

Overall Gender Results

10K - 6.21 Miles

Female

Gender	Name	Bib#	Time	Pace	Div	Cat	O/A	Chip Time
1/341	HARVEY, Lisa	756	00:36:37.90	05:53	F4049	1/80	12/653	00:36:37.10
2/341	GOLUMBIA, Amy	721	00:40:28.60	06:30	F2029	1/90	45/653	00:40:27.70
3/341	BROWN, Catherine	69	00:40:59.60	06:35	F3039	1/117	52/653	00:40:58.55
4/341	CLANCY, Shannyn	101	00:41:07.70	06:37	F2029	2/90	54/653	00:41:05.55
5/341	KENDRICK, Melissa	323	00:41:44.00	06:43	F2029	3/90	61/653	00:41:43.25
6/341	OUNG, Kim	735	00:41:45.40	06:43	F3039	2/117	62/653	00:41:40.70
7/341	OWENS, Tegan	476	00:41:51.85	06:44	F2029	4/90	63/653	00:41:27.45
8/341	YOHEMAS, Leanne	731	00:41:54.95	06:44	F4049	2/80	65/653	00:41:51.00
9/341	AUGERT, Claudette	20	00:42:15.50	06:48	F4049	3/80	71/653	00:41:24.80
10/341	STYLES, Sharon	596	00:42:19.80	06:48	F3039	3/117	75/653	00:42:17.55
11/341	SEYMOUR, Jill	547	00:42:36.70	06:51	F2029	5/90	80/653	00:42:30.10
12/341	LAYCOCK, Kendra	367	00:42:45.35	06:53	F4049	4/80	81/653	00:42:37.35
13/341	O'BRIEN, Karalee	468	00:43:35.55	07:01	F3039	4/117	91/653	00:43:33.25
14/341	ALEXANDER, Nathalie	9	00:43:46.40	07:02	F2029	6/90	94/653	00:43:41.05
15/341	O'TOOLE, Kelly-Lynn	469	00:43:57.35	07:04	F2029	7/90	97/653	00:43:54.35
16/341	ALINSANGAN, Nancy	10	00:44:02.40	07:05	F3039	5/117	98/653	00:43:58.00
17/341	WIEBE, Heather	654	00:44:25.80	07:09	F4049	5/80	103/653	00:44:01.10
18/341	MCHARDY, Shauna	1163	00:44:30.30	07:09	F3039	6/117	105/653	00:44:21.90
19/341	THOMPSON, Alison	606	00:44:33.50	07:10	F2029	8/90	108/653	00:44:26.65
20/341	LANDRY, Anne Marie	357	00:44:34.20	07:10	F3039	7/117	110/653	00:44:27.90
21/341	AIELLO, Cindy	5	00:45:01.60	07:14	F3039	8/117	115/653	00:44:57.70
22/341	NORONA, Marisa	466	00:45:01.90	07:14	F3039	9/117	116/653	00:44:56.75
23/341	FOURNIER, Gloria	212	00:45:18.90	07:17	F4049	6/80	118/653	00:45:14.40
24/341	PAVELICH, Carmen	743	00:45:34.40	07:20	F4049	7/80	122/653	00:45:29.05
25/341	BEVERIDGE, Jill	47	00:45:38.15	07:20	F3039	10/117	123/653	00:45:34.65
26/341	TRIMBLE, Patty	618	00:45:47.45	07:22	F4049	8/80	126/653	00:45:36.60
27/341	NEMEC, Andrea	460	00:45:59.35	07:24	F2029	9/90	127/653	00:45:18.25
28/341	GRAHAM, Lisa	689	00:46:02.85	07:24	F2029	10/90	128/653	00:45:57.30
29/341	MANITOPYES, Carrie	398	00:46:04.70	07:25	F4049	9/80	129/653	00:45:32.60
30/341	BACHAND, Andrea	22	00:46:05.85	07:25	F2029	11/90	130/653	00:45:52.30
31/341	KISELL, Jessica	332	00:46:12.05	07:26	F0119	1/5	133/653	00:45:40.60
32/341	BRUNI, Amanda	75	00:46:18.50	07:27	F2029	12/90	135/653	00:46:14.25
33/341	SCHNEE, Cindy	540	00:46:25.25	07:28	F4049	10/80	138/653	00:46:21.55
34/341	LEONARD, Carolyn	373	00:46:39.40	07:30	F4049	11/80	144/653	00:46:28.25
35/341	LOVINK, Rachael	729	00:46:40.65	07:30	F2029	13/90	145/653	00:46:20.35
36/341	BROWNLIE, Tanya	71	00:46:42.50	07:31	F3039	11/117	146/653	00:46:33.10
37/341	REED, Debbie	530	00:46:44.60	07:31	F3039	12/117	147/653	00:46:30.80
38/341	OWENS, Caroline	475	00:46:56.25	07:33	F2029	14/90	150/653	00:46:31.90
39/341	WELSH, Joanna	643	00:47:10.60	07:35	F2029	15/90	154/653	00:47:04.70
40/341	DEERE, Jeanette	150	00:47:13.30	07:36	F3039	13/117	155/653	00:47:08.00
41/341	CHERIYAN, Nicole	751	00:47:16.30	07:36	F3039	14/117	156/653	00:47:02.45
42/341	SCHMIDT, Joanne	539	00:47:33.95	07:39	F3039	15/117	158/653	00:47:24.35
43/341	SOSICK, Susan	572	00:47:43.20	07:41	F4049	12/80	164/653	00:47:19.85
44/341	LINDHOLM, Carol	687	00:47:45.10	07:41	F4049	13/80	166/653	00:47:33.70
45/341	STORWICK, Vhari	585	00:48:32.30	07:48	F2029	16/90	182/653	00:48:18.25
46/341	SMITH, Kathrin	564	00:48:34.50	07:49	F2029	17/90	183/653	00:48:26.20
47/341	PETCH, Sue	752	00:48:40.25	07:50	F6099	1/2	187/653	00:48:37.10
48/341	CRAIG, Emily	121	00:48:50.95	07:51	F0119	2/5	189/653	00:48:35.15
49/341	WILD, Adriana	656	00:48:55.75	07:52	F3039	16/117	191/653	00:48:47.45
50/341	MACDONALD, Kate	694	00:48:57.50	07:52	F3039	17/117	192/653	00:48:28.60
51/341	OWEN, Marion	474	00:49:03.30	07:53	F5059	1/47	193/653	00:48:51.75
52/341	CRITCHLEY, Elizabeth	126	00:49:04.95	07:54	F5059	2/47	196/653	00:48:48.90
53/341	PAGE, Stacey	481	00:49:06.55	07:54	F4049	14/80	198/653	00:48:56.50
54/341	DUNN, Laurie	182	00:49:10.00	07:55	F4049	15/80	200/653	00:48:58.10
55/341	SILVERTHORN, Jen	559	00:49:10.90	07:55	F3039	18/117	201/653	00:49:10.90

