

The Water Run 3K/5K/10K Oct 11/2025

Alpha Overall Results

3K Run/Walk - 1.86 Miles

151 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
11/151	ANSTEY, ELLIS	597	14:51.242	04:57	07:59	3K12&UM	5/26	M	11/68	MEDICINE HAT, AB
12/151	ANSTEY, RYAN	598	14:51.710	04:57	07:59	3K40-49M	4/12	M	12/68	MEDICINE HAT, AB
52/151	ARSENAULT, KASSANDRA	599	20:38.583	06:52	11:05	3K19-29F	4/7	F	17/83	MEDICINE HAT, AB
70/151	BAITON, LEE	601	26:19.245	08:46	14:09	3K40-49M	9/12	M	41/68	MEDICINE HAT, AB
68/151	BAITON, MAX	602	26:18.259	08:46	14:08	3K12&UM	19/26	M	40/68	MEDICINE HAT, AB
35/151	BARBOUR, BEORN	603	18:05.561	06:01	09:43	3K13-18M	5/9	M	30/68	CYPRESS COUNTY, AB
102/151	BARBOUR, RANSOM	961	34:08.345	11:22	18:21	3K13-18M	7/9	M	50/68	CYPRESS COUNTY, AB
79/151	BARBOUR, RENAE	605	29:21.002	09:47	15:46	3K12&UF	13/21	F	35/83	CYPRESS COUNTY, AB
77/151	BARBOUR, WOLF	606	28:54.003	09:38	15:32	3K12&UM	21/26	M	44/68	CYPRESS COUNTY, AB
64/151	BIGGAR, BROOKE	613	25:44.464	08:34	13:50	3K12&UF	10/21	F	25/83	MEDICINE HAT, AB
66/151	BIGGAR, ERYNN	614	25:51.893	08:37	13:54	3K40-49F	3/11	F	27/83	MEDICINE HAT, AB
45/151	BIGGAR, HOLLY	615	19:33.615	06:31	10:30	3K13-18F	3/13	F	10/83	MEDICINE HAT, AB
84/151	BOSCHMAN, LORELEI	620	30:24.054	10:08	16:20	3K50+F	4/19	F	40/83	MEDICINE HAT, AB
18/151	BREWSTER, LOGAN	626	15:59.798	05:19	08:36	3K12&UM	8/26	M	17/68	MEDICINE HAT, AB
54/151	BREWSTER, SHANNON	627	21:00.470	07:00	11:17	3K30-39F	2/12	F	19/83	MEDICINE HAT, AB
118/151	BROWN, CATHERINE	630	37:39.071	12:33	20:14	3K50+F	10/19	F	63/83	MEDICINE HAT, AB
30/151	BROWN, GREG	631	17:23.610	05:47	09:21	3K50+M	2/14	M	25/68	MEDICINE HAT, AB
82/151	BURK, ELIAS	636	29:46.610	09:55	16:00	3K12&UF	15/21	F	38/83	MEDICINE HAT, AB
83/151	BURK, SHARI	637	30:22.992	10:07	16:20	3K40-49F	7/11	F	39/83	MEDICINE HAT, AB
148/151	CURRIE, CARMELITA	644	59:44.292	19:54	32:07	3K50+F	17/19	F	81/83	MEDICINE HAT, AB
89/151	FEENEY, JAIME	954	31:08.908	10:22	16:44	3K40-49F	8/11	F	43/83	CYPRESS COUNTY, AB
92/151	FEENEY, KAYLEE	955	31:53.580	10:37	17:08	3K13-18F	7/13	F	45/83	CYPRESS COUNTY, AB
72/151	FEENEY, OLIVIA	956	27:22.948	09:07	14:43	3K13-18F	6/13	F	31/83	CYPRESS COUNTY, AB
34/151	GAIR, CLAYTON	883	18:03.989	06:01	09:42	3K40-49M	7/12	M	29/68	RED CLIFF, AB
33/151	GENNO, KARSON	653	17:58.645	05:59	09:39	3K12&UM	13/26	M	28/68	MEDICINE HAT, AB
41/151	GENNO, MARVIN	654	18:46.905	06:15	10:05	3K50+M	4/14	M	32/68	REDCLIFF, AB
48/151	GIESBRECHT, DOMINIQUE	657	19:55.576	06:38	10:42	3K19-29F	2/7	F	13/83	CALGARY, AB
151/151	GODARD, GREG	659	1:00:05.525	20:01	32:18	3K50+M	14/14	M	68/68	DESERT BLUME, AB
