

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Category Award Results

TOP 3 In Category

10K/6.21 Miles

288 Finishers

10K19&UF (Female) - 7 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/7	BOLIVAR, ALISON	529	49:10.433	04:55	07:55	+00:00:00	56/288	10/136	CALGARY
2/7	RUPPEL, ALYSSA MARIE	804	55:33.677	05:33	08:56	+00:06:23	107/288	29/136	CALGARY
3/7	TONNER, MACKENZIE	741	1:00:59.151	06:05	09:49	+00:11:48	147/288	42/136	CALGARY

10K19&UM (Male) - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/2	HEALY, EDWARD	829	35:36.738	03:33	05:44	+00:00:00	1/288	1/152	AIRDRIE
2/2	CHOQUETTE, TYLER	814	59:44.433	05:58	09:37	+00:24:07	139/288	100/152	CALGARY

10K20-29F (Female) - 32 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/32	MCNAIR, CHARLOTTE	779	39:35.516	03:57	06:22	+00:00:00	7/288	1/136	CALGARY
2/32	HNATYSHYN, ELLA	827	39:49.792	03:58	06:24	+00:00:14	8/288	2/136	CALGARY
3/32	MUSSON, MICHELLE	781	44:54.475	04:29	07:13	+00:05:18	31/288	4/136	CALGARY

10K20-29M (Male) - 26 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/26	FAWCETT, MATTHIEU	576	35:52.512	03:35	05:46	+00:00:00	2/288	2/152	CALGARY
2/26	OWEN, GAVIN	802	36:23.566	03:38	05:51	+00:00:31	3/288	3/152	BANFF
3/26	CAMPBELL, TIM	797	37:43.371	03:46	06:04	+00:01:50	6/288	6/152	SASKATOON

10K30-39F (Female) - 28 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/28	CURRIE, ANNA	554	42:33.079	04:15	06:51	+00:00:00	18/288	3/136	CALGARY
2/28	GILES, LISA	586	45:36.078	04:33	07:20	+00:03:02	37/288	5/136	CALGARY
3/28	ZEPEDA, NUBIA	835	48:24.543	04:50	07:47	+00:05:51	49/288	9/136	CALGARY

10K30-39M (Male) - 45 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/45	WOLF, JONNY	834	36:23.847	03:38	05:51	+00:00:00	4/288	4/152	CALGARY
2/45	HIGGINS, ANDREW	769	37:38.916	03:45	06:03	+00:01:15	5/288	5/152	CALGARY
3/45	LOACH, ALEX	777	40:50.259	04:05	06:34	+00:04:26	12/288	10/152	CALGARY

10K40-49F (Female) - 43 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/42	HANSEN, DANA	595	46:56.491	04:41	07:33	+00:00:00	42/288	6/136	CALGARY
2/42	MELTZER, REBECCA	780	47:47.208	04:46	07:41	+00:00:50	47/288	8/136	CALGARY
3/42	LUCAS, AMANDA	647	49:51.121	04:59	08:01	+00:02:54	62/288	12/136	CALGARY

10K40-49M (Male) - 33 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/33	POLAK, JASON	702	40:25.791	04:02	06:30	+00:00:00	9/288	7/152	CALGARY
2/33	CLARK, MATT	765	40:38.166	04:03	06:32	+00:00:12	10/288	8/152	CALGARY
3/33	CHONGTHAM, EDDIE	764	40:44.352	04:04	06:33	+00:00:18	11/288	9/152	CALGARY

10K50-59F (Female) - 18 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/18	BARRETTE, FANNY	517	50:52.345	05:05	08:11	+00:00:00	71/288	16/136	CALGARY
2/18	ROWLANDS, MARGARET	716	56:09.448	05:36	09:02	+00:05:17	114/288	30/136	CALGARY
3/18	STEWART, JAYNE	733	58:45.441	05:52	09:27	+00:07:53	127/288	34/136	COCHRANE

10K50-59M (Male) - 21 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/21	JONES, KIM	622	45:00.382	04:30	07:14	+00:00:00	33/288	29/152	CALGARY
2/21	HERLE, NEIL	602	47:11.959	04:43	07:36	+00:02:11	45/288	38/152	CALGARY
3/21	PHILLIPS, MIKE	698	47:41.396	04:46	07:40	+00:02:41	46/288	39/152	CALGARY

10K60-69F (Female) - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/6	SMYTH, BARBARA	809	1:03:07.867	06:18	10:09	+00:00:00	164/288	50/136	CALGARY
2/6	MANITOPYES, CARRIE	651	1:04:04.936	06:24	10:19	+00:00:57	174/288	57/136	CALGARY
3/6	MOORE, DONNA	673	1:06:59.125	06:41	10:47	+00:03:51	201/288	74/136	AIRDRIE

10K60-69M (Male) - 18 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/18	LINDLAND, KEVIN	646	43:15.852	04:19	06:58	+00:00:00	21/288	18/152	CALGARY
2/18	ANSTETT, TIM	507	45:06.053	04:30	07:15	+00:01:50	34/288	30/152	CALGARY
3/18	SMIT, THEO	727	49:02.559	04:54	07:53	+00:05:46	53/288	44/152	CALGARY

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Category Award Results

TOP 3 In Category

10K/6.21 Miles

288 Finishers

10K70-79F (Female) - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/2	HIDER, CHRIS	605	1:13:33.661	07:21	11:50	+00:00:00	253/288	110/136	OKOTOKS
2/2	FAIRBOURN, LILLIAN	575	1:25:09.954	08:30	13:42	+00:11:36	279/288	131/136	CALGARY

10K70-79M (Male) - 7 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/7	VANGILST, JAMES	743	55:45.373	05:34	08:58	+00:00:00	108/288	79/152	FOOTHILLS
2/7	LIM, SU-CHONG	645	56:51.303	05:41	09:09	+00:01:05	116/288	86/152	CALGARY
3/7	LEE, DON	775	59:13.191	05:55	09:32	+00:03:27	130/288	95/152	CALGARY

10K80+F (Female) - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/1	MARSON, LINA	655	1:15:44.276	07:34	12:11	+00:00:00	260/288	115/136	CALGARY