

## 2022 Woody's Full/Half Marathons, 10K, 5K- Red Deer

## Alpha Overall Results

## Full Marathon 42.38K/26.33 Miles

## 104 Finishers

O/A	Name	Bib#	Time	Pace/k	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
65/104	ALLEN, DWIGHT	1	4:15:52.904	06:02	09:43	FULL60-69M	3/6	M	41/65	4:15:09.302
45/104	AMIRI, MAYSSAM	2	3:59:19.911	05:38	09:05	FULL40-49M	5/15	M	29/65	3:59:15.946
33/104	BARTON, MICHAEL	8	3:48:16.581	05:23	08:40	FULL60-69M	2/6	M	23/65	3:47:38.984
81/104	BAZYLAK, DARRYL	9	4:46:56.547	06:46	10:53	FULL50-59M	16/17	M	52/65	4:46:35.893
16/104	BROOKES, BRADY	14	3:22:53.244	04:47	07:42	FULL30-39M	6/16	M	14/65	3:22:50.746
19/104	BYERS, TREVOR	16	3:28:12.225	04:54	07:54	FULL40-49M	3/15	M	17/65	3:28:06.057
46/104	CALLAGHAN, KATHLEEN	17	4:00:11.450	05:40	09:07	FULL50-59F	3/7	F	17/39	4:00:08.187
6/104	CARTER, SEAN	19	3:07:37.027	04:25	07:07	FULL50-59M	1/17	M	5/65	3:07:35.969
26/104	COULOMBE, EMILY	21	3:41:37.887	05:13	08:25	FULL20-29F	4/9	F	6/39	3:41:14.939
28/104	CRAWFORD, RUSSELL	22	3:44:14.847	05:17	08:31	FULL40-49M	4/15	M	21/65	3:43:53.443
76/104	DALCIN, JORDAN	23	4:26:29.938	06:17	10:07	FULL40-49M	9/15	M	49/65	4:26:12.633
43/104	DAVIDSON, KARI	24	3:58:27.246	05:37	09:03	FULL40-49F	4/14	F	15/39	3:58:24.147
79/104	DEANS, DYLENE	26	4:38:19.864	06:34	10:34	FULL60-69F	1/2	F	29/39	4:37:52.801
50/104	DEBREE, SAMANTHA	27	4:03:45.503	05:45	09:15	FULL20-29F	9/9	F	20/39	4:03:26.988
96/104	DIENER, TANIA	29	5:20:00.423	07:33	12:09	FULL50-59F	5/7	F	36/39	5:19:36.465
18/104	DOMROW, RYAN	30	3:27:24.764	04:53	07:52	FULL30-39M	7/16	M	16/65	3:27:02.612
93/104	DUNCAN, JAYNE	161	5:06:47.175	07:14	11:39	FULL40-49F	14/14	F	35/39	5:05:55.656
15/104	EBERT, RON	147	3:22:00.393	04:45	07:40	FULL50-59M	4/17	M	13/65	3:21:58.373
12/104	EVOY, SARAH	31	3:14:13.891	04:34	07:22	FULL20-29F	2/9	F	2/39	3:14:11.730
22/104	FAAS, MARK	32	3:30:59.919	04:58	08:00	FULL30-39M	8/16	M	19/65	3:30:54.875
90/104	GANZEVELD, CAMRON	35	4:58:52.260	07:03	11:21	FULL30-39M	15/16	M	57/65	4:57:59.428
37/104	GAUCHER, BRAD	36	3:52:28.066	05:29	08:49	FULL50-59M	6/17	M	25/65	3:52:18.485
68/104	GRANT, AMBER	39	4:16:14.373	06:02	09:43	FULL40-49F	9/14	F	25/39	4:15:51.120
14/104	GULAYETS, JON	40	3:20:36.486	04:44	07:37	FULL40-49M	1/15	M	12/65	3:20:33.435
49/104	HADLEY, ASHLEY	41	4:02:43.204	05:43	09:13	FULL20-29F	8/9	F	19/39	4:02:32.852
73/104	HAINSTOCK, JESSICA	42	4:21:28.155	06:10	09:55	FULL30-39F	5/7	F	27/39	4:19:23.745
64/104	HARRIS, CRAIG	43	4:15:16.132	06:01	09:41	FULL40-49M	6/15	M	40/65	4:15:12.633
87/104	HEMINGSON, RUSSELL	44	4:53:57.650	06:56	11:09	FULL60-69M	5/6	M	55/65	4:53:10.984
31/104	HENDERSON, ALYSSA	167	3:46:23.894	05:20	08:35	FULL20-29F	5/9	F	9/39	3:45:55.906