6/151	GODARD, ISAIAH	660	13:30.900	04:30	07:15	3K19-29M	1/3	M	6/68	DESERT BLUME, AB
29/151	GODARD, JUDE	661	17:00.314	05:40	09:08	3K12&UM	12/26	M	24/68	DESERT BLUME, AB
149/151	GODARD, MARYLOU	662	1:00:04.214	20:01	32:17	3K50+F	18/19	F	82/83	DESERT BLUME, AB
39/151	GODARD, SAFFRXN	663	18:16.671	06:05	09:49	3K19-29F	1/7	F	8/83	DESERT BLUME, AB
1/151	GORING, NYXON	962	12:03.785	04:01	06:29	3K13-18M	1/9	M	1/68	MEDICINE HAT, AB
123/151	GRANADOS, ESTELA	664	39:17.109	13:05	21:07	3K50+F	13/19	F	67/83	MEDICINE HAT, AB
135/151	GREELEY, LINCOLN	665	42:39.328	14:13	22:55	3K12&UM	25/26	M	61/68	MEDICINE HAT, AB
137/151	GREELEY, PIPER	666	42:42.632	14:14	22:57	3K12&UF	21/21	F	75/83	MEDICINE HAT, AB
140/151	GREELEY, SIDNEY	667	42:54.024	14:18	23:03	3K30-39F	12/12	F	77/83	MEDICINE HAT, AB
125/151	GROVE, ALEXA	668	39:39.657	13:13	21:19	3K13-18F	13/13	F	69/83	MEDICINE HAT, AB
122/151	GROVE, JOANNE	670	39:13.383	13:04	21:05	3K50+F	12/19	F	66/83	MEDICINE HAT, AB
31/151	GROVE, JOSEPH	671	17:27.312	05:49	09:23	3K50+M	3/14	M	26/68	MEDICINE HAT, AB
16/151	GROVE, LUKAS	672	15:36.828	05:12	08:23	3K13-18M	3/9	M	15/68	MEDICINE HAT, AB
56/151	GUDLAUGSON, JUDE	909	21:42.767	07:14	11:40	3K12&UM	16/26	M	36/68	MEDICINE HAT, AB
36/151	GUDLAUGSON, PAUL	910	18:14.528	06:04	09:48	3K40-49M	8/12	M	31/68	MEDICINE HAT, AB
100/151	HALAND, ARIA	675	33:37.126	11:12	18:04	3K13-18F	9/13	F	51/83	MEDICINE HAT, AB
101/151	HALAND, KRISTIN	676	33:37.172	11:12	18:04	3K40-49F	9/11	F	52/83	MEDICINE HAT, AB
26/151	HALAND, KYLE	677	16:35.463	05:31	08:55	3K40-49M	5/12	M	21/68	MEDICINE HAT, AB
27/151	HALAND, MERRITT	678	16:35.985	05:31	08:55	3K12&UM	10/26	M	22/68	MEDICINE HAT, AB
138/151	HAMM, TYLER	679	42:43.827	14:14	22:58	3K19-29M	3/3	M	63/68	COALDALE, AB
142/151	HAWEE, MARIA	681	45:09.232	15:03	24:16	3K40-49F	11/11	F	79/83	MEDICINE HAT, AB
143/151	HAWEE, MIKAEL	682	45:11.483	15:03	24:17	3K50+M	12/14	M	64/68	MEDICINE HAT, AB
124/151	HAWEE, SHALOM	683	39:39.328	13:13	21:19	3K13-18F	12/13	F	68/83	MEDICINE HAT, AB
147/151	HEESE, IRENE	689	59:41.245	19:53	32:05	3K50+F	16/19	F	80/83	MEDICINE HAT, AB
93/151	HENNING, JACQUES	957	31:54.236	10:38	17:09	3K19-29M	2/3	M	48/68	CYPRESS COUNTY, AB
42/151	HILLS, TYLER	885	18:56.190	06:18	10:10	3K12&UM	14/26	M	33/68	MEDICINE HAT, AB
73/151	HODGMAN, DANIELLE	695	27:41.978	09:13	14:53	3K30-39F	4/12	F	32/83	MEDICINE HAT, AB
74/151	HODGMAN, NOAH	696	27:42.165	09:14	14:53	3K12&UM	20/26	M	42/68	MEDICINE HAT, AB
9/151	JASPERS, DEVIN	710	14:49.087	04:56	07:58	3K40-49M	2/12	M	9/68	REDCLIFF, AB

