

The Water Run 3K/5K/10K Oct 11/2025

Alpha Overall Results

5K Run/Walk - 3.1 Miles

130 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
29/130	ALBERS, EDEN	595	28:15.241	05:39	09:05	5K13-18F	2/6	F	7/66	MEDICINE HATAB, AB
47/130	ALBERS, ETHAN	596	32:06.429	06:25	10:19	5K13-18M	12/17	M	31/64	MEDICINE HATAB, AB
68/130	BARBOUR, DANIEL	604	34:49.320	06:57	11:11	5K40-49M	8/15	M	43/64	CYPRESS COUNTY, AB
27/130	BARTSCH, KEEGAN	607	28:12.666	05:38	09:04	5K13-18M	9/17	M	22/64	MEDICINE HAT, AB
21/130	BARTSCH, LINCOLN	608	27:11.353	05:26	08:44	5K13-18M	5/17	M	16/64	MEDICINE HAT, AB
91/130	BASANTA TOVAR, JEREMIAS	609	39:06.685	07:49	12:34	5K13-18M	15/17	M	51/64	MEDICINE HAT, AB
125/130	BELL, ARIANN	925	56:50.837	11:22	18:16	5K30-39F	11/12	F	62/66	MEDICINE HAT, AB
2/130	BEWLEY-BOWLES, DEREK	612	21:36.107	04:19	06:56	5K30-39M	1/8	M	2/64	MEDICINE HAT, AB
119/130	BOJORQUEZ, KAROL	617	52:40.197	10:32	16:56	5K40-49F	15/16	F	56/66	MEDICINE HAT, AB
130/130	BOOKER, KAPRI	619	59:46.289	11:57	19:13	5K19-29F	9/9	F	66/66	REDCLIFF, AB
60/130	BOULTON-CHAYKOWSKI, AARON	621	34:01.390	06:48	10:56	5K50+M	6/10	M	39/64	CALGARY, AB
62/130	BOULTON-CHAYKOWSKI, LEAH	622	34:02.257	06:48	10:56	5K50+F	6/14	F	22/66	CALGARY, AB
120/130	BOYD, EDEN	623	52:40.480	10:32	16:56	5K19-29F	8/9	F	57/66	MEDICINE HAT, AB
116/130	BOYD, JATHEN	624	51:43.739	10:20	16:37	5K19-29M	7/7	M	62/64	MEDICINE HAT, AB
121/130	BOYD, REBECCA	625	52:41.560	10:32	16:56	5K50+F	11/14	F	58/66	MEDICINE HAT, AB
93/130	BROECKERT, DAVAR	628	39:19.697	07:51	12:38	5K40-49M	14/15	M	52/64	REDCLIFF, AB
88/130	BROECKERT, JAYDA	629	38:43.553	07:44	12:27	5K13-18F	3/6	F	39/66	REDCLIFF, AB
49/130	BROST, DRAKE	959	32:17.816	06:27	10:23	5K12&UM	4/7	M	33/64	MEDICINE HAT, AB
117/130	BRYNER, ARINA	632	51:46.245	10:21	16:38	5K19-29F	7/9	F	55/66	MEDICINE HAT, AB
79/130	BULLOCK, BRANDON	633	36:41.444	07:20	11:47	5K40-49M	11/15	M	46/64	BARNWELL, AB
84/130	BULLOCK, CHELSIE	634	36:55.695	07:23	11:52	5K30-39F	8/12	F	36/66	BARNWELL, AB
39/130	BURK, ANSON	635	30:49.321	06:09	09:54	5K12&UF	3/9	F	10/66	MEDICINE HATAB, AB
95/130	BURNETT, DEAN	638	39:47.349	07:57	12:47	5K50+M	7/10	M	53/64	REDCLIFF, AB
70/130	CHARLTON, AMANDA	906	35:15.242	07:03	11:20	5K30-39F	6/12	F	27/66	MEDICINE HAT, AB
114/130	CHRISTMAN, RACHEL	641	49:00.308	09:48	15:45	5K13-18F	6/6	F	54/66	REDCLIFF, AB
