

Alpha Overall Results

10K - 6.21 Miles

288 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
129/288	ADAMS, BRADLEY	757	59:05.925	05:54	09:31	10K50-59M	11/21	M	94/152	CALGARY, AB
151/288	ALBRIGHT, HAYLEY	857	1:01:46.774	06:10	09:56	10K30-39F	12/28	F	43/136	EDMONTON, AB
106/288	ALBRIGHT, JARRED	759	55:30.396	05:33	08:56	10K30-39M	35/45	M	78/152	EDMONTON, AB
273/288	ANDERSEN, KRISTINE	505	1:20:23.833	08:02	12:56	10K50-59F	16/18	F	126/136	CALGARY, AB
84/288	ANDERSEN, STEFAN	837	52:42.634	05:16	08:29	10K30-39M	28/45	M	64/152	CALGARY, AB
34/288	ANSTETT, TIM	507	45:06.053	04:30	07:15	10K60-69M	2/18	M	30/152	CALGARY, AB
30/288	APONTE, JOSE	508	44:52.461	04:29	07:13	10K30-39M	13/45	M	27/152	CALGARY, AB
133/288	ARAUJO, STEVEN	795	59:20.269	05:56	09:33	10K30-39M	39/45	M	97/152	CALGARY, AB
24/288	AUDFROID, MIKE	511	44:05.116	04:24	07:05	10K40-49M	5/33	M	21/152	CALGARY, AB
255/288	AX, ATTILA	512	1:14:35.020	07:27	12:00	10K50-59M	19/21	M	144/152	CALGARY, AB
212/288	BADRY, GRAHAM	5411	1:08:12.807	06:49	10:59	10K19&UF	5/7	F	82/136	CALGARY, AB
160/288	BAILEY, NEIL	760	1:02:53.829	06:17	10:07	10K40-49M	25/33	M	112/152	CALGARY, AB
125/288	BARHAM, FRED	516	58:10.684	05:49	09:22	10K60-69M	7/18	M	92/152	CALGARY, AB
71/288	BARRETTE, FANNY	517	50:52.345	05:05	08:11	10K50-59F	1/18	F	16/136	CALGARY, AB
69/288	BARTEL, LANCE	518	50:43.891	05:04	08:10	10K30-39M	23/45	M	55/152	CALGARY, AB
195/288	BAXTER, RYAN	796	1:05:52.161	06:35	10:36	10K40-49M	27/33	M	124/152	CALGARY, AB
221/288	BELANGER, JASON	520	1:08:50.870	06:53	11:05	10K40-49M	29/33	M	132/152	CALGARY, AB
237/288	BENNETT, ANDREW	5709	1:10:18.155	07:01	11:19	10K40-49M	31/33	M	137/152	HERITAGE POINTE, AB
192/288	BERMUDEZ, JORGE	522	1:05:35.966	06:33	10:33	10K50-59M	15/21	M	123/152	CALGARY, AB
102/288	BERRY, NAOMI	523	54:52.827	05:29	08:50	10K40-49F	8/42	F	26/136	NANTON, AB
167/288	BERRY, VIRGINIA	524	1:03:16.141	06:19	10:11	10K40-49F	13/42	F	52/136	COCHRANE, AB
205/288	BETTERIDGE, BOB	525	1:07:11.237	06:43	10:49	10K50-59M	17/21	M	129/152	CALGARY, AB
283/288	BLACKHURST, JADE	527	1:30:56.918	09:05	14:38	10K30-39F	28/28	F	133/136	CALGARY, AB
282/288	BLACKHURST, NOAH	836	1:30:56.753	09:05	14:38	10K30-39M	45/45	M	150/152	CALGARY, AB
56/288	BOLIVAR, ALISON	529	49:10.433	04:55	07:55	10K19&UF	1/7	F	10/136	CALGARY, AB
19/288	BOLIVAR, PATRICK	530	42:39.640	04:15	06:52	10K20-29M	5/26	M	16/152	CALGARY, AB
227/288	BOOKER, JENNIFER	838	1:09:16.464	06:55	11:09	10K50-59F	10/18	F	93/136	CALGARY, AB
241/288	BOWEN, ZOE	531	1:11:09.078	07:06	11:27	10K20-29F	23/32	F	104/136	CALGARY, AB
