

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Category Award Results

TOP 3 In Category

5.53K Run - 3.44 Miles

69 Finishers

5K15&UF (Female) - 11 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/11	CORNELSEN, KYLAR	5077	24:56.158	04:30	07:14	+00:00:00	2/69	1/49	STETTLER
2/11	GIBSON, ELIZABETH	5020	27:27.776	04:57	07:59	+00:02:31	6/69	3/49	DIDSBURY
3/11	OSHALVA, ZOE	5086	29:33.493	05:20	08:35	+00:04:37	9/69	5/49	RED DEER COUNTY

5K15&UM (Male) - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/8	RICE, WALKER	5081	24:44.862	04:28	07:11	+00:00:00	1/69	1/20	LACOMBE
2/8	DEACON, JOHN	5012	26:55.759	04:52	07:49	+00:02:10	3/69	2/20	LACOMBE
3/8	PERRAULT, LUC	5080	27:02.838	04:53	07:51	+00:02:17	4/69	3/20	SWIFT CURRENT

5K16-19F (Female) - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/4	DEACON, MOLLIE	5013	31:56.154	05:46	09:17	+00:00:00	19/69	11/49	LACOMBE
2/4	DIES, RAYLEI	5014	32:57.699	05:57	09:34	+00:01:01	23/69	14/49	RED DEER
3/4	DEACON, EMMA	5011	34:31.261	06:14	10:02	+00:02:35	25/69	16/49	LACOMBE

5K20-29F (Female) - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/5	FEDORUK, HAILEY	5015	31:55.145	05:46	09:16	+00:00:00	18/69	10/49	EDMONTON
2/5	FEDORUK, KAYLA	5016	31:59.248	05:47	09:17	+00:00:04	20/69	12/49	RED DEER
3/5	WATSON, JENNA	1280	35:56.877	06:30	10:26	+00:04:01	29/69	19/49	SYLVAN LAKE

5K20-29M (Male) - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/1	PENNEY, BRAD	5072	37:59.383	06:52	11:02	+00:00:00	37/69	12/20	RED DEER

5K30-39F (Female) - 13 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/13	MATTHIES, CHANTAL	5034	28:54.142	05:13	08:24	+00:00:00	7/69	4/49	RED DEER
2/13	HILDRETH, AMANDA	5078	31:08.317	05:37	09:03	+00:02:14	14/69	8/49	CASTOR
3/13	LOUGHEED, LEANNE	5065	32:05.434	05:48	09:19	+00:03:11	21/69	13/49	CASTOR

5K30-39M (Male) - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/4	MATTHIES, JOSH	5035	28:54.423	05:13	08:24	+00:00:00	8/69	4/20	RED DEER
2/4	TORWALT, DEVI	5061	31:53.717	05:46	09:16	+00:02:59	16/69	7/20	RED DEER
3/4	HALE, MIKE	5023	34:51.885	06:18	10:08	+00:05:57	27/69	10/20	RED DEER

5K40-49F (Female) - 10 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/10	HAZLETT, TERRA	5085	27:12.682	04:55	07:54	+00:00:00	5/69	2/49	CALGARY
2/10	MCARTHUR, CONNIE	5079	30:19.990	05:29	08:49	+00:03:07	12/69	7/49	SEDGEWICK
3/10	HEGBERG, SARA	1117	31:24.091	05:40	09:07	+00:04:11	15/69	9/49	STETTLER

5K40-49M (Male) - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/2	PENNEY, KEITH	5073	39:03.226	07:03	11:21	+00:00:00	41/69	13/20	RED DEER
2/2	SANDHU, JAS	5076	40:04.279	07:14	11:38	+00:01:01	46/69	14/20	RED DEER

5K50-59F (Female) - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/2	PRONOVOST, CHERYL	5043	36:52.165	06:40	10:43	+00:00:00	31/69	20/49	WABAMUN
2/2	ALLEN, JUANITA	5001	39:32.500	07:09	11:29	+00:02:40	44/69	31/49	CLEARWATER

5K50-59M (Male) - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/3	REED, ALLEN	5044	30:39.139	05:32	08:54	+00:00:00	13/69	6/20	LA CRETE
2/3	KOSTER, BEREND	5087	32:27.114	05:52	09:26	+00:01:47	22/69	9/20	RED DEER COUNTY
3/3	STAHL, ANDY	5055	40:31.632	07:19	11:46	+00:09:52	50/69	15/20	RED DEER

5K60-69F (Female) - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/4	LECERF, ALICE	5070	37:33.110	06:47	10:54	+00:00:00	35/69	24/49	RED DEER
2/4	BALL, TANNIS	5003	42:53.308	07:45	12:28	+00:05:20	59/69	41/49	ERSKINE
3/4	GALLANT, GAIL	5019	43:38.029	07:53	12:41	+00:06:04	60/69	42/49	RED DEER

5K60-69M (Male) - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/1	BLAHUT, DARYL	5004	48:35.257	08:47	14:07	+00:00:00	67/69	20/20	CALGARY

OA/PI = Overall Placing

Category Award Results

Cat/PI = Category Placing

TOP 3 In Category

Gen/PI = Overall Gender Placing

5.53K Run - 3.44 Miles

69 Finishers

5K70+M (Male) - 1 Competitors									
Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/1	ROGERS, TERRY	5047	40:50.733	07:23	11:52	+00:00:00	51/69	16/20	MELFORT