

## St. Patricks Day Run Mar.16/2025 - 10K/5K

## Alpha Overall Results

## 5K - 3.1 Miles

## 257 Finishers

| O/A     | Name                         | Bib# | Time      | Pace/K | Pace/M | Category | Cat/PI | Gender | Gen/PI  | City            |
|---------|------------------------------|------|-----------|--------|--------|----------|--------|--------|---------|-----------------|
| 145/257 | ALAI, REBECCA                | 5407 | 35:27.275 | 07:05  | 11:24  | 5K20-29F | 15/23  | F      | 76/161  | CALGARY, AB     |
| 22/257  | ANDERSON, AMY                | 5408 | 23:50.069 | 04:46  | 07:39  | 5K60-69F | 1/17   | F      | 5/161   | CALGARY, AB     |
| 137/257 | ANDERSON-RODGERS, SUSAN      | 5712 | 34:37.355 | 06:55  | 11:07  | 5K60-69F | 5/17   | F      | 72/161  | CALGARY, AB     |
| 170/257 | ARELLANO, GIANNE             | 5409 | 39:09.858 | 07:49  | 12:35  | 5K30-39M | 23/23  | M      | 74/96   | CALGARY, AB     |
| 138/257 | ARMSTRONG, JOCELYN           | 5410 | 34:43.759 | 06:56  | 11:10  | 5K20-29F | 14/23  | F      | 73/161  | OKOTOKS, AB     |
| 123/257 | BAGNALL, PATRICK             | 5412 | 33:33.633 | 06:42  | 10:47  | 5K70-79M | 2/6    | M      | 63/96   | CALGARY, AB     |
| 190/257 | BALL, LILA                   | 5644 | 41:01.676 | 08:12  | 13:11  | 5K20-29F | 21/23  | F      | 109/161 | CALGARY, AB     |
| 169/257 | BANAAG, CLAUDETTE            | 5413 | 39:09.178 | 07:49  | 12:35  | 5K20-29F | 18/23  | F      | 96/161  | CALGARY, AB     |
| 245/257 | BARRIE, BOB                  | 5671 | 55:19.265 | 11:03  | 17:47  | 5K70-79M | 6/6    | M      | 93/96   | BANFF, AB       |
| 219/257 | BARRIE, LORNA                | 5672 | 48:50.630 | 09:46  | 15:42  | 5K60-69F | 13/17  | F      | 131/161 | BANFF, AB       |
| 231/257 | BATES, JACLYN                | 5414 | 51:47.792 | 10:21  | 16:39  | 5K40-49F | 36/39  | F      | 142/161 | CALGARY, AB     |
| 76/257  | BEAL, GRAEME                 | 5415 | 30:38.321 | 06:07  | 09:51  | 5K30-39M | 15/23  | M      | 42/96   | AIRDRIE, AB     |
| 81/257  | BELLINGHAM, SHAWN            | 5417 | 30:42.514 | 06:08  | 09:52  | 5K30-39M | 17/23  | M      | 46/96   | COCHRANE, AB    |
| 107/257 | BERKENKAMP-KELLETT, EMILY    | 5586 | 32:10.685 | 06:26  | 10:20  | 5K19&UF  | 6/12   | F      | 49/161  | CALGARY, AB     |
| 50/257  | BERRIGAN, ELIZABETH          | 5418 | 28:09.165 | 05:37  | 09:03  | 5K40-49F | 1/39   | F      | 19/161  | CALGARY, AB     |
| 225/257 | BESWICK-ARTHUR, JENNIFER     | 5419 | 50:43.153 | 10:08  | 16:18  | 5K40-49F | 34/39  | F      | 137/161 | CALGARY, AB     |
| 150/257 | BEVER, JENNA                 | 5687 | 36:58.046 | 07:23  | 11:53  | 5K30-39F | 24/40  | F      | 79/161  | CALGARY, AB     |
| 111/257 | BIAGIONI, ROBIN              | 5420 | 32:35.646 | 06:31  | 10:28  | 5K40-49F | 7/39   | F      | 52/161  | CALGARY, AB     |
| 131/257 | BLACK, JENNIFER              | 5421 | 34:09.769 | 06:49  | 10:59  | 5K50-59F | 12/27  | F      | 66/161  | CALGARY, AB     |
| 130/257 | BLEHM, SHAUNA                | 5422 | 33:58.121 | 06:47  | 10:55  | 5K50-59F | 11/27  | F      | 65/161  | CALGARY, AB     |
| 252/257 | BOA, DARA                    | 5587 | 55:58.077 | 11:11  | 17:59  | 5K40-49F | 38/39  | F      | 157/161 | CALGARY, AB     |
| 251/257 | BOA, WILLEM                  | 5588 | 55:57.562 | 11:11  | 17:59  | 5K19&UM  | 23/23  | M      | 95/96   | CALGARY, AB     |
| 44/257  | BOEHM, HAILEY                | 5423 | 27:42.399 | 05:32  | 08:54  | 5K20-29F | 4/23   | F      | 15/161  | CALGARY, AB     |
| 238/257 | BROWN, GRACIE                | 5424 | 54:22.336 | 10:52  | 17:28  | 5K20-29F | 23/23  | F      | 148/161 | CALGARY, AB     |
| 199/257 | BRUNI, AMANDA                | 5425 | 42:45.246 | 08:33  | 13:44  | 5K40-49F | 30/39  | F      | 116/161 | CALGARY, AB     |
| 209/257 | BUDD, T                      | 5589 | 46:31.578 | 09:18  | 14:57  | 5K50-59M | 9/11   | M      | 86/96   | CALGARY, AB     |
| 91/257  | CALADO, MARC                 | 5636 | 31:17.834 | 06:15  | 10:03  | 5K20-29M | 8/9    | M      | 51/96   | CALGARY, AB     |
