

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

5K Run - 3.1 Miles
257 Finishers

5K19&UF - 12 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/12	YOUNG, LUCA	5642	22:06.637	04:25	07:06	13/257	2/161	+00:00:00	CALGARY
2/12	DYCK, CARMEN	5626	22:35.369	04:31	07:15	17/257	4/161	+00:00:28	CALGARY
3/12	WEILER, NELE	5577	24:06.987	04:49	07:45	24/257	6/161	+00:02:00	CALGARY
4/12	FLECK, PEYTON	5458	28:28.900	05:41	09:09	53/257	21/161	+00:06:22	CALGARY
5/12	GILLIES, PAYTON	5716	30:37.875	06:07	09:50	74/257	33/161	+00:08:31	CALGARY
6/12	BERKENKAMP-KELLETT, EMILY	5586	32:10.685	06:26	10:20	107/257	49/161	+00:10:04	CALGARY
7/12	WIECHMANN, ZOE JOY	5662	35:54.486	07:10	11:32	147/257	77/161	+00:13:47	CALGARY
8/12	KELLETT, PIPER	5601	37:58.632	07:35	12:12	159/257	86/161	+00:15:51	CALGARY
9/12	WIECHMANN, ELI	5660	43:16.418	08:39	13:54	200/257	117/161	+00:21:09	CALGARY
10/12	SAUNDERS, GRAE	5655	49:54.896	09:58	16:02	223/257	135/161	+00:27:48	CALGARY
11/12	MEGHDAI, SARA	5605	56:50.903	11:22	18:16	253/257	158/161	+00:34:44	CALGARY
12/12	GOODS, PEYTON	5696	1:00:32.829	12:06	19:28	256/257	161/161	+00:38:26	CALGARY

5K19&UM - 23 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/23	YOUNG, JAMESON	5641	21:41.464	04:20	06:58	11/257	10/96	+00:00:00	CALGARY
2/23	MEGHDAI, AIDIN	5604	22:11.206	04:26	07:08	14/257	12/96	+00:00:29	CALGARY
3/23	VYAS, MANAN	5618	23:12.377	04:38	07:27	19/257	15/96	+00:01:30	CALGARY
4/23	SAUNDERS, OTIS	5656	23:40.736	04:44	07:36	21/257	17/96	+00:01:59	CALGARY
5/23	WEILER, FENNO	5685	25:36.962	05:07	08:14	33/257	22/96	+00:03:55	CALGARY
6/23	MARTIN, DOMINIC	5631	26:04.997	05:12	08:23	34/257	23/96	+00:04:23	CALGARY
7/23	GREEN, MASON	5472	26:08.041	05:13	08:24	35/257	24/96	+00:04:26	CALGARY
8/23	WIECHMANN, EVAN	5661	29:26.203	05:53	09:27	61/257	36/96	+00:07:44	CALGARY
9/23	VAN HAM, BEN	5570	30:18.234	06:03	09:44	70/257	40/96	+00:08:36	CHESTERMERE
10/23	OICKLE, LOGAN	5527	30:39.539	06:07	09:51	79/257	44/96	+00:08:58	CALGARY
11/23	HOLDEN, JAKOB	5595	30:45.843	06:09	09:53	82/257	47/96	+00:09:04	CALGARY
12/23	MCDONALD, WARDE	5508	31:14.108	06:14	10:02	89/257	50/96	+00:09:32	CALGARY
13/23	GREEN, BRYSON	5471	31:23.624	06:16	10:05	94/257	52/96	+00:09:42	COCHRANE
14/23	LAHD, GUS	5488	32:50.857	06:34	10:33	117/257	61/96	+00:11:09	MILO
15/23	WEIS, CHRISTIAN	5620	36:53.079	07:22	11:51	149/257	71/96	+00:15:11	CALGARY
16/23	PERCHARD, RILEY	5711	40:25.728	08:05	12:59	180/257	78/96	+00:18:44	CALGARY
17/23	HEFFERNAN, WILLIAM	5715	40:31.210	08:06	13:01	181/257	79/96	+00:18:49	CALGARY
18/23	HEFFERNAN, JAMES	5714	40:58.255	08:11	13:10	189/257	81/96	+00:19:16	CALGARY
19/23	HAMMILL, NORMAN	5477	42:45.177	08:33	13:44	198/257	83/96	+00:21:03	CALGARY
20/23	MURPHY, BECKHAM	5517	46:39.126	09:19	15:00	212/257	88/96	+00:24:57	CALGARY
21/23	WEIS, MATTHEW	5621	51:08.704	10:13	16:26	228/257	89/96	+00:29:27	CALGARY
22/23	SMITH, ISAAC	5686	55:55.593	11:11	17:58	250/257	94/96	+00:34:14	CALGARY
23/23	BOA, WILLEM	5588	55:57.562	11:11	17:59	251/257	95/96	+00:34:16	CALGARY