71/130	CONNAUTON, STACI	642	35:19.648	07:03	11:21	5K40-49F	5/16	F	28/66	DUCHESS, AB
83/130	DEROALDES, HUNTER	948	36:55.510	07:23	11:52	5K13-18M	14/17	M	48/64	LANGDON,
85/130	DEROALDES, JENNIFER	949	36:57.779	07:23	11:53	5K40-49F	10/16	F	37/66	LANGDON,
42/130	DEROALDES, JORDAN	947	31:16.157	06:15	10:03	5K40-49M	7/15	M	30/64	LANGDON,
19/130	EMERSON, SHERI	647	27:05.518	05:25	08:42	5K50+F	1/14	F	5/66	MEDICINE HAT, AB
3/130	FERGUSON, AXTON	650	22:17.168	04:27	07:09	5K19-29M	1/7	M	3/64	IRVINE, AB
115/130	FOLKMAN, TIM	651	51:36.588	10:19	16:35	5K50+M	10/10	M	61/64	MEDICINE HAT, AB
77/130	FULTON, CARA	652	36:14.201	07:14	11:39	5K50+F	7/14	F	32/66	DUCHESS, AB
22/130	GALLANT, BRAD	933	27:13.042	05:26	08:45	5K50+M	2/10	M	17/64	LETHBRIDGE, AB
17/130	GALLANT, DYLAN	934	26:54.593	05:22	08:39	5K19-29M	2/7	M	14/64	LETHBRIDGE, AB
30/130	GONZALEZ, RODRIGO	926	28:44.351	05:44	09:14	5K13-18M	10/17	M	23/64	MEDICINE HAT, AB
104/130	GRANGER, LARRY	907	43:32.069	08:42	13:59	5K50+M	9/10	M	57/64	REDCLIFF, AB
105/130	GRANGER, SUE	908	43:41.046	08:44	14:02	5K50+F	8/14	F	48/66	REDCLIFF, AB
122/130	GROVE, CONNIE	669	55:02.159	11:00	17:41	5K50+F	12/14	F	59/66	MEDICINE HAT, AB
101/130	HATCH, MISTYLEE	680	42:10.132	08:26	13:33	5K30-39F	10/12	F	46/66	MEDICINE HAT, AB
103/130	HAWTHORN, JEFF	684	42:31.669	08:30	13:40	5K40-49M	15/15	M	56/64	MEDICINE HAT, AB
66/130	HEESE, AURIEL	687	34:25.296	06:53	11:04	5K19-29F	3/9	F	24/66	MEDICINE HAT, AB
54/130	HEESE, CAROL	688	32:57.286	06:35	10:35	5K40-49F	4/16	F	18/66	MEDICINE HAT, AB
59/130	HERNDIER, JOEY	884	33:46.953	06:45	10:51	5K19-29F	2/9	F	21/66	MEDICINE HAT, AB
92/130	HICKEY, KEIRSTEN	693	39:19.178	07:51	12:38	5K30-39F	9/12	F	41/66	MEDICINE HAT, AB
111/130	HILLS, VICTORIA	886	47:18.402	09:27	15:12	5K12&UF	8/9	F	52/66	MEDICINE HAT, AB
109/130	HRYNYK, GRACE	698	45:56.044	09:11	14:46	5K50+F	10/14	F	51/66	MEDICINE HAT, AB
108/130	JACKLE, RHONDA	702	45:54.405	09:10	14:45	5K50+F	9/14	F	50/66	MEDICINE HAT, AB
100/130	JANZEN, AVEN	704	41:57.452	08:23	13:29	5K12&UF	7/9	F	45/66	CALGARY, AB
99/130	JANZEN, CARA	705	41:56.935	08:23	13:29	5K40-49F	13/16	F	44/66	CALGARY, AB
40/130	JANZEN, SIMONA	708	30:50.335	06:10	09:54	5K12&UF	4/9	F	11/66	CALGARY, AB
46/130	JOHNSTON, NICKI	715	31:46.603	06:21	10:13	5K50+F	4/14	F	16/66	MEDICINE HAT, AB