104/104	HENRIKSEN, LAURA	46	6:52:59.902	09:44	15:41	FULL50-59F	7/7	F	39/39	6:52:51.579
67/104	HENRY, DAN	47	4:16:05.397	06:02	09:43	FULL20-29M	7/10	M	43/65	4:15:52.502
11/104	HERTZBERG, DARCY	48	3:14:12.134	04:34	07:22	FULL50-59M	3/17	M	10/65	3:14:07.274
36/104	HERZBERG, TYLER	49	3:52:23.824	05:29	08:49	FULL20-29M	4/10	M	24/65	3:52:22.625
51/104	HEWITT, PATRICK	50	4:05:45.359	05:47	09:20	FULL50-59M	10/17	M	31/65	4:05:42.963
59/104	JACKSON, JOEL	53	4:13:09.217	05:58	09:36	FULL30-39M	13/16	M	37/65	4:12:56.634
62/104	JACKSON, KIM	54	4:14:38.022	06:00	09:40	FULL40-49F	8/14	F	24/39	4:14:13.366
97/104	JANHUNEN, SIMON	57	5:21:09.892	07:34	12:11	FULL30-39M	16/16	M	61/65	5:21:02.621
86/104	JEAUROOND, ZACARY	158	4:50:21.366	06:51	11:01	FULL20-29M	8/10	M	54/65	4:50:01.018
53/104	KLINGBEIL, CODY	148	4:07:23.234	05:50	09:23	FULL30-39M	10/16	M	33/65	4:07:12.614
34/104	KLINGBEIL, LEANNA	149	3:51:02.120	05:27	08:46	FULL30-39F	3/7	F	11/39	3:50:52.034
47/104	KOLEYAK, SARAH-LEE	62	4:01:48.527	05:42	09:11	FULL40-49F	5/14	F	18/39	4:01:21.008
41/104	KUTNEY, DAVID	63	3:55:39.153	05:33	08:56	FULL50-59M	8/17	M	27/65	3:54:44.048
56/104	LAKHRAM, MONICA	150	4:12:15.897	05:57	09:34	FULL30-39F	4/7	F	21/39	4:12:06.166
99/104	LAVIGNE, AMANDA	65	5:33:10.176	07:51	12:39	FULL30-39F	7/7	F	37/39	5:32:29.556
102/104	LAWRENCE, ISAIAH	66	6:42:09.555	09:29	15:16	FULL20-29M	10/10	M	64/65	6:41:29.380
71/104	LEE, COLIN	67	4:20:27.101	06:08	09:53	FULL50-59M	14/17	M	46/65	4:19:52.035
72/104	LEE, TRACY	68	4:20:27.124	06:08	09:53	FULL40-49F	10/14	F	26/39	4:19:52.902
78/104	LLUPI, BLERTA	151	4:37:38.449	06:33	10:32	FULL40-49F	11/14	F	28/39	4:37:19.813
38/104	LUNN, BRYN	69	3:54:00.341	05:31	08:53	FULL20-29F	6/9	F	13/39	3:53:32.593
44/104	LUNN, JACKIE	70	3:58:47.496	05:38	09:04	FULL50-59F	2/7	F	16/39	3:58:13.391
39/104	LUNN, KENSEY	71	3:54:00.341	05:31	08:53	FULL20-29F	7/9	F	14/39	3:53:33.174
40/104	MACISAAC, DOUG	74	3:54:00.363	05:31	08:53	FULL50-59M	7/17	M	26/65	3:53:33.300
32/104	MANN, JENNIFER	76	3:48:16.160	05:23	08:40	FULL40-49F	3/14	F	10/39	3:47:56.608
70/104	MARKS, CORWIN	77	4:17:03.921	06:03	09:45	FULL50-59M	13/17	M	45/65	4:17:01.784
101/104	MCKNIGHT, STEVEN	80	5:37:29.982	07:57	12:49	FULL40-49M	15/15	M	63/65	5:36:38.087
58/104	MCLAREN, CINDY	81	4:13:01.693	05:58	09:36	FULL40-49F	6/14	F	22/39	4:12:33.860
54/104	MCQUEEN, ZACH	83	4:10:05.234	05:54	09:29	FULL20-29M	6/10	M	34/65	4:09:19.950
29/104	MERCER, DAVE	85	3:45:19.791	05:19	08:33	FULL50-59M	5/17	M	22/65	3:45:06.756
84/104	MILLER, NANCY	87	4:49:22.025	06:49	10:59	FULL60-69F	2/2	F	31/39	4:48:49.630
17/104	MINKEN, DAVID	88	3:23:52.962	04:48	07:44	FULL40-49M	2/15	M	15/65	3:23:50.334
30/104	MINKEN, JENNIE	89	3:45:55.534	05:19	08:34	FULL40-49F	2/14	F	8/39	3:45:50.586

