

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

10K Run - 6.21 Miles
63 Finishers

10K12&UM - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/1	JANZEN, TEO	709	1:00:13.857	06:01	09:41	34/63	21/30	+00:00:00	CALGARY

10K13-18F - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/2	ASPREY, PHEONIX	600	45:44.118	04:34	07:21	2/63	1/33	+00:00:00	MEDICINE HAT
2/2	HAWTHORN, KATIE	686	1:19:07.219	07:54	12:44	56/63	28/33	+00:33:23	MEDICINE HAT

10K13-18M - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/3	STEHR, NATHAN	837	50:02.868	05:00	08:03	7/63	5/30	+00:00:00	MEDICINE HAT
2/3	HENNES, DOMINIC	692	53:06.992	05:18	08:33	16/63	12/30	+00:03:04	MEDICINE HAT
3/3	KNIBBS, LEVI	946	1:08:24.494	06:50	11:00	47/63	26/30	+00:18:21	MEDICINE HAT

10K19-29F - 13 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/13	IWATA, AKI	700	50:57.242	05:05	08:12	11/63	3/33	+00:00:00	MEDICINE HAT
2/13	KARSTEN, TAYA	722	51:08.258	05:06	08:14	12/63	4/33	+00:00:11	MEDICINE HAT
3/13	KLASSEN, ALEENA	725	56:17.258	05:37	09:03	24/63	6/33	+00:05:20	CALGARY
4/13	MALCOLM, TIA	751	57:34.436	05:45	09:16	28/63	8/33	+00:06:37	MEDICINE HAT
5/13	ZINGER, TESS	882	57:47.535	05:46	09:18	30/63	10/33	+00:06:50	MEDICINE HAT
6/13	IWATA, MIZUKI	939	58:54.903	05:53	09:29	32/63	12/33	+00:07:57	MEDICINE HAT
7/13	HEIN, JANAY	691	1:01:21.498	06:08	09:52	37/63	16/33	+00:10:24	MAPLE CREEK
8/13	MATTHEWS, KYLA	753	1:06:31.175	06:39	10:42	45/63	20/33	+00:15:33	LETHBRIDGE
9/13	PORTER, GRACE	790	1:09:37.363	06:57	11:12	48/63	22/33	+00:18:40	CALGARY
10/13	KRIEL, PHEBE	737	1:11:56.182	07:11	11:35	49/63	23/33	+00:20:58	MEDICINE HAT
11/13	SHWAGA, JESSALYN	824	1:13:56.253	07:23	11:54	51/63	24/33	+00:22:59	MAPLE CREEK
12/13	WALKER, MACKENNA	868	1:14:02.603	07:24	11:55	52/63	25/33	+00:23:05	MEDICINE HAT
13/13	BERNDTSSON, LINA	611	1:19:10.500	07:55	12:44	58/63	30/33	+00:28:13	MAPLE CREEK

10K19-29M - 12 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/12	GIESBRECHT, SILAS	658	44:37.672	04:27	07:11	1/63	1/30	+00:00:00	MEDICINE HAT
2/12	WAHL, CODY	867	47:04.337	04:42	07:34	4/63	3/30	+00:02:26	MEDICINE HAT
3/12	HIEBERT, JOSH	931	50:45.337	05:04	08:10	10/63	8/30	+00:06:07	BOW ISLAND
4/12	NEIL, KALEB	776	51:44.938	05:10	08:19	14/63	10/30	+00:07:07	LETHBRIDGE
5/12	JANGULA, JAXSON	887	52:58.000	05:17	08:31	15/63	11/30	+00:08:20	MEDICINE HAT
6/12	IWATA, SHINTARO	701	53:13.978	05:19	08:34	17/63	13/30	+00:08:36	MEDICINE HAT
7/12	SHWAGA, SETH	825	54:13.952	05:25	08:43	19/63	14/30	+00:09:36	SASKATOON
8/12	HUDEK, ETHAN	699	54:29.586	05:26	08:46	20/63	15/30	+00:09:51	MEDICINE HAT
9/12	CUMMING, NICHOLAS	643	54:37.437	05:27	08:47	21/63	16/30	+00:09:59	MEDICINE HAT
10/12	HIEBERT, JAY	932	1:01:27.099	06:08	09:53	38/63	22/30	+00:16:49	BOW ISLAND
11/12	ONOFERYCHUK, JUSTIN	928	1:06:20.113	06:38	10:40	42/63	24/30	+00:21:42	MEDICINE HAT
12/12	HAWTHORN, JOEL	685	1:19:06.961	07:54	12:44	55/63	28/30	+00:34:29	PICTURE BUTTE

