

Overall Gender Results

5K - 3.1 Miles

Female

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
1/161	SKOCDOPOL, ALANA	5556	21:37.597	04:19	06:57	5K30-39F	1/40	10/257	CALGARY, AB
2/161	YOUNG, LUCA	5642	22:06.637	04:25	07:06	5K19&UF	1/12	13/257	CALGARY, AB
3/161	HOBBS, MIRANDA	5681	22:12.049	04:26	07:08	5K20-29F	1/23	15/257	CALGARY, AB
4/161	DYCK, CARMEN	5626	22:35.369	04:31	07:15	5K19&UF	2/12	17/257	CALGARY, AB
5/161	ANDERSON, AMY	5408	23:50.069	04:46	07:39	5K60-69F	1/17	22/257	CALGARY, AB
6/161	WEILER, NELE	5577	24:06.987	04:49	07:45	5K19&UF	3/12	24/257	CALGARY, AB
7/161	ELENKO, ROXANNE	5627	24:13.291	04:50	07:47	5K50-59F	1/27	26/257	CALGARY, AB
8/161	REPEC, RUTH	5684	24:17.322	04:51	07:48	5K30-39F	2/40	27/257	EDMONTON, AB
9/161	KU, ARIEL	5486	25:17.370	05:03	08:07	5K30-39F	3/40	29/257	CALGARY, AB
10/161	MCMURRAY, OLIVIA	5511	25:18.961	05:03	08:08	5K30-39F	4/40	30/257	CALGARY, AB
11/161	FAH, CATHERINE	5453	25:29.463	05:05	08:11	5K50-59F	2/27	32/257	CALGARY, AB
12/161	RAWLYK, BROOKLYN	5707	26:21.470	05:16	08:28	5K20-29F	2/23	38/257	CALGARY, AB
13/161	OBRIGEWITSCH, HEATHER	5525	27:19.129	05:27	08:47	5K50-59F	3/27	41/257	CALGARY, AB
14/161	HERMAN, KAYLIN	5693	27:30.867	05:30	08:50	5K20-29F	3/23	42/257	CALGARY, AB
15/161	BOEHM, HAILEY	5423	27:42.399	05:32	08:54	5K20-29F	4/23	44/257	CALGARY, AB
16/161	SCOTT, ALISON	5549	27:50.367	05:34	08:57	5K30-39F	5/40	45/257	CALGARY, AB
17/161	GRIFFITH, SHELLEY	5706	27:51.539	05:34	08:57	5K30-39F	6/40	46/257	CALGARY, AB
18/161	VERRETT, JENNIFER	5573	27:58.875	05:35	08:59	5K20-29F	5/23	49/257	OLDS, AB
19/161	BERRIGAN, ELIZABETH	5418	28:09.165	05:37	09:03	5K40-49F	1/39	50/257	CALGARY, AB
20/161	FLECK, JENNIFER	5457	28:26.976	05:41	09:08	5K50-59F	4/27	52/257	CALGARY, AB
21/161	FLECK, PEYTON	5458	28:28.900	05:41	09:09	5K19&UF	4/12	53/257	CALGARY, AB
22/161	CUMYN, ELIZABETH	5625	28:41.343	05:44	09:13	5K30-39F	7/40	54/257	CALGARY, AB
23/161	SAM, ANDREA	5546	29:03.351	05:48	09:20	5K40-49F	2/39	56/257	CALGARY, AB
24/161	GAUTHIER, HEATHER	5464	29:10.921	05:50	09:22	5K50-59F	5/27	58/257	LETHBRIDGE, AB
25/161	SWIFT, HOLLY	5670	29:14.320	05:50	09:24	5K40-49F	3/39	60/257	CALGARY, AB
26/161	ROSS, SYLVIA	5542	29:27.187	05:53	09:28	5K20-29F	6/23	62/257	CALGARY, AB
27/161	HARTE, KELSIE	5594	29:45.445	05:57	09:34	5K30-39F	8/40	63/257	CALGARY, AB