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Gender	Name	Bib#	Time	Pace	Div	Cat	O/A	Chip Time
56/341	CRAWFORD, Cathy	124	00:49:11.50	07:55	F2029	18/90	202/653	00:48:59.15
57/341	TRUDEAU, Danielle	620	00:49:12.65	07:55	F2029	19/90	204/653	00:49:06.95
58/341	FIBKE, Megan	202	00:49:19.15	07:56	F4049	16/80	205/653	00:49:04.95
59/341	GREGOR, Janine	238	00:49:23.75	07:57	F4049	17/80	207/653	00:49:09.90
60/341	DEANE, Deb	148	00:49:41.30	08:00	F5059	3/47	212/653	00:49:18.25
61/341	SOHNCHEN, Becky	678	00:49:58.60	08:02	F3039	19/117	219/653	00:49:28.25
62/341	LINDSKOG, Kelly	679	00:49:58.90	08:02	F2029	20/90	220/653	00:49:28.05
63/341	SPRINGETT, Meghann	575	00:50:06.50	08:04	F3039	20/117	221/653	00:49:57.60
64/341	FRENCH, Etta	216	00:50:12.70	08:05	F4049	18/80	223/653	00:50:01.45
65/341	CAPUTO, Connie	682	00:50:14.05	08:05	F4049	19/80	224/653	00:49:20.80
66/341	JESSEE, Lorraine	300	00:50:17.20	08:05	F5059	4/47	225/653	00:49:51.30
67/341	FRANCE, Carolyn	213	00:50:21.60	08:06	F2029	21/90	226/653	00:49:14.20
68/341	HONS, Jordan	280	00:50:31.75	08:08	F2029	22/90	229/653	00:50:26.90
69/341	MAGUIRE, Vera	396	00:50:36.25	08:08	F3039	21/117	230/653	00:50:14.25
70/341	REINSON-ADAM, Tricia	517	00:50:45.60	08:10	F3039	22/117	235/653	00:50:25.35
71/341	MCGUEY, Lisa	419	00:50:45.65	08:10	F2029	23/90	236/653	00:50:07.05
72/341	JESSEY, Mary	302	00:50:51.70	08:11	F3039	23/117	237/653	00:50:38.00
73/341	HAWLEY, Lorna	255	00:50:56.75	08:12	F5059	5/47	241/653	00:50:44.25
74/341	CAMPBELL, Jennifer	89	00:50:58.30	08:12	F5059	6/47	242/653	00:50:31.60
75/341	LEWIS, Meredith	377	00:51:01.30	08:12	F2029	24/90	244/653	00:50:39.05
76/341	MACAULAY, Janice	386	00:51:05.60	08:13	F2029	25/90	247/653	00:51:01.65
77/341	GRAHAM, Alice	232	00:51:06.25	08:13	F3039	24/117	248/653	00:51:00.05
78/341	BRYAN, Barbara	76	00:51:15.85	08:15	F3039	25/117	251/653	00:51:04.00
79/341	PARAI, Brenda	483	00:51:20.00	08:15	F3039	26/117	253/653	00:51:15.50
80/341	COZAC, Joclyn	119	00:51:20.25	08:15	F4049	20/80	254/653	00:51:12.00
81/341	ZIMMERMANN, Monika	671	00:51:21.30	08:16	F3039	27/117	255/653	00:51:15.05
82/341	LAMB, Kendra	355	00:51:22.05	08:16	F3039	28/117	256/653	00:50:59.90
83/341	MCPIKE, Carla	429	00:51:51.65	08:20	F3039	29/117	264/653	00:51:00.70
84/341	BERES, Andrea	44	00:52:00.30	08:22	F4049	21/80	266/653	00:51:07.20
85/341	SCHAEFFER, Alison	532	00:52:04.20	08:23	F3039	30/117	267/653	00:51:40.25
86/341	WARNER, Sandy	722	00:52:08.15	08:23	F3039	31/117	269/653	00:51:55.50
87/341	KATCHMAR, Doreen	312	00:52:10.40	08:24	F4049	22/80	271/653	00:51:25.75
88/341	CHAN, Jenny	727	00:52:11.75	08:24	F4049	23/80	273/653	00:52:00.80
89/341	BALDO, Natalie	29	00:52:14.95	08:24	F3039	32/117	275/653	00:52:07.55
90/341	MACEACHERN, Carla	388	00:52:15.15	08:24	F4049	24/80	276/653	00:52:02.15
91/341	BODIN, Laurie	675	00:52:22.95	08:25	F4049	25/80	278/653	00:52:08.90
92/341	POTTER, Tracy	501	00:52:27.20	08:26	F4049	26/80	280/653	00:51:48.35
93/341	BROOKS, Amy	67	00:52:29.50	08:27	F5059	7/47	282/653	00:51:39.60
94/341	APPELT, Tonia	16	00:52:35.00	08:28	F3039	33/117	284/653	00:52:01.90
95/341	HENDERSON, Meredith	262	00:52:35.70	08:28	F2029	26/90	285/653	00:51:47.95
96/341	WHITING, Emma	652	00:52:38.70	08:28	F3039	34/117	288/653	00:52:31.00
97/341	BAILLIE-COLLINS, Shannon	25	00:52:42.60	08:29	F4049	27/80	289/653	00:52:20.70
98/341	SCHULZ, Cara	542	00:52:56.15	08:31	F4049	28/80	291/653	00:52:44.90
99/341	SCHORR, Cassandra	541	00:52:58.85	08:31	F3039	35/117	294/653	00:51:29.75
100/341	DANTZER, Sarah	136	00:53:02.20	08:32	F3039	36/117	296/653	00:52:19.65
101/341	BASSETT, Yoshie	32	00:53:05.15	08:32	F4049	29/80	297/653	00:52:52.00
102/341	MCDONALD, Julie	415	00:53:08.35	08:33	F3039	37/117	299/653	00:52:07.05
103/341	DRYER, Brenda	175	00:53:13.00	08:34	F3039	38/117	303/653	00:52:32.80
104/341	STEVENS, Kelli	680	00:53:16.40	08:34	F2029	27/90	306/653	00:52:52.65
105/341	ROA, Melissa	753	00:53:19.40	08:35	F2029	28/90	307/653	00:53:11.65
106/341	GRAVES, Jaime	234	00:53:23.00	08:35	F3039	39/117	309/653	00:52:55.00
107/341	MATSALLA, Catherine	404	00:53:33.95	08:37	F4049	30/80	311/653	00:53:06.85
108/341	YETTER, Jane	666	00:53:39.70	08:38	F3039	40/117	313/653	00:53:31.95
109/341	ALDOUS, Judy	8	00:53:51.20	08:40	F4049	31/80	316/653	00:53:33.90
110/341	WHITE, Bonnie	650	00:53:52.70	08:40	F5059	8/47	317/653	00:53:25.40

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Female

Gender	Name	Bib#	Time	Pace	Div	Cat	O/A	Chip Time
111/341	VICKERS, Sara	636	00:53:52.75	08:40	F3039	41/117	318/653	00:53:46.80
112/341	MCMILLAN, Jennae	428	00:53:59.40	08:41	F2029	29/90	320/653	00:53:12.50
113/341	BENJAMIN, Natalie	43	00:54:06.30	08:42	F2029	30/90	322/653	00:53:58.15
114/341	MACNEIL, Carla	394	00:54:06.80	08:42	F2029	31/90	323/653	00:53:55.85
115/341	CHINCHILLA, Jenny	99	00:54:14.65	08:44	F4049	32/80	327/653	00:53:51.95
116/341	HIBBS, Tanya	269	00:54:15.70	08:44	F3039	42/117	328/653	00:52:59.60
117/341	HORTON, Marnie	283	00:54:17.95	08:44	F3039	43/117	329/653	00:54:02.25
118/341	CARNELL, Rachel	92	00:54:19.00	08:44	F3039	44/117	330/653	00:53:25.15
119/341	GREEN, Jane	235	00:54:23.30	08:45	F5059	9/47	331/653	00:54:13.00
120/341	DICKINSON, Cheryl	156	00:54:33.55	08:47	F3039	45/117	333/653	00:53:43.95
121/341	KALYN, Annie	311	00:54:39.70	08:48	F5059	10/47	337/653	00:54:21.60
122/341	DE GROOD, Jill	146	00:54:43.15	08:48	F2029	32/90	338/653	00:54:30.05
123/341	ATTWELL, Sarah	17	00:54:44.50	08:48	F3039	46/117	339/653	00:53:41.70
124/341	BRUCH, Donna	73	00:54:48.60	08:49	F4049	33/80	341/653	00:54:25.15
125/341	BHATLA, Jennifer	48	00:54:58.55	08:51	F0119	3/5	343/653	00:54:24.80
126/341	BLEVINS, Nancy	55	00:55:01.45	08:51	F4049	34/80	344/653	00:54:29.50
127/341	TRUFYN, Jessie	621	00:55:12.65	08:53	F2029	33/90	347/653	00:55:03.70
128/341	TENHOVE, Maria	604	00:55:17.40	08:54	F3039	47/117	349/653	00:55:01.80
129/341	NG, Mo	463	00:55:19.05	08:54	F5059	11/47	351/653	00:55:03.55
130/341	ALLEN, Kristal	676	00:55:20.45	08:54	F3039	48/117	352/653	00:55:14.60
131/341	GAVERLUK, Allison	223	00:55:22.25	08:54	F3039	49/117	353/653	00:54:38.50
132/341	SHAND, Rebecca	549	00:55:39.55	08:57	F2029	34/90	357/653	00:54:09.80
133/341	CICHON, Jennifer	695	00:55:49.85	08:59	F3039	50/117	360/653	00:55:36.30
134/341	SALINAS, Veronika	526	00:55:53.15	08:59	F4049	35/80	361/653	00:55:13.05
135/341	LAUGHTON, Sarah	363	00:55:58.30	09:00	F3039	51/117	363/653	00:55:21.00
136/341	DE GROOD, Anna	145	00:56:01.35	09:01	F0119	4/5	365/653	00:55:48.15
137/341	WATSON, Wanda	641	00:56:02.75	09:01	F5059	12/47	366/653	00:55:12.05
138/341	GRIFFITH, Shelley	240	00:56:07.40	09:02	F2029	35/90	369/653	00:55:25.60
139/341	PELLAND, Jessica	303	00:56:08.80	09:02	F2029	36/90	370/653	00:54:59.45
140/341	FLUKER, Kelly	205	00:56:15.30	09:03	F2029	37/90	371/653	00:55:08.05
141/341	COOPER, Barbara	113	00:56:19.65	09:04	F5059	13/47	372/653	00:55:39.40
142/341	MABIN, Carrie	385	00:56:21.25	09:04	F3039	52/117	373/653	00:55:25.75
143/341	MACDONALD-GRAY, Betty	387	00:56:24.60	09:04	F5059	14/47	374/653	00:56:01.75
144/341	ELLIS, Lauren	188	00:56:26.05	09:05	F2029	38/90	375/653	00:55:16.05
145/341	LAMB, Debbie	354	00:56:38.75	09:07	F2029	39/90	378/653	00:56:17.95
146/341	PFEIFER, Fan	494	00:56:40.50	09:07	F3039	53/117	379/653	00:56:25.45
147/341	BOIVIN, Stacey	57	00:56:50.15	09:09	F3039	54/117	383/653	00:56:22.05
148/341	LEE, Laurie	369	00:57:03.90	09:11	F3039	55/117	386/653	00:56:50.80
149/341	DEFRAINE, Karen	153	00:57:04.05	09:11	F5059	15/47	387/653	00:56:17.50
150/341	WHITING, Lisa	719	00:57:04.45	09:11	F3039	56/117	388/653	00:55:40.80
151/341	CARLSON, Jill	91	00:57:11.65	09:12	F3039	57/117	391/653	00:55:14.10
152/341	HERTZER, Luisa	268	00:57:16.50	09:13	F4049	36/80	392/653	00:56:56.35
153/341	SAQUET, Michelle	529	00:57:16.85	09:13	F3039	58/117	393/653	00:57:03.95
154/341	BOIVIN, Sylvie	58	00:57:18.10	09:13	F5059	16/47	394/653	00:56:29.40
155/341	MACNEIL, Jennifer	395	00:57:25.90	09:14	F2029	40/90	395/653	00:56:15.90
156/341	KERELIUK, Sheena	325	00:57:35.70	09:16	F2029	41/90	397/653	00:57:13.25
157/341	LINDSAY, Leah	379	00:57:38.55	09:16	F2029	42/90	398/653	00:57:19.30
158/341	DI PAOLO, Denise	155	00:57:39.60	09:17	F5059	17/47	399/653	00:56:27.45
159/341	BYFORD, Dawn	85	00:57:45.10	09:17	F4049	37/80	401/653	00:57:30.35
160/341	STEINHAUER, Darlene	579	00:58:03.40	09:20	F3039	59/117	406/653	00:57:32.75
161/341	BARNES, Tiziana	31	00:58:06.85	09:21	F2029	43/90	408/653	00:57:29.60
162/341	KENDRICK, Victoria	324	00:58:07.15	09:21	F5059	18/47	410/653	00:57:42.55
163/341	STEHR, Patsy	578	00:58:10.30	09:22	F4049	38/80	412/653	00:56:41.30
164/341	MORRISON, Karen	445	00:58:16.45	09:22	F4049	39/80	414/653	00:57:42.70
165/341	RAMAGE, Chelsea	711	00:58:17.60	09:23	F2029	44/90	415/653	00:58:00.50