5K20-29F - 23 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/23	HOBBS, MIRANDA	5681	22:12.049	04:26	07:08	15/257	3/161	+00:00:00	CALGARY
2/23	RAWLYK, BROOKLYN	5707	26:21.470	05:16	08:28	38/257	12/161	+00:04:09	CALGARY
3/23	HERMAN, KAYLIN	5693	27:30.867	05:30	08:50	42/257	14/161	+00:05:18	CALGARY
4/23	BOEHM, HAILEY	5423	27:42.399	05:32	08:54	44/257	15/161	+00:05:30	CALGARY
5/23	VERRETT, JENNIFER	5573	27:58.875	05:35	08:59	49/257	18/161	+00:05:46	OLDS
6/23	ROSS, SYLVIA	5542	29:27.187	05:53	09:28	62/257	26/161	+00:07:15	CALGARY
7/23	OCHIENG, MONICA	5526	30:11.459	06:02	09:42	69/257	30/161	+00:07:59	CALGARY
8/23	COLLINS, MAKAYLA	5431	30:23.085	06:04	09:46	72/257	32/161	+00:08:11	CALGARY
9/23	WALKEY, MATTEA	5575	30:38.624	06:07	09:51	77/257	35/161	+00:08:26	AIRDRIE
10/23	SKRYNYK, PAITYN	5557	30:52.944	06:10	09:55	85/257	38/161	+00:08:40	CHESTERMERE
11/23	CHRENEK, JENN	5429	31:19.310	06:15	10:04	93/257	42/161	+00:09:07	CALGARY
12/23	YOUNG, NICOLE	5623	31:53.903	06:22	10:15	102/257	47/161	+00:09:41	CONDOR
13/23	MCCOLL, KATRIONA	5503	32:36.489	06:31	10:29	112/257	53/161	+00:10:24	CALGARY
14/23	ARMSTRONG, JOCELYN	5410	34:43.759	06:56	11:10	138/257	73/161	+00:12:31	OKOTOKS
15/23	ALAI, REBECCA	5407	35:27.275	07:05	11:24	145/257	76/161	+00:13:15	CALGARY
16/23	MCMURRAY, NATALIE	5510	37:35.477	07:31	12:05	155/257	82/161	+00:15:23	CALGARY
17/23	GILEWICZ, MADISON	5466	38:53.568	07:46	12:30	164/257	91/161	+00:16:41	CALGARY
18/23	BANAAG, CLAUDETTE	5413	39:09.178	07:49	12:35	169/257	96/161	+00:16:57	CALGARY
19/23	RIEDIGER, SHAYLA	5540	39:58.726	07:59	12:51	177/257	101/161	+00:17:46	CHESTERMERE
20/23	KORSRUD, DANIELLE	5485	40:55.724	08:11	13:09	186/257	106/161	+00:18:43	CALGARY
21/23	BALL, LILA	5644	41:01.676	08:12	13:11	190/257	109/161	+00:18:49	CALGARY
22/23	GIROUX, CHLOE	5467	54:20.976	10:52	17:28	237/257	147/161	+00:32:08	CALGARY
23/23	BROWN, GRACIE	5424	54:22.336	10:52	17:28	238/257	148/161	+00:32:10	CALGARY

5K20-29M - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
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OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

5K Run - 3.1 Miles

257 Finishers

5K20-29M - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/9	FOLEY, BRADEN	5459	17:03.804	03:24	05:29	1/257	1/96	+00:00:00	CALGARY
2/9	MITCHELL, ROBERT	5514	18:47.655	03:45	06:02	3/257	3/96	+00:01:43	CALGARY
3/9	PEDERSON, STEVEN	5533	20:06.591	04:01	06:27	6/257	6/96	+00:03:02	OLDS
4/9	STRANGWAY, ETHAN	5614	22:21.541	04:28	07:11	16/257	13/96	+00:05:17	CALGARY
5/9	HASSALL, BRYCE	5478	24:58.571	04:59	08:01	28/257	20/96	+00:07:54	CALGARY
6/9	SIVEC, CASEY	5555	29:45.913	05:57	09:34	64/257	37/96	+00:12:42	CALGARY
7/9	WALTON, JEFF	5708	31:04.221	06:12	09:59	88/257	49/96	+00:14:00	CALGARY
8/9	CALADO, MARC	5636	31:17.834	06:15	10:03	91/257	51/96	+00:14:14	CALGARY
9/9	DAVIS, COLIN	5442	37:34.984	07:30	12:05	154/257	73/96	+00:20:31	CALGARY