| 84/257  | CAPUTO, CONNIE               | 5688 | 30:51.678 | 06:10  | 09:55  | 5K50-59F | 8/27   | F      | 37/161  | CALGARY, AB     |
| 129/257 | CARAS, STEPHANIE             | 5590 | 33:55.519 | 06:47  | 10:54  | 5K40-49F | 14/39  | F      | 64/161  | RED DEER, AB    |
| 195/257 | CARVALHO BORGES, ANA CLAUDIA | 5591 | 42:13.325 | 08:26  | 13:34  | 5K50-59F | 19/27  | F      | 114/161 | CALGARY, AB     |
| 37/257  | CASSIDY, DAVID               | 5428 | 26:17.555 | 05:15  | 08:27  | 5K30-39M | 8/23   | M      | 26/96   | CALGARY, AB     |
| 163/257 | CHAMBERS, GAIL               | 5699 | 38:51.695 | 07:46  | 12:29  | 5K50-59F | 14/27  | F      | 90/161  | COCHRANE, AB    |
| 127/257 | CHIDLAW, TIM                 | 5637 | 33:42.277 | 06:44  | 10:50  | 5K50-59M | 6/11   | M      | 65/96   | CALGARY, AB     |
| 142/257 | CHOI, DAVID                  | 5678 | 35:12.369 | 07:02  | 11:19  | 5K30-39M | 21/23  | M      | 67/96   | CALGARY, AB     |
| 93/257  | CHRENEK, JENN                | 5429 | 31:19.310 | 06:15  | 10:04  | 5K20-29F | 11/23  | F      | 42/161  | CALGARY, AB     |
| 132/257 | COLENUIT, ASHLEY             | 5638 | 34:31.307 | 06:54  | 11:06  | 5K30-39F | 18/40  | F      | 67/161  | CALGARY, AB     |
| 114/257 | COLLIET, SHELAGH             | 5689 | 32:39.677 | 06:31  | 10:30  | 5K60-69F | 4/17   | F      | 55/161  | VICTORIA, BC    |
| 72/257  | COLLINS, MAKAYLA             | 5431 | 30:23.085 | 06:04  | 09:46  | 5K20-29F | 8/23   | F      | 32/161  | CALGARY, AB     |
| 4/257   | CORMIER, RYAN                | 5432 | 18:53.255 | 03:46  | 06:04  | 5K30-39M | 2/23   | M      | 4/96    | CALGARY, AB     |
| 224/257 | COTE, ASHLEY                 | 5645 | 49:58.270 | 09:59  | 16:04  | 5K30-39F | 35/40  | F      | 136/161 | CALGARY, AB     |
| 156/257 | CRAIG, TARYN                 | 5436 | 37:42.860 | 07:32  | 12:07  | 5K30-39F | 26/40  | F      | 83/161  | CALGARY, AB     |
| 213/257 | CRANE- SPRACKLIN, MONICA     | 5690 | 48:01.553 | 09:36  | 15:26  | 5K40-49F | 32/39  | F      | 125/161 | BRAGG CREEK, AB |
| 87/257  | CROWCHILD, PEARL             | 5691 | 30:57.936 | 06:11  | 09:57  | 5K60-69F | 2/17   | F      | 39/161  | TSUUT'INA, AB   |
| 20/257  | CROWELL, GORD                | 5437 | 23:22.948 | 04:40  | 07:31  | 5K60-69M | 1/11   | M      | 16/96   | OKOTOKS, AB     |
| 54/257  | CUMYN, ELIZABETH             | 5625 | 28:41.343 | 05:44  | 09:13  | 5K30-39F | 7/40   | F      | 22/161  | CALGARY, AB     |
| 182/257 | CUSH, SHAUNA                 | 5438 | 40:31.537 | 08:06  | 13:01  | 5K40-49F | 25/39  | F      | 103/161 | CALGARY, AB     |
| 246/257 | DANIELS, SAMANTHA            | 5440 | 55:44.225 | 11:08  | 17:55  | 5K30-39F | 37/40  | F      | 153/161 | CALGARY, AB     |
| 135/257 | DARES, FRANCES               | 5441 | 34:31.916 | 06:54  | 11:06  | 5K40-49F | 15/39  | F      | 70/161  | CALGARY, AB     |
| 154/257 | DAVIS, COLIN                 | 5442 | 37:34.984 | 07:30  | 12:05  | 5K20-29M | 9/9    | M      | 73/96   | CALGARY, AB     |
| 134/257 | DAVIS, LINDY                 | 5673 | 34:31.710 | 06:54  | 11:06  | 5K30-39F | 20/40  | F      | 69/161  | COCHRANE, AB    |
| 222/257 | DAVIS, SONDRRA-JOAN SOLSTICE | 5443 | 49:03.779 | 09:48  | 15:46  | 5K30-39F | 34/40  | F      | 134/161 | CALGARY, AB     |
| 80/257  | DEERING, CONNOR              | 5646 | 30:40.664 | 06:08  | 09:51  | 5K30-39M | 16/23  | M      | 45/96   | CALGARY, AB     |
| 247/257 | DHANJAL, DALJIT              | 5444 | 55:46.873 | 11:09  | 17:56  | 5K30-39F | 38/40  | F      | 154/161 | CALGARY, AB     |
| 188/257 | DOUGHERTY, LOUISE            | 5445 | 40:56.989 | 08:11  | 13:10  | 5K60-69F | 8/17   | F      | 108/161 | CALGARY, AB     |
| 36/257  | DOUGLAS, BLAIR               | 5663 | 26:17.157 | 05:15  | 08:27  | 5K40-49M | 4/12   | M      | 25/96   | CALGARY, AB     |
| 17/257  | DYCK, CARMEN                 | 5626 | 22:35.369 | 04:31  | 07:15  | 5K19&UF  | 2/12   | F      | 4/161   | CALGARY, AB     |
| 65/257  | EISLER, KELLY                | 5448 | 29:54.984 | 05:58  | 09:37  | 5K60-69M | 4/11   | M      | 38/96   | CALGARY, AB     |