28/161	YOW, DESIREE	5624	30:07.171	06:01	09:41	5K40-49F	4/39	67/257	CALGARY, AB
29/161	ROGERS, BRITTANY	5612	30:10.101	06:02	09:42	5K30-39F	9/40	68/257	MILLET, AB
30/161	OCHIENG, MONICA	5526	30:11.459	06:02	09:42	5K20-29F	7/23	69/257	CALGARY, AB
31/161	WILLETT, CORINNE	5695	30:22.545	06:04	09:46	5K50-59F	6/27	71/257	CALGARY, AB
32/161	COLLINS, MAKAYLA	5431	30:23.085	06:04	09:46	5K20-29F	8/23	72/257	CALGARY, AB
33/161	GILLIES, PAYTON	5716	30:37.875	06:07	09:50	5K19&UF	5/12	74/257	CALGARY, AB
34/161	GILLIES, BROOKE	5717	30:38.155	06:07	09:51	5K40-49F	5/39	75/257	CALGARY, AB
35/161	WALKEY, MATTEA	5575	30:38.624	06:07	09:51	5K20-29F	9/23	77/257	AIRDRIE, AB
36/161	LOKANC, SABINA	5653	30:45.934	06:09	09:53	5K50-59F	7/27	83/257	CALGARY, AB
37/161	CAPUTO, CONNIE	5688	30:51.678	06:10	09:55	5K50-59F	8/27	84/257	CALGARY, AB
38/161	SKRYNYK, PAITYN	5557	30:52.944	06:10	09:55	5K20-29F	10/23	85/257	CHESTERMERE, AB
39/161	CROWCHILD, PEARL	5691	30:57.936	06:11	09:57	5K60-69F	2/17	87/257	TSUUT'INA, AB
40/161	MCDONALD, MORGAN	5506	31:14.248	06:14	10:02	5K30-39F	10/40	90/257	CALGARY, AB
41/161	VELTRI, SOPHIA	5571	31:18.750	06:15	10:04	5K30-39F	11/40	92/257	CALGARY, AB
42/161	CHRENEK, JENN	5429	31:19.310	06:15	10:04	5K20-29F	11/23	93/257	CALGARY, AB
43/161	GREEN, TANYA	5473	31:26.437	06:17	10:06	5K40-49F	6/39	95/257	CALGARY, AB
44/161	SPONTON, ASHLEY	5562	31:32.600	06:18	10:08	5K30-39F	12/40	97/257	CALGARY, AB
45/161	MCDONALD, MELISSA	5505	31:36.025	06:19	10:09	5K50-59F	9/27	98/257	CALGARY, AB
46/161	TREMBLAY, RAILEY	5616	31:53.834	06:22	10:15	5K30-39F	13/40	101/257	CAYLEY, AB
47/161	YOUNG, NICOLE	5623	31:53.903	06:22	10:15	5K20-29F	12/23	102/257	CONDOR, AB
48/161	WILSON, NICOLE	5580	32:07.240	06:25	10:19	5K60-69F	3/17	106/257	CALGARY, AB
49/161	BERKENKAMP-KELLETT, EMILY	5586	32:10.685	06:26	10:20	5K19&UF	6/12	107/257	CALGARY, AB
50/161	RUTLEDGE, CHRISTINE	5544	32:17.591	06:27	10:23	5K50-59F	10/27	109/257	CALGARY, AB
51/161	MACNEIL, SHEENA	5496	32:23.412	06:28	10:24	5K30-39F	14/40	110/257	CALGARY, AB
52/161	BIAGIONI, ROBIN	5420	32:35.646	06:31	10:28	5K40-49F	7/39	111/257	CALGARY, AB
53/161	MCCOLL, KATRIONA	5503	32:36.489	06:31	10:29	5K20-29F	13/23	112/257	CALGARY, AB
54/161	EVERETT, BREANNE	5451	32:36.561	06:31	10:29	5K40-49F	8/39	113/257	CALGARY, AB
55/161	COLLIER, SHEELAGH	5689	32:39.677	06:31	10:30	5K60-69F	4/17	114/257	VICTORIA, BC