238/288	BOYES, ANGELA	528	1:10:24.642	07:02	11:20	10K60-69F	6/6	F	101/136	CALGARY, AB
50/288	BRASSARD, PAUL	761	48:33.497	04:51	07:49	10K40-49M	10/33	M	41/152	CALGARY, AB
91/288	BREYTENBACH, JACQUES	533	53:12.821	05:19	08:34	10K30-39M	32/45	M	70/152	CALGARY, AB
172/288	BROAD, KENZIE	762	1:03:47.195	06:22	10:16	10K20-29F	16/32	F	55/136	AIRDRIE, AB
145/288	BROWN, BETH	534	1:00:20.244	06:02	09:42	10K30-39F	11/28	F	41/136	CALGARY, AB
235/288	BROWN, MIRANDA	535	1:10:08.399	07:00	11:17	10K30-39F	24/28	F	99/136	CALGARY, AB
228/288	BRUCE, JESSIE	536	1:09:21.951	06:56	11:10	10K30-39F	22/28	F	94/136	SHERWOOD PARK, AB
17/288	BRUSH, MACKENZIE	537	42:19.484	04:13	06:48	10K30-39M	6/45	M	15/152	CALGARY AB, AB
52/288	BUKHRES, MOHAMED(NOUR)	538	48:46.668	04:52	07:51	10K30-39M	18/45	M	43/152	DE WINTON, AB
166/288	BUSQUE, ANDRE	763	1:03:08.617	06:18	10:10	10K30-39M	41/45	M	115/152	CALGARY, AB
208/288	BUTLER-GRETTON, MARY	540	1:07:25.769	06:44	10:51	10K60-69F	5/6	F	78/136	CALGARY, AB
104/288	CALVERT, LEILA	541	55:11.295	05:31	08:53	10K20-29F	10/32	F	27/136	CALGARY, AB
6/288	CAMPBELL, TIM	797	37:43.371	03:46	06:04	10K20-29M	3/26	M	6/152	SASKATOON, SK
14/288	CASPER, ROB	839	41:43.625	04:10	06:43	10K40-49M	4/33	M	12/152	COALDALE, AB
169/288	CHAMBERS, ADRIAN	542	1:03:21.837	06:20	10:12	10K50-59M	14/21	M	116/152	COCHRANE, AB
210/288	CHAPPELL, KAITLYN	544	1:07:31.511	06:45	10:52	10K20-29F	19/32	F	80/136	AIRDRIE, AB
11/288	CHONGTHAM, EDDIE	764	40:44.352	04:04	06:33	10K40-49M	3/33	M	9/152	CALGARY, AB
139/288	CHOQUETTE, TYLER	814	59:44.433	05:58	09:37	10K19&UM	2/2	M	100/152	CALGARY, AB
10/288	CLARK, MATT	765	40:38.166	04:03	06:32	10K40-49M	2/33	M	8/152	CALGARY, AB
285/288	COAD, DELANIE	855	1:33:20.165	09:20	15:01	10K40-49F	41/42	F	134/136	CALGARY, AB
141/288	COLBERT, PETER	815	59:54.910	05:59	09:38	10K30-39M	40/45	M	102/152	CALGARY, AB
216/288	COLLIS, JENNIFER	549	1:08:29.777	06:50	11:01	10K40-49F	28/42	F	86/136	CALGARY, AB
276/288	COMEAU, CHERYL	766	1:21:48.324	08:10	13:10	10K50-59F	18/18	F	129/136	AIRDRIE, AB
264/288	COOPER-BURGESS, RHONDA	551	1:16:45.682	07:40	12:21	10K40-49F	38/42	F	118/136	CALGARY, AB
246/288	COTE, CHANTELLE	767	1:12:54.991	07:17	11:44	10K20-29F	24/32	F	107/136	CALGARY, AB
280/288	CROSMAN, PATRICK	552	1:28:43.186	08:52	14:17	10K30-39M	44/45	M	149/152	CALGARY, AB
115/288	CUNNING, JEFFERY	553	56:43.238	05:40	09:08	10K50-59M	8/21	M	85/152	LANGDON, AB
18/288	CURRIE, ANNA	554	42:33.079	04:15	06:51	10K30-39F	1/28	F	3/136	CALGARY, AB
225/288	CURTIS, CHARLOTTE	555	1:09:09.736	06:54	11:08	10K30-39F	21/28	F	91/136	CALGARY, AB