5K30-39F - 40 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/40	SKOCDOPOLE, ALANA	5556	21:37.597	04:19	06:57	10/257	1/161	+00:00:00	CALGARY
2/40	REPEC, RUTH	5684	24:17.322	04:51	07:48	27/257	8/161	+00:02:39	EDMONTON
3/40	KU, ARIEL	5486	25:17.370	05:03	08:07	29/257	9/161	+00:03:39	CALGARY
4/40	MCMURRAY, OLIVIA	5511	25:18.961	05:03	08:08	30/257	10/161	+00:03:41	CALGARY
5/40	SCOTT, ALISON	5549	27:50.367	05:34	08:57	45/257	16/161	+00:06:12	CALGARY
6/40	GRIFFITH, SHELLEY	5706	27:51.539	05:34	08:57	46/257	17/161	+00:06:13	CALGARY
7/40	CUMYN, ELIZABETH	5625	28:41.343	05:44	09:13	54/257	22/161	+00:07:03	CALGARY
8/40	HARTE, KELSIE	5594	29:45.445	05:57	09:34	63/257	27/161	+00:08:07	CALGARY
9/40	ROGERS, BRITTANY	5612	30:10.101	06:02	09:42	68/257	29/161	+00:08:32	MILLET
10/40	MCDONALD, MORGAN	5506	31:14.248	06:14	10:02	90/257	40/161	+00:09:36	CALGARY
11/40	VELTRI, SOPHIA	5571	31:18.750	06:15	10:04	92/257	41/161	+00:09:41	CALGARY
12/40	SPONTON, ASHLEY	5562	31:32.600	06:18	10:08	97/257	44/161	+00:09:55	CALGARY
13/40	TREMBLAY, RALEY	5616	31:53.834	06:22	10:15	101/257	46/161	+00:10:16	CAYLEY
14/40	MACNEIL, SHEENA	5496	32:23.412	06:28	10:24	110/257	51/161	+00:10:45	CALGARY
15/40	HOLLAND, CHLOE	5481	33:13.779	06:38	10:41	119/257	58/161	+00:11:36	CALGARY
16/40	JOHNSTON, KATE	5483	33:22.988	06:40	10:44	120/257	59/161	+00:11:45	CALGARY
17/40	PARDELL, DOMINIQUE	5531	33:40.238	06:44	10:49	125/257	61/161	+00:12:02	CALGARY
18/40	COLENUIT, ASHLEY	5638	34:31.307	06:54	11:06	132/257	67/161	+00:12:53	CALGARY
19/40	ROUSE, REBECCA	5677	34:31.427	06:54	11:06	133/257	68/161	+00:12:53	COCHRANE
20/40	DAVIS, LINDY	5673	34:31.710	06:54	11:06	134/257	69/161	+00:12:54	COCHRANE
21/40	TADDIA, DOROTHY	5564	35:09.556	07:01	11:18	140/257	74/161	+00:13:31	CALGARY
22/40	KWON, GRACE	5665	35:10.072	07:02	11:18	141/257	75/161	+00:13:32	CALGARY
23/40	NORRIS, ALEX	5524	36:26.524	07:17	11:43	148/257	78/161	+00:14:48	CALGARY
24/40	BEVER, JENNA	5687	36:58.046	07:23	11:53	150/257	79/161	+00:15:20	CALGARY
25/40	MAWDSLEY, CLIO	5694	36:59.291	07:23	11:53	151/257	80/161	+00:15:21	CALGARY
26/40	CRAIG, TARYN	5436	37:42.860	07:32	12:07	156/257	83/161	+00:16:05	CALGARY
27/40	SCOTT, JILLIAN	5550	37:43.046	07:32	12:07	157/257	84/161	+00:16:05	CALGARY
28/40	MCCASKILL, KENNEDY	5603	38:36.225	07:43	12:24	162/257	89/161	+00:16:58	CALGARY
29/40	VENNER, STACEY	5572	41:07.654	08:13	13:13	191/257	110/161	+00:19:30	ROCKY VIEW COL
30/40	TESSIER, ROBIN	5705	43:31.230	08:42	13:59	203/257	119/161	+00:21:53	CALGARY
31/40	LEGARE, SABRINA	5492	45:04.463	09:00	14:29	206/257	122/161	+00:23:26	CALGARY
32/40	MURPHY, KATRINA	5518	46:37.858	09:19	14:59	211/257	124/161	+00:25:00	CALGARY
33/40	WORTHAM, BROOKE	5582	48:03.921	09:36	15:27	214/257	126/161	+00:26:26	CALGARY
34/40	DAVIS, SONDRAL-JOAN SOLSTICE	5443	49:03.779	09:48	15:46	222/257	134/161	+00:27:26	CALGARY
35/40	COTE, ASHLEY	5645	49:58.270	09:59	16:04	224/257	136/161	+00:28:20	CALGARY
36/40	HOWARD, CELESTE	5482	51:27.729	10:17	16:32	229/257	140/161	+00:29:50	CALGARY
37/40	DANIELS, SAMANTHA	5440	55:44.225	11:08	17:55	246/257	153/161	+00:34:06	CALGARY
38/40	DHANJAL, DALJIT	5444	55:46.873	11:09	17:56	247/257	154/161	+00:34:09	CALGARY
39/40	NIJJER, EKROOP	5521	55:48.375	11:09	17:56	248/257	155/161	+00:34:10	CALGARY
40/40	MCNEILL, SHANNON	5666	1:00:31.822	12:06	19:27	255/257	160/161	+00:38:54	CALGARY