36/130	JOHNSTON, NORMAN	716	29:42.525	05:56	09:33	5K50+M	4/10	M	27/64	MEDICINE HAT, AB
44/130	JORDET, MELANIE	718	31:22.367	06:16	10:05	5K40-49F	2/16	F	14/66	CYPRESS COUNTY, AB
18/130	KAKUK, BROOKLYNN	721	27:04.836	05:24	08:42	5K13-18F	1/6	F	4/66	MEDICINE HAT, AB
65/130	KEITH, AUBREY	888	34:21.942	06:52	11:03	5K12&UF	5/9	F	23/66	MILDEN, SK
64/130	KEITH, CODY	889	34:21.172	06:52	11:02	5K30-39M	5/8	M	42/64	MILDEN, SK

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5K Run/Walk - 3.1 Miles

130 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
34/130	KEITH, GRAYSON	890	29:20.118	05:52	09:25	5K12&UM	2/7	M	26/64	MILDEN, SK
48/130	KEITH, RYKER	891	32:12.805	06:26	10:21	5K12&UM	3/7	M	32/64	MILDEN, SK
31/130	KEITH, STEPHANIE	892	28:49.134	05:45	09:15	5K30-39F	2/12	F	8/66	MILDEN, SK
26/130	KELLER, LEO	927	28:00.597	05:36	09:00	5K13-18M	8/17	M	21/64	MEDICINE HAT, AB
6/130	KENNEL, ASHER	723	23:30.036	04:42	07:33	5K13-18M	2/17	M	6/64	MEDICINE HAT, AB
4/130	KENNEL, MARK	724	22:21.692	04:28	07:11	5K40-49M	1/15	M	4/64	MEDICINE HAT, AB
11/130	KLASSEN, CHRIS	726	25:32.918	05:06	08:12	5K40-49M	4/15	M	10/64	MEDICINE HAT, AB
53/130	KLASSEN, JONAH	727	32:52.977	06:34	10:34	5K12&UM	6/7	M	36/64	MEDICINE HAT, AB
75/130	LAURENT, ALLIE	738	35:49.415	07:09	11:31	5K30-39F	7/12	F	31/66	CALGARY, AB
106/130	LAURENT, BEN	739	43:43.763	08:44	14:03	5K30-39M	7/8	M	58/64	MEDICINE HAT, AB
9/130	LEEB, BRENT	740	24:26.780	04:53	07:51	5K40-49M	3/15	M	8/64	MEDICINE HAT, AB
110/130	LOFGREN, HENRY	895	47:17.466	09:27	15:12	5K12&UM	7/7	M	59/64	MEDICINE HAT, AB
86/130	LOFGREN, MATTHEW	896	37:44.373	07:32	12:08	5K40-49M	12/15	M	49/64	MEDICINE HAT, AB
87/130	LOFGREN, MELISSA	897	38:04.204	07:36	12:14	5K40-49F	11/16	F	38/66	MEDICINE HAT, AB
28/130	MAIER, LEANNE	748	28:14.609	05:38	09:04	5K50+F	2/14	F	6/66	MEDICINE HAT, AB
38/130	MAIER, ROD	749	30:11.351	06:02	09:42	5K50+M	5/10	M	29/64	MEDICINE HAT, AB
72/130	MALCOLM, CAMBRIA	750	35:40.132	07:08	11:28	5K19-29F	4/9	F	29/66	MEDICINE HAT, AB
97/130	MAY, EVAN	953	40:32.072	08:06	13:02	5K30-39M	6/8	M	55/64	MEDICINE HAT, AB
78/130	MCELGUNN, JAMIE	756	36:14.702	07:14	11:39	5K40-49F	7/16	F	33/66	BROOKS, AB
8/130	MCWILLIAMS, ISABELLE	757	24:12.619	04:50	07:47	5K12&UF	1/9	F	1/66	MEDICINE HAT, AB
7/130	MERRIMAN, JOEY	758	23:42.410	04:44	07:37	5K40-49M	2/15	M	7/64	MEDICINE HAT, AB