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## 5K - 3.1 Miles

## 257 Finishers

| O/A     | Name                | Bib# | Time        | Pace/K | Pace/M | Category | Cat/PI | Gender | Gen/PI  | City           |
|---------|---------------------|------|-------------|--------|--------|----------|--------|--------|---------|----------------|
| 26/257  | ELENKO, ROXANNE     | 5627 | 24:13.291   | 04:50  | 07:47  | 5K50-59F | 1/27   | F      | 7/161   | CALGARY, AB    |
| 171/257 | ELLIOTT, ALBERT     | 5647 | 39:24.975   | 07:52  | 12:40  | 5K60-69M | 8/11   | M      | 75/96   | CALGARY, AB    |
| 174/257 | ENGLAND, ALEX       | 5449 | 39:54.716   | 07:58  | 12:50  | 5K60-69M | 9/11   | M      | 76/96   | COCHRANE, AB   |
| 113/257 | EVERETT, BREANNE    | 5451 | 32:36.561   | 06:31  | 10:29  | 5K40-49F | 8/39   | F      | 54/161  | CALGARY, AB    |
| 249/257 | EVERETT, ROSE       | 5452 | 55:48.561   | 11:09  | 17:56  | 5K60-69F | 17/17  | F      | 156/161 | CALGARY, AB    |
| 32/257  | FAH, CATHERINE      | 5453 | 25:29.463   | 05:05  | 08:11  | 5K50-59F | 2/27   | F      | 11/161  | CALGARY, AB    |
| 168/257 | FARLEY, TARA        | 5648 | 39:08.709   | 07:49  | 12:35  | 5K50-59F | 16/27  | F      | 95/161  | CALGARY, AB    |
| 52/257  | FLECK, JENNIFER     | 5457 | 28:26.976   | 05:41  | 09:08  | 5K50-59F | 4/27   | F      | 20/161  | CALGARY, AB    |
| 53/257  | FLECK, PEYTON       | 5458 | 28:28.900   | 05:41  | 09:09  | 5K19&UF  | 4/12   | F      | 21/161  | CALGARY, AB    |
| 1/257   | FOLEY, BRADEN       | 5459 | 17:03.804   | 03:24  | 05:29  | 5K20-29M | 1/9    | M      | 1/96    | CALGARY, AB    |
| 232/257 | FOLTINEK, SUSAN     | 5460 | 52:05.205   | 10:25  | 16:44  | 5K70-79F | 1/3    | F      | 143/161 | CALGARY, AB    |
| 193/257 | FUNKE, LORELEI      | 5462 | 41:26.872   | 08:17  | 13:19  | 5K40-49F | 29/39  | F      | 112/161 | CALGARY, AB    |
| 192/257 | GALLEY, MARIA       | 5649 | 41:14.801   | 08:14  | 13:15  | 5K40-49F | 28/39  | F      | 111/161 | CALGARY, AB    |
| 205/257 | GARSTAD, TINA       | 5463 | 44:28.557   | 08:53  | 14:18  | 5K50-59F | 22/27  | F      | 121/161 | CALGARY, AB    |
| 58/257  | GAUTHIER, HEATHER   | 5464 | 29:10.921   | 05:50  | 09:22  | 5K50-59F | 5/27   | F      | 24/161  | LETHBRIDGE, AB |
| 164/257 | GILEWICZ, MADISON   | 5466 | 38:53.568   | 07:46  | 12:30  | 5K20-29F | 17/23  | F      | 91/161  | CALGARY, AB    |
| 75/257  | GILLIES, BROOKE     | 5717 | 30:38.155   | 06:07  | 09:51  | 5K40-49F | 5/39   | F      | 34/161  | CALGARY, AB    |
| 74/257  | GILLIES, PAYTON     | 5716 | 30:37.875   | 06:07  | 09:50  | 5K19&UF  | 5/12   | F      | 33/161  | CALGARY, AB    |
| 237/257 | GIROUX, CHLOE       | 5467 | 54:20.976   | 10:52  | 17:28  | 5K20-29F | 22/23  | F      | 147/161 | CALGARY, AB    |
| 256/257 | GOODS, PEYTON       | 5696 | 1:00:32.829 | 12:06  | 19:28  | 5K19&UF  | 12/12  | F      | 161/161 | CALGARY, AB    |
| 86/257  | GOUDIE, KYLE        | 5592 | 30:55.194   | 06:11  | 09:56  | 5K40-49M | 8/12   | M      | 48/96   | CALGARY, AB    |
| 103/257 | GOY, BRANDON        | 5470 | 31:59.493   | 06:23  | 10:17  | 5K30-39M | 19/23  | M      | 56/96   | CALGARY, AB    |
| 94/257  | GREEN, BRYSON       | 5471 | 31:23.624   | 06:16  | 10:05  | 5K19&UM  | 13/23  | M      | 52/96   | COCHRANE, AB   |
| 35/257  | GREEN, MASON        | 5472 | 26:08.041   | 05:13  | 08:24  | 5K19&UM  | 7/23   | M      | 24/96   | CALGARY, AB    |
| 95/257  | GREEN, TANYA        | 5473 | 31:26.437   | 06:17  | 10:06  | 5K40-49F | 6/39   | F      | 43/161  | CALGARY, AB    |
| 46/257  | GRIFFITH, SHELLEY   | 5706 | 27:51.539   | 05:34  | 08:57  | 5K30-39F | 6/40   | F      | 17/161  | CALGARY, AB    |
| 31/257  | GRIMES, MARK        | 5474 | 25:20.910   | 05:04  | 08:09  | 5K30-39M | 7/23   | M      | 21/96   | CALGARY, AB    |