5K30-39M - 23 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/23	HATHEWAY, OLIVER	5692	17:42.780	03:32	05:41	2/257	2/96	+00:00:00	CALGARY
2/23	CORMIER, RYAN	5432	18:53.255	03:46	06:04	4/257	4/96	+00:01:10	CALGARY
3/23	HERMANNNS, MICHAEL	5479	19:10.504	03:50	06:09	5/257	5/96	+00:01:27	CALGARY
4/23	HUTCHINGS, TYRIN	5597	21:22.737	04:16	06:52	9/257	9/96	+00:03:39	CALGARY
5/23	RODRIGUEZ, LUIS	5541	21:59.956	04:23	07:04	12/257	11/96	+00:04:17	CALGARY
6/23	NEMETH, JORDAN	5682	24:12.307	04:50	07:46	25/257	19/96	+00:06:29	CALGARY
7/23	GRIMES, MARK	5474	25:20.910	05:04	08:09	31/257	21/96	+00:07:38	CALGARY
8/23	CASSIDY, DAVID	5428	26:17.555	05:15	08:27	37/257	26/96	+00:08:34	CALGARY
9/23	TRAN, ALEX	5568	27:53.883	05:34	08:58	48/257	31/96	+00:10:11	CALGARY
10/23	KOSKI, COLLIN	5667	28:10.523	05:38	09:03	51/257	32/96	+00:10:27	FOOTHILLS
11/23	SMULDERS, JOSH	5640	28:46.036	05:45	09:14	55/257	33/96	+00:11:03	CALGARY
12/23	PARDELL, BRETT	5530	29:14.156	05:50	09:24	59/257	35/96	+00:11:31	CALGARY

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

5K Run - 3.1 Miles

257 Finishers

5K30-39M - 23 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
13/23	MUZICHUK, DAVID	5519	30:01.850	06:00	09:39	66/257	39/96	+00:12:19	CALGARY
14/23	HANRAHAN, DREW	5593	30:24.561	06:04	09:46	73/257	41/96	+00:12:41	OKOTOKS
15/23	BEAL, GRAEME	5415	30:38.321	06:07	09:51	76/257	42/96	+00:12:55	AIRDRIE
16/23	DEERING, CONNOR	5646	30:40.664	06:08	09:51	80/257	45/96	+00:12:57	CALGARY
17/23	BELLINGHAM, SHAWN	5417	30:42.514	06:08	09:52	81/257	46/96	+00:12:59	COCHRANE
18/23	SMIDDY, MATT	5558	31:32.413	06:18	10:08	96/257	53/96	+00:13:49	CALGARY
19/23	GOY, BRANDON	5470	31:59.493	06:23	10:17	103/257	56/96	+00:14:16	CALGARY
20/23	P, REECE	5676	33:39.746	06:43	10:49	124/257	64/96	+00:15:56	CALGARY
21/23	CHOI, DAVID	5678	35:12.369	07:02	11:19	142/257	67/96	+00:17:29	CALGARY
22/23	WOODS, JOSH	5581	35:38.596	07:07	11:27	146/257	70/96	+00:17:55	CALGARY
23/23	ARELLANO, GIANNE	5409	39:09.858	07:49	12:35	170/257	74/96	+00:21:27	CALGARY

