARY
19/26	PARKER, KELLY	5534	42:33.801	08:30	13:41	192/224	106/129	+00:19:20	AIRDRIE
20/26	DELONG, LORRI	5445	44:42.212	08:56	14:22	200/224	111/129	+00:21:28	CALGARY

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

5K Run - 3.1 Miles

224 Finishers

5K50-59F - 26 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
21/26	LYON, LAURIE	5637	46:36.257	09:19	14:59	203/224	113/129	+00:23:22	CALGARY
22/26	VAN LUIPEN, MICHELLE	5570	50:18.725	10:03	16:10	211/224	120/129	+00:27:05	CALGARY
23/26	SMITH, SUSANNE	5641	53:45.513	10:45	17:17	214/224	122/129	+00:30:32	CALGARY
24/26	ECKER, DEBBIE	5636	53:45.699	10:45	17:17	215/224	123/129	+00:30:32	CALGARY
25/26	PREVOST, TEENA	5539	59:41.897	11:56	19:11	219/224	125/129	+00:36:28	CALGARY
26/26	SHADE, LOUISE	5553	59:56.780	11:59	19:16	223/224	128/129	+00:36:43	CALGARY

5K50-59M - 13 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/13	LINDLAND, KEVIN	5504	20:02.392	04:00	06:26	9/224	7/95	+00:00:00	CALGARY
2/13	OLIVERA, OLIVIER	5529	22:28.030	04:29	07:13	18/224	13/95	+00:02:25	CALGARY
3/13	PENGUE, MARCO	5535	22:56.740	04:35	07:22	21/224	15/95	+00:02:54	CALGARY
4/13	BURNS, JIM	5633	25:01.614	05:00	08:02	37/224	24/95	+00:04:59	MONCTON
5/13	ROMANO, ALBERTO	5639	27:48.252	05:33	08:56	66/224	42/95	+00:07:45	CALGARY
6/13	CORRIN, SIMON	5438	27:57.371	05:35	08:59	68/224	43/95	+00:07:54	CALGARY
7/13	SMEREKA, DARCY	5554	28:04.260	05:36	09:01	70/224	44/95	+00:08:01	CALGARY
8/13	REDEKOP, COLIN	5542	32:52.019	06:34	10:34	121/224	68/95	+00:12:49	CALGARY
9/13	GIACCHETTA, ROD	5583	33:41.519	06:44	10:50	132/224	72/95	+00:13:39	CALGARY
10/13	BAGWELL, PETER	5615	34:13.463	06:50	11:00	139/224	73/95	+00:14:11	CALGARY
11/13	STEVENS, CHRIS	5597	34:23.776	06:52	11:03	140/224	74/95	+00:14:21	CALGARY
12/13	VILLEGAS, PATRICK	5571	35:57.523	07:11	11:33	161/224	78/95	+00:15:55	CALGARY
13/13	BISHOP, BUZZ	5642	38:47.304	07:45	12:28	175/224	83/95	+00:18:44	CALGARY

5K60-69F - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/9	NOWORYTA-FRIDMAN, KASIA	5524	28:34.751	05:42	09:11	77/224	27/129	+00:00:00	CALGARY
2/9	CROWCHILD, PEARL	5635	30:36.975	06:07	09:50	99/224	39/129	+00:02:02	TSUUT'INA
3/9	MAKISHI, DAWN	5508	32:19.277	06:27	10:23	115/224	48/129	+00:03:44	CALGARY
4/9	GERLACH, KARIN	5473	33:02.309	06:36	10:37	122/224	54/129	+00:04:27	CALGARY
5/9	ANDERSON-RODGERS, SUSAN	5416	33:32.119	06:42	10:46	128/224	59/129	+00:04:57	CALGARY
6/9	MCDUGALL, MELODY	5514	34:00.784	06:48	10:56	134/224	62/129	+00:05:26	COCHRANE
7/9	FREIBURGER, FRAN	5461	38:19.249	07:39	12:19	174/224	92/129	+00:09:44	CALGARY
8/9	EVERETT, ROSE	5625	58:28.538	11:41	18:48	218/224	124/129	+00:29:53	BRAGG CREEK
9/9	OLIVEIRA, FATIMA	5528	59:53.991	11:58	19:15	220/224	126/129	+00:31:19	CALGARY

5K60-69M - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/8	RODGERS, DAVE	5544	28:24.393	05:40	09:08	72/224	46/95	+00:00:00	CALGARY
2/8	FREIBURGER, RON	5462	29:37.680	05:55	09:31	88/224	55/95	+00:01:13	CALGARY
3/8	GAJARDO, PATRICIO	5466	29:40.140	05:56	09:32	91/224	57/95	+00:01:15	CALGARY
4/8	ENGLAND, ALEX	5454	29:43.868	05:56	09:33	94/224	58/95	+00:01:19	COCHRANE
5/8	BUSH, JAMES	5620	31:48.506	06:21	10:13	113/224	66/95	+00:03:24	CALGARY
6/8	ELLIOTT, ALBERT	5453	36:50.750	07:22	11:50	167/224	81/95	+00:08:26	CALGARY
7/8	BOOTH, GRAHAME	5425	39:39.822	07:55	12:45	182/224	84/95	+00:11:15	CALGARY
8/8	OISHI, MAURICE	5527	43:59.719	08:47	14:08	197/224	88/95	+00:15:35	CALGARY

5K70-79F - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/3	BRAGER, NANCY	5426	40:03.140	08:00	12:52	183/224	99/129	+00:00:00	CALGARY
2/3	FOLTINEK, SUSAN	5460	43:34.852	08:42	14:00	194/224	108/129	+00:03:31	CALGARY
3/3	CLEIREN, GHISLAINE	567	51:51.021	10:22	16:40	212/224	121/129	+00:11:47	CALGARY

5K70-79M - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/3	BAGNALL, PATRICK	5419	31:38.189	06:19	10:10	111/224	64/95	+00:00:00	CALGARY
2/3	ALLAN, JACKSON	5414	33:12.339	06:38	10:40	123/224	69/95	+00:01:34	CALGARY
3/3	LIFSCHITZ, JOEL	5503	37:58.788	07:35	12:12	172/224	82/95	+00:06:20	CALGARY

5K80+F - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/1	SAMUELSON, MARLENE	5545	1:01:48.809	12:21	19:52	224/224	129/129	+00:00:00	CALGARY

5K80+M - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/1	FRY, JIM	5464	28:58.001	05:47	09:18	81/224	53/95	+00:00:00	CALGARY