## 2022 Woody's Full/Half Marathons, 10K, 5K- Red Deer

## Alpha Overall Results

## Full Marathon 42.38K/26.33 Miles

## 104 Finishers

O/A	Name	Bib#	Time	Pace/k	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
66/104	MORTON, MIKE	91	4:16:01.998	06:02	09:43	FULL40-49M	7/15	M	42/65	4:15:41.206
48/104	MOTT, ROB	92	4:01:50.261	05:42	09:11	FULL50-59M	9/17	M	30/65	4:01:11.890
9/104	PARKS, STEVE	95	3:10:47.970	04:30	07:14	FULL30-39M	5/16	M	8/65	3:10:44.850
94/104	PATEL, CHIRAG	96	5:13:38.858	07:24	11:54	FULL40-49M	14/15	M	59/65	5:13:26.738
77/104	PATSULA, JEFF GARNET	97	4:36:26.988	06:31	10:29	FULL60-69M	4/6	M	50/65	4:36:17.962
10/104	PEREZ, ANDRES	98	3:13:12.790	04:33	07:20	FULL19&UM	1/1	M	9/65	3:13:12.652
60/104	PIHONAK, SARAH	99	4:13:14.561	05:58	09:37	FULL40-49F	7/14	F	23/39	4:13:02.535
83/104	QUINTON, DEXTER	101	4:47:43.633	06:47	10:55	FULL40-49M	11/15	M	53/65	4:47:19.957
24/104	RAY, MELISSA	102	3:31:47.825	04:59	08:02	FULL20-29F	3/9	F	4/39	3:31:43.884
82/104	REES, SARA	103	4:47:21.744	06:46	10:54	FULL40-49F	12/14	F	30/39	4:46:43.538
35/104	REIMER, SUSAN	104	3:51:47.121	05:28	08:48	FULL50-59F	1/7	F	12/39	3:51:31.318
69/104	RIEP, MITCH	152	4:16:19.905	06:02	09:44	FULL30-39M	14/16	M	44/65	4:16:06.187
25/104	RIESEBERG, ASHLEY	106	3:41:02.476	05:12	08:23	FULL30-39F	1/7	F	5/39	3:40:37.721
21/104	SALT, ADELA	109	3:30:10.677	04:57	07:58	FULL40-49F	1/14	F	3/39	3:30:06.079
52/104	SCHAFFER, BRENDEN	110	4:07:07.227	05:49	09:23	FULL20-29M	5/10	M	32/65	4:06:54.644
1/104	SCHERMERS, ADRIAN	111	2:39:38.997	03:46	06:03	FULL30-39M	1/16	M	1/65	2:39:38.174
80/104	SETO, RONALD	114	4:44:56.363	06:43	10:49	FULL40-49M	10/15	M	51/65	4:44:55.234
89/104	SPICER, SUSAN	117	4:57:28.447	07:01	11:17	FULL50-59F	4/7	F	33/39	4:56:51.877
61/104	SPURGEON, DANIEL	118	4:14:05.233	05:59	09:39	FULL50-59M	11/17	M	38/65	4:13:55.245
7/104	ST. AMANT, PAUL	119	3:09:04.799	04:27	07:10	FULL50-59M	2/17	M	6/65	3:09:02.778