5K40-49F - 39 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/39	BERRIGAN, ELIZABETH	5418	28:09.165	05:37	09:03	50/257	19/161	+00:00:00	CALGARY
2/39	SAM, ANDREA	5546	29:03.351	05:48	09:20	56/257	23/161	+00:00:54	CALGARY
3/39	SWIFT, HOLLY	5670	29:14.320	05:50	09:24	60/257	25/161	+00:01:05	CALGARY
4/39	YOW, DESIREE	5624	30:07.171	06:01	09:41	67/257	28/161	+00:01:58	CALGARY
5/39	GILLIES, BROOKE	5717	30:38.155	06:07	09:51	75/257	34/161	+00:02:28	CALGARY
6/39	GREEN, TANYA	5473	31:26.437	06:17	10:06	95/257	43/161	+00:03:17	CALGARY
7/39	BIAGIONI, ROBIN	5420	32:35.646	06:31	10:28	111/257	52/161	+00:04:26	CALGARY
8/39	EVERETT, BREANNE	5451	32:36.561	06:31	10:29	113/257	54/161	+00:04:27	CALGARY
9/39	LAHD, CRYSTAL	5487	32:50.668	06:34	10:33	116/257	56/161	+00:04:41	MILO
10/39	THOMPSON, JANE	5615	33:00.021	06:36	10:36	118/257	57/161	+00:04:50	CALGARY
11/39	THERRIEN, MOLLY	5713	33:26.762	06:41	10:45	122/257	60/161	+00:05:17	CALGARY
12/39	ROBERTSON, AMBER	5610	33:41.131	06:44	10:49	126/257	62/161	+00:05:31	CALGARY
13/39	MASON, ANGIE	5501	33:42.371	06:44	10:50	128/257	63/161	+00:05:33	CALGARY
14/39	CARAS, STEPHANIE	5590	33:55.519	06:47	10:54	129/257	64/161	+00:05:46	RED DEER
15/39	DARES, FRANCES	5441	34:31.916	06:54	11:06	135/257	70/161	+00:06:22	CALGARY
16/39	SANKEY, KATHERINE	5547	34:33.253	06:54	11:06	136/257	71/161	+00:06:24	CALGARY
17/39	HAUGHEY, ROISIN	5697	38:14.008	07:38	12:17	160/257	87/161	+00:10:04	CALGARY
18/39	MAXSON, AMANDA	5502	38:27.624	07:41	12:22	161/257	88/161	+00:10:18	CALGARY
19/39	ZHOU, QUEENY	5585	39:05.124	07:49	12:34	166/257	93/161	+00:10:55	CALGARY
20/39	LEBOLDUS, LAURINA	5629	39:08.545	07:49	12:35	167/257	94/161	+00:10:59	CALGARY
21/39	NICE, CHANTAL	5520	39:43.162	07:56	12:46	172/257	97/161	+00:11:33	ROCKY VIEW
22/39	RUDELL, RACHEL	5543	39:52.795	07:58	12:49	173/257	98/161	+00:11:43	CALGARY
23/39	PORTZ, TAMARA	5608	39:55.514	07:59	12:50	175/257	99/161	+00:11:46	CALGARY
24/39	MOLYNEUX, JAELYN	5515	40:12.224	08:02	12:55	178/257	102/161	+00:12:03	CALGARY
25/39	CUSH, SHAUNA	5438	40:31.537	08:06	13:01	182/257	103/161	+00:12:22	CALGARY
26/39	LUKER, KATIE	5494	40:49.115	08:09	13:07	184/257	104/161	+00:12:39	CALGARY
27/39	KROLL, ANDREA	5652	40:50.568	08:10	13:07	185/257	105/161	+00:12:41	CALGARY
28/39	GALLEY, MARIA	5649	41:14.801	08:14	13:15	192/257	111/161	+00:13:05	CALGARY
29/39	FUNKE, LORELEI	5462	41:26.872	08:17	13:19	193/257	112/161	+00:13:17	CALGARY
30/39	BRUNI, AMANDA	5425	42:45.246	08:33	13:44	199/257	116/161	+00:14:36	CALGARY
31/39	POFFENROTH, HEATHER	5607	46:31.578	09:18	14:57	208/257	123/161	+00:18:22	CALGARY
32/39	CRANE- SPRACKLIN, MONICA	5690	48:01.553	09:36	15:26	213/257	125/161	+00:19:52	BRAGG CREEK
33/39	SCHAFF, LESLIE	5632	48:53.934	09:46	15:43	220/257	132/161	+00:20:44	AIRDRIE
34/39	BESWICK-ARTHUR, JENNIFER	5419	50:43.153	10:08	16:18	225/257	137/161	+00:22:33	CALGARY
35/39	KEMPF, ADRIENNE	5484	50:43.504	10:08	16:18	226/257	138/161	+00:22:34	CALGARY
36/39	BATES, JACLYN	5414	51:47.792	10:21	16:39	231/257	142/161	+00:23:38	CALGARY
37/39	KANSKI, AUDRA	5628	55:01.570	11:00	17:41	243/257	152/161	+00:26:52	CALGARY
38/39	BOA, DARA	5587	55:58.077	11:11	17:59	252/257	157/161	+00:27:48	CALGARY
39/39	MAKQUEE, SOLMAZ	5602	56:54.442	11:22	18:17	254/257	159/161	+00:28:45	CALGARY