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Female

Gender	Name	Bib#	Time	Pace	Div	Cat	O/A	Chip Time
166/341	GLACKIN, Monica	227	00:58:25.70	09:24	F4049	40/80	416/653	00:57:24.00
167/341	PARKER, Sharon	698	00:58:26.00	09:24	F4049	41/80	417/653	00:57:59.00
168/341	BOSSENBERRY, Brenda	59	00:58:30.40	09:25	F3039	60/117	419/653	00:58:09.70
169/341	WYATT, Lynda	665	00:58:31.70	09:25	F5059	19/47	420/653	00:57:41.25
170/341	ANSTEY, Dorothy	713	00:58:38.55	09:26	F4049	42/80	421/653	00:57:59.10
171/341	CROWCHILD, Pearl	681	00:58:44.50	09:27	F5059	20/47	422/653	00:58:05.05
172/341	THOMPSON, Jen	607	00:58:46.25	09:27	F3039	61/117	423/653	00:57:37.00
173/341	MIDDLEBROOK, Kate	432	00:58:46.30	09:27	F2029	45/90	424/653	00:58:17.05
174/341	SHEPHERD, Alison	553	00:58:49.45	09:28	F4049	43/80	426/653	00:58:11.20
175/341	KUBINCHAK, Darcey	345	00:58:50.85	09:28	F3039	62/117	427/653	00:58:05.55
176/341	ANDERSON, Susan	14	00:58:53.90	09:28	F5059	21/47	428/653	00:58:04.40
177/341	VERGOUWEN, Pat	634	00:58:55.85	09:29	F4049	44/80	430/653	00:58:40.30
178/341	TIRADO, Beatriz	708	00:58:55.85	09:29	F4049	45/80	429/653	00:58:36.00
179/341	KILSDONK, Elisabeth	328	00:58:58.40	09:29	F4049	46/80	431/653	00:58:44.60
180/341	HANSEN, Chelsey	249	00:59:03.00	09:30	F3039	63/117	432/653	00:58:17.60
181/341	TURCATO, Whitney	623	00:59:08.00	09:31	F2029	46/90	433/653	00:58:57.95
182/341	WHIFFEN-PETERS, Julie	649	00:59:10.80	09:31	F2029	47/90	434/653	00:58:50.95
183/341	FLEISCHHACKER, Michelle	204	00:59:12.70	09:31	F4049	47/80	435/653	00:58:21.70
184/341	GILLIS, Tracy	225	00:59:12.80	09:31	F3039	64/117	436/653	00:58:16.35
185/341	JAHRIG, Joanne	293	00:59:14.00	09:32	F4049	48/80	437/653	00:58:44.10
186/341	RINNE, Lee	520	00:59:15.80	09:32	F4049	49/80	438/653	00:59:00.80
187/341	BILODEAU, Nancy	50	00:59:22.60	09:33	F2029	48/90	439/653	00:58:40.10
188/341	KETO, Leana	327	00:59:30.00	09:34	F3039	65/117	441/653	00:58:29.45
189/341	SPACKMAN, Camilla	692	00:59:32.85	09:35	F5059	22/47	443/653	00:59:28.55
190/341	HENDRYANTO, Anastasia	263	00:59:39.75	09:36	F3039	66/117	444/653	00:59:01.15
191/341	KEELING, Lynn	319	00:59:41.00	09:36	F4049	50/80	445/653	00:58:57.55
192/341	WHITE, Tracy	651	00:59:41.40	09:36	F4049	51/80	447/653	00:59:02.50
193/341	REID, Claire	741	00:59:58.05	09:39	F2029	49/90	452/653	00:59:11.95
194/341	KONOTOPSKY, Amanda	337	01:00:03.10	09:40	F2029	50/90	455/653	00:59:00.40
195/341	SHEA, Christine	551	01:00:04.75	09:40	F4049	52/80	456/653	00:59:19.30
196/341	WHYTE, Kim	653	01:00:09.50	09:41	F2029	51/90	458/653	00:59:35.40
197/341	DIFRANCESCO, Lisa	159	01:00:12.60	09:41	F4049	53/80	459/653	00:59:31.45
198/341	SLIMMON, Gina	562	01:00:14.20	09:41	F4049	54/80	460/653	00:59:35.70
199/341	WEST, Jacqueline	647	01:00:23.20	09:43	F3039	67/117	461/653	01:00:06.85
200/341	SMITH, Sandra-Lynn	567	01:00:30.10	09:44	F4049	55/80	464/653	00:59:46.45
201/341	HUNTER, Whitney	287	01:00:36.25	09:45	F2029	52/90	465/653	00:59:27.85
202/341	DONAGHY, Kristin	165	01:00:40.90	09:46	F2029	53/90	467/653	00:59:47.95
203/341	PHAM, Chi	496	01:00:42.25	09:46	F2029	54/90	469/653	00:59:49.20
204/341	WOLSTENHOLME, Rose	660	01:00:42.55	09:46	F5059	23/47	470/653	01:00:33.45
205/341	MCILMOYLE, Shauna	420	01:00:46.90	09:47	F3039	68/117	472/653	00:59:52.90
206/341	LONSDALE, Sherie	382	01:00:48.30	09:47	F3039	69/117	473/653	01:00:28.00
207/341	MACLEAN, Allison	392	01:00:52.95	09:48	F3039	70/117	474/653	01:00:16.85
208/341	PROFETA, Amy	705	01:00:59.70	09:49	F2029	55/90	476/653	01:00:51.75
209/341	PAGE, Brenda	478	01:00:59.70	09:49	F5059	24/47	475/653	01:00:32.80
210/341	KRAUS, Karen	339	01:01:00.65	09:49	F4049	56/80	477/653	01:00:33.65
211/341	ROSEHILL, Lori	521	01:01:02.25	09:49	F5059	25/47	478/653	01:00:15.50
212/341	GAMACHE, Karina	221	01:01:04.35	09:50	F3039	71/117	479/653	01:00:58.65
213/341	BUTTON, Brooke	84	01:01:04.50	09:50	F3039	72/117	480/653	01:00:45.85
214/341	RABY, Tanya	506	01:01:16.65	09:51	F2029	56/90	482/653	01:00:36.45
215/341	HOCKING, Jennifer	277	01:01:19.90	09:52	F4049	57/80	483/653	01:00:46.40
216/341	MCCRACKEN, Shelagh	411	01:01:20.35	09:52	F3039	73/117	484/653	01:00:00.20
217/341	WENINGER, Marlo	644	01:01:22.90	09:52	F3039	74/117	485/653	01:00:41.70
218/341	MULDER, Melanie	449	01:01:26.25	09:53	F2029	57/90	486/653	01:01:04.10
219/341	FORESTER, Renia	210	01:01:45.30	09:56	F3039	75/117	487/653	01:01:15.15
220/341	PEWAR, Kim	738	01:01:45.70	09:56	F4049	58/80	488/653	01:01:05.75