Overall Gender Results

5K - 3.1 Miles

Female

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
56/161	LAHD, CRYSTAL	5487	32:50.668	06:34	10:33	5K40-49F	9/39	116/257	MILO, AB
57/161	THOMPSON, JANE	5615	33:00.021	06:36	10:36	5K40-49F	10/39	118/257	CALGARY, AB
58/161	HOLLAND, CHLOE	5481	33:13.779	06:38	10:41	5K30-39F	15/40	119/257	CALGARY, AB
59/161	JOHNSTON, KATE	5483	33:22.988	06:40	10:44	5K30-39F	16/40	120/257	CALGARY, AB
60/161	THERRIEN, MOLLY	5713	33:26.762	06:41	10:45	5K40-49F	11/39	122/257	CALGARY, AB
61/161	PARDELL, DOMINIQUE	5531	33:40.238	06:44	10:49	5K30-39F	17/40	125/257	CALGARY, AB
62/161	ROBERTSON, AMBER	5610	33:41.131	06:44	10:49	5K40-49F	12/39	126/257	CALGARY, AB
63/161	MASON, ANGIE	5501	33:42.371	06:44	10:50	5K40-49F	13/39	128/257	CALGARY, AB
64/161	CARAS, STEPHANIE	5590	33:55.519	06:47	10:54	5K40-49F	14/39	129/257	RED DEER, AB
65/161	BLEHM, SHAUNA	5422	33:58.121	06:47	10:55	5K50-59F	11/27	130/257	CALGARY, AB
66/161	BLACK, JENNIFER	5421	34:09.769	06:49	10:59	5K50-59F	12/27	131/257	CALGARY, AB
67/161	COLENUTT, ASHLEY	5638	34:31.307	06:54	11:06	5K30-39F	18/40	132/257	CALGARY, AB
68/161	ROUSE, REBECCA	5677	34:31.427	06:54	11:06	5K30-39F	19/40	133/257	COCHRANE, AB
69/161	DAVIS, LINDY	5673	34:31.710	06:54	11:06	5K30-39F	20/40	134/257	COCHRANE, AB
70/161	DARES, FRANCES	5441	34:31.916	06:54	11:06	5K40-49F	15/39	135/257	CALGARY, AB
71/161	SANKEY, KATHERINE	5547	34:33.253	06:54	11:06	5K40-49F	16/39	136/257	CALGARY, AB
72/161	ANDERSON-RODGERS, SUSAN	5712	34:37.355	06:55	11:07	5K60-69F	5/17	137/257	CALGARY, AB
73/161	ARMSTRONG, JOCELYN	5410	34:43.759	06:56	11:10	5K20-29F	14/23	138/257	OKOTOKS, AB
74/161	TADDIA, DOROTHY	5564	35:09.556	07:01	11:18	5K30-39F	21/40	140/257	CALGARY, AB
75/161	KWON, GRACE	5665	35:10.072	07:02	11:18	5K30-39F	22/40	141/257	CALGARY, AB
76/161	ALAI, REBECCA	5407	35:27.275	07:05	11:24	5K20-29F	15/23	145/257	CALGARY, AB
77/161	WIECHMANN, ZOE JOY	5662	35:54.486	07:10	11:32	5K19&UF	7/12	147/257	CALGARY, AB
78/161	NORRIS, ALEX	5524	36:26.524	07:17	11:43	5K30-39F	23/40	148/257	CALGARY, AB
79/161	BEVER, JENNA	5687	36:58.046	07:23	11:53	5K30-39F	24/40	150/257	CALGARY, AB
80/161	MAWDSLEY, CLIO	5694	36:59.291	07:23	11:53	5K30-39F	25/40	151/257	CALGARY, AB
81/161	REABURN, TARA	5538	37:09.182	07:25	11:56	5K50-59F	13/27	152/257	CALGARY, AB
82/161	MCMURRAY, NATALIE	5510	37:35.477	07:31	12:05	5K20-29F	16/23	155/257	CALGARY, AB