5K40-49M - 12 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/12	WEILER, MARTIN	5576	20:13.363	04:02	06:30	7/257	7/96	+00:00:00	CALGARY
2/12	PICHE, DALLAS	5534	21:08.442	04:13	06:47	8/257	8/96	+00:00:55	COCHRANE
3/12	HETHERINGTON, IAN	5480	23:54.869	04:46	07:41	23/257	18/96	+00:03:41	OKOTOKS
4/12	DOUGLAS, BLAIR	5663	26:17.157	05:15	08:27	36/257	25/96	+00:06:03	CALGARY
5/12	HOPPER, BRETT	5596	27:17.133	05:27	08:46	40/257	28/96	+00:07:03	CALGARY
6/12	KELLETT, CHRISTOPHER	5600	27:40.899	05:32	08:54	43/257	29/96	+00:07:27	CALGARY
7/12	MCCORMACK, MATT	5504	30:39.451	06:07	09:51	78/257	43/96	+00:10:26	CALGARY
8/12	GOUDIE, KYLE	5592	30:55.194	06:11	09:56	86/257	48/96	+00:10:41	CALGARY
9/12	GROENLAND, MARCEL	5475	32:44.668	06:32	10:31	115/257	60/96	+00:12:31	CALGARY
10/12	TADDIA, DREW	5565	35:09.346	07:01	11:18	139/257	66/96	+00:14:55	CALGARY
11/12	SAUNDERS, SAMUEL	5657	43:19.230	08:39	13:55	202/257	84/96	+00:23:05	CALGARY

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

5K Run - 3.1 Miles
257 Finishers

5K40-49M - 12 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
12/12	HEFFERNAN, MATT	5664	53:17.275	10:39	17:08	234/257	90/96	+00:33:03	CALGARY