Overall Gender Results

10K - 6.21 Miles

Female

Gender	Name	Bib#	Time	Pace	Div	Cat	O/A	Chip Time
221/341	RAMDIN, Shannon	508	01:01:47.75	09:56	F2029	58/90	489/653	01:01:28.10
222/341	DORVAL-DRONYK, JoAnne	169	01:01:53.00	09:57	F4049	59/80	490/653	01:00:52.60
223/341	MACEY, Elizabeth	389	01:01:53.15	09:57	F4049	60/80	491/653	01:00:52.40
224/341	COLLINGE, Carol	700	01:01:55.70	09:58	F4049	61/80	493/653	01:00:44.05
225/341	BRUCE, Debbie	72	01:01:59.30	09:58	F3039	76/117	494/653	01:01:07.65
226/341	HADDOW, Heather	241	01:01:59.40	09:58	F5059	26/47	495/653	01:01:07.90
227/341	STOY, Jessica	587	01:02:08.25	10:00	F2029	59/90	496/653	01:00:25.95
228/341	WENNEKAMP, Jillian	646	01:02:09.75	10:00	F3039	77/117	497/653	01:00:17.45
229/341	WARNER, Jane	639	01:02:16.65	10:01	F4049	62/80	498/653	01:01:41.10
230/341	BRANDSTADT, Heidi	65	01:02:19.40	10:02	F3039	78/117	499/653	01:01:44.05
231/341	MULLBACK, Anna	450	01:02:30.50	10:03	F3039	79/117	501/653	01:02:09.35
232/341	TREMER, Nicole	616	01:02:30.60	10:03	F3039	80/117	502/653	01:02:09.30
233/341	ANDERSEN, Linda	11	01:02:35.35	10:04	F4049	63/80	504/653	01:02:03.95
234/341	JOHANNSSON, Lorraine	304	01:02:35.55	10:04	F4049	64/80	506/653	01:02:03.40
235/341	MACNAIR, Heather	393	01:02:38.40	10:05	F2029	60/90	507/653	01:02:01.90
236/341	HANSEN, Lori	252	01:02:41.55	10:05	F4049	65/80	510/653	01:01:48.30
237/341	KLIPPENSTEIN, Darlene	334	01:02:48.15	10:06	F5059	27/47	511/653	01:01:49.55
238/341	DREGER, Jenny	174	01:02:55.20	10:07	F2029	61/90	512/653	01:01:09.90
239/341	MCLEAN, Debbie	427	01:02:57.65	10:08	F4049	66/80	513/653	01:02:16.50
240/341	SCHAFFLAND, Ute	533	01:02:59.90	10:08	F5059	28/47	514/653	01:01:34.35
241/341	DOERKSEN, Kerry	163	01:03:00.50	10:08	F3039	81/117	515/653	01:01:31.80
242/341	LETAIN, Meredith	376	01:03:01.75	10:08	F3039	82/117	516/653	01:02:36.70
243/341	PACAUD, Danièle	477	01:03:08.30	10:09	F4049	67/80	518/653	01:02:21.10
244/341	CLARK, Shannon	102	01:03:11.70	10:10	F2029	62/90	519/653	01:02:09.40
245/341	FURNEAUX, Maureen	703	01:03:34.75	10:14	F5059	29/47	522/653	01:02:42.45
246/341	FAIRBOURN, Lil	196	01:03:52.55	10:17	F5059	30/47	524/653	01:03:02.40
247/341	THORNE, Patrizia	609	01:03:58.80	10:18	F5059	31/47	525/653	01:03:25.55
248/341	KRUISENGA, Margaret	343	01:04:06.20	10:19	F4049	68/80	526/653	01:03:13.70
249/341	COOPER-BURGESS, Rhonda	114	01:04:06.35	10:19	F3039	83/117	527/653	01:03:05.10
250/341	BAHARALLY, Alicia	758	01:04:08.00	10:19	F0119	5/5	528/653	01:03:21.45
251/341	MCGOWAN, Rosemary	417	01:04:09.50	10:19	F5059	32/47	529/653	01:03:16.25
252/341	ST.ONGE, Kim	577	01:04:10.90	10:19	F3039	84/117	530/653	01:03:55.95
253/341	HEAMAN, Shannon	256	01:04:14.20	10:20	F3039	85/117	531/653	01:03:35.00
254/341	BAHARALLY, Sharlene	759	01:04:15.65	10:20	F4049	69/80	532/653	01:03:30.25
255/341	HUGH, Amanda	285	01:04:16.00	10:20	F2029	63/90	533/653	01:03:29.70
256/341	KUKLICZ, Iwona	348	01:04:21.55	10:21	F3039	86/117	534/653	01:03:47.45
257/341	NAIRN, Angie	456	01:04:23.80	10:22	F2029	64/90	535/653	01:04:00.35
258/341	DICKINSON, Michelle	157	01:04:26.55	10:22	F3039	87/117	536/653	01:03:37.25
259/341	ISFELD, Audrey	291	01:04:28.70	10:22	F5059	33/47	537/653	01:03:55.15
260/341	SCOTT, Nicole	544	01:04:33.30	10:23	F2029	65/90	538/653	01:03:16.00
261/341	HAMMOND, Kimberlee	247	01:04:53.90	10:26	F4049	70/80	540/653	01:04:08.30
262/341	FAST, Rebecca	197	01:04:55.20	10:27	F3039	88/117	541/653	01:03:26.75
263/341	KOOS, Natalie	338	01:04:56.50	10:27	F2029	66/90	543/653	01:04:34.65
264/341	REITH, Sheri	518	01:05:14.10	10:30	F3039	89/117	551/653	01:04:54.55
265/341	KREPTUL, Tamara	340	01:05:20.05	10:31	F3039	90/117	552/653	01:05:10.05
266/341	MOORE, Tari	442	01:05:34.60	10:33	F5059	34/47	553/653	01:04:21.90
267/341	STEVENSON, Kim	582	01:05:35.75	10:33	F3039	91/117	554/653	01:05:27.45
268/341	FREIDAY, Nancy	215	01:05:45.40	10:35	F5059	35/47	555/653	01:05:09.10
269/341	MC SWEENEY, Meabh	407	01:05:46.95	10:35	F2029	67/90	556/653	01:05:18.50
270/341	MC SWEENEY, Helen	718	01:05:47.00	10:35	F2029	68/90	557/653	01:05:18.05
271/341	HLAPCIC, Katie	275	01:05:48.25	10:35	F2029	69/90	558/653	01:05:19.60
272/341	MOSKAL, Danielle	446	01:05:48.60	10:35	F2029	70/90	559/653	01:04:22.65
273/341	DULLEY, Sue	178	01:05:57.80	10:37	F6099	2/2	561/653	01:05:37.95
274/341	MACKAY, Rhona	391	01:06:02.40	10:38	F5059	36/47	563/653	01:05:15.55
275/341	MURPHY, Sarah	452	01:06:14.75	10:39	F2029	71/90	565/653	01:05:16.80

Overall Gender Results

10K - 6.21 Miles

Female

Gender	Name	Bib#	Time	Pace	Div	Cat	O/A	Chip Time
276/341	LAWRENCE, Sally	365	01:06:16.95	10:40	F3039	92/117	567/653	01:05:25.80
277/341	KERIK, Jammey	326	01:06:21.65	10:41	F2029	72/90	569/653	01:04:52.25
278/341	MEADUS, Natasha	430	01:06:21.85	10:41	F2029	73/90	570/653	01:04:52.10
279/341	HEGGE, Chantal	259	01:06:24.65	10:41	F2029	74/90	571/653	01:05:05.90
280/341	PAPADOULIS, Pat	482	01:06:38.55	10:43	F5059	37/47	572/653	01:06:07.35
281/341	MCINTOSHS, Shannon	421	01:06:41.70	10:44	F4049	71/80	573/653	01:06:05.30
282/341	FIKKERT, Erica	203	01:06:42.00	10:44	F3039	93/117	574/653	01:06:05.65
283/341	BURKE-MARTIN, Shawna	82	01:06:51.65	10:45	F3039	94/117	575/653	01:06:22.40
284/341	FAIRBAIRN, Jaime	195	01:06:57.75	10:46	F3039	95/117	577/653	01:06:02.45
285/341	KELLER, Susan	321	01:06:58.80	10:47	F5059	38/47	578/653	01:06:01.90
286/341	STRINGHAM, Kristine	592	01:07:03.75	10:47	F4049	72/80	580/653	01:06:18.55
287/341	ZUBOT, Kimberly	674	01:07:05.65	10:48	F2029	75/90	582/653	01:05:53.75
288/341	YOUNG, Hilary	667	01:07:18.25	10:50	F3039	96/117	583/653	01:05:48.05
289/341	MONNA, Rosa	440	01:07:30.40	10:52	F2029	76/90	584/653	01:06:52.50
290/341	FRENCH, Sheila	217	01:07:33.70	10:52	F5059	39/47	585/653	01:05:58.05
291/341	ANSELL, Chelsey	1005	01:07:44.75	10:54	F2029	77/90	586/653	01:06:41.30
292/341	JENSEN, Sylvia	299	01:08:06.05	10:57	F2029	78/90	587/653	01:07:37.25
293/341	BAUMAN, Lindsey	34	01:08:07.50	10:58	F2029	79/90	588/653	01:07:08.50
294/341	DAUMLER, Marie	139	01:08:14.60	10:59	F3039	97/117	590/653	01:07:27.65
295/341	HAMILTON, Ellen	246	01:08:43.00	11:03	F5059	40/47	592/653	01:07:39.00
296/341	RATHJE, Kelly	510	01:08:47.70	11:04	F4049	73/80	593/653	01:07:40.65
297/341	HUSSON, Corey	289	01:08:55.40	11:05	F3039	98/117	595/653	01:07:56.20
298/341	SANTOS, Margarida	528	01:08:56.50	11:06	F2029	80/90	596/653	01:08:06.60
299/341	DUNCAN, Katherine	179	01:09:21.70	11:10	F5059	41/47	598/653	01:07:55.15
300/341	TURNBULL, Arden	625	01:10:07.00	11:17	F3039	99/117	602/653	01:08:56.15
301/341	OFRIM, Jenny	470	01:10:07.60	11:17	F2029	81/90	603/653	01:09:06.00
302/341	GRIEVE, Doris	239	01:10:09.40	11:17	F4049	74/80	604/653	01:08:55.30
303/341	EVANS, Megan	194	01:10:10.60	11:17	F2029	82/90	605/653	01:08:40.55
304/341	BOURASSA, Amanda	60	01:10:12.30	11:18	F2029	83/90	606/653	01:09:10.10
305/341	MYLES, Kelsey	454	01:10:21.35	11:19	F2029	84/90	607/653	01:09:18.20
306/341	KUKLICZ, Jola	349	01:10:32.30	11:21	F3039	100/117	608/653	01:09:57.15
307/341	SAGAN, Nicole	524	01:10:54.60	11:25	F3039	101/117	610/653	01:10:31.65
308/341	SALBERG, Christine	525	01:10:55.95	11:25	F4049	75/80	611/653	01:10:51.45
315/341	STACEY, Samantha	688	01:11:04.00	11:40	F3039	104/117	622/653	01:11:04.00
310/341	EDMUNDS, Susan	185	01:11:06.90	11:26	F5059	42/47	613/653	01:10:34.10
311/341	CRAIG, Carol	120	01:11:26.15	11:30	F5059	43/47	616/653	01:10:21.05
312/341	VAN DRIEL, Marie	628	01:12:08.45	11:36	F4049	76/80	618/653	01:11:13.70
313/341	REINE, Allison	516	01:12:22.55	11:39	F3039	103/117	619/653	01:11:47.95
314/341	LUND, Heidi	384	01:12:24.45	11:39	F2029	85/90	620/653	01:11:13.90
315/341	STACEY, Samantha	688	01:12:33.00	11:40	F3039	104/117	622/653	01:12:33.00
316/341	HILLS, Lindsay	272	01:13:19.35	11:48	F3039	105/117	625/653	01:12:10.40
317/341	SHELDON, Darlene	552	01:13:28.40	11:49	F4049	77/80	626/653	01:12:49.35
318/341	MURCH, Wanda	451	01:13:29.80	11:49	F4049	78/80	627/653	01:12:50.20
319/341	HUGHES, Sarah	706	01:13:53.85	11:53	F3039	106/117	628/653	01:13:29.30
320/341	RUSSELL, Amanda	523	01:13:55.30	11:54	F3039	107/117	629/653	01:12:07.80
321/341	FELDBERG, Sabine	199	01:13:59.65	11:54	F2029	86/90	630/653	01:13:36.00
322/341	JOHE, Colleen	305	01:14:06.60	11:55	F2029	87/90	631/653	01:13:40.20
323/341	JANZEN, Lora	295	01:14:56.05	12:03	F5059	44/47	632/653	01:14:39.95
324/341	COOKE, Karen	111	01:14:56.70	12:04	F5059	45/47	633/653	01:14:40.55
325/341	MACINNIS, Kim	390	01:15:11.95	12:06	F3039	108/117	634/653	01:14:14.45
326/341	REID, Jennifer	515	01:15:12.50	12:06	F3039	109/117	635/653	01:14:15.05
327/341	DAVIES, Fiona	142	01:15:49.60	12:12	F3039	110/117	637/653	01:15:15.00
328/341	EATON, Sarah Elaine	184	01:16:10.30	12:15	F3039	111/117	638/653	01:15:41.85
329/341	BRADLEY, Michelle	64	01:16:48.10	12:22	F5059	46/47	640/653	01:16:02.60
330/341	SHYBA, Marilyn	710	01:16:49.15	12:22	F4049	79/80	641/653	01:15:59.30

