

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Category Award Results

TOP 3 In Category

5K/3.11 Miles

257 Finishers

5K19&UF (Female) - 12 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/12	YOUNG, LUCA	5642	22:06.637	04:25	07:06	+00:00:00	13/257	2/161	CALGARY
2/12	DYCK, CARMEN	5626	22:35.369	04:31	07:15	+00:00:28	17/257	4/161	CALGARY
3/12	WEILER, NELE	5577	24:06.987	04:49	07:45	+00:02:00	24/257	6/161	CALGARY

5K19&UM (Male) - 23 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/23	YOUNG, JAMESON	5641	21:41.464	04:20	06:58	+00:00:00	11/257	10/96	CALGARY
2/23	MEGHADADI, AIDIN	5604	22:11.206	04:26	07:08	+00:00:29	14/257	12/96	CALGARY
3/23	VYAS, MANAN	5618	23:12.377	04:38	07:27	+00:01:30	19/257	15/96	CALGARY

5K20-29F (Female) - 23 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/23	HOBBS, MIRANDA	5681	22:12.049	04:26	07:08	+00:00:00	15/257	3/161	CALGARY
2/23	RAWLYK, BROOKLYN	5707	26:21.470	05:16	08:28	+00:04:09	38/257	12/161	CALGARY
3/23	HERMAN, KAYLIN	5693	27:30.867	05:30	08:50	+00:05:18	42/257	14/161	CALGARY

5K20-29M (Male) - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/9	FOLEY, BRADEN	5459	17:03.804	03:24	05:29	+00:00:00	1/257	1/96	CALGARY
2/9	MITCHELL, ROBERT	5514	18:47.655	03:45	06:02	+00:01:43	3/257	3/96	CALGARY
3/9	PEDERSON, STEVEN	5533	20:06.591	04:01	06:27	+00:03:02	6/257	6/96	OLDS

5K30-39F (Female) - 40 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/40	SKOCDOPOLE, ALANA	5556	21:37.597	04:19	06:57	+00:00:00	10/257	1/161	CALGARY
2/40	REPEC, RUTH	5684	24:17.322	04:51	07:48	+00:02:39	27/257	8/161	EDMONTON
3/40	KU, ARIEL	5486	25:17.370	05:03	08:07	+00:03:39	29/257	9/161	CALGARY

5K30-39M (Male) - 23 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/23	HATHEWAY, OLIVER	5692	17:42.780	03:32	05:41	+00:00:00	2/257	2/96	CALGARY
2/23	CORMIER, RYAN	5432	18:53.255	03:46	06:04	+00:01:10	4/257	4/96	CALGARY
3/23	HERMANNNS, MICHAEL	5479	19:10.504	03:50	06:09	+00:01:27	5/257	5/96	CALGARY

5K40-49F (Female) - 39 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/39	BERRIGAN, ELIZABETH	5418	28:09.165	05:37	09:03	+00:00:00	50/257	19/161	CALGARY
2/39	SAM, ANDREA	5546	29:03.351	05:48	09:20	+00:00:54	56/257	23/161	CALGARY
3/39	SWIFT, HOLLY	5670	29:14.320	05:50	09:24	+00:01:05	60/257	25/161	CALGARY

5K40-49M (Male) - 12 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/12	WEILER, MARTIN	5576	20:13.363	04:02	06:30	+00:00:00	7/257	7/96	CALGARY
2/12	PICHE, DALLAS	5534	21:08.442	04:13	06:47	+00:00:55	8/257	8/96	COCHRANE
3/12	HETHERINGTON, IAN	5480	23:54.869	04:46	07:41	+00:03:41	23/257	18/96	OKOTOKS

5K50-59F (Female) - 27 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/27	ELENKO, ROXANNE	5627	24:13.291	04:50	07:47	+00:00:00	26/257	7/161	CALGARY
2/27	FAH, CATHERINE	5453	25:29.463	05:05	08:11	+00:01:16	32/257	11/161	CALGARY
3/27	OBRIGEWITSCH, HEATHER	5525	27:19.129	05:27	08:47	+00:03:05	41/257	13/161	CALGARY

5K50-59M (Male) - 11 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/11	PAQUET, MARC	5529	22:45.401	04:33	07:19	+00:00:00	18/257	14/96	CALGARY
2/11	PUHALJ, ROD	5537	29:06.773	05:49	09:21	+00:06:21	57/257	34/96	CALGARY
3/11	MCDONALD, SEAN	5507	31:40.830	06:20	10:11	+00:08:55	99/257	54/96	CALGARY

5K60-69F (Female) - 17 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/17	ANDERSON, AMY	5408	23:50.069	04:46	07:39	+00:00:00	22/257	5/161	CALGARY
2/17	CROWCHILD, PEARL	5691	30:57.936	06:11	09:57	+00:07:07	87/257	39/161	TSUUT'INA
3/17	WILSON, NICOLE	5580	32:07.240	06:25	10:19	+00:08:17	106/257	48/161	CALGARY

5K60-69M (Male) - 11 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/11	CROWELL, GORD	5437	23:22.948	04:40	07:31	+00:00:00	20/257	16/96	OKOTOKS
2/11	PARKER, JIM	5532	26:21.719	05:16	08:28	+00:02:58	39/257	27/96	CALGARY
3/11	VAN GRONINGEN, JOHN	5617	27:53.133	05:34	08:57	+00:04:30	47/257	30/96	CALGARY

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Category Award Results

TOP 3 In Category

5K/3.11 Miles

257 Finishers

5K70-79F (Female) - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/3	FOLTINEK, SUSAN	5460	52:05.205	10:25	16:44	+00:00:00	232/257	143/161	CALGARY
2/3	HOPKINS, DAWN	5650	52:33.780	10:30	16:54	+00:00:28	233/257	144/161	CALGARY
3/3	SMITH, ARLENE	5559	54:39.961	10:55	17:34	+00:02:34	241/257	150/161	CALGARY

5K70-79M (Male) - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/6	MORIN, JOE	5606	32:12.654	06:26	10:21	+00:00:00	108/257	59/96	CALGARY
2/6	BAGNALL, PATRICK	5412	33:33.633	06:42	10:47	+00:01:20	123/257	63/96	CALGARY
3/6	NASH, GEOFF	5719	37:09.345	07:25	11:56	+00:04:56	153/257	72/96	LETHBRIDGE

5K80+M (Male) - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/1	MILLER, GERRY	5674	35:23.737	07:04	11:22	+00:00:00	144/257	69/96	CALGARY