10K30-39F - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/8	HODEL, ASHLEY	694	47:45.876	04:46	07:41	5/63	2/33	+00:00:00	WETASKIWIN
2/8	FEERE, JENNIFER	649	57:25.459	05:44	09:14	26/63	7/33	+00:09:39	MEDICINE HAT
3/8	NEWTON, ERICA	777	58:57.498	05:53	09:29	33/63	13/33	+00:11:11	CALGARY
4/8	MOSSMAN, SHELBY	913	1:06:23.137	06:38	10:41	43/63	19/33	+00:18:37	MEDICINE HAT
5/8	BOLDUC, DANI	618	1:17:12.725	07:43	12:26	53/63	26/33	+00:29:26	MEDICINE HAT
6/8	SYRETTE, CAROL	840	1:18:03.328	07:48	12:34	54/63	27/33	+00:30:17	MEDICINE HAT
7/8	COLBORN, ERIN	952	1:19:09.515	07:54	12:44	57/63	29/33	+00:31:23	MAPLE CREEK
8/8	QUINLAN, LINDY	791	1:34:18.505	09:25	15:11	60/63	31/33	+00:46:32	MEDICINE HAT

10K30-39M - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/6	NEWTON, TOBIAH	778	49:11.539	04:55	07:55	6/63	4/30	+00:00:00	CALGARY
2/6	GERSTENBUHLER, DEVIN	655	50:20.516	05:02	08:06	8/63	6/30	+00:01:08	MEDICINE HAT
3/6	MCDUGALD, SHAUN	755	50:36.267	05:03	08:08	9/63	7/30	+00:01:24	MAPLE CREEK
4/6	HODGMAN, WADE	697	54:49.508	05:28	08:49	22/63	17/30	+00:05:37	MEDICINE HAT
5/6	DIEC, VICTOR	645	1:13:30.237	07:21	11:50	50/63	27/30	+00:24:18	MEDICINE HAT
6/6	QUINLAN, ZACH	940	1:34:19.775	09:25	15:11	61/63	30/30	+00:45:08	MEDICINE HAT

10K40-49F - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/6	WITKOWSKA, AGA	876	53:38.938	05:21	08:38	18/63	5/33	+00:00:00	MEDICINE HAT
2/6	JUDGE, AIME	719	58:02.890	05:48	09:20	31/63	11/33	+00:04:23	MEDICINE HAT
3/6	KNIGHT, JENNIE	731	1:00:37.248	06:03	09:45	35/63	14/33	+00:06:58	MAPLE CREEK

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

10K Run - 6.21 Miles

63 Finishers

10K40-49F - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
4/6	KNIBBS, MARILEE	730	1:01:18.074	06:07	09:52	36/63	15/33	+00:07:39	MEDICINE HAT
5/6	SULLIVAN, JENNILYNNE	839	1:03:37.669	06:21	10:14	40/63	18/33	+00:09:58	MEDICINE HAT
6/6	TAINSH, OMETERE	843	1:44:13.747	10:25	16:47	63/63	33/33	+00:50:34	MEDICINE HAT

10K40-49M - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/3	HEESE, JOEL	690	51:39.314	05:09	08:19	13/63	9/30	+00:00:00	MEDICINE HAT
2/3	KOCH, JORDAN	734	57:23.328	05:44	09:14	25/63	19/30	+00:05:44	MEDICINE HAT
3/3	JANZEN, AARON	703	1:04:00.285	06:24	10:18	41/63	23/30	+00:12:20	CALGARY

10K50+F - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/4	RIECHELMANN, TANIS	779	57:39.944	05:45	09:17	29/63	9/33	+00:00:00	MEDICINE HAT
2/4	GESSNER, LYNN	656	1:01:59.024	06:11	09:58	39/63	17/33	+00:04:19	FOREMOST
3/4	LEHMANN, SHELLEY	741	1:06:55.622	06:41	10:46	46/63	21/33	+00:09:15	SHAUNAVON
4/4	WHEELER, SARAH	874	1:44:02.940	10:24	16:45	62/63	32/33	+00:46:22	MEDICINE HAT

10K50+M - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/5	PIERZCHALA, MARK	788	45:57.903	04:35	07:24	3/63	2/30	+00:00:00	MEDICINE HAT
2/5	SMITH, DARRYL	951	55:55.015	05:35	09:00	23/63	18/30	+00:09:57	MEDICINE HAT
3/5	SMART, PAUL	832	57:33.148	05:45	09:16	27/63	20/30	+00:11:35	MEDICINE HAT
4/5	MATTHEWS, STAN	754	1:06:31.170	06:39	10:42	44/63	25/30	+00:20:33	DUNMORE
5/5	PORTER, DARYL	789	1:19:19.757	07:55	12:46	59/63	29/30	+00:33:21	MEDICINE HAT