Overall Gender Results

10K - 6.21 Miles

Female

Gender	Name	Bib#	Time	Pace	Div	Cat	O/A	Chip Time
331/341	KNOWLTON, Kristy	336	01:17:44.40	12:31	F2029	88/90	643/653	01:16:26.35
332/341	JOORISITY, Karen	310	01:18:28.70	12:38	F3039	112/117	644/653	01:18:03.10
333/341	TUCKER, Leanne	622	01:22:22.40	13:15	F2029	89/90	645/653	01:21:23.35
334/341	FOPMA, Kelly	208	01:22:22.70	13:15	F3039	113/117	646/653	01:21:22.90
335/341	HUSKA, Claudia	288	01:23:40.50	13:28	F3039	114/117	647/653	01:23:02.95
336/341	AASEN, Kirsten	1	01:23:41.20	13:28	F3039	115/117	648/653	01:23:04.40
337/341	SHILL, Marion	557	01:24:05.70	13:32	F4049	80/80	649/653	01:23:44.50
338/341	DUNN, Jennifer	181	01:24:12.70	13:33	F3039	116/117	650/653	01:23:14.35
339/341	FOGGIN, Amy	207	01:24:18.40	13:34	F3039	117/117	651/653	01:23:50.60
340/341	BROSKI, Laura	68	01:24:20.00	13:34	F2029	90/90	652/653	01:23:19.75
341/341	HENRY, Dawn	264	01:29:34.50	14:25	F5059	47/47	653/653	01:29:09.20

Overall Gender Results

10K - 6.21 Miles

Male

Gender	Name	Bib#	Time	Pace	Div	Cat	O/A	Chip Time
1/312	CUMMINGS, Travis	131	00:33:41.50	05:25	M2029	1/53	1/653	00:33:41.50
2/312	DIEHL, Graham	158	00:33:45.00	05:26	M2029	2/53	2/653	00:33:44.70
3/312	MCLELLAN, Russ	755	00:34:22.50	05:32	M4049	1/79	3/653	00:34:19.70
4/312	DRAUDE, Jody	173	00:34:29.20	05:33	M4049	2/79	4/653	00:34:27.50
5/312	PEDDER, Jan	486	00:35:02.60	05:38	M3039	1/109	5/653	00:35:01.25
6/312	MARCOTTE, Kyle	399	00:35:16.40	05:40	M3039	2/109	6/653	00:35:14.60
7/312	HILL, Alister	455	00:35:23.45	05:41	M3039	3/109	7/653	00:35:22.85
8/312	DAUM, Phil	138	00:35:48.40	05:45	M4049	3/79	8/653	00:35:47.05
9/312	MCGRATH, Niall	418	00:36:09.70	05:49	M3039	4/109	9/653	00:36:08.45
10/312	HOOPER, Chris	281	00:36:33.15	05:53	M3039	5/109	10/653	00:36:31.35
11/312	CAMPBELL, Derek	88	00:36:34.55	05:53	M2029	3/53	11/653	00:36:33.45
12/312	CURRY, Scott	132	00:36:44.40	05:54	M3039	6/109	13/653	00:36:42.80
13/312	MARTENS, Mark	400	00:36:58.15	05:57	M4049	4/79	14/653	00:36:56.80
14/312	SAMPSON, Curtis	527	00:37:04.25	05:58	M4049	5/79	15/653	00:37:03.35
15/312	BAMBURY, Don	30	00:37:08.45	05:58	M4049	6/79	16/653	00:37:07.40
16/312	CRUTTENDEN, Peter	130	00:37:15.80	05:59	M4049	7/79	17/653	00:37:14.45
17/312	BELL, Darcy	42	00:37:18.50	06:00	M2029	4/53	18/653	00:37:16.50
18/312	LINDLAND, Kevin	378	00:37:28.65	06:02	M4049	8/79	19/653	00:37:26.15
19/312	CRITCHLEY, Greg	127	00:37:28.95	06:02	M2029	5/53	20/653	00:37:04.00
20/312	BAINE, Trevor	26	00:37:37.65	06:03	M3039	7/109	21/653	00:37:36.05
21/312	TIESSEN, Sterling	612	00:38:02.70	06:07	M3039	8/109	22/653	00:38:00.30
22/312	TETREAULT, Myron	605	00:38:12.10	06:09	M4049	9/79	23/653	00:38:09.85
23/312	YOUNG, Mike	668	00:38:20.40	06:10	M3039	9/109	24/653	00:38:18.40
24/312	DOORNBOS, Jason	168	00:38:45.90	06:14	M2029	6/53	25/653	00:38:15.30
25/312	STRAND, David	686	00:38:53.10	06:15	M6099	1/15	26/653	00:38:50.10
26/312	DALTON, Bruce	742	00:38:54.35	06:15	M4049	10/79	27/653	00:38:51.35
27/312	POWELL, Mark	502	00:38:55.90	06:16	M3039	10/109	28/653	00:38:41.80
28/312	WILSON, Todd	657	00:38:57.05	06:16	M3039	11/109	29/653	00:38:54.80
29/312	BOURGEAULT, Paul	61	00:38:59.00	06:16	M4049	11/79	30/653	00:38:57.10
30/312	BRUCH, Phil	74	00:39:02.05	06:17	M4049	12/79	31/653	00:38:58.95
31/312	HALL, Jason	245	00:39:16.40	06:19	M2029	7/53	32/653	00:39:09.70
32/312	STORCK, Aric	584	00:39:25.05	06:20	M3039	12/109	33/653	00:39:22.85
33/312	SCRATCH, Jason	545	00:39:25.10	06:20	M3039	13/109	34/653	00:39:22.60
34/312	FESTIVAL, Mario	201	00:39:31.15	06:21	M5059	1/49	35/653	00:39:29.20
35/312	BICKLEY, Ed	49	00:39:33.80	06:22	M5059	2/49	36/653	00:39:32.40
36/312	LAUGHTON, John	362	00:39:35.05	06:22	M3039	14/109	37/653	00:39:29.90
37/312	DOUPOVEC, Dan	170	00:39:41.55	06:23	M3039	15/109	38/653	00:39:38.70
38/312	WOOD, Stephen	662	00:39:59.45	06:26	M4049	13/79	39/653	00:39:58.80
39/312	KNIGHT, Matt	335	00:40:04.90	06:27	M2029	8/53	40/653	00:40:02.20
40/312	THORKELSON, Donovan	608	00:40:05.15	06:27	M3039	16/109	41/653	00:40:05.15
41/312	NELSON, Chris	459	00:40:11.55	06:28	M5059	3/49	42/653	00:40:09.95
42/312	CASSIDY, Kevin	97	00:40:15.60	06:28	M5059	4/49	43/653	00:40:04.35
43/312	HEMMERICK, Timothy	260	00:40:24.95	06:30	M2029	9/53	44/653	00:40:18.80
44/312	CORRIN, Simon	116	00:40:47.20	06:34	M3039	17/109	46/653	00:40:44.75
45/312	JOHNSTON, Aleks	308	00:40:52.45	06:34	M2029	10/53	47/653	00:40:42.60
46/312	REED, Jason	513	00:40:53.20	06:35	M3039	18/109	48/653	00:40:48.40
47/312	ROWE, Philip	522	00:40:54.85	06:35	M4049	14/79	49/653	00:40:45.25
48/312	GLAVAC, Steve	228	00:40:56.85	06:35	M3039	19/109	50/653	00:40:33.05
49/312	OLSON, Joe	472	00:40:58.15	06:35	M3039	20/109	51/653	00:40:54.80
50/312	KROLL, Danny	342	00:41:06.30	06:37	M2029	11/53	53/653	00:41:05.00
51/312	HERLE, Neil	266	00:41:12.85	06:38	M3039	21/109	55/653	00:41:06.90
52/312	MITCHELMORE, Peter	438	00:41:30.05	06:40	M3039	22/109	56/653	00:41:28.95
53/312	STEWART, Brian	583	00:41:33.30	06:41	M5059	5/49	57/653	00:41:22.90
54/312	PEXMAN, John	493	00:41:35.10	06:41	M0119	1/7	58/653	00:41:32.05
55/312	WILSON, Corey	690	00:41:36.20	06:41	M3039	23/109	59/653	00:41:32.30