The Water Run 3K/5K/10K Oct 11/2025

Alpha Overall Results

3K Run/Walk - 1.86 Miles

151 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
65/151	JASPERS, JILLIAN	711	25:45.704	08:35	13:51	3K13-18F	5/13	F	26/83	REDCLIFF, AB
21/151	JASPERS, JOEL	712	16:10.485	05:23	08:41	3K12&UM	9/26	M	19/68	REDCLIFF, AB
67/151	JASPERS, LUCY	713	26:04.293	08:41	14:01	3K12&UF	11/21	F	28/83	REDCLIFF, AB
3/151	JASPERS, THOMAS	714	12:19.795	04:06	06:37	3K12&UM	1/26	M	3/68	REDCLIFF, AB
38/151	JORDET, LINA	717	18:16.507	06:05	09:49	3K13-18F	2/13	F	7/83	CYPRESS COUNTY, AB
96/151	KLASSEN, REBEKAH	728	33:18.101	11:06	17:54	3K19-29F	5/7	F	48/83	REDCLIFF, AB
28/151	KNAPP, COHEN	893	16:59.708	05:39	09:08	3K12&UM	11/26	M	23/68	MEDICINE HAT, AB
43/151	KNAPP, CYRUS	911	18:59.936	06:19	10:12	3K12&UM	15/26	M	34/68	MEDICINE HAT, AB
8/151	KNAPP, JACKSON	894	14:07.978	04:42	07:35	3K12&UM	4/26	M	8/68	MEDICINE HAT, AB
53/151	KNAPP, LEAH	912	20:43.387	06:54	11:08	3K40-49F	2/11	F	18/83	MEDICINE HAT, AB
139/151	KNOLL, DANNA	732	42:48.232	14:16	23:00	3K50+F	15/19	F	76/83	MEDICINE HAT, AB
136/151	KNOLL, TOM	733	42:41.719	14:13	22:57	3K50+M	11/14	M	62/68	MEDICINE HAT, AB
94/151	KNUTSON, KATHRYN	958	31:56.111	10:38	17:10	3K50+F	7/19	F	46/83	CYPRESS COUNTY, AB
69/151	KOWALCHUK, KIM	735	26:18.378	08:46	14:08	3K40-49F	4/11	F	29/83	MEDICINE HAT, AB
62/151	KOWALCHUK, LIAM	736	24:16.854	08:05	13:03	3K12&UM	18/26	M	39/68	MEDICINE HAT, AB
111/151	LEMIRE, HUNTER	742	35:49.872	11:56	19:15	3K12&UM	23/26	M	52/68	MEDICINE HAT, AB
128/151	LEMIRE, KODAH	743	41:33.446	13:51	22:20	3K12&UF	20/21	F	71/83	MEDICINE HAT, AB
127/151	LEMIRE, SHYLOH	744	41:22.665	13:47	22:14	3K12&UM	24/26	M	57/68	MEDICINE HAT, AB
24/151	LINDQUIST, CARMON	945	16:30.078	05:30	08:52	3K50+M	1/14	M	20/68	VERNON, BC
141/151	LYDIC, LAURA	747	43:43.803	14:34	23:30	3K40-49F	10/11	F	78/83	MEDICINE HAT, AB
81/151	MAIER, AMBRIA	898	29:42.026	09:54	15:58	3K12&UF	14/21	F	37/83	MEDICINE HAT, AB
98/151	MAIER, NALISHA	899	33:18.658	11:06	17:54	3K13-18F	8/13	F	49/83	MEDICINE HAT, AB
95/151	MAIER, NANCY	900	31:56.144	10:38	17:10	3K30-39F	6/12	F	47/83	MEDICINE HAT, AB
114/151	MANLEY, CINDY	752	36:10.946	12:03	19:27	3K50+F	9/19	F	60/83	MEDICINE HAT, AB
46/151	MCNALLY, EMILY	950	19:35.066	06:31	10:31	3K13-18F	4/13	F	11/83	MEDICINE HAT,
60/151	MEIER, MADDEN	936	23:45.003	07:55	12:46	3K12&UM	17/26	M	38/68	MEDICINE HAT, AB
20/151	MEIER, PAXTON	937	16:06.971	05:22	08:39	3K13-18M	4/9	M	18/68	MEDICINE HAT, AB
47/151	MEIER, SHAWNA	935	19:53.655	06:37	10:41	3K40-49F	1/11	F	12/83	MEDICINE HAT, AB