5K50-59F - 27 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/27	ELENKO, ROXANNE	5627	24:13.291	04:50	07:47	26/257	7/161	+00:00:00	CALGARY
2/27	FAH, CATHERINE	5453	25:29.463	05:05	08:11	32/257	11/161	+00:01:16	CALGARY
3/27	OBRIGEWITSCH, HEATHER	5525	27:19.129	05:27	08:47	41/257	13/161	+00:03:05	CALGARY
4/27	FLECK, JENNIFER	5457	28:26.976	05:41	09:08	52/257	20/161	+00:04:13	CALGARY
5/27	GAUTHIER, HEATHER	5464	29:10.921	05:50	09:22	58/257	24/161	+00:04:57	LETHBRIDGE
6/27	WILLETT, CORINNE	5695	30:22.545	06:04	09:46	71/257	31/161	+00:06:09	CALGARY
7/27	LOKANC, SABINA	5653	30:45.934	06:09	09:53	83/257	36/161	+00:06:32	CALGARY
8/27	CAPUTO, CONNIE	5688	30:51.678	06:10	09:55	84/257	37/161	+00:06:38	CALGARY
9/27	MCDONALD, MELISSA	5505	31:36.025	06:19	10:09	98/257	45/161	+00:07:22	CALGARY
10/27	RUTLEDGE, CHRISTINE	5544	32:17.591	06:27	10:23	109/257	50/161	+00:08:04	CALGARY
11/27	BLEHM, SHAUNA	5422	33:58.121	06:47	10:55	130/257	65/161	+00:09:44	CALGARY
12/27	BLACK, JENNIFER	5421	34:09.769	06:49	10:59	131/257	66/161	+00:09:56	CALGARY
13/27	REABURN, TARA	5538	37:09.182	07:25	11:56	152/257	81/161	+00:12:55	CALGARY
14/27	CHAMBERS, GAIL	5699	38:51.695	07:46	12:29	163/257	90/161	+00:14:38	COCHRANE
15/27	TOAL, ANNE	5566	38:53.639	07:46	12:30	165/257	92/161	+00:14:40	COCHRANE
16/27	FARLEY, TARA	5648	39:08.709	07:49	12:35	168/257	95/161	+00:14:55	CALGARY
17/27	ZELEZ, DEBBIE	5584	40:56.052	08:11	13:09	187/257	107/161	+00:16:42	OKOTOKS
18/27	LEACH, ANNA	5491	41:58.677	08:23	13:29	194/257	113/161	+00:17:45	CALGARY
19/27	CARVALHO BORGES, ANA CLAUDIA	5591	42:13.325	08:26	13:34	195/257	114/161	+00:18:00	CALGARY
20/27	WILLIAMS, APRIL	5622	43:16.651	08:39	13:54	201/257	118/161	+00:19:03	CALGARY
21/27	LARSON, BRENDA	5490	44:20.753	08:52	14:15	204/257	120/161	+00:20:07	CALGARY
22/27	GARSTAD, TINA	5463	44:28.557	08:53	14:18	205/257	121/161	+00:20:15	CALGARY
23/27	SMITH, SUSANNE	5659	48:50.583	09:46	15:42	218/257	130/161	+00:24:37	CALGARY
24/27	PARKER, KELLY	5654	49:03.451	09:48	15:46	221/257	133/161	+00:24:50	AIRDRIE
25/27	YUEN, FRANCES	5583	51:45.261	10:21	16:38	230/257	141/161	+00:27:31	CALGARY
26/27	STELICK, JENNY	5563	54:26.930	10:53	17:30	239/257	149/161	+00:30:13	CALGARY
27/27	STRONGE, MANDY	5669	54:59.437	10:59	17:40	242/257	151/161	+00:30:46	CALGARY

5K50-59M - 11 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/11	PAQUET, MARC	5529	22:45.401	04:33	07:19	18/257	14/96	+00:00:00	CALGARY
2/11	PUHALJ, ROD	5537	29:06.773	05:49	09:21	57/257	34/96	+00:06:21	CALGARY
3/11	MCDONALD, SEAN	5507	31:40.830	06:20	10:11	99/257	54/96	+00:08:55	CALGARY
4/11	MARDESIC, MIKE	5680	31:44.131	06:20	10:12	100/257	55/96	+00:08:58	CALGARY
5/11	REDEKOP, COLIN	5539	33:25.192	06:41	10:44	121/257	62/96	+00:10:39	CALGARY
6/11	CHIDLAW, TIM	5637	33:42.277	06:44	10:50	127/257	65/96	+00:10:56	CALGARY
7/11	ORR, ROB	5683	40:46.231	08:09	13:06	183/257	80/96	+00:18:00	CALGARY
8/11	GUARDIA, VICTOR	5639	46:31.485	09:18	14:57	207/257	85/96	+00:23:46	CALGARY
9/11	BUDD, T	5589	46:31.578	09:18	14:57	209/257	86/96	+00:23:46	CALGARY
10/11	SMITH, GORDON	5658	55:16.898	11:03	17:46	244/257	92/96	+00:32:31	CALGARY
11/11	THOMAS, JOHN	5698	1:01:12.602	12:14	19:40	257/257	96/96	+00:38:27	CALGARY