83/161	CRAIG, TARYN	5436	37:42.860	07:32	12:07	5K30-39F	26/40	156/257	CALGARY, AB
84/161	SCOTT, JILLIAN	5550	37:43.046	07:32	12:07	5K30-39F	27/40	157/257	CALGARY, AB
85/161	MAKISHI, DAWN	5497	37:54.858	07:34	12:11	5K60-69F	6/17	158/257	CALGARY, AB
86/161	KELLETT, PIPER	5601	37:58.632	07:35	12:12	5K19&UF	8/12	159/257	CALGARY, AB
87/161	HAUGHEY, ROISIN	5697	38:14.008	07:38	12:17	5K40-49F	17/39	160/257	CALGARY, AB
88/161	MAXSON, AMANDA	5502	38:27.624	07:41	12:22	5K40-49F	18/39	161/257	CALGARY, AB
89/161	MCCASKILL, KENNEDY	5603	38:36.225	07:43	12:24	5K30-39F	28/40	162/257	CALGARY, AB
90/161	CHAMBERS, GAIL	5699	38:51.695	07:46	12:29	5K50-59F	14/27	163/257	COCHRANE, AB
91/161	GILEWICZ, MADISON	5466	38:53.568	07:46	12:30	5K20-29F	17/23	164/257	CALGARY, AB
92/161	TOAL, ANNE	5566	38:53.639	07:46	12:30	5K50-59F	15/27	165/257	COCHRANE, AB
93/161	ZHOU, QUEENY	5585	39:05.124	07:49	12:34	5K40-49F	19/39	166/257	CALGARY, AB
94/161	LEBOLDUS, LAURINA	5629	39:08.545	07:49	12:35	5K40-49F	20/39	167/257	CALGARY, AB
95/161	FARLEY, TARA	5648	39:08.709	07:49	12:35	5K50-59F	16/27	168/257	CALGARY, AB
96/161	BANAAG, CLAUDETTE	5413	39:09.178	07:49	12:35	5K20-29F	18/23	169/257	CALGARY, AB
97/161	NICE, CHANTAL	5520	39:43.162	07:56	12:46	5K40-49F	21/39	172/257	ROCKY VIEW, AB
98/161	RUDELL, RACHEL	5543	39:52.795	07:58	12:49	5K40-49F	22/39	173/257	CALGARY, AB
99/161	PORTZ, TAMARA	5608	39:55.514	07:59	12:50	5K40-49F	23/39	175/257	CALGARY, AB
100/161	HUTCHINSON, JANET	5651	39:56.757	07:59	12:50	5K60-69F	7/17	176/257	CALGARY, AB
101/161	RIEDIGER, SHAYLA	5540	39:58.726	07:59	12:51	5K20-29F	19/23	177/257	CHESTERMERE, AB
102/161	MOLYNEUX, JAELYN	5515	40:12.224	08:02	12:55	5K40-49F	24/39	178/257	CALGARY, AB
103/161	CUSH, SHAUNA	5438	40:31.537	08:06	13:01	5K40-49F	25/39	182/257	CALGARY, AB
104/161	LUKER, KATIE	5494	40:49.115	08:09	13:07	5K40-49F	26/39	184/257	CALGARY, AB
105/161	KROLL, ANDREA	5652	40:50.568	08:10	13:07	5K40-49F	27/39	185/257	CALGARY, AB
106/161	KORSRUD, DANIELLE	5485	40:55.724	08:11	13:09	5K20-29F	20/23	186/257	CALGARY, AB
107/161	ZELEZ, DEBBIE	5584	40:56.052	08:11	13:09	5K50-59F	17/27	187/257	OKOTOKS, AB
108/161	DOUGHERTY, LOUISE	5445	40:56.989	08:11	13:10	5K60-69F	8/17	188/257	CALGARY, AB
109/161	BALL, LILA	5644	41:01.676	08:12	13:11	5K20-29F	21/23	190/257	CALGARY, AB
110/161	VENNER, STACEY	5572	41:07.654	08:13	13:13	5K30-39F	29/40	191/257	ROCKY VIEW COUNTY, AB