115/151	MILLER, KIMBERLEY	760	36:11.227	12:03	19:27	3K30-39F	9/12	F	61/83	MEDICINE HAT, AB
113/151	MILLER, MORGAN	761	36:10.759	12:03	19:27	3K30-39M	3/4	M	54/68	MEDICINE HAT, AB
97/151	MOCCASIN, KAYLEM	763	33:18.358	11:06	17:54	3K12&UM	22/26	M	49/68	REDCLIFF, AB
37/151	MOCH, PRESLEIEY	765	18:16.154	06:05	09:49	3K13-18F	1/13	F	6/83	MEDICINE HAT, AB
4/151	MOHAMMED, GABE	766	13:03.338	04:21	07:01	3K12&UM	2/26	M	4/68	MEDICINE HAT, AB
5/151	MOHAMMED, ISHAYA	767	13:18.197	04:26	07:09	3K13-18M	2/9	M	5/68	MEDICINE HAT, AB
7/151	MOHAMMED, NATE	768	14:02.822	04:40	07:33	3K12&UM	3/26	M	7/68	MEDICINE HAT, AB
88/151	MOHAMMED, YUSUF	769	30:59.347	10:19	16:39	3K40-49M	10/12	M	46/68	MEDICINE HAT, AB
10/151	MUND, FLOYD	770	14:49.369	04:56	07:58	3K40-49M	3/12	M	10/68	SASKATOON, SK
17/151	MUND, IRA	771	15:42.154	05:14	08:26	3K12&UM	7/26	M	16/68	SASKATOON, SK
150/151	MUND, MABLE	772	1:00:05.268	20:01	32:18	3K50+F	19/19	F	83/83	MEDICINE HAT, AB
78/151	PAHL, ANGELA	781	28:54.456	09:38	15:32	3K50+F	3/19	F	34/83	MEDICINE HAT, AB
132/151	PAHL, HANNAH	782	42:17.273	14:05	22:44	3K19-29F	6/7	F	73/83	MEDICINE HAT, AB
126/151	PAHL, SARAH	784	40:05.505	13:21	21:33	3K30-39F	11/12	F	70/83	MEDICINE HAT, AB
131/151	PAHL, STEVEN	785	42:13.053	14:04	22:41	3K50+M	10/14	M	59/68	MEDICINE HAT, AB
13/151	PEARSE, MORGAN	786	15:08.706	05:02	08:08	3K30-39M	1/4	M	13/68	MEDICINE HAT, AB
87/151	PEPIN, MARTIN	914	30:38.111	10:12	16:28	3K50+M	6/14	M	45/68	MEDICINE HAT, AB
104/151	PEPIN WALLIS, JUSTIN	915	34:18.164	11:26	18:26	3K13-18M	8/9	M	51/68	MEDICINE HAT, AB
103/151	PEPIN WALLIS, LAYLA	916	34:17.953	11:25	18:26	3K13-18F	10/13	F	53/83	MEDICINE HAT, AB
99/151	PORTER, KYM	938	33:22.467	11:07	17:56	3K50+F	8/19	F	50/83	MEDICINE HAT, AB
80/151	REINHARDT, LEINA	942	29:22.901	09:47	15:47	3K40-49F	6/11	F	36/83	MEDICINE HAT, AB
110/151	REINHELLER, HALLE	792	35:39.170	11:53	19:10	3K12&UF	19/21	F	59/83	MEDICINE HAT, AB
109/151	REINHELLER, HOPE	793	35:05.450	11:41	18:51	3K12&UF	18/21	F	58/83	MEDICINE HAT, AB
107/151	REINHELLER, JESSICA	795	34:52.992	11:37	18:45	3K30-39F	8/12	F	56/83	MEDICINE HAT, AB
112/151	REINHELLER, MIKE	796	35:52.009	11:57	19:16	3K40-49M	11/12	M	53/68	MEDICINE HAT, AB
108/151	REINHELLER, SOPHIE	797	35:05.205	11:41	18:51	3K12&UF	17/21	F	57/83	MEDICINE HAT, AB
144/151	SANDERS, KURTIS	800	45:17.040	15:05	24:20	3K50+M	13/14	M	65/68	MEDICINE HAT, AB
71/151	SAWCHUK, CORY	801	27:13.971	09:04	14:38	3K40-49F	5/11	F	30/83	MEDICINE HAT, AB
32/151	SAWCHUK, JOE	802	17:28.695	05:49	09:23	3K40-49M	6/12	M	27/68	MEDICINE HAT, AB