Alpha Overall Results

10K - 6.21 Miles

288 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
213/288	D'ANGELO, JESSICA	556	1:08:17.284	06:49	10:59	10K30-39F	20/28	F	83/136	CALGARY, AB
131/288	DANIEL, HANNA	557	59:16.895	05:55	09:32	10K20-29F	13/32	F	36/136	CALGARY, AB
248/288	DASCHUK, TAMMY	558	1:13:04.716	07:18	11:46	10K50-59F	13/18	F	108/136	CALGARY, AB
72/288	DAVIDSON, DAVID	559	51:00.097	05:06	08:12	10K60-69M	6/18	M	56/152	CALGARY, AB
156/288	DEARBORN, DAVE	560	1:02:35.266	06:15	10:04	10K60-69M	11/18	M	109/152	CALGARY, AB
48/288	DEROUIN, BRETT	561	48:04.481	04:48	07:44	10K30-39M	17/45	M	40/152	CALGARY, AB
86/288	DIBENEDETTO, DANIEL	562	52:45.705	05:16	08:29	10K30-39M	30/45	M	66/152	CALGARY, AB
15/288	DICESARE, PAUL	826	41:51.265	04:11	06:44	10K30-39M	4/45	M	13/152	CALGARY, AB
185/288	DO, MICHAEL	841	1:05:17.122	06:31	10:30	10K20-29M	21/26	M	122/152	CALGARY, AB
83/288	DONALD, MARK	563	52:40.056	05:16	08:28	10K30-39M	27/45	M	63/152	CALGARY, AB
146/288	DRIEDGER, HENRY	564	1:00:45.722	06:04	09:47	10K70-79M	4/7	M	105/152	HERITAGE POINTE, AB
226/288	DUNN, JESSICA	565	1:09:12.736	06:55	11:08	10K40-49F	31/42	F	92/136	CALGARY, AB
180/288	DYER, KELLY	566	1:04:59.849	06:29	10:27	10K40-49F	17/42	F	60/136	CALGARY, AB
144/288	EJESI, ALEX	567	1:00:18.018	06:01	09:42	10K30-39F	10/28	F	40/136	CALGARY, AB
206/288	ELLIOTT, JUDITH	568	1:07:14.823	06:43	10:49	10K60-69F	4/6	F	77/136	CALGARY, AB
186/288	ELLIS, KATE	569	1:05:18.599	06:31	10:31	10K40-49F	18/42	F	64/136	CALGARY, AB
20/288	EMMER, NIKOLAS	570	42:52.953	04:17	06:54	10K30-39M	7/45	M	17/152	CALGARY, AB
88/288	ERNO, DEVAN	571	52:54.142	05:17	08:31	10K40-49M	15/33	M	67/152	CALGARY, AB
202/288	ESCHAK, ANDREA	572	1:06:59.473	06:41	10:47	10K30-39F	18/28	F	75/136	AIRDRIE, AB
157/288	EXNER, MICHAEL	573	1:02:37.681	06:15	10:05	10K60-69M	12/18	M	110/152	CALGARY, AB
288/288	EYRE, MARCUS	574	1:50:20.340	11:02	17:46	10K60-69M	18/18	M	152/152	CALGARY, AB
279/288	FAIRBOURN, LILLIAN	575	1:25:09.954	08:30	13:42	10K70-79F	2/2	F	131/136	CALGARY, AB
2/288	FAWCETT, MATTHIEU	576	35:52.512	03:35	05:46	10K20-29M	1/26	M	2/152	CALGARY, AB
158/288	FITTON, RICHARD	578	1:02:44.969	06:16	10:06	10K50-59M	13/21	M	111/152	CALGARY, BC
81/288	FOLEY, HUDSON	579	52:27.611	05:14	08:26	10K20-29M	9/26	M	61/152	CALGARY, AB
240/288	FOLTINEK, MELISSA	580	1:11:08.585	07:06	11:27	10K40-49F	35/42	F	103/136	CALGARY, AB
35/288	FUELLAS, EMMANUEL	768	45:07.482	04:30	07:15	10K40-49M	8/33	M	31/152	CALGARY, AB
126/288	GALLANT, SAMUEL	816	58:38.808	05:51	09:26	10K20-29M	12/26	M	93/152	RED DEER COUNTY, AB
51/288	GARHAMMER, RAINER	581	48:40.037	04:52	07:50	10K40-49M	11/33	M	42/152	CALGARY, AB
103/288	GAUDIO, RICK	582	55:04.146	05:30	08:52	10K50-59M	6/21	M	77/152	CALGARY, AB
44/288	GERKE, RACHEL	798	47:06.897	04:42	07:35	10K20-29F	4/32	F	7/136	CALGARY, AB
181/288	GERVAIS, BRITTANY	583	1:05:00.083	06:30	10:28	10K30-39F	16/28	F	61/136	CALGARY, AB
37/288	GILES, LISA	586	45:36.078	04:33	07:20	10K30-39F	2/28	F	5/136	CALGARY, AB
262/288	GIN, SOPHIA	851	1:16:15.845	07:37	12:16	10K50-59F	15/18	F	116/136	CALGARY, AB
170/288	GORDON, HANNELE	770	1:03:38.008	06:21	10:14	10K40-49F	14/42	F	54/136	CALGARY, AB
99/288	GORONTZY-SLACK, VARINKA	587	54:06.798	05:24	08:42	10K20-29F	8/32	F	23/136	CALGARY, AB
135/288	GOURLAY, JEFF	813	59:24.699	05:56	09:34	10K50-59M	12/21	M	98/152	CALGARY, AB
187/288	GRAY, KELLY	799	1:05:19.304	06:31	10:31	10K40-49F	19/42	F	65/136	OKOTOKS, AB
140/288	GRIFFITHS, MARK	590	59:46.730	05:58	09:37	10K60-69M	9/18	M	101/152	BRAGG CREEK, AB
23/288	HALL, ELLIS	592	43:50.211	04:23	07:03	10K30-39M	9/45	M	20/152	CALGARY, AB
182/288	HALLIDAY, BRIGID	593	1:05:03.319	06:30	10:28	10K20-29F	18/32	F	62/136	CALGARY, AB
77/288	HANEY, BRETT	842	51:14.066	05:07	08:15	10K30-39M	26/45	M	59/152	CHESTERMERE, AB
90/288	HANEY, JAY	843	53:01.642	05:18	08:32	10K30-39M	31/45	M	69/152	CALGARY, AB
61/288	HANLON, PATRICK	594	49:49.809	04:58	08:01	10K50-59M	4/21	M	50/152	CALGARY, AB
42/288	HANSEN, DANA	595	46:56.491	04:41	07:33	10K40-49F	1/42	F	6/136	CALGARY, AB
122/288	HANSON, LEE	596	57:36.139	05:45	09:16	10K50-59M	10/21	M	90/152	CALGARY, AB
123/288	HAO, ZHI YUN	597	57:47.130	05:46	09:18	10K30-39F	8/28	F	33/136	CALGARY, AB
231/288	HARQUAIL, LYNN	598	1:09:36.642	06:57	11:12	10K50-59F	11/18	F	96/136	CALGARY, AB
204/288	HASKETT, TANYA	599	1:07:08.621	06:42	10:48	10K40-49F	25/42	F	76/136	COCHRANE, AB
1/288	HEALY, EDWARD	829	35:36.738	03:33	05:44	10K19&UM	1/2	M	1/152	AIRDRIE, AB
194/288	HEFFERNAN, DENISE	823	1:05:39.599	06:33	10:34	10K40-49F	23/42	F	71/136	CALGARY, AB
45/288	HERLE, NEIL	602	47:11.959	04:43	07:36	10K50-59M	2/21	M	38/152	CALGARY, AB
112/288	HERNANDEZ, EZEQUIEL	603	56:03.259	05:36	09:01	10K30-39M	36/45	M	83/152	CALGARY, AB
215/288	HERNANDEZ-SILVA, SARAH	604	1:08:23.566	06:50	11:00	10K40-49F	27/42	F	85/136	CALGARY, AB
253/288	HIDER, CHRIS	605	1:13:33.661	07:21	11:50	10K70-79F	1/2	F	110/136	OKOTOKS, AB
261/288	HIDER, JON	606	1:16:03.874	07:36	12:14	10K70-79M	7/7	M	146/152	OKOTOKS, AB
5/288	HIGGINS, ANDREW	769	37:38.916	03:45	06:03	10K30-39M	2/45	M	5/152	CALGARY, AB