| 115/257 | GROENLAND, MARCEL   | 5475 | 32:44.668   | 06:32  | 10:31  | 5K40-49M | 9/12   | M      | 60/96   | CALGARY, AB    |
| 207/257 | GUARDIA, VICTOR     | 5639 | 46:31.485   | 09:18  | 14:57  | 5K50-59M | 8/11   | M      | 85/96   | CALGARY, AB    |
| 198/257 | HAMMILL, NORMAN     | 5477 | 42:45.177   | 08:33  | 13:44  | 5K19&UM  | 19/23  | M      | 83/96   | CALGARY, AB    |
| 73/257  | HANRAHAN, DREW      | 5593 | 30:24.561   | 06:04  | 09:46  | 5K30-39M | 14/23  | M      | 41/96   | OKOTOKS, AB    |
| 63/257  | HARTE, KELSIE       | 5594 | 29:45.445   | 05:57  | 09:34  | 5K30-39F | 8/40   | F      | 27/161  | CALGARY, AB    |
| 28/257  | HASSALL, BRYCE      | 5478 | 24:58.571   | 04:59  | 08:01  | 5K20-29M | 5/9    | M      | 20/96   | CALGARY, AB    |
| 2/257   | HATHEWAY, OLIVER    | 5692 | 17:42.780   | 03:32  | 05:41  | 5K30-39M | 1/23   | M      | 2/96    | CALGARY, AB    |
| 160/257 | HAUGHEY, ROISIN     | 5697 | 38:14.008   | 07:38  | 12:17  | 5K40-49F | 17/39  | F      | 87/161  | CALGARY, AB    |
| 189/257 | HEFFERNAN, JAMES    | 5714 | 40:58.255   | 08:11  | 13:10  | 5K19&UM  | 18/23  | M      | 81/96   | CALGARY, AB    |
| 234/257 | HEFFERNAN, MATT     | 5664 | 53:17.275   | 10:39  | 17:08  | 5K40-49M | 12/12  | M      | 90/96   | CALGARY, AB    |
| 181/257 | HEFFERNAN, WILLIAM  | 5715 | 40:31.210   | 08:06  | 13:01  | 5K19&UM  | 17/23  | M      | 79/96   | CALGARY, AB    |
| 42/257  | HERMAN, KAYLIN      | 5693 | 27:30.867   | 05:30  | 08:50  | 5K20-29F | 3/23   | F      | 14/161  | CALGARY, AB    |
| 5/257   | HERMANN, MICHAEL    | 5479 | 19:10.504   | 03:50  | 06:09  | 5K30-39M | 3/23   | M      | 5/96    | CALGARY, AB    |
| 23/257  | HETHERINGTON, IAN   | 5480 | 23:54.869   | 04:46  | 07:41  | 5K40-49M | 3/12   | M      | 18/96   | OKOTOKS, AB    |
| 15/257  | HOBBS, MIRANDA      | 5681 | 22:12.049   | 04:26  | 07:08  | 5K20-29F | 1/23   | F      | 3/161   | CALGARY, AB    |
| 82/257  | HOLDEN, JAKOB       | 5595 | 30:45.843   | 06:09  | 09:53  | 5K19&UM  | 11/23  | M      | 47/96   | CALGARY, AB    |
| 119/257 | HOLLAND, CHLOE      | 5481 | 33:13.779   | 06:38  | 10:41  | 5K30-39F | 15/40  | F      | 58/161  | CALGARY, AB    |
| 233/257 | HOPKINS, DAWN       | 5650 | 52:33.780   | 10:30  | 16:54  | 5K70-79F | 2/3    | F      | 144/161 | CALGARY, AB    |
| 40/257  | HOPPER, BRETT       | 5596 | 27:17.133   | 05:27  | 08:46  | 5K40-49M | 5/12   | M      | 28/96   | CALGARY, AB    |
| 229/257 | HOWARD, CELESTE     | 5482 | 51:27.729   | 10:17  | 16:32  | 5K30-39F | 36/40  | F      | 140/161 | CALGARY, AB    |
| 9/257   | HUTCHINGS, TYRIN    | 5597 | 21:22.737   | 04:16  | 06:52  | 5K30-39M | 4/23   | M      | 9/96    | CALGARY, AB    |
| 176/257 | HUTCHINSON, JANET   | 5651 | 39:56.757   | 07:59  | 12:50  | 5K60-69F | 7/17   | F      | 100/161 | CALGARY, AB    |
| 120/257 | JOHNSTON, KATE      | 5483 | 33:22.988   | 06:40  | 10:44  | 5K30-39F | 16/40  | F      | 59/161  | CALGARY, AB    |
| 243/257 | KANSKI, AUDRA       | 5628 | 55:01.570   | 11:00  | 17:41  | 5K40-49F | 37/39  | F      | 152/161 | CALGARY, AB    |
| 43/257  | KELLET, CHRISTOPHER | 5600 | 27:40.899   | 05:32  | 08:54  | 5K40-49M | 6/12   | M      | 29/96   | CALGARY, AB    |
| 159/257 | KELLETT, PIPER      | 5601 | 37:58.632   | 07:35  | 12:12  | 5K19&UF  | 8/12   | F      | 86/161  | CALGARY, AB    |
| 226/257 | KEMPF, ADRIENNE     | 5484 | 50:43.504   | 10:08  | 16:18  | 5K40-49F | 35/39  | F      | 138/161 | CALGARY, AB    |
| 186/257 | KORSRUD, DANIELLE   | 5485 | 40:55.724   | 08:11  | 13:09  | 5K20-29F | 20/23  | F      | 106/161 | CALGARY, AB    |
| 51/257  | KOSKI, COLLIN       | 5667 | 28:10.523   | 05:38  | 09:03  | 5K30-39M | 10/23  | M      | 32/96   | FOOTHILLS, AB  |
| 185/257 | KROLL, ANDREA       | 5652 | 40:50.568   | 08:10  | 13:07  | 5K40-49F | 27/39  | F      | 105/161 | CALGARY, AB    |