Overall Gender Results

5K - 3.1 Miles

Female

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
111/161	GALLEY, MARIA	5649	41:14.801	08:14	13:15	5K40-49F	28/39	192/257	CALGARY, AB
112/161	FUNKE, LORELEI	5462	41:26.872	08:17	13:19	5K40-49F	29/39	193/257	CALGARY, AB
113/161	LEACH, ANNA	5491	41:58.677	08:23	13:29	5K50-59F	18/27	194/257	CALGARY, AB
114/161	CARVALHO BORGES, ANA CLAUDIA	5591	42:13.325	08:26	13:34	5K50-59F	19/27	195/257	CALGARY, AB
115/161	WHITING, CAROL	5718	42:18.060	08:27	13:36	5K60-69F	9/17	196/257	CALGARY, AB
116/161	BRUNI, AMANDA	5425	42:45.246	08:33	13:44	5K40-49F	30/39	199/257	CALGARY, AB
117/161	WIECHMANN, ELI	5660	43:16.418	08:39	13:54	5K19&UF	9/12	200/257	CALGARY, AB
118/161	WILLIAMS, APRIL	5622	43:16.651	08:39	13:54	5K50-59F	20/27	201/257	CALGARY, AB
119/161	TESSIER, ROBIN	5705	43:31.230	08:42	13:59	5K30-39F	30/40	203/257	CALGARY, AB
120/161	LARSON, BRENDA	5490	44:20.753	08:52	14:15	5K50-59F	21/27	204/257	CALGARY, AB
121/161	GARSTAD, TINA	5463	44:28.557	08:53	14:18	5K50-59F	22/27	205/257	CALGARY, AB
122/161	LEGARE, SABRINA	5492	45:04.463	09:00	14:29	5K30-39F	31/40	206/257	CALGARY, AB
123/161	POFFENROTH, HEATHER	5607	46:31.578	09:18	14:57	5K40-49F	31/39	208/257	CALGARY, AB
124/161	MURPHY, KATRINA	5518	46:37.858	09:19	14:59	5K30-39F	32/40	211/257	CALGARY, AB
125/161	CRANE- SPRACKLIN, MONICA	5690	48:01.553	09:36	15:26	5K40-49F	32/39	213/257	BRAGG CREEK, AB
126/161	WORTHAM, BROOKE	5582	48:03.921	09:36	15:27	5K30-39F	33/40	214/257	CALGARY, AB
127/161	WILSHUSEN, SHELLEY	5579	48:15.310	09:39	15:30	5K60-69F	10/17	215/257	DIDSBURY, AB
128/161	PREVOST, TEENA	5536	48:46.458	09:45	15:40	5K60-69F	11/17	216/257	CALGARY, AB
129/161	SHADE, MARY LOUISE	5553	48:48.005	09:45	15:41	5K60-69F	12/17	217/257	CALGARY, AB
130/161	SMITH, SUSANNE	5659	48:50.583	09:46	15:42	5K50-59F	23/27	218/257	CALGARY, AB
131/161	BARRIE, LORNA	5672	48:50.630	09:46	15:42	5K60-69F	13/17	219/257	BANFF, AB
132/161	SCHAFF, LESLIE	5632	48:53.934	09:46	15:43	5K40-49F	33/39	220/257	AIRDRIE, AB
133/161	PARKER, KELLY	5654	49:03.451	09:48	15:46	5K50-59F	24/27	221/257	AIRDRIE, AB
134/161	DAVIS, SONDRAL-JOAN SOLSTICE	5443	49:03.779	09:48	15:46	5K30-39F	34/40	222/257	CALGARY, AB
135/161	SAUNDERS, GRAE	5655	49:54.896	09:58	16:02	5K19&UF	10/12	223/257	CALGARY, AB
136/161	COTE, ASHLEY	5645	49:58.270	09:59	16:04	5K30-39F	35/40	224/257	CALGARY, AB
137/161	BESWICK-ARTHUR, JENNIFER	5419	50:43.153	10:08	16:18	5K40-49F	34/39	225/257	CALGARY, AB
138/161	KEMPF, ADRIENNE	5484	50:43.504	10:08	16:18	5K40-49F	35/39	226/257	CALGARY, AB
139/161	MARCHAND, VICTORIA	5500	50:53.581	10:10	16:21	5K60-69F	14/17	227/257	CALGARY, AB
140/161	HOWARD, CELESTE	5482	51:27.729	10:17	16:32	5K30-39F	36/40	229/257	CALGARY, AB
141/161	YUEN, FRANCES	5583	51:45.261	10:21	16:38	5K50-59F	25/27	230/257	CALGARY, AB
142/161	BATES, JACLYN	5414	51:47.792	10:21	16:39	5K40-49F	36/39	231/257	CALGARY, AB
143/161	FOLTINEK, SUSAN	5460	52:05.205	10:25	16:44	5K70-79F	1/3	232/257	CALGARY, AB
144/161	HOPKINS, DAWN	5650	52:33.780	10:30	16:54	5K70-79F	2/3	233/257	CALGARY, AB
145/161	UNG, SUSAN	5569	53:38.251	10:43	17:14	5K60-69F	15/17	235/257	CALGARY, AB
146/161	LEWIS, PAM	5493	53:39.799	10:43	17:15	5K60-69F	16/17	236/257	CALGARY, AB
147/161	GIROUX, CHLOE	5467	54:20.976	10:52	17:28	5K20-29F	22/23	237/257	CALGARY, AB
148/161	BROWN, GRACIE	5424	54:22.336	10:52	17:28	5K20-29F	23/23	238/257	CALGARY, AB
149/161	STELLICK, JENNY	5563	54:26.930	10:53	17:30	5K50-59F	26/27	239/257	CALGARY, AB
150/161	SMITH, ARLENE	5559	54:39.961	10:55	17:34	5K70-79F	3/3	241/257	CALGARY, AB
151/161	STRONGE, MANDY	5669	54:59.437	10:59	17:40	5K50-59F	27/27	242/257	CALGARY, AB
152/161	KANSKI, AUDRA	5628	55:01.570	11:00	17:41	5K40-49F	37/39	243/257	CALGARY, AB
153/161	DANIELS, SAMANTHA	5440	55:44.225	11:08	17:55	5K30-39F	37/40	246/257	CALGARY, AB
154/161	DHANJAL, DALJIT	5444	55:46.873	11:09	17:56	5K30-39F	38/40	247/257	CALGARY, AB
155/161	NIJJER, EKROOP	5521	55:48.375	11:09	17:56	5K30-39F	39/40	248/257	CALGARY, AB
156/161	EVERETT, ROSE	5452	55:48.561	11:09	17:56	5K60-69F	17/17	249/257	CALGARY, AB
157/161	BOA, DARA	5587	55:58.077	11:11	17:59	5K40-49F	38/39	252/257	CALGARY, AB
158/161	MEGHDAI, SARA	5605	56:50.903	11:22	18:16	5K19&UF	11/12	253/257	CALGARY, AB
159/161	MAKOUÉE, SOLMAZ	5602	56:54.442	11:22	18:17	5K40-49F	39/39	254/257	CALGARY, AB
160/161	MCNEILL, SHANNON	5666	1:00:31.822	12:06	19:27	5K30-39F	40/40	255/257	CALGARY, AB
161/161	GOODS, PEYTON	5696	1:00:32.829	12:06	19:28	5K19&UF	12/12	256/257	CALGARY, AB