69/130	MILLER, KAJIA	759	35:02.725	07:00	11:16	5K30-39F	5/12	F	26/66	MEDICINE HAT, AB
43/130	MOCH, JOLENE	764	31:22.343	06:16	10:05	5K40-49F	1/16	F	13/66	MEDICINE HAT, AB
5/130	MURRAY, KODIE	774	22:36.129	04:31	07:16	5K30-39M	2/8	M	5/64	WETASKIWIN, AB
24/130	NEIL, DONOVAN	775	27:53.822	05:34	08:58	5K13-18M	6/17	M	19/64	LETHBRIDGE, AB
16/130	OUGH, EDWARD	780	26:50.705	05:22	08:37	5K50+M	1/10	M	13/64	MEDICINE HAT, AB
51/130	PAHL, MICHAEL	783	32:23.130	06:28	10:24	5K19-29M	4/7	M	35/64	MEDICINE HAT, AB
10/130	PETIT, MARC	929	24:58.867	04:59	08:01	5K13-18M	3/17	M	9/64	MEDICINE HAT, AB
102/130	PIERSON, TRACY	787	42:18.873	08:27	13:36	5K40-49F	14/16	F	47/66	WARDLOW, AB
12/130	REINHARDT, ALEXANDER	944	26:14.517	05:14	08:26	5K12&UM	1/7	M	11/64	MEDICINE HAT, AB
33/130	REINHARDT, DEXTER	943	29:06.126	05:49	09:21	5K13-18M	11/17	M	25/64	MEDICINE HAT, AB
32/130	REINHARDT, JOE	941	28:49.698	05:45	09:16	5K40-49M	6/15	M	24/64	MEDICINE HAT, AB
25/130	REINHELLER, HUNTER	794	27:56.610	05:35	08:59	5K13-18M	7/17	M	20/64	MEDICINE HAT, AB
118/130	SALAZAR, SAMUEL	799	52:39.893	10:31	16:56	5K13-18M	16/17	M	63/64	MEDICINE HAT, AB
128/130	SCHWARTZ, ANGELICA	816	57:30.448	11:30	18:29	5K40-49F	16/16	F	64/66	MEDICINE HAT, AB
127/130	SCHWARTZ, HUDSON	817	57:30.447	11:30	18:29	5K13-18M	17/17	M	64/64	MEDICINE HAT, AB
76/130	SCHWARTZ, STEVEN	818	36:11.163	07:14	11:38	5K40-49M	10/15	M	45/64	MEDICINE HAT, AB
67/130	SHAGIN, ABIGAIL	819	34:26.445	06:53	11:04	5K12&UF	6/9	F	25/66	WETASKIWIN, AB
20/130	SHAGIN, ELIJAH	820	27:08.190	05:25	08:43	5K40-49M	5/15	M	15/64	WETASKIWIN, AB
57/130	SHAGIN, GIDEON	821	33:36.146	06:43	10:48	5K13-18M	13/17	M	38/64	WETASKIWIN, AB
52/130	SHAGIN, MARINA	822	32:51.986	06:34	10:34	5K40-49F	3/16	F	17/66	WETASKIWIN, AB
45/130	SHAW, JULIE	823	31:45.494	06:21	10:12	5K50+F	3/14	F	15/66	MEDICINE HAT, AB
58/130	SMOOD, AUBREY	835	33:40.929	06:44	10:49	5K30-39F	4/12	F	20/66	MEDICINE HAT, AB
74/130	STIGTER, JEFF	903	35:47.654	07:09	11:30	5K40-49M	9/15	M	44/64	REDCLIFF, AB
73/130	STIGTER, MICHELLE	905	35:47.374	07:09	11:30	5K40-49F	6/16	F	30/66	REDCLIFF, AB
13/130	STONE, LAILA	838	26:23.611	05:16	08:29	5K30-39F	1/12	F	2/66	MEDICINE HAT, AB
23/130	TAINSH, JOSEF	841	27:51.991	05:34	08:57	5K50+M	3/10	M	18/64	MEDICINE HAT, AB