St. Patricks Day Run Mar.16/2025 - 10K/5K

Alpha Overall Results

10K - 6.21 Miles

288 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
89/288	HILLIER, BRETT	607	52:56.607	05:17	08:31	10K40-49M	16/33	M	68/152	AIRDRIE, AB
136/288	HINDS, TIFFANY	771	59:25.637	05:56	09:34	10K30-39F	9/28	F	38/136	CALGARY, AB
8/288	HNATYSHYN, ELLA	827	39:49.792	03:58	06:24	10K20-29F	2/32	F	2/136	CALGARY, AB
177/288	HOBDAY, KATIE	609	1:04:29.264	06:26	10:23	10K40-49F	16/42	F	59/136	CALGARY, AB
274/288	HOGARTH, CASSANDRA	610	1:20:48.489	08:04	13:00	10K30-39F	26/28	F	127/136	CALGARY, AB
258/288	HOGARTH, KENDRA	611	1:14:50.399	07:29	12:03	10K19&UF	7/7	F	113/136	CALGARY, AB
281/288	HOME, ASHLEY	612	1:28:45.202	08:52	14:17	10K30-39F	27/28	F	132/136	CALGARY, AB
124/288	HOWARD, GRAHAM	613	57:54.887	05:47	09:19	10K40-49M	24/33	M	91/152	CALGARY, AB
251/288	HUYGHEBAERT, EMILIE	614	1:13:27.386	07:20	11:49	10K19&UF	6/7	F	109/136	CALGARY, AB
266/288	HUYGHEBAERT, TRUDY	615	1:17:22.950	07:44	12:27	10K40-49F	39/42	F	120/136	CALGARY, AB
152/288	INKSTER, SARAH	616	1:02:16.798	06:13	10:01	10K40-49F	11/42	F	44/136	CALGARY, AB
193/288	JACOBS, CHER	772	1:05:36.950	06:33	10:33	10K40-49F	22/42	F	70/136	CALGARY, AB
134/288	JALBERT, VICKY	617	59:23.714	05:56	09:33	10K20-29F	14/32	F	37/136	AIRDRIE, AB
247/288	JAUNIN, GIOVANNI	773	1:12:56.209	07:17	11:44	10K20-29M	26/26	M	140/152	CALGARY, AB
33/288	JONES, KIM	622	45:00.382	04:30	07:14	10K50-59M	1/21	M	29/152	CALGARY, AB
236/288	JOYCE, RANDI	623	1:10:08.448	07:00	11:17	10K20-29F	22/32	F	100/136	LETHBRIDGE, AB
286/288	JUKES, ELLIE	624	1:39:25.925	09:56	16:00	10K20-29F	32/32	F	135/136	CALGARY, AB
199/288	JURICEK, JERRY (JARKO)	625	1:06:07.676	06:36	10:38	10K40-49M	28/33	M	127/152	CALGARY, AB
259/288	KARPIAK, ALEXIS	626	1:15:41.675	07:34	12:11	10K20-29F	25/32	F	114/136	CALGARY, AB
275/288	KARPIAK, JODY	627	1:20:50.200	08:05	13:01	10K50-59F	17/18	F	128/136	CALGARY, AB
278/288	KEAST, LANCE	628	1:25:09.602	08:30	13:42	10K50-59M	21/21	M	148/152	CALGARY, AB
200/288	KELLY, TARA	856	1:06:53.191	06:41	10:46	10K40-49F	24/42	F	73/136	CALGARY, AB
94/288	KHRAPOV, VITALII	844	53:21.187	05:20	08:35	10K30-39M	34/45	M	72/152	CALGARY, AB
68/288	KIM, HYUN JIN	629	50:40.293	05:04	08:09	10K30-39M	22/45	M	54/152	CALGARY, AB
287/288	KIRSCH, JULIE	630	1:50:18.160	11:01	17:45	10K40-49F	42/42	F	136/136	CALGARY, AB
242/288	KITCHIN, PATRICK	631	1:12:05.843	07:12	11:36	10K40-49M	32/33	M	138/152	CALGARY, AB
70/288	KOLODINSKY, JAMIE	632	50:48.219	05:04	08:10	10K30-39F	6/28	F	15/136	CALGARY, AB
222/288	KOROBOV, DMITRII	633	1:08:56.753	06:53	11:06	10K20-29M	24/26	M	133/152	CALGARY, AB
38/288	KROLL, DANNY	634	45:36.269	04:33	07:20	10K40-49M	9/33	M	33/152	CALGARY, AB
60/288	KUBIK, PAT	635	49:44.935	04:58	08:00	10K40-49M	13/33	M	49/152	EDMONTON, AB
55/288	KUCZOR, JASON	636	49:09.193	04:54	07:54	10K30-39M	19/45	M	46/152	CALGARY, AB
203/288	KULCSAR, ED	637	1:07:08.497	06:42	10:48	10K60-69M	15/18	M	128/152	COCHRANE, AB
41/288	KWAITKOWSKI, AUSTIN	845	46:49.882	04:40	07:32	10K20-29M	8/26	M	36/152	CALGARY, AB
85/288	LAHRING, GRANT	858	52:42.916	05:16	08:29	10K30-39M	29/45	M	65/152	CALGARY, AB
117/288	LANE, ERIN	639	57:06.372	05:42	09:11	10K40-49F	9/42	F	31/136	CALGARY, AB
118/288	LANGLOIS, PAUL	774	57:12.160	05:43	09:12	10K30-39M	37/45	M	87/152	CALGARY, AB
59/288	LECOCQ, CLAIRE	640	49:29.793	04:56	07:58	10K30-39F	4/28	F	11/136	EDMONTON, AB
130/288	LEE, DON	775	59:13.191	05:55	09:32	10K70-79M	3/7	M	95/152	CALGARY, AB
165/288	LEE, JENNY	641	1:03:07.937	06:18	10:09	10K40-49F	12/42	F	51/136	CALGARY, AB
100/288	LEE, JIYE	776	54:43.453	05:28	08:48	10K40-49F	7/42	F	24/136	CALGARY, AB
80/288	LEINWEBER, KARA	642	52:18.728	05:13	08:25	10K40-49F	5/42	F	20/136	CALGARY, AB
116/288	LIM, SU-CHONG	645	56:51.303	05:41	09:09	10K70-79M	2/7	M	86/152	CALGARY, AB
21/288	LINDLAND, KEVIN	646	43:15.852	04:19	06:58	10K60-69M	1/18	M	18/152	CALGARY, AB
12/288	LOACH, ALEX	777	40:50.259	04:05	06:34	10K30-39M	3/45	M	10/152	CALGARY, AB
214/288	LOPEZ, ANA MARIA	778	1:08:20.401	06:50	11:00	10K40-49F	26/42	F	84/136	CALGARY, AB
62/288	LUCAS, AMANDA	647	49:51.121	04:59	08:01	10K40-49F	3/42	F	12/136	CALGARY, AB
93/288	MACDONALD, BRYN	648	53:18.751	05:19	08:35	10K40-49F	6/42	F	22/136	CALGARY, AB
175/288	MACFARLANE, STEPHANIE	649	1:04:17.452	06:25	10:21	10K20-29F	17/32	F	58/136	CALGARY, AB
22/288	MAHON, SEANN	650	43:33.569	04:21	07:00	10K30-39M	8/45	M	19/152	CALGARY, AB
174/288	MANITOPYES, CARRIE	651	1:04:04.936	06:24	10:19	10K60-69F	2/6	F	57/136	CALGARY, AB
25/288	MARCHUK, DONNY	652	44:15.831	04:25	07:07	10K40-49M	6/33	M	22/152	CALGARY, AB
110/288	MARR, DREW	654	55:58.193	05:35	09:00	10K40-49M	21/33	M	81/152	CALGARY, AB
260/288	MARSON, LINA	655	1:15:44.276	07:34	12:11	10K80+F	1/1	F	115/136	CALGARY, AB
97/288	MARTINSON, ADAM	656	53:42.538	05:22	08:38	10K40-49M	18/33	M	75/152	CALGARY, AB
173/288	MAXWELL, STEPHANIE	657	1:04:02.992	06:24	10:18	10K40-49F	15/42	F	56/136	CALGARY, AB
92/288	MAZUREK, LANE	658	53:13.422	05:19	08:34	10K30-39M	33/45	M	71/152	CALGARY, AB
249/288	MCCREANOR, JOHN	660	1:13:12.334	07:19	11:47	10K70-79M	5/7	M	141/152	CALGARY, AB