23/104	ST. AMANT, ROBERT	153	3:31:12.271	04:59	08:01	FULL60-69M	1/6	M	20/65	3:31:05.448
57/104	STAAL, EVAN	120	4:12:56.937	05:58	09:36	FULL30-39M	12/16	M	36/65	4:12:50.861
95/104	STEENKAMP, JAN	121	5:20:00.377	07:33	12:09	FULL50-59M	17/17	M	60/65	5:19:37.451
91/104	STONE, MARGO	122	5:00:51.369	07:05	11:25	FULL30-39F	6/7	F	34/39	4:59:59.171
5/104	STUART, ESTHER	145	3:07:06.159	04:24	07:06	FULL20-29F	1/9	F	1/39	3:07:04.515
63/104	SUGDEN, RANDALL	165	4:14:56.655	06:00	09:40	FULL50-59M	12/17	M	39/65	4:12:51.355
42/104	SUNDGAARD, TYLER	166	3:55:47.966	05:33	08:57	FULL30-39M	9/16	M	28/65	3:55:41.469
88/104	TAYLOR, LYNDON	123	4:56:11.476	06:59	11:14	FULL40-49M	12/15	M	56/65	4:55:49.674
55/104	TEUNE, KYLE	124	4:11:18.358	05:55	09:32	FULL30-39M	11/16	M	35/65	4:10:21.426
85/104	TIRPAK, TRACEY	154	4:49:54.132	06:50	11:00	FULL40-49F	13/14	F	32/39	4:49:34.965
27/104	TOMAS, CASSANDRA	126	3:42:22.794	05:14	08:26	FULL30-39F	2/7	F	7/39	3:42:06.596
4/104	TURNER, DUSTIN	163	3:06:17.973	04:23	07:04	FULL30-39M	3/16	M	4/65	3:06:16.024
92/104	UNRUH, TIMOTHY	130	5:01:40.260	07:07	11:27	FULL40-49M	13/15	M	58/65	5:01:20.616
103/104	VAN MULLIGEN, JOHN	159	6:45:46.332	09:34	15:24	FULL60-69M	6/6	M	65/65	6:45:46.332
3/104	WEBER, CARTER	155	2:50:27.679	04:01	06:28	FULL20-29M	1/10	M	3/65	2:50:26.480
20/104	WEBER, TRAVIS	133	3:29:48.786	04:57	07:58	FULL20-29M	3/10	M	18/65	3:29:44.587
74/104	WENNINGER, LES	135	4:25:21.547	06:15	10:04	FULL40-49M	8/15	M	47/65	4:24:56.535
13/104	WHALLEY, JONATHAN	136	3:15:56.595	04:37	07:26	FULL20-29M	2/10	M	11/65	3:15:51.811
98/104	WINDER, KYLE	138	5:33:09.990	07:51	12:39	FULL20-29M	9/10	M	62/65	5:32:30.027
2/104	WIZNIUK, DAYLAN	139	2:46:10.899	03:55	06:18	FULL30-39M	2/16	M	2/65	2:46:10.542
75/104	WOOD, ANDY	143	4:26:28.089	06:17	10:07	FULL50-59M	15/17	M	48/65	4:26:04.853
100/104	YPMA, FLORENE	156	5:36:03.426	07:55	12:45	FULL50-59F	6/7	F	38/39	5:35:44.931
8/104	YUNG, ALFRED	144	3:10:15.159	04:29	07:13	FULL30-39M	4/16	M	7/65	3:10:15.106