82/130	TOEWS, DEVON	930	36:53.750	07:22	11:51	5K19-29M	6/7	M	47/64	REDCLIFF, AB
94/130	TOVAR, ROSA	848	39:19.809	07:51	12:38	5K40-49F	12/16	F	42/66	MEDICINE HAT, AB
56/130	VAN DAM, JONATHAN	920	33:28.126	06:41	10:45	5K19-29M	5/7	M	37/64	MEDICINE HAT, AB
55/130	VAN DAM, TRACEY	923	33:27.307	06:41	10:45	5K50+F	5/14	F	19/66	MEDICINE HAT, AB
98/130	VAN WERT, JAZMON	849	41:03.100	08:12	13:11	5K19-29F	5/9	F	43/66	MEDICINE HAT, AB
126/130	VANDERSPRUIT, JULIE	850	57:07.268	11:25	18:22	5K30-39F	12/12	F	63/66	MEDICINE HAT, AB
124/130	VANDERSPRUIT, VIOLET	851	56:33.870	11:18	18:11	5K12&UF	9/9	F	61/66	MEDICINE HAT, AB
129/130	VANRENTERGEM, BONNIE	852	59:43.424	11:56	19:12	5K50+F	14/14	F	65/66	REDCLIFF, AB
113/130	VANRENTERGEM, COLE	853	48:59.724	09:47	15:45	5K30-39M	8/8	M	60/64	REDCLIFF, AB
80/130	VANRENTERGEM, NICKI	854	36:50.983	07:22	11:50	5K40-49F	8/16	F	34/66	REDCLIFF, AB

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130 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
112/130	VANRENTERGEM, RYLEE	855	48:11.936	09:38	15:29	5K13-18F	5/6	F	53/66	REDCLIFF, AB
35/130	VIS, ANDREA	857	29:42.384	05:56	09:33	5K30-39F	3/12	F	9/66	REDCLIFF, AB
1/130	VIS, ANDREW	858	19:43.114	03:56	06:20	5K13-18M	1/17	M	1/64	REDCLIFF, AB
15/130	VIS, TESSA	866	26:38.519	05:19	08:33	5K12&UF	2/9	F	3/66	REDCLIFF, AB
123/130	WANTY, MARIE	924	55:04.548	11:00	17:42	5K50+F	13/14	F	60/66	MEDICINE HAT, AB
41/130	WATSON, MERAY	869	30:51.629	06:10	09:55	5K19-29F	1/9	F	12/66	REDCLIFF, AB
61/130	WELZ, BRYCE	871	34:01.978	06:48	10:56	5K30-39M	3/8	M	40/64	MEDICINE HAT, AB
63/130	WELZ, KEVIN	872	34:02.588	06:48	10:56	5K30-39M	4/8	M	41/64	MEDICINE HAT, AB
96/130	WHEELER, JASON	873	40:17.749	08:03	12:57	5K50+M	8/10	M	54/64	MEDICINE HAT, AB
107/130	WHEELER, SOPHIE	875	44:31.177	08:54	14:18	5K19-29F	6/9	F	49/66	MEDICINE HAT, AB
90/130	WOLSEY, CHRIS	877	38:54.242	07:46	12:30	5K40-49M	13/15	M	50/64	LETHBRIDGE, AB
81/130	WOLSEY, JEN	878	36:51.125	07:22	11:50	5K40-49F	9/16	F	35/66	LETHBRIDGE, AB
14/130	WOLSEY, KINGSTON	879	26:38.447	05:19	08:33	5K13-18M	4/17	M	12/64	LETHBRIDGE, AB
89/130	WOLSEY, RYEN	880	38:48.841	07:45	12:28	5K13-18F	4/6	F	40/66	LETHBRIDGE, AB
50/130	YOON, DANIEL	960	32:20.961	06:28	10:24	5K12&UM	5/7	M	34/64	MEDICINE HAT, AB
37/130	ZINGER, BLAKE	881	30:10.674	06:02	09:42	5K19-29M	3/7	M	28/64	MEDICINE HAT, AB