St. Patricks Day Run Mar.16/2025 - 10K/5K

Alpha Overall Results

10K - 6.21 Miles

288 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
57/288	MCEWAN, STEVEN	661	49:10.651	04:55	07:55	10K40-49M	12/33	M	47/152	COCHRANE, AB
256/288	MCKAIN, AMBER	800	1:14:37.508	07:27	12:01	10K40-49F	37/42	F	112/136	CALGARY, AB
239/288	MCKNIGHT, TAMMY	662	1:11:01.765	07:06	11:26	10K40-49F	34/42	F	102/136	AIRDRIE, AB
268/288	MCLEAN, MEAGHAN	663	1:17:50.813	07:47	12:32	10K30-39F	25/28	F	122/136	CALGARY, AB
7/288	MCNAIR, CHARLOTTE	779	39:35.516	03:57	06:22	10K20-29F	1/32	F	1/136	CALGARY, AB
26/288	MCVARNOCK, LIAM	665	44:19.602	04:25	07:08	10K20-29M	6/26	M	23/152	CALGARY, AB
87/288	MEAD, HAYLEY	666	52:48.962	05:16	08:30	10K20-29F	7/32	F	21/136	LANGDON, AB
220/288	MELNITSKI, TIM	667	1:08:49.440	06:52	11:04	10K60-69M	16/18	M	131/152	CALGARY, AB
47/288	MELTZER, REBECCA	780	47:47.208	04:46	07:41	10K40-49F	2/42	F	8/136	CALGARY, AB
272/288	MIKALSON, KATIE	668	1:19:39.772	07:57	12:49	10K40-49F	40/42	F	125/136	CALGARY, AB
267/288	MOGG, ALEXA	670	1:17:29.883	07:44	12:28	10K20-29F	28/32	F	121/136	CALGARY, AB
54/288	MOLITOR, RANDY	671	49:06.052	04:54	07:54	10K60-69M	4/18	M	45/152	AIRDRIE, AB
39/288	MOLONEY, ENDA	672	46:44.563	04:40	07:31	10K30-39M	14/45	M	34/152	CALGARY, AB
201/288	MOORE, DONNA	673	1:06:59.125	06:41	10:47	10K60-69F	3/6	F	74/136	AIRDRIE, AB
29/288	MORAN, KEVIN	818	44:48.662	04:28	07:12	10K30-39M	12/45	M	26/152	CALGARY, AB
63/288	MROCHUK, HANNA	675	49:51.568	04:59	08:01	10K20-29F	5/32	F	13/136	CALGARY, AB
31/288	MUSSON, MICHELLE	781	44:54.475	04:29	07:13	10K20-29F	3/32	F	4/136	CALGARY, AB
95/288	NELSON, CHET	678	53:24.844	05:20	08:36	10K20-29M	11/26	M	73/152	CALGARY, AB
36/288	NEWMAN, BRENNAN	846	45:29.632	04:32	07:19	10K20-29M	7/26	M	32/152	CALGARY, AB
271/288	NEWTON, ALYSSA	849	1:19:18.467	07:55	12:46	10K20-29F	30/32	F	124/136	CALGARY, AB
142/288	NICHOLSON, BRODIE	679	59:55.778	05:59	09:39	10K20-29M	13/26	M	103/152	CALGARY, AB
148/288	NICHOLSON, DEZMAN	680	1:01:16.541	06:07	09:52	10K20-29M	14/26	M	106/152	CALGARY, AB
196/288	NICHOLSON, JEFF	681	1:05:56.356	06:35	10:37	10K50-59M	16/21	M	125/152	CALGARY, AB
244/288	NICHOLSON, LAUREL	682	1:12:09.616	07:12	11:37	10K50-59F	12/18	F	105/136	CALGARY, AB
277/288	NICKLE, HAILEY	683	1:25:08.970	08:30	13:42	10K20-29F	31/32	F	130/136	CALGARY, AB
113/288	NIKOLAOU, VICTOR	684	56:06.748	05:36	09:02	10K40-49M	22/33	M	84/152	COCHRANE, AB
120/288	NIZIOLEK, MARTHA	782	57:21.535	05:44	09:14	10K20-29F	12/32	F	32/136	CALGARY, AB
230/288	NOVOSEL, RITA	685	1:09:28.140	06:56	11:11	10K40-49F	32/42	F	95/136	CALGARY, AB