Overall Gender Results

10K - 6.21 Miles

Male

Gender	Name	Bib#	Time	Pace	Div	Cat	O/A	Chip Time
56/312	PEXMAN, Dave	492	00:41:40.30	06:42	M4049	15/79	60/653	00:41:37.25
57/312	VIAUX, Mickael	635	00:41:53.35	06:44	M2029	12/53	64/653	00:41:26.95
58/312	RICHARDSON, Jerry	519	00:42:08.70	06:47	M4049	16/79	66/653	00:42:02.20
59/312	BESSO, Jamie	46	00:42:11.65	06:47	M3039	24/109	67/653	00:42:08.35
60/312	KEARNEY, Jonathan	315	00:42:12.40	06:47	M3039	25/109	68/653	00:42:05.60
61/312	RAMAGE, Lucas	712	00:42:13.85	06:47	M3039	26/109	69/653	00:42:11.65
62/312	OSTER, Adam	473	00:42:13.90	06:47	M3039	27/109	70/653	00:42:10.65
63/312	PIETERSMA, Ian	497	00:42:16.85	06:48	M4049	17/79	72/653	00:41:28.70
64/312	KEELING, Joel	318	00:42:18.00	06:48	M0119	2/7	73/653	00:41:34.00
65/312	BAKER, Nathan	27	00:42:19.30	06:48	M2029	13/53	74/653	00:41:31.35
66/312	MCCOSH, Robert	717	00:42:22.40	06:49	M5059	6/49	76/653	00:42:18.55
67/312	SHERMAN, Jared	555	00:42:26.45	06:49	M2029	14/53	77/653	00:42:18.90
68/312	VANGILST, Darren	632	00:42:27.85	06:50	M2029	15/53	78/653	00:42:02.70
69/312	HLADY, Mark	274	00:42:31.30	06:50	M5059	7/49	79/653	00:42:26.45
70/312	DEFINA, Fred	151	00:42:51.15	06:54	M5059	8/49	82/653	00:42:49.30
71/312	BAYLY, Keith	35	00:42:51.35	06:54	M4049	18/79	83/653	00:42:48.55
72/312	CHERIYAN, Alan	750	00:42:52.80	06:54	M3039	28/109	84/653	00:42:47.65
73/312	LENEHAN, Trevor	372	00:42:56.30	06:54	M2029	16/53	85/653	00:42:49.75
74/312	STRINGER, David	589	00:43:04.00	06:56	M3039	29/109	86/653	00:42:46.00
75/312	MCIVER, Jordan	423	00:43:04.25	06:56	M2029	17/53	87/653	00:42:53.00
76/312	KAY, Jeff	313	00:43:08.80	06:56	M4049	19/79	88/653	00:43:03.90
77/312	CROFT, Marcus	128	00:43:15.00	06:57	M4049	20/79	89/653	00:42:09.60
78/312	HEFFERNAN, Ben	258	00:43:35.25	07:01	M3039	30/109	90/653	00:43:34.25
79/312	ARGUILE, Stuart	749	00:43:40.20	07:01	M6099	2/15	92/653	00:43:37.35
80/312	SHERRITT, Eric	556	00:43:42.05	07:02	M4049	21/79	93/653	00:43:38.45
81/312	KULAWIK, Mike	350	00:43:49.80	07:03	M3039	31/109	95/653	00:43:43.50
82/312	WONG, Ted	661	00:43:51.00	07:03	M4049	22/79	96/653	00:43:43.60
83/312	BURGESS, Neal	81	00:44:15.80	07:07	M3039	32/109	99/653	00:44:01.30
84/312	SHELL, Adam	534	00:44:19.30	07:08	M2029	18/53	100/653	00:44:10.30
85/312	SPURRELL, Andrew	576	00:44:19.75	07:08	M2029	19/53	101/653	00:43:59.90
86/312	BEESTON, Jeff	40	00:44:22.70	07:08	M3039	33/109	102/653	00:44:13.55
87/312	ERICKSON, Clayton	192	00:44:29.90	07:09	M3039	34/109	104/653	00:44:25.40
88/312	ELSE, Trevor	189	00:44:32.90	07:10	M3039	35/109	106/653	00:44:20.40
89/312	NAPHIN, Mark	457	00:44:33.05	07:10	M3039	36/109	107/653	00:44:21.20
90/312	HECHT, John	257	00:44:33.50	07:10	M5059	9/49	109/653	00:44:29.85
91/312	TKACHUK, Scott	613	00:44:47.95	07:12	M3039	37/109	111/653	00:43:51.80
92/312	SPARLING, John	573	00:44:49.95	07:13	M4049	23/79	112/653	00:44:29.15
93/312	ANSTETT, Tim	15	00:44:56.45	07:14	M4049	24/79	113/653	00:44:51.65
94/312	SHERIDAN, Myles	554	00:44:58.40	07:14	M5059	10/49	114/653	00:44:14.95
95/312	DUERKSEN, John	177	00:45:11.20	07:16	M5059	11/49	117/653	00:44:54.15
96/312	WIELKI, Chris	655	00:45:24.00	07:18	M2029	20/53	119/653	00:45:16.85
97/312	EKLUND, Darren	186	00:45:24.70	07:18	M3039	38/109	120/653	00:44:35.25
98/312	BROWN, Sandy	70	00:45:25.35	07:18	M4049	25/79	121/653	00:44:52.40
99/312	PARR, Chad	484	00:45:42.70	07:21	M3039	39/109	124/653	00:45:17.30
100/312	KWOK, Eagle	352	00:45:46.45	07:22	M3039	40/109	125/653	00:45:36.85
101/312	DUNCAN, Mark	180	00:46:09.20	07:25	M4049	26/79	131/653	00:45:54.70
102/312	MAWHINNEY, Tom	405	00:46:09.30	07:25	M4049	27/79	132/653	00:45:56.50
103/312	KEEP, Alfred	702	00:46:12.55	07:26	M5059	12/49	134/653	00:45:43.60
104/312	KIWI, Dave	140	00:46:18.85	07:27	M3039	41/109	136/653	00:46:05.45
105/312	ALDEN, Mark	7	00:46:24.95	07:28	M2029	21/53	137/653	00:46:12.35
106/312	LEE, Morley	370	00:46:27.90	07:28	M4049	28/79	139/653	00:46:13.75
107/312	TAERUM, Rob	599	00:46:29.80	07:29	M5059	13/49	140/653	00:46:18.20
108/312	FRY, Jim	220	00:46:31.60	07:29	M6099	3/15	141/653	00:46:29.15
109/312	VAN GRONINGEN, John	629	00:46:34.05	07:29	M5059	14/49	142/653	00:46:28.75
110/312	PLETT, Steve	500	00:46:37.35	07:30	M4049	29/79	143/653	00:46:28.10

Overall Gender Results

10K - 6.21 Miles

Male

Gender	Name	Bib#	Time	Pace	Div	Cat	O/A	Chip Time
111/312	SPARROW, Ron	574	00:46:48.40	07:32	M4049	30/79	148/653	00:46:42.85
112/312	BLOMMAERT, Scott	720	00:46:54.35	07:33	M3039	42/109	149/653	00:46:14.10
113/312	WENINGER, Mike	645	00:46:57.80	07:33	M3039	43/109	151/653	00:46:18.30
114/312	ZITZENBACHER, Andreas	672	00:47:01.40	07:34	M2029	22/53	152/653	00:46:59.70
115/312	ENGLISH, Jason	191	00:47:08.65	07:35	M3039	44/109	153/653	00:45:59.35
116/312	BELIEN, Alexander	41	00:47:26.45	07:38	M3039	45/109	157/653	00:47:11.15
117/312	ZELT, Brian	716	00:47:35.50	07:39	M3039	46/109	159/653	00:47:18.10
118/312	MONCRIEFF, Shannon	439	00:47:35.70	07:39	M4049	31/79	160/653	00:47:28.35
119/312	COOPER, Alan	112	00:47:36.80	07:39	M5059	15/49	161/653	00:47:27.85
120/312	WOOLLEY, Robert	664	00:47:38.40	07:40	M2029	23/53	162/653	00:47:19.10
121/312	PLAMONDON, Dominic	499	00:47:40.00	07:40	M3039	47/109	163/653	00:47:33.80
122/312	HANSEN, Brad	248	00:47:43.55	07:41	M0119	3/7	165/653	00:47:00.55
123/312	DEFOREST, Shawn	152	00:47:48.50	07:41	M3039	48/109	167/653	00:47:22.10
124/312	JESSEY, Bob	301	00:48:01.00	07:43	M3039	49/109	168/653	00:47:14.10
125/312	BEATTIE, Jim	36	00:48:01.15	07:43	M4049	32/79	169/653	00:47:53.75
126/312	DIRKSON, Jonathon	685	00:48:01.90	07:43	M3039	50/109	170/653	00:47:52.50
127/312	STRINGHAM, Kent	591	00:48:02.65	07:44	M4049	33/79	171/653	00:47:19.75
128/312	SMITH, Ryan	566	00:48:06.40	07:44	M2029	24/53	172/653	00:47:57.10
129/312	GREENBLATT, Daniel	691	00:48:07.25	07:44	M2029	25/53	173/653	00:47:19.25
130/312	HORSLEY, Deon	282	00:48:08.10	07:45	M3039	51/109	174/653	00:47:05.10
131/312	SCHULZ, Trevor	543	00:48:11.35	07:45	M3039	52/109	175/653	00:47:59.20
132/312	HANSEN, Dave	251	00:48:18.30	07:46	M4049	34/79	176/653	00:47:34.55
133/312	MONTOYA, Pedro	441	00:48:19.20	07:46	M4049	35/79	177/653	00:47:36.90
134/312	CRAWFORD, Mike	125	00:48:19.55	07:46	M3039	53/109	178/653	00:47:20.05
135/312	LOPES, Ty	383	00:48:27.80	07:48	M3039	54/109	179/653	00:47:50.40
136/312	DE LUCA, Michael	147	00:48:29.05	07:48	M3039	55/109	180/653	00:48:09.40
137/312	MAGNUSSON, Colin	744	00:48:30.55	07:48	M3039	56/109	181/653	00:47:31.20
138/312	KRUK, George	344	00:48:34.60	07:49	M5059	16/49	184/653	00:48:25.65
139/312	LAQUA, Gordon	359	00:48:35.45	07:49	M4049	36/79	185/653	00:47:38.85
140/312	MOTT, Rob	447	00:48:35.60	07:49	M3039	57/109	186/653	00:47:39.20
141/312	HOGAN, Drew	278	00:48:49.20	07:51	M2029	26/53	188/653	00:48:44.40
142/312	HINTON, Daren	273	00:48:53.90	07:52	M4049	37/79	190/653	00:48:38.85
143/312	VANDERVEEN, Dwayne	630	00:49:04.50	07:54	M2029	27/53	194/653	00:48:59.45
144/312	MCCULLUM, Dan	414	00:49:04.70	07:54	M4049	38/79	195/653	00:48:47.95
145/312	THOMPSON, Craig	737	00:49:05.10	07:54	M3039	58/109	197/653	00:48:56.10
146/312	RADOVANOVIC, Peter	507	00:49:09.30	07:54	M2029	28/53	199/653	00:48:15.70
147/312	SALDONA, Alex	733	00:49:11.50	07:55	M3039	59/109	203/653	00:48:36.70
148/312	KLENKE, Bradley	333	00:49:22.00	07:56	M4049	39/79	206/653	00:48:20.00
149/312	FODCHUK, Kyle	206	00:49:24.20	07:57	M3039	60/109	208/653	00:49:10.65
150/312	STUART, Sean	595	00:49:25.80	07:57	M3039	61/109	209/653	00:49:07.75
151/312	RAMSEY, Jason	509	00:49:26.30	07:57	M3039	62/109	210/653	00:49:13.05
152/312	HAYNES, Robert	715	00:49:32.00	07:58	M4049	40/79	211/653	00:48:54.15
153/312	CONDON, Edmond	110	00:49:44.65	08:00	M5059	17/49	213/653	00:49:39.35
154/312	MCIVER, Grant	422	00:49:45.80	08:00	M2029	29/53	214/653	00:49:34.10
155/312	GIECK, Kelvin	224	00:49:47.70	08:01	M3039	63/109	215/653	00:49:35.65
156/312	ZAHYNACZ, Ryan	669	00:49:50.75	08:01	M3039	64/109	216/653	00:49:07.60
157/312	PUMPHREY, Matt	505	00:49:52.25	08:01	M3039	65/109	217/653	00:49:35.25
158/312	MILLER, Dave	435	00:49:57.30	08:02	M3039	66/109	218/653	00:48:53.15
159/312	BAILLIE, DAVID	760	00:50:10.95	08:04	M5059	18/49	222/653	00:49:56.85
160/312	GLENN, Jeff	229	00:50:23.60	08:06	M3039	67/109	227/653	00:49:29.60
161/312	REID, Graeme	514	00:50:31.45	08:08	M3039	68/109	228/653	00:49:56.05
162/312	PEPPER, Ryan	489	00:50:37.80	08:09	M3039	69/109	231/653	00:49:43.25
163/312	PILLING, Michael	498	00:50:43.95	08:10	M3039	70/109	232/653	00:50:23.95
164/312	COLLI, Cesar	108	00:50:44.25	08:10	M3039	71/109	233/653	00:49:52.80
165/312	COCKS, Daniel	107	00:50:44.45	08:10	M3039	72/109	234/653	00:50:09.70