The Water Run 3K/5K/10K Oct 11/2025

Alpha Overall Results

3K Run/Walk - 1.86 Miles

151 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
19/151	SAWCHUK, JORDYN	803	16:06.829	05:22	08:39	3K12&UF	2/21	F	2/83	MEDICINE HAT, AB
55/151	SAWCHUK, KAYTLYN	804	21:17.674	07:05	11:26	3K12&UF	6/21	F	20/83	MEDICINE HAT, AB
76/151	SCHERER, RUSSELL	806	28:04.462	09:21	15:05	3K50+M	5/14	M	43/68	MEDICINE HAT, AB
50/151	SCHLENKER, CAMILLE	807	20:22.808	06:47	10:57	3K19-29F	3/7	F	15/83	CYPRESS COUNTY, AB
119/151	SCHLENKER, CARLY	808	37:41.507	12:33	20:15	3K30-39F	10/12	F	64/83	MEDICINE HAT, AB
49/151	SCHLENKER, DAWN	809	20:22.622	06:47	10:57	3K50+F	1/19	F	14/83	CYPRESS COUNTY, AB
57/151	SCHLENKER, ELLIE	810	22:21.899	07:27	12:01	3K12&UF	7/21	F	21/83	MEDICINE HAT, AB
58/151	SCHLENKER, HOPE	811	22:22.245	07:27	12:01	3K12&UF	8/21	F	22/83	MEDICINE HAT, AB
59/151	SCHLENKER, JARED	812	22:24.895	07:28	12:03	3K30-39M	2/4	M	37/68	MEDICINE HAT, AB
129/151	SCHOFIELD, DENNIS	813	41:55.521	13:58	22:32	3K50+M	9/14	M	58/68	MEDICINE HAT, AB
130/151	SCHOFIELD, SHARON	814	41:56.647	13:58	22:33	3K50+F	14/19	F	72/83	MEDICINE HAT, AB
134/151	SCHROEDER, BRAYDEN	815	42:26.390	14:08	22:49	3K30-39M	4/4	M	60/68	MEDICINE HAT, AB
133/151	SCHROEDER, JACLYNN	805	42:20.886	14:06	22:46	3K19-29F	7/7	F	74/83	MEDICINE HAT, AB
105/151	SLACK, ABIGAIL	827	34:24.890	11:28	18:30	3K12&UF	16/21	F	54/83	DESERT BLUME, AB
106/151	SLACK, DEBORAH	828	34:25.618	11:28	18:30	3K30-39F	7/12	F	55/83	DESERT BLUME, AB
145/151	SLACK, EMERSON	829	56:53.738	18:57	30:35	3K12&UM	26/26	M	66/68	DESERT BLUME, AB
146/151	SLACK, GRAHAM	830	56:56.286	18:58	30:36	3K40-49M	12/12	M	67/68	DESERT BLUME, AB