64/288	O'MAHONEY, DIARMUID	686	49:56.371	04:59	08:02	10K40-49M	14/33	M	51/152	CALGARY, AB
154/288	O'MAHONEY, NIKKI	687	1:02:32.735	06:15	10:04	10K30-39F	14/28	F	46/136	CALGARY, AB
119/288	O'NEILL, PAUL	688	57:17.316	05:43	09:13	10K50-59M	9/21	M	88/152	CALGARY, AB
159/288	OICKLE, NGAN	689	1:02:47.505	06:16	10:06	10K50-59F	5/18	F	48/136	CALGARY, AB
3/288	OWEN, GAVIN	802	36:23.566	03:38	05:51	10K20-29M	2/26	M	3/152	BANFF, AB
179/288	PARSONS, JOHN	690	1:04:48.695	06:28	10:26	10K40-49M	26/33	M	120/152	CALGARY, AB
58/288	PASCOE-PRICE, JAMES	854	49:24.076	04:56	07:57	10K30-39M	20/45	M	48/152	CALGARY, AB
229/288	PATRICIAE, RYAN	691	1:09:23.002	06:56	11:10	10K20-29M	25/26	M	135/152	CALGARY, AB
218/288	PAUL, ALLISON	803	1:08:43.229	06:52	11:03	10K40-49F	29/42	F	88/136	OKOTOKS, AB
211/288	PEDERSEN, ELAN	692	1:08:00.572	06:48	10:57	10K20-29F	20/32	F	81/136	CALGARY, AB
111/288	PENGUE, MARCO	694	56:00.747	05:36	09:01	10K50-59M	7/21	M	82/152	CALGARY, AB
254/288	PENNER, ROSEANNE	695	1:14:09.309	07:24	11:56	10K50-59F	14/18	F	111/136	CALGARY, AB
137/288	PENROSE, ASHLEY	696	59:27.721	05:56	09:34	10K40-49F	10/42	F	39/136	CALGARY, AB
234/288	PETRUCCI, ASHLEE	697	1:09:53.516	06:59	11:15	10K40-49F	33/42	F	98/136	CALGARY, AB
46/288	PHILLIPS, MIKE	698	47:41.396	04:46	07:40	10K50-59M	3/21	M	39/152	CALGARY, AB
43/288	PILLAY, NITIN	699	47:04.177	04:42	07:34	10K30-39M	16/45	M	37/152	CALGARY, AB
75/288	PINDER, ERIN	700	51:06.354	05:06	08:13	10K40-49F	4/42	F	18/136	LETHBRIDGE, AB
13/288	PLETT, RYAN	701	41:42.176	04:10	06:42	10K20-29M	4/26	M	11/152	CALGARY, AB
9/288	POLAK, JASON	702	40:25.791	04:02	06:30	10K40-49M	1/33	M	7/152	CALGARY, AB
27/288	POTTS, KYLE	833	44:28.109	04:26	07:09	10K30-39M	10/45	M	24/152	CALGARY, AB
245/288	PURVES-SMITH, ADELE	783	1:12:51.921	07:17	11:44	10K40-49F	36/42	F	106/136	CALGARY, AB
189/288	QUALIZZA, GIUSTINA	705	1:05:25.655	06:32	10:32	10K30-39F	17/28	F	67/136	CALGARY, AB
224/288	REAL, SIMONE	706	1:09:01.252	06:54	11:06	10K20-29F	21/32	F	90/136	CALGARY, AB
265/288	REBER, KIRSTEN	707	1:17:20.861	07:44	12:27	10K20-29F	27/32	F	119/136	CALGARY, AB
270/288	REED, SHAELYNN	708	1:18:02.556	07:48	12:34	10K20-29F	29/32	F	123/136	HANNA, AB
78/288	REID, CHAD	785	51:30.618	05:09	08:17	10K50-59M	5/21	M	60/152	CALGARY, AB
232/288	REID, JAMES	819	1:09:37.508	06:57	11:12	10K30-39M	42/45	M	136/152	CALGARY, AB
233/288	REID, KATIE	820	1:09:39.127	06:57	11:12	10K30-39F	23/28	F	97/136	CALGARY, AB
65/288	RICHARDSON, JERRY	709	49:56.747	04:59	08:02	10K60-69M	5/18	M	52/152	CALGARY, AB