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## 5K - 3.1 Miles

## 257 Finishers

| O/A     | Name                  | Bib# | Time        | Pace/K | Pace/M | Category | Cat/PI | Gender | Gen/PI  | City           |
|---------|-----------------------|------|-------------|--------|--------|----------|--------|--------|---------|----------------|
| 29/257  | KU, ARIEL             | 5486 | 25:17.370   | 05:03  | 08:07  | 5K30-39F | 3/40   | F      | 9/161   | CALGARY, AB    |
| 141/257 | KWON, GRACE           | 5665 | 35:10.072   | 07:02  | 11:18  | 5K30-39F | 22/40  | F      | 75/161  | CALGARY, AB    |
| 116/257 | LAHD, CRYSTAL         | 5487 | 32:50.668   | 06:34  | 10:33  | 5K40-49F | 9/39   | F      | 56/161  | MILO, AB       |
| 117/257 | LAHD, GUS             | 5488 | 32:50.857   | 06:34  | 10:33  | 5K19&UM  | 14/23  | M      | 61/96   | MILO, AB       |
| 104/257 | LAQUA, GORDON         | 5489 | 32:01.521   | 06:24  | 10:17  | 5K60-69M | 5/11   | M      | 57/96   | CALGARY, AB    |
| 204/257 | LARSON, BRENDA        | 5490 | 44:20.753   | 08:52  | 14:15  | 5K50-59F | 21/27  | F      | 120/161 | CALGARY, AB    |
| 194/257 | LEACH, ANNA           | 5491 | 41:58.677   | 08:23  | 13:29  | 5K50-59F | 18/27  | F      | 113/161 | CALGARY, AB    |
| 167/257 | LEBOLDUS, LAURINA     | 5629 | 39:08.545   | 07:49  | 12:35  | 5K40-49F | 20/39  | F      | 94/161  | CALGARY, AB    |
| 206/257 | LEGARE, SABRINA       | 5492 | 45:04.463   | 09:00  | 14:29  | 5K30-39F | 31/40  | F      | 122/161 | CALGARY, AB    |
| 210/257 | LEVEQUE, PETER        | 5630 | 46:31.788   | 09:18  | 14:57  | 5K60-69M | 11/11  | M      | 87/96   | CALGARY, AB    |
| 236/257 | LEWIS, PAM            | 5493 | 53:39.799   | 10:43  | 17:15  | 5K60-69F | 16/17  | F      | 146/161 | CALGARY, AB    |
| 179/257 | LIFSCHITZ, JOEL       | 5613 | 40:18.927   | 08:03  | 12:57  | 5K70-79M | 4/6    | M      | 77/96   | CALGARY, AB    |
| 83/257  | LOKANC, SABINA        | 5653 | 30:45.934   | 06:09  | 09:53  | 5K50-59F | 7/27   | F      | 36/161  | CALGARY, AB    |
| 184/257 | LUKER, KATIE          | 5494 | 40:49.115   | 08:09  | 13:07  | 5K40-49F | 26/39  | F      | 104/161 | CALGARY, AB    |
| 110/257 | MACNEIL, SHEENA       | 5496 | 32:23.412   | 06:28  | 10:24  | 5K30-39F | 14/40  | F      | 51/161  | CALGARY, AB    |
| 158/257 | MAKISHI, DAWN         | 5497 | 37:54.858   | 07:34  | 12:11  | 5K60-69F | 6/17   | F      | 85/161  | CALGARY, AB    |
| 254/257 | MAKOUÉE, SOLMAZ       | 5602 | 56:54.442   | 11:22  | 18:17  | 5K40-49F | 39/39  | F      | 159/161 | CALGARY, AB    |
| 197/257 | MARCHAND, BRENT       | 5499 | 42:35.990   | 08:31  | 13:41  | 5K60-69M | 10/11  | M      | 82/96   | CALGARY, AB    |
| 227/257 | MARCHAND, VICTORIA    | 5500 | 50:53.581   | 10:10  | 16:21  | 5K60-69F | 14/17  | F      | 139/161 | CALGARY, AB    |
| 100/257 | MARDESIC, MIKE        | 5680 | 31:44.131   | 06:20  | 10:12  | 5K50-59M | 4/11   | M      | 55/96   | CALGARY, AB    |
| 34/257  | MARTIN, DOMINIC       | 5631 | 26:04.997   | 05:12  | 08:23  | 5K19&UM  | 6/23   | M      | 23/96   | CALGARY, AB    |
| 128/257 | MASON, ANGIE          | 5501 | 33:42.371   | 06:44  | 10:50  | 5K40-49F | 13/39  | F      | 63/161  | CALGARY, AB    |
| 151/257 | MAWDSLEY, CLIO        | 5694 | 36:59.291   | 07:23  | 11:53  | 5K30-39F | 25/40  | F      | 80/161  | CALGARY, AB    |
| 161/257 | MAXSON, AMANDA        | 5502 | 38:27.624   | 07:41  | 12:22  | 5K40-49F | 18/39  | F      | 88/161  | CALGARY, AB    |
| 162/257 | MCCASKILL, KENNEDY    | 5603 | 38:36.225   | 07:43  | 12:24  | 5K30-39F | 28/40  | F      | 89/161  | CALGARY, AB    |
| 112/257 | MCCOLL, KATRIONA      | 5503 | 32:36.489   | 06:31  | 10:29  | 5K20-29F | 13/23  | F      | 53/161  | CALGARY, AB    |
| 78/257  | MCCORMACK, MATT       | 5504 | 30:39.451   | 06:07  | 09:51  | 5K40-49M | 7/12   | M      | 43/96   | CALGARY, AB    |
| 98/257  | MCDONALD, MELISSA     | 5505 | 31:36.025   | 06:19  | 10:09  | 5K50-59F | 9/27   | F      | 45/161  | CALGARY, AB    |
| 90/257  | MCDONALD, MORGAN      | 5506 | 31:14.248   | 06:14  | 10:02  | 5K30-39F | 10/40  | F      | 40/161  | CALGARY, AB    |
| 99/257  | MCDONALD, SEAN        | 5507 | 31:40.830   | 06:20  | 10:11  | 5K50-59M | 3/11   | M      | 54/96   | CALGARY, AB    |
| 89/257  | MCDONALD, WARDE       | 5508 | 31:14.108   | 06:14  | 10:02  | 5K19&UM  | 12/23  | M      | 50/96   | CALGARY, AB    |
| 155/257 | MCMURRAY, NATALIE     | 5510 | 37:35.477   | 07:31  | 12:05  | 5K20-29F | 16/23  | F      | 82/161  | CALGARY, AB    |
| 30/257  | MCMURRAY, OLIVIA      | 5511 | 25:18.961   | 05:03  | 08:08  | 5K30-39F | 4/40   | F      | 10/161  | CALGARY, AB    |
| 255/257 | MCNEILL, SHANNON      | 5666 | 1:00:31.822 | 12:06  | 19:27  | 5K30-39F | 40/40  | F      | 160/161 | CALGARY, AB    |
| 14/257  | MEGHDAI, AIDIN        | 5604 | 22:11.206   | 04:26  | 07:08  | 5K19&UM  | 2/23   | M      | 12/96   | CALGARY, AB    |
| 253/257 | MEGHDAI, SARA         | 5605 | 56:50.903   | 11:22  | 18:16  | 5K19&UF  | 11/12  | F      | 158/161 | CALGARY, AB    |
| 144/257 | MILLER, GERRY         | 5674 | 35:23.737   | 07:04  | 11:22  | 5K80+M   | 1/1    | M      | 69/96   | CALGARY, AB    |
| 143/257 | MILLER, RODERICK      | 5675 | 35:23.292   | 07:04  | 11:22  | 5K60-69M | 7/11   | M      | 68/96   | CALGARY, AB    |
| 105/257 | MISMAS, DAVID         | 5513 | 32:06.232   | 06:25  | 10:19  | 5K60-69M | 6/11   | M      | 58/96   | CALGARY, AB    |
| 3/257   | MITCHELL, ROBERT      | 5514 | 18:47.655   | 03:45  | 06:02  | 5K20-29M | 2/9    | M      | 3/96    | CALGARY, AB    |
| 178/257 | MOLYNEUX, JAELYN      | 5515 | 40:12.224   | 08:02  | 12:55  | 5K40-49F | 24/39  | F      | 102/161 | CALGARY, AB    |
| 108/257 | MORIN, JOE            | 5606 | 32:12.654   | 06:26  | 10:21  | 5K70-79M | 1/6    | M      | 59/96   | CALGARY, AB    |
| 212/257 | MURPHY, BECKHAM       | 5517 | 46:39.126   | 09:19  | 15:00  | 5K19&UM  | 20/23  | M      | 88/96   | CALGARY, AB    |
| 211/257 | MURPHY, KATRINA       | 5518 | 46:37.858   | 09:19  | 14:59  | 5K30-39F | 32/40  | F      | 124/161 | CALGARY, AB    |
| 66/257  | MUZICHUK, DAVID       | 5519 | 30:01.850   | 06:00  | 09:39  | 5K30-39M | 13/23  | M      | 39/96   | CALGARY, AB    |
| 153/257 | NASH, GEOFF           | 5719 | 37:09.345   | 07:25  | 11:56  | 5K70-79M | 3/6    | M      | 72/96   | LETHBRIDGE, AB |
| 25/257  | NEMETH, JORDAN        | 5682 | 24:12.307   | 04:50  | 07:46  | 5K30-39M | 6/23   | M      | 19/96   | CALGARY, AB    |
| 172/257 | NICE, CHANTAL         | 5520 | 39:43.162   | 07:56  | 12:46  | 5K40-49F | 21/39  | F      | 97/161  | ROCKY VIEW, AB |
| 248/257 | NIJJER, EKROOP        | 5521 | 55:48.375   | 11:09  | 17:56  | 5K30-39F | 39/40  | F      | 155/161 | CALGARY, AB    |
| 148/257 | NORRIS, ALEX          | 5524 | 36:26.524   | 07:17  | 11:43  | 5K30-39F | 23/40  | F      | 78/161  | CALGARY, AB    |
| 41/257  | OBRIGEWITSCH, HEATHER | 5525 | 27:19.129   | 05:27  | 08:47  | 5K50-59F | 3/27   | F      | 13/161  | CALGARY, AB    |
| 69/257  | OCHIENG, MONICA       | 5526 | 30:11.459   | 06:02  | 09:42  | 5K20-29F | 7/23   | F      | 30/161  | CALGARY, AB    |
| 79/257  | OICKLE, LOGAN         | 5527 | 30:39.539   | 06:07  | 09:51  | 5K19&UM  | 10/23  | M      | 44/96   | CALGARY, AB    |
| 183/257 | ORR, ROB              | 5683 | 40:46.231   | 08:09  | 13:06  | 5K50-59M | 7/11   | M      | 80/96   | CALGARY, AB    |
| 124/257 | P, REECE              | 5676 | 33:39.746   | 06:43  | 10:49  | 5K30-39M | 20/23  | M      | 64/96   | CALGARY, AB    |
| 18/257  | PAQUET, MARC          | 5529 | 22:45.401   | 04:33  | 07:19  | 5K50-59M | 1/11   | M      | 14/96   | CALGARY, AB    |
| 59/257  | PARDELL, BRETT        | 5530 | 29:14.156   | 05:50  | 09:24  | 5K30-39M | 12/23  | M      | 35/96   | CALGARY, AB    |