Overall Gender Results

5K - 3.1 Miles

Male

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
1/96	FOLEY, BRADEN	5459	17:03.804	03:24	05:29	5K20-29M	1/9	1/257	CALGARY, AB
2/96	HATHEWAY, OLIVER	5692	17:42.780	03:32	05:41	5K30-39M	1/23	2/257	CALGARY, AB
3/96	MITCHELL, ROBERT	5514	18:47.655	03:45	06:02	5K20-29M	2/9	3/257	CALGARY, AB
4/96	CORMIER, RYAN	5432	18:53.255	03:46	06:04	5K30-39M	2/23	4/257	CALGARY, AB
5/96	HERMANN, MICHAEL	5479	19:10.504	03:50	06:09	5K30-39M	3/23	5/257	CALGARY, AB
6/96	PEDERSON, STEVEN	5533	20:06.591	04:01	06:27	5K20-29M	3/9	6/257	OLDS, AB
7/96	WEILER, MARTIN	5576	20:13.363	04:02	06:30	5K40-49M	1/12	7/257	CALGARY, AB
8/96	PICHE, DALLAS	5534	21:08.442	04:13	06:47	5K40-49M	2/12	8/257	COCHRANE, AB
9/96	HUTCHINGS, TYRIN	5597	21:22.737	04:16	06:52	5K30-39M	4/23	9/257	CALGARY, AB
10/96	YOUNG, JAMESON	5641	21:41.464	04:20	06:58	5K19&UM	1/23	11/257	CALGARY, AB
11/96	RODRIGUEZ, LUIS	5541	21:59.956	04:23	07:04	5K30-39M	5/23	12/257	CALGARY, AB
12/96	MEGHADADI, AIDIN	5604	22:11.206	04:26	07:08	5K19&UM	2/23	14/257	CALGARY, AB
13/96	STRANGWAY, ETHAN	5614	22:21.541	04:28	07:11	5K20-29M	4/9	16/257	CALGARY, AB
14/96	PAQUET, MARC	5529	22:45.401	04:33	07:19	5K50-59M	1/11	18/257	CALGARY, AB
15/96	VYAS, MANAN	5618	23:12.377	04:38	07:27	5K19&UM	3/23	19/257	CALGARY, AB
16/96	CROWELL, GORD	5437	23:22.948	04:40	07:31	5K60-69M	1/11	20/257	OKOTOKS, AB
17/96	SAUNDERS, OTIS	5656	23:40.736	04:44	07:36	5K19&UM	4/23	21/257	CALGARY, AB
18/96	HETHERINGTON, IAN	5480	23:54.869	04:46	07:41	5K40-49M	3/12	23/257	OKOTOKS, AB
19/96	NEMETH, JORDAN	5682	24:12.307	04:50	07:46	5K30-39M	6/23	25/257	CALGARY, AB
20/96	HASSALL, BRYCE	5478	24:58.571	04:59	08:01	5K20-29M	5/9	28/257	CALGARY, AB
21/96	GRIMES, MARK	5474	25:20.910	05:04	08:09	5K30-39M	7/23	31/257	CALGARY, AB
22/96	WEILER, FENNO	5685	25:36.962	05:07	08:14	5K19&UM	5/23	33/257	CALGARY, AB
23/96	MARTIN, DOMINIC	5631	26:04.997	05:12	08:23	5K19&UM	6/23	34/257	CALGARY, AB
24/96	GREEN, MASON	5472	26:08.041	05:13	08:24	5K19&UM	7/23	35/257	CALGARY, AB
25/96	DOUGLAS, BLAIR	5663	26:17.157	05:15	08:27	5K40-49M	4/12	36/257	CALGARY, AB
26/96	CASSIDY, DAVID	5428	26:17.555	05:15	08:27	5K30-39M	8/23	37/257	CALGARY, AB
27/96	PARKER, JIM	5532	26:21.719	05:16	08:28	5K60-69M	2/11	39/257	CALGARY, AB