Overall Gender Results

10K - 6.21 Miles

Male

Gender	Name	Bib#	Time	Pace	Div	Cat	O/A	Chip Time
166/312	REYNOLDS, Darcy	732	00:50:52.80	08:11	M3039	73/109	238/653	00:50:24.20
167/312	DUBBERLEY, Stuart	176	00:50:54.95	08:11	M3039	74/109	239/653	00:50:03.05
168/312	NELSON, Bradley	458	00:50:56.70	08:12	M0119	4/7	240/653	00:50:35.10
169/312	REDDEKOPP, Jay	512	00:50:59.65	08:12	M5059	19/49	243/653	00:50:28.75
170/312	CAMPBELL, Mark	745	00:51:03.05	08:13	M2029	30/53	245/653	00:50:39.00
171/312	HUANG, Peter	284	00:51:04.20	08:13	M5059	20/49	246/653	00:50:49.55
172/312	LONG, Cliff	381	00:51:12.60	08:14	M2029	31/53	249/653	00:50:00.10
173/312	FAIR, Oliver	740	00:51:13.30	08:14	M2029	32/53	250/653	00:51:03.90
174/312	SMITH, Ernie	563	00:51:17.95	08:15	M5059	21/49	252/653	00:51:01.55
175/312	PENNEY, John	488	00:51:24.35	08:16	M3039	75/109	257/653	00:51:13.95
176/312	VANGILST, Jim	633	00:51:34.55	08:18	M5059	22/49	258/653	00:50:46.85
177/312	KELLER, Lawrence	320	00:51:36.05	08:18	M5059	23/49	259/653	00:51:06.25
178/312	KINGWELL, Blair	331	00:51:42.40	08:19	M3039	76/109	260/653	00:50:53.30
179/312	DAVIES, Ian	143	00:51:44.05	08:19	M4049	41/79	261/653	00:51:26.95
180/312	GAUTHIER, Shane	222	00:51:45.15	08:20	M2029	33/53	262/653	00:51:13.90
181/312	BULLIVANT, Darin	80	00:51:50.15	08:20	M4049	42/79	263/653	00:51:40.40
182/312	CLARKE, David	103	00:51:52.90	08:21	M5059	24/49	265/653	00:51:19.80
183/312	BERGERON, Mike	45	00:52:07.00	08:23	M5059	25/49	268/653	00:51:47.75
184/312	SINCLAIR, Paul	560	00:52:08.90	08:23	M5059	26/49	270/653	00:51:42.60
185/312	KAY, Kelly	314	00:52:10.50	08:24	M3039	77/109	272/653	00:51:55.15
186/312	BLACK, Glenn	51	00:52:13.90	08:24	M3039	78/109	274/653	00:51:47.20
187/312	STUART, Gareth	594	00:52:16.65	08:25	M2029	34/53	277/653	00:51:15.20
188/312	STREIFEL, Sean	588	00:52:25.15	08:26	M3039	79/109	279/653	00:50:38.65
189/312	DOBSLAW, Walter	162	00:52:29.45	08:27	M5059	27/49	281/653	00:51:37.05
190/312	STOY, Jeff	586	00:52:32.60	08:27	M2029	35/53	283/653	00:50:50.35
191/312	MORALES, Rene	730	00:52:37.10	08:28	M3039	80/109	286/653	00:52:30.50
192/312	CHISHOLM, Peter	100	00:52:38.40	08:28	M2029	36/53	287/653	00:52:02.45
193/312	JOHNSON, Jason	306	00:52:48.30	08:30	M3039	81/109	290/653	00:52:07.55
194/312	JAMES, Doug	294	00:52:56.95	08:31	M5059	28/49	292/653	00:52:44.80
195/312	LEMAY, Jean-Simon	723	00:52:57.60	08:31	M0119	5/7	293/653	00:52:10.35
196/312	HUSTON, Michael	290	00:53:00.85	08:32	M4049	43/79	295/653	00:52:50.35
197/312	SCHIJNS, Josh	536	00:53:07.90	08:33	M2029	37/53	298/653	00:52:59.70
198/312	WAYRYNEN, Al	642	00:53:08.45	08:33	M4049	44/79	300/653	00:52:45.10
199/312	BURNS, David	83	00:53:10.05	08:33	M2029	38/53	301/653	00:52:43.35
200/312	AGNEW, Jamie	4	00:53:10.10	08:33	M3039	82/109	302/653	00:52:21.75
201/312	BAHNUIK, Jonathan	24	00:53:13.00	08:34	M3039	83/109	304/653	00:51:58.65
202/312	KEARNEY, Lawrence	316	00:53:16.20	08:34	M3039	84/109	305/653	00:52:07.95
203/312	BEAUDOIN, Ben	37	00:53:21.25	08:35	M4049	45/79	308/653	00:52:54.95
204/312	DAVIES, Jim	144	00:53:31.80	08:37	M3039	85/109	310/653	00:52:56.70
205/312	BLAND, Greg	53	00:53:37.10	08:38	M2029	39/53	312/653	00:52:50.30
206/312	WOLLMAN, David	659	00:53:44.95	08:39	M6099	4/15	314/653	00:53:37.90
207/312	DEANE, Drew	149	00:53:47.35	08:39	M5059	29/49	315/653	00:53:24.60
208/312	ERICKSON, Grant	193	00:53:54.20	08:40	M3039	86/109	319/653	00:53:33.50
209/312	BUIJS, Jason	79	00:54:00.45	08:41	M3039	87/109	321/653	00:53:40.80
210/312	ZALISCHUK, Robert	670	00:54:09.80	08:43	M4049	46/79	324/653	00:54:03.00
211/312	PFEIFER, John	495	00:54:11.40	08:43	M3039	88/109	325/653	00:53:56.15
212/312	MASON, Kirk	402	00:54:14.45	08:44	M2029	40/53	326/653	00:54:03.05
213/312	CRANSTONE, David	123	00:54:30.35	08:46	M4049	47/79	332/653	00:53:30.40
214/312	ISLEY, Jon	292	00:54:36.60	08:47	M3039	89/109	334/653	00:54:17.60
215/312	HERDMAN, Adam	734	00:54:36.65	08:47	M3039	90/109	335/653	00:53:57.85
216/312	GREEN, Julian	728	00:54:39.00	08:48	M4049	48/79	336/653	00:54:05.15
217/312	VAN WINKLE, Rob	709	00:54:47.00	08:49	M3039	91/109	340/653	00:54:19.00
218/312	LAMB, Andrew	353	00:54:56.60	08:50	M3039	92/109	342/653	00:54:00.75
219/312	LASTIWKA, Derek	361	00:55:08.15	08:52	M2029	41/53	346/653	00:53:25.55
220/312	HANSEN, Dan	250	00:55:08.15	08:52	M0119	6/7	345/653	00:54:24.40