## St. Patricks Day Run Mar.16/2025 - 10K/5K

## Alpha Overall Results

## 5K - 3.1 Miles

## 257 Finishers

| O/A     | Name                | Bib# | Time        | Pace/K | Pace/M | Category | Cat/PI | Gender | Gen/PI  | City            |
|---------|---------------------|------|-------------|--------|--------|----------|--------|--------|---------|-----------------|
| 125/257 | PARDELL, DOMINIQUE  | 5531 | 33:40.238   | 06:44  | 10:49  | 5K30-39F | 17/40  | F      | 61/161  | CALGARY, AB     |
| 39/257  | PARKER, JIM         | 5532 | 26:21.719   | 05:16  | 08:28  | 5K60-69M | 2/11   | M      | 27/96   | CALGARY, AB     |
| 221/257 | PARKER, KELLY       | 5654 | 49:03.451   | 09:48  | 15:46  | 5K50-59F | 24/27  | F      | 133/161 | AIRDRIE, AB     |
| 6/257   | PEDERSON, STEVEN    | 5533 | 20:06.591   | 04:01  | 06:27  | 5K20-29M | 3/9    | M      | 6/96    | OLDS, AB        |
| 180/257 | PERCHARD, RILEY     | 5711 | 40:25.728   | 08:05  | 12:59  | 5K19&UM  | 16/23  | M      | 78/96   | CALGARY, AB     |
| 8/257   | PICHE, DALLAS       | 5534 | 21:08.442   | 04:13  | 06:47  | 5K40-49M | 2/12   | M      | 8/96    | COCHRANE, AB    |
| 208/257 | POFFENROTH, HEATHER | 5607 | 46:31.578   | 09:18  | 14:57  | 5K40-49F | 31/39  | F      | 123/161 | CALGARY, AB     |
| 175/257 | PORTZ, TAMARA       | 5608 | 39:55.514   | 07:59  | 12:50  | 5K40-49F | 23/39  | F      | 99/161  | CALGARY, AB     |
| 216/257 | PREVOST, TEENA      | 5536 | 48:46.458   | 09:45  | 15:40  | 5K60-69F | 11/17  | F      | 128/161 | CALGARY, AB     |
| 57/257  | PUHALJ, ROD         | 5537 | 29:06.773   | 05:49  | 09:21  | 5K50-59M | 2/11   | M      | 34/96   | CALGARY, AB     |
| 38/257  | RAWLYK, BROOKLYN    | 5707 | 26:21.470   | 05:16  | 08:28  | 5K20-29F | 2/23   | F      | 12/161  | CALGARY, AB     |
| 152/257 | REABURN, TARA       | 5538 | 37:09.182   | 07:25  | 11:56  | 5K50-59F | 13/27  | F      | 81/161  | CALGARY, AB     |
| 121/257 | REDEKOP, COLIN      | 5539 | 33:25.192   | 06:41  | 10:44  | 5K50-59M | 5/11   | M      | 62/96   | CALGARY, AB     |
| 27/257  | REPEC, RUTH         | 5684 | 24:17.322   | 04:51  | 07:48  | 5K30-39F | 2/40   | F      | 8/161   | EDMONTON, AB    |
| 177/257 | RIEDIGER, SHAYLA    | 5540 | 39:58.726   | 07:59  | 12:51  | 5K20-29F | 19/23  | F      | 101/161 | CHESTERMERE, AB |
| 126/257 | ROBERTSON, AMBER    | 5610 | 33:41.131   | 06:44  | 10:49  | 5K40-49F | 12/39  | F      | 62/161  | CALGARY, AB     |
| 12/257  | RODRIGUEZ, LUIS     | 5541 | 21:59.956   | 04:23  | 07:04  | 5K30-39M | 5/23   | M      | 11/96   | CALGARY, AB     |
| 68/257  | ROGERS, BRITTANY    | 5612 | 30:10.101   | 06:02  | 09:42  | 5K30-39F | 9/40   | F      | 29/161  | MILLET, AB      |
| 62/257  | ROSS, SYLVIA        | 5542 | 29:27.187   | 05:53  | 09:28  | 5K20-29F | 6/23   | F      | 26/161  | CALGARY, AB     |
| 133/257 | ROUSE, REBECCA      | 5677 | 34:31.427   | 06:54  | 11:06  | 5K30-39F | 19/40  | F      | 68/161  | COCHRANE, AB    |
| 173/257 | RUDELL, RACHEL      | 5543 | 39:52.795   | 07:58  | 12:49  | 5K40-49F | 22/39  | F      | 98/161  | CALGARY, AB     |
| 109/257 | RUTLEDGE, CHRISTINE | 5544 | 32:17.591   | 06:27  | 10:23  | 5K50-59F | 10/27  | F      | 50/161  | CALGARY, AB     |
| 56/257  | SAM, ANDREA         | 5546 | 29:03.351   | 05:48  | 09:20  | 5K40-49F | 2/39   | F      | 23/161  | CALGARY, AB     |
| 136/257 | SANKEY, KATHERINE   | 5547 | 34:33.253   | 06:54  | 11:06  | 5K40-49F | 16/39  | F      | 71/161  | CALGARY, AB     |
| 223/257 | SAUNDERS, GRAE      | 5655 | 49:54.896   | 09:58  | 16:02  | 5K19&UF  | 10/12  | F      | 135/161 | CALGARY, AB     |
| 21/257  | SAUNDERS, OTIS      | 5656 | 23:40.736   | 04:44  | 07:36  | 5K19&UM  | 4/23   | M      | 17/96   | CALGARY, AB     |
| 202/257 | SAUNDERS, SAMUEL    | 5657 | 43:19.230   | 08:39  | 13:55  | 5K40-49M | 11/12  | M      | 84/96   | CALGARY, AB     |