121/151	SMID, DAWN	833	39:01.522	13:00	20:58	3K50+F	11/19	F	65/83	ROCKY MOUNTAIN HO
120/151	SMID, HANK	834	39:00.704	13:00	20:58	3K50+M	8/14	M	56/68	ROCKY MOUNTAIN HO
51/151	STECKLEY, JANE	836	20:26.300	06:48	10:59	3K50+F	2/19	F	16/83	CALGARY, AB
91/151	STIGTER, AUDREY	917	31:49.594	10:36	17:06	3K50+F	6/19	F	44/83	REDCLIFF, AB
117/151	STIGTER, AVERY	901	36:44.226	12:14	19:45	3K13-18F	11/13	F	62/83	REDCLIFF, AB
44/151	STIGTER, COHEN	902	19:06.286	06:22	10:16	3K13-18M	6/9	M	35/68	REDCLIFF, AB
90/151	STIGTER, HARRY	918	31:48.937	10:36	17:06	3K50+M	7/14	M	47/68	REDCLIFF, AB
116/151	STIGTER, LINDEN	904	36:42.352	12:14	19:44	3K13-18M	9/9	M	55/68	REDCLIFF, AB
75/151	TAINSH, KEZIAH	842	27:46.785	09:15	14:56	3K12&UF	12/21	F	33/83	MEDICINE HAT, AB
63/151	TAINSH, TARA	844	25:17.019	08:25	13:35	3K12&UF	9/21	F	24/83	MEDICINE HAT, AB
85/151	THOMAS, CHRISTINE	847	30:24.415	10:08	16:20	3K30-39F	5/12	F	41/83	HINTON, AB
86/151	TOUGAS, FIONA	919	30:37.338	10:12	16:27	3K50+F	5/19	F	42/83	MEDICINE HAT, AB
22/151	VIS, ANNIKA	859	16:16.157	05:25	08:44	3K12&UF	3/21	F	3/83	REDCLIFF, AB
40/151	VIS, CHANTEL	860	18:31.015	06:10	09:57	3K30-39F	1/12	F	9/83	REDCLIFF, AB
14/151	VIS, CHLOE	861	15:10.790	05:03	08:09	3K12&UF	1/21	F	1/83	REDCLIFF, AB
25/151	VIS, JASMIN	862	16:30.384	05:30	08:52	3K12&UF	5/21	F	5/83	REDCLIFF, AB
2/151	VIS, KEITH	863	12:15.854	04:05	06:35	3K40-49M	1/12	M	2/68	REDCLIFF, AB
15/151	VIS, LYLE	864	15:33.291	05:11	08:21	3K12&UM	6/26	M	14/68	REDCLIFF, AB
23/151	VIS, NAOMI	865	16:28.872	05:29	08:51	3K12&UF	4/21	F	4/83	REDCLIFF, AB
61/151	WEIMER, HANNAH	870	23:52.223	07:57	12:50	3K30-39F	3/12	F	23/83	REDCLIFF, AB