St. Patricks Day Run Mar.16/2025 - 10K/5K

Alpha Overall Results

10K - 6.21 Miles

288 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
162/288	RIEDIGER, COLBY	710	1:03:01.000	06:18	10:08	10K20-29M	17/26	M	113/152	CALGARY, AB
176/288	RIEDIGER, DARRYL	711	1:04:25.115	06:26	10:22	10K60-69M	14/18	M	118/152	CALGARY, AB
67/288	RIESEBERG, ASHLEY	712	50:23.469	05:02	08:06	10K30-39F	5/28	F	14/136	CALGARY, AB
161/288	ROCKLEY, AVA	713	1:02:54.415	06:17	10:07	10K19&UF	4/7	F	49/136	OKOTOKS, AB
138/288	RODGERS, DAVE	714	59:32.502	05:57	09:35	10K60-69M	8/18	M	99/152	CALGARY, AB
178/288	ROLICK, ALEX	787	1:04:44.945	06:28	10:25	10K20-29M	19/26	M	119/152	CALGARY, AB
114/288	ROWLANDS, MARGARET	716	56:09.448	05:36	09:02	10K50-59F	2/18	F	30/136	CALGARY, AB
28/288	RUDARI, LUKAS	717	44:40.086	04:28	07:11	10K30-39M	11/45	M	25/152	CALGARY, AB
284/288	RULLER, KEN	718	1:33:10.208	09:19	15:00	10K60-69M	17/18	M	151/152	CALGARY, AB
107/288	RUPPEL, ALYSSA MARIE	804	55:33.677	05:33	08:56	10K19&UF	2/7	F	29/136	CALGARY, AB
40/288	RUSSELL, PETER	853	46:49.272	04:40	07:32	10K30-39M	15/45	M	35/152	CALGARY, AB
190/288	RUSTAD, VIKTORIYA	719	1:05:26.919	06:32	10:32	10K40-49F	21/42	F	68/136	CALGARY, AB
207/288	SAAYMAN, MARKUS	852	1:07:15.857	06:43	10:49	10K20-29M	23/26	M	130/152	CALGARY, AB
243/288	SANDER, MIKE	720	1:12:05.918	07:12	11:36	10K40-49M	33/33	M	139/152	CALGARY, AB
109/288	SARMIENTO, JAVIER	848	55:51.560	05:35	08:59	10K40-49M	20/33	M	80/152	CALGARY, AB
197/288	SCHARF, MAUREEN	821	1:06:03.974	06:36	10:38	10K50-59F	8/18	F	72/136	CALGARY, AB
73/288	SCHLEGELMILCH, MICHAEL	788	51:01.903	05:06	08:13	10K30-39M	24/45	M	57/152	CALGARY, AB
74/288	SCHLEGELMILCH, SARAH	789	51:01.996	05:06	08:13	10K30-39F	7/28	F	17/136	CALGARY, AB
252/288	SCHNEIDER, DALE	805	1:13:32.607	07:21	11:50	10K50-59M	18/21	M	143/152	CALGARY, AB
209/288	SELVALINGHAM, ANGELINA	812	1:07:29.191	06:44	10:52	10K30-39F	19/28	F	79/136	CALGARY, AB
223/288	SHAND, TRAVIS	722	1:08:58.750	06:53	11:06	10K40-49M	30/33	M	134/152	CALGARY, AB
250/288	SHUTT, STEVE	725	1:13:13.318	07:19	11:47	10K70-79M	6/7	M	142/152	CALGARY, AB
188/288	SINCLAIR, SHANELLE	847	1:05:21.810	06:32	10:31	10K40-49F	20/42	F	66/136	CALGARY, AB
184/288	SMILAR, SHERRY	726	1:05:16.631	06:31	10:30	10K50-59F	6/18	F	63/136	CALGARY, AB
53/288	SMIT, THEO	727	49:02.559	04:54	07:53	10K60-69M	3/18	M	44/152	CALGARY, AB
105/288	SMITH, LAUREN	850	55:29.646	05:32	08:56	10K20-29F	11/32	F	28/136	CALGARY, AB
219/288	SMULDERS, JESSIE	806	1:08:44.799	06:52	11:04	10K40-49F	30/42	F	89/136	OKOTOKS, AB
164/288	SMYTH, BARBARA	809	1:03:07.867	06:18	10:09	10K60-69F	1/6	F	50/136	CALGARY, AB
163/288	SMYTH, NATHAN	810	1:03:06.112	06:18	10:09	10K20-29M	18/26	M	114/152	CALGARY, AB
153/288	SNELL, HOLLY	728	1:02:30.696	06:15	10:03	10K30-39F	13/28	F	45/136	CALGARY, AB