| 220/257 | SCHAFF, LESLIE      | 5632 | 48:53.934   | 09:46  | 15:43  | 5K40-49F | 33/39  | F      | 132/161 | AIRDRIE, AB     |
| 45/257  | SCOTT, ALISON       | 5549 | 27:50.367   | 05:34  | 08:57  | 5K30-39F | 5/40   | F      | 16/161  | CALGARY, AB     |
| 157/257 | SCOTT, JILLIAN      | 5550 | 37:43.046   | 07:32  | 12:07  | 5K30-39F | 27/40  | F      | 84/161  | CALGARY, AB     |
| 217/257 | SHADE, MARY LOUISE  | 5553 | 48:48.005   | 09:45  | 15:41  | 5K60-69F | 12/17  | F      | 129/161 | CALGARY, AB     |
| 64/257  | SIVEC, CASEY        | 5555 | 29:45.913   | 05:57  | 09:34  | 5K20-29M | 6/9    | M      | 37/96   | CALGARY, AB     |
| 10/257  | SKOCDOPOLE, ALANA   | 5556 | 21:37.597   | 04:19  | 06:57  | 5K30-39F | 1/40   | F      | 1/161   | CALGARY, AB     |
| 85/257  | SKRYNYK, PAITYN     | 5557 | 30:52.944   | 06:10  | 09:55  | 5K20-29F | 10/23  | F      | 38/161  | CHESTERMERE, AB |
| 96/257  | SMIDDY, MATT        | 5558 | 31:32.413   | 06:18  | 10:08  | 5K30-39M | 18/23  | M      | 53/96   | CALGARY, AB     |
| 241/257 | SMITH, ARLENE       | 5559 | 54:39.961   | 10:55  | 17:34  | 5K70-79F | 3/3    | F      | 150/161 | CALGARY, AB     |
| 240/257 | SMITH, GARY         | 5561 | 54:31.148   | 10:54  | 17:31  | 5K70-79M | 5/6    | M      | 91/96   | CALGARY, AB     |
| 244/257 | SMITH, GORDON       | 5658 | 55:16.898   | 11:03  | 17:46  | 5K50-59M | 10/11  | M      | 92/96   | CALGARY, AB     |
| 250/257 | SMITH, ISAAC        | 5686 | 55:55.593   | 11:11  | 17:58  | 5K19&UM  | 22/23  | M      | 94/96   | CALGARY, AB     |
| 218/257 | SMITH, SUSANNE      | 5659 | 48:50.583   | 09:46  | 15:42  | 5K50-59F | 23/27  | F      | 130/161 | CALGARY, AB     |
| 55/257  | SMULDERS, JOSH      | 5640 | 28:46.036   | 05:45  | 09:14  | 5K30-39M | 11/23  | M      | 33/96   | CALGARY, AB     |
| 97/257  | SPONTON, ASHLEY     | 5562 | 31:32.600   | 06:18  | 10:08  | 5K30-39F | 12/40  | F      | 44/161  | CALGARY, AB     |
| 239/257 | STELICK, JENNY      | 5563 | 54:26.930   | 10:53  | 17:30  | 5K50-59F | 26/27  | F      | 149/161 | CALGARY, AB     |
| 16/257  | STRANGWAY, ETHAN    | 5614 | 22:21.541   | 04:28  | 07:11  | 5K20-29M | 4/9    | M      | 13/96   | CALGARY, AB     |
| 242/257 | STRONGE, MANDY      | 5669 | 54:59.437   | 10:59  | 17:40  | 5K50-59F | 27/27  | F      | 151/161 | CALGARY, AB     |
| 60/257  | SWIFT, HOLLY        | 5670 | 29:14.320   | 05:50  | 09:24  | 5K40-49F | 3/39   | F      | 25/161  | CALGARY, AB     |
| 140/257 | TADDIA, DOROTHY     | 5564 | 35:09.556   | 07:01  | 11:18  | 5K30-39F | 21/40  | F      | 74/161  | CALGARY, AB     |
| 139/257 | TADDIA, DREW        | 5565 | 35:09.346   | 07:01  | 11:18  | 5K40-49M | 10/12  | M      | 66/96   | CALGARY, AB     |
| 203/257 | TESSIER, ROBIN      | 5705 | 43:31.230   | 08:42  | 13:59  | 5K30-39F | 30/40  | F      | 119/161 | CALGARY, AB     |
| 122/257 | THERRIEN, MOLLY     | 5713 | 33:26.762   | 06:41  | 10:45  | 5K40-49F | 11/39  | F      | 60/161  | CALGARY, AB     |
| 257/257 | THOMAS, JOHN        | 5698 | 1:01:12.602 | 12:14  | 19:40  | 5K50-59M | 11/11  | M      | 96/96   | CALGARY, AB     |
| 118/257 | THOMPSON, JANE      | 5615 | 33:00.021   | 06:36  | 10:36  | 5K40-49F | 10/39  | F      | 57/161  | CALGARY, AB     |
| 165/257 | TOAL, ANNE          | 5566 | 38:53.639   | 07:46  | 12:30  | 5K50-59F | 15/27  | F      | 92/161  | COCHRANE, AB    |
| 48/257  | TRAN, ALEX          | 5568 | 27:53.883   | 05:34  | 08:58  | 5K30-39M | 9/23   | M      | 31/96   | CALGARY, AB     |
| 101/257 | TREMBLAY, RAILEY    | 5616 | 31:53.834   | 06:22  | 10:15  | 5K30-39F | 13/40  | F      | 46/161  | CAYLEY, AB      |
| 235/257 | UNG, SUSAN          | 5569 | 53:38.251   | 10:43  | 17:14  | 5K60-69F | 15/17  | F      | 145/161 | CALGARY, AB     |
| 47/257  | VAN GRONINGEN, JOHN | 5617 | 27:53.133   | 05:34  | 08:57  | 5K60-69M | 3/11   | M      | 30/96   | CALGARY, AB     |