28/96	HOPPER, BRETT	5596	27:17.133	05:27	08:46	5K40-49M	5/12	40/257	CALGARY, AB
29/96	KELLETT, CHRISTOPHER	5600	27:40.899	05:32	08:54	5K40-49M	6/12	43/257	CALGARY, AB
30/96	VAN GRONINGEN, JOHN	5617	27:53.133	05:34	08:57	5K60-69M	3/11	47/257	CALGARY, AB
31/96	TRAN, ALEX	5568	27:53.883	05:34	08:58	5K30-39M	9/23	48/257	CALGARY, AB
32/96	KOSKI, COLLIN	5667	28:10.523	05:38	09:03	5K30-39M	10/23	51/257	FOOTHILLS, AB
33/96	SMULDERS, JOSH	5640	28:46.036	05:45	09:14	5K30-39M	11/23	55/257	CALGARY, AB
34/96	PUHALJ, ROD	5537	29:06.773	05:49	09:21	5K50-59M	2/11	57/257	CALGARY, AB
35/96	PARDELL, BRETT	5530	29:14.156	05:50	09:24	5K30-39M	12/23	59/257	CALGARY, AB
36/96	WIECHMANN, EVAN	5661	29:26.203	05:53	09:27	5K19&UM	8/23	61/257	CALGARY, AB
37/96	SIVCE, CASEY	5555	29:45.913	05:57	09:34	5K20-29M	6/9	64/257	CALGARY, AB
38/96	EISLER, KELLY	5448	29:54.984	05:58	09:37	5K60-69M	4/11	65/257	CALGARY, AB
39/96	MUZICHUK, DAVID	5519	30:01.850	06:00	09:39	5K30-39M	13/23	66/257	CALGARY, AB
40/96	VAN HAM, BEN	5570	30:18.234	06:03	09:44	5K19&UM	9/23	70/257	CHESTERMERE, AB
41/96	HANRAHAN, DREW	5593	30:24.561	06:04	09:46	5K30-39M	14/23	73/257	OKOTOKS, AB
42/96	BEAL, GRAEME	5415	30:38.321	06:07	09:51	5K30-39M	15/23	76/257	AIRDRIE, AB
43/96	MCCORMACK, MATT	5504	30:39.451	06:07	09:51	5K40-49M	7/12	78/257	CALGARY, AB
44/96	OICKLE, LOGAN	5527	30:39.539	06:07	09:51	5K19&UM	10/23	79/257	CALGARY, AB
45/96	DEERING, CONNOR	5646	30:40.664	06:08	09:51	5K30-39M	16/23	80/257	CALGARY, AB
46/96	BELLINGHAM, SHAWN	5417	30:42.514	06:08	09:52	5K30-39M	17/23	81/257	COCHRANE, AB
47/96	HOLDEN, JAKOB	5595	30:45.843	06:09	09:53	5K19&UM	11/23	82/257	CALGARY, AB
48/96	GOUDIE, KYLE	5592	30:55.194	06:11	09:56	5K40-49M	8/12	86/257	CALGARY, AB
49/96	WALTON, JEFF	5708	31:04.221	06:12	09:59	5K20-29M	7/9	88/257	CALGARY, AB
50/96	MCDONALD, WARDE	5508	31:14.108	06:14	10:02	5K19&UM	12/23	89/257	CALGARY, AB
51/96	CALADO, MARC	5636	31:17.834	06:15	10:03	5K20-29M	8/9	91/257	CALGARY, AB
52/96	GREEN, BRYSON	5471	31:23.624	06:16	10:05	5K19&UM	13/23	94/257	COCHRANE, AB
53/96	SMIDDY, MATT	5558	31:32.413	06:18	10:08	5K30-39M	18/23	96/257	CALGARY, AB
54/96	MCDONALD, SEAN	5507	31:40.830	06:20	10:11	5K50-59M	3/11	99/257	CALGARY, AB
55/96	MARDESIC, MIKE	5680	31:44.131	06:20	10:12	5K50-59M	4/11	100/257	CALGARY, AB