183/288	SOHN, JUNG HYUN	790	1:05:12.762	06:31	10:30	10K20-29M	20/26	M	121/152	CALGARY, AB
149/288	SOHN, JW	791	1:01:20.033	06:08	09:52	10K20-29M	15/26	M	107/152	CALGARY, AB
269/288	SOTOMAYOR, OMAR	729	1:17:52.946	07:47	12:32	10K30-39M	43/45	M	147/152	CALGARY, AB
150/288	SPINK, MATTHEW	822	1:01:21.605	06:08	09:52	10K20-29M	16/26	M	108/152	CALGARY, AB
32/288	SPRACKLIN, DARRELL	730	44:57.218	04:29	07:14	10K40-49M	7/33	M	28/152	BRAGG CREEK, AB
143/288	ST-LOUIS, J-C	830	1:00:03.486	06:00	09:40	10K60-69M	10/18	M	104/152	ROCKY VIEW COUNTY, AB
217/288	STADNYK, LINDA	831	1:08:42.691	06:52	11:03	10K50-59F	9/18	F	87/136	AIRDRIE, AB
76/288	STANDING ALONE, DYLAN	732	51:06.894	05:06	08:13	10K30-39M	25/45	M	58/152	CARDSTON, AB
127/288	STEWART, JAYNE	733	58:45.441	05:52	09:27	10K50-59F	3/18	F	34/136	COCHRANE, AB
82/288	SUDAN, PHILIPPE	828	52:36.120	05:15	08:28	10K20-29M	10/26	M	62/152	VUADENS, FR
101/288	SUDLOW, TANIS	807	54:46.452	05:28	08:49	10K20-29F	9/32	F	25/136	CALGARY, AB
191/288	TABELEV, ELENA	792	1:05:27.458	06:32	10:32	10K50-59F	7/18	F	69/136	CALGARY, AB
257/288	THORNBOROUGH, DOUG	738	1:14:44.184	07:28	12:02	10K50-59M	20/21	M	145/152	CALGARY, AB
79/288	THROCKMORTON, HANNAH	739	52:14.767	05:13	08:24	10K20-29F	6/32	F	19/136	CALGARY, AB
198/288	TILLSON, JOSH	740	1:06:04.116	06:36	10:38	10K20-29M	22/26	M	126/152	SUDBURY, ON
147/288	TONNER, MACKENZIE	741	1:00:59.151	06:05	09:49	10K19&UF	3/7	F	42/136	CALGARY, AB
263/288	URBANSKI, KAYA	811	1:16:22.971	07:38	12:17	10K20-29F	26/32	F	117/136	CALGARY, AB
108/288	VANGILST, JAMES	743	55:45.373	05:34	08:58	10K70-79M	1/7	M	79/152	FOOTHILLS, AB
98/288	VINDEVOGHEL, BURKE	744	53:42.749	05:22	08:38	10K40-49M	19/33	M	76/152	CALGARY, AB
128/288	WARNER, SANDY	745	58:57.347	05:53	09:29	10K50-59F	4/18	F	35/136	CALGARY, AB
168/288	WENAAS, HAYLEY	793	1:03:19.058	06:19	10:11	10K20-29F	15/32	F	53/136	AIRDRIE, AB
155/288	WEST, NICOLE	747	1:02:32.830	06:15	10:04	10K30-39F	15/28	F	47/136	CALGARY, AB
16/288	WILLIAMS, ANDREW	751	41:59.890	04:11	06:45	10K30-39M	5/45	M	14/152	CALGARY, AB
96/288	WIST, DALE	753	53:32.414	05:21	08:37	10K40-49M	17/33	M	74/152	CALGARY, AB
121/288	WOLCOTT, JASON	794	57:23.835	05:44	09:14	10K40-49M	23/33	M	89/152	CALGARY, AB
4/288	WOLF, JONNY	834	36:23.847	03:38	05:51	10K30-39M	1/45	M	4/152	CALGARY, AB
171/288	ZDRILL, RON	754	1:03:40.774	06:22	10:15	10K60-69M	13/18	M	117/152	CALGARY, AB

St. Patricks Day Run Mar.16/2025 - 10K/5K
Alpha Overall Results

10K - 6.21 Miles

288 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
49/288	ZEPEDA, NUBIA	835	48:24.543	04:50	07:47	10K30-39F	3/28	F	9/136	CALGARY, AB
132/288	ZHENG, ALAN	755	59:18.722	05:55	09:33	10K30-39M	38/45	M	96/152	CALGARY, AB
66/288	ZHOU, YUE	756	49:59.558	04:59	08:03	10K30-39M	21/45	M	53/152	CALGARY, AB