## St. Patricks Day Run Mar.16/2025 - 10K/5K

## Alpha Overall Results

## 5K - 3.1 Miles

## 257 Finishers

| O/A     | Name               | Bib# | Time      | Pace/K | Pace/M | Category | Cat/PI | Gender | Gen/PI  | City               |
|---------|--------------------|------|-----------|--------|--------|----------|--------|--------|---------|--------------------|
| 70/257  | VAN HAM, BEN       | 5570 | 30:18.234 | 06:03  | 09:44  | 5K19&UM  | 9/23   | M      | 40/96   | CHESTERMERE, AB    |
| 92/257  | VELTRI, SOPHIA     | 5571 | 31:18.750 | 06:15  | 10:04  | 5K30-39F | 11/40  | F      | 41/161  | CALGARY, AB        |
| 191/257 | VENNER, STACEY     | 5572 | 41:07.654 | 08:13  | 13:13  | 5K30-39F | 29/40  | F      | 110/161 | ROCKY VIEW COUNTY, |
| 49/257  | VERRETT, JENNIFER  | 5573 | 27:58.875 | 05:35  | 08:59  | 5K20-29F | 5/23   | F      | 18/161  | OLDS, AB           |
| 19/257  | VYAS, MANAN        | 5618 | 23:12.377 | 04:38  | 07:27  | 5K19&UM  | 3/23   | M      | 15/96   | CALGARY, AB        |
| 77/257  | WALKEY, MATTEA     | 5575 | 30:38.624 | 06:07  | 09:51  | 5K20-29F | 9/23   | F      | 35/161  | AIRDRIE, AB        |
| 88/257  | WALTON, JEFF       | 5708 | 31:04.221 | 06:12  | 09:59  | 5K20-29M | 7/9    | M      | 49/96   | CALGARY, AB        |
| 33/257  | WEILER, FENNO      | 5685 | 25:36.962 | 05:07  | 08:14  | 5K19&UM  | 5/23   | M      | 22/96   | CALGARY, AB        |
| 7/257   | WEILER, MARTIN     | 5576 | 20:13.363 | 04:02  | 06:30  | 5K40-49M | 1/12   | M      | 7/96    | CALGARY, AB        |
| 24/257  | WEILER, NELE       | 5577 | 24:06.987 | 04:49  | 07:45  | 5K19&UF  | 3/12   | F      | 6/161   | CALGARY, AB        |
| 149/257 | WEIS, CHRISTIAN    | 5620 | 36:53.079 | 07:22  | 11:51  | 5K19&UM  | 15/23  | M      | 71/96   | CALGARY, AB        |
| 228/257 | WEIS, MATTHEW      | 5621 | 51:08.704 | 10:13  | 16:26  | 5K19&UM  | 21/23  | M      | 89/96   | CALGARY, AB        |
| 196/257 | WHITING, CAROL     | 5718 | 42:18.060 | 08:27  | 13:36  | 5K60-69F | 9/17   | F      | 115/161 | CALGARY, AB        |
| 200/257 | WIECHMANN, ELI     | 5660 | 43:16.418 | 08:39  | 13:54  | 5K19&UF  | 9/12   | F      | 117/161 | CALGARY, AB        |
| 61/257  | WIECHMANN, EVAN    | 5661 | 29:26.203 | 05:53  | 09:27  | 5K19&UM  | 8/23   | M      | 36/96   | CALGARY, AB        |
| 147/257 | WIECHMANN, ZOE JOY | 5662 | 35:54.486 | 07:10  | 11:32  | 5K19&UF  | 7/12   | F      | 77/161  | CALGARY, AB        |
| 71/257  | WILLETT, CORINNE   | 5695 | 30:22.545 | 06:04  | 09:46  | 5K50-59F | 6/27   | F      | 31/161  | CALGARY, AB        |
| 201/257 | WILLIAMS, APRIL    | 5622 | 43:16.651 | 08:39  | 13:54  | 5K50-59F | 20/27  | F      | 118/161 | CALGARY, AB        |
| 215/257 | WILSHUSEN, SHELLEY | 5579 | 48:15.310 | 09:39  | 15:30  | 5K60-69F | 10/17  | F      | 127/161 | DIDSBURY, AB       |
| 106/257 | WILSON, NICOLE     | 5580 | 32:07.240 | 06:25  | 10:19  | 5K60-69F | 3/17   | F      | 48/161  | CALGARY, AB        |
| 146/257 | WOODS, JOSH        | 5581 | 35:38.596 | 07:07  | 11:27  | 5K30-39M | 22/23  | M      | 70/96   | CALGARY, AB        |
| 214/257 | WORTHAM, BROOKE    | 5582 | 48:03.921 | 09:36  | 15:27  | 5K30-39F | 33/40  | F      | 126/161 | CALGARY, AB        |
| 11/257  | YOUNG, JAMESON     | 5641 | 21:41.464 | 04:20  | 06:58  | 5K19&UM  | 1/23   | M      | 10/96   | CALGARY, AB        |
| 13/257  | YOUNG, LUCA        | 5642 | 22:06.637 | 04:25  | 07:06  | 5K19&UF  | 1/12   | F      | 2/161   | CALGARY, AB        |
| 102/257 | YOUNG, NICOLE      | 5623 | 31:53.903 | 06:22  | 10:15  | 5K20-29F | 12/23  | F      | 47/161  | CONDOR, AB         |
| 67/257  | YOW, DESIREE       | 5624 | 30:07.171 | 06:01  | 09:41  | 5K40-49F | 4/39   | F      | 28/161  | CALGARY, AB        |
| 230/257 | YUEN, FRANCES      | 5583 | 51:45.261 | 10:21  | 16:38  | 5K50-59F | 25/27  | F      | 141/161 | CALGARY, AB        |
| 187/257 | ZELEZ, DEBBIE      | 5584 | 40:56.052 | 08:11  | 13:09  | 5K50-59F | 17/27  | F      | 107/161 | OKOTOKS, AB        |
| 166/257 | ZHOU, QUEENY       | 5585 | 39:05.124 | 07:49  | 12:34  | 5K40-49F | 19/39  | F      | 93/161  | CALGARY, AB        |