Overall Gender Results

5K - 3.1 Miles

Male

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
56/96	GOY, BRANDON	5470	31:59.493	06:23	10:17	5K30-39M	19/23	103/257	CALGARY, AB
57/96	LAQUA, GORDON	5489	32:01.521	06:24	10:17	5K60-69M	5/11	104/257	CALGARY, AB
58/96	MISMAS, DAVID	5513	32:06.232	06:25	10:19	5K60-69M	6/11	105/257	CALGARY, AB
59/96	MORIN, JOE	5606	32:12.654	06:26	10:21	5K70-79M	1/6	108/257	CALGARY, AB
60/96	GROENLAND, MARCEL	5475	32:44.668	06:32	10:31	5K40-49M	9/12	115/257	CALGARY, AB
61/96	LAHD, GUS	5488	32:50.857	06:34	10:33	5K19&UM	14/23	117/257	MILO, AB
62/96	REDEKOP, COLIN	5539	33:25.192	06:41	10:44	5K50-59M	5/11	121/257	CALGARY, AB
63/96	BAGNALL, PATRICK	5412	33:33.633	06:42	10:47	5K70-79M	2/6	123/257	CALGARY, AB
64/96	P, REECE	5676	33:39.746	06:43	10:49	5K30-39M	20/23	124/257	CALGARY, AB
65/96	CHIDLAW, TIM	5637	33:42.277	06:44	10:50	5K50-59M	6/11	127/257	CALGARY, AB
66/96	TADDIA, DREW	5565	35:09.346	07:01	11:18	5K40-49M	10/12	139/257	CALGARY, AB
67/96	CHOI, DAVID	5678	35:12.369	07:02	11:19	5K30-39M	21/23	142/257	CALGARY, AB
68/96	MILLER, RODERICK	5675	35:23.292	07:04	11:22	5K60-69M	7/11	143/257	CALGARY, AB
69/96	MILLER, GERRY	5674	35:23.737	07:04	11:22	5K80+M	1/1	144/257	CALGARY, AB
70/96	WOODS, JOSH	5581	35:38.596	07:07	11:27	5K30-39M	22/23	146/257	CALGARY, AB
71/96	WEIS, CHRISTIAN	5620	36:53.079	07:22	11:51	5K19&UM	15/23	149/257	CALGARY, AB
72/96	NASH, GEOFF	5719	37:09.345	07:25	11:56	5K70-79M	3/6	153/257	LETHBRIDGE, AB
73/96	DAVIS, COLIN	5442	37:34.984	07:30	12:05	5K20-29M	9/9	154/257	CALGARY, AB
74/96	ARELLANO, GIANNE	5409	39:09.858	07:49	12:35	5K30-39M	23/23	170/257	CALGARY, AB
75/96	ELLIOTT, ALBERT	5647	39:24.975	07:52	12:40	5K60-69M	8/11	171/257	CALGARY, AB
76/96	ENGLAND, ALEX	5449	39:54.716	07:58	12:50	5K60-69M	9/11	174/257	COCHRANE, AB
77/96	LIFSCHITZ, JOEL	5613	40:18.927	08:03	12:57	5K70-79M	4/6	179/257	CALGARY, AB
78/96	PERCHARD, RILEY	5711	40:25.728	08:05	12:59	5K19&UM	16/23	180/257	CALGARY, AB
79/96	HEFFERNAN, WILLIAM	5715	40:31.210	08:06	13:01	5K19&UM	17/23	181/257	CALGARY, AB
80/96	ORR, ROB	5683	40:46.231	08:09	13:06	5K50-59M	7/11	183/257	CALGARY, AB
81/96	HEFFERNAN, JAMES	5714	40:58.255	08:11	13:10	5K19&UM	18/23	189/257	CALGARY, AB
82/96	MARCHAND, BRENT	5499	42:35.990	08:31	13:41	5K60-69M	10/11	197/257	CALGARY, AB
83/96	HAMMILL, NORMAN	5477	42:45.177	08:33	13:44	5K19&UM	19/23	198/257	CALGARY, AB
84/96	SAUNDERS, SAMUEL	5657	43:19.230	08:39	13:55	5K40-49M	11/12	202/257	CALGARY, AB
85/96	GUARDIA, VICTOR	5639	46:31.485	09:18	14:57	5K50-59M	8/11	207/257	CALGARY, AB
86/96	BUDD, T	5589	46:31.578	09:18	14:57	5K50-59M	9/11	209/257	CALGARY, AB
87/96	LEVEQUE, PETER	5630	46:31.788	09:18	14:57	5K60-69M	11/11	210/257	CALGARY, AB
88/96	MURPHY, BECKHAM	5517	46:39.126	09:19	15:00	5K19&UM	20/23	212/257	CALGARY, AB
89/96	WEIS, MATTHEW	5621	51:08.704	10:13	16:26	5K19&UM	21/23	228/257	CALGARY, AB
90/96	HEFFERNAN, MATT	5664	53:17.275	10:39	17:08	5K40-49M	12/12	234/257	CALGARY, AB
91/96	SMITH, GARY	5561	54:31.148	10:54	17:31	5K70-79M	5/6	240/257	CALGARY, AB
92/96	SMITH, GORDON	5658	55:16.898	11:03	17:46	5K50-59M	10/11	244/257	CALGARY, AB
93/96	BARRIE, BOB	5671	55:19.265	11:03	17:47	5K70-79M	6/6	245/257	BANFF, AB
94/96	SMITH, ISAAC	5686	55:55.593	11:11	17:58	5K19&UM	22/23	250/257	CALGARY, AB
95/96	BOA, WILLEM	5588	55:57.562	11:11	17:59	5K19&UM	23/23	251/257	CALGARY, AB
96/96	THOMAS, JOHN	5698	1:01:12.602	12:14	19:40	5K50-59M	11/11	257/257	CALGARY, AB