5K60-69F - 17 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/17	ANDERSON, AMY	5408	23:50.069	04:46	07:39	22/257	5/161	+00:00:00	CALGARY
2/17	CROWCHILD, PEARL	5691	30:57.936	06:11	09:57	87/257	39/161	+00:07:07	TSUUT'INA
3/17	WILSON, NICOLE	5580	32:07.240	06:25	10:19	106/257	48/161	+00:08:17	CALGARY
4/17	COLLIER, SHEELAGH	5689	32:39.677	06:31	10:30	114/257	55/161	+00:08:49	VICTORIA
5/17	ANDERSON-RODGERS, SUSAN	5712	34:37.355	06:55	11:07	137/257	72/161	+00:10:47	CALGARY
6/17	MAKISHI, DAWN	5497	37:54.858	07:34	12:11	158/257	85/161	+00:14:04	CALGARY
7/17	HUTCHINSON, JANET	5651	39:56.757	07:59	12:50	176/257	100/161	+00:16:06	CALGARY
8/17	DOUGHERTY, LOUISE	5445	40:56.989	08:11	13:10	188/257	108/161	+00:17:06	CALGARY
9/17	WHITING, CAROL	5718	42:18.060	08:27	13:36	196/257	115/161	+00:18:27	CALGARY
10/17	WILSHUSEN, SHELLEY	5579	48:15.310	09:39	15:30	215/257	127/161	+00:24:25	DIDSBURY
11/17	PREVOST, TEENA	5536	48:46.458	09:45	15:40	216/257	128/161	+00:24:56	CALGARY
12/17	SHADE, MARY LOUISE	5553	48:48.005	09:45	15:41	217/257	129/161	+00:24:57	CALGARY
13/17	BARRIE, LORNA	5672	48:50.630	09:46	15:42	219/257	131/161	+00:25:00	BANFF
14/17	MARCHAND, VICTORIA	5500	50:53.581	10:10	16:21	227/257	139/161	+00:27:03	CALGARY
15/17	UNG, SUSAN	5569	53:38.251	10:43	17:14	235/257	145/161	+00:29:48	CALGARY
16/17	LEWIS, PAM	5493	53:39.799	10:43	17:15	236/257	146/161	+00:29:49	CALGARY
17/17	EVERETT, ROSE	5452	55:48.561	11:09	17:56	249/257	156/161	+00:31:58	CALGARY

5K60-69M - 11 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
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OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

5K Run - 3.1 Miles

257 Finishers

5K60-69M - 11 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/11	CROWELL, GORD	5437	23:22.948	04:40	07:31	20/257	16/96	+00:00:00	OKOTOKS
2/11	PARKER, JIM	5532	26:21.719	05:16	08:28	39/257	27/96	+00:02:58	CALGARY
3/11	VAN GRONINGEN, JOHN	5617	27:53.133	05:34	08:57	47/257	30/96	+00:04:30	CALGARY
4/11	EISLER, KELLY	5448	29:54.984	05:58	09:37	65/257	38/96	+00:06:32	CALGARY
5/11	LAQUA, GORDON	5489	32:01.521	06:24	10:17	104/257	57/96	+00:08:38	CALGARY
6/11	MISMAS, DAVID	5513	32:06.232	06:25	10:19	105/257	58/96	+00:08:43	CALGARY
7/11	MILLER, RODERICK	5675	35:23.292	07:04	11:22	143/257	68/96	+00:12:00	CALGARY
8/11	ELLIOTT, ALBERT	5647	39:24.975	07:52	12:40	171/257	75/96	+00:16:02	CALGARY
9/11	ENGLAND, ALEX	5449	39:54.716	07:58	12:50	174/257	76/96	+00:16:31	COCHRANE
10/11	MARCHAND, BRENT	5499	42:35.990	08:31	13:41	197/257	82/96	+00:19:13	CALGARY
11/11	LEVEQUE, PETER	5630	46:31.788	09:18	14:57	210/257	87/96	+00:23:08	CALGARY

5K70-79F - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/3	FOLTINEK, SUSAN	5460	52:05.205	10:25	16:44	232/257	143/161	+00:00:00	CALGARY
2/3	HOPKINS, DAWN	5650	52:33.780	10:30	16:54	233/257	144/161	+00:00:28	CALGARY
3/3	SMITH, ARLENE	5559	54:39.961	10:55	17:34	241/257	150/161	+00:02:34	CALGARY

5K70-79M - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/6	MORIN, JOE	5606	32:12.654	06:26	10:21	108/257	59/96	+00:00:00	CALGARY
2/6	BAGNALL, PATRICK	5412	33:33.633	06:42	10:47	123/257	63/96	+00:01:20	CALGARY
3/6	NASH, GEOFF	5719	37:09.345	07:25	11:56	153/257	72/96	+00:04:56	LETHBRIDGE
4/6	LIFSCHITZ, JOEL	5613	40:18.927	08:03	12:57	179/257	77/96	+00:08:06	CALGARY
5/6	SMITH, GARY	5561	54:31.148	10:54	17:31	240/257	91/96	+00:22:18	CALGARY
6/6	BARRIE, BOB	5671	55:19.265	11:03	17:47	245/257	93/96	+00:23:06	BANFF

5K80+M - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/1	MILLER, GERRY	5674	35:23.737	07:04	11:22	144/257	69/96	+00:00:00	CALGARY