Overall Gender Results

10K - 6.21 Miles

Male

Gender	Name	Bib#	Time	Pace	Div	Cat	O/A	Chip Time
221/312	FROLAND, Rob	219	00:55:16.95	08:53	M2029	42/53	348/653	00:54:32.85
222/312	LITCHFIELD, Fred	380	00:55:18.85	08:54	M5059	30/49	350/653	00:54:41.30
223/312	AIELLO, Robert	6	00:55:26.15	08:55	M5059	31/49	354/653	00:54:33.50
224/312	HUGHES, Dale	286	00:55:29.65	08:56	M5059	32/49	355/653	00:55:12.05
225/312	DUNNE, James	183	00:55:30.25	08:56	M6099	5/15	356/653	00:55:04.80
226/312	CZUCZMAN, Eugene	134	00:55:41.20	08:58	M4049	49/79	358/653	00:55:31.15
227/312	MITCHELL, Matthew	437	00:55:48.55	08:59	M3039	93/109	359/653	00:55:43.10
228/312	TAN, Ben	602	00:55:58.30	09:00	M2029	43/53	362/653	00:54:48.70
229/312	KELLY, Doug	322	00:56:01.20	09:01	M4049	50/79	364/653	00:55:04.90
230/312	SHAW, Bob	550	00:56:02.80	09:01	M6099	6/15	367/653	00:55:19.65
231/312	AUBREY, Ron	19	00:56:04.70	09:01	M5059	33/49	368/653	00:55:41.55
232/312	BECKETT, Jordy	38	00:56:32.05	09:06	M2029	44/53	376/653	00:55:49.95
233/312	SURTEES, Jeff	597	00:56:36.00	09:06	M5059	34/49	377/653	00:55:37.60
234/312	PHILLIPS, Blair	714	00:56:40.60	09:07	M2029	45/53	380/653	00:56:02.45
235/312	HENDERSON, Jim	261	00:56:43.65	09:07	M5059	35/49	381/653	00:55:55.25
236/312	KROEPLIN, Terry	341	00:56:48.15	09:08	M4049	51/79	382/653	00:55:53.10
237/312	PARKER, Brian	699	00:56:54.40	09:09	M4049	52/79	384/653	00:56:27.90
238/312	LEE, Paul	371	00:57:02.80	09:11	M3039	94/109	385/653	00:56:49.80
239/312	PRICE, David	504	00:57:06.90	09:11	M2029	46/53	389/653	00:56:41.75
240/312	WARD, Craig	637	00:57:09.10	09:12	M3039	95/109	390/653	00:56:47.75
241/312	GOLDEN, Rick	231	00:57:27.05	09:15	M2029	47/53	396/653	00:57:10.70
242/312	DINU, David	160	00:57:39.80	09:17	M5059	36/49	400/653	00:56:27.35
243/312	JONES, David	309	00:57:46.60	09:18	M5059	37/49	402/653	00:57:28.85
244/312	BLASETTI, Ron	54	00:57:51.25	09:18	M4049	53/79	403/653	00:57:34.55
245/312	DAVIES, Bryan	141	00:57:58.75	09:20	M3039	96/109	404/653	00:57:29.05
246/312	HNATIUK, Roger	276	00:57:59.10	09:20	M4049	54/79	405/653	00:56:39.20
247/312	BUGEAUD, Gary	78	00:58:06.80	09:21	M4049	55/79	407/653	00:57:41.90
248/312	MCCREANOR, John	412	00:58:07.10	09:21	M6099	7/15	409/653	00:57:47.15
249/312	TRENKE, Ralph	617	00:58:10.15	09:21	M4049	56/79	411/653	00:57:16.20
250/312	PAGE, Dave	479	00:58:13.85	09:22	M3039	97/109	413/653	00:57:46.15
251/312	LAMEY, Rannie	356	00:58:27.50	09:24	M5059	38/49	418/653	00:57:58.65
252/312	SHUNK, Blair	558	00:58:48.70	09:28	M5059	39/49	425/653	00:58:04.15
253/312	MAYBERRY, Timothy	406	00:59:26.45	09:34	M5059	40/49	440/653	00:59:19.45
254/312	CLYDE, Geordie	106	00:59:30.45	09:34	M3039	98/109	442/653	00:59:02.40
255/312	HADDOW, Ian	242	00:59:41.30	09:36	M5059	41/49	446/653	00:58:50.25
256/312	TREMBLAY, Yves	615	00:59:42.45	09:36	M4049	57/79	448/653	00:58:47.05
257/312	FOURNIER, Chad	211	00:59:45.95	09:37	M3039	99/109	449/653	00:58:39.90
258/312	RATHJE, Mitch	511	00:59:49.05	09:37	M4049	58/79	450/653	00:58:54.75
259/312	OGDEN, Kemper	471	00:59:52.10	09:38	M0119	7/7	451/653	00:59:26.25
260/312	BOWLING, Jeff	62	01:00:00.00	09:39	M4049	59/79	453/653	00:59:04.60
261/312	TOPOROWSKY, Dave	614	01:00:02.60	09:40	M4049	60/79	454/653	00:59:25.80
262/312	PETERS, Paul	491	01:00:06.30	09:40	M4049	61/79	457/653	00:59:28.90
263/312	KUCY, Andrew	346	01:00:27.70	09:44	M2029	48/53	462/653	00:59:49.60
264/312	PEARCE, Andy	485	01:00:28.00	09:44	M3039	100/109	463/653	01:00:09.50
265/312	CASTLE, Geoff	726	01:00:40.80	09:46	M4049	62/79	466/653	00:59:46.95
266/312	LAMBERT, Moe	725	01:00:41.00	09:46	M5059	42/49	468/653	00:59:50.95
267/312	LAU, David	757	01:00:45.25	09:46	M6099	8/15	471/653	01:00:05.30
268/312	LANG, Cameron	358	01:01:14.00	09:51	M4049	63/79	481/653	01:01:09.10
269/312	MACEACHERN, Bruce	701	01:01:55.70	09:58	M4049	64/79	492/653	01:00:43.80
270/312	FORESTER, Craig	209	01:02:29.25	10:03	M3039	101/109	500/653	01:01:58.95
271/312	THORPE, John	611	01:02:35.10	10:04	M6099	9/15	503/653	01:02:03.55
272/312	CONN, Richard	693	01:02:35.35	10:04	M4049	65/79	505/653	01:02:03.80
273/312	BLADON, Stan	52	01:02:40.20	10:05	M6099	10/15	508/653	01:02:22.80
274/312	CLOOTEN, Calvin	105	01:02:40.30	10:05	M4049	66/79	509/653	01:01:59.15
275/312	LEMAY, Jean Francois	724	01:03:06.50	10:09	M4049	67/79	517/653	01:02:19.80

Overall Gender Results

10K - 6.21 Miles

Male

Gender	Name	Bib#	Time	Pace	Div	Cat	O/A	Chip Time
276/312	SAWDON, Tom	531	01:03:14.30	10:10	M6099	11/15	520/653	01:02:45.05
277/312	MCAVOY, Tim	409	01:03:33.80	10:14	M5059	43/49	521/653	01:02:52.75
278/312	FRANCE, Roger	214	01:03:52.30	10:17	M3039	102/109	523/653	01:02:45.35
279/312	LAIDLAW, WILLIAM	761	01:04:46.80	10:25	M4049	68/79	539/653	01:04:01.00
280/312	AUBREY, Matt	18	01:04:56.50	10:27	M2029	49/53	542/653	01:04:34.30
281/312	MCKINSTRY, Darin	425	01:04:59.05	10:27	M4049	69/79	544/653	01:04:04.15
282/312	COLLIVER, Raymond	109	01:05:01.30	10:28	M6099	12/15	545/653	01:04:45.20
283/312	COBB, Andrew	684	01:05:04.70	10:28	M4049	70/79	546/653	01:04:49.40
284/312	HERTLING, Michael	267	01:05:04.75	10:28	M4049	71/79	547/653	01:04:15.65
285/312	JASSMAN, Chad	297	01:05:07.85	10:29	M2029	50/53	548/653	01:03:56.05
286/312	BUDD, Tom	77	01:05:12.40	10:29	M4049	72/79	549/653	01:04:43.50
287/312	GUARDIA, Victor	736	01:05:12.50	10:29	M4049	73/79	550/653	01:04:42.90
288/312	STEVENSON, Bob	581	01:05:50.30	10:36	M6099	13/15	560/653	01:05:42.65
289/312	CYMBALUK, Curtis	133	01:06:01.35	10:37	M3039	103/109	562/653	01:05:12.25
290/312	DARMOK, Dave	137	01:06:02.95	10:38	M5059	44/49	564/653	01:05:13.50
291/312	MOWBRAY, Jim	448	01:06:14.95	10:39	M2029	51/53	566/653	01:05:17.90
292/312	HENSELWOOD, Alan	265	01:06:17.95	10:40	M3039	104/109	568/653	01:05:26.25
293/312	SORIANO, Clark	570	01:06:55.75	10:46	M3039	105/109	576/653	01:06:09.85
294/312	ZUBOT, Curtis	673	01:07:03.60	10:47	M2029	52/53	579/653	01:05:50.85
295/312	GREENOUGH, Lawrence	237	01:07:05.30	10:48	M5059	45/49	581/653	01:06:35.25
296/312	MYLES, Andrew	453	01:08:10.90	10:58	M2029	53/53	589/653	01:07:07.50
297/312	BATHGATE, Dwight	33	01:08:28.70	11:01	M6099	14/15	591/653	01:08:00.65
298/312	TAKEDA, Gary	601	01:08:53.95	11:05	M5059	46/49	594/653	01:07:54.15
299/312	MAKI, Todd	397	01:09:15.70	11:09	M3039	106/109	597/653	01:08:49.80
300/312	BLINN, Louis	56	01:09:37.35	11:12	M5059	47/49	599/653	01:09:20.15
301/312	NIXON, Gord	465	01:09:45.70	11:13	M5059	48/49	600/653	01:09:02.75
302/312	BROOKE, Warren	66	01:10:02.45	11:16	M3039	107/109	601/653	01:09:08.45
303/312	DONAHUE, Stephen	166	01:10:51.75	11:24	M5059	49/49	609/653	01:09:54.00
304/312	FAUST, Jim	198	01:11:09.90	11:27	M4049	74/79	614/653	01:10:47.90
305/312	MCCULLAGH, Stewart	413	01:11:10.45	11:27	M4049	75/79	615/653	01:10:29.00
306/312	ROACH, Dion	707	01:11:51.15	11:34	M4049	76/79	617/653	01:11:26.60
307/312	WOOD, Thomas	663	01:12:24.45	11:39	M4049	77/79	621/653	01:11:13.75
308/312	ORR, Rob	739	01:12:41.75	11:42	M4049	78/79	623/653	01:11:25.05
309/312	BRADLEY, Jay	63	01:12:49.45	11:43	M6099	15/15	624/653	01:12:03.20
310/312	PERSAUD, Roger	490	01:15:47.00	12:12	M3039	108/109	636/653	01:15:47.00
311/312	SCHIJNS, Mike	537	01:16:42.90	12:21	M4049	79/79	639/653	01:16:15.60
312/312	MATHEWS, Jerold	403	01:17:39.80	12:30	M3039	109/109	642